

PSYCHO-SCIENTIFIC FRONTIERS

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Anny Baguhn

Messages from our

Older Brothers

Anny Baguhn, born in 1901, was the daughter of the machinery manufacturer Carl Baguhn from Hamburg. She showed a great musical and artistic talent from an early age. In 1920 she married the architect Frido Wald who died later as a prisoner of war. Mrs. Baguhn was a co-founder of the "Deutsch-Indischen-Gesellschaft" (German-Indian Society) and later its long serving leader. With *Mrs. H. Zehmke* she founded the "Parapsychologische Gesellschaft Hamburg" (Parapsychological Society, Hamburg) in the sixties. From 1985 onwards, she belonged to the "UFO-Forschungsgruppe Hamburg" (UFO Research Group, Hamburg) founded by *Dr. Teichmann*. – In 1961 she started a remarkable experiment: A New Zealand contactee gave her and the sensitive *Herta Schachner* an appointed time when they were asked to prepare themselves to receive a telepathic message. It was the first of around 100 messages that Mrs. Baguhn published in her legendary "Blauen Heften" (Blue Notebooks). During a SWF program (SWF = Südwestrundfunk) on the 22nd of April 1978 she explained to the SWF journalist *Klaus Langer*: "I am convinced that we are just at the beginning". – Her UFO archive was probably the largest on the European Continent, but it was unfortunately irretrievably lost. When Mrs. Baguhn had to go to hospital at age 87, her nephew used the opportunity: He disbanded her flat, sold her antiques and destroyed her archive – she ended up in a nursing home. Mrs. Baguhn passed away on the 19th of May 1992 aged 91.

The Blue Notebooks Volume 4, Hamburg

Transmissions from the 2nd of January 1963 - 3rd of September 1963

If you want to comprehend the cosmos,
You have to find yourself first.
And if you search for GOD, the FATHER,
You have to look in your own HEART.

Oh human, you can reach for the stars,
You can gain access to heaven with your love,
If you wanted to!

2nd of January 1963 – 10 pm

Every creature imagines GOD as large, infinite, powerful and eminent as its highest, its greatest, its purest thoughts *can reach*, reach into infinity. But remember that every creature occupies a *different* LEVEL of CONSCIOUSNESS and therefore thinks about GOD in an infinite variety of eminent and pure thoughts. But HE remains eternally the same, HE is everything in everything; but to grasp this is only partially possible for you as human beings and also only as far as your present life form allows it. Don't disrespect anyone who still imagines that GOD is a person, but be aware that HE is the UNIVERSAL LIFE FORCE and feel HIM in everything that's alive.

3rd of January 1963 – 4:30 pm

For as long as you cannot grasp the fact that your five senses do *certainly not suffice* to recognise any kind of coherences, it will be impossible for you to deal with HIGHER thoughts. It has to be recognised to begin with that human beings possess *higher* ORGANS and once this has been recognised, one has to start with schooling and *training* these *higher* ORGANS. It is equally possible to training ones five physical senses, namely to develop them higher, to refine them and to control them. But the exercises that can strengthen your spiritual ORGANS, the ones that seem much too simple to you, are the ones that make these ORGANS that have been present within every human being since time immemorial, *serviceable*. These are mental exercises, but they have to be practised with the greatest accuracy and endurance.

Everyone is able to grow into the spiritual SPHERE through an act of will and trust in order to then proceed along the path towards recognising their true existence and all cosmic coherences; but the work that has to be performed has to be done by *everyone themselves*, it can neither be bought nor left up to others. Those amongst you that do this will understand these words and they will find that our simple instructions will help, help them more than all the gold we could bring them from other planets. –There is however no progress and also no higher development without a mental effort.

Levitation is the temporary abrogation of the Earth's force of attraction. Birds provide you with an example, namely that bodies of all kinds of weight (humming bird, eagle) are able to be on the ground and also in the air. A lot of human races live like birds. They walk on their respective planets, but they can also spontaneously rise up into the air to then gently float down again. But a lot of them never leave their planet.

We know about the "golden saucers" (Goldenen Teller) you enquired about. They were however not of terrestrial origin and the specimen that still exist are hidden under piles of rocks in the *Andes* and in the *Gobi Desert*, in *Egypt* under subterranean vaults and at the *North Pole*. You can do nothing with them, because only an inner preparedness, acquired through arduous training, can make the sounds and vibrations produced by hitting these saucers to have an effect. These saucers are made of an alloy of gold that doesn't stem from this Earth, it is *considerably lighter*, and silver from the Earth and they have a spiral hollow space inside, the clapper in its centre would have to be made to hit the sides through a specific rhythm. The thus produced vibrations touched the CENTRE of a human being that was approachable and this released the magnetic connection with Mother Earth for a short time. This was solely a pleasant game; a bird-like form of locomotion *without* dematerialisation, ergo the temporary separation of the body from the Earth, the abrogation of the Earth gravity could then always be produced through an inner alleviation, ergo through cleansing, specific breathing and the help of *Ü-N-Vibrations*.

We call them “love vibrations) because they are akin to the mental state you are in when you are hopelessly in love – not an accurate description - but we cannot explain it in any other way: Glowing love. The sound, the *Ü-vibration* exerts an elevating effect in this state of mind and the *nasal N-sound* effects a silent, seemingly bodiless, unencumbered de-magnetised-electrified locomotion. But also know that your original ancestors, capable of silently gliding over mountains and rivers, valleys and heights, were *never* separated from GOD’S LIFE STREAM, that they *didn’t kill* and consume living beings with red blood.

There are places on Earth where its gravity is *very slight* and as you walk across them, you have a feeling of weightless gliding. These are not specific places, but locations that constantly move, exactly the way Earth’s insides move. Your Earth will one day no longer hold on to you the way it presently does anyway, because it will also begin to become *lighter*, LIGHTER electrically speaking, but it will not happen all that soon measured in your time, so that a lot amongst you will *not* feel this during their *life* on Earth. Your homes will then be small spaceships and the weightlessness you crave these days, will give you all kinds of problems to solve in regards to the way you live.

It will soon be possible for you to glide like birds with the help of small, technical instruments and the nature of your souls or your diet matters not. You will initially strap on *de-magnetising* apparatuses and undertake short flights on a sport-like basis. You will then construct a kind of air automobile later that can take you everywhere within the regions of your Earth. This will happen very soon, because we provided engineers and constructors with directives.

But you want to know how you can levitate your bodies, as they are now, *without* technical help. This is however only possible for those that have acquired the required MENTAL ATTITUDE or consciously brought it with them. You have all the knowledge about these ancient natural things deep within your HEARTS, just bring it to the surface: Ü Ü Ü Ü Ü – N N N N N. We will show you more if it becomes necessary – but not to make you capable of creating a sensation! Practise to sing the Ü sound *very high* and *clear* and *long* – and the N sound *as nasal and sonorous as possible* – practise, practise, practise!

9th of January 1963

Love *all* human beings with all your HEART. But do not give yourself the right to criticise the paths they travel to find HIM, the HIGHEST and the MOST EMINENT.

10th of January 1963 – 8:30 am

All our affectionate admonitions and explanations are there to show you what life *is all about* and what life *is capable of* in its revelation. You have the opportunity to live in swinging joy and you *don’t* actually utilise your abilities. We can see this and we also see what you can do to change this. Are we to remain silent? – *Love doesn’t keep silent!* It loves and eternally tries to heal, to help and to bless.

9 am

You can recognise *truly* wise people by the way they lovingly and affectionately helps those that are graduated *below* them – and remain *silent* in the presence of those that are graduated *above* them.

10:30 am

When you hold hands in order to form a CHAIN of LIFE STREAM, pure results can only be achieved when *all the participants oscillate* on the *exact same* LEVEL. But this is so difficult to achieve because LEVELS of CONSCIOUSNESS are so varied. In order to achieve pure results, ergo a strong connection with HIGHER LEVELS, one must certainly try to produce the same oscillations. This is why an appeal, it may never be made for unclean purposes and also never out of curiosity or lust for sensations, must be *preceded* by a deep meditation. The utilised room must be free of base vibrations, the best times are *early morning* or *late evening*, when – depending on the position of the said location – people's streams of thoughts are *quieter*. Even the most serious appeal will not succeed when there is unrest or during an uneasy time of day.

It is a *lot easier* to make appellations *in the purity of Mother Nature* than in the tumult of large cities. Hindering vibrations and agglomerations are found there that demand abnormal strength from those involved in the process, a great amount of ENERGY capable of penetrating this cordon. The aforementioned meditation *before* an appellation is designed to give the lovingly serving this PENETRATING, respectively ASCENDING STRENGTH; and the cleansed HEARTS must suck these COSMIC STREAMS in so they can penetrate into PURE SPHERES. You must *discard the results* if this doesn't succeed; they are then *not* from the REGIONS you like to make contact with in your affectionate love for your fellowmen.

We tell you: The ONE, the ONLY ONE, the LOVING and the MERCIFUL talks to you, with you and for you in the stillness of your HEARTS every second of the day, because his EMISSION is so powerful that it can be absorbed by every HUMAN HEART on Earth and this *without* an appellation from the community. But when you are *assembled in his name* you should hear his VOICE. He is *pure* and a PROCLAIMER of the TRUTH. Know that all of his serving LOVING ENTITIES do not give their names, they have given all their love to *him* and turned into nameless CENTRES of ENERGY and of LIGHT, because they relinquished their own ego in order to become pure LIGHT and pure love. This however only applies to SPIRIT BEINGS from *higher* levels that are not, at least presently not incarnated.

People from other planets that try to correspond with you SEND with purely technical apparatuses and this can be heard by highly sensitive human beings with the HEART CENTRES as well as their higher SENSORY ORGANS (Telepathy, clairaudience, third eye etc.) They can apprehend your thought emanations through explicable means; they become visible because they are present. You should learn *to distinguish* between *who* talks to you and with *whom* you are talking to and *how* the connection with other ENTITIES is established.

Even though this training is very hard, don't despair. Once you have reached a *higher* LEVEL, your thoughts will be so pure and expanded, that your thoughts and our thoughts will be the *same*. But once you have reached this level you are *obliged* to SEND love and joy with us over *all* life with all of your HEART'S POWER and the personal assignment of your existence. You are then *obliged* to be CONSTANT SENDERS of love and joy amidst your daily life with all its demands. This turns you into radiant, cheerful creatures in your everyday life that brighten and cheer up their environment. This is what people should recognise you for!

15th of January 1963 – 8:30 am

You must bring this forth from within yourselves, you must awaken, animate, cultivate, care and tend to this from within yourselves in order to bring it lucently forth so that all can see, feel and hear it: IT or HIM, the CHRIST, the COSMIC CONSCIOUSNESS – GOD!

7:30 pm

You are like pearls beaded on a thread. Each pearl grew on its own, but each only represents a link in this endless chain of pearls through which a thread runs that holds them all together to form a whole. This thread is the endless, divine STREAM of SOULS that binds all pearls together to give them support and meaning. Sense this endlessly flowing STREAM and feel how it flows through all HEARTS. Feel that you are a large, precious *whole*, a string of pearls that decorates the cosmoses.

Think about this and be aware that you can send your love via this STREAM that flows through all HEARTS to all so that it might help them to recognise their true existence, so that they may become whole and perfect.

Call upon the sleeping, call and spread the words of LIGHT and truth, exactly the way JESUS and the prophets called out. There must finally be an awakening amongst human beings so that they feel joy, peace and their true existence. This is possible if all beings begin to discover their true existence *within themselves*. Continue with talking to your brothers and sisters with your caring HEARTS, this will envelop the globe with an awakening that will turn it into a shining, redeemed planet. Love and the obeisance of the COSMIC-DIVINE LAWS is what keeps the universe together.

Vibrant expressions of life, for instance a person's handwriting, hand and footprint, excretions, hair and fingernails can be identified by an expert in the field, this can accurately identify the person they stem from and also give accurate information about the physical and psychic state of that person. This *doesn't* apply to anything written by one of your machines, but the emanations from the paper, the printer's ink or the writer, of those that have touched them, can be ascertained, but never the spiritual content of the printed word. When a *diviner reads* the script, he can use his *pendulum* to give his *judgment* – but if he *hasn't* read the script, his pendulum will convey his own *prejudices* to him. Know that all aids are just aids and that they do not provide ironclad evidence. – But what has to be repeated over again is that only the *pure* and above average pendulum user should try to help and to heal, to elucidate and serve in a live-promoting fashion.

16th of January 1963 – 8 am

Awakened human beings that experience the world of revelation with *open minds* are confronted by things and would like to know why some things are like this and other things like that. When they know how to ask with their HEARTS, they will receive the answers. Besides, TRANSMISSIONS from OLDER BROTHERS that are supposed to be of help and supposed to provide insights into the conditions that specifically affect the revealed existence of the creature called “Man”, are constantly circling the planet. Those with ears should listen. You have ears! You have eyes!

Love cannot be explained with words. All of you have it within you and those that feel it should emanate as much love as they can, because the emanation of love fans it into a glowing flame. The DIVINE-COSMIC LAWS also reside within you. Learn to apply them. Our indoctrinations and explanations are there to help you and they are an expression of our love.

19th of January 1963 – 8:30 am

True human beings are *master* over things, because things are the work of man and they have to *serve* man, the spiritual man. This is why people create their own environment and radiant people *illuminate* their own environment.

22nd of January 1963 – 7:20 pm

Allow everything to create an impression on you, do take a look – and everything will begin to reveal itself to you, to unveil and to show itself as it is. Prejudices, haste, *dissecting* according to reason and *sorting into templates* does not bring you insights; only observing, emphasising and *deep meditation* bring insights and comprehension. Your existence on planet Earth should be one singular meditation. A singular, uninterrupted *connectedness* with those that live around you, with everything revealed, a singular connectedness with the ORIGINATOR and MAINTAINER of all life.

7:40 pm

Only once you have *disentangled yourselves from the fetters of denominations*, once you have left all the limitations behind that prejudices and traditional views impose on you, will it be possible for you to keep your consciousness *open* to all STREAMS and insights of a cosmic nature. Only once you except the fact that *everything* is possible and do not allow your thoughts to be restricted and arrested by anything, can the cosmic vastness reveal itself to you. Your RECEIVERS should be relaxed and constantly ready-to-receive, you will then hear, see and sense the *vastness* of the worlds, the governance of the ONE, SINGULAR, HIGHEST. You feel the waft of eternity, the love of the CREATOR, the breath of the universe. You also feel that you are creatures on a planet. You feel the cohesion of your home planet, the breath of your Earth. You feel the radiation from your neighbouring planets. You sense the vastness and incredible beauty of the universes and you *apprehend your task* as part of the whole, as comic beings and wanderers between *two* worlds, the spiritual and the physical, which in turn constitute a wholeness within the WHOLE. – Think about this and apprehend your greatness and your immortality. Apprehend *what* you were created for and what your task is.

23rd of January 1963 – 4:30 pm

You who strive for the highest, the unification of all human creatures that live, have eminent and highest assignments. You are the pathfinders to the New Age and you can only shake your sleeping and disabled fellow men awake by being radiant archetypes. Therefore be archetypes without being Pharisees. Live a life filled with ease, *light*, jolly, full of energy and beauty, full of love and joy. Nothing can hinder you from doing this, nothing *except yourselves* when you *doubt* and when you are in fear of something. Fear and doubt are hindrances that have to be removed, extinguished from your thoughts and loved out of existence. – Make an effort, you can do it!

Love those that want to hinder your work and that want to attack you, give them a lovely smile and *allow them to talk*. You don't have to justify yourselves to *nobody*, only to yourselves, to the DIVINE *within* you. When you live in accord with the DIVINE in you, you affect the souls of your fellow men and you awaken their consonance with all life, the DIVINE within them. – Think about this!

24th of January 1963 – 2:30 pm

One has been aware of a lot of things since time immemorial, so for instance that the crown is a symbol for erect LOTUS LEAVES that are completely and realistically visible to spiritual EYES. A king was an enlightened person in the past, an adept, a SEER and the one that could SEE the most was elected king, because the others could SEE his CROWN. This LOTUS CROWN was later reproduced in gold and glittering jewels as a symbol of the highest dignity, the dignity of a leader. Most of the inaugurated kings were large of stature and handsome due to their *conscious connection* with the COSMIC FORCES present everywhere. They also had an active THIRD EYE and they wore a stone or a small metal plate over this visible sign.

Everyone had a predisposition for a THIRD EYE that can SEE things from *the inside to the outside* and that can SEE everything as it really is. All of you can wear their CROWN and have it radiate and shine over all living things. But there are no pills and no miracle potions for this, only the somewhat bitter drink of *self-discipline, self-awareness* and hard work on one's SOUL'S ORGANS and this starts with the minutest, the most delicate and also all mundane things. It starts at the origin of every thought that must be *monitored* as it develops and then purposely SEND. Everyone must perform this task *individually* and whether someone does so or blindly lives his or her life without common sense, without an aim, without a conscience and without responsibilities, is left up to each individual.

Your body is an instrument and it is designed to absorb, to process and to transform the prevailing COSMIC RADIATION and STREAMS all according to what the task at hand is supposed to be. You are an apparition formed by the cosmos exactly the way all planets that carry, cherish and maintain life are formed. All of you are therefore one, all of you consist of the same components and all of it is maintained by the same unimaginable POWER. Human beings represent a more or less powerful FORCE FIELD, one that can attract and transform COSMIC STREAMS, therefore a *creative* being. The human spirit is, thanks to its DIVINE ORIGIN, capable of consciously *transforming existing things*, to rethink them and then reveal changed forms of appearances, within the visible as well as the INVISIBLE. They can form *existing things* into stunning things and bodacious structures; but they can never be actual creators *themselves*.

You will hear about and see astonishing things, all conceived and created by the HUMAN SPIRIT. Coherences and realities will be revealed the like you have not even dreamed about. The HUMAN SPIRIT will be able to race through an unimaginable vastness and it will be *eternally astonished* by the POWER from whence everything flows and bubbles from, wells and shines from, this one POWER it is itself and it consists of. The higher your consciousness climbs, the more you see the whole for what it is.

25th of January 1963 – 8 pm

Those amongst you on the path to SPIRITUAL AWAKENING must *guard against* inquisitiveness and craving for recognition. You should gradually become familiar with the WORLD of SPIRIT filled with humility and trust and all the things that are dedicated to you, will be given to you by your OLDER BROTHERS until you have reached a point where *you* can be an OLDER BROTHERS to your fellow men.

Do *not* gobble up *everything* that you encounter along the way indiscriminately. Do not fragment yourselves and do not constantly look left and right, look *straight ahead* – and things will reveal

themselves to you *of their own accord*, but only when you quietly and aspiringly, humbly and affectionately pursue your path.

Nothing is new, everything is present from eternity to eternity. Depending on the level of consciousness of a human soul and its level of yearning and searching for the truth and for clarity, more and more of creation's diversity will reveal itself to this soul, coherences and interrelationships become *ever clearer* and the finer and higher someone's level of consciousness becomes, the more RECEPTIVE it will be in regards to delicate and the finest REALITIES you call SPIRITUAL, ergo the WORLD that cannot be perceived by the physical senses.

A *dull* soul cannot apprehend the things an *enlightened* soul can apprehend and see unless it endeavours to also *enlighten* itself. This is why it is also impossible to explain insights of a HIGHER LEVEL to younger brothers with profane words. This can only be done with images and parables that touch and awaken the CHRIST CENTRE of younger brothers, their consciousness will then open up in order to learn to apprehend and to SEE things. Once that INNER FIRE has been kindled, everything INSIDE brightens up more and more and the consciousness expands without limitations, further and further into the divine-cosmic revelation it stems from and it is supposed to grasp.

Earnestly try to ascertain *where* the messages come from that now arrive in numbers in unexpected ways. The RECEIVERS inside human beings are being opened up more and more through cosmic events and all kinds of TRANSMISSION that circle within the Earth's atmosphere can be received in either words, sounds or images. SPIRIT ENTITIES and highly concentrating, thinking human beings from your own and from other planets try to promote their *own* plans and ideas because of this growing ABILITY to RECEIVE that they observe...

(Transmission interrupted)

27th of January 1963

It is difficult for us to think along *your* lines and to advise you about things that we have left *far* behind us.

“You have received *without* paying, so give *without* being paid.” – “Every job is worth its reward.” JESUS uttered both sentences. Everything that comes your way, everything that wells up from your HEARTS, everything that gives you clarity, everything your *clairvoyance*, *clairaudience* and feelings tell you cost you *nothing*. And you don't require anything material when you give it to others unless you give it in written or printed form; this will cost you something where you are. But if you give people advice, a kind word or heal them through your awakened SPIRITUAL POWER that were given to you free of charge, you may *not* accept money or goods in return, because your reward will be in the form of *more and more* POWER and BRIGHTNESS.

But when somebody studies all types of sciences and learns from books and scripts and someone else wants to profit from this knowledge, they should give money or goods to this person so that this person can make a living from it. I specifically mean doctors, lawyers, astrologers, naturopaths and professional healers. None of them will lose their ability by accepting money or goods from those that consult them if it's *within reason* and not out of greed, but to maintain their own livelihood and that of their family. The disciples of great yogis and terrestrial masters help to *maintain* their schools out of gratitude for what they received from them.

29th of January 1963 – 8:30 am

COSMIC LAWS are eternally the same. JESUS said: “Heaven and earth will pass, but my words will never pass.” Appearances only constantly change because human races recognise and apply *nothing* or *very little* of these eternal LAWS. Human races that live and oscillate most effortlessly and perfectly in harmony with these LAWS no longer require physical bodies in the shape that we utilise. This development is still ahead of you as human beings and this is why the WORDS of JESUS are being repeated and explained over again, because he taught and still teaches COSMIC LAWS with his words. – Some human beings who still wear a physical body possess a farsightedness that allows them to recognise the enormous possibilities open to and still ahead of human beings. But it is up to the human spirit to either be *willing* to walk the spiritual path or to remain stuck in the physical because it is lazy and asleep.

1st of February 1963 – 8:30 am

Imagine yourselves to be like a *seed* that *grows cosmically* but with its roots in the soil of your home planet, in the solid compound of atoms, your CROWN within the cosmos with all its STREAMS. The way a plant grows, blossoms, bears fruit from a seed, year-in and year-out and eternally lives on in the seeds it produces, you are also perceived as the CROWN within the cosmos, perceived as sentient, creative, imaginative creatures that are able to recognise *themselves* and able to develop *themselves higher*.

You were conceived to be a joyfully vibrating apparition, one that would receive all the divine STREAMS and atoms from the CREATIVE POWER so that it might form and create with the POWER of its THOUGHTS all the things its thoughts could ever think of, namely a radiant diversity of infinite colours, sounds and apparitions, fully aware that these were only *transient works* that were subject to the eternal flow and change of what one calls “life”. Because life is eternal movement, eternal transformation and eternal change. But the WHOLE affair you find yourselves in *remains eternally the same* and it is eternally supported and maintained by the one and the same POWER. It is akin to a *kaleidoscope*, the colourful pieces are always the same, but a constantly *different image* emerges when the pieces are *moved*.

25th of February 1963 – 8:45 am

Our endeavours are directed at those that *can* HEAR and SEE to appeal to them to *pass on* the help we give with great love to those that need it, but are not in a position to HEAR it themselves. Our words are given in a fashion that those that strive, seek and awaken have *to think* about them to then find all the answers to their questions within their own HEART.

We want to make you aware of what you are with love in our hearts, so that you can *consciously* live as sons and daughters of the HIGHEST throughout the universe. – We love you!

28th of February 1963 – 8:30 am

With your *atomic garment* you absorb the thoughts and actions of all souls that incarnated on Earth in the past and you must process, ergo *redeem* and *cleanse* the atoms that form your physical garment. A lot of SOUL ENTITIES from other planets come to Earth in order to learn here, to strive for cleanliness, clarity and LIGHT. But human beings that do not feel comfortable on Earth or that do not amount to anything here, were probably never incarnated here on planet Earth.

All human beings on Earth that feel particularly uncomfortable under certain weather conditions, for instance when it's humid, tropically sultry, very dry and warm, rainy etc. were probably *not too often* or *for the first time* on this planet. Those that feel very comfortable in a tropical climate must almost certainly have lived on Earth during the time of *Atlantis* and incarnated on another planet with the same climate in the between time and therefore retained this memory, because all of it remains conserved within the SEED-ATOMS of the soul.

Those that are not affected by this and live a normal life without being touched by specific weather condition, apart from great heat and cold, *only* belonged on Earth right from the start and always fall under its spell. Most of these people are farmers, gardeners, earth-workers, nomads or members of native tribes.

Human beings that have dedicated their life and soul to be navigators at sea, aviators or athletes, artists also, those that control their physical bodies with ease, have *not always* been on Earth, but come from other inhabited planets or at least haven't been on Earth again since the time of *Atlantis*.

Also people with an impulse to deal with SPIRITUAL THINGS come *from other solar systems most of the time*, but once in their atomic garment are no longer aware of it, because they are *benumbed* by the atoms the whole terrestrial mankind's memory is oscillating within and that sing the song of thoughts of generations.

Eminent SPIRIT ENTITIES often embody themselves *only once* on any planet whose population they want to demonstrate something to – or *should* demonstrate something to – because *eminent* SPIRIT ENTITIES can flood all selected planets with STREAMS of DISEMBODIED POWERS that have an effect there and allow something to develop there. A lot of SPIRIT ENTITIES correspond with your Earth. But the one that *loves* your Earth *the most* is JESUS, the LORD of LOVE and justice.

3rd of March 1963 – 10:30 am

Know that it is a *blessing* for the striving amongst you *to be allowed* to deal with all these thoughts about the DIVINE CREATION and LOVE. To be *allowed* to walk the PATH of INSIGHTS is also a blessing. Be grateful within your HEARTS for being allowed to recognise GOD as the UNIVERSAL-ONE POWER, as the UNIVERSAL-ONE CAUSE, as the UNIVERSAL-ONE that everything visible and INVISIBLE flows from. This POWER, the FATHER is active in your HEARTS with all his love, beauty, harmony and wisdom and you can make him visible and perceptible, audible and palpable by diving deep into your HEARTS and by *opening an outward path* for him, by realising that *everything belongs to you* and that everything leads back to the ONE that appears as a diversity; because *nothing* is visible and *nothing* is INVISIBLE *without* the ONE.

Call on GOD in your HEARTS, because you are GOD as everything is GOD – in an unimaginable diversity of revelations that *constantly change* as they *flow*, swing and resonate in the dance of joy. Imagine this over again, namely that *everything* is GOD, that he is the CREATOR, the MAINTAINER, the LAW and the CREATOR, that you have emerged from this POWER and that you swing and return to it again. This is your *true being*, to be the creature called “Man” that consists of all visible and INVISIBLE human beings that call themselves “*human*”. There is no individual creature called human being! Only “Man” exists and “Man” was conceived as a creative being that is *capable of recognising* the cause of its existence.

When human beings *think* of limitations and restrictions they do so on an infantile LEVEL of CONSCIOUSNESS, but it does gradually develop itself. The way the *lower blossoms bloom before* the higher up ones, even though they blossom on the same tree that provides them with the same vitality and nourishment, the same applies to human beings, there are people with *higher* and with *lower* insights, even though they are fed from the *same* SOURCE.

7th of March 1963 – 8:45 am

There are *no limitations at all*, the moment something is limited it no longer exists, because everything limited is at its final stage and subject to eternal change, ergo subjected to decay. The DEITY never limits itself – it is *unlimited!* Now as everything flows from the DEITY, there can in fact be no limitations. Limitations are only *conceived* by human beings and they are there to make the unlimited visible and perceivable, they are therefore just *symbols*...

(Transmission interrupted)

Indoctrinations are given to encourage you to *contemplate* them so that you might gain *insights*. Faith alone no longer helps you now, you must now *realise* things and then *represent* the realised. Faith will now no longer progress you on your path of recognition, you must now *know!* This is why we say to you that you *must relinquish* all the things that have become dear to you in your thoughts so that you can move forward towards the TEMPLE of WISDOM.

The planets that accommodate human races that only allow *one* soul to incarnate with the help of two parents, will after something you call “time”, *no longer accommodate physical life* after a certain timespan has lapsed. After the humanities on them have undergone *spiritualisation* and moved on, they will also reach a state of spiritualisation and – as you call it – go to “sleep” until they once again “incarnate” in order to attract and accommodate *even higher* evolved humanities.

JESUS demonstrated love to you, this all-encompassing cohesion – and BUDDHA showed you the LIGHT. But as LIGHT and love are *inseparable*, it is up to you to *reveal both*. Love, solely paired with wisdom, represents the highest perfection. Everything understood with love and enlightenment is wisdom. This is why the doctrines of BUDDHA now open up for you next to the doctrines of JESUS, so that you might recognise LIGHT *and* love. But both, JESUS and BUDDHA are the same, the FATHER who reveals himself through *both of them*, visibly, audibly and perceptively.

The moment that you realise that it's *not you* that thinks, but that your thought processes have been usurped and fettered by traditional perceptions and points of view, you are already on the PATH of COGNISANCE, the PATH towards the LIGHT, to enlightenment. Once you can extricate yourselves from your old traditional thought habits, you will gain *more and more* insights into your *true being* and you will even better recognise what life *is* all about, what you as human beings *represent* and what you are capable of, namely to reveal it through your pure and uninfluenced thoughts.

Exactly the way you and we create ENTITIES with our thoughts, all of us have also been created by ENTITIES that were created through GOD' THOUGHTS. As you have not yet recognised the POWER of your thoughts, *you* create ENTITIES that can turn *against you*. If you could *control* your thoughts and if you were to use the POWER of your thoughts with *wisdom*, you would turn all the conditions that were created for you into your servants. Eminent ENTITIES that flowed from GOD created you and also us with love and wisdom in order to see you as *free-thinking*, creative creatures of joy, as GOD'S CHILDREN.

21st of March 1963 – 8:30 am

Our words are expressed in such a way that they may touch your HEARTS as the LIGHT of all love and all wisdom and all truth lies in your HEARTS. When you listen to us in silent humility and devotion, we can awaken in you *what you are*; but when you listen to the loving words we give you with *unrest, doubt* and a *penchant to criticise*, we will give you *nothing*, awaken *nothing* in you and you will remain empty stalks that the wind carries away and a nuisance into the bargain.

Therefore: Only those that *want to listen* to the DOCTRINES of JESUS in humility and stillness – we base our indoctrinations on them – will find their *true world* revealed to them that will elevate them to citizens of the cosmos, will find the consciousness expanded to cosmic proportions – to what human beings were perceived as.

23rd of March 1963 – 2 pm

Everything that exists has been conceived and is maintained by the CREATIVE POWER and held together by the divine LAWS. All cosmoses consist of the *same* components, only in an unimaginable *variety* of compositions and vibrations that produce an incalculable diversity of appearances. Each form of appearance owes its character of *composition* to its own *atoms* and their respective *rate of vibration*. This produces forms and colours within the visible universe.

Eminent SPIRIT ENTITIES, having emerged from the DIVINE, *formed* and therefore *configured* with divine wisdom and love, everything that is revealed so that it may be *viable* and full of beauty and joy.

Human beings were also endowed with the POWER to *transform* and to *reconfigure* the things the CREATOR created in infinite diversity. But human beings also received the gift of making their own *decisions freely* and the opportunity of gaining insights into why this flower is red whilst the other is blue, or that a rose will always remain a rose and why an apple tree doesn't turn into a pear tree for instance. But when human beings begin to reconfigure things *without* this insight, ergo why things apply here but not there, there is the danger that they bring disorder and disharmony, ergo destroy the things that were created through the love and wisdom of *eminent SPIRITS*. – The CREATIVE POWER itself is not aware of the form the universe it conceived and created consist of, because based on its LAWS, they exist indestructibly and irrevocably within everything, everything that has become disharmonious will ultimately and finally turn harmonious again.

You always only see *a part* of what will and what is taking place, but if you were able to have an overview over *everything*, you would be able to recognise what's taking place, all the wonderful LEGALITIES and you would know that nothing can in fact be destroyed, because nothing created can be lost and *nothing* SPIRITUAL, DIVINE can be destroyed. The things you human beings now do in your ignorance in regards to SPIRITUAL backgrounds and will do in the future are only perceived as destruction *by you*. It is in fact only the destruction of things created by caring SPIRIT ENTITIES, whereby you tear the things they *thought of* apart and change them *without* wisdom and love. Human beings can *absolutely not* destroy and change the cosmic components and the UNIVERSAL LAWS the CREATOR produced! – Learn to think with a cosmically *expanded* mind and you will understand this.

26th of March 1963 – 8:30 am

Everything you could possibly imagine *is contained* within the part of CREATION that is *invisible* to you, ergo the activity of the one and only GOD-SPIRIT that can become visible. You human beings, you who have alighted in planet Earth, stand at a boundary where your inherent ORGANS of perception, they have been latently waiting to fulfil their task and they are incorporated in *all* human beings, are beginning *to become useful*. You thereby begin to perceive things that have *always* been around you, but that were imperceptible to you, ergo not incorporated into *your view of the world*.

A parallel evolution of disembodied ENTITIES reveals itself *to you* and you get into contact with them so that you might recognise the miracles of creation together. You will recognise coherences and backgrounds of appearances within the visible universe that have *always* been at your disposal, but that didn't perceptibly exist for your consciousness and therefore had an invisible effect on you.

The backgrounds of events still inexplicable to you should now become comprehensible and you should learn to be *consciously active* within the WORLD of SPIRIT, the WORLD of THOUGHT thereby turning into the creators of your way of life *yourselves*. It is entirely *up to you* – you awakened ones – to decide *the form* life on Earth should continue to pursue. You should now *recognise* your POWER that has been in every form of life from the start. But you should also recognise *your own assignment* within the scheme of things and consciously and joyfully swing within the revelations of life with gratitude.

28th of March 1963

Those human beings, those that have managed to enhance their life's unfoldment on *another* inhabited planet, try to help other humanities who's EMANATIONS they can perceive based on their insights in regards to *spiritual* as well as *technological* arenas, help them deal with certain stages of development with advice and actions so that their lives can unfold the way the HIGHEST designed it. The way a mother holds the hand of a child that learns to walk, we must also take pity on you and try to help you.

Contacts between people from various inhabited planets of the cosmos have *always* and will *always* take place. A child doesn't know anything about the diversity and relationships between people – but they are still there. You *are* children that still *feel their way* and slowly learn to recognise coherences and conditions.

Those on Earth that entertain a *friendship* with HUMAN BEINGS that come here in their spacecraft from *other* star systems do not talk about it, they remain silent. But you will hear about such friendships from your fellow men. Terrestrial people that entertain purely physical friendships with higher developed HUMAN BEINGS can be recognised by their knowing, radiant look, their all-forgiving kindness, glowing love and their smiling silence.

Those that tell you about their great adventures probably had them, but not in their physical body. Those that had *genuine* adventures *only utilise the doctrines* they received from their FRIENDS to help their fellow men. Only the imparted words from *higher developed* planetarians have validity and *not* those from human beings that occupy your LEVEL, but are able to fly to other planets because of their technology. I hope that you understood my words correctly and that you will use them wisely. – We love you!

You collect and pile things up and still do not recognise that everything *is different* the moment you acknowledge it, because all life is movement, transformation and pulsating, streaming and constantly changing vibration. A lot of things *seemed to be* the same to you, because you are still asleep and because you do not live consciously. Only those that know neither past nor future live and vibrate consciously in the dance of revelations.

Who to you want you impress? – Don't limit yourselves! Comprehend that all of you are "*Man*". Has one cell ever had to justify itself to another cell because it does its own thing? – Don't constantly take a fearful look around, live *from INSIDE out*, live and consciously vibrate filled with joy! You can touch and drag your fellow human beings higher and higher towards the revelation of their existence by being a visible example and through your radiant demeanour.

Don't grovel in the dust, spread your wings and lift yourselves up to a higher form of existence. – You can do it!

Of what use are *recordings – documentations - evidence* to you. Who is going to ask you for them? And if you have them, are they really evidence? – Who wants to and who should prove something to *whom*? – Separate yourselves from such restrictions and narrowness!

"You can recognise them by the fruits of their labour." Bear sweet, full fruits, fruits of beauty, of wisdom, gratefulness and love.

9th of April 1963

Only once you can *very accurately* recognise the *effects* that you created the cause for, down to their last detail, will you have command over a full and completely revealed life. You can *then* configure this, your life, the way you *want to* as free, divine beings and nothing can change your form of revelation, but yourself.

The irrevocable, divine LAWS that were exhaled in conjunction with all of creation affected everything *from the start* and once you have learned to recognise and to apply them, you are GOD'S revealed CHILDREN the scriptures talk about.

11th of April 1963 – 8:45 am

Thanks to the POWERS and LEGALITIES that *reside within you*, you can create your own world by yourselves – or you can also continue to sleep. If you do, you will then be incorporated into the worlds of *other* people and when you awake, you'll find yourselves *walled in by prejudices* that are very difficult to dissolve. Therefore endeavour *to recognise* this with the help of your inherent DIVINITY and *bring it to the surface*. Endeavour to recognise the enormous creative power of your thoughts and to apply it so it can become a blessing for everything revealed. – How can you do this? – By *loving everything that's alive*, whether your senses approve of it or not. Love everything that's alive! Bless everything that's alive! See GOD in everything that's alive, GOD – the singular POWER, the UNIVERSAL LOVE and the UNIVERSAL POWER!

Human beings can *on the one hand* not be arrogant enough, but *on the other hand* must try to fathom, in order to make sense, *which level they occupy* within the over-all, cosmic revelation of human beings. Everything has been incorporated within, all the opportunities life offers and the unfoldment of the soul. Humans were conceived as sentient, free and creative creatures and they should grasp the whole visible creation and its backgrounds. They must feel the one and all-sustaining POWER

that fills the whole universe *within themselves* and *around themselves* and learn to utilise and simultaneously *revere* this POWER in its inexpressible diversity and joyfulness.

17th of April 1963 – 10 am

Begin to see life as something worth living, something interesting and beautiful. Begin to live *consciously* and the situation you find yourselves or *perceive* yourselves in matters not, you will find that life is beautiful, interesting and absolutely worth living. – Wake up from your obfuscated thought dreams and *begin to live!*

You incarnated yourselves into a *very* interesting period of development. The HUMAN SPIRIT develops into an *independent* CREATIVE SPIRIT during this period and you should do this *fully conscious*. Buildings and projects become bolder, more expansive, more cosmic and the images that you see and turn into visible forms, clearer. You should do all of this according to your PLAN of DEVELOPMENT and this expanding, more *cosmically* aligned thinking and creating will make you lighter and *brighter*. Leave strife, conflict, envy and fear behind as something that belonged to a past period of thoughts.

All human beings that shut themselves off from this glorious LIGHT SOURCE will have to *remain behind* and continue their further development on a *dark* planet in their *next* incarnation. But those that consciously *open* themselves up to this incoming LIGHT and consciously *participates* in the elevation of human thought processes, those that open their HEARTS to the LIGHT, will find that this life during *this* period of development will bring them the salvation, the elevation their souls have strived and yearned for during numerous incarnations. Even though they stand and work on Earth, they will no longer feel the planets gravity and their thought processes will expand to a *cosmic-divine* level. May you that strive belong amongst the blessed, the opened and the enlightened!

5th of May 1963

Those human beings, those that *know*, those whose SOUL SUBSTANCE towers way above all other creatures incarnated on Earth, no longer require indoctrinations and explanations, because they correspond with *eminent* ENTITIES, they see into worlds that are still opaque to you, worlds that know the LAWS and POWERS that are inherent in all life and know how to apply them. The reason *why* we send you indoctrinations and explanations is that incarnated beings live on Earth that are on this planet *to learn* and *to unfold* their SOUL SUBSTANCE in order to recreate values of a SPIRITUAL NATURE they have forgotten and now no longer know *why* they are here on Earth. *You should unfold* and reveal the things that are within you, *utilise* the POWERS within you, *knowingly apply* and gratefully fulfil the LAWS that are inherent in all life and make all life possible, that maintain and support it.

It is the *duty* of every consciously living being to allow its love to flow through all living creatures it lives with and the more a consciously living being awakens, the more it *senses* this duty that drives all of us try over again to protect, to love and bless all life. All of us represent a *singular* revelation of life, all of us are “*Man*” that should recognise and vitalise the cosmos – “*Man*” who should know how to deal with all eternally flowing COSMIC FORCES and conditions – “*Man*” that is supposed to express the highest, unimaginable CREATIVE POWER in its unimaginable diversity of revealed forms, in an infinite number of worlds and rates of vibrations.

The *wider* your consciousness expands, the more you recognise *what* you are. You will turn more grateful and joyful in your HEARTS, the more you are able to recognise everything around you as a *large whole*. There is only *one* creation and only *one* CREATIVE POWER. Everything that seems *out of place* to you is only a *mirage* and does in fact not exist. You are children that should gradually learn to recognise what life *is all about* and how diverse life in the form of its revelation is.

16th of May 1963 – 10:30 am

It is absolutely possible to live on another planet with a physical body of *your* composition if the planet people want to live on is of the *same* composition as your Earth. The LAWS of the SPIRIT are *the same everywhere* throughout the whole revealed universe, but the expressions of life have an unimaginable diversity that is due to the unimaginable number of rates of vibrations that appear as physically perceptible. But those that incarnated on planet Earth, ergo alighted from the WORLD of the SPIRIT onto the embodied world of planet Earth, also wanted to and must *fulfil an assignment*. Now why would they strive to live and work on another planet as they could *freely* choose where they wanted to work and learn? Those that have incarnated on Earth have *not yet* progressed far enough to have to go to another planet in order to co-operate and to help with *its* ILLUMINATION.

This *doesn't* mean that *eminent* SPIRIT ENTITIES live an embodied and visible existence on every inhabited planet in order to consciously and willingly do and effect something on this planet. They possess the firmness to physically visit other inhabited places, but they certainly do not require to take their physical bodies with them on their journeys through space; they can however do this unharmed here on Earth and also on all other inhabited planets. The provisos for such a *physical journey* are the *control of the body through the SPIRIT* and the knowledge of how one can increase and reduce the vibrations of the body, something every human being can absolutely achieve through training and knowledge.

Imagine how *incredibly short* your terrestrial existence is in comparison to the life span of your planet Earth and in comparison to cosmic time frames and stages of unfoldment. Be clear about the fact that a sentient being like you must also have unfolded like all planets, stars systems and all cosmoses. It was *only* the SPIRIT *to begin with*, the WORLD of the SPIRIT with all its IDEAS and FORMS, everything then became *visible* and *tangible* through the reduction of its vibrations. Exactly the way everything revealed can become physical through the *reduction of vibrations*, it can also become LIGHT and SPIRIT again through the *increase of vibrations*. It is an eternal oscillation between light and darkness, between the visible and invisible, between the physical world and the WORLD of the SPIRIT, of life. – But life is *everything*; because life is vibration in *every* possible form. – Vibration is however effected *and* retained by the SPIRIT and the SPIRIT is GOD – therefore *everything* is GOD.

20th of May 1963 - 2 pm

New life blossoms from ruins... New, higher and BRIGHTER things can only blossom when all the old has been destroyed. Those that cannot forget all the *fettering things* they collected over innumerable lives cannot recognise new and higher things, because they are filled with old things, with past things, filled with recognitions and knowledge that do not allow space for new, ergo higher things. Any type of *encumbrance hems* the vibrations of the SPIRIT and the body and the higher the vibrations are, the *wider*, the *more cosmic* the opportunities to recognise all revelations of life and their causes and backgrounds will be.

3 pm

JESUS of NAZARETH neither belong to a sect nor was he bound by a denomination; he was a LOVER, an archetype but *not* a fanatic. He understood and he knew everything, he was a COSMIC THINKER and the sections of the speeches he gave whilst in a physical body as JESUS of NAZARETH that survived intact, are *pure, cosmic knowledge* expressed with simplicity and therefore comprehensible.

4 pm

COSMIC LOVE is the POWER that manages to make everything in its vicinity to vibrate higher and more spiritual. The wider the circle that is illuminated – ergo heightened – the *more intensive* the RAYS of LIGHT that effect this are. These RAYS of LOVE maintain the universe and they hold everything together; they are latently present everywhere and they can be activated. Knowledgeable, high and highest SPIRIT ENTITIES can creatively utilise this ENERGY. They can illuminate and elevate the revealed through these RAYS. When you *allow them to consciously flow through you*, everything physical in you and on you will normalise and you can then radiate this UNIVERSAL LOVE over everything around you and over your own planet. – Try to love, to love more and more!

26th of May 1963 – 9 am

There are also *sects, religious orders* and *individual human beings* on your planet that have consciously cleansed themselves under instructions from *eminent* SPIRIT ENTITIES and TEACHERS to a degree that no *base* ENTITIES can get near them. This state can be reached by *all* human beings. These religious orders, they include pure, illuminated ENTITIES, only make sense if they fully consciously radiate and pour their purity and their LIGHT over the rest of mankind. They unfortunately do *not* do so and this is why they are *useless* in regards to the elevation all of mankind. They do no harm, but they certainly do not help.

Remember: Everything you *solely do for yourselves* and the alleged salvation of *your* souls is *null and void* if you do not allow your LIGHT and your love to flow over all living things. You otherwise retain living STREAMS within you that can only remain vital when they can *flow through* you, onwards over all living things. A LIGHT that is *under* a bushel does not give warmth and brightness.

Therefore allow your LIGHT *to radiate* – as far and as warmly as you can. Give the knowledge you acquired to *others* with tolerance and wisdom by *blessing*, loving and illuminating *everything* with your HEARTS. *You don't have to talk*. You can *achieve much more* with your sophisticated POWER of THOUGHT than with banal words. When you talk you must allow the HEART to tell you mind *what* it should say, therefore talk with your HEARTS *and* the mind in specifically pertinent situations from an enlightening giving overview. When you *talk like this* your words will have the effect they are supposed to have. – Think about this!

Noon

To gain insights, knowledge and opportunities in regards to the *higher development* of human beings is *only* possible in a physical body. One has to recognise *that this is so* and that acquiring higher insights *is the reason* why creatures *actually* dress up in physical bodies and live a life of a physical nature on planets with all the apparitions the physical world can and must provide. Human beings can only *recognise* and *reveal* their creative nature and POWER in the physical world.

Everything has been arranged good and wisely, but *you have to learn to recognise* all that loving wisdom, beauty and kindness that created, maintains and supports you. Everything flows, swings and lives in unimaginably numerous forms, but everything is ONE – a WHOLE!

There is nothing that we do not understand, but how can a doctor heal you when you disregards his advice? You plead for help, the doctor can see what's wrong with you and tells you so and you go forth and complain that you are not being helped. This is the *lethargy* of the physical body, the *low vibrations of the flesh* you are trapped inside of and that you are supposed to *deliver from* this lethargy, to ILLUMINATE and to give it higher vibrations. Learn *to control* the physical body and you will discover a wonderful instrument, a wonderful vehicle and a wonderful temple. Not as a hindrance, *no*, the body has been conceived and *revealed* by eminent and highest SPIRITS of CONFIGURATION as an instrument to gain further knowledge, as a vehicle for the soul, as a temple to hallow the CREATOR, by SPIRITS that flowed from the PURE SPIRIT, from GOD, SPIRITS who are servants in regards to his cosmic LAWS and his PURE SPIRIT. – The moment you have *control* over your body you will be *free* from the constraint of atoms.

2nd of June 1963 – 8:30 am (Pentecost)

Every SOUL SEED that steps on an inhabited planet in order to develop its abilities *higher, must adopt* a part of the inherent characteristics of the planet because its atoms contain characteristics, abilities and stirrings that the SOUL SEED requires to create a physical garment on a living, material planet. A lot of planets are of a very similar character and it is absolutely possible that an embodied SOUL SEED from such a planet can move to a similar planet, but it wouldn't actually make sense. To travel from one inhabited planet to another in a physical body is simply an expression of joy of a cosmic CONSCIOUSNESS. But such things are *unimportant* in regards to the further development and expansion of the SOUL DROP, because the worlds that exist *above* the consciousness of souls are only within their *reach* after they *developed* their conscious capabilities *higher*. The worlds that exist *below* their level of consciousness on the other hand have already been wandered through and they should by then be forgotten.

We already told you that *all the thoughts of human beings that lived and live* on the planet adhere to the *atoms* of the physical garment and that every soul entity *knows* how the atoms on the planet they're about to incarnate on vibrate and that the knowledge about this is *forgotten* and *seldom* returns to one's consciousness, because of the strong vibrations of these atoms. One can only regain this knowledge by working on one's soul, it is the soul's aim and meaning to ILLUMINATE itself, to expand and to become *brighter* and to learn to widen their *cosmic* thought processes. Pure thoughts are the constructing FORCES that act creatively and soul entities should *learn to utilise* them in order promote life and creation in the revelation of its diversity of forms of vibrations and levels that constitute a dance of joy and amplexness.

You are two in one, you are creators *and* the created at the same time and your soul is the *link* between creator and the created – therefore *three*. When your thoughts are *animated*, you are creators. When you can imagine something visible with pure and powerful thoughts right from the start, with *animated* thoughts, neutral atoms assemble into what your *animated* thoughts imagined and it stands there, visible and tangible. These malleable, creative thought processes are inherent in all human beings and once they have been fully developed, this human being has *become* a divine-creative SPIRIT, the way the CREATOR of WORLDS has foreseen.

11th of June 1963

The POWER is constantly one and the same – GOD – and it is everything, contains everything and supports everything. The highest divine ENTITIES flowed from it, from GOD, and they *form* his creation according to his divine-cosmic and eternally existing LAWS. These eminent CREATIVE SPIRITS are also governed by divine-cosmic LAWS, because GOD *is* the LAW and nothing can exist without him, ergo nothing exists without his LAWS. Realise, even when things might seem unlawful, that everything always and always orders itself *under* the LAW which is the *same* everywhere. The *higher* your SPIRIT ascends, the more you recognise these irrevocable LEGALITIES in everything that's revealed, that moves and also in the non-revealed.

13th of June 1963 – 11:30 pm

Words from Him who loves you:

You talk about ME – and you don't know ME.
You call for ME – and I stand next to you.
You ask ME for things – you already have through ME.
You yearn for ME – WHO is *in you*.

Do you not sense MY nearness?
Do you not sense MY-BEING-IN-YOU?
Do you not sense MY love?

See, I am in you until the end of the world – and eternally!
Learn to know ME!
See ME standing next to you!
Take what I give you, realise ME *in you*!
MY glowing love, MY blessing and MY peace belong to you.

14th of June 1963

You will *never* hear things from a *truly* wise person that is *advanced* of your LEVEL of CONSCIOUSNESS. Therefore *work on yourselves* so that your consciousness climbs higher; because all the doors to wisdom are open to you if you take the trouble to walk through one door and then another, unperturbed and constantly striving for the truth and for wisdom, aware that both these things will someday be given to you.

The wise have walked through the doors that are open to human beings and they can *look* at the LEVELS of CONSCIOUSNESS of their fellow men from a high vantage point and they know exactly *what may* be said to an aspirant – and *what* has to remain unsaid for the sake of the *healthy* higher development of their siblings.

19th of June 1963 – 8:30 am

Humanities on all LEVELS of HUMANITY believe that *their* view of the world is the right one and irrefutably true. But some people see *further* and see this view of the world *differently* and always different. A lot of human beings see a new, completely different view of the world these days; but this view is something that is *just comprehensible* to these human beings at this time and on their present LEVEL of DEVELOPMENT. It will not always remain the way it is today; your view of

the cosmos always changes according to your consciousness. No human being within a physical body will ever be able to see the *true* picture, because the *view of the world* will always conform to the LEVEL of CONSCIOUSNESS of individual human beings. But when an entity has reached the zenith of *pure knowledge*, it *no longer* incarnates.

The processes, the backgrounds and the causes are always the same, the same - in as much as only the *consciousness* of living beings *constantly change* and that the *capacity to grasp* revealed and unrevealed vibrations, ergo apparitions, is subject to eternal change, eternal ascend and descend.

2nd of July 1963 – 8:30 am

You who are awakening, learn to recognise:

There is no GOD who *punishes* you when you commit an injustice.
There is no GOD who can be *implored* for mercy or gifts.

The divine INTELLIGENCE created and exhaled *irrevocable* LAWS in conjunction with life that must allow every cause to have an effect that must either be neutralised, or manifest itself, ergo have an effect. DIVINE LOVE blesses and *maintains* all life in any shape or form, because GOD *is* life, *is* love and *is* abundance. You therefore do *not have to beg* for things, you have these things because you live! All you have to do it to take and know that you must recognise *who* and *what* you are.

The body is the *instrument* of the SPIRIT and both of them are from GOD and maintained and conceived by GOD. Everything is created and maintained by GOD, because GOD *is everything* and without GOD, this unimaginable POWER, *nothing* could or would be. As beings endowed with INTELLIGENCE, you can express and attract his eternally flowing UNIVERSAL LIFE FORCE to a lesser or a higher degree, that is to say, *amplify* it, make it visible and perceptible thereby revealing higher and finer vibrations. This happens from INSIDE, from your HEARTS; the purer they are, the more LIFE FORCE can be emanated over all life.

To explain all of this in your words is difficult, because you adhere to too many *false* concepts and opinions. All of these are still mysterious processes to you, but you must learn to recognise them in order to ascend higher towards the CAUSE of your existence. The things that seem abstruse to you now are ultimately and finally explainable and everything normalises and runs along an indicated path. Everything only seems *separate*, but *nothing* is separate; everything is one, a whole, a wonderful, shining, loving, swinging and flowing whole – GOD.

8:45 am

Resign yourselves to the fact that your consciousness in your *present* state can only grasp events up to a *certain level*, but that living entities exist that possess a completely different consciousness from yours, that an immense myriad of STATES of CONSCIOUSNESS exist and that each conscious state feels that *it* is the highest and the correct one. Accept that you and all life is subject to constant change and try to *live* each LEVEL *to the fullest* in order to reach the next LEVEL. Do *not* look down, do *not* look up, look to *where you stand* and once you have *grasped this*, move further and further and try to drag all living things *with you*, higher into the infinite vastness and elevation creation represents.

3rd of July 1963 – 7:30 am

You have been endowed with the POWER to reveal, to transform and to make everything HE created vibrate at various rates; the POWER *to recognise* the things that seem mysterious to you, the POWER to reveal an unrestrained joy for life. You just don't know where "the switch" is in you and on you, the switch you have to flick in order to be able to do all of this. Physical exercises and positions on their own only help a *little*, because it is the POWER of the SOUL that furnishes the CURRENT that LIGHTS UP everything around you so that it might become visible. Endeavour therefore to *strengthen* this POWER and to make it glow by *abiding by* and by *heeding* JESUS'S simple words; when you do this assiduously you'll find that everything will open up for you of its own accord. Worlds after worlds will reveal themselves to your souls and you will recognise *whose* children you are.

You will recognise that *everything* is GOD and *nothing* exists without HIM. You will recognise that this ONE SINGULAR POWER is the cosmos, maintains it and all the worlds in it, that you are this singular POWER, you with all life – a SINGULARITY, a large WHOLE.

The moment you are able to extricate your thoughts from the banalities of everyday life but *still* do justice to your daily chores, aware of what's *behind* things, you will have progressed one step further towards COSMIC CONSCIOUSNESS, the CONSCIOUSNESS that is aware that the whole cosmos, all cosmoses are one singular WHOLE and that you swing as human beings within this great WHOLE, eternally changing between an embodied and disembodied existence, swing as cells, as more or less illuminated cells that have their specific functions and whose meaning is laughing joy.

This omniscient DIVINE POWER knows nothing about good and evil – it STREAMS – it IS – and everything that exists is GOD. ITS ASPECTS manifested themselves as great SPIRITS when they flowed from IT to govern the universe. THEIR EXISTENCE is actually the universe – and there would be *nothing* without GOD, not even a large emptiness. Even the great SPIRITS that have not yet dissolved within HIM are *not capable* of grasping this, because only GOD can comprehend *himself*. Everything is simple, but still not comprehensible and expressible for us. Only he who stands *above* everything can see *everything* and this will always and eternally be GOD alone. All of this has *nothing to do* with dogmatic faith or religion; one could actually call it "cosmic science and research".

8th of July 1963 – 8 pm

Don't you feel that a *great awakening* is taking place everywhere, that the species "terrestrial man" has entered a higher state of consciousness and discernment of his existence? This is why all past secret insights are being *made accessible* to human beings and it would be desirable that a lot of people recognise these revealed wisdoms and avidly absorb them. This initial knowledge about cosmic coherences, this expansion of the CONSCIOUS CENTRES of physical human beings is dear to the HEART of all OLDER BROTHERS and *ever stronger* and all possible endeavours are made to help human beings to emerge from their infancy.

Everything within the revealed and unrevealed WORLDS and PLANES has a tendency to climb higher and to escape the magnetic energy, the attachment to solidity. Your tendency to escape the gravitational force of your Earth who dearly loves you therefore also accounts for this. You strive to emerge from under the wings of your present mother and you want to distance yourselves from her affectionate but powerful attractive force with all available energy in order to research, to float

and to live free in space...

The situation is such that you should also break through the Earth's envelopes with the SPIRIT that resides within you and you should *consciously* send your consciousness into infinite space so that it may *run ahead* of your bodies to discover what was and is hidden from you. You would then see and experience the things that are still ahead of you in your development as sentient human beings and you would then recognise that human beings *have been* and *eternally will be*. Human beings were *exhaled* by the solely HIGHEST, OMNIPRESENT with the rest of his creation and they unfolded in an unimaginable diversity and forms *to also become creative* to an ever higher degree, to solidify more and more, but to then refine and *spiritualise* again in ever higher ascending *spirals* and then be *inhaled* again with all of creation at some point in time – for all eternity. The creature called human being is a component within all of creation and it has its meaning and its specific existence within an eternally pulsating WHOLE. – See yourselves thus in the cosmos – in the *cosmoses!*

12th of July 1963 – 8:30 am

Only the eternally flowing *vibration phenomena* of the revealed worlds approach you *externally*, they are perceived by your five physical senses. Everything ETHEREAL, TRANSPARENT, HIGHLY OSCILLATING and COSMIC-SPIRITUAL can only be perceived by your SUPERNATURAL SENSES that are invisibly, ergo spiritually incorporated in you. They allow you to discover, explore and then include the ETHEREAL in your physical thought processes and to recognise them as actual realities. The spiritual SENSES or CENTRES that all human beings carry inside of themselves can however only be animated and developed higher through the invisible, ergo ethereal, spiritual VIBRATIONS of the SOUL and never through the visible, the lower vibrations.

It is within your power to recognise and to apply the instruction from your great *spirit* GUIDES to then *utilise* what's incorporated within you and to work with it. JESUS from NAZARETH expressed it in incredibly simple words: "Of what use would it be for people to win the whole world, but to damage their soul in the process?" – The soul is the *mediator* between the SPIRIT and the senses, even though it is invisible and not perceptible to the physical senses, it can recognise the SPIRITUAL and guide it to the revealed, the visible. The souls of all human beings are of the *same substance* and they come from the *same* SOURCE; but not all individual human beings are equally aware of their true existence. This is why there are so many different LEVELS of human consciousness, like sand on a beach.

17th of July 1963 – 4 pm

You talk a lot about *cosmic* consciousness... How many amongst you actually possess a *global* consciousness? Those that possess it must be able *to feel* the thoughts of all living human beings, the thought images of all the people living on their planet must be clearly perceived by their souls and they should be able to gain a complete overview over the complete state of terrestrial mankind's thoughts through this. They must be able *to classify* all human beings they encounter according to their thoughts that they *sense*, well actually SEE! They must be able to SEE and to assess the thoughts of all their fellow men, recognise the movements of their planet and sense and recognise all living things within themselves. They must be able to be the Earth or another planet and everything else that is on or around the Earth or another planet. *Only then* can they call their consciousness a *global* consciousness, when they can live *with* and *in everything* that is to be found on the globe they happen to live on.

If the consciousness is a *planetary* consciousness, the same must apply to *all* planets of the solar system the respective inhabited planet belongs to. The *planetary* conscious must *sense* and SEE everything on all the planets that belong to the solar system, they must be able to be *in, around* and *on* the planets and *in, around* and *on the sun* also – conscious and aware.

Cosmically conscious human beings must be able *to expand* their consciousness *over all cosmoses* and feel at home in all places throughout the universe. They must be consciously aware of all STREAMS, all types of revelations and the vibrations of the SPIRIT; this *cosmic* consciousness, only the *great adepts* knowingly carry it inside themselves, is only achievable by the blessed that are completely and utterly in harmony with divine LOVE and WISDOM VIBRATIONS. This will *only* be INTERNALLY revealed to those that have completely and wholly recognised and realised GOD *within* themselves. – May the UNIVERSAL FATHER bless you so that you might ascend to such heights. But recognise where you *now* stand and *whereto* you would like to go.

We don't want to make you despondent because everything is within you, but you shouldn't talk *too much* about eminent things, but rather *begin with yourselves* with little things and this *now, immediately*. Love - love – love everything that you see and feel, love it and bless it and be pleased about being *allowed* to live – and be *grateful!* When you do this where you stand and walk, you step onto the path to the manifestation of human beings and you will be *guided* from one level to the next in a most wonderful way. *Do not look back*, but yearn towards stretching your consciousness further and further, yearn to love more and to awaken the things your UNIVERSAL FATHER, the CREATIVE SPIRIT has placed in you so that you might recognise it.

All of life's revelations and all DISEMBODIED EXISTENCES exist *simultaneously* and interactions maintain both of them. There only *seemed* to be a difference between the visible and the INVISIBLE. Both are ONE – revealed life as it were.

Exactly the way the NON-PHYSICAL requires the physical to maintain itself and to progress higher, the physical needs the NON-PHYSICAL, from whence it flowed from and from which it receives. This is why spirit ENTITIES require *your devotion* in order to act, exactly the way you need *their* love in order to live. What solely *exists from within itself* and what therefore is *truthful* is called "GOD" by you.

29th of July 1963 – 8:30 am

In order to ever more clearly recognise the sense and the coherences of expressions of life and of life itself, human beings should try to *emphasise* with the minutest and finest expressions of life. Once the finest coherences have been *recognised*, the larger and wider expressions of life will be also be clearly recognised and comprehended. Those that only want to recognise the *major* things will not travel far on the path of realisation, because the divine diversity of the ideas of expressions of life unfold themselves upwards *and* downwards. Worlds grow to unimaginable sizes and to unimaginable smallness. Each atom is a world of its own and each component of this atom represents a whole system within itself and so on – past comprehension. When you contemplate the *little* things and their coherences and learn to recognise and to love the gloriousness of the singular POWER – GOD –within them, your thought processes will also *expand*.

This is the divine in human beings, namely that they are capable of recognising *what* they are and *where* they come from, *what* maintains them and *what acts* and *holds sway* in every cell of their body and every stirring of the soul.

Those that now truly recognise GOD in everything and everyone will energetically collaborate in his revealed creation, filled with joy and gratefulness. The way artists consciously create their works, completely prepossessed with their ideas, with their hands, eyes and the power of their imagination. This is how human beings should create LIGHT and love, joy and gratefulness and carry life *through* all worlds, *on* and *with* all worlds with *divine wisdom*. – We love you!

30th of July 1963 – 8:50 am

Your consciousness *is your world!* – Everything you are fully consciously aware of lives *in* you, *around* you, *with* you and *for* you. The further your consciousness now expands, the larger and fuller your worlds becomes. Everything you can comprehend belongs to you, belongs with you and represents you. Now those that are capable of reaching into *other* worlds with their consciousness, worlds that are imperceptible to the five senses, find that these imperceptible or hardly perceptible WORLDS belong to them and that they can live and act within them like they do in the physical world, they will be able to better control them when they look at them, understand and then also control them from a *different* PERSPECTIVE. Human beings are therefore also conceived to be able to joyfully and humbly create their own world with the POWER of their consciously *applied* SPIRIT. Those that live in *two* worlds are however also aware that *everything flows*, that everything revealed is subject to eternal change, that *everything and nothing belongs to them*, that they cannot stop the eternally vibrating and radiating, the eternal flow of revelations, the eternal resonance of the SPIRIT, but that they can fully conscious *resonate* with everything and creatively work by utilising their consciousness as the revealed existence as “*Man*”.

It is therefore imperative to recognise that human beings are *not just* the body, but a SPIRIT BEING capable of accomplishing everything, endowed with the *dominion* over revealed and non-revealed things, living in a body created by the SPIRIT, active and creating from within the body and with the help of the body. Every embodied being is a part of the WHOLE and should be aware of this, because disharmonies could otherwise arise. All human beings have *built-in switches* they can flick in order to achieve certain things. All the knowledge about these POWERS given to human beings are within human beings and people know or also sense what they *could be* capable of, only that they have been *sleeping* up to now and the time has come *to wake up* and to exhibit their true self the way a few eminent ENTITIES have already demonstrated here on Earth.

There are no miracles! – Everything human beings experience these days and absorb into their consciousness is just the *natural development* of yet infantile human beings that must grow like everything else in the revealed world, grow, act and bear fruit to then pass away and be born again within the eternal cycle of everything revealed. The created is animated by the impulse to develop *higher* and *higher* and to have its consciousness gain *wider* and *wider* views and insights that will then appear and become perceptible in the visible world also. Your longing to be able to perceive space with your physical senses is *appropriate* and *completely justified* at this point of your development.

When a temple is ever so cleanly and beautifully maintained on the *outside*, but is messy and musty, dark and eerie *inside*, it does *not* fulfil its purpose. The temple must always be clean, pure, bright and scented, it will then fulfil its purpose and its INSIDES will radiate to the outside. The same applies to your bodies, they are temples and the SPIRITUAL HEARTS are the INSIDE of the temple. Your thoughts are the radiant FORCES that are supposed to radiate from within the temples and illuminate its environment. That you should keep your physical temple clean and intact is a matter of course, but more important than all externalities is the *care given to the INSIDE* – the *care*

given to your thoughts! Do not allow turbid and dark things inside, eject and dissolve everything that could contaminate the INSIDE of your temples.

4th of August 1963 – 4 pm

There are no boundaries that could restrict the unfoldment of life in any direction and in any form of expression. No matter in what direction life unfolds itself and how it expresses itself, life flowed from GOD and life is maintained by GOD and *all* life is therefore divine in its own right. This is why it is *incorrect* for human beings on planet Earth to *assert* that human beings are the “crowning glory of creation”, it only verifies their infantile ignorance. *There is no crowning glory of creation!* Life is life and *all* life is divine. The thought processes and comprehension of the people on planet Earth are *at the beginning* of their development. Even the things that you cannot comprehend are an *expression of life* in spite of this, the things that you cannot perceive with your five senses *are also life* and the things that seem *unreal* to you *are also life* whether you can grasp this or not – *they simply are!*

12th of August 1963 – 7:50 am

You should learn to consciously use your mind and consciously recognise and train your thought, because they are a creative POWER. Be aware that all of you are one, but that you possess the POWER to be creative on an individual level of consciousness. You can be progressive driving factors within the direct currents of revelations, but you can also produce *hindrances* and *excesses*. But because divine creation and its visible revelations are so infinitely diverse, perversions and hindrances are of no consequence. The STREAM of REVELATIONS is so powerful that everything that seems perverse will ultimately and finally be harmonised again. Those that have an *overview* over everything – and this can be gained – will be able to SEE all of this. Embodiment has a reason and it *must* be, it is a part of creation. Every sentient human being should *respect* and *protect* physical life, because it *must develop* the way it was intended. Those that *consciously interrupt* a physical life cause damage to the SOUL STREAM that *must be balanced again*.

8:45 am

Every one of you already knows what we try to explain to you, the tragedy is that too many *don't* know *that they know it*, that they do not understand how to retrieve their inheritance from the TREASURIES of their HEARTS.

14th of August 1963 – 8:30 am

Once you have found the CENTRE of your SOURCE of POWER you immediately begin to harmonise with your environment. Just how you find your inner selves has been explained to you over again. The range of your activities must spread wider and wider, invisible spreading throughout the REALM of the SPIRIT, and your loving, serving activities will also soon become visible around you. – But don't go back to sleep, be *active* within your SPIRIT – every second of the day!

Meditation:

LORD, strengthen my *memory* so that I can help others with my knowledge.

LORD, strengthen my *patience* so that I can help others with my forbearance.

LORD, ignite my *love* so that I can cleanse everything around me with my ardour.

LORD, expand my *consciousness* so that I can grasp your omnipresence and know that you are EVERYTHING.

2nd of September 1963

If the children in your neighbour's garden would light a fire, you would be a *bad* neighbour if you wouldn't go and help with extinguishing this fire so that your house might also not go up in flames. We would like to influence you to gain the insight that in regards to the things you have discovered, you may also acquire the necessary *mental maturity* so that you do not set everything alight within your relationship with your Earth, that is to say, cause disorders.

You *ignorantly play* with a FORCE that makes worlds appear, but that can also destroy worlds. With the tests that you carry out *without wisdom* and *out of curiosity*, you *interfere* in the natural development of worlds that have not reach maturity, ergo haven't reached their perfection. You should and must learn to represent and to utilise everything, but you should do it with *wisdom* and *care* so that no living thing is hindered and disrupted in its unfoldment because of your experimenting. The FORCES and practices you have become familiar with can also be applied *without* causing a disturbance to the flow of revelations, but human beings require *divine wisdom* in order to *deal* with these things.

Not all BEINGS and ENTITIES that try to guide you, or rather *mislead* you, are loving and caring. There are INTELLIGENCES that take great pleasure in the power of destruction and they whisper in your ears just how you should do this or the other. When you listen to these INTELLIGENCES you suffer the same fate as *Goethe's Sorcerer's Apprentice*; the POWERS that you will have unleashed and that are then out of control, will turn *against* your and our revelations of life. Life is *indestructible*, but its revelations can be *destroyed* and *hindered* in their development in all sorts of ways.

11:30 am

All creatures that are aware that they are alive can create love in their HEARTS. The wider a HEART swings, the more love it can emanate. HEARTS encumbered by sensory impressions and prejudices must first break through the walls that obstruct their views into the distance. These walls are made of *all religious confessions*, all *binding* and material *obligations*, everything *cramped* and *hardened*, everything *dictated* by others, everything *constricting*, *petty*, everything your senses convey to you *without* the co-operation of your INNER wisdom. The moment you let go and gently and lovingly *release* this, your HEART *expands* and condensed love fills everything inside of you and erupts like a volcano that flings it's lave from its deepest depths – far into the countryside. All the glowing love rests in your HEART and waits for its release. All creatures carry this love deep in their hearts – and GOD *is love!*

3rd of September 1963 – 9:45 am

Be *very careful* with *predictions* that furnish *exact dates*, ergo years and days in numbers. Every inhabited planet has a *different* classification of time and thoughts and assessments of revelations and expressions of life are unimaginably varied. This is guided by the nature of the planet and its inhabitants. Experts on your planet can *forecast* events if they *understand* events on your Earth and *see* their outcome. They can accurately predict political, cultural and financial, well even earthbound events, after they have clearly recognised their causes. But there are *only a few* people on your planet that can do this accurately, because it also requires the ability to see into *non-physical WORLDS* and a completely *different differentiation* in regards to exact calculations and advice from *non-residents* on Earth, be they SPIRIT ENTITIES or embodied beings from other systems.

The RECEPTION of sent thought processes, trains of thought, indoctrinations and explanations by extraterrestrials, partially along *telepathic* lines, partially along the lines of transmissions from apparatuses, is possible for *all* that understand how to dial in as it were. The difficulty lies in knowing *which* SENDER one has tuned into. Only those that know how to *seriously* work on themselves and only those that are animated by the genuine will to serve and to love, are capable of receiving and assessing what is of *actual use* and a *blessing* for terrestrial people amongst the plethora of TRANSMISSIONS. Their RECEIVERS will receive the kind of TRANSMISSIONS that can show terrestrial people the way to a joyful life, to happy creativeness and to the realisation of one's true existence and the *meaning* of all life.

There are SPACE BROTHERS that think that their whole life's task is *making contact* with you here on Earth and to help you answer questions about things that you do not yet understand with your *inner* OMNISCIENCE. You will only be guided and indoctrinated by your OLDER BROTHERS until you understand how to ask the GOD that resides in you in order to gather all knowledge, all wisdom and all love *from there*, visibly, perceptibly and palpably – to all those that live with you and all your fellow men.

10:45 pm

We swing in an incalculable diversity, animated by *will*, warmed by a SPIRIT SUN and maintained by a POWER; *visible* revelations of life. We are aware of our life's purpose: *Love!* Our life's fulfilment is love, to dissolve in love in order to spray ourselves over all life. We know nothing but love – we are love!

We love you!

Your OLDER BROTHERS

Addenda to “The Blue Notebooks, Volume 4”, Hamburg

The following was recorded during February 1963

World creating INTELLIGENCES have given you *vowels* and *consonants* so that you may apply them to create and explore, to illuminate and maintain new worlds. Your language should be powerful and creative. Everything is vibration and it touches a string on the world's harp. Every vibration produces something, manifests something for a certain period of time.

Consider for a moment the confusion that develops through the completely senseless jumble of words that are spoken on Earth without realisation of their POWER. This is a *chaotic jumble* from a spiritual point of view. A toing and froing of undefinable colours and forms, exactly like the chaos of uncontrolled, sent thoughts and unbridled emotions. All of this can only be tidied up and cleansed through a word uttered with POWER and ENERGY, all according to its intensity.

Those that strive should recognise the things they still have to achieve, to activate through their *spiritual* NAME in order to be as perfect as possible. Because the things that are in disarray within the body are *also* in disarray in the SPIRITUAL. Those that already use their correct NAME must completely activate it first; in order to recognise things, they hear their *spiritual* NAME. Those that do not use their correct NAME recognise by their *spiritual* NAME their advancement whether it is more perfect than the NAME *given to them*. All of this is related to one another and this is why you see and hear the signs that want to show you the way to perfection, to insights, to knowledge and to wisdom that represents the final conceivable aim of human beings. Those that are fortunate enough to know their spiritual NAME, know what vowels they have to activate.

All vowels **a – e – i – o – u** belong with cosmic harmony, the sequence is however **a – u – o – e – i**. They must all swing at the *same level* in order to produce harmony. Even though all vowels should be spiritually, but if possible also be physically breathed, the vowels everyone is missing must be particularly often and intensively breathed. When you concentrate on one vowel, when you think it and allow it to be active within yourselves, you absorb cosmic STREAMS that are controlled and carried by that specific vowel.

- A** Is the openness in regards to everything revealed, ergo acknowledgment and recognition of creation per se.
- U** Is the universal maternal, completely devoted, uncompromising and integration into everything and everyone. The creating from the ORIGINAL DEPTHS, from the ORIGINAL SEA of everything revealed. The ORIGINAL FORCE, the pure and selfless motherliness and also sexual physical attraction. **U** penetrates deep into our physicality, it makes us caring in regards to people and animals, it dissolves uneasiness and it connects us with all our fellow human beings, also those with a baser way of thinking, so that we *can understand* their, to us, inexplicable thought processes. U-vibrations help us to reach our “*little brothers*” so we can help them progress by clearly recognising their level of consciousness, thereby realising where things are amiss.
- Ü** Is the vibration of levitation in connection with **N**. **Ü** – being the uplifting and **N** – being the gliding, the advancing in the SPIRITUAL and also in the physical.
- O** The cosmic expansive, the escaping from confinement, the far-swinging sound **O** (GOD), the sun, the glowing, the life-giving, pure universal love.
- E** Is the preserving, the eternal, constant, eternally the same, comparative, equalising and regular. Acting without interference from one’s own emotions and the five senses. The supernatural assessment and acting with wisdom.
- I** Is the reaching into all spheres, swinging and healing. **I** is the pure, simple, smooth, uncomplicated, pure wisdom, pure search and strive for knowledge. Knowledge in itself is the perfected **I**.
- D** Opens up what’s INSIDE in a tender, caring fashion. Those of a malicious and hard nature

should practise **D** often and intensive.

- F** The fire, the upward striving for all spheres. **F** is a hurricane that stirs up everything and exposes what's under the covering layer. **F** blows away obsolete ideas and opinions. Those that are dull in regards to their thoughts and actions should practise the **F** so that they can blow away the dust from obsolete opinions to reveal the true, bright and radiant.
- G** Is something explosive, something cleaving and something that destroys the old in order to create new space.
- H** Is a tender waft that cannot mean anything by itself, it is just the pathfinder for the vowels that follow; it can therefore only be interpreted in connection with a vowel. The vowel that precedes an **H** will have a rather strong and far-reaching effect, supported and emanated by **H** to then return to its starting point laden with something identical, not just fourfold, by eightfold. **H** is a productive, blessing waft, a conserving ray, conserving the cosmic expansive as well as the restrictive, hardening, so for instance **th** or **ph**.
- L** The sounding, artistic, silvery, bright, swinging, shocking and the far-reaching, creative, caringly reconciling, connecting and binding.
- M** Is SPIRIT becoming physical, the transformation of the INVISIBLE into the visible. The creative **M**, the **M** that allows **A** to turn into matter via the **U**: **AUM**.

M is a deep, creative power when allied with A and U.

M locks the creative vibrations into place.

M should be swingingly hummed or breathed often and deeply.

M swings with all cosmoses and helps with recognising all cosmoses when fully activated.

The soul can race through and swing through all cosmoses with the **M**-vibration and it can define and recognise the knowledge of all worlds with its mind.

- A** Is the universal openness that swings with **U**, the universal motherliness and **M** binds the two together to create one, something visible, something the senses can grasp, therefore **AUM** – the CREATIVE SOUND – the CREATIVE VIBRATION of the universe. – One can indeed explain this with words.

Meditate AUM – and the *meaning* of vowels and creative consonants will be reveal to you.

- N** Is the far-reaching, a cosmic-creative vibration that can facilitate contact with FORCES and POWERS that swing throughout the whole cosmos unencumbered. **N** is the elevating, eminently cosmic vibration that hovers over the physical.
- R** Is of a volcanic nature, arousing, convulsing, but also loosening and striving to separate from the physical, swinging far and wide and producing commotions of a spiritual and also of a physical nature. **R** relaxes all kind of tensions, but it can also have a destructive effect.
- S** Is the energy of the snake, the SOUL'S ENERGY and the strength, the equability, the spiral of higher development. **S** swings into elucidating, cosmic STREAMS that make things ripen, that accelerate the soul's maturity.

Z Is destructive, without structure, but also beneficially renewing. Placed in front of a vowel, it can form it into a destructive force.

Combined vowels have a *different effect* than vowels separated by consonants, this also applies to combinations of consonants.

Thought of and spoken vowels and consonants of a *cosmic nature* can only have an active effect when they are thought of and spoken *consciously* and charged with ENERGY, by the soul as it were and *not only* by the mouth. The POWER within UNIVERSAL SOUNDS should be utilised *knowingly*, as a divine-creative GIFT and POWER. Be aware that this may only happen with a pure HEART.

Spiritual NAMES are *only symbols* that should indicate what's developed in those that strive; they can be changed or extinguished at any time. They do not make an appearance in *all* of those that strive. Some might already have a name that corresponds with their present situation or there is some reason or other that it isn't necessary to provide them with a spiritual NAME. - Those that know how to benefit from this will also reap the harvest.

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