

# PSYCHO-SCIENTIFIC FRONTIERS

Selected publications from a variety of subjects of psycho-scientific research. Editor: Rolf Linnemann (Certificated Engineer) \* Steinweg 3b \* 32108 Bad Salzuflen \* Tel. (05222) 6558

Internet: <http://www.psychowissenschaften.de>  
Translator's email: [evak30@optusnet.com.au](mailto:evak30@optusnet.com.au)

E-Mail: [RoLi@psygrenz.de](mailto:RoLi@psygrenz.de)

---

Source: "The Blue Notebooks", Volume 5 of 8 (Die Blauen Hefte)



Anny Baguhn

**Messages from our**

**Older Brothers**

**Anny Baguhn**, born in 1901, was the daughter of the machinery manufacturer Carl Baguhn from Hamburg. She showed a great musical and artistic talent from an early age. In 1920 she married the architect Frido Wald who died later as a prisoner of war. Mrs. Baguhn was a co-founder of the "Deutsch-Indischen-Gesellschaft" (German-Indian Society) and later its long serving leader. With *Mrs. H. Zehmke* she founded the "Parapsychologische Gesellschaft Hamburg" (Parapsychological Society, Hamburg) in the sixties. From 1985 onwards, she belonged to the "UFO-Forschungsgruppe Hamburg" (UFO Research Group, Hamburg) founded by *Dr. Teichmann*. – In 1961 she started a remarkable experiment: A New Zealand contactee gave her and the sensitive *Herta Schachner* an appointed time when they were asked to prepare themselves to receive a telepathic message. It was the first of around 100 messages that Mrs. Baguhn published in her legendary "Blauen Heften" (Blue Notebooks). During a SWF program (SWF = Südwestrundfunk) on the 22<sup>nd</sup> of April 1978 she explained to the SWF journalist *Klaus Langer*: "I am convinced that we are just at the beginning". – Her UFO archive was probably the largest on the European Continent, but it was unfortunately irretrievably lost. When Mrs. Baguhn had to go to hospital at age 87, her nephew used the opportunity: He disbanded her flat, sold her antiques and destroyed her archive – she ended up in a nursing home. Mrs. Baguhn passed away on the 19<sup>th</sup> of May 1992 aged 91.

---

## The Blue Notebooks Volume 5, Hamburg

Transmissions from the 8<sup>th</sup> of September 1963 – 22<sup>nd</sup> of November 1963

### Part 1

The way a gardener binds the most beautiful and brightest flowers into a bouquet for his lover in order to regale her HEART and to show her his ardent love, we have also bound together the most beautiful, and to you comprehensible, words from the garden of the enlightened in order to regale your HEARTS, because we love you.

Look at every flower and understand what it wants to tell you. Look at the colourful, shining bouquet of *words* and *images* and hold it with your HEARTS so that it may regale and warm you, so that they may blossom far into the cosmoses.

### **8<sup>th</sup> of September 1963 – 12:30 pm**

Many want to help their fellow men, but all of them are still in a physical body. Consider the burden they carry for others. Therefore forgive them when they *cannot* see the PURE DOCTRINE *completely pure*. Those amongst terrestrial human beings who mean well and who want to help their fellow men are strivers, lovers and blessed. – But those that *abuse* their knowledge in order to gain transient things for their body, *punish themselves*. Their knowledge, their wisdom and their love *diminishes*. Therefore my friends, forgive them twice over and love them trice and more, they *need* your love and ours for the sake of their confusion. Because not until the very last living soul swings within the cosmic dance of UNIVERSAL LOVE, will disharmony and DARKNESS disappear from the revealed existence called man.

### **9<sup>th</sup> of September 1963 – 2:30 pm**

We constantly warn you: *Don't tie yourselves to anything!* – Give, take, look at things and grasp things – but do not tie yourselves to anything. *Everything* within the revealed and non-revealed creation of the UNIVERSAL-ONE-CREATIVE-POWER *flows*. Everything is subjected to constant change and reformation, everything is a myriad-fold separating and re-joining in spite of the fact that everything comes from the same SOURCE and from the same POWER. When you tie yourselves in any shape or form, *you interfere* with this wonderful, eternal flow, *you darken* the eternally radiant LIGHT and *you disperse* the eternally swinging STREAMS of LOVE from the heart of the DEITY. Don't tie yourselves to anything and to nobody. Love *everyone* and *everything* and you turn into a *shining cell* within the cosmic body called “*Man*”.

But this *doesn't* mean that you should forego your families, your situation, your job, your home and everything dear to you. You should bless your near and distance surroundings, your home, your families – bless and love them dearly without encumbering yourselves and those around you. Know that all of this only represents a short epoch, something you call “time”, a certain lifespan here on Earth that is *only loaned* to you in order for you to recognise *more and more* on the path towards the true revelation of the creature “*Man*” conceived by the UNIVERSAL INTELLIGENCE.

### **10<sup>th</sup> of September 1963 – 8:30 am**

We are not interested in your volcanos. Thanks to our special instruments, we know the nature of the Earth inside and out. But we do have better, and sometimes excellent opportunities, to land in volcanic regions, but only for short periods of time. Our own possibilities have not been perfected by a long shot, we also work on innovations, improvements and alleviations. There is *no standstill* and there are *no boundaries* in the cosmos for the creature “*Man*” that any human beings could imagine.

### **13<sup>th</sup> of September 1963 – 7 am**

It always depends on how you *look* at everything revealed and how you illuminate it with your INNER SUN, your INNER LIGHT. Once you *have recognised* the CAUSE of all revelations, you will also know that everything represents a reflection of the THOUGHTS of the UNIVERSAL-

ONE and that you possess the POWER in your HEARTS to find happiness everywhere, with the sense of being allowed to resonate within the roundelay of revelations. Terrestrial human beings wanders everywhere looking for their happiness, for contentment in regards to how they see visible, audible and perceptible revelations, but their HEARTS always *remain empty* and they do not know that beauty, quietude and peace can only be found *there*. You can sympathise with and experience creation's infiniteness and wonderfulness *everywhere*. You can search and wander through your planet your whole life without finding the CENTRE, the QUIESCENCE in your HEARTS. You will find the UNIVERSAL POWER you call GOD and *you own selves only by going deep within yourselves*. – We love you!

### **14th and 15th of September 1963**

To be enthralled by one form of revelation makes no sense. You have the penchant *to glorify* or *to trivialise* all the things that you cannot explain, in order to envelop it with your emotions thereby rendering its true identity unrecognisable. You are still like children when it comes to thinking and acting, but it's time to wake up and to make your thoughts independent from your emotions. Things show *how they really are* only *without* the influence of the utterances of what the human senses perceive, completely as what they actually represent. With the irradiation of your dazzling emotional influences you turn them into something whose *true* meaning, whose *true* form of appearance is *totally enveloped* and *veiled*. This is why a lot of things are inexplicable and mysterious to you. – Think about this!

We can only talk to you *with words*, but if you listen to us you'll find that a lot of you will soon SEE images, hear SOUNDS and feel the breath of truth, of infinity also. – But *guard against* all types of *emotional outbursts*. *Talk as little* as possible about things and events that impress you, try instead to understand them deep in your HEARTS – *in silence*. If you were to be *quiet* WITHIN yourselves, you would also actually know *which* ENTITIES are trying to correspond with your Earth, *which ones* have been connected to Earth and correspond with it since time immemorial and *why* they want to or have to do so. But only a *completely relaxed* human mind can recognise this clearly and succinctly. I can tell you that we are dealing with BEINGS and ENTITIES that care about planet Earth and the people that live on Earth. Some are pleased about the fact that they can *help* terrestrial mankind's development – whilst others are happy *to retard* and *to hinder* mankind's natural development. A lot of *highly developed* ENTITIES show no interest in your Earth whatsoever and to see one of their craft once in a while has no pertinence for you. They look at *everything* within their reach.

### **20<sup>th</sup> of September 1963**

The question of how every individual human being can have a happy and content incarnation on Earth is very difficult to answer. The humanity that presently exists on Earth has incarnated on a planet that is in the process of gradually emerging from the *depths* of solidness to becoming brighter, wider, lighter and more luminous. Everything visible *develops* from the INVISIBLE through the *abatement of vibrations*. The threshold of planet Earth's slowest vibrations has been crossed and it begins *to increase* again.

This is the reason why human beings that take the atoms for their own construction from the planet they incarnate on, experience great *unrest*, because their body, exactly like their *home planet*, emerges from the *deepest* of solidness and also begins to refine, to lighten and to shine, all according

to its own kind. The SOUL ENTITIES that come from the ETHEREAL to inhabit a physical body, that tend to surround themselves with a physical body, also experience *unrest* and disarray, because they are constantly encumbered by the unrest their body's atoms experience as they gain, in conjunction with planet Earth, a different rate of vibration.

As everything has an *interrelationship* with everything else, it is incredibly difficult for the SOUL ENTITIES that *know* about these things, *to recognise* this transition period with the help of their power of thought and fulfil their assignments in spite of this, namely to help their still ignorant fellow human beings to gain clarity or to try to somewhat enlighten or even console those of lower vibrations when they cannot emerge from the darkness.

### **7<sup>th</sup> of October 1963 – 8:30 am**

All the things you yearn for, strive for, build and create are only the things that are *contained* in the *incorporeal WORLD of IDEAS* and you try to *recreated* them in the physical, visible world based on your *inner knowledge* about this WORLD of IDEAS wherein the SPIRIT of the UNIVERSAL-ONE has deposited everything, ergo allowed to flow into everything conceivable. But realise the fact that these visible creations are only a *mirror image* of the ORIGINAL WORLD of IDEAS, that they are *transient* and only an *expression* of the SPIRITUAL, UNIVERSALLY EXISTENT and ETERNALLY EXISTENT. Realise that these physical reflections of ideas constantly change and decay and that you can indeed take the ideas back to the WORLD of SPIRIT, but not their materialisations.

The *visible atoms*, held and maintained by the SPIRIT, serve the purpose of making SPIRITUAL things *visible* through *lower* vibrations out of sheer pleasure in creation as it were. The CREATIVE SPIRIT has been placed by eminent SPIRIT BEINGS into the human beings they created so that they can joyfully create things in the world of physical atoms from what the UNIVERSAL-ONE exhaled.

### **18<sup>th</sup> of October 1963 – 8:30 am**

Once you have learned to conscientiously emerge yourselves within yourselves with the burning question: "*Who am I?*" you will reach a state of consciousness where you will *recognise* that people are ONE and thereby feel connected with everything that can be called "*Man*". You will thereby be in a position to understand everyone, to know their thoughts and to clearly recognise their level of consciousness, to admire them and to see them as your equal or to help them to step one LEVEL higher.

All knowledge and all wisdom is within you. All the love that constantly flows from the CENTRE of LOVE, from GOD, preserves *you and everything that exists*. Imagine this UNIVERSAL-POWER, this creative, preserving LOVE as often as you can. All exercises and practices only get in the way. The *direct way* is the one to your HEART-CENTRES, where *everything* you want to know and should know can be found. Those that have found their CENTRE and live from WITHIN – *are alive!*

### **2:30 pm**

We always advise you to *master your feelings*. Because only the observation of all things *without* the interference of the five senses and their reaction provides a true picture of everything that you can see. Nothing is good, nothing is evil, nothing is beautiful or ugly, *everything simply is!* Only

you *turn it* into something specific, namely through the thousandfold expressed feelings of your egos that were only given to you so that may be confronted by the things your senses encounter, in order to have your encounters with everything revealed to you *to widen* and to stretch your SOUL'S ORGANS. An insight into the diversity of revelations and an ever greater oversight should be conveyed to you so that you feel a part of all of swinging creation, the UNIVERSAL-ONE, the POWER of THOUGHT – GOD – and *learn to live accordingly!* But if you allow yourselves to be dragged along by the outflow of *human emotions*, everything discolours and *veils* the sight of your souls. Instead of realising this, you waste your energy with things - and overview and clarity are out the window.

A beautiful, fragrant, blossoming rose for instance, one that delights your eyes and your nose is in fact an appearance that has done its duty and is now close to decay as its vibrations already begin to change towards a *transformation*. A stinking cadaver is also only a form of *regrouping* of a substance and something new develops from its changed atoms after its decay. So what would be beautiful and uplifting in one case and ugly and mangy in the other? – Beautiful and uplifting is solely the recognition of the *incalculable diversity* and inexhaustibility of the IDEAS of the UNIVERSAL-ONE. The knowledge of his UNIVERSAL-LOVE and WISDOM is comforting. It is good to be conscious of what you were conceived to be, to feel as a cell in the huge body called “*Man*” and to love everything that lives!

Do *not* withdraw from the hustle and bustle of everyday life and purely human concerns as they are presented to you on planet Earth. They are the reasons why you donned a body, namely to learn *to recognise* and *to work* with the LAW of CAUSE and EFFECT in the physical – as you call it.

### **1<sup>th</sup> of November 1963**

To know something is not enough, it must become a *component of your being*, an insight that is immersed in your consciousness. You should be this something *yourselves* and live it, you then reveal your recognition of it and you will carry it further with all other lives.

### **27<sup>th</sup> of November 1963 – 8:45 am**

Remind yourselves over again that all revealed things are supposed to be there to serve you and to obey you. *You are not* supposed to be the servants of the things that you created, they are supposed to be *your* servants. Your HEARTS should now be at a stage where you understand this so that you can constantly look at everything from WITHIN and therefore *control* it. Acting through the THOUGHTS of the HEART, ergo thinking from within the CENTRE of the HEART is the alpha and the omega of human progress and the elevation of human beings to what divine ENTITIES conceived them to be. – Think about this!

### **2<sup>nd</sup> of December 1963**

The physical laws on planet Earth that are assumed to be “constant” only apply for as long as the present conditions on planet Earth *dominate*. But if mankind's thought processes change and if planet Earth, with its sun, enters different spheres of radiations, the laws of physics that are assumed as being “constant” now, can then no longer be correct and human beings must then unlock different insights. When the vibrations of a human being are elevated through intensive insights, this human

being can then demonstrate things that are *beyond* physical, mathematical, scientific and medical laws created by human beings. Therefore know that there are *no other laws* besides the eternally existing divine LAWS that were originally exhaled with all living things. Everything flows, everything changes constantly, all fluorescent life is a perpetuum mobile – and the human beings that sense this live *consciously!*

\* \* \* \* \*

$2 + 2 = 4$ . But 2 of *this* and 2 of *that* make 4 of *what?* – 2 roses and 2 birds are 4 *what?* As nothing exists that is the same, *exactly the same*, nothing living, nothing created and nothing breathing, how could your calculation of  $2 + 2 = 4$  be correct? – You *accept* everything *inaccurately* and nothing is investigated or thought through, everything only *superficially*. This is not a reproach, only a conclusion, one that is in turn a conclusion from *our point of view*. We no longer require mathematical calculations, no books, no textbooks and no plans – we read from the SPIRITUAL-ETERNAL and everything *must* be correct, life-sustaining and life-promoting.

Knowledge is power – and all knowledge is contained within GOD'S BREATH. Those that feel HIM know everything a revealed being must know and they do not need to be instructed by those that live with them on planet Earth, neither through theorems nor books. The wise are no longer depending on the physical, this *doesn't mean* that they live without anything material. The wise also have a body and it requires material things, things that belong to the body so that it may serve them a lifetime.

### **15<sup>th</sup> of December 1963**

Given connection that make the unfoldment of organic life possible are dissolved and changed. The HUMAN SPIRIT that is guided by *hostile* ENTITIES *without being aware of it*, is capable of this, exactly the way it would be and is capable to consciously *promote* and *maintain* its organic development of life. The time to recognise this has come and when this has been recognised, all seemingly evil will be taken from mankind on planet Earth and all inhabited planets like Earth.

Gold *fetters* you to your home planet. *Pure gemstones* however attract cosmic, vibrating FORCES. Therefore, no longer wear gold! The time when human beings wore magnetically related metals has past; when they constructed idols and temples from gold, when they worshiped gold thereby turning themselves into *earthbound* creatures. Free yourselves from this magnetic force that obstructs your spiritual ascension and repeatedly draws you back to physical matter, matter that is tied to your home planet. – *Clear, pure gemstones* on the other hand speak the language of the cosmos. Through their clarity they multiply *invisible* RAYS AND RADIATION that flood over you and demagnetise you a thousand times, meaning that they open you up to the non-earthbound vastness of the cosmos. Gold fetters you, you can see this in the symbol of the wedding ring that shows that you are supposed to be fettered to *another* human being, ergo magnetically attracted through sensual love. Adepts know and knew about these things. You would and you will never see a *genuinely* inaugurated Saint wear golden ornaments. But the rulers over material things, kings and emperors, adorn and crown themselves with lots of gold as a symbol of their connectedness to purely terrestrial things.

The *new* human race will shine through their *wisdom* and *love* and therefore do without all external signs of imagined riches. Everyone will simply wear the type of gemstone that corresponds with their individual *assignment* and SPIRITUAL PREDISPOSITION – or they will be able to completely do without cosmic ray collectors, because they will be able to - or already can –do the

same to a much higher degree with their electrified blood.

### **16<sup>th</sup> of December 1963**

Emanated REQUESTS to HEAL disturbed developments of life expressed without the interference of the five senses and only with a pure HEART bring electrical vibrations to the one praying, they are then transferred to the life to be healed, ergo make tired life flow again and act like an electric shock that brings order to disturbed expressions of life. HEALING PRAYERS have nothing to do with begging or bigoted talking; they represent a hard, purely scientific effort of the healer – this is why JESUS voiced the words: “Every job is worth its reward”. He thereby meant that healing is a job.

When you *heal yourself* you create this high electrical current and vibration that burns everything that hinders life, that will make you whole again – ergo transforms your *separation* from the whole back to UNIVERSAL CONNECTEDNESS.

Everything is very simple, but it is either *falsely seen* or *very much mystified* by you most of the time. Highly developed BEINGS no longer have these problems and therefore find it difficult to understand the way you live. Only loving, serving beings turn their hearts towards you in order to help you out of this stage of being *half awake*. These stages are the most difficult for all human beings, because they still deal with the old and because they are only *partially* open to the new that’s ahead.

*Dull* souls brood along, content within their magnetic attraction to their home planet. The *awakened ones* however forget their dullness and turn towards higher LEVELS of BEING. The *semi-awake* are therefore misunderstood and alone, somewhere between turbidity and LIGHT. Our love is for *them* and our doctrines are for *them*, doctrines we send in their thousands around the world every second of the day so that the striving should grasp them in their various forms. – We love you!

### **14<sup>th</sup> of January 1964**

“Do not relinquish your firstborn for a ‘dish of lentils’!” – Your Bible speaks in images and all the other scriptures *advanced* souls gave you and give you do the same. It should read: “Do not relinquish your most precious, your firstborn that represents the knowledge about your inherent divinity for a cheap demand by your senses. Because when you do not control your senses and give in to their urges, you will have relinquished your firstborn.” And how often do you *relinquish it*? – Observe how many times you *give in* to your senses during the day – and what you *relinquish* in the process.

### **15<sup>th</sup> of January 1964 – 11 am**

*You do not have to live ascetically.* Your senses should help you grasp your environment, but the perceptions of your senses should be assessed by yourselves and *you* decided whether you will act upon your perceptions or not. You are a *spiritual* BEING that lives in two worlds, but the moment you identify with the physical, ergo with the visible world, by allowing yourselves to be solely *informed* by your five senses, you lose the ability to perceive things as they really are.

To express this in terrestrial words isn’t all that easy, but those amongst you that have already *made an effort*, will understand me.

## 21<sup>st</sup> of January 1964 – 3 pm

Your disquietude is justified! Your Earth is *no longer healthy* and the global harmony is therefore disturbed. It is a living being like you and you and the Earth have a constant interaction with one another. Disturbed by nuclear explosions, *trouble spots* developed inside of the Earth that are *not* part of its normal functionality. Exactly the way you have healers that try to heal your bodies, ergo restore them back to harmony, there are also BEINGS and ENTITIES that try to restore global bodies back to their natural harmony, if they are ill. These HELPERS rely on the support of the human beings that inhabit an ill planet, because they require the powerful STREAMS of THOUGHTS of the people there. The *true* incorporated MASTERS that worry about your Earth send STREAMS that are supposed to help heal your ill Earth. The disorder is however so great that this help *alone does not suffice* to perfect the work of the spirit HEALERS.

Take notice: Earthquakes are natural reactions of planet Earth, something that is inherent in all planets that glow inside, ergo that are still alive. They are a part of their expression of life. Only cold celestial bodies have no expression of life whatsoever. The external radiation your solar system swings within will make the healing process more difficult for some time to come. In order to accomplish a healing, powerful healing STREAMS must be send to Mother Earth *by those human beings that have awakened*.

Think about your Mother Earth with love in your HEARTS and caress her in a consecrating fashion with your thoughts so that her wounds may close and the streams within her body flow harmoniously once again. You thereby support the LOVE-CONDITIONS that try to restore and maintain harmony everywhere.

## 26<sup>th</sup> of January 1964 – 2 pm

*Take care of yourselves! – Bless! – Smile!*

Heed these three things for one day and you will be astonished about the way your life will completely change. Take care of yourselves! When the barometer plummets, the weather will become unpleasant to your senses, but when it rises, you will be more relaxed, happier and freer. The same applies to the BAROMETER of your soul. Always take care so that it *doesn't* fall due to false thoughts, it will otherwise adapt to prevailing conditions on Earth. Allow *nothing* to excite you when you look out the window in the morning. See the radiant sun *behind* a clouded sky and sense a cooling breeze *behind* the burning rays of the sun. Allow *nothing* to excite you when you read your papers, look at everything completely non-involved to begin with and then listen to what your HEART has to say about it. Allow it to talk to your mind and *only then* ask you HEART what it thinks about it. You will then act correctly, just and wise. All of this might sound strange to you, but it has to do with training, nothing else, and when you have adopted the right approach, living like this will have become part and parcel of your life.

*Bless everything*, it matters not what it is, whether you like it or not, bless it and quietly flood it with your shining love. Whether it is the money that passes through your hands, whether you're dealing with things inside your house or outside, bless them so that this blessing and this love can quietly spread over *everything*. Don't do this with loud words, no, make it a habit in your HEARTS, nobody should hear it, but all those around you will *feel* it and everything around you will turn out well. *Smile* within your HEARTS, be friendly and understanding towards everyone. But do *not behave ridiculously!* Allow a certain superior cheerfulness be the MOOD of your SOUL. Know that this is contagious and that it can change everything around you. Think about this and your HEARTS will tell you *a lot more!*

## 2<sup>nd</sup> of February 1964 – 5:30 pm

There are neither good nor evil people, there are only lots of LEVELS of CONSCIOUSNESS *thought processes* and the way things are interpreted and perceived depend upon. The more you become aware of yourselves, the more deliberate you become and the higher your consciousness swings. You will then actually become ever more clearly aware that you are *almighty beings* that are capable of creating their environment and its expressions themselves.

One's *awakening* begins very modestly to then increase to a yet incomprehensible abundance and joy. But it is about the *key* of self-control to this paradise that rests within you. For as long as you *cannot* control yourselves, you'll find it impossible to continue on the path towards the LIGHT, love and joy. For as long as you are *unrestrained*, the effluences of your ego-bound emotions flood your environment like a POISONOUS STREAM and neither insights nor love nor joy are possible.

Do not always ask about the how and why. Begin now, today, to *observe yourselves very critically* and try to instantly recognise every ego-related emotion like *self-pity, selfishness, craving for recognition, attention-seeking, cantankerousness* and *acceptance* to then smilingly burn them in the crucible of love. It works! And you be more independent and freer – *masters* over yourselves.

## 15<sup>th</sup> of March 1964 – 9:30 am (Sunday)

We beg you: *Don't allow yourselves to be confused!* – Certain POWERS endeavour *to veil* all clarity in regards to insights of your true being and *to retard* the higher development of terrestrial mankind for as long as possible. But the time has come for terrestrial human beings to find their way out of their entanglement and identification with physical matter, this in order to become lighter, *brighter* in conjunction with Mother Earth and all physical revelations.

Know that the POWERS of LIGHT and LOVE *are stronger*, but also know that you are the ones that are capable of turning either to the LIGHT or remain inactive. Everything physical, visible happens on a *lower, idler* vibrational level and it can be *illuminated* and exhilarated. It is up to you to recognise this and to consciously co-operate with the salvation, the extrication from the deepest attachment.

This is a *time for renewal* but also a difficult time for those that are presently living in a physical body, because and when new things develop. The old *must past*. To manage this transition requires a *conscious alertness* and a *conscious devotedness* to the UNIVERSAL POWERS. Turmoil is happening *on* and *around* your world at this specific time; one could call it a *cleansing process*. If caring POWERS are expected to help you from the *outside*, an *inner readiness to accept* this help *must* be in place and this requires pure, loving HEARTS to make this possible.

It has to be recognised that all *visible things* are only a means for a purpose and *transient* and that we are only supposed to have enough, but not collect it in dull avarice and lust for power. “What help would man have for gaining the whole world and for doing harm to his soul?” - Think about these words!

WORLDS of LIGHT will open up to you and you will then recognise what a *nonsensical* endeavour it is to want *more* than the human body requires to be and to remain healthy and usable as an instrument and envelop for the SPIRIT. Beauty, cleanliness, light and warmth should be around you. Your eyes should see the beauties of your Earth, your feet should wander clean paths, your bodies should be smooth, fragrant and dressed in radiant cloth, pleasant to behold. Your food should be

clean and your abodes bright and full of harmony. But you should not *burden* yourselves with all those technological gadgetry. A car is purely there to take you from place to place and *not* to occupy your whole existence, ergo *not* to have control over you. You are the *masters* over the things you created. Think about this!

## **24<sup>th</sup> of March 1964 – 10:30 am**

The future elite of mankind will be renowned by their *crystal clear thought processes* and their *power of concentration*. Their environment will also be as clear and as bright as their thoughts. Decency, sincerity, honesty and joy will be the revealed characteristics of people in the near future. Mankind's *elite* will be capable of illuminating, changing and clarify the overall picture of the Earth without applying force or spreading fear. This class of people will know how to transform the things that are still dull and dim. But terrestrial mankind will be faced with *difficult tests* before this happens, tests whose meaning they will not understand and whose causes they will not recognises as being self-inflicted.

Now you, who are *endeavouring to wake up*, sense or see, feel or even know what's ahead in this time of upheaval and re-birth. Be wise and do not allow *anything* to influences your striving so that your INNER POWERS can grow stronger and brighter to benefit your fellow human beings on Earth. We require *strong* souls to correspond with and souls that will listen to our VOICES. We require open-minded beings on Earth that regard everything as possible without losing their clear overall view over what's *real* and what's *tomfoolery*.

Everyone hears the things that are perceptible according to their present LEVEL of CONSCIOUSNESS. The higher the consciousness, the higher the emanations that come from *higher* ENTITIES that can be grasped. One may however only pass things to one's fellow men that they can *grasp* and are *receptive* to, so that they may benefit from it and do not get harmed. To understand this requires a wisdom that must be acquired and asked for. – *Be wise and be humble!*

You will be able to grasp a lot of things that initially seemed wonderful and overwhelming, interesting and new to you, but you must *ponder* and clarify, move and change it WITHIN, look at it in *silence* and *not immediately pass it on*. Once you have been sufficiently trained, you will know exactly where the boundaries are that command you to remain silent and where the barriers are that you are called upon to open in order to spread LIGHT, love and joy around yourselves and over your fellow men. Therefore remain silent and *only talk* when you HEARTS give you the order so that the words can flow from your HEARTS, clearly, convincingly, brightly and full of love.

You are in a position to *decontaminate* the EMANATIONS of your fellow human beings. The moment you encounter *evil-tempered* fellow human beings you should smile at them, silently bless them and try to be a ray of sunshine that illuminates the dark, poisonous clouds in the minds of you fellow men thereby dispelling the darkness and dullness. All human beings have an ENVELOPE around themselves that can be perceived and those that strive find it possible to knowingly change their own ENVELOPES thereby spreading LIGHT and love... (Transmission interrupted)

The conscious utilisation of their incorporated ORGANS will soon be common place in the eyes of the *elite class* and no longer be a secret. All of this has nothing to do with religion, it is simply *knowledge, aspiration and action*.

## 30<sup>th</sup> of March 1964

The CHRIST VIBRATION is the *highest divine* VIBRATION that is part and parcel of the human revelation and it always exists within all the divine aspects. JESUS of NAZARETH made this highly deifying VIBRATION comprehensible whilst inhabiting a human garment and he revealed and applied it in the healing processes and actions you call “miracles”. This is why his personage was called “JESUS, the CHRIST” ergo “JESUS CHRIST”. This CHRIST VIBRATION purifies the character of human beings and it elevates them to what they were conceived to be.

JESUS himself has always been the perfect realisation and thereby actually one of the nameless LOVING of the divine HIERARCHY that human beings of your kind and level of consciousness cannot grasp, but only *feel*. The pure CHRIST VIBRATION is however *so high* and *pure* that it can only be *fully revealed* in the WORLD of the SPIRIT. Mankind will however always be radiated by VIBRATIONS of the great, loving JESUS, these healing RAYS of LOVE can fall upon every HUMAN HEART and bring about the highest conceivable unfoldment of its character – but this HEART must be *pure* and *clean*, that is to say, free from egotism, envy, avarice, hatred and all that REFUSE that has collected within HUMAN THOUGHTS.

The salvation through JESUS CHRIST is therefore *constantly* offered to you, constantly and at any time, at any hour. You should accept it and fill yourselves with it so that you can reveal GOD’S *true* likeness as human beings. JESUS simply said: “You can also do the miracles that I do and more, if you live according to my doctrine!”

## 1<sup>st</sup> of April 1964 – 8:30 am (Prayer of the awakened)

We ask YOU with the HEART that YOU have given us: Allow us to recognise that YOU are our FATHER and that YOU swing within us eternally. Allow us to recognise that we are YOUR creatures that YOU created out of joy. Allow us to learn to make the POWER that YOU give us to flow back to YOU so that we can *consciously* live in the company of YOUR creation. Allow us to be free the way YOU see fit YOU wonderful POWER that we also are – because YOU are *everything*.

## 2<sup>nd</sup> of April 1964 – 2:30 pm

We have often told you that you shouldn’t *complicate* everything so much. The simpler and more concentrated you direct all of your senses towards the ONE-SINGULAR POWER you call “GOD”, the less you encumber yourselves with irrelevant conditions, the freer and happier you will become, the more of the *knowledge* and the *divine wisdom* that rests in *you*, you will be able to reveal.

GOD is the ORIGINATOR and the MAINTAINER of everything you see and everything INVISIBLE, everything you can comprehend and everything BEYOND your COMPREHENSION. All the highest BEINGS and ENTITIES have also emerged from GOD and they exist through HIM. Whatever you might call this OMNIPRESENCE, it is *one singularly existing* POWER, you may call it “GOD”, because the word GOD means “good”. And therefore, because GOD means “good”, this name is probably the right and simplest name to use and when you call upon HIM, you call upon *goodness* and this is how it should be.

Remain unpretentious my friends, as unpretentious and simple minded as possible and do not waste one minute *quibbling* and *fighting*. You require all your ENERGIES, your love and all your consciousness *to be able to reveal* goodness to the highest possible form. *What* you call this

ALMIGHTINESS and how you imagine it to be is completely *irrelevant*. GOD is *unimaginable*, but it is left up to each of you to have your own image of HIM, because this is something that human beings require up to a specific level of consciousness in order to grow within their consciousness.

All human beings reach a point in time where they recognise that their beliefs and ideals were *visions* and where they sense that they have to leave everything dear to them for the sake of the truth and progress. Human beings find this a difficult step to take, namely to have to leave everything behind and to see their previous world crumble hurts them. Beings living in a body are relatively lethargic, but once they have the transition behind them, they will feel a great, blissful freedom and become consciously aware of the meaning and purpose of their existence, they will awaken in a WORLD of LIGHT, love and wisdom. Once the boundary of higher consciousness has been breached, human beings will know that they are *co-responsible* in the unfoldment of creation and also know *how* to think and *how* to act. Having reached that height, they will have discarded their past pettiness and try to convey these doctrines to their fellow men with love and goodness, doctrines that are there to help them also climb to the same heights. They will teach them to leave trivialities alone and to concentrate their senses on the ESSENTIAL, the ESSENTIAL being the SPIRITUAL, because the SPIRIT is GOD – and GOD is *everything!*

The fact that *so few* people can receive our TRANSMISSIONS is a shame, and above everything, that no terrestrial human being has recorded our constantly SENT lessons. Above everything, we report about things that are worth knowing, in a specific sequence, a kind of educational program, one that we repeat over again after its completion. We can also answer the questions of those amongst you that are capable of reaching us and the answers will be comprehensible and adapted to your level of consciousness. We do not answer confusing questions. Therefore don't be surprised when some of the questions are not answered or when they are answered at a later time.

It is however arranged, like in your schools, that we give courses on *various* LEVELS, because incarnated human beings on your planet and on planets of the same standing, have *different* LEVELS of CONSCIOUSNESS because they brought this consciousness, as it is, with them from the DISEMBODIED WORLD, unless they tried to deliberately expand their consciousness whilst inhabiting their physical body or if they have already achieved *higher* LEVELS.

*Eminent ENTITIES* never say their name, because they are always the loving-serving nameless that radiate their ENERGIES to wherever it is required. An eminent SPIRIT BEING will also never claim to be the only one that can bring about a “state of blessedness”. Only small SPIRITS, controlled by a craving for power and recognition, will do this. They also search for mediums that fit their purposes, because they *only* reveal themselves where the *same* SOUL MOODS prevail. The whole diversity of the WORLD of the SPIRIT tries to reveal itself on the physical plane and every LEVEL of CONSCIOUSNESS in the WORLD of the SPIRIT reveals itself on the physical plane wherever their consciousness finds *an equal* in the physical, ergo in an embodied existence. This is how the *diversity* of the revelations by embodied mediums can be explained.

*Every medium* has *the* auditorium that consists of people that swing on *its* own LEVEL of CONSCIOUSNESS. The more these messages are permeated with love, tolerance and cosmic expansion, the less pettiness and restrictions they will have, the higher the plane of consciousness of the OLDER BROTHERS or the RADIANT ONES and the involved human beings that know how to LISTEN and to grasp and pass on their messages will be. Each to his own and to each what their present LEVEL of CONSCIOUSNESS requires.

But *guard against* an evil criticism and condemnation of the things that *you cannot understand*. This hinders your progress and the desired and allocated expansion of your consciousness and promotion of the love-vibrations in your HEARTS.

### **3<sup>rd</sup> of April 1964 – 8:30 am**

*Emerging* from ONENESS, living beings proceed through diversity *back* to ONENESS. The more of the ONENESS it *can recognise*, the closer to its perfection it will be. Of what pertinence would the profane things that cling to your planetary abodes be, if you could grasped this?

### **3:30 pm**

There is an unimaginable POWER deposited *within you*, one that you can consciously activate and spray around you like a volcano, to bless and brighten your environment. Try over again to make this DIVINE SOURCE of LIGHT to spray until it *springs* from within you to gratify you and everything around you. Represent love! – Represent love! – Represent love!

### **6<sup>th</sup> of April 1964 – 2:20 pm**

The moment you *recognise* your own shortcomings and you endeavour to *neutralise* them, to dissolve them, you will have progressed quite a bit in your development towards a perfected human being.

### **2:45 pm**

There are innumerable scripts from the enlightened on your Earth, scripts that must be read now, recordings of cosmic wisdoms, practices and facts that still remain hidden in caves and under rubble and ash. A lot of things have not yet been deciphered by you and some await their discovery. But who amongst you knows the *true meaning* of these cosmic wisdoms and truths? Who can *distinguish* between the useful and the useless? Who can distinguish between pomposity and the loving desire to teach? You *only know parts* of the great truth, you see *pieces* of the one great picture of the cosmoses and you *profess* to know everything.

Now ENTITIES that *have* an *overall picture* of what's still comprehensible on your LEVEL care about you and they would like to herald the things that you can, should and must grasp in simple words. They would like to talk to you devoid of arrogance, only out of love for you in order to make your INNER ENLIGHTENMENT easier.

We have truly served those that *absorb our words in their HEARTS* to create LIGHT there and we will never tire in our endeavours for them, we will try over and over again to make ourselves understood. – We love you!

### **7<sup>th</sup> of April 1964 – 8:30 am**

BUDDHA revealed the LIGHT to mankind, JESUS revealed LOVE and the *coming* AVATAR will reveal WISDOM. You there stand on the threshold of an Age or a chapter of the human evolution where you should be able to grasp everything with your given mind that belongs to you, a mind that is enlightened, glowing with love, guided by wisdom, ergo consciously *participates* in the great revelation of the UNIVERSAL ONE.

## 14<sup>th</sup> of April 1964 – 7 am

The never ending melody of creation roars deep within your HEARTS. You are *a part* of the CREATOR! Recognise that all life is a *revelation* of the UNIVERSAL ONE, wherein everything swings and sings, an eternal change, pulsating, transforming, a gigantic perpetuum mobile, conceived and maintained by the ONE SINGULARITY, the eternally existing within, infinitely incomprehensible GOD. The singular existence, the singular veritable essence, is only *this one* POWER that exists within itself, that is *everything*.

You are *not* fettered to one home planet within the constant change between an embodied and a disembodied existence. Where would this eternal yearning by human beings otherwise come from, namely to physically *and* spiritually break through the Earth's atmosphere in order to reach other, well-known home planets? Don't be so faint-hearted and be aware that you are CHILDREN of the UNIVERSE, beings that enliven the cosmoses, beings and children of the highest, unlimited UNIVERSALLY ALIVE. Could his children be fettered to one single planet? Something like this is *never* possible – *never ever!*

## 25<sup>th</sup> of April 1964 – evening

I see craters wherein things cook like a dark pudding, nothing but craters, tension and purification within nature *and* within human beings. The solution *can* however take place harmoniously and painlessly, so that human beings can resolve everything willingly *from WITHIN*. The Earth shakes and the expressions and changes of its terrestrial body are natural and necessary. They do however *not* have to threaten human life if people understand the *Earth's language* and if they are capable of interpreting the *signs in the sky*. Once human beings can feel the STREAMS from the cosmoses and learn to utilise the POWERS that flow from the Earth's sister planets, it will be possible for them to live out their physical earthly existence and return again to a non-physical EXISTENCE enriched and informed.

Once human beings have *recognised themselves* by listening within, they will be *masters* over their environment and swing with wisdom, as a deliberate revelation of the SINGULAR CREATIVE SPIRIT whose love, wisdom and joy they represent. Practise to rise above yourselves, to expand yourselves to an unforeseen wideness to then shrink back to a singular point within your HEARTS, aware of the infinite wideness that resides within your HEARTS, your homes that belong to you with all their beauty, ampleness and joy. You are beings of the cosmoses, born *within* them, maintained *by* them and consisting *of* them.

## 27<sup>th</sup> of April 1964 – 12:30 pm

The *greater* the *assignment* people have taken on, sometimes conditional, sometimes voluntarily, the harder and sneakier the tests they're confronted with will be. Because one obstacle after another that obstructs your path to perfection and arrests your higher development will have to be surmounted according to legalities. But these obstacles are found *within yourselves*. *Unawakened, lazy* HUMAN SPIRITS allows their current emotions free rein and *obstruct* their own and other people's progress, the path to a divinely ordained freedom. They are however unaware that *they* created the evolution-hindering effect *themselves*. But you on the other hand, you who are on the path, should know that you should be free from all emotions of a physical nature and recognise all temptations as such, ergo be *masters* over your emotions.

Disciples were already being *tested* in the old *mysteries-schools* to see to what degree they *recognised* predictions. They were *derided* and *mocked* during these tests – even when their answers were correct – and depending on whether they were affronted and dejected or whether the things happening around them didn't bother them, their teachers could recognise to what degree their disciples had learned to *control* their senses. – It is *still* the same in regards to the SCHOOL of LIFE for human beings. Traps and temptations follow you every step of the way, trying to bring you down and to drag you off the path of love and LIGHT.

*Guard yourselves*, guard yourselves *against yourselves* my friends, because it is necessary to *stand firm* and to unswervingly proceed further for the *sake of everyone* – for the sake of your little brothers and sisters. Only those that *smilingly put up* with all derisiveness, indignities and maliciousness as if they were nothing, only those that love all human beings, *with* and *in spite* of all the shortcomings that seem to still adhere to them, will approach the kind of perfection that can be achieved in a body living on this planet. But those that still feel the slightest *personal* involvement will find themselves *separated*, therefore guilty and still a long way from true enlightenment and love.

Your own person, guided by the physical senses, is only the *means to a purpose*, you should recognise this and learn to live and act accordingly. But when you once again fail a test, *acknowledge your mistakes* and we and the great MASTER JESUS say to you: “Go forth and sin no longer.” Because the missed, the separated and the sinned will be forgiven and forgotten with the correct discernment, but only with the discernment and the determination *to never sin again, and only then!* This requires *self-control* and this is something you can achieve with the support of the DIVINE STREAMS within the cosmoses. – We love you, we love you!

### **30<sup>th</sup> of April 1964 – 12:30 pm**

The *new type of human beings* of the approaching times on Earth and the times on other inhabited planets on the same level as the Earth, will present this picture:

- They will *not be pious* in the past meaning of the word.
- They will also *not be bigoted* in the past meaning of the word.
- They will be *humble*, but *not fatalistic*.
- Their HEARTS will be *open* to everything that happens around them, whereby they will have incorporated events that happen outside their home planet into their view of the world.
- Their minds will be *cleansed* of bygone things and restrictive things.
- They will not believe, they will *know*, they will be *wide awake* and they will want *to know everything*.
- They will be *free* of all sentimentality and belittlement.
- They will be *free* of all sentimental exuberance, they will be factual, cheerful but strict with themselves *without being ascetical or fanatical*.

All individuals will know that everything revealed is subject to eternal change and this is why they will only take *what's required* and not amass useless things of deprive others of the things they themselves need. People will then *not* be judged and respected because of their earthly possession, but by the *strength of their EMANATIONS*, ergo according to the things they managed to unfold INSIDE, within themselves. Neither arrogance nor dull abjectness, neither envy nor jealousy will reign amongst mankind, but only love – at least the will to only project love.

We already told you that *cosmic conditional* influences, ergo RADIATIONS, also influence and prepare the human mind to *finally* open up so it can find its true nature. A completely different image of the mankind that is presently visible here on Earth and on similar planets will present itself to outsiders in the near future. Those human beings that can extricate themselves from their limitations will be capable of viewing their WORLD of IDEAS in an *expanded* fashion and they will be able to accomplish technical and artistic miracles even now, things that are fabricated *out of a joy of creating* and not out of a thirst for power or possessions.

### **3<sup>rd</sup> of May 1964 – 5:30 pm**

Words create vibrations and *how* the words are selected and *how* they relate to one another is actually important. Therefore: If you find peculiarities amongst our words, know that they were *selected like that* and that you *heard correctly* even if your ears, who are used to hearing different words, might find them strange. *Our* MASTERS of erudition and instructions have their scientifically based way of talking and teaching and the *receptive* HUMAN SPIRIT will *feel* the devoted preparation of the words and they will flow like balm into the heart to act and to effect the awakening of the things stored there so that they might actively flow from there to bless and to promote the progress of all fellow human beings.

Do not allow the lust for sensations and the unusual induce you to listen to us, but solely the wish to *awaken* in order to be able to actively *co-operate* in the awakening of your fellow men. *Open yourselves* to the inspirations from *higher* PLANES and all that's profane will no longer reach you. This will make you grow to a SUPER-HUMANNESS and *it alone* can *bear* and *deal with* the cosmic influences that result from this.

By recognising that all that's visible are transient reflections, human beings learn to recognise and to utilise the POWERS that have been *dormant within* from the beginning, learn to utilise the STREAMS that have *always* been present but had remained unrecognised, learn to recognise the STREAMS that are conditional through the journey of the stars through the cosmoses, triggered through the EMANATIONS of heavenly bodies. And they learn to exploit and utilise these yet unknown STREAMS in a *life-promoting* way.

### **31<sup>st</sup> of May 1964 – 10 pm**

Remember time and time again that the Earth is the abode of *a single, large family* – made up of *terrestrial human beings*. It lovingly envelops all the creatures that wear a terrestrial garment. There should *neither be friends nor foes*, everyone should see the person next to them as *themselves*, to respect and love them *as they are*. May your consciousness and your knowledge in regards to the *wholeness of the human family* everybody belongs to who came to wear a terrestrial garment expand.

### **3<sup>rd</sup> of June 1964 – 8:30 am**

Only once everything external is *silent* can the INNER VOICE be heard. This VOICE, it always talks to you, is soft, delicate and eternal. When human beings concentrate their thoughts on *external* things, the perceptions of the senses *drown* the INNER VOICE that only wants one thing, namely to *keep* a human being *on the path* it was created to travel along and encourage them to reveal what they were created for – *what they are!*

Everything is one singular, great revelation, the visible expression of ONE SINGULAR POWER you call "GOD". Everything swings within his BREATH and there is truly nothing that is separate

from him. Everything *only seems* confused and inexplicable, but I can tell you that *it only seems that way* – and we want to help you *to recognise* this, because all insights rest *within you* and all wisdom, love and joy also. We want to help you to open the INNER DOOR that *you* closed *yourselves*.

Once you have *grasped* the things we have told you, you will see that everything around you changed and that it always changes wherever you *make an appearance*. Feel this joy, this peace and harmony around you, wherever you find yourselves physically, or physically *and* spiritually or *only* spiritually and your INNER DOOR will have opened, you *are* then *opened up* and your actions will benefit all of creation and all creatures.

### **5<sup>th</sup> of June 1964 – 8:30 am**

Things flow from the ONENESS into multiplicity and everything from the multiplicity flows back again to the ONENESS, an eternal alternation and eternally flowing. The closer a consciousness is to the ONENESS, *knowingly* observing the multiplicity, the more of its creative POWER can unfold, it is inherent in all living beings and it only waits for a chance to flow from within and to realise itself in order to once again fade away in an eternal transformation to then re-enter the ONE as a condensed form.

### **6<sup>th</sup> of June 1964 – 2:30 pm**

Human beings *must know* that they are *constantly progressing* creatures that *carry* all the capabilities they can still unfold *within themselves*. They are constantly changing *self-creating* beings inside and out and they entertain the closest possible relationship with the planet they inhabit. Their *further development* and their *assimilation* to the RADIATION their planet is subjected from near and far cosmoses, their unfoldment solely depends on their *recognition of their environment*, something there are absolutely capable in the furthest sense of the word, on the recognition of the *point of view* human beings have of their whole environment and the insight about *what role* they have to play within this dance of revelation.

The collected consciousness of all of mankind that lives on planet Earth is still on a *very childish* level. Some consciously incarnated souls on planet Earth constantly try to spread their advanced knowledge amongst terrestrial mankind in order to secure their progress towards becoming *cosmically* orientated human beings so that people do not have to deal *too much* with confusion and distress. Whether people want to acknowledge and accept this help as a gift from great loving ENTITIES is now up to themselves.

Unforeseen opportunities for development and unfoldment are available to human beings and *whereto*, *what for* and which path they want to pursue is finally and lastly up to *each* individual. – They run hither and tither like children playing and they always think that this or the other *are it* to then immediately recognise that *other things also exist* that seem *new* and still incomprehensible.

*Nothing* is new, *nothing* is incomprehensible and finally, everything is ONE: GOD – GOD – GOD!

With love  
YOUR OLDER BROTHERS

## Part 2

---

The following memorandums are *personally* directed at the mediator, but partially also at a circle of close friends. Because we believe that our readers, those that have already read our four previous “*Blue Notebooks*”, should now find them comprehensible, they should find these memorandums also worth knowing, so we give them here in no specific order.

---

Give everything you think you possess. I give you everything you need. But you must know that you have amplexness because the whole ABUNDANCE of the FATHER belongs to you so that you can reveal him *without* wanting to *possess* him. Everything is at your disposal and it waits to be called into visibility.

The great CREATIVE SPIRITS called the things the CREATOR called into being, the latent existing, into being as *myriad forms* of visible, vibrating things. Vibration is movement and movement is eternal transformation. For as long as all of revealed creation is active there is no standstill, therefore nothing exists that you can detain. You can only grasp, conceive and use it and be grateful that you know: *I am alive*, I swing with everything and *I am aware of it!*

Feel - as often as you can – that you fall down a deep shaft, one that leads *inside of you*. Like *Gold Marie* you find yourself in a green meadow from whence the FOUNTAIN of LIFE bubbles up, from whence you can gather the STRENGTH that you require to live and to swing *consciously* in the dance of revealed creation. The CREATOR deposited all his aspects in you, in this FOUNTAIN of LIFE and they can elevate you to become GOD, a DEITY, if you *find* this FOUNTAIN and drink from it, bathe in it and allow it to become ever mightier within you. This *ability to immerse oneself within oneself* is the secret of true life and also the *ability to constantly regenerate oneself* without effort, without the help of others – all of one’s own.

You are capable of lifting unforeseen TREASURES. You will be able to resolve all the problems that *seem unresolvable* to you, all wisdom and all ideas are deposited within you in order for you to find them. All the opportunities of revelations and insights rest within you. When you descend within yourself you will also be able to *extricate* yourself from the *constrictions* embodiment represents, from the *constrictions* of your home planet, from the *constrictions* of your solar system and so on. You have the opportunity to spread yourself across all cosmoses to then condense yourself back again into one singular point, there to regenerate yourself in order to *spread* yourself once again, eternally pulsating and resting – finally accomplishing *both things simultaneously* and consciously.

This living in *two worlds simultaneously* is something you should learn whilst you are here. You should not be dreamers or visionaries. You should easily cope with actual events here on Earth, but do so from the inner peace and security of one who *knows*. This is the last opportunity to achieve this during *this* incarnation, that is to say, to emerge from the condensed POWER that rest within you, eternally brimming over with life and being *aware*.

Those that can calmly and consciously tune into the SPIRIT-SELF of their fellow men have immediate contact with all living beings *and* the SECLUDED, they can therefore also communicate with the DISEMBODIED. This ability should *only* be given to *those* that show love towards all living beings and that demonstrate, ergo want to exhibit, their *oneness* with *these* LIVING BEINGS. This ability should never be utilised to see the thoughts of those around you or to use it as an

instrument for egotistic purposes. Such behaviourism is unworthy of you.

There are no distances and no space and time in the REALM of the SPIRIT that is as real – well actually *more real* than the physically revealed realm – only an ETERNAL NOW!

Every *eminent* SPIRIT BEING not only attracts COSMIC ENERGIES in unimaginable abundance, it *fills itself* with these ENERGIES to such a degree that it becomes and realises this ENERGY *itself*. These eminent BEINGS transform these attracted ENERGIES out of their unimaginable love for all life and their God-given wisdom so they can be channelled to benefit all life. They radiate them with complete self-surrender and the joy of giving. *You should do the same*, all according to your ENERGIES, a pulsating cell in the large body of all revealed beings.

Certain positions of the sun in relationship with the Earth and other planets will produce a certain RADIATION that compresses SUPERNATURAL APPEARANCES to a degree where *certain* people can perceive them. This also happens in Central Europe during the *midwinter solstice*. You call this time of year: “The twelve Days of Christmas”. It is an actual fact that these twelve days, from midnight to 2 am, make a precognition of rare clarity possible for *some* human beings. This is *not* a superstition! This is also possible in *Ireland*, and this all year round, a location in *Israel*, in the *Andes*, in the *Himalayas* and on some of the *South Sea Islands*.

Precognition is naturally possible for *many* human beings and this at *almost any* location, but only to those that have fully trained their spiritual SENSE ORGANS and know how to work with them fully consciously, this number is *very small* on a planet of Earth’s standing.

Listen to how the Earth speaks to you. Yes, she is alive like you, she feels, she talks, she smells and sings. She can be full of love and kindness, but also full of anger and poison. She is however not a redeemed planet, she lives from the AURAS of its human children as well as the substance of cosmic STREAMS and RAYS. She breathes in, digests and breathes out just like you. Love her, caress her and talk to her the way you talk to your mother. She thrives on it and she expects it. You can hear her loving voice, but also her complaints and admonition at locations that have not been armour-plated and build over, there where she can still *breathe freely*, where she can emanate the wonderful fragrance of her skin, where you can still hear her singing, the waft her infinite rotation and her swinging causes, where you can hear and feel her. There where you and her can be at one. Take your hands and *plant* things on her surface, but do not scatter artificial, manmade things onto her surface so that you do not poison her.

She *loves* the human hands and human feet that touch her. She *abhors* armour-plated feet and thick layers of concrete and cement. She does not like to be constricted and armour-plated. She likes to carry and lovingly attract people, animals, plants, metals, stones and soil, so that they may remain with her. She would like to jubilantly orbit and wander through space with a pure atmosphere and with all the life she carries and maintains, the best way that she can. She would like to show her children the glory she encounters on her travels and she would like to keep her children from all calamities and discomforts. She would like to protect her children from *hostile* cosmic radiation with her breath. *Love* your Earth and tell her often how good and beautiful she is. Believe me, she likes this! This is how *far away* from the true, given naturalness you all are. Discover what life *is* and what makes it *worthwhile*, beautiful, free and radiant.

When you consciously throw seeds upon the ground with love, seeds that you blessed before with the radiation of your hands, be aware that the soil you throw the seeds onto, the soil your hands touch, consists of innumerable particles that were attracted from innumerable distant stars over eons

of times. But every small, invisible particle your hands touch can tell you things about near and distant worlds, about other humanities, about land, seas and air and about distant stars and their KEEPERS. Be devout when your hands touch the soil and feel and hear the vastness of all worlds through these small, inconspicuous radiation particles. Do everything *consciously aware* and everything can narrate, sing and tell you about the size and vastness of the infinite universe, about the unimaginable ONE SINGULAR POWER – about GOD.

When you *lie* on the ground, consciously suck in all her lovingly prepared ENERGIES and prepare your body so that it can absorb COSMIC ENERGIES from the air. Your body must suck up the Earth's ENERGY in order to be stable enough to absorb the COSMIC ENERGIES that *sustain* it. SPIRIT ENERGIES on the other hand can be absorbed by the SENSE ORGANS, ergo with the SOUL'S SENSES that do not stem from the Earth. Discern this very accurately!

See, a seed develops its roots *first* to *then* break through the soil towards the sky to produce blossoms and bear fruit. But the roots anchored in the soil *holds* the developing plant so that it can fulfil its assignation.

The time has come, in the history of the little Earth you live upon, where the *curses* of the tormented slaves and the suppressed *try to materialise*. All the abominable, unhuman treatment inflicted upon them by human beings with a *light skin* will hit these light-skinned human beings and all the people with them, with *fourfold severity*. You awakened ones, pray for these *angry*, SEPARATED HUMAN BEINGS, try to pour STREAMS of LOVE over all life with your thoughts so that the dark clouds can disperse and life can continue to unfold, continue *without* being troubled and *without* having to send out STREAMS of fear and desperation.

Contemplate the words JESUS said: “Father, forgive them, for they do not know what they do!” These tormented beings *didn't know* what they caused when they *cursed* their tormentors with all their inherent intensity, they didn't know that they should have forgiven them within their HEARTS for the sake of their children and their children's children, for the sake of the existence of revealed life, for their own sake. They didn't know and still don't know that the salvation from evil can only come about through love, they didn't know and still don't know how powerful their thought are and what they can cause in latent lying SPHERES, *what they can attract* from the REALMS that only wait to carry out orders after they have been issued by their ruler's will.

What a lot of people send out *simultaneously* is an enormous SOURCE of ENERGY that can trigger monumental things when it is allowed to follow its path unrecognised. If the *development* of such powerful materialisation can be recognised in time, they can be dissolved and neutralised through STREAMS of LOVE in their *not yet* solid state.

STREAMS of LOVE from the HEARTS of revealed beings are powerful ENERGIES, but they are not utilised by them, *because they know nothing of them*. You awakened ones should therefore *fully consciously* utilise this glowing ENERGY of redeeming love. Emanate it and pour it over everything, over all life. “Bless the ones that curse you, do good to those that hate you” and continue to remember the words by JESUS that in their simplicity say *everything all of us* must know, for our own sake.

Yes, it is so, from all sides, from above, from below, from within you and approaching you, *problems about the awakening* of human beings are exposed. A lot of individual human beings will begin to write, to versify and to paint things about things and events people must themselves concern with in order to carry the race “Man in a physical body” further in its specified and predetermined

development.

Write down everything that we told you and I will help you with the *differentiations* and keep yourself free for what you are destined to write. Know that *all* recipients have a specific assignment and that each talks to a specific circle of those they live with, everything within your LEVEL of CONSCIOUSNESS. Those that deride these words, words that began with love and are carried further with love, are not mature enough for them, but those that are further advanced than the writer will understand these words, because they can review them. Do perform this work of brotherly love with joy and with love and do not decrease your endeavour. We give you the ENERGY for this.

The human body is an instrument that the *awakened* SPIRIT can utilise in wonderful ways to visibly prove itself. You must know that you *yearned* for this instrument whilst in the DISEMBODIED WORLD and you also knew how you wanted to utilise it in order to gain the cosmic insights that you *couldn't* gain in the DISEMBODIED WORLD. You wanted to learn to see what's *behind* revealed things and to see everything as it actually is.

Do *not* allow yourselves to be overwhelmed by the Earth's *external* face, by its garment. Love the Earth, your mother, as a living being, because she herself survives all her manifold garments, all her adornments and her glory as they change from moment to moment. Thank her for being so beautiful and so manifold, but do *not* thank the manifoldness itself. Do not allow yourselves to be enslaved by particles, see the *whole* that contains all particles. – The face of the Earth changes, but she also remains when she's not physical, she continues to live as a living being and she will *materialise* at gigantic time intervals exactly like human beings, to then again die – as you call it. Grasp *eternity* through contemplating this and extend your soul further and further.

Everything is a distending and a re-shrinking, an expanding and condensing, from the largest imaginable to the smallest imaginable, a breathing in and breathing out. Nothing remains eternally the same, only the *components* of the cosmoses and the POWER from whence they flowed from and are contained and maintained by do through all the LAWS deposited within them. People gradually gain a greater overview through imagining these thought processes and through training their incorporated, but still not utilised spiritual SENSES, that have to be developed in order to gain an understanding thereby promoting the life-revelation "Man" further and higher, swinging lighter and brighter, to awaken and enhance the conscious joy of being alive and to make the inherent CREATIVE POWER of THOUGHT recognisable, comprehensible and applicable. Human beings will hardly be able to make their planned perfection visible and comprehensible to themselves, but the eminent insight into their ORIGIN, their senses, their ability and an insight into their environment and milieu is possible in *this* life, if they to retrieve all of it *in silence* from within their hearts.

But all ardour, all blind faith, all craving for recognition, possessiveness and any unrest *hinders* them from recognising their *true being*, from training their SOUL'S ORGANS and thereby achieving the highest possible aims in this life, the aim that turns oneself into a RADIANT CELL, a CELL that is also able to brighten your environment, human beings, animals, plants and stones on the home planet with its atmosphere, fully conscious of their existence.

You must become *ever more clearly* aware within your consciousness that your build-in POWERS make you capable of developing them to an *undreamed of* MIGHT that allows people to appear as what they were conceived as. Humanities that are *far advanced* of your LEVEL of CONSCIOUSNESS have *developed* and *trained* these inherent abilities and have climbed to heights of mankind's revelation that are still incomprehensible to you. Thanks to this insight and thanks to

their strict training, they succeeded in knowingly and consciously live in *two* worlds, ergo to fully control their bodies from a SPIRITUAL and mental point of view. Their bodies are lock, stock and barrel instruments of their SPIRIT and *telepathy, telekinesis* and *teleportation* are a matter of course. They move in and out of their visible bodies *whenever* it suits them. They do however always wear the *same* visible bodies, one they have formed according to their own convictions and mental state. These humanities are made up of people that are exactly like you, but on a *much higher* LEVEL of CONSCIOUSNESS.

When such a being want *to instantly move* in order to be with other human beings or other revealed things out of joy or love, it creates such high vibrations in its mind that it can be at the desired location with the help of its consciously directed thoughts, it can then instantly *slow down* its rate of vibration so that its physical instrument will once again be visible and adapt to the prevailing conditions on an either solid, semi-solid or gaseous home planet.

In as far as you should know this: All, even the highest ENTITIES, have flowed from GOD, from the OMNISCIENCE that *holds* them and *placed* his LAWS in everything that flowed and eternally flows from him. These LAWS are *eternally the same* and of the highest, but sometimes incomprehensible caring WISDOM, a WISDOM that can only flow from the ONE SINGULARITY.

The *highest* ENTITIES in turn created beings through their sometimes conscious POWER of their creative thoughts. Every being thus conceived has this CREATIVE POWER within itself, it's just that it doesn't or only partially knows how to utilise it.

Eminent ENTITIES have the ability to create *friendly*, but also *hostile* ENTITIES that, partially out of ignorance and partially out of arrogance, can at times lead to seeming miscalculations within creation, that is to say, within the revealed *lower* vibrating world. But know that these are just seeming and conditional miscalculations, because in the final analyses everything strives for harmony as the BREATH of the UNIVERSAL-ONE lives in everything. – Think about this and try to understand the revelation called *Terrestrial Man*.

The human body in the state you are presently in, in this incarnation, is a lot more capable of transformation and adaption then all of you think. But the body has to be *controlled, guided* and *formed* by the SPIRIT that inhabits the respective body. The SPIRIT *creates and controls* the body. This is why all the mistakes that have been made up to now, that is to say, that are a *hindrance*, can only be balanced and burned up through the POWER of the SPIRIT. The command by the SPIRIT to the atoms that form the body must be hard and inexorable. The commands to carry out the functions required to give the SOUL ENTITY the opportunity to move about clothed in a *visible* physical body must be hard and irrevocable.

The greatest enemies of all revelations are *fear* and the *tepidity* of the SPIRIT!

### **For all of those that are depressed**

“Call me in your hour of need! – Why don't you call ME? Why do you acknowledge your *hardships* and *not* ME? – I want to help you and you don't see MY stretched out arms. I can do everything, everything that must take place in the name of love, everything, I can do everything for you.

Why does your heart feel aggrieved and fears something that doesn't exist? Why do you deprave yourself of the joy of living a God-given life by fearfully looking for ghosts?

You hardship is certainly not greater than the helper! There is nothing, *nothing at all* that can aggrieve your heart, only *you can do it* and doing so you hinder ME from helping you to smooth things and to turn things around you into harmony. You place yourself *before* the LIGHT with your faithlessness, with your narrow-mindedness, with the paltry actions of thoughts, driven and whipped by self-created *phantoms of fear*. Throw them away, breathe them out with a long A-U-MMMM!

Be without fear and no other creature can take your own things away, be without paralysing fear and *see* ME, feel MY love that burns all unevenness. Stand *fearlessly* in MY LIGHT and nothing and nobody can take the God-created ampleness away that I want you to have. See the rainbow that I extended over you as a sign. Extend it in your heart over all the nonsense in your mind, your horrid fears, over all hatred and adversity.

Why don't you understand ME? – Allow ME *to act* with all MY love. Why don't you allow the LIGHT within you to come out so that I can illuminate everything around you?

I love you and I bless you – A-U-MMMM.”

The boundary between light and shadow is very clear. Where there is light, there is also shadow. But if the light is *exactly above you*, ergo directly over the centre of your head, you no longer cast a shadow. This actually means:

When you are completely *at one* with the ETERNAL ONE LIGHT, you will be without a shadow, that is to say, *without KARMA*, *without* encumbrance, but only LIGHT. The moment you *have recognise* what you truly are – you will *have become* LIGHT.

Discard all old concepts and sentimentalities and begin to think, to think *pure* thoughts. As soon as you have become new, your environment will also become new. Ampleness is *available* in unimagined forms, for every creature embodied on a planet – *also for you*.

When you acknowledge hindrances and adversities, they *accompany you* as willing servants. But when you see success, ampleness, joy, order and harmony around you, *they must also be* your servants and they will never leave your side. Therefore immediately begin to think along these lines and *expect* every second that your thoughts turn into realities. You should also exercise your POWER over commonplace things, *actually specifically* over them. Can you expect other things than the things that you see - when you *anxiously expect failures* and when your coffers are empty? When you see your environment *bright, clean, wide and droll*, everything looks settled in decency and order – and things will be as you imagine them.

**22<sup>nd</sup> of November 1964 – 10:30 am**

A lot of your *anxious* IMPULSES circle around the globe with great intensity. Every human brain perceptibly absorbs them. They then express themselves as anxieties, greed, depression, restlessness, perplexity, overexcitement, nervousness, allergies etc. The *wise* amongst you *transform* these life-hindering STREAMS thereby gaining enormous mental-dynamic ENERGIES that are required to carry the form called human being wider and higher. But understand: You *shouldn't reject* the STREAMS that seem uncomfortable, well even daunting to you, no, you should absorb them and TRANSFORM them into LIGHT, into love.

When you read or hear about murder and adversity, about crimes and deceit, imagine *yourself* as the *culprit* and *simultaneously* as *your judge*. Ask for forgiveness and forgive yourself, so that you can give the other, who you actually also are, freedom and forgiveness. Do the things that he doesn't know or didn't know in his dullness for him, do it *for him* and you will help to BRIGHTEN the environment on Earth and to *neutralise* these life-hindering STREAMS. Try to do this as I described – it is difficult, but possible!

This is what you call “not believing” at a glance, but to simply *reject everything does not suffice*, because everything *remains* in spite of it. It might indeed not touch you, but of what use would it be to you to only keep *yourself* pure? You are supposed to be the TRANSFORMATION, to serve your assignment fully consciously and joyfully, you are otherwise just a useless ornament that just stand around without rhyme or reason. To fully participate in life means *to live* amidst a full life, with all its appearances, trying to *brighten* and to *love* what's possible, let this be your assignment and your purpose in life. Those that drink from the fountain they discovered for *themselves* are *separated* from the revelation called “Man”. But those that allow *all* the thirsty to refresh themselves at the fountain, will be satiated because all are satiated and because they *know* that all are one and one can be all – if they are enlightened.

Greed is the *root* of all evil – the most evil of all evils is greed! But do not confuse *thrift* and *wisdom* with greed because it is said: “He who *gives more* than he has is a fool.” But know that greed also exists within the *non-material* arena, namely the greed in regards to spiritual perceptions and insights. – Think about this!

I constantly tell you: *There is nothing new!* Everything is present and all the possibilities within the play of revealed atoms has already been exhaled and given by the UNIVERSAL-ONE UNITY. Only the creature called human being can gradually recognise the variety and the UNIVERSAL-ONE UNITY and thus *engage* in the great play of revelations, the *visible* and also what's NON-VISIBLE to the five senses. A human being can recognise that *eminent* BEINGS and ENTITIES can be arrangers, but also that human beings, endowed with enormous POWERS, are capable of ascending to any height.

When your INNER POWERS are awake and begin to radiate from WITHIN, you are in a position to *consciously* correspond with cosmic, powerful STREAMS. Your POWERS strive *towards* cosmic POWERS and vice versa. We are dealing with a never ending interplay between above and below, between the visible and the INVISIBLE, between you as a SOUL ENTITY and the *cosmic* SPIRIT FORCES, as pure SPIRIT BEINGS and ENTITIES.

The SPIRIT FORCES – as we may call them – strive to materialise themselves through you and you strive to be in the SPIRITUAL again. The more your inherent POWERS unfold, the higher your consciousness vibrates and the clearer you recognise your true being. Human being, recognise yourself – above and below – *everything flows!*

These are *cosmic cognitions* terrestrial human beings had many years ago, to drive towards truths and to gain insights into the coherences that actually build and are life itself is possible at any time. As *everything* is GOD, *nothing separated* can in fact exist – but this has to be *recognised!*

Do you *believe* that you have changed your way of thinking to an all-encompassing COSMIC THINKING? Did you really do so? – Test every thought to see whether it is *not still* ego-centric. Everything you profess to love belongs to your *ego*, your children, your family and your environment.

- When you bless your children, remember – *all* are your children, even those that you feel that they did your children an injustice.
- When you bless your family, remember – *all* belong to your family, even those that you feel that they have cause your family harm and an injustice.
- When you bless your environment, remember – *everything* revealed is your environment, even the things of whom you think that they annoy you or displease you.

Therefore constantly *expand* your petty, narrow-minded thought processes and lose yourself in the vastness, in the LIGHT – in all-permeating love as often as you can!

“Have you not yet recognised ME? – Why do you travel to the “Holy Land”? To find ME only requires the *divine love* in your hearts. – Why do you *kiss* the ground my physical feet walked upon or deride and ridicule the situation? My land is the *whole Earth* and I live *around* you, *in* you and I love you. My realm is *not* the place you call the “Holy Land”, MY REALM is the HOLY LAND of LOVE in your HEARTS.

Why must I therefore talk to you who are asleep? MY love is *all-encompassing*, but MY doctrine is hard and aligned with the FATHER’S irrevocable LAWS. Why do you *distort* and *secularise* all MY work with great pompousness and lots of words? *Act* and *love*, remain *silent* and *listen* to MY words in your HEARTS where I reside and where I talk to you for ever and always, for as long as the revelation called “Man” who lives on the planet unfolds.

You little herds, do *not* deride and judge the blind that have *still not* understood ME after thousands of years, but *help* ME so that I can spread MY doctrine over and over again.”

The HUMAN CONSCIOUSNESS is capable of *extricating* itself from itself and place itself next to itself in order to completely observe itself without the influence of its sensory organs. It is also capable of *fully consciously enter* the nature of revealed things in order to be and consciously live these things, ergo to comprehend and to recognise these things from WITHIN. But this shouldn’t happen *out of curiosity* but only in order *to expand* the HUMAN CONSCIOUSNESS and to give all revealed forms and things within space, so that the INNER cosmos of the human consciousness can fully and completely unfold.

As above, so below – as inside, so outside. The consciousness of the *perfect* human being is a perfect MIRROR IMAGE of the whole revealed cosmos, therefore a cosmic universal-consciousness. This MIRROR is built within the HEART of every human being, but it must be *blank* and *polished* in order to reflect the real diversity of everything that exists, ergo everything that acts and swings. The MIRROR itself is immovable. People only have to take a look, to look within and everything the nameless CREATIVE SPIRIT exhales out of joy, love and overabundance would be revealed to them.

When the OLDER BROTHERS want to teach and advice the little ones, we’re dealing with *love* and *not* arrogance! Those amongst you that do *not want to hear* our voices will proceed along the path to eternity *without* the LIGHT. They represent a dark cell within the “body of Man” and they have to wait until the bright cells around them will finally drag them with them in the great momentum of the whole enlightenment process. You who strive should therefore *not condemn*

anyone, you should shine *ever more powerful* instead, like a flame that becomes more intensive and brighter. Look more and more at the unutterable diversity and know that everything you see is the ONE SINGULARITY, feel that *all of you and everything* – next to you – with you – in you – around you – is God – and that there *is nothing* but GOD, who is everything.

Those that *have* this view, this feeling and knowledge are a divine LIGHT, a glowing cell that illuminates everything next to it on the “human body”. But also know that *myriads of developed lives* and revelations exist with you and next to you, above and below you that are completely incomprehensible and inconceivable to you – and will probably remain so.

You are *human* beings the way a rose is a rose, and you must pass through the evolution of human beings from the beginning to the end, until the perfect completion of your consciousness becomes the CONSCIOUSNESS of the CREATIVE SPIRIT in the final analysis, the consciousness HE allows to inhabit human beings.

You can progress in your expansion of consciousness as human beings and you can learn to comprehend and grasp everything that belongs to the revelation called “Man”. This means everything around you your senses can grasp and this in *two* worlds as it were, the visible world of matter and the INVISIBLE WORLD that can only be perceived by the SOUL’S ORGANS, a WORLD than can and must be entered, but *without* the body. All opportunities for human beings to develop further are *presented* and ready to be comprehended in the INVISIBLE WORLD. All human beings have to do is to become *consciously* aware of themselves.

Evolutions, in their perfect nature *inconceivable* to man, also run as IDEAS of the infinite ONE SINGULAR POWER and their nature is such that they have *nothing* to do with the human revelation, but still belong to all of creation. They are of no use to humans, but they also do not harm them, they are just not a part of them. And when they are incidentally, *forebodingly* perceived by the HUMAN SPIRIT, IT must *leave* them alone, because the HUMAN SPIRIT has not been created to experience and to comprehend these evolutions. The HUMAN SPIRIT can look at them, but IT shouldn’t give anything of ITSELF to them, because they cannot accept anything and IT would waste ITS LIFE FORCES without having achieved anything. Not even an eminent adept knows to what degree all evolutions will *mutually* fully reveal themselves and thus become comprehensible one day, because this knowledge does not, at least not yet, belong to the evolution of the HUMAN SPIRIT – but everything is vibration just the same.

The body requires various substances in order to maintain its usability as an *instrument* of a SOUL ENTITY and every DROP of the SOUL that resides within the body has everything it requires, a great ampleness of it. JESUS said: “Do not worry about what whether you have something to eat, something to drink or something to wear, your heavenly FATHER knows what you need.” – Your heavenly FATHER deposited all of his knowledge in you, all you have to do is to recognise it and allow it to act and the life that you now live will show itself as what it is – *a joy*.

## Inauguration

All expansions of consciousness, all realisations of new states of being are *inaugurations*. But each individual SOUL ENTITY must experience these inaugurations personally. With every entrance into the physical, ergo with every incarnation, the SOUL ENTITY brings the knowledge about its experienced inauguration with it, but most of the time *forgets* them after reaching the age of 3. These insights will however lie dormant INSIDE and they can be awakened by going within, they will

then gain full consciousness. This happens most of the time *after* the age of 40. As like attracts like, *eminent* ENTITIES, having awaited the awakening of their disciple, will *guide* the reawakened human being towards other human beings, books and experiences. Once the disciple *can recognise* and gratefully accept this help, it will soon recognise the LEVELS it had achieved in its *past* lives and then proceed along the path it started on.

Ask me more...

As I told you, help from *both* worlds is and will be given and the more serious and devout the *selfless* striving is, the more intensive the help can be to turn the striving into independent beings that can then proceed on the path to higher development helping others.

Ask me more...

Well, the sole condition is that the aspirants *can recognise* the offered help, accept it and *follow* it. They will be able to recognise how far they advanced towards their enlightenment by the *visible effects* in their physical life. "You can recognise them by the fruits of their labour!" The fruits of worked and strived for, loved for and meditated for enlightenments are an ever increasing *universal-feeling*, a feeling of being a part of the whole cosmos and an overview that continuously grows. A radiating over all life, a tireless creative joy and a pleasant smile and understanding.

We could actually help those that go around rushed and tired, eternally complaining and moaning, unsuccessful and grey, addicted, conceited, egocentric, cantankerous and *talking a lot* about spiritual things – but they reject our caring help and their path *remains dark* and dull. Raise your eyes towards the mountains from whence you receive help! These mountains are *in you* and help therefore also. Continue with sending out your consciousness, well, kind of like "radar equipment" does, yes this is correct. You understood me very well!

What makes you come up with *sophisticated* explanations, formulas and calculations? The TEXTBOOK about creation and human beings lies *open* in front of you. All you have to do is to learn to *recognise* and to *interpret* it. Everything is so simple and only a secret to those that are *asleep*.

See the little *seed*, it is something all of you can perceive, touch and look at with your physical senses. This little granule of *compressed* ENERGY, beauty and vitality only requires soil, water and light in order to turn into a mighty tree, a beautiful flower or a bush. Everything you later see is contained within this inconspicuous *lifeless seeming* granule, placed there by the ONE wonderful, life-exhaling POWER – GOD. The INNER human being is like this seed. Everything is within and it is in your POWER to allow this miraculousness to grow from within with all its power, might and beauty. – Think about this!

*Earth* means pure thinking, *air* means knowledge about the ONE SINGULAR POWER that carries and maintains everything. This has been *often voiced* but has *hardly ever been understood*. Reflect and become *naïve* and look INSIDE.

Immerse yourself deep WITHIN yourself before making *important decisions* and allow yourself to be *advised* by the divine stillness there before you judge whether the things your senses perceive are right or wrong. I constantly say this to you so that you will finally learn how to live and above everything else – how to be an *example!*

Every act committed with your senses in *turmoil*, every thought that escapes from you *uncontrolled*, *hinders* and inhibits your life. Be *still* and draw yourself within yourself instead before you become a hindrance to your environment. You can produce and RADIATE harmony when you are still, but you can *never* do so when your senses are in turmoil!

You attract the ENERGIES that are present everywhere through *scientific prayers* and you can then EMANATE them through your conscious thought processes, emanate them through your environment and your fellow men whom you would like to help to regain harmony on a physical or mental level. Your fellow men, animals and plants you flooded with these ENERGIES will *feel alleviation* without actually knowing where this comes from and this to the degree their AURA is capable of dealing with healing RAYS.

Now when human beings are enveloped in a *poisonous* AURA because of the constant abuse through alcohol, medication, tobacco, but also greed, covetousness and avarice, you'll find that a terrestrial human being on its own finds it very difficult to reach and awaken the divine CENTRE of these people in order to harmonise and enlighten them. It is *very* easy on the other hand to radiate through the mild AURA of ignorant, childish or harmless people in order to caringly help them. Therefore, you who strive, turn into *knowers* so you can caringly help them. The time has come for you to begin to work assiduously.

Pray:

LORD, keep our abodes safe so that we can complete our earthly existence aspiringly. Lovingly direct the waters to remain in their basins and calm the unrests on our Earth. We want to help you with the POWER in our HEARTS so that you keep us safe with the HIGHEST love that you sent us.

Do *not retain* this uncontrollable STREAM within you the moment that you feel it, even if it feel ever so wonderful to have it circle within you. STREAM it immediately into your environment, SEND it consciously over your fellow men, over animals, plants and SEND it to your Earth and everything on it. The more *you give*, the more you will receive. Secretly touch the shoulder of your fellow men, gently and as if by coincidence, and allow your loving blessings flow over them. *Nobody* should *notice* that in your humility and modesty you are a *servant of love*, a small LIGHT, but of good will. *Never talk* to the ignorant about these sacred things and *only* share them with those that are on the path. Therefore *exchange things* without ambitions or a craving for recognition, only for the love of action, for the joy of giving and for the sake of the LIGHT.

Figuratively imagine JESUS, your protector, radiating STREAMS of loving HEALING ENERGIES *over, into* and *around* the Earth. See your Earth in the glory of these LOVE RAYS – *always* – by day and by night.

Do not listen to prophecies that predict all kinds of things that *could* eventuate. Spread as much of what *should* happen as you can to re-establish the balance, the harmony that is the *reason* behind all revelations in the final analysis. Don't see the sham, see the *reality!*

A lot is being *said* with hard, loveless words and an awful lot about *new* gods and *new* philosophies. *This is not new!* The human capacity to grasp things expands, the human consciousness illuminates and the world seems to grow larger and wider, brighter and polymorphic.

Stick to *simplicity* and you will remain UNIFIED with GOD, the UNIVERSAL POWER, ergo the spiritual POWER that is everything and that no human mouth can explain, even though no human mouth would exist without him. Even though nothing visible or invisible could exist without this ONE SINGULAR CAUSE that you and we simply call “GOD”, ergo goodness, *stick with* the name “GOD”, *think* the name “GOD” and *call* the name “GOD” in your HEARTS. It is a sacred, healing name and you should not jolt and jiggle with it. His VIBRATION is *wonderful* and no other name could replace this name “GOD” here on Earth.

The whole visible and invisible cosmos is one singular, enormous whole – and nothing exists that could *separate* itself from this whole.

Be a ROCK in the ocean of upheaval.

Be a LIGHT in the material darkness.

Be a HEALER of self-inflicted wounds.

Be LOVE – LOVE – LOVE – the cohesion between all worlds.