

PSYCHO-SCIENTIFIC FRONTIERS

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Anny Baguhn

Messages from our

Older Brothers

Anny Baguhn, born in 1901, was the daughter of the machinery manufacturer Carl Baguhn from Hamburg. She showed a great musical and artistic talent from an early age. In 1920 she married the architect Frido Wald who died later as a prisoner of war. Mrs. Baguhn was a co-founder of the "Deutsch-Indischen-Gesellschaft" (German-Indian Society) and later its long serving leader. With *Mrs. H. Zehmke* she founded the "Parapsychologische Gesellschaft Hamburg" (Parapsychological Society, Hamburg) in the sixties. From 1985 onwards, she belonged to the "UFO-Forschungsgruppe Hamburg" (UFO Research Group, Hamburg) founded by *Dr. Teichmann*. – In 1961 she started a remarkable experiment: A New Zealand contactee gave her and the sensitive *Herta Schachner* an appointed time when they were asked to prepare themselves to receive a telepathic message. It was the first of around 100 messages that Mrs. Baguhn published in her legendary "Blauen Heften" (Blue Notebooks). During a SWF program (SWF = Südwestrundfunk) on the 22nd of April 1978 she explained to the SWF journalist *Klaus Langer*: "I am convinced that we are just at the beginning". – Her UFO archive was probably the largest on the European Continent, but it was unfortunately irretrievably lost. When Mrs. Baguhn had to go to hospital at age 87, her nephew used the opportunity: He disbanded her flat, sold her antiques and destroyed her archive – she ended up in a nursing home. Mrs. Baguhn passed away on the 19th of May 1992 aged 91.

The Blue Notebooks Volume 2, Hamburg

Transmissions from the 15th of November 1961 – 23rd of May 1962

15th of November 1961 – 10 pm

You only live on the periphery of your *external* form. Life means: To live from **INSIDE** to the *outside*. To allow **LIFE'S STREAMS** to *flow into* the **HEART'S SANCTUM**, to transform these **STREAMS** there and to allow them to *flow* from there as glowing, spirited, invigorating **STREAMS**. To radiate from **INSIDE** to the outside, like all the suns throughout the universe.

They in turn receive their ENERGY from the RAYS of *mega-suns* and the RAYS that oscillate within the cosmos; they suck them in, transform them and eject them again to their children, the stars. Behave like suns, radiant, lovingly hot. Shine and illuminate your environment!

11 pm

If one imagines everything removed from you, clothes and bodies, no sad tranfunzel (dimly lit light) should remain, but LITTLE SUNS instead. All physical matter is transient, but *not* your souls and it is your assignment to make them shine. – Think about this!

18th of November 1961 – 7:30 am

Why do you constantly write about approaching catastrophes and calamities? Why do you *expect* all of this filled with a craving for sensations? Why do you imagine all of this so vividly? When you constantly nurture this in your minds and read about it every day, *it must eventuate* - the way you imagined it!

19th of November 1961 (Sunday)

Dear friends, even though a lot of people ridicule the Holy Scriptures, be aware that they either *do not comprehend* their content or they *haven't read them in the first place*. You can gain the highest COSMIC TRUTHS from these *inspired* scripts, if you are in a position *to interpret* and comprehend *their meaning*. You have to know what can be *literally* and what can be *figuratively* accepted. When you open your HEARTS to the DIVINE LIGHT, the meaning of these Holy Scriptures will be revealed automatically. You will then know the things that are hidden behind the words and the parables and you will see the global, DIVINE TRUTHS and INSTRUCTIONS they contain.

You don't need the explanations of *unenlightened* people, they are false and misleading. Your MASTER JESUS, who is reachable for every one of you because of his glowing love for your planet, offers to explain everything to you. Why do your HEARTS not ask him for advice and help with a child-like trust? – “Call upon me in your hour of need and I will save you.” This is meant as it is written and every confused looking problem can be solved by calling *him* in any alleged stressful situation. He, the MASTER of LOVE, JESUS from NAZARETH, will give you the answer and he will give them to you according to your present level of vibration. But only your absolute trust and knowledge in regards to this available help can get you further.

Read your *gospels* full of trust and devotion and with a completely open mind and “lights” will go on in your heads once you *understand* what these simple words mean, once you *heed* and live by them, you will be perfect, as perfect as you can get on this planet. I advise you today to read the short, but clear *Gospel of James*. *James recognised* JESUS'S doctrine *so clearly* that we hope that you will also be able to discern it.

21st of November 1961

Why do you always want to fathom the latest things when you have not yet comprehended *who* and *what* you are, *what* life is all about and *why*, *what for* and *for what reason* you live? – Know that cosmic knowledge and divine wisdom are *only* revealed to souls that eternally, humbly strive to endeavour to gain their independence from the dominion of their physical senses. Only souls that eternally endeavour to cleanse and to make the ORGANS of their SOULS glow, can discover and comprehend DIVINE LAWS and LEGALITIES.

All the things that concern you, the things you try *to clarify* and *to explain* can *never* be explained with your vocabulary. Everything ever written in inspired scripts is *mostly* expressed *figuratively* and it represents a very weak reflection of the actual truths. It is better for you to pray for ENERGY and ENLIGHTENMENT than to discuss these things amongst you, because they can *never* be clarified through discussions. Preferably remain silent and suck the AETHER'S PRANA into the CENTRE of your HEARTS instead of tearing and distorting the most sacred with your unenlightened senses. GOD'S most sacred SPIRIT will only reveal itself when you sit still, because it cannot be pressed into a form, into words and imagination, it simply is there, everywhere, still and silent, all encompassing, all-loving, all-illuminating, eternally and alone. *Feel him* – love him and experience him!

22nd of November 1961 – 7 am

You should be *archetypes* and *avoid all quarrels and conflicts*. All human beings who live on *dark* planets tend to think that *only* their *own* experiences and interpretations are *correct* and they often want *to force* their experiences and views on their fellow men – well-meant and with the best intentions. But as others often *do not want it* or *need it* in this shape of form, something *negative* develops – ergo nothing positive. Those amongst you on the path towards the LIGHT must realise that in order to spread harmony, peace, LIGHT and UNIVERSAL-LOVE, *not their own will be done* – be it ever so well-meant - but solely the WILL of the HIGHEST.

This is why we say to you with emphasis: *Be tolerant* and leave your fellow men in peace with *your* all too human will. Always try *to understand* the others even when they *think* and *want different* things than you. Open yourselves to the HIGHEST, the divine STREAM of LOVE, listen to it, hear the VOICES who speak in HIS NAME. Unlike the Pharisees, remain still and humble. Be an archetype in every respect and be exemplary in your relationship with other. Ask us for ENERGY, more and more ENERGY and work on yourselves every second of the day, realise that you do not exist individually, but with everything that exists around you! Finally learn to love your neighbours *like* you love yourself – not like yourself – but *as* yourself. You will then be able to radiantly and happily reach for the stars – but *only then!* Please, take these words to heart! To control the little, vain *ego* and to fully trust the FATHER in YOU is so important.

All of you still keep an eye on material gains, all of you still want to look after your physical bodies, you are still attached to useless knickknacks and you search for wisdom that is no wisdom at all, but only encumbers and confuses you.

Go forth and *forgive one another's injustices*. You will not lose anything doing this! You will only *gain* and advance one step forward on your path to perfection. Make an effort and don't expect that others will do so too. Everything is up to you, you who are of good will, you who have asked your OLDER BROTHERS to advice you and help you.

“You shall recognised them by their deeds.” – When you have a moment when you do not know how to act, *switch everything off* and go within the TEMPLE of your HEART and silently and devotedly wait for his answer. Listen to his loving VOICE and everything will be harmonious and good. *Never act immediately* to what your senses tell you. But you can react to your INNER VOICE *immediately*, it always tells you the right things – but you must *listen* to it!

23rd of November 1961

You wouldn't believe *how delicately* the LAW of CAUSE and EFFECT operates, how precisely it works. Those that are CLAIRAUDIENT and CLAIRVOYANT can accurately recognise when the effects, that were cause at some time or other, come into play. Every hint of a thought *is a cause* that will effect something. Every thought vibrates far and wide and it magnetically attracts all other thought of the same rate of vibrations. Something is then created that begins to grow, a SOMETHING that we can *SEE* and perceive, a SOMETHING that can grow so powerful, that it takes on a life of itself and turns into an ENTITY your thoughts created, one that now tries to control you.

This is the case with the *feeling of horror* you have given such prominence to, so that it haunts you everywhere and turns your existence into torture. Do not FEED it! Pray for LIGHT and love, only send good and constructive thoughts and when fear wants to attack you, turn immediately to the FATHER in your HEARTS. Call him, loudly and full of trust, so that your HEARTS become BRIGHTER and BRIGHTER and every corner is illuminated. All fears and sorrow will then leave your HEARTS and you are strong and full of LIGHT and the fiery, mighty thoughts you *fully consciously* send out can help, because your positive and invigorating thoughts now attract all that is good, beautiful and constructive. They not only penetrate your Earth's atmosphere, they oscillate much, much further into infinite space, to other suns and other planets. They gather advice and help from there, gather ENERGY, LOVE and LIGHT for you, for your brothers and sisters. Every positive and pure thought comes back enriched and illuminated, according to the will of the MOST HIGHEST.

24th of November 1961 – 8 pm

We ask you once again: *Forbid yourselves to have caprices!* – It is unworthy of you to bother your fellow men just because something doesn't seem to please you personally. Imagine how stupid and parsimonious a capricious person looks. You are "creation's crowning glory", but the *slightest* physical affronts often completely derails you, thereby causing a lot of trouble for others.

26th of November 1961 – 8 pm

Pray for peace! – Think peace and talk about peace whenever possible and encourage your fellow men to also pray for peace. This creates a WARM WAVE of PEACE around the globe and the more powerful it is, the more maliciousness it can neutralise. Imagine this the way we told you it is! – Could you organise a small rubber stamp that says "Pray for Peace" and use it on the letters you write, on your advertisements etc.? We suggested this to some of our other friends already. Please do the same! Pray for peace. – Pray within your HEARTS. – Pray for peace. – *Be peaceful, be peaceable!*

27th of November 1961 – 2 am

We do not pray the way you do, we know that everything we need to maintain our shells has been prepared for us, namely to fill our souls with loving thought vibrations on a global scale. We no longer know what you call "doubt", no longer know adversity, worries and suffering. You create all of this *yourselves*. If you could only *accept* this my friends, if you could only *comprehend* this, grasp this!

We live forever, because we do *not* call the transition from our physical existence to a BODILESS

EXISTENCE “death” but “exchange”. We *know exactly* when we need the shell you call “body” and when we no longer require it. We vibrate in harmony with infinity, but we are still far from being perfect. This is why we also ask for ENERGY to help other and hope that through loving service, we can get closer to HIM.

29th of November 1961 – 8 am

My friends, everything is oh so simple! – As you can see, you are being looked after in every respect, but you must *be aware* this. The cosmos looks after your SPIRITS and the planet you live on looks after your bodies. This is why you say “Mother Earth” and “Heavenly Father”. Cosmic SPIRIT ENTITIES that also created your languages, have done this deliberately so that you should *be aware* that you are children of the cosmos, CHILDREN of the HIGHEST and that the planet you are supposed to make progress on, is you “mother”. The way a mother only wants what’s best for her children, the Earth wants the same for hers.

But you maltreat and torment your provider. – You show *contempt* for the gifts she lovingly gives you. You tread on herbs, you *misunderstand* all the fruit, leaves and blossoms and you *contaminate* and *poison* the clear waters that spring from her bosoms, water captured from space for you. You raze your glorious forests to the ground in order to produce nonsense from its logs. – Children, what are you doing? Are you still not aware that DARKSOME, HOSTILE POWERS are in charge of this work of destruction? Put a stop to it! – Wake up! – Listen to the *foreboding* VOICES!

Real life is indestructible. The physical bodies are there to visibly *demonstrate* the SPIRIT and they are a *glorious* DIVINE IDEA!

3rd of December 1961

(In regards to the newspaper article: “Journey to Mars.”)

Question : What is the meaning of the report about “Martians”?

Answer : The “human being” in the spaceship is a *robot* and it didn’t come from Mars. It is quite possible for a terrestrial human being to have such an experience, but he or she would not be able to put such an experience into words, unless he or she has advanced to a point where the ORGANS of the SOUL already work and he or she has become CLAIRAUDIANT and CLAIRVOYANT. – The “plate” they mentioned is a converter that protects the body from the damage these unusually high velocities could produce. It is an electro-magnetic gadget that regulates the circulation. One could say that it places a human being into a kind of trance state, the human being in question allows all of this to happen without consciously participating in this event. – It is very difficult to express this in your words. But when a human being is supposed to experience something specific, the consciousness can be maintained. But *we don’t* take terrestrial people of a *lower* level of consciousness onto our ships. Of what use would that be?

There are people from other planets that do undertake *experiments* with creatures from other planets, but this is *of little* concern here on Earth. These creatures *hardly* show an interest in you. It is akin to you catching a butterfly, having a look at it and then release it again. These planetary human beings do *not* see you as highly evolved human beings, rather more like animals. I know this isn’t expressed correctly, but that’s *roughly* the way it is. They are highly evolved, but they show no respect for life on *dark* planets and

they feel no love for them. These human beings also undertake experiments with highly sophisticated apparatuses to see whether they can have an influence on the thoughts of underdeveloped human beings. – Every human being that is in contact with the DIVINE STREAM is *unsuitable* for such experiments, ergo uninteresting. They are not touched by these devilish undertakings. This is why it isn't necessary for you to know about such things, because they are beyond your interests and should therefore only be mentioned in passing.

The Earth still hides a lot of secrets whose revelation can give you lots of explanations about ancient, high cultures and cosmic insights. The time where these secrets can be revealed is here and this to benefit mankind. You will be able to interpret ancient scripts – and *the meaning* of the seemingly senseless will suddenly dawn on you and you will know what it is all about. Amongst all these places, the *Gobi Desert* hides lost things and so does *South America*, *Greenland* and the *South Pole*. The *Atlantic* and the *Pacific Ocean* cover submerged cultural sites and the *Sahara* was once a blooming land. Seen as a whole, all of this is part of natural events, an eternal change all living creatures are subjected to. Every planet is a living entity that is subject to constant change.

Eminent insiders accurately knew and know what happened and what will happen and they hid their insights there, where they remain intact and where they can be discovered at the right point in time. The *Great Pyramid* is for instance *a lot older* according to your calendar than you profess to know. It stands on a piece of ground that has *never* been affected by global changes and it cannot be affected for as long as it is necessary, because the *Great Pyramid* shall remain a "textbook set in stone" in regards to mankind's progress. The same applies to cultural sites in the *Andes* and *Himalayas*.

You should be prepared at all times to discard everything you learned, your traditional knowledge, general views, prejudices and judgments by so-called sciences in favour of *new* insights. Everything unreasonable you cling to *prevents* progress! The *more open* you keep your HEARTS for the influx of DIVINE VIBRATIONS, the *wider* your consciousness can expand and the richer the world becomes. This is what's so important right now, where everything old, everything ossified *must break* in order to make way for everything new, more expansive and more beautiful, so that it can unfold.

What do you want from us? – You want to see, hear and feel us with your physical senses. And what would the advantage of this be? The satisfaction of your curiosity! Why do you want to establish ever more *solid* roots in the ground of physical realities? You are supposed to leave this solid ground in order to be able to develop yourselves *higher*! Your bodies are rooted in the physical; but everything they *contain* are rooted in the INVISIBLE, in the SPIRITUAL. What are of importance to you are *not* our bodies, but our *experiences*, our *doctrines*, our *archetype*, our *universal love* and *connectivity*.

You will only be able to comprehend this when you can SPIRITUALLY HEAR, SEE and FEEL the things that are hidden from your five senses. Begin by learning *to utilise* the ORGANS of the SOUL first, everything will then become clear to you. You are on the wrong tracks if you wait for sensations unenlightened. Miracle after miracle will be revealed to you, when you remain steadfast in your striving for LIGHT, for LOVE and the ALMIGHTY GOD, the ONE and ONLY.

Keep working the way you do and do *not allow anything* to confuse you. See how the people around you gradually open up to the SPIRITUAL. We are pleased about this and we are with you when you are *in agreement* and when you *respect* and *tolerate* one another. Help each other to gain the truth, work according to you own talents, but accept the others, even when they *work differently* from yourselves. See the *overall picture* and not just a few small parts of it. Expand your horizons and open your sacred HEARTS.
 – We love you and all human beings on your Earth!

7th of December 1961

If you were to keep your eyes and ears *open*, an infinite number of secrets would be revealed and made comprehensible to you and the situation on your planet would fundamentally change. But you wander around with the ORGANS of your SOULS *closed* and you are not prepared to start changing yourselves. You want to change, to reform and to overturn everything *but yourselves* even though *this is actually* the Alpha and the Omega of all progress. This is why we continually call out to you: Start to reform and reshape your own selves and walk towards the DIVINE LIGHT, everything around you will then change and turn into LIGHT and love.

You asked us to teach you and to help you in your quest to ascend to higher LEVELS of CONSCIOUSNESS. But who amongst you actually *hears* us? – We beseechingly and lovingly talk to *all* who widely open their HEARTS in the *stillness of meditation* – but our voices *trail off* and do not enter your minds. You call us and when we answer you, you close your HEARTS, because you *don't actually* believe deep in your HEARTS that you could get an answer. Your longing for your OLDER BROTHERS is *not all that great*, the truth is that you want to continue to sleep because you are afraid of waking up, because deep down in your HEARTS you fear the responsibility awakened people have *after* they have HEARD and SEEN.

All inaugurations into COSMIC THINGS bring great responsibilities for you with them. The initiated that *do wrong* are *guiltier* than the ignorant, the sleepers. But you my friends should become initiated in order to help, in order to show by example, in order to turn into archetypes. This is why we ask all of you that are prepared: *Have no fear!* Have trust and wait, as often as you can, for our voices, listen but *also believe* that *we* are talking to you in your HEARTS. Remember: You hear us in your HEARTS, deep down, because this is *the only way* we can catch your attention.

Be aware that all knowledge is hidden within you and it only has to be *awakened* to actually become available. GOD'S SPARK within your HEARTS can answer all questions, but it must be activated, animated and woken up. Those that are advanced enough *to know*, will no longer have questions for us, they will be amongst us and with us and they are *conscious* interplanetary beings like us.

It will only be possible for us to talk to your so-called “minds” when we *visibly* stand opposite one another, when we are *physically visible* as you say. But this is only possible for a specific few amongst you, that is to say, that we can only make ourselves visible to very specific people in your atmosphere this point in time, that is to say, to physically stand across from you. But the time is approaching now where *all of this will be possible*, when we will be able to land on *dark* planets with our higher oscillating bodies. It is actually a case where the atmosphere of each planet is adapted to the inhabitants living on it and the LIGHTER, that is to say, the lighter, the more sensitive and purer the inhabitants are, the finer the aether around the planet where these entities are at home is.

The fact that he cares for his creatures like this, that everything has its order and its correctness is due to the FATHER'S UNIVERSAL LOVE. It is therefore also correct that experienced creatures have the assignment to teach and to help their "little siblings" in their hours of need and with their fears, but this isn't all that easy, because their "little siblings" do *not* want to HEAR or SEE. – Think about this, everything is so simple and so clear! We love you and we will constantly look after you.

There is something else that I have to tell you: When you sit completely *still*, you will clearly feel a specific *friendly-joyful vibration* within you, one that emanates outwards, further and further into the cosmos. Sit often *completely still* and adopt this vibration, allow it to oscillate in you and from you for as long as you can. Virtually train yourselves to become addicted to this vibration because it represents the peace and joy of divine nature. These vibrations are the *forerunners* of the New Age and the more you dedicate yourselves to these forerunners, the *more capable* you become of being able to bear the vibrations and radiations that flow with unimaginable POWER into your bodies.

Those of you that know how *to utilise* this will be able to change their character from the ground up, their whole demeanour will radiate peace and joy and they will be a source of quietude for all the agitated and unawakened. Remember: Like attracts like! Human beings that represent peace and joy attracts more of the same. People who are such an archetype do not need to talk a lot. Everything in their presence will then turn to peace and joy and their RADIATION dematerialises all refuse and everything DARK. – *Every one of you can do this!* Every one of you can become a peaceable and joyful person. The time has come where this is possible for those that are *prepared* to want this.

10th of December 1961 – 9:30 am (Sunday)

It is sad to see how you *waste* the precious ENERGY of you SOULS on the POWERS of DARKNESS. Why don't you want to finally wake up from this terrible dream? Why don't you finally comprehend that all you have to do is to help the GOD of LOVE, the sole POWER that exist of himself, the CAUSE of all LIFE, with your HEARTS – *and you are free* – free, creative souls that are aware of their cosmic heritage and consciously oscillate within the STREAM of ENERGY and LOVE, eternally radiating joy, master over matter. You are called upon to expand your souls. You are called upon to introduce a New Age. *Do not fail!* You still have to wear your physical bodies, because if you didn't require them to serve the HIGHEST, you would no longer need this shell.

But everything physical is *wanted* by the CREATIVE POWER and therefore necessary, but it is only a means to an end and it must be *consciously deployed* and utilised. Everything physical is there to visibly apply and represent the WILL of the SPIRIT. This is why you should *respect* visible life as a gift from the HIGHEST and this is why you should be happy to be allowed to express yourselves though a physical body, ergo that you may adore and revere him through the temple your bodies represent. Therefore pray for all unenlightened souls that do *not want to understand* and forcefully strive *to destroy* everything physical, *to poison* all souls with hatred and malice. Pray for the souls that have succumbed to the DARKNESS and support it in its devilish work of destruction. There is still time to banish this DARKNESS through LIGHT and glowing LOVE.

If only you could *see* what your *hustle and bustle looks like from where we are!* – We are *not* allowed to *patronise* you and we may not – not yet anyway – *visibly interfere* in all the nonsense terrestrial mankind has been and is engaged in. All we ask of you is that you banish all thoughts of DARKNESS from your minds and that to see your beautiful Earth radiantly and peacefully vibrating within the cosmic horde of stars. Imagine peace and harmony vividly in front of your souls and

absorb all DARKNESS with it, thereby loving hatred and malice out of existence. This is the only way you can help. Constantly endeavour to gain access to the DIVINE-COSMIC STREAM, the STREAM that no radioactive energy can destroy, the STREAM that is life itself – indestructible, eternally flowing, penetrating everything, constantly and eternally approachable and absorbable.

Do not allow your souls to be attracted by the DEMONS of DESTRUCTION, let them starve and decay, they are only here when you *nourish* them with the SUBSTANCE of you SOULS. Do not be afraid of the machinations of the souls that serve EVIL, because everything physical under the conscious control of the LIGHT of the SPIRIT, is *immune* against all external negative influences and rejects them.

Therefore, a body that is *consciously* connected to the STREAM of LIFE is indestructible for as long as this conscious connection is *desired* by the soul that inhabits the body. Poisons, produced by hostile existences to destroy the expression of divine life, *cannot affect* a *divinely inspired* body, they are rejected and burned by the glowing STREAM of LIFE. – It is so difficult to express this in words! We therefore ask you *to open* your HEARTS to the DIVINE STREAM, to GOD’S LIGHT and GOD’S LOVE and to help with preparing an end to all ungodly hustle and bustle and to turn your Earth into a BRIGHT planet.

Through the work you do you must find the *technical* indoctrinations yourselves, because every creature requires a *different* path to its COSMIC CONSCIOUSNESS and calamities would arise if all would travel the same dictated path. We help all seekers and all willing people to the degree that applies to them, if their will is *faithful*, *genuine* and *glowing*, if their HEARTS are *devoid* of cravings for recognition, greed for power and fanaticism, when their quest is only to help, to love and to serve with humility and self-sacrifice, with complete and conscious devotion to the *highest* sensible and liveable POWER that you know – namely GOD!

6th of January 1962

Dear friends, you who listen to our words: We battle with all the intensity we can muster for the salvation and enlightenment of you beautiful little Earth. It is a *dark* planet and it should become LIGHT. It is *dark* because its inhabitants do not want to comprehend *what* they are. “LIGHT entered DARKNESS, but DARKNESS didn’t comprehend.” You did not comprehend the things your great UNIVERSAL TEACHERS taught you in simple terms, with clarity and by example. You fail to comprehend the meaning of LIGHT life after life. Try to wake up in *this* life and absorb the LIGHT so that you can maintain all life on your planet.

You were conceived as BEINGS of LIGHT, because only beings that are LIGHT INSIDE and that know how to control their envelopes, their bodies, are capable of carrying their life through all phases and solar systems, are in a position to absorb all vibrations without suffering damage to their physical bodies.

You are BEINGS of LIGHT, so be aware that GOD, the HIGHEST that EXISTS, the LIGHT, the ORIGINAL LIGHT, the ONE that radiates and exists of his own volition, is your *only* CAUSE and that HE is the one that carries and maintains your existence. Therefore: Strive *first and foremost* for GOD’S REALM and for HIS justice and all such things (material things) will come your way.

But what do you strive for my friends? *What do you think about* when you wake up in the morning, when your souls return to your bodies from the WORLD of SPIRIT? Do you listen to the things they tell you from your homeland? – Are you grateful to be alive? – Do you joyfully face all your

experiences? – What do you do? What do you think? What do you desire? – Reflect and educate yourselves, observe yourselves every second of the day and always try to suck in more LIGHT and love, so that you can give it to your siblings, so that they wake up. – Know that *sleeping* souls cannot wake up in the NONE-PHYSICAL WORLD either. Their INFLUX *remains the one* they either *worked for* or missed because they were asleep. Such souls will always be a hindrance in regards to the higher development of all creatures.

9th of January 1962 – 9:30 pm

Imagine the reception of our messages and indoctrinations like this: You cannot receive your radio programs with your camera or with a washing machine, you require an apparatus that is *suitable* for receiving radio signals. The finer and more precise this apparatus works, the better and wider the range of WAVES that circle the globe can be received and rendered.

Every one of you received such a RECEIVER from a wisely planning CREATIVE POWER. Every one of you is a RECEIVER and a SENDER at the same time. But only a few are aware of their glorious gifts in the first place and those that are, do not know how to analyse this possession or what to do with it. What is certainly important is that you learn *to sit absolutely still* and that you *practise* and *meditate* every day – as often as you can. COSMIC WORDS, sounds and images that represent absolute realities will then stream into the stillness of your HEARTS. Once you have found this stillness, once you can *remain still* amidst the hustle and bustle of your world, we will be able to constantly communicate with you, we will have constant contact with you and we'll be able to teach you how to analyse and maintain the RECEIVER *within you*. We can only show you this in images, because there are no words that you could comprehend.

10th of January 1962 – circa 11:30 pm

It is naturally a comfort to the unenlightened if they mean that their bodies would be rescued during a global catastrophe. But the loss of their physical bodies means nothing to those that already live in *two* worlds. They know that the *form* of their bodies is *indestructible* and that it is possible for a *master* to create a visible, compressed body at any time, if it is required for the higher development of all life and if it's a blessing for his yet unenlightened brothers and sisters.

Question : Why should we listen to you at 10:30 pm?

Answer : Because most people are *asleep* or at least engaged in quiet affairs at that time and because they then no longer *think*. Fewer *interfering* thought streams then rise from the respective areas of the Earth and this makes our telepathic communication with you easier than during the day. We constantly send constructive, indoctrinating and loving thoughts to you and this allows everybody to hear us once a day without a great effort.

Question : Why has some *disharmony* entered our circle?

Answer : Because not all of you have comprehended the fact that *only completely selfless love* can *hold something together*. Love is the *cohesive agent* that ties all planets to the sun, the family of solar system to the *central suns* etc. Only where *pure* cosmic love for all life exists can something flourish and produce the purest blossoms. Ask yourselves whether you can still find the slightest remnant of a *craving for recognition* or *dogmatism* and put your own house in order. Be *tolerant* and without fear and know that everything you do serves the progress of all living things – back to their actual CAUSE.

Be selfless and love one another. Everybody should love everybody else, *but the way there are*.

Question : Why do other people not receive anything from you – or only a few of them?

Answer : They do not *want* to receive anything, because they do *not believe* that they *can* receive something. There is still scepticism, fear and insecurity deep in their HEARTS. They should get rid of all of this and they *will* hear us, they *will* see us and they *will* feel our great love.

Question : Why don't you land here in front of everybody?

Answer : What for? To create a sensation for you? – Our mission is to help your *true* BEING to break through and express itself, to send you ENERGIES and RAYS of LOVE to animate your mental CENTRES so that you can find your own individual self, so that you gain COSMIC CONSCIOUSNESS and interact and exchange thoughts with us without a lot of fuss. Everything will be *different* once you *have illuminated* your conscious selves and seeing people from various planets visit one another the way you visit your loved ones somewhere on this planet, will be common place, it matters not whether this takes place with or without a physical body. Both options will be possible and this in the not too distant future. However, the condition is a certain LEVEL of CONSCIOUSNESS of SELF, something you have to *acquire* here on your planet and in a physical body.

The smaller the mortal *ego* shrinks, the more inconspicuous and humble you behave, the more your HEARTS will *open*, the more *wisdom* and divine ENERGY can flow into your HEARTS to awaken and to make GOD'S SPARK within you glow. The more you go INSIDE yourselves, the more ENERGY and glowing love you can give your fellow human beings. – But guard against *egocentricity* and *vanity*, against a *craving for recognition* and *dogmatism*. – A true sage remains *quiet* and shuns all external complexities.

12th of January 1962 – 1 pm

You do like to have others admire your deeds and you feel good when others look up to you. You also do like to have others feel sorry for you over your misfortunes or your arduous way of life. You do like to tell others about your “illnesses” and “afflictions”. You lovingly and carefully nurture all this junk within you and you are then surprised that you are encumbered, troubled and ill. – Do wake up! Discard all false thoughts and imaginations, make yourselves *free* and happy.

Everything is *so simple*, but *everybody* must start, start immediately! Talk about beautiful, joyful things, accept so-called illnesses as a *warning signal* and ask yourselves *why* you are being warned, remove the EVIL and you will be healthy and unencumbered. JESUS said to a sinner: “Go forth and sin no more.” His words are quite simple, and conspicuously clear. Listen to them, abide by them! They were expressed with love for all beings.

4 pm

The images you have seen are agglomerations of the thoughts of terrestrial human beings. Something like this develops from *fear*, *malice* and all the *negative* things that *drag you down*. Like

attracts like – and this is why streams of thoughts *of the same type* amalgamate into unimaginable constructions that can *become actual realities* and also cause unimaginable things within the physical world.

But if only good, beautiful and constructive things are *thought of*, they also agglomerate into a luminous CLOUD that attracts its equal and thus turns into a RAY ENERGY that dematerialises all that's DARK, dissolves it *without* side effects, immediately and totally. But this positive RAY ENERGY must be animated, requested, sucked in and asked for by *you*. These divine STREAMS of ENERGY are waiting to be requested by you, requested by your *pure* HEARTS in order to flood everything destructive with its scorching ENERGY.

You are called upon to create LIGHT in the DARKNESS of this planet. Raise your HEARTS towards the divine STREAM of LOVE, absorb it and then release it again through your HEARTS, mightier and mightier. All of your pining for thoughts of love will then turn into an almighty, purifying WAVE that will sweep away everything that is destructive.

11 pm

Imagine the following: Imagine that everything you call “civilisation” has distanced itself from you. Imagine that all you have are your bodies, your minds and your souls. All of you would stand on Earth in such a situation, indeed carried and loved by Earth, but also exposed to all of her peculiarities. What you represent in such a situation *are you* – each of you exactly what you formed with your body, your soul and your mind.

The further you develop in the direction of the DIVINE-SPIRITUAL, the *less dependent* you become in regards to the transient, the things created by man. This is why those that *have* worked on themselves and *recognised* their true self in the process, never need to harbour *any fears at all*, because they feel that they are the CHILDREN of the HIGHEST and they *know* that they have everything they require to live INSIDE of themselves and that they can get hold of everything they require to proceed with their life. – Think about this, it could be important to you!

13th of January 1962 – 11 pm

I have told you often enough: Highfaluting phrases, fantastic sounding descriptions and versions that only confuse you, make no sense in your minds at these times of change. I will give you outlooks on worlds of whose existence you have no inkling of, but it is far more important to get you going and *to open* your HEARTS.

As I always said: It is the *simple*, seemingly nondescript things that *guarantee* the production of higher insights. But you just don't want to comprehend and act upon these simple things. You run after all kinds of shrewd nonsense and follow different types of fashion fads all the time, and you consider yourselves highly modern and highly educated. I say to you with great urgency: Do what your MASTER JESUS told you and did and do it *thoroughly* and you will be perfect. Extricate yourselves WITHIN from all that is mundane, be *on* this Earth, but not *from* this Earth. Wholly and solely trust the DIVINE-COSMIC VOICE in your HEARTS and don't allow anything of an ungodly, restrictive and transient nature inside.

You can and you should have everything your world has on offer, but not one single thing should have *you*. *You* are masters over terrestrial creation and you decide *what* may *break through* the MAGIC CIRCLE around your HEARTS and what has to remain outside so that you can remain

free, pure and divine. You are allowed to have everything, but you must not crave the things that are transient. – When you *only crave* divine WISDOM and ENLIGHTENMENT, your existence flows *unimpeded* along its tracks and everything that helps to make your lives beautiful and harmonious will be offered to you. You may gratefully accept everything that each of you require. “Those that have will receive more” is something JESUS said. Did you understand this? Understand it and act accordingly! – We love you.

15th of January 1962 – 8:30 am

Well, one either *has it* or one *hasn't*. Those that *have it* cannot say how it happens, because SUPERNATURAL EVENTS cannot be clarified with the sensory explanations of the five senses. And it can certainly not be explained to those that *don't have it*. Only those who *know* can understand themselves and this happens most of the time when they are silent, when they mediate for a long time. But they cannot explain anything SUPERNATURAL to an ignorant person with sensory words, all they can do is remind those that *would* like to know that they have to rigorously work *on themselves* – and that everything will then flow effortlessly, to a higher and higher degree.

There is one thing you have to know and remember: Those that ridicule your correspondence with us and like to drag everything down, verify that they have not yet awakened. They might be scientists or from native tribes, it matters not, they are still asleep and all earthly knowledge will *not* help them. Please, allow them to continue to sleep and to mock. How could they know that you undertake the difficult path to the LIGHT on behalf of those that deride and ridicule you? – Pray for them and send them love to help them deal with their hatred so that they become enlightened and wake up. You can *then* teach them!

14th of January 1962

(Report about *negative* celestial bodies)

A sucking-in effect, but only helpless, ergo LIGHTLESS planets fall prey to them under certain circumstances. The life span of these *negative* worlds is relatively short; because they do not *dispense anything*, they burn up inside and decay... (Comment: Ran out of time to write a very long report)

(Concerning dangerous constellations 1962)

Please reinforce your DEFENCES by *expecting* only good, beautiful, constructive and pure things and by *closing* your ears to all cries of catastrophes. But be vigilant!

16th of January 1962 – midnight

There is *no such thing* as a so-called “End of the world” – unless errant creatures destroy all life of a physical nature on their planet. Every planet is *born* according to irrevocable cosmic LAWS and *dies* one day when it can no longer sustain life. It then dissolves and continues to live in the INVISIBLE WORLD in order to be *reborn* again. The whole universe will be BREATHED IN again one day, as lovingly and harmoniously as it was BREATHED OUT, softly and lovely. Everything, and I mean everything, is subject to the alternation between activity and rest except the CAUSE of all causes: GOD, the ORIGINAL SPIRIT, ergo ABSOLUTE LOVE. The ABSOLUTE SPIRIT eternally exists from within ITSELF.

But we cannot and should not yet comprehend these miracles, we can only unsuspectingly imagine them and look at them with awe, to the degree our LEVEL of EGO-CONSCIOUSNESS allows. We also know that we *know nothing* and that we can only suspect the great, infinite coherences – and when we think we know something, new insights and vistas open up for us, eternally new and different. Everybody sees everything from *their* spiritual point of view, they only see the things they can recognise and comprehend and *this* is right for everyone. The higher our consciousness twists and turns, *the clearer* we can see the coherences in their diversity and recognise the wonderful order and legality that eternally prevails *behind* the incredible entanglement of the VISIBLE WORLD. – Think about this and sense how large and how small you are.

19th of January 1962 – from 4 pm onwards

My friends, you ask us over and over whether your often described “*End of the World*” will happen this year? We see how thoughts of fear and dread increase and agglomerate. We SEND you our thoughts, but who amongst catches them with a yearning heart? – Even though we direct them at everybody, it is an *incredibly small* number. – Listen: *Nothing* of what your greedy press predicts will *eventuate*. *Nothing* of what your greedy and sensation seeking writers predict will *eventuate*. *What happens has to happen*, because it is part of the higher development of all life and it will happen the way a loving father gives his children a lesson. It is however up to you to either accept or reject the indoctrinations of your FATHER. The free will to decide has been placed in your HEARTS, now use your birthright *correctly*.

See, to believe that certain people, those belonging to certain sects, will be “saved” once *global changes* take place on Earth that will change the geographical picture of your place of residence, is *nonsensical*. Only your common senses and your solidarity with the FATHER who constantly talks within you can save you if such natural events should take place. Life in itself is and remains indestructible and you *are* life – life borne by the divine WILL and eternally maintained by it. Just remember that your physical body is only an apparition that is perceived by the physical eyes and the five senses, one that is required to make you ever more similar to the ARCHETYPE of all LIFE. But your *true* existence will *never* pass away with your present body and *never* pass away with the many bodies you will occupy in the future.

Expand your horizons, think purely *cosmic* and attach yourselves to the DIVINE-COSMIC STREAM who is also capable of preserving your physical bodies, your presently visible abodes. Your great loving MASTER JESUS ordered to storm to abate. He smoothed the waves... These are *no* fairytales, these are realities that are possible to those that *know* the FATHER in the deepest depths of their HEARTS and *allow* HIM to act and *not* their small, transient *ego* that is only advised by the five senses. – Those that have learned to listen INSIDE *infallible* do the right thing within the realm of the physical, because the SPIRIT is the *primary* factor and everything physical can only be controlled by the SPIRIT. The SPIRITUALISATION of physical matter *is your aim*. Everything strives for SPIRITUALISATION and yearns for it, you, your Earth and the whole cosmos. – Contemplate this! We love you dearly.

22nd of January 1962 – 4 pm

Now is the time to constantly elevate your thoughts and to maintain your vibrations within you as high as possible. Absolutely *avoid* all talk about *negative*, *destructive* things and endeavour to treat all human beings in a *loving* and *friendly* manner. It is specifically important now that lots of people should endeavour to gain a happy, lovingly-kind BASIC MOOD for their SOUL. Be implacable in regards to yourselves and immediately eject everything negative from your thought processes.

Throw it out before it even creeps into your thoughts. *Be alert!* – It is important!

A person who is joyful and balanced, controlled and alert inside, is a *haven of peace* in its agitated environment. The more people endeavour to become *havens of peace*, the more *balanced* mankind will be. – *Unenlightened* people are targets and playgrounds for all NEGATIVE STREAMS, they are being pulled to and fro by them and devoured. These people are part of the masses and wonderfully easy to lead, but only by EVIL, by the destructive. The more people you can RADIATE away from the masses, the more you can *calm down*, the sooner your planet will turn into a haven of peace and quiet. Because everything, whether good or evil, whether constructive or destructive, is solely created by human beings through their behaviourism in regards to the COSMIC-DIVINE. – Do what your HEARTS tell you and listen to your INNER VOICES. Consciously take only the *invigorating and positive* from the COSMIC STREAMS that constantly flow around you and allow it to have an effect in your HEARTS.

24th of January 1962

ORIGINAL-KNOWLEDGE is the knowledge about the last, *subsumable* things for visible entities. Every creature has this knowledge about its development, its meaning and its purpose deep within its HEART-CENTRE. Once people awake, the light will shine on one wisdom after another and one truth after another will be born from the just recognised truth – and endless chain, a blessing and a joy without end. More and more new things will become clear and visible to the *awakened*, they gain an insight into all well-ordered events and they learn to love it and to humbly observe it. The space within and around them will grow brighter and larger, they become similar to the FATHER, the CREATIVE FORCE, the UNIVERSAL SPIRIT and their vibrations grow higher and purer all the time. But they will also become ever *more sensitive, more refined* and they will also become more aware of their great responsibilities in regards to every living thing, everything that has been revealed. Therefore, when you my friends are on the path to the LIGHT, you must be *alert* and aware of the responsibilities that you have, because you have the knowledge. – We love you.

25th of January 1962

Question : Shall I continue with staying open to you and write when you talk to me?

Answer : Write – and if only *one* of you fellow men hears our voices and endeavours to understand and live accordingly, you will have done your duty.

26th of January 1962

If we were *not* actually filled with COSMIC LOVE – we would not try to correspond with you. You call upon us and you want to be indoctrinated and advised, but when we talk to you and teach you, you *doubt* us, you *smile* and then you *fight* and *feud* with one another. Love one another and try to improve yourselves, all of you should try to be *positive* and turn into a *harmonic* whole, one radiant “human being”. We love you!

10 pm

We know of a number of planets where a kind of *fine rain falls* all the time. Their inhabitants have an *olive-green* complexion, but they are indeed *beautiful* beings that are always happy and balanced. They have sunlight-bright lamps inside their large houses, houses positioned over glorious gardens, and they are fed by soaked up sunlight that magically shines the otherwise never seen sunlight into

their houses. They are however aware of the sun and the stars and they are able to observe everything outside of their planets with astutely constructed instruments. They also have spaceships and these are used to travel to light and solar systems, but they only travel in order to enjoy the rays of their respective mother-sun that can indeed be felt on the planets, but can never be actually seen.

Some of them have atmospheres that are *eternally milky, misty*, but are still penetrated by their respective sun, however never quite clearly. One could call this a greenhouse atmosphere. Its inhabitants have a *delicate, fine and very light coloured* skin and they look like miracle flowers, so beautiful and spiritual, and they are so indeed. They also travel to other planets, but they can never remain too long away from their mother-planet, because they require this greenhouse air in order to maintain their vitality.

There are only a *few, very few* planets within the universe known to us that are bereft of any kind of life and there is a specific reason for this, they serve educational purposes. Outdated planets dissolve or they are being sucked up, disintegrated, broken up into their atoms or atomised.

27th of January 1962 – 10 pm

Your so-called “modern products” are harmony that has been destroyed. You have *destroyed, disassembled* and *changed* everything that has been so wonderfully presented to you – and this to your detriment because it makes your lives more difficult. You misunderstood your CREATOR’S LOVE and what you call “progress” and “culture” is the work of *hostile* ELEMENTS who try harder and harder and with unimaginable intelligence to tie you to physical matter, to occupy your minds more and more, to awaken your craving for terrestrial things and to keep you away from HIGHER INSIGHTS and from the DIVINE-COSMIC STREAM.

This PERIOD of DARKNESS, of temptations and alienation is forced upon all humanities on *dark* planets. Some of the inhabitants of these planets do *not accept* this and this turns their planet into SHINING planets sooner. But most of them accept it and traverse through it until they put an end to it - when favourable cosmic RADIATION prevail – and when they come to the right conclusions and transform. Everything will then fall into their laps, everything will be offered to them in a loving-serving way and a life filled with beauty, harmony and incredible abundance and capaciousness – a *cosmic* life – will unfold.

However, if this benevolent RADIATION is *not* accepted, but *consciously destroyed* or transformed into EVIL through your HEART-TRANSFORMERS, you will no longer have the capacity to imagine what’s ahead of you. – We know of one planet that goes through this phase and we would like to show it to you in images: So-called physical life continuous in bodies that are *no longer humanoid* and they *painfully, terribly* drag themselves through their lives, no longer capable of turning towards the divinely redemptive, but they will not become extinct in spite of this, because they *have to* incarnate in these deformed shapes until they are found *worthy of* redemption.

30th of January 1962

There are in fact no limitations and no boundaries. Space is limitless, DIVINE INTELLIGENCE is limitless and DIVINE LIGHT is limitless! Learn to comprehend this and discern that no boundaries are set *for you also* whilst you climb up the path to the LIGHT, to UNIVERSAL LOVE, that no boundaries are set for you when it comes to recognising new truths and COSMIC LAWS. – A lot of you build walls around themselves and limit themselves. They think that the body that is encased in skin is them – nothing else. But you are *far, far more* than a body consecrated to decay! The truth

is that every soul reaches far out into the cosmos and that every soul oscillates within the DIVINE STREAM to praise HIM and to please HIM.

7th of February 1962 – 10 am

Close your eyes for a moment and imagine how your Earth and all the other planets race through a star-studded universe at an incredible speed pulled by your sun, just like all the other suns and their children traverse space by eternally rotating, without cessation, without rest – *eternally* – until the INFINITE, UNIMAGINABLE, ETERNALLY EXISTING once again INHALES all life, and after having it rest within itself, EXHALES it once again one day. – Incredible periods of time, unimaginable processes of life – but you still have to accept from all of this that you are a small part of this life, that all of you are a *totality* and that none of you can separate themselves from this PERPETUUM MOBILE, whether inside or outside a physical body. All of you, all of us have to resonate and co-exist until the end of days, a particle of the DIVINE, a drop from the ocean of eternal abundance. Imagine this often and realise how senseless your *petty* and *mean quarrels* and *bickerings* are, how useless and ungrateful.

You ask us how the things that you do on your planet *look* from a *higher* vantage point. – If we were not filled with so much compassion and love for you, we would have to laugh about all the nonsense you get up to! All the ENERGY you waste with fighting and hoarding could be utilised to turn you into and maintain you as *cosmic beings*. *Free* and not tied to a planet, you could travel around, look at all the wonders of the cosmos and make friends with inhabitants of other planets. – But you *crave for things that are subject to decay* after only a short time. You do not look to the stars. You look downwards to mundane things and you consider them “possessions” that you can do something with. You begrudge *others everything* that springs from this Earth that is in fact *nothing* and once you have it you want another *nothing*. You are not even aware that you possess the whole cosmos in your HEARTS and that everything is ready to be revealed to you, if you would only act rationally. – We love you.

6 pm

We know of a planet that looks similar to yours on the outside. It is the home of a humanity that *only smiles*, forever and ever *smiles*, it is never noisy and it never fights and bickers. Through an influence that we are not exactly familiar with, one of its rulers decided to be *louder* than all the others and he began to quarrel and to bicker with his fellow men. He did however realise the absurdity of his behaviour after a very short time and decided to right this injustice. He and his family boarded a spaceship and they flew to planet Earth where he destroyed his ship and lived there ever after. His progeny turned into a great people. But the constant smile turned *into a mask*, it *froze*, but the yearning for their home planet remained in the HEARTS of all “*Chinese*”, as you call this alien race from the stars, because they are and remain different from all other peoples on Earth in every respect. Their fine art and peculiar way of life is still a remembrance within their souls. But those that were here on Earth can no longer incarnate on their home planet, because they had to adopt the DARKNESS that reigns on Earth. Only a few souls succeeded through conscious cleansing of their SOUL’S ORGANS to escape from Earth and to once again live on the “planet of the eternally valid smile”. It is a shame that we cannot even take you *consciously* in your ASTRAL BODIES to all your brothers and sisters. We would dearly like to show you the things your present level of consciousness allows you to comprehend.

Every night whilst you think that you are asleep, the INVISIBLE PART of your body wanders away from the atmosphere around your Earth and strolls marvelling through the great universe to then

return to your physical body fulfilled and indoctrinated. But your soul cannot explain everything that it experienced to your mind, because it *sleeps* –it is *closed* and it obstructs everything its five senses cannot perceive. Therefore my friends, try to awaken, to strengthen and to open the EYES and the EARS of your SOULS. You will be able to experience all the wonders that you are capable of grasping with these ORGANS and you will be able to absorb them into your “waking consciousness” as real experiences, you can then look at them and learn from them.

10th of February 1962 – 2 pm

GOD’S TREASURY is so vast that he can maintain the viability of all life in its immense abundance. My friends, why don’t you want to comprehend this? – When we see you haste and chase after your daily bread, see how you squint at your neighbour and think that he takes something away from you, see you envious, resentful and malicious, fearful and faithless... Well, we could really help you and pull the veils from your eyes that stop you from recognising the truth. Act free and joyful, sense all that love and abundance that is at the disposal of those that will take them, those that will knowingly and demurely demand them.

The CREATOR’S SPIRIT does neither want to hear *jabbering* you learned by heart nor *empty words* from you, whimpering and lamenting helps either. Demand your rights, take from his infinite abundance, breathe-in his glowing love and assimilate the fine, creative AETHER of LIFE. Everything is here, everywhere and always present, always available. But as we told you before: Nothing can flow into a *full* bowl. When your HEARTS are *full* of *worries, envy, fears* and *uncertainties*, there is no room left for what is your BIRTHRIGHT, for what is your constantly offered property and your UNIVERSAL FATHER, the UNIVERSAL POWER and UNIVERSAL LOVE, *cannot* pour his gifts into your HEARTS. Clear all that junk from your HEARTS and clean up, because everything you need to represent GOD’S radiant, free beings, something he desires you to be, will then be there. Every creature has the right to walk on your planet like a god – *each and every one!* Because life is GOD and GOD is life.

12th of February 1962 – 2 pm

The *further* your consciousness expands, the better position you will be in to perceive your *true* environment. The deeper you delve into your INSIDES and the more *spiritual* your characters become, the more aware you become. But you must *gain* your insights *yourselves*, because if we were to show you everything *we* see, hear, smell, taste, feel and learned, you would *lose* what you call your “minds”. Only once one insight has been assimilate can the next one follow!

You walk through WORLDS that are INVISIBLE to you the way you are flooded, penetrated by an infinite MANIFOLDNESS and the INVISIBLE. Don’t think that the human, solid and physical life form is the only expression of life. It is just *one* of an unimaginable number of expressions of life, the *one* form your consciousness is generally and currently familiar with. But you don’t even know *what* and *who* you are. You are not aware of the power that rests in your SOULS’ BODIES and you can therefore not utilise it accordingly. You fill yourselves with food and drinks, you slave away and worry – but all of this isn’t necessary! Open your HEARTS and seal your mouths as best as you can. Look musingly and longingly at Mother Nature and your HEART-CENTRES and more and more will be revealed to you.

Whatever touches you HEARTS, you don’t really think about it or listen to it. With all that hustle and bustle to chase after the things you have, you don’t see your inheritance. Think *correctly* or better still, don’t think at all – *feel, hark* and *listen* – and everything around you will be right and

harmonious. When you talk and think absentmindedly, everything around you, everything prepared to give itself to you, must also be scatterbrained and absentminded, everything around you must also be disharmonious and erratic. But if you look contemplatively INSIDE yourselves and allow GOD'S LIGHT, love and life to grow INSIDE, everything comes to you of its own accord, attracted by the divine-loving rays and glow and everything around you will be harmony, beauty, a truly divine life. – Try this, try this over again, undaunted and stoutly.

Take dogs for instance: They try to nip and bite those that act fearfully and agitated around them. But when you approach them calmly and lovingly, they allow you to stroke them even if they are usually snap happy. – Practise inner quietude and inner peace as often as you can and everything will radiate, stream and flow from INSIDE to the outside. – We love you.

4 pm

I have told you this once before: Every inhabited planet has an atmosphere that *filters* and prepares everything that comes from the cosmos so that all unfolding life on its surface can exist, all types of life, visible or invisible. But if through wanton human hands, because only life within a solid, visible body can commit wanton acts against the visible and invisible, nonsense and sacrilege is committed against the lovingly prepared protective atmosphere and it is destroyed and turns disharmonious, radiation from the cosmos can penetrate and hinder mankind's expressions of life to a higher or lesser degree, actually even destroy or deform life. But when a human race oscillates and lives according to the DIVINE-COSMIC LAWS, it only encounters *life-enhancing*, invigorating cosmic RADIATIONS, those that are extremely wholesome and pleasant for all creatures.

When you damage the skin of a fruit, it will rot. When you interfere with your atmosphere through constant nuclear explosions, your bodies will suffer damage and this will become a great burden to you. The guilt the people amass, those that *conceive, execute, allow* and *support* such things, is scandalous and we only hope that they may finally realise what they do and on behalf of *whom* they act.

(Concerning food)

No potatoes if at all possible. – Only carrots, radishes and medicinal roots from the soil.

15th of February 1962 – 10:30 pm

Question : Why don't you help us by *showing* yourselves to *everybody*?

Answer : We acknowledge your question and we say to you: Of what use would it be, if we would give you a variety performance? What could be gained from it? – *Nothing!* We will do what's necessary when the need arises, but you mustn't take your little planet *too* serious and give it *too much* importance. The things we want to tell you are difficult to explain. One cannot read *Homer* or *Goethe* to an infant – whilst it sleeps gloriously. Do you understand this?

We love you, but *not only you*; we love *all* life and *all* living things. A number of our TEACHERS have close ties with your planet Earth and they ceaselessly endeavour *to teach* you. Other planetary human beings *monitor* you, because you cause mischief with nuclear fission and because you are on the trail of laws of nature and nature's secrets for whose knowledge you are morally not mature enough. Whilst other planetary human

beings are generally interested in small, *dark* planets – lots of beings are interested in *all* the planets but only out of curiosity. And it goes on and on. You take yourselves *too serious* and you don't see us in the *correct light*. We don't have to prove our existence to terrestrial mankind. Human beings from various star systems have consorted with one another in various way through friendly exchange since time immemorial, so why should this have to be verified? Open your eyes and look up. How can you *see* us when you're asleep? How can you *hear* us when you're asleep? Must everything pelt down on you with a clap of thunder before you finally wake up? Must everything be sensational before you accept it as the truth? And for how long will you consider it as the truth when one sensation isn't followed by another ad infinitum?

My friends, leave it up to *us*, we know what we have to do and believe me when I say that we do the right things because we love you. We also love those that deride and ridicule us. "Lord forgive them for they do not know what they do!" your MASTER JESUS, our beloved NAZARENE, said and this is how you should think about us. Smile about all stupid attacks and give those that want to spoil things for you, because they are ignorant and asleep, a radiant smile, it matters not whether they call themselves "professors" or something else. *Never argue* with those that *eschew* the truth, quietly and radiantly walk along your path. Let them scream and bellow, they are instruments in the hands of DARK FORCES that eschew the LIGHT and the truth and they turn against everything that walks the path towards the LIGHT and the truth.

18th of February 1962

Question : Can you see whether your words have lit a SMALL LIGHT in some people?

Answer : How could you ask? We can see all SMALL LIGHTS glow and we are pleased to see even the smallest new glow. We do *not see individual people* the way you do, we see you *completely differently*, even though we are in a position to see you as individual people with a name, if we wanted to.

8 pm

Question : Will there be more catastrophes the like we have seen here and that brought such misfortunes to a lot of people?

(Comment: A severe flood hit Hamburg during the night between the 16th and 17th of February 1962. Dams broke and 315 people died.)

Answer : We see such events *differently* from you. Yes, they will repeat themselves, but we are not authorised to tell you where and when. But as we have told you before, all of these natural events or catastrophes are there to remind you that you thought and acted *incorrectly*, that you *idolise* physical matter as a constant, solid and absolutely reliable too much, that you *sleep* and you are only lightly CLAIRAUDIENT. Every planet lives and expresses its life somehow, it changes inside and outside, but it *warns* the fauna it carries so that it might protect itself from loss and injustice.

The loss of material things are not a loss for us and for your "Mother Earth", because all of it is not that important and can be replaced. You must *learn to think differently* and realise *whose* creatures you are and *who* sustains you.

Be alert and listen to your INNER VOICE! Above everything else, do not think day and night about what *could* threaten you, you only promote the *materialisation* of such things, of things you think about. You should rather imagine your beautiful Earth radiant with happiness and basking in the sun. Mentally create glorious cities, spaceships, houses or something else. Love your Earth in thought so that it becomes *healthy* and *quiet* again, so that its wounds close, wounds an ungodly humanity inflicted and still inflicts on it. Cleanse the atmosphere that lies disturbed and poisoned around it with your thoughts. Every positive and blessing thought can contribute towards creating order and harmony *on, in and around* the planet you live on and also contribute towards making life happy and virtuous in the eyes of God.

Everything is *entirely different* from the way you profess to know and, whether you want to acknowledge them or not, irrevocable cosmic LAWS do exist and every catastrophe, ergo everything that seems to threaten you, is only the *result* of your anti-cosmic thoughts and deeds. Let it be a lesson to you, namely that people with ungodly thoughts are akin to “nothing” when confronted by the forces that arise from the divine LAWS of CAUSE and EFFECT you call “natural disasters”. Realise that these “natural disasters” are the *materialisations* of your thoughts when they are *turned away* from the DIVINE.

Pray for all the creatures whose fears and distress you co-caused and help, in as far as it is possible for you, *to protect* all life. Give thanks for being allowed to remain at your usual place and send a thousand thoughts of love and warmth, of peace and harmony and make them flow around those that want to help you to finally bring calmness and enlightenment to your planet. – We love you and we bless you.

19th of February 1962 – 4 pm

You must first and foremost resign to and know that we – all of us – are *materialisations*, conceived by a great, shining POWER you call GOD, a GOD that is unimaginable to us also. This GOD is *not a person*. There are however a lot of *god-like* ENTITIES who experienced the material world, that are able to re-materialise, ergo turn into a *person* once again. These ENTITIES are approachable if you call upon them. They only wait for an opportunity to teach you and to advise you. GOD’S POWER is however *eternal* and constantly within you, within every atom. This POWER is life itself, its cause and existence. This DIVINE POWER, *everything* is impossible for it, must only be acknowledged, life-promoting and humbly grateful.

21st of February 1962

Nothing is good or evil. Good or evil are only prejudices for you. You regard the things that you *like* as good and the things you don’t *understand* as evil. Vibrations exist within the COSMIC-DIVINE that are life-giving or hostile, elevating or depressing, striving for the highest or striving for slower vibrations and so on.

GOD’S LIFE-LOVE-FORCE knows neither good nor evil, it oscillates in *every* living thing, whether you call it “good” or “evil”. Everything that is alive is maintained by GOD and conceived by him. Please, do not have the arrogance to think that you can judge and assess *what* is good and *what* is evil and also *what* is life-giving and *what* is hostile. Any creature must have achieved a *very, very high* level of insights to be able to discern this.

24th of February 1962 – 10:30 pm

The layer enveloping the Earth called “atmosphere” is generated by the Earth’s radiations and kept in place through its own rotation. Cosmic RADIATIONS *press down* on the outer cortex of the Earth’s atmosphere and condense it. It is the Earth’s “breath”. When the Earth is healthy, its breath is also healthy and if it is ill, its breath is also ill. The planets throughout the cosmos breathe the cosmos *in* – and breathe their own atmosphere *out*.

It is now up to the creatures living on the respective planets to decide how to behave, whether they want to *brighten, invigorate* and *lovingly serve* the planet they live on and thereby maintaining its health or whether they want to make it ill through their unreasonable behaviour. When the population on a planet is pious, light, bright, friendly and happy, the breath of the planet it lives on is also pure, precious, light and promoting life. But when the population of a planet on the other hand is malicious, alienated from GOD and hostile, its planet will become ill and its atmosphere will become poisoned and hostile also. It is therefore always in the hands of the inhabitants of any planet to turn their abode into what they *are* themselves. – It is the same situation with planets as it is with people’s places of residence, namely that the planet has the kind of atmosphere that prevails in the homes of most people that inhabit the planet, ergo prevails in their HEARTS.

10:40 pm

The fact that you do not understand us the way we would like you to, is a shame. Why don’t you open your HEARTS and your SENSES full of trust? All of you can understand us and all of you can receive our doctrines. We could spare you and help you to relinquish lots of little worries, lots of so-called illnesses and life-interfering habits through our advice. You torment and stress yourselves and we want to help you – but you don’t listen! You have indeed been told everything, but you understood *little*, you ridiculed your *magi* and *masters* and you *listened to charlatans* instead. You *made* everything simple *so complicated* and incomprehensible that nobody can do anything with it anymore.

26th of February 1962 – 10:30 pm

The way ONENESS turned into multiplicity, multiplicity will once again become ONENESS. Multiplicity is therefore just an *expression* of ONENESS and therefore a transient apparition. Only the eternally resting ONENESS that contains everything exists forever.

27th of February 1962 – 8:20 am

There are things between Heaven and Earth that seem incredible to those that have not personally experienced them themselves. But those that have experienced them *must think carefully* about whether their higher insights, experiences and adventures within their environment should be shared with those *that were not yet allowed to experience them*, so that their fellow men should not be scared and confused. All great adepts often had to remain *quiet* during their whole terrestrial existence and only try to enlighten other human beings through SENDING thoughts of truth – exactly the way we do it.

2nd of March 1962 – noon

My friends, know that your thoughts and your yearning for the truth can never be great enough, never be loving enough, never reach far enough and never be glowing enough. The time has come

where all human beings can advance within the eternal SPIRAL of UNFOLDMENT towards their CAUSE and this a number of LEVELS higher. But also know that all life must be entrained upwards and that no gain will come your way, if you endeavour to strive for higher things *alone*. All who know about their divine ancestry, about their significance and INHERITANCE that can be found within their HEART, must also know that they do not exist individually, but that as a part of life they are *co-responsible* for all life that co-exists with them within the DIVINE.

You, who are awakened, must therefore guard over your fellow men that are still asleep, enveloped in the *illusion physical matter* represents. Be careful with them and only gradually wake them up with your wisdom, so that they do not get frightened. A flower also only gradually opens itself to the light and if you were to forcefully open its bud, you would tear its delicate petals and destroy its glory. Everything must take place organically, *one thing after another*, and unfold slowly, but steadily. This also applies to human souls, especially the souls of the *unawakened*.

Have you ever observed how blossoms open faster when the warm sun shines and how they keep closing when they're subjected to the cold and the frost around them? *Be like suns*, be glowing hot and bright suns for your fellow men, so that the BUDS of all SOULS open, open to allow GOD'S SPARK in all HEARTS to begin to glow, thereby allowing all RUBBISH and DARKNESS therein to escape from all HEARTS and all human beings will live - think – act a life turned towards GOD that cosmically oscillates to honour him.

We live like this and there are none amongst us that require our support. All here with us *know* where they belong to and all hope to be allowed to recognise ever new aspects of the ONE SINGULARITY, the CREATIVE POWER with humility and gratitude. Everything rest within him, and all ever so eminent ENTITIES can only guess *all the things* that can and will flow from HIM. His multiplicity is unimaginable, unlimited, unthinkable, because all our thought processes already represent limitations. But realise that all this multiplicity and power, all light, all love and the unimaginable vastness and wondrousness rest as a part of him in the form of GOD'S SPARK in your HEARTS, as your life as it were.

He is *all* life and there would be no life at all without his CREATIVE BREATH, nowhere and never!
– GOD is life and life is divine!

Realise this and have reverence for *all* life, love *all* life, because your love for life is *your gratitude for him* who sustains your life. Love the sleeping and wake them up with the sunbeams of your love so that they may also learn again to love – learn to love and gratefully bless all life.

2 pm

Question : Why isn't this told to those that should hear it, those in responsible position, our leaders for instance?

Answer : Because they don't *want* to hear us, because they don't *want* to open up to our love and because demonic ENTITIES of great intelligence and shrewdness can and do control them. We may not coerce any living creature with means that are well-known to us! We are only allowed to *urge* you and try over again to intrude into lots of HEARTS so that we can be heard.

As you can see, we may not open blossoms by force, we must patiently wait until they open up and display their glory. But when the frost called greed, egotism, craving for

power and avarice falls upon these blossoms, they will wilt away without blossoms and without bearing fruit. Therefore make sure that you EMANATE as much warmth as you can, so that no frost can cause a calamity. The more warmth, love and understanding you *emanate*, the more of the same will be attracted by you from the cosmos. The more you emanate, the more will emanate from outside into you. This is a DIVINE-COSMIC LAW.

JESUS said: “It is more blessed to give than to receive.” And: “For whosoever has, shall be given.” Therefore *have* and also *give*, and give to those that do not yet know that they also *have*. I always say to you: Do not limit yourselves, do not bury yourselves in established ideas. Remain eternally *open* for new revelations, do not wall yourselves in, be an eternally flowing, eternally changing, thousandfold life. Everything flows, also allow all life to flow and pulsate through you, be manifestations of the eternally flowing, scintillating life. Do not allow yourselves to be *harden* by concepts that were conceived by entities that want to arrest and hinder progress, ergo higher development. Avoid all tenseness and it matters not whether you call yourselves young or old. Old or young are only your shells, your souls possess *neither age nor gender* – they are eternal, were eternal and will always be eternal.

4th of March 1962 – 10:30 am

A *scientific prayer* is the conscious connection to the life-supporting DIVINE STREAM that flows through everything, indeed everything that is visible and INVISIBLE. This is why it is so incredibly sad that journalists, as instruments of the hostile hordes, laugh and ridicule awakened people who *consciously pray* for peace and harmony and the avoidance of catastrophes. The *hostile INTELLIGENCES* know about the POWER of conscious praying; it means their dissolution, it threatens their existence and it means their destruction. This is why you should practise these *scientific prayers*, this simple but hopefully constant connection with the STREAM that supports you. Everything is so simple, but you allow yourselves to be *misled* and you make everything simple and wonderful *more complicated*. Call upon HIM in your HEARTS and produce STREAMS of LOVE that grow mightier and mightier and neutralise the destructive more and more. – We ask all of you to contemplate this and to help with maintaining your beautiful planet, the home of so many souls.

You know that your thoughts amalgamate into mighty EXISTENCES and, like an avalanche, attract and drag with them the same type of thoughts and that these imagined things *materialise* in your physical world from the WORLD of SPIRIT. Now if great, hot and positive LIFE-LOVE-STREAMS are produced, they neutralise these glowing STREAMS that will and must materialise and nothing will happen that would otherwise have happened if these STREAMS of LOVE had not been released through *prayers*. Let all of this confront your souls for once and do get to know the LEGALITIES that apply throughout the cosmos. Everything is simple and clear. Ask us with your HEARTS and we will explain everything that you have to know in images – but *you* must ask!

Be aware that there are a lot of young planets that are just beginning to develop life on their surface. To see how everything develops and grows, how everything flows and transforms spiritually CONCEIVED by the CREATIVE POWER into matter is wonderful to behold. We can observe all the stages of the development of conscious life on the various planets, an *enormous* TEXTBOOK, an unimaginable song of praise for the ALMIGHTY UNIVERSAL SPIRIT, for GOD, the original origin of everything that exists.

Listen within yourselves, *sit still* and you will also be able to SEE, to HEAR and *to experience* all these uplifting and wonderful things. Isn't this *more* desirable than everything that's worthless, than envy, hatred and jealousy, than everything that so *parsimoniously* small and dumb fills your HEARTS? Begin to think and act *cosmically* and on a *wider scale*! Take control of yourselves and your lives becomes worth living and you will become aware *what* life is and *what* it means to be alive. – We love you and we send you thoughts of love, always and every second of the day. Catch them!

6 pm

You must fulfil the life you were given on your planet on the one hand, but your souls can simultaneously investigate and look at the real SUPERNATURAL WORLDS in other DIMENSIONS on the other hand, something your souls desire to see, to hear and to experience. They can bring all of this back to you and they can try to tell it to your minds, so that you can actually absorb it in your brains and minds without the intermediaries your five senses represent. Your souls gradually create their OWN ORGANS according to nature when you give them the opportunity and when you *open* yourselves to the work they do by *controlling* your five senses so that they *don't* order you about. We already talked about this...

8th of March 1962 – 9:20 am

You must get to a point where everything disharmonious *in you* and *around you* will become harmonious through your thoughts.

6 pm

Yes, *we* are human beings also, but we can move at *various densities*. This isn't difficult for us, but it is necessary to have control over one's body to a degree where it becomes possible to wander through the universe unhindered to then continuously discover new things that allow us to recognise and to gratefully love the MIGHT and AUGUSTNESS of the ONE SINGULAR CREATIVE POWER. Sit *completely quiet* and silence all your prejudices by contemplating this: Who wants to destroy *whom* or *what* with the weapons, bombs and super-bombs and all other silly stuff that were created through such an enormous effort? Who did such an injustice to whom that all of this is necessary? – All that your so-called "responsible people" do is utter *nonsense*. It would be nice if these human children would begin to get rid of their negative prejudices, if they would begin to see in *every* human being a sibling and if all leading human beings would emanate peace, joy and harmony instead of instead of malice, threats and fear, after they have *become* peaceful, joyful and harmonious themselves. If one were to omit all hatred, greed, craving for recognition, craving for power, dogmatism, physical urges and mendacity from the thoughts of sentient human beings, your small, scenically so beautiful planet would be a paradise!

9th of March 1962 – 10:30 am

When you give, never *expect gratitude or counter-gifts* from your fellow men in return. JESUS said: "Do not let your left hand know what your right hand is doing." Do the same my friends. Give because of the pleasure of giving and give with both hands and from the HEART! You don't know how sorry we feel for you when we see you trying to gain favours with your worthless, transient junk. How you want to take money of unfortunate people for your *old* things, for things you no longer consider good enough *for yourselves*. Be ashamed to the core of your HEARTS and change your habits!

All that junk around you that you take so serious is *nothing* in the face of divine love. You are entitled to have everything that you need, but when you *have your fill*, *give some* to your fellow men that do not yet have any, even if you consider them unworthy of having it. *Everyone* is worth helping when one sees them in distress and squalor, even if they have wasted their property and their health in an unwise fashion. Believe us when we say this! We see everything from a *higher* vantage point and those of you that are waking up, get used to looking at everything, I mean everything, from an ever *higher* vantage point with calmness and wisdom. Therefore look at giving and taking from *above* also and all that boondoggle and narrowmindedness will fall away from you.

JESUS said: “What you do to the least amongst you, you do to me.” You have no idea of how wonderful the NAZARENE really is. You have no inkling about the eminent, pure ENTITY that incarnated amongst you 2,000 years ago. If you could sense this, you would cry tears of happiness and joy, namely that he loves you and your Earth so much that he foregoes such a lot of glory *because of you*. – Call upon him, ask for his help in times of stress and for help with your spiritual progress. He *awaits* a call from your HEARTS and he will wait until your planet has turned into a *bright* planet and all life upon it oscillates in harmony with infinity. His LIGHT FORM will *then* walk amongst you *visible to all* and you will stand face to face with him, of *one* HEART and *one* mind, just like us. – We love you!

11th of March 1962 (Sunday)

Do not hold back any longer, open your HEARTS to allow ACCESS to the consciousness-expanding STREAMS that can and should brighten up everything around you. Everything is so simple! The only thing that hinders LIGHT’S ACCESS is the reticence of your HEARTS!

14th of March 1962 – 1:30 pm

You will only feel *true* joy when you *give* true joy to *others* and you will only find the true fulfilment of your life in *helping others* to fulfil their existence and by sacrificing yourselves, by joyfully and self-evidently devoting your time to others, to everything that has an existence. Everything you desire *only for yourselves*, be it of a physical or ideological nature, will drag you down, encumber you and hinder your progress. But everything you request and acquire to drag everything with an existence *higher* and to bless it, will *also* drag *you* higher and higher towards ever finer divine vibrations of love. The moment you desire something *just for yourselves* you seclude yourselves from the STREAM of LIFE and you fall prey to *separation* – to sin.

An *awakened* human being only requires a *little push* from outside and a flood of real insights and realisations will open up INSIDE. And your five senses should help you recognise, *on hand of occurrences within the outside world*, all INNER spiritual coherences. Your environment, from the tiniest revelation to the cosmos, represents a wonderfully *concise* textbook and if you know how to read what’s in it, you no longer require any kind of indoctrination.

Everything written, even the things by the greatest masters, is only *their* cognisance of and *their* insight into this *gigantic* TEXTBOOK of divine revelations. Their insights do however go *far* beyond the boundaries of your planet, they go into the cosmos, to others planets, to other systems and to other dimensions. An unimaginable abundance of insights and views emanate from the *awakened* so that the petty little occurrences in their daily life no longer find space in their HEARTS – but they will still be able to gild the everyday life of their fellow men and help them carry the burden of everyday life – as you call it – and to make it lighter and BRIGHTER. – It isn’t easy for us to explain this to you in your language, but those amongst you of good will, will understand us

with the open-minded HEARTS.

18th of March 1962 – 1 pm (Sunday)

The *scientific prayer* represents the perfect and conscious INHALING and EXHALING of the constantly offered ENERGIES of LOVE, spread throughout the cosmos, just waiting to be utilised and become effective, ergo go into action. Absorb them *consciously* and you will be able to POUR them over every ill creature so that they will become healthy again. This applies to what you call “illnesses”, “inconveniences”, “shortcomings” and “disharmonies”. Imagine these absorbed ENERGIES of LOVE emanating as a solid STREAM from your THIRD EYE, the point between your eyebrows, to people, groups of people, habitations or regions you want to heal, ergo want to harmoniously embrace in order to become effective in a healing and harmonising manner. *Simultaneously* request with your HEARTS from your “favourite spirit entity”, JESUS, BUDDHA, KRISHNA – or whoever you love, revere and are in constant spiritual contact with – *to help* you with your act of love. Do this everywhere, *silently*, devotedly, knowingly and fully conscious wherever you feel hardship, misery, illnesses and disharmony. But do *not* acknowledge these circumstances in your HEARTS! They are just erroneous, external reflections that can be rectified in every case. And why don't we do this *for you?* – Because *you should learn* this and besides, we are actually doing this with you once you decided to do such a silent, constructive act of love. We love you, we bless you. We are as pleased as you are over even the slightest success on your SPIRITUAL PATH to a perfect life.

10:30 pm

Those amongst you that want to walk the PATH of CHARITY, the PATH of SPIRITUALISATION, must be full of trust, full of humility and full of patience. *There are no miracles!* Everything is *completely natural*, completely explicable and every effect has a cause. If you prepare the cause for a great, wonderful effect, you are the ones that produced what others call “miracles”.

A lot of people hold the opinion that they *absolutely* must have a *physically visible master or teacher* in order to advance on their SPIRITUAL PATH. But this is not the case! To have a physical master is a blessing, but it *isn't absolutely necessary*. When a human soul opens up to the divine LIGHT, this small, delicate spiritual SHINING LIGHT will be seen by the WORLD of SPIRIT, and by us also, and caring ENTITIES immediately rush in and help this soul to strengthen and increase the hotness of this SHINING LIGHT. They will lead *people, books and experiences* to the awakening person and when this soul is *serious* about this and *struggles* with yearning and humility, it will recognise *who* its teacher is. Your great MASTER JESUS looks after and teaches a great many souls on your Earth, but lots of other SPIRIT BEINGS that were once also incarnated on your planet and that were once the disciples and students of JESUS, are also taught. We are also students of great SPIRIT BEINGS and far from being perfect. The great UNIVERSAL DOCTRINE is love, love and once again love! Promote and cherish this UNIVERSAL LOVE in your HEARTS so that you can send it to everything that is alive.

Your solar system is racing towards a sphere of vibration that you can already assimilate with. When correctly absorbed, it can make your spiritual, loving work easier. It makes you lighter, *brighter* and happier. Your bodies will initially have to get used to it and will often feel like a burden to you, but if you direct your attitude towards the spiritually DIVINE, this condition will not last long. But those that completely immerse themselves within physical matter will often *have to deal with unbearable physical stress*. Do try to help them through your work of love, the emanation of energies of love.

Everything is so difficult to express in your words, but try to understand us correctly: It is more blessed to give than to receive! Therefore give from your overflowing HEARTS and from your overflowing minds. Give and love – love and give!

19th of March 1962

We don't have the kind of *marriages* you enter into. We *know* our TWIN-SOUL and once this TWIN-SOUL has grown up at the bosom of its family, we collect it from there and then form our own family, as you like to call it. We are never wrong! – No, to be one single unit isn't boring, it is wonderful and perfect. We only have *two* children, we thereby give *two* souls the opportunity to incarnate through us – and we *know who these souls are a priori*, because there are no boundaries between the physical and the NON-PHYSICAL WORLD for us. It will be the same situation with you my friends. We so-called parents give as much of our ENERGY as our two FOSTER SOULS require to become as perfect as possible themselves. All of this has an exhilarating naturalness about it here. There are planets where each family has only *one* child.

Only *dark* planet have as many children as you have, because by unconsciously opening themselves up, most people give souls ready to incarnate an opportunity to SLIP INSIDE a newly created body, this is because they are absolutely unaware that man and woman should and may only copulate in order to give such a soul the opportunity to create a body through their *self-selected parents* wherein they can become active during their time on Earth. The act of copulation is a great gala with us, full of sun, full of joy, full of cosmic love and all the souls that settle down with us were ENTITIES that *ascended higher on brighter planets*.

As you can see, everything has its well-meant order and it would be wonderful if you were to *contemplate* these things once in a while. There would be a lot more LIGHT and *true* love on this planet. We don't have to tell you how much hardship and DARKNESS *ignorance* about these things produce in your case. Through your *improvidence* you give souls the opportunity to incarnate where you are that come from *much baser* planets, souls that do *not* actually belong here on your Earth. Certain physical forms on your Earth should no longer serve as abodes for souls, because they can actually no longer serve anyone's higher development. Souls that strive to ascend higher cannot incarnate in these base physical forms. Eminent researchers and masters are familiar with these things, they do however lack the knowhow to make their knowledge accessible to *all and sundry* by dressing it in *popular terms*. Hefty books laden with knowledge are of *no use* to the people on Earth. Short phrases, *comprehensible to all and sundry* must fall to the centre of their HEARTS in order to create *clarity* and a *will to live*.

21th of March 1962 – 8:30 am

Yes, it is a fact that OTHER WORLDS do exist *next to you* and *with you*. Some amongst you can sense this and they can SEE, HEAR and perceive a glimmer of life of a different consistency, of a different state. But this sensing of these WORLDS, EXISTENCE and REVELATIONS of LIFE of a different consistency is incomplete and often only in its most delicate beginnings. Be careful with your terrestrial existence and be aware that it is *real* and *actually existent*, exactly the way you perceive life with your *five senses*.

The development of ethereal-bodied ENTITIES that *never* had and never will have a physical, ergo a coarse body, runs exactly parallel to you. These ENTITIES are neither good nor evil, but they are *next to you* and they can perceive you, but you can hardly or not sense them at all. These ENTITIES can serve you and help you when you approach them, but only if you do so in a positive, constructive

and life-promoting fashion. They are, as I told you, *distant* from good or evil, if one may actually talk of good or evil. As we told you before, there is no good or evil in the first place. There are *constructive* and *destroying* aspects, but only during one's *physical* life. You only find *promoting* and *hindering* aspects in your spiritual life. Spiritual life is *not* PURE SPIRIT, because PURE SPIRIT is inert, it doesn't change, it exists eternal and it contains everything. PURE SPIRIT *contains* every revealed and non-revealed life in unimaginable forms and abundance. More about this later.

4:30 pm

Life in itself is *indestructible*. Revealed, visible and oscillating life is *joy*. All revelations are the IDEA of the UNIVERSAL SPIRIT, but only *temporary* IDEAS that emanate to unfold in unimaginable ways to then be *reabsorbed* by the unrevealed, PURELY SPIRITUAL. – Understand this correctly: Life that *cannot be perceived* by you is also revealed SPIRIT, ergo life that emanates, unfolds and once again turns into PURE SPIRIT once its circulations has been completed after unimaginable periods of time. Incalculable processes of existence therefore simultaneously emanate from PURE SPIRIT, separate from one another, but oscillating with one another, next to one another and within one another.

All the things each of you can perceive and comprehend from this colourful fabric of the unfolded spirit, ergo the revealed spirit, is not subjected to standards and boundaries. But the better you *master* your five senses and your mortal little *ego*, the more capable you will be to recognise and to comprehend the plethora of IDEAS of your CREATIVE FORCE and the ENERGY contained within your life – GOD – and to gratefully and joyfully admire it. But those that think that the manifestations of their five senses *is all there is* will walk in the shadow of ignorance until they will finally awaken after innumerable incarnations and see GOD'S, ergo their CONSERVER'S miracles.

You also know that the *hostile* ENTITIES we talked about are *very* interested in that as *few* souls as possible awaken and that as *many* as possible remain asleep. Because these sleeping souls, embedded in physical matter, are their sustenance and life support.

23rd of March 1962 - 8:45 am

The more *knowledgeably* you embed yourselves in the EMANATIONS of LOVE of the ONE and ONLY that is always present everywhere, in the *aether* that fills and maintains the whole cosmos, the easier it will be for you to recognise that life is *joy*. You will be able to observe everything that happens from INSIDE, from a central point and thereby recognise that all the things that annoy you and scare you are created by *yourselves*. Once you have recognised this, you will also know that you can and must help to neutralise these life-hindering phenomena, to dissolve them through love, through ardent thoughts and vibrations of love that you can gather from the cosmos to then re-emanate them again. Act as TRANSFORMERS of these RAYS so that they do *not* directly *affect* the unenlightened and the things they created as if they were TRANSFORMED and RE-EMANATED by those that know. – Act as life-supporting helpers!

28th of March 1962 – 4:30 pm

Everyone should be able to recognise a *genuine* king and a *genuine* priest even when they do not wear their official symbols of office. Everything they *emanate* from their true *self* is true and real – whatever else they drape themselves in and dress up in is a sham and a deception, a diversion from the numerous deficiencies of their soul's factors. Such externalities can also come in the form of

beautiful phrases, of wanting to please and draw people's attention or as embellished so-called "knowledge". True education is EDUCATION of the HEART and true knowledge is *wisdom* and intuition. Only a creature that has *recognised* and comprehended this has this intuition, this entering of the SPIRIT-COSMIC KNOWLEDGE of the LAW into our consciousness, a creature that indeed lives and works *on* Earth or another planet, but knows that it is *not* from this Earth or another planet.

Everything belongs to you and everything will also joyfully serve you, but you must control it with knowledge and with love and learn to *utilise* everything when you need it and *let go* of everything once you no longer require it. Learn to *free* yourselves and to gain independence from all physical matter – as you call it. Recognise your *true* heritage and existence. "Learn to recognise the truth and the truth will set you free."

If only we could better understand one another... Listen to us, we love you! We ask you with great emphasis: *Love one another!* Try to *understand* one another. Try to realise that nothing exists by itself and that all life represents one singular oscillating UNIT. Oscillate *with it* filled with joy and love and don't be disharmonious or a false note. Your planet could be *lovely to behold* –but you turn it into an ugly object, a disharmonious place within the cosmos. You, as human beings, could change everything if each and every one would begin to bring *their own* affairs in order. Allow all hatred, envy, avarice, craving for recognition, greed, malice and intolerance *to escape* from your HEARTS and only think, live and send love: Love *of* all life, love *for* all life and love *in* all life.

Take stock and accept all that the ENERGY that is offered to you every second of the day is waiting there to be converted by you. But for as long as all and sundry do not start to bring *their own* affairs in order and gain strict *self-control* over themselves, for as long as all and sundry aren't willing to be servants, givers and lovers, *no peace* and *no joy* will exist here on your planet.

29th of March 1962 – 7:20 am

If you cannot accept the things we tell you with great love and *without criticism*, you are *not open* enough for our indoctrinations and you cannot comprehend their meaning – even when they are so simply and comprehensibly conveyed to you. We told you: DIVINE-COSMIC STREAMS can only flow into an *open* HEART to animate and to make GOD'S SPARK that resides in everyone, shine and glow. This glow will then burn everything ungodly and also: All prejudices, censoriousness, dullness, lethargy and fears. When your HEART is connected to the UNIVERSAL SPIRIT, *you know* that you are alive! Censoriousness and prejudices *close* the HEART and deny divine-loving ENERGIES access.

Noon (Regarding healing)

Those that can *sense* this should help others and also themselves wherever, however and whenever they can. When human beings express the desire to get rid of some known EVIL and the yearning to be free of it becomes more intensive all the time, the moment arrives when their HEARTS open. Those that *recognise* this moment can, by calling upon *eminent* SPIRIT BEINGS, give them the opportunity to effect a *healing* and this instantly and perfectly. It matters not whether one asks for oneself or whether somebody else who recognised one's own OPENNESS, does it.

2 pm

My friends, once you have recognised EVIL and the desire to free yourselves from it burns like a fire in you, this desire already carries the fulfilment of your deliverance from EVIL in it. Open your

HEARTS filled with trust and gratitude and let go of your own thoughts and plans *knowing* that you will be helped. The healing, harmonising ENERGIES within you can then become active and revert you back to what you were initially conceived as.

11:30 pm

For as long as you haven't learned to willingly and knowingly regulate your bodies' temperatures, thereby feeling comfortable at any temperature, you must design your clothes accordingly. But your clothes can be beautiful, elegant and colourful in spite of this. Do *not* wrap yourselves in *black garments*, it is such a *negative colour*, one that spreads UNEASE around itself. If you are able to, wear bright and lucent colours at any time of the year. Colours have an energy and an effect and the kind of colours you display therefore matters. The most positive ones are *orange, lilac, blue, bright green, gold* and *hues of rose*. They effect cheerfulness, joviality and a warm heart. Pure *white* is the colour of high spirituality and abstract thought. *Grey* and *brown* in darker shades are sad, impersonal and ineloquent. We never wear such colours. Really colourful and bright colours lift your spirits.

30th of March 1962

You are here in order *to create causes* that effectuate the *continuity* of physical expressions of life. When you are ignorant and asleep, you *retard* the planned higher development of physical life. But once you have woken up, you know what you have to do and how you have to think in order to drive to and to maintain physical and spiritual life on a higher level in harmony with the UNIVERSAL SPIRIT, the ONE and ONLY, the ALMIGHTY and INFINITE ONE. This is how your physical-spiritual lives must be looked at. But know that your existence is just *one* of innumerable expressions of life and that every type of expression of life is *different* in its appearance and its development. You should sense how wonderful it is to have an insight, an understanding of and a connection with other evolutions. New insights and revelations are allocated to awakened souls all the time and they will realise more and more that they will never cease to hear of, to experience and to comprehend increasingly more miracles of the unfoldment of the spirit.

Remain still in regards to your paltry and survived encumbrances and allow your *true* existence to emerge, your unbridled, global and true form wherein the ORGANS of the SOUL *compliment* and replace the five senses and *new worlds* of an incredible variety will open up for you and you will acknowledge, comprehend and experience other realities. Only once you utterly realise and *know* that you – the whole evolution you call “*human beings*” – is just *one* type of the UNFOLDING SPIRIT and *know* that all of this flows from the same SOURCE, will your consciousness be of a COSMIC nature and the universe accessible to you; you will then be *interplanetarians* whose existence is expressed in peace, joy, love and gratitude.

10:30 pm

We are capable of observing any planet we like through its “protective shield” and reproduce its images on our screens. This is how we get to know lots of planets that we *don't* visit, because their inhabitants pursue a *different type of evolution*. A lot of inhabitants of other planets can also do this and they are much further advanced in this respect than we are. Technology requires a highly developed cognitive faculty and wisdom to apply it *correctly* so that no life suffers any damage. This is why we work on ourselves first before we imitate *our* OLDER BROTHERS. Due to the fact that there are such an infinite number of things to explore and comprehend, we no longer have time to squabble and fight amongst ourselves. All of us are preoccupied with experiencing a true and oscillating life.

Know and comprehend: You are not alone and you can finally join the great roundelay of the awakened, the truly divine-cosmic human beings. Everything is ever so easy! Everybody begins with *respecting, loving and blessing* all life. This is already enough, and *higher POWERS* can give you the ENERGY that makes everything else possible. Imagine this vividly: *Blessing, loving and respecting all life!* – If everybody does this with humility and joy, you will have a paradise on your planet.

1st of April 1962 – 10:30 am (Sunday)

If you my friends were already at a level where you could understand everything that we think and do, why would you need our help? – As you can see, incomprehensible things do exist, because you are still very inexperienced in regards to the SPIRITUAL and this is why we cannot give you an answer to some of your burning questions *in your language*. One does not give matches to an infant to play with. You don't understand our pictorial language. We continuously send you images and sounds, but you do not perceive them. How many of you listen to our advice? How many *deride* the RECEIVERS and make fun of their endeavours? – We advise you: *Remain silent*, forego judging and forego prejudices. Be aware that when you think that you have enemies, that something like that doesn't exist. The moment you *conceive* the idea that you have enemies, *hostile ENTITIES* gain NOURISHMENT and create situations of animosity amongst unawakened people. Remember and understand that you are SENDERS and RECEIVERS, SENDERS and RECEIVERS of everything that's available and conceived. Therefore carefully sort the things that want to enter your consciousness and only SEND beautiful, loving and constructive thoughts to other souls. Raise your consciousness as often as you can, feel the vibrations that pulse through life and do not hinder its unfoldment by allowing *life-hindering STREAMS* to enter. Neutralise them with thoughts of love, blessings and joy.

You would no longer have questions if all of you could elevate yourselves like this, you would no longer fear enemies and destroyers, because *you would know* that everything that breathes stems from the same SOURCE and that as awakened souls, you must love and bless all of this in order to transform it into something peaceful and something *aware* of GOD. You place a RING around other souls with your universally caring and sparkling thoughts so that nothing life-hindering can approach them and lo and behold – they change and become friendly.

3rd of April 1962 – 2 pm

The time is near when a lot of you my friends will recognise the coherences between events and processes you presently have no inkling of. Conditional to the COSMIC RADIATIONS your solar systems races towards at great speed, a lot of things within your consciousness will change and therefore also *the way* you physically live. Be amongst the clever ones, the awakened and *look after* your bodies so that you can *experience* the great transformation with them. Don't expect cosmic variety shows, these events will first and foremost be NON-PHYSICAL events and insights, but they will have to have an effect on everything physical.

Therefore often *sit still* and *avoid tumults and mass-gatherings, ugly movies* in cinemas and on television screens. Give one another a silent smile and allow GOD'S SPARK within you to glow stronger and stronger so that it can glow through your shell bright and light, thus turning you into a source of energy, LIGHT and help for unawakened people when they are clueless and afraid in their ignorance of all the things that must eventuate. – *Meditate* about all kinds of uplifting and beautiful things as often as you can, but keep your feet solidly on the good old Earth that patiently carries your bodies. Never tire or become callous in regards of all that happens around you, *look at*

everything and *recognise the causes* of these events so that you may *learn* by the mistakes that were made and recognise that you *should improve* things. – One can *never* drive away hatred with hatred, *never* bellicose thoughts with war and *never* malice with malice.

Cover all injustices with the hot rays of love and never stop caring. You can never create situations from whence *hostile* effects can arise when all your thoughts and deeds are loving. Be strict with yourselves and always try, every second of the day, to call yourselves to order when you are about to leave the path of UNIVERSAL LOVE. Try to not judge anything or anyone, *remain silent* and *smile* when you have nothing to say. Don't listen to negative complaints, imagine yourselves somewhere else if you can't walk away and pray within your HEARTS that the sticklers may be enlightened so that they learn to be silent also.

Yes, it is difficult for you – but it works and you will see what kind of ENERGIES can grow from your acts of *silence*. You will utilise these ENERGIES *more often* than your money and your chattel, *more often* than your education and your culture. All the things you assume outside are in you and always with you. Invigorate them and dig up the TREASURE in your HEARTS and *distribute* the PRECIOUSNESS you will discover there. – We cannot say this to you in any other way, but those that on the right path will understand our loving exhortations. We love you!

7th of April 1962 – 10 am

Mankind's evolution contains an incalculable number of LEVELS of CONSCIOUSNESS, ergo states of being. But the souls whose consciousness is still *dull* and almost devoid of LIGHT and insights in regards to the meaning of life and the LAWS that govern life, naturally cannot understand the souls that are already developed higher and live a life that is *consciously turned towards* the divine LIGHT and this is why they *laugh* about and *deride* all the things their higher ascended fellow men mentally divulge as a blessing for those that are still asleep. My friends, you who are beginning to comprehend HIS great PLAN and thereby also the *meaning* of terrestrial life and the existence of the spirit garments of souls, say as your glorious MASTER JESUS said: "God forgive them, for they do not know what they do."

Forgive them from deep within your HEARTS and pray for those that deride and ridicule you. You can recognise their *dullness*, they however *cannot* recognise the LIGHT in your HEARTS, but when they sense how it burns and shines in you with love and understanding, with kindness and a willingness to help, some of the sleeping will *awaken* and see an archetype in you – will see how you deal with the perceived difficulties of life with a smile and how one problem after another disappears – will see that you are always cheerful and ready to help, mundane but at the same time in tune with God. Help those that ask you to reveal the secret of your eternal contentment and never tire of *exemplifying* the correctness of your chosen path by being an example.

The unawakened are often successful human beings in regards to worldly things. Know that intellect and intuition are two different things. The intellect want to verify everything with *visible* means whilst intuition *recognises* the *spiritual* REASONS and CAUSES. This is why the intellect on its own cannot pass beyond a certain point and the lower limits of consciousness must be broken through before the actions of the SPIRITUAL can be recognised through intuition. The higher and finer your own consciousness now grows through the work you perform on your souls, the easier it is to recognise the coherences of your existence. – The things that we want to tell you are so incredibly difficult to express in *your* words – and *only those* that humbly continue on the path, the path of realisation, will understand.

Use all the insights that *were given to you* so that you can be an *archetype* to those that are still asleep, thereby arresting and hindering mankind's higher development. All your knowledge cannot help you unless it is mixed with wisdom - and wisdom is *intuition*, the entering of DIVINE-COSMIC-EXPANDING, OSCILLATING, LOVING THOUGHTS that maintain and govern the universe and everything unrevealed and revealed.

You live at a point in time where you have to deal with things that have always existed, but that you were *still unaware* of. Look at them and learn from the effects that they cause. Above everything else, you should now recognise and learn to utilise the cosmic LAW of CAUSE and EFFECT. You should learn to deal with things to begin with that seem very small to you, because these minute, finest things, stirrings within the world of thoughts, are the *causes* that lastly turn into visible *effects*.

10th of April 1962 – 4:30 pm

Guard against believing in what the *pendulum tells you* if you do *not* belong to the awakened ones, to those affiliated with GOD. You could otherwise do an injustice or harm your fellow men. The pendulum should only be in the hands of the pure. The wise ones do not need it, because they SEE everything without any aids. They can recognise the AURA of all living things and also the AURA of stars and planets with their SPIRIT EYES and therefore help to heal and to neutralise, to calm and to invigorate everything.

11th of April 1962 – 8:45 am

Try to seriously and strictly look at yourselves for a short period of time and then ascertain what you *thought* and *talked about* during that short period of time. Know that every thought, even the slightest notion of a thought, is an IMPULSE that tries to realise itself, an ENERGY IMPULSE of various strengths *immediately attracts its equals* through the vibrations it projects to the outside. You should not be surprised, once you have acknowledged this, that things on your Earth are so mixed up and undisciplined. – It is now up to you to constantly *take care* of your thoughts and to try to avoid everything of a destructive nature, ergo to dismiss it from your minds, to neutralise it so that new causes for these destructive effects do not arise over again. Try – something we told you before – *to understand all and sundry*, even if they think differently from you, *do not condemn them*. Leave them alone – in your thoughts also.

Noon

Try to clearly acknowledge one thing, namely that you are highly sensitive SENDERS *and* RECEIVERS. Once you have grasped this you will recognise the enormous *responsibility* that each of you have in regards to your world's affairs. You will recognise that you – in spite of the transientness of your bodies – are *immortal* after all and that the CREATOR of all LIFE equipped you with a wonderful GIFT, one that you should learn to use in order to become more like HIM all the time. Learn to *utilise* this GIFT and only EMIT life-promoting thought images, you will then also only receive constructive, positive, joyous and caring thought images from the cosmos. *Destructive* thoughts can only be received by human beings that have *distanced* themselves from the DIVINE-COSMIC STREAM, those that allow their thoughts to *aimlessly* roam about. Only the sum of all conscious and subconscious things produced by thoughts are actually destructive, things that were *not* under control when they were initially thought of.

12th of April 1962 – 6 pm

The moment you have *understood* a doctrine, a COSMIC LAW or a SPIRITUAL TRUTH, you may pass it on to your fellow men. *But guard against* telling your fellow men things that you have either not understood or only partially understood out of a craving for recognition and because it makes you feel important. Remain silent until you *feel* that you *must* say something in order to help and to serve. Remain humble and wise. But when you regard something as the truth, *stand up for it* wherever you are, because when you present the truth, truth-loving ENTITIES stand at your side so that nothing will happen to you. But be wise and don't "cast your pearls amongst sows", something your MASTER JESUS taught you.

Know that the *semi-awakened* initially bristle against the LIGHT and prefer to remain in DARKNESS, because the LIGHT bedazzles them and feels *uncomfortable* to them. Be therefore careful with the *semi-awakened* and have patience with them.

10:30 pm

You ask us over again about *what* you should do and *how* you should do it to finally *extricate* yourselves from all the seemingly unbearable entanglements on your planet. And we continue to tell you: Look at everything from a NON-PHYSICAL PERSPECTIVE, see the life-giving, life-maintaining, life-exhaling GOD, the CAUSE of all life, *behind* all visible things. Know that you are *a part* of this infinitely large CAUSE, that you resonate with the cosmos and that you are not alone and separated.

Doesn't the fact that you are able *to observe yourselves* tell you that you are in a position to place yourselves next to yourselves so that you can critically look at yourselves? Physical matter *cannot look at* physical matter, you are therefore SPIRIT BEINGS in a physical *garment*, temporarily dressed in it – but fully existent without this garment.

Look at yourselves and take joy in your discovery. Awaken to your COSMIC CONSCIOUSNESS and all damage-bringing pettiness will fall away from you. Your terrestrial duties that basically only deal with the preservation of your physical bodies, will then run according to plan and without friction, everything can then unfold, strive for the LIGHT and grow unhindered. You are *your own* hindrance, because by *creating* and having created ENTITIES through the false application of your thought processes, you created something that can hinder and interfere with the unfoldment of the species called "*homo sapiens*".

17th of April 1962 – 9:10 am

Why don't we give you direct instructions on *how* you should breathe, *what* and *when* you should eat etc.? – We may not confuse you and those amongst you who are the *first* to strive for GOD'S REALM and his justice, will find that such things are superfluous, ergo that they will *know* the things they can or cannot do from WITHIN. The FATHER *in us*, our ORIGINAL EXISTENCE, our PARTICLE of the DIVINE – or whatever else you want to call it – is *omniscient* like its SOURCE, its ORIGIN, like the FATHER, the INFINITE ONE himself. When the yearning for knowing the reason for your existence is powerful and selfless enough in you, *you will be helped* so you can progress on your path to realisation. All you have to do is to increase your yearning to a point where it *burns* within your HEARTS, the door to realisation will then open for you, the EYES of your SOULS will then grow and you will see the things that you can comprehend in your present state.

19th of April 1962 – 3:30 am

Don't rack your brains about everything and do not burden yourselves with it. The truth is that there is neither a past nor a future; there is only an *eternal now*. Instead of grasping this and oscillating in the *eternal now*, happy and free, you concern yourselves with bagatelles that only *veil* the redemptory truth of your existence and *prevent* the realisation of it. Your own thought process are the only wall that separates you from recognising the DARKNESS and the redemption from it.

If you could only understand, hear and see us, your present terrestrial life would be filled with LIGHT. We love you and we will *never* stop sending you the kind of help that will help you escape this DARKNESS you have *created for yourselves*. Don't rack your brains about everything but know: There is only the *eternal now!* But also know that everything that leads you towards self-realisation *is good*, but you mustn't fall prey to *Black Magic* and *superstitions*. - More about this later.

Everything that visibly and INVISIBLY exists is conceived, held and maintained by one single FORCE. The level of consciousness – the type matters not – is determined by the amount a being has grasped of this ONE FORCE you call "GOD" and how much of this ONE FORCE it actualises, ergo it can unfold.

21th of April 1962 – 8:20 am

We hope that you realise that *sinister* SPIRIT ENTITIES utilise all the intelligence at their discretion to make all knowledge about the truth and the LIGHT as difficult to attain for you as possible. The LIGHTER and the further your souls spread their wings, the smaller and punier the existence of DARK FORCES becomes, because the further, the more cosmic your consciousness expands towards the ETERNAL LIGHT, quarrels, fights, greed, envy and maliciousness shrink more and more. The closer to GOD your world of thoughts becomes, the less RUBBISH that constitutes the DARK FORCES' nourishment remains in you, base thought process will one day be no longer a part of you and the UNGODLY, the MALICIOUS will be without FOOD and they will dissolve. All of this is so very simple, but your words are not enough to put this clearly and distinctly before your spirits, so that you can comprehend it and act accordingly.

I ask you my friends *to think light, loving and blessing thoughts* every second of the day, the way we are continuously trying to explain this to you. *Do not condemn any living person* even if they occupy the lowest level consciousness, show them *what* it means to be a human being by example. Be an example to all those that still provide the MALICIOUS with ample nourishment so that they may realise the reasons why your planet is so desolate and dark, namely because hatred, envy, greed, addictions to pleasure and lots of the same keep the globe triumphantly imprisoned. *Confront* all of this with love and more love, because it is the healing, harmonising and redemptive power – and as a part of the INFINITE ONE, you *have* this POWER in your HEARTS. *Use* this healing POWER and pour love over all living things, turn into lovers and you will be god-serving and thereby god-filled and happy beings and you will oscillate in harmony with the ONE and ONLY, the INFINITE ONE. – We love you!

22nd of April 1962 11:30 am (Easter Sunday)

You are so peculiar... *You know* all the things *other* people should or should not do – and you often hurt your dear fellow men with your inconsiderate advice even though you don't even know *your own shortcomings* most of the time, namely your lack of love and empathy for your fellow men,

who are actually you yourselves. All of you were conceived as one “*human being*” but in an unimaginable plethora of forms of appearances. Look at plants, none of them looks exactly like the other, but these plants are subject to the same cosmic-biological LAWS and must therefore unfold accordingly. The situation with you is similar, the difference being that you were endowed with the *free will* to decide – to a certain degree – and that you have the opportunity to recognise *what* and *who* you are and that you can investigate which cosmic LAWS control and drive you towards your higher development.

Instead of giving other people instructions, listen to your HEARTS. Listen to the divine VOICE, it is always prepared to tell you what you require at any given time, when you ask and listen. You don’t know how *light* and easy your lives can be once you have grasped what’s important to you. Become very *still* deep within your HEARTS and live from INSIDE to the outside, you will then lift the *veil of Maya* and one mystery after another will resolve itself until all your questions have been answered and you can stand as a shining example in front of your fellow men, here as well as in the invisible *spiritual* HALF of your present EXISTENCE. We love you!

25th of April 1962 – 11:45 pm

The way your actors are fired up on stage through your applause, through your devotion to their art, to give their very best and through the fact that you provide them with the ENERGY to give you the most beautiful performance, the DIVINE-LOVING ENERGY and all the SPIRIT ENTITIES that serve this ENERGY on behalf of those that have not yet fully developed, also serve *you*. The more trust and devotion you consciously show this all pervasive POWER – GOD – the more ENERGY you receive, the better it can realise itself within you, the easier it is for the highest SPIRIT ENTITIES to work through you and talk within you, ergo instruct you.

As you can see, *you* must give *first*: Your trust, your devotion is the *key* to the HIGHEST. The more you *give*, the more you will also *receive*. We told you this once before: Your love attracts *higher* love to you and to inside of you, so that you can then RADIATE it again over all living beings.

30th of April 1962 – 9:30 am

Those that are *loud* cannot hear the INNER VOICE in their HEARTS. All of you should be able to hear this VOICE, because you would instantly do what’s right at any specific moment. To be loud is the *eternal chase for external stimuli*, the constant trying to satisfy the demands of your five senses. You want to see *more*, to hear *more*, to taste and feel *more all the time*, but this only makes you immerse yourselves deeper into physical matter and this in turn makes it even more difficult for you to gain the insights you planned to gain on your planet in order to twist the spiral of your evolution higher, towards turning into *true* human beings. Your senses ought *to obey you* and only function as conveyors of higher insight for you.

4th of May 1962 – 1 pm

Look at a tiny, inconspicuous *seed* and see it as a parable: The moment this little seed falls onto the loving Earth and encounters its magnetism, it begins with unfolding its ENERGY and it grows. It breaks through its husk, it begins to grow roots that attach to the soil in order to suck its LIFE FORCES from it so that it can strive for the light. From the soil, the light and the cosmos and according to the ENERGY it seemingly carries within itself, this plant manages to grow either large and strong, colourful and luminous or small and weak – all according to what was embedded in its seed, all according to what the plant that produced the seed *endowed* it with.

The same applies to the SEED of the *human* SOUL that lives eternally and that brings the divine VITALITY, abundance and characteristics *with it* from the WORLD of SPIRIT, characteristics it acquired during its past physical existences. If the acquired SOUL-ENERGY is strong and solid, the soul will be able to draw so much ENERGY from the Earth and the cosmos during its present life that it can return to the WORLD of SPIRIT, after its time on Earth, filled with life-affirming ENERGIES. But if the soul is weak and lifeless, it must often struggle with drawing its “nourishment from the Earth and the cosmos”. It then returns to the WORLD of SPIRIT as weak as it was when it came, most of the time.

But know that caring ENERGIES solicitously hang around *all* souls and constantly try to make their ENERGIES accessible to all souls so that it might be possible for them *to recognise* and *to activate* the given divine ENERGY – that latently rests in everything. Once a soul has found the contact with these great CARERS, its path will *steeply* incline, the LIGHT will shine within and it will turn into a little sun that will shine in the physical as well as the NON-PHYSICAL PART of your lives and our lives, brighter and more radiant all the time, until it has outgrown the eternal cycle between the here and the HEREAFTER to then enter into a higher LEVEL of EXISTENCE.

The moment an animated being becomes aware that it *is* animated by its soul, it begins to research *where* it came from, *where* it is heading towards and *what the meaning* of its existence is all about. There are numerous paths to gaining *self-realisation* and all of them lead to the same place. But all of these paths have been shown to us by eminent adepts. All creatures are *dull* and content in their unawakened state, but once they awake, they are driven by a great yearning and a thirst for knowledge, they become restless – *alive!*

6th of May 1962 – 1 pm (Sunday)

This *Dark Age* is nearing its end. Your central-sun with its 12 systems races towards a *higher zone of vibrations* whose radiation brings a HEIGHTENING of CONSCIOUSNESS for all planets and their inhabitants with it. All latent knowledge in regards to cosmic LAWS and processes, your position within and your relationship to the cosmos resting in you, will once again come alive in you, is once again *accessible* to your consciousness and all closed doors will open again, slowly for some, but faster for others, depending on their respective vibrations and level of consciousness. All old cults and sciences, better named *wisdoms*, will well-up again, indistinctly and shadowy to begin with, but more distinctly all the time. Open your eyes and ears and you will sense this *change* everywhere, a germination taking place under that obsolete garbage of customs and morals that are fading away.

Remain open HEARTED and never tire of fulfilling the things that you consciously incarnated for *this* time around. Your assignment is not an easy one and this is why we constantly say to you: Raise your thoughts towards the LIGHT, propagate love in your HEARTS, cosmic, universal love and bless all life wherever you go and stay. We are your OLDER BROTHERS and we would dearly like to demonstrate to you how glorious a consciously lived life can be, *free* from hostile elements, connected to the ONE and ONLY, the HIGHEST, ALL-ENCOMPASSING GOD with body and soul.

12th of May 1962 – midnight

Only SPIRIT BEINGS that were at least *once* incarnated on your planet and *know* the encumbrance a terrestrial body represents, can *directly* correspond and talk to you. *Higher* SPIRIT ENTITIES, having led a terrestrial life on your planet, will always retain the ability to stay in contact with you

if they want to, no matter how high they spiritually progressed. Believe me, a particularly high number of *eminent* ENTITIES have walked amongst you on your Earth. The fact that JESUS the NAZARENE loves your Earth with all his HEART is an eminent grace for Earth. Listen to his clear and simple words that ring as true as ever all over the world. Act according to his words, because they are cosmic wisdoms. Live according to his words and you will be cosmically oscillating beings. Everything is given to you so why don't you recognise it? – Think about this and call upon him. He will hear you calling and he will lovingly teach you and bless you. – We love you!

13th of May 1962 – 11 pm

The moment you *have realised* that you are a particle of the whole, your consciousness will be a *cosmic* consciousness. Be useful particles of the whole by lovingly oscillating with universal love and harmony.

14th of May 1962 – 4 am

(Comment: Long transmission, the description of a planet with a population of a high level of development. They regulate everything through breathing and they can be light or heavy. They create everything according to when they require it. *Masters* of form and colour... Did unfortunately not write it down, because I was too tired.)

17th of May 1962 – 8 am

Discussions are *not* well suited to help one recognise truths. Discussions end up in conflicts and disagreements most of the time. *Avoid them!* Nothing positive has ever eventuated from discussions and a wise man *never* participates in discussions. All striving and convincing through hasty words has a *destructive effect* and creates vibrations that are everything but enlightening. This doesn't mean that you shouldn't listen to your fellow men when they talk to you about their insights and experiences. You should listen to all of those you can *expect* wisdom and caring indoctrinations from. You will know *whom* you may lend your ears to. Don't judge the things given to you by caring people that don't make sense to you. You might not yet understand some things. You can believe me when I say that once you have reached a certain point on your path towards the LIGHT, you will find that you will *only encounter the things* you require to mature.

All of the things you now hear and will hear of with astonishment are *ancient knowledge of mysteries* that have been veiled up to now, they will be gradually, but later more acutely and succinctly revealed, because mankind is now mature enough to adopt such knowledge so they can form their own views on life from them. *Nothing is new*, because truth and wisdom are *eternal* and will always be eternal. Your consciousness will only be able to grasp the things that your LEVEL of AWARENESS allows it to grasp. Everything stands at the ready and will eventually be recognised by you. Those with ears should listen. Those with eyes should see. Life is wonderful, glorious and cosmically *expansive*, it is radiant and a canticle to honour the INFINITE. We love you!

2 pm

Spare your environment your caprices and your moods. Always remain *consistently kind, calmly blessing* and do not engage in disputations. It is better to seem "strange" to your fellow men that to emanate *negative CURRENTS* through loud bickering, fighting and prejudices. When you *silently listen*, better still *switch off* and send CURRENTS of peace, wisdom and gratitude from the STILLNESS within, you will have a healing, calming effect and you will experience the miracle of seeing your environment turn calmer, more harmonious, more pleasant and more radiant. *Therefore observe yourselves* and never be goaded by your senses to behave in a negative manner!

You should not worry about what your fellow men think about your stillness and friendliness. Go your own way and do not allow *anything* or *anyone* to deter you. When the need arises for you to talk, you will be *guided* to speak about higher POWERS, but not before you have *learned to remain silent*, ergo you may not speak before you have devoted your *ego* to the HIGHER SELF, because your little, captured *ego* will otherwise talk out of conceit and vanity and nobody benefits from that. Once you have become a servant you will acutely know *when the time is right* for you to talk and you will also know with *whom* you should and may talk.

2:30 pm

You have a very short way to say grace on your Earth – and you have *forgotten* it. All of you know it, but nobody recites it anymore. Why not? – Remember the humility and ardency, gratefulness and devotion contained in these few words; you should say them *before every meal* from within your collective HEARTS – *unheard* by other people, but deep in your HEARTS:

“Come to me JESUS, be my guest and
bless what you have given me!”

18th of May 1962 – 8:30 am

Why do we try to educate you through all kinds of means? – Because we feel *sorry* about the way you torment yourselves and ignore your true existence in the process. My friends, you that listen to our caring voices: Believe that life is the most precious, the most wonderful – knowing that one is alive and oscillating within the choir of the cosmos, the dance of the stars, shining in the LIGHT of the ETERNALLY ONE. This is everything and it is so incredibly gratifying that we want nothing else but to open your eyes and your ears, so you can see and hear the FORMULAS that apply throughout the whole cosmos, FORMULAS that can open the doors to such a true life and cosmic existence. This is why we teach you, so that you may achieve this, you have everything that belongs with this *inside of you*. Even though *all of you* have it, only a few can actually utilise it. The precious *key* to the doors of a cosmic existence is in your HEARTS. You are meant to find this key called *self-realisation* and *self-control*. – We love you!

20th of May 1962 – 1 pm

Question : What have you got to tell us today?

Answer : That you shouldn't fall prey to false illusions. Help lies *within yourselves*. Think about this carefully! – Everything, everything you can think of, belongs to you the moment you recognise this and know it in your HEARTS. Everything is however recognised on a *spiritual* level and once it has been *created there*, it can also materialise in physical form, ergo be grasped by the physical senses.

Everything in a NON-PHYSICAL state that developed from the latent and ready ORIGINAL SUBSTANCE, ergo formed in the spiritual, can not only materialise as tangible things, but also as conditions like *harmony, peace, joy, love, LIGHT* and an oscillating, resonating *life* – a life that can unfold unhindered.

Your own HEART CENTRES are the birthplace of everything existing and comprehensible, your TEMPLE SANCTUARIES where the DIVINE SPARK resides, waiting to become active and luminous. – We love you!

23rd of May 1962 – 2 pm

Remain steadfast in your desire to become PEOPLE of LIGHT. Your strong HEARTS are required as WEAPONS against the DARKNESS, against HOSTILITY.

Use every minute of the day to amalgamate with the DIVINE over again, until you have become radiantly serving PEOPLE of LIGHT yourselves. My friends, we *imagine you* brightening up this Earth, blessing, constructing, and elevating it, we imagine you doing this until you will *actually do it!* You can do it, because you come to this planet *consciously* aware of the *end of times*, this *time of transition*, in order to participate in a marvellous act of development.

We never tire of admonishing you. Our caring thoughts circle around your globe day and night. Capture them for your higher development towards becoming COSMIC HUMAN BEINGS.

With love

Your OLDER BROTHERS