

# PSYCHO-SCIENTIFIC FRONTIERS

Selected publications from a variety of subjects of psycho-scientific research. Editor: Rolf Linnemann (Certificated Engineer) \* Steinweg 3b \* 32108 Bad Salzuflen \* Tel. (05222) 6558

Internet: <http://www.psychowissenschaften.de>  
Translator's email: [evak30@optusnet.com.au](mailto:evak30@optusnet.com.au)

E-Mail: [RoLi@psygrenz.de](mailto:RoLi@psygrenz.de)

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Protocol extracts from the *Menetekel* from the years 1956 to 1975.

Theme : **Our indoctrination for you**

2. **Addenda** from the years 1961 to 1965

The following text to this theme was psychically received by the *Medialen Friedenskreis Berlin (MFK)*, a Christian/Spiritual community, between 1956 and 1975. The transmissions form a part of the *Menetekel*, a collection of protocols of around 4,500 A4 sized pages amassed over 20 years and they have recently been restructured. All of these mediumistic messages were left in their original form, even if similar questions were repeated. The work of the two automatic writing mediums, *Monika-Manuela Speer* and *Uwe Speer*, began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin (Medialer Friedenskreis Berlin), the *Menetekel* and the 21 transmissions from the space-brothers are considered the absolute pinnacle of psycho-scientific research. Other spiritual circles have often tried to copy the work of the MFK, but its quality was never achieved. The reproduction and distribution of these rearranged messages and protocols is *explicitly encouraged* and is not covered by any copyright.

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## Preface

The speed of social processes within the framework of globalisation is increasing all the time. Quoting *Mark Twain* freely, one could rightfully say these days: "*The moment we lost our target, we doubled our speed.*" – But those that are that fast can hardly stop. – Those that no longer stop, will no longer receive substance. – But the meaning is lost without substance. – And everything becomes *senseless* without meaning. -

In the meantime, more and more people suffer from the perceived senselessness of their existence. Cut off from a philosophy of life and without religious ties, life does not just become aimless, but also *senseless*. This often conjures up thoughts of suicide and this puts us right in the middle of depressions.

Very similar trends are mirrored in modern medicine and they can be described with the following words: "*We are not quite sure what we measure, but we do it more accurately all the time.*" This is how nonsense crops up and the accumulation of such nonsense can produce life affecting problems.

A life lived with one's senses turns into a *meaningful* life. There, where the soul's senses come into play begins GOD'S COUNTRY.

January 1961

### The writer of travel books Karl May (By Herbert Viktor Speer)

Did you know that the travel writer *Karl May* was clairaudient and the majority of his travel novels were written via supernatural dictations?

These novels are very popular, but very little is known about the way they came into being. An expedition travelling to the Orient once returned and asserted:

“Read *Karl May*, he gave a better account that we can.” –

How did *Karl May* know so accurately what takes place in the Orient and in a lot of other countries, places he had never seen before? One can read about this in his autobiography.<sup>1</sup> One has to assume that most people will not be able to understand this biography and that they will find it crazy, because they are inexperienced in supernatural matters. The spiritually informed can however take this biography as gospel. *Karl May* gives a very dramatic and convincing account of his own possession which later turned into a Christian dictation through clairaudience. He openly talked with his otherworldly friends, those that helped him write his novels, till the end of his life.

A critic wrote this:

“Karl May conversed with the phantasy figures of his novels to the end of his life.”

But *Karl May* had to fight his battles with base, sedentary spirits. He was always able to get rid of his painful possession the moment he distanced himself from his home. These evil spirits could not follow him. This is why he always made use of this opportunity when he was spiritually harassed.

Very interesting is however his account of *how* he came to this dangerous possession. At any rate, these possession spirits managed to bring *Karl May* so much under their control, that he stole a pram whilst in some sort of trance. Due to the inducement of these spirits, *Karl May* ended up in a penitentiary. This should give cause for contemplation!

*Karl May* borrowed a watch from an acquaintance. This person however asserted later that *Karl May* stole his watch. He was convicted by the court, because he could not verify that the opposite was true. – But when it came to serving his sentence, this travel writer made a grave mental error. He could not deal with this injustice and this tormented him day and night. This is how he opened the door of his personal PROTECTIVE AURA and allowed otherworldly intelligences full access to his own personality. *Karl May* was not a spiritist and therefore was not aware of the dangerous situation he was in. He gave a very unemotional account of his strange condition. He later naturally found out that there is a world of the hereafter that used him as a medium.

We have however propelled our research into the hereafter to such a degree where we are able to fully understand *Karl May's* strange case and also clearly recognise all implications. We recommend all sceptic scientists to specifically study this autobiography very closely and then compare it to all present day spiritualistic and spiritistic results. A comparison with *Dr Wickland's*<sup>2</sup> experiences should sufficiently convince every logically thinking human being immediately.

<sup>1</sup> Autobiography by Karl May, Volume 34 titled “Ich”. 2 Dr Wickland, “30 years amongst the dead”.

<sup>2</sup> Dr. Wickland, “30 Jahre unter den Toten”.

The high ethos in *Karl May's* novels is the result of otherworldly inspiration.

### Questions and answers

Question : Are there *meta-physical* LAWS?

ARGUN : No, my friend.

Question : So what is the divine order all about?

ARGUN : The LORD is the highest LAW and everything in the cosmos proceeds accordingly.

Question : Why does mankind not receive *irrefutable evidence* that this LAW exists? Why are people not allowed to know and only allowed to believe?

ARGUN : My friend, there is enough evidence available, but people *close their eyes to it*. Open your eyes and you will not fail to notice divine miracles. If a small spark of faith in its true EXISTENCE is present, it can easily turn into a large FIRE. But you must have the courage *to look at it!* You may not turn your back on this LIGHT because you will otherwise miss it.

*February 1961*

Question : A proverb states: *Help yourself and GOD will help you too.*-  
How does one interpret this?

ARGUN : Help yourself first and GOD will help you along.  
*Work hard* to solve your assignment.  
*But always ask for GOD'S help* with *genuine* conviction and you will find that your assignment can be worked out. GOD'S help will never fail once people have *made a genuine start*.

Question : How do you interpret the term "intelligence"?

ARGUN : We interpret it as the ability to comprehend something.

Question : So why can't talented people not comprehend the supernatural in spite of their intelligence?

ARGUN : Because they *do not want to* – or because they are mistakenly *ashamed*. They prefer to accept a rosy lie than the naked truth.

Question : The cohabitation between old and young people often leads to major disharmonies. How do you assess such situations?

ARGUN : A lot of people hold the opinion that young people prefer to live amongst themselves, because they *hold different views*.

The world of spirit holds a different view!

*There should be no boundaries at all here. Only primitive people believe that young and old should not mix. But parents and pedagogues make children's education more difficult through being the wrong archetypes.*

*May 1961*

Question : Does mysticism still have a right to exist these days?

ARGUN : *Yes, otherwise agnosticism would be allowed free reign.*

Mysticism is contained within GOD'S LAW; this prevents agnosticism from having free reign.

Question : Is mysticism a necessity or an evil within primitive tribes?

ARGUN : *It is important: then this brings these people closer to GOD than you imagine. These people are clairaudient and they are even called upon by otherworldly souls at the hour of their demise.*

Question : How do you assess the way many mystical courses are run?

ARGUN : *Most of these types of exercises are rejected by the positive spiritual realm.*

Question : Why have some of the primitive native tribes stood still in their development so that they still live in the Stone Age?

ARGUN : *These people will not develop further under any circumstances, because it is one of GOD'S LAWS for them to live like this.*

- *It is GOD'S wish that the rest of mankind sees an example in this. It is there to verify that the WORLD of SPIRIT exists; because the best evidence of the supernatural comes specifically from this primitiveness.*

Question : Can these people actually find their way to GOD?

ARGUN : *Even those that grow up ungodly can find their way to GOD, if the soul has a longing for it. It is the will of the soul that looks for LOVE.*

Question : Could an event be so devastating that a human being cannot turn to goodness *under any circumstances*?

ARGUN : *Something like this unfortunately exists.*

- *This is due to the lack of steadfastness of the particular soul that always gives way and never asserts itself. It dupes itself and does not have the courage to show its true colours. The moment it would show the way it really is, it would collapse from shock and humility.*

This is the reason why it has no intention of showing itself to the world *differently*. It acts from within this *complex* and deceives itself in this way all its life and suffers terribly in the process. We take this into consideration and have a lot of compassion.

Question : How can such unstable souls be strengthened and educated?

ARGUN : Best by *showing* and *proving* to them that *one's own faith is steadfast and strong*, above everything else that other people's intentional blasphemies cannot bowl us over and that one is *not ashamed* to admit that one loves GOD. Only this will make these soul begin to reason and they will refrain from blaspheming a second time.

Question : Do thoughts adopt certain forms in the spiritual realm?

ARGUN : *All thoughts have form and colour and they accompany you.* – People can be recognised by their works, - Thoughts can be creative, but the works they initiate have structure.

- *The true artist talks to GOD and then expresses this conversation.*
- *The negative artist gibes GOD and his creation.*

Many an artist battles with GOD and with Lucifer and is therefore *between* these two forces. Every genius is engaged in this battle and this is why they say: "Genius or lunatic?"

Question : Does not *every* human being have to fight this battle?

ARGUN : Every soul has to take itself to task over this and come clean – and then decide whether there is a GOD or not. Those that win their own soul's battle *are saved*. All people undertake this search, but most of them are unfortunately on the wrong track.

- *The right track is one's sentiment, namely to look for the truth and avoid lies.*

Question : Do the *names* of people have spiritual meaning?

ARGUN : Names resonate the harmony that is supposed to enter a human being.

- *Of particular importance is the selection of Christian names and most of them are inspired.* – *But terrestrial names are soon discarded in the spiritual realm. After a period of probation, souls receive a corresponding name that fits their mission.*

**About a "meaningless" existence** (Author H. V. Speer, leader of the Psychic Peace Circle, Berlin)

*February 1961*

Almost all philosophers looked for the actual meaning of life. One a small number of them found a satisfactory answer.

Spiritualists are certainly not philosophers, but they are in a position to explain the meaning of life *far better* than even the Church can. – With the help of insights, gained through international research, we are in a position to see the meaning of life fairly clearly.

*Materialistic philosophy* assumes that human beings, as individuals, do not fulfil an actual purpose in life at all. Only the masses have such an assignment. People were therefore only a minute part of

a machine that can maintain its movement without these individual, little wheels. Individual little wheels do become useless and are immediately replaced by two or three new wheels making the machine run better and better.

One has to say in contrast to this that we have to see the world as a little wheel within the universe. The universe is however *perpetual*, its movement never stops. It does indeed not depend on individual people, but on every single soul that inhabits, respectively utilises a body as an instrument.

The WORLD of the hereafter is *far larger* than the here and now and its opportunities are therefore also greater. Our terrestrial existence is a school – and due to its strictness, not a bad school at all.

- *Everything people learn during their earthly existence and all their experiences can never be taken away from them. These possessions remain eternally.*

We can experience this with our otherworldly FRIENDS. The otherworldly who entertain contact with us never forfeited any of their spiritual insights and values. A talented and experienced artist can also create in the hereafter and from the hereafter. – A poet can also still write poetry after his “death”. – A language remains intact, it can also be written via a medium. Every international and common graphic character is possible. All Morse code signals also. – A composer can continue to compose. These works either remain in the hereafter or are transmitted to this world via a suitable medium or through inspiration.

As terrestrial human beings seldom possess this fact, they erroneously believe that their existence only fulfils a terrestrial purpose and that their demise extinguishes everything. This is why one talks about people whose acts on Earth gave them immortality. This immortality has nothing to do with reality. It is a completely different immortality, a mere shadow of the immortality that has validity in eternity.

Many a bankrupt, many a failure in the physical world, disembodies himself in order to draw a final line. His ignorance conjures up a dissolution into nothingness for him. – *Far from it!* Life cannot be extinguished, only the physical body provided by Mother Earth returns to dust. But Mother Earth never provided the spirit body, or consciousness, and this is why the spirit does not return to the Earth. The soul recognises too late that it cannot escape responsibilities in in this way.

This insight is: *LEARN! – LEARN! – And try to survive for as long as you can!*

Nothing is for nothing, nothing is in vain. – Those that want to may remain on this Earth even after their terrestrial demise and this will give them the opportunity to *really* get to know this Earth and its inhabitants.

But woe to those in a hurry, unwilling to bide their time!

## **Questions and answers**

*March 1961*

Question : Dear ARGUN, you once told us that it was very much a case of battling and discarding one’s *negative* habits. Can you please tell us which habits in particular?

ARGUN : To be able *to bear criticism of one’s own person* must be first on the list. – One has *to*

*admit* one's own shortcomings and not blame others for them. – One should retain enough decency to reproach *oneself*. – One should try to improve *oneself*. – One should also *not impose* one's opinion on others when one can see that people are not interested. – You should be aware that one can *easily make a mistake*. This is why one should not be *too quick* with one's judgment of others.

Question : There are those that love old furniture and antiques. Can one take possession of these things without suffering some form of personal damage?

ARGUN : There are those that love very old things. But there are also cases where the previous owners of these objects, most of them dead now, *cannot bear to be separated from them*. They therefore cling to these things and affect the new owner either negatively or by spooking them.

- *It is better to have these things renovated, re-painted, polished or changed. They must at least be thoroughly cleaned so that any emanations from them are removed. – Be careful with old jewellery!*

Question : Can negative thoughts emanating from a throng of people influence terrestrial mankind's existence?

AREDOS : Cumulative thoughts can influence mankind's existence. Such thoughts can also have an influence on physical matter. We are dealing here with a kind of mental mantra. Evil can be challenged – but goodness also.

- *A cumulative prayer has an incredible effect.*

The power of thought also belongs to thought concentration and it is *amplified* through the masses. Otherworldly ENTITIES can concentrate *more effectively* than terrestrial souls. Whether good or evil triumphs depends on *yourself*.

Question : One uses the phrase: "The LORD endowed him with goods." Is this correct?

ARGUN : The LORD does not accept gifts. But He also doesn't give gifts to those that have *not genuinely* earned them.

Question : When will true LOVE reign on Earth?

ARGUN : Those that worked in a faithful way will climb from one level to the next. The average citizen trying to be a Christian will share with others out of LOVE the moment he or she lives in abundance. – Real LOVE will however only begin to reign once *envy ceases* on this Earth. This miracle can only happen once human beings have developed to a point where they *no longer* destructively judge others. This is the only way a divine peace of LOVE can establish itself.

*April 1961*

Question : A spiritual friend writes that he would delve into this subject *completely differently* than we do. That there were greater problems to solve, like for instance *freedom of will*, *reincarnation* and *GOD'S oneness* in regards to polarity. One would have to deal with

these themes *down to their last nuances*. – What do you make of these concerns?

ARGUN : An initial question can sometimes take years to be expanded upon, because the wheel of the world continuously turns. Today's theory is tomorrow's reality. Something that was a thought yesterday is an accomplished feat today. This is the same in the here and now and the hereafter.

- *It is not our assignment to explain and to verify GOD'S polarity, our MISSION consists of teaching you to the best of our knowledge and conscience and to show you GOD'S LOVE so that you too can find HIM and so you can deal with your problems here on Earth. You should acknowledge life correctly and know that life is a wonderful gift from GOD that one should honour. I will not allow myself to say any more.*

July 1961

Question : Does the colour of one's hair have something to do one's character?

ARGUN : The colour of one's hair is a gift from GOD and has nothing to do with character. But extreme vanity is a mistake.

- *A lot of people are dissatisfied with GOD'S gift because they do not think of GOD at all. They correct themselves continuously and erroneously believe that they can do things better than their CREATOR.*

Question : Do thoughts have a limited range?

ARGUN : Every thought travels via the control station of the personal GUARDIAN ANGEL. Only a genuine, positive prayer will be passed on to the cosmos. These passed on prayers will be heard and certainly answered. But whatever is unimportant will immediately dissolve into nothingness. *This is how so-called lapse of memory develop most of the time.* Circle leaders, participants and mediums often ask the realm of spirit questions it is forbidden to answer. This then creates an embarrassing situation for us.

Question : What does the concept of intelligence mean to the realm of spirit?

ARGUN : Intelligences are sentient beings with enough common sense to be able to distinguish between good and evil and the perceive creation. – You however understand the word "intelligence" to mean a special aptitude, but in a negative sense. You confuse intelligence with craftiness and deviousness these days. Bonhomie on the other hand is rated as dullness.

Question : Should one concentrate on a specific MASTER during yoga exercises?

ARGUN : This is left up to each individual. – *It is best to follow your feelings.*

Question : Knowledge however depends on instructions by others. From which source do you SPIRIT TEACHERS derive the knowledge you convey to us?

ARGUN : From GOD'S ORGANIZATION. We must also continuously undergo training. We are not ashamed to admit it when your questions surpass our own knowledge. In any case,

we try to avoid all mistakes and all obscurities. Mistakes can only arise through the sudden change in a situation, but we will amend them if possible.

*July 1961*

## **Spook and its consequences**

Whenever talk turns to the hereafter one immediately thinks of ghosts, spook and the numerous fairy tales found in children's books that deal with the subject. Combining all of this it seems that the hereafter is something ridiculous and unbelievable. One intimately relates the hereafter with all these associated gruesome tales. The moment a *genuine* spook phenomenon takes place anywhere on Earth, reporters of daily newspapers perforce think of some mischief perpetrated in this respect. They therefore do not find such phenomena scientifically interesting, but simply an interesting gruesome tale.

Spook, with its ghosts, is an apparition that does not enhance in any way the knowledge in regards to the continuing existence of the soul.

Spooking spirits are strangely enough prepared to commit all kind of pranks and they are internationally active. They almost always seem to take great pleasure in *frightening* human beings. In one word: Ghosts are very *gleeful* – and this seems to be their true enjoyment of life.

Very conclusive is the fact that spook is spread right across the whole world and that it shows the same symptoms everywhere. Spooking spirits act like the insane – and that's what they are, all ungodliness' are very dangerous delusions that only really come to the fore in the hereafter, because the restraints of physical matter no longer apply. (Being under the influence of alcohol is similar.) All these spook phenomena however cheer us up and regale us because they are tied to the titillations anything eerie give us. This is where the mistake of false interpretation is made.

- *Spook is the most devastating evidence of the severest consequences of a sinful life. It is an example of mental derangement and a senseless revenge on living human beings.*

Spook can turn so dangerous that it can attempt to kill terrestrial human beings. This is the reason why people are terribly afraid of these apparitions when they encounter them.

- *Ghost stories in fairy-tale books, haunted castles at showgrounds and the childish drawings of ghosts etc. are not just an impiety against unhappy, returned souls, but beyond that a severe blasphemy against GOD.*

The situation is hardly different with home-circles (House-spiritism):

- *The souls do not behave much different than spooking spirits during these contacts with the hereafter. They lie, tell terrible jokes or give the wrong Lotto numbers and eventually turn vulgar.*
- *A different group hoaxes circle participants with pious proverbs from the Bible, by calling all of them chosen ones and saints and by amusing themselves over their fanatical piousness that has nothing to do with true HIGHER DEVELOPMENT.*

But what these souls – that actually deserve the denotation “Ghosts” – achieve is that the participants are adversely affected and *become ill*. Actually represents the final objective of these demonic

endeavours. It would be far better for the circle participants to never ever have anything to do with this.

The fact that people make the mistake of *amusing* themselves over spook and *ridicule* it gives the devil a major trump into his hands that he will surely play when he finds someone *genuinely* searching for God and where there is a promise of *success*. Spook is also an otherworldly phenomenon.

## Questions and answers

*September 1961*

Question : Are the more knowledgeable obliged to take care of the less knowledgeable?

AREDOS : Everything happens on a *voluntary* basis, because where there is compulsion, nothing worthwhile grows. The more knowledgeable do however have a *responsibility* in regards to the less knowledgeable and it is to not fight them, but *helping them*. –

- *Spiritual insights make one very happy!*

*October 1961*

Question : What opinion does the spiritual realm hold in regards to the breeding of *fur bearing animals*?

ARGUN : One should rather not do anything like that, but specifically not to use them as finery.

- *To promote life and then to destroy it for such purposes is a great sacrilege.*

Breeding means: To protect life carefully and hygienically, to promote it and to refine it and to then destroy it brutally. This killing is based on the greed for riches. There is no necessity to conserve human life involved here. But when animals are bred and killed to *adorn people*, the sacrilege is *even greater*.

*November 1961*

Question : Can we hear something about the future MESSIAH?

ARGUN : No, the time for this is not ripe. Everything is still being prepared. *The reformation on Earth has to be finalised first.*

(Comment: ASHTAR SHERAN is the LIGHT that precedes the MESSIAH.)

Question : When people reach old age, their mental powers often leave them. They find it difficult to remember things or sometimes turn child-like. What is the reason?

ARGUN : This is due to the breakdown of physical matter. The intellectual property remains *stored in spite of this*. *The debilitated brain gradually loses contact with the mental VIBRATIONS*. The characteristics of the cosmos may not be confused or equated with the characteristics of physical matter. Scientists unfortunately allow themselves to be

duped in this way.

- *When the soul enters the spiritual realm it receives all its senses and memories back unaffected. – The spirit depends on physical matter during its terrestrial sojourn and this is why the spirit, having to utilise an unhealthy body, cannot fully concentrate.*

Do not make the mistake of connecting a severe ailment to karma. This only applies in a very few cases. One is mostly dealing with an evil fate that is *also not* GOD’S will.

- *GOD does not want people to see a KARMA physically expressed. Only the respective soul is supposed to feel it and not its body.*

Every soul has the opportunity to integrate into the positive REALM through improvement and through a firm good will.

Question : Some people hold the opinion that they missed all chances of betterment during their life and that they no longer have an opportunity to go to HEAVEN. What do you say to that?

ARGUN : *This is a grave mistake!* – These people have given up. They capitulate before themselves and before GOD.

- *It was not too late for the repentant thief who hung next to CHRIST on a cross, to gain self-awareness.*

Even when having reached the edge of an abyss one can still turn around. But nobody knows if they have enough time left to do so. Opportunities for betterment are also available in the hereafter, but one’s good will is numbed. This is why I continue to blow wind into your sails so you will believe in yourself.

- *You have to develop the ENERGY you must bring with you to the hereafter already here on Earth, because you require it there. This is the only way you swim on the surface and assert yourself against the lower regions.*

Life in the here and now and the HEREAFTER form a circuit – and aches hurt, mentally as well as physically.

- *Life in the physical is an unavoidable foundation for one’s GREATER EXISTENCE in the hereafter.*

The correct training of the soul is of great importance and this is why it is left to each soul to decide to reincarnate. It is however of great importance to *not* find out what happened in the past. Whilst in the physical, only the present and the future should be of interest. CHRIST already said: *“Those that want to progress should not look back.”*

Question : Why are there people that can remember a past life?

ARGUN : This is *not* within GOD’S WILL.

- *These people are very curious and force themselves to remember with all available means or they imagine all kind of things. –*

- *It is even more abhorrent to give these people a report of their past lives. It is mostly a case of profiteering from people's curiosity.*

Question : There are people that indeed believe in reincarnation, but say that their present life was bad enough and that this is why they do not want to go through it again. What do you make of this view?

ARGUN : These people think negative. They have *only seen the negative* side and did not love their fellow men, but rather hated them. They made GOD *responsible for everything* and never saw the goodness and beauty on this world. They did not make any progress in this world and only collected a few insights.

- *These people must once again, respectively more often, live on a lower and more painful level in the physical world so they learn what's positive.*

These souls will be, even if they are reluctant, directed to a new body. This is why I advise you:

- *Free yourselves from any type of mental tension. Try to enhance your life with positive comforts.*
- *Get rid of all grime and all things ghastly from your house. Live in LIGHT and harmony, breathe a lot of fresh air and do not hide in stinking rooms or smoky dens filled with negative VIBRATIONS. All that's beautiful and pure raises your sense of wellbeing!*
- *Do not smoke tobacco and if possible, avoid alcohol.*

The world is very beautiful unless you make it unbearable. You must select the best for you and not attract the worst and unhealthy this world offers.

- *Those that engage in vices in the here and now will also look for them in the HEREAFTER!*

You may not configure your environment disharmonious, because you will otherwise feel discontent and it will make you ill.

- *You cling carelessly and fruitlessly to many old rooms and things, but you do not know that these esteemed antiques often harbour gruesome memories whose negative VIBRATIONS have an effect on you, well actually attract whole groups of evil souls.*

Reincarnation is part of the evolution of all of mankind, that is to say, it isn't just global, but reaches *all regions* of the universe. Reincarnation must not take place – but *it can* take place and when it does, it is for a very important reason.

- *Our contacts established that a great number of participants who died in the last war now live on Earth and have done so for around 20 years. This fact partially explains the negative and reckless behaviour of young people who have subconsciously taken on an evil inheritance.*

The Churches are naturally *against* these doctrines. They do not fit in with their dogmas. But facts do not show consideration to dogmas. The comprehension of an otherworldly life is wellnigh impossible without these doctrines. This research isn't just interesting, it is enormously important. People will absolutely gain a better understanding.

*December 1961*

Question : Is it true that one is affected by the influences of the stars in certain respects?

ARGUN : Yes, that's true. People are *subject to moods* through them. The Moon has for instance a strong influence on the bloodstream, particularly in women. The universe, respectively the cosmos, influences *all* human beings in many ways. This is why people are also affected by *changes in the weather*, like for instance by the Föhn (Warm southerly wind) and other meteorological changes. Stars emanate rays and this radiation has a major influence. I am sure that you know this.

- *But human beings still have their free will decision making prerogative in spite of this.*

According to GOD'S plan, human beings are supposed to be dependent on the universe in certain respects, because they would otherwise feel unnaturally powerful and this would be a great calamity. They must continuously sense that they play a *subordinate* role in GOD'S plan, meaning that they do not have command over all available energies. Human beings are however surrounded by *two SIDES* – and the negative *SIDE* can bear very hard on people.

Question : Can you explain to us why mankind has to endure so much suffering?

ARGUN : *Most suffering is due to fate.* It is the result of accidents or you have burdened yourself with it. But the negative, spiritual *WORLD* is *also involved*. It tries to destroy your aims, rob you of your faith in GOD and to make you disharmonious and embittered. They are successful in a lot of cases, because there are lots of people who believe that because of this, there *cannot* be a *just* GOD.

Question : Is the spiritual realm's influence great enough to reform the spiritual attitude of terrestrial people?

ARGUN : The 20<sup>th</sup> Century is the beginning of a completely different Age. Space exploration alone shows you already that you are faced with a new chapter.

- *The Christian religion will reach a common denominator through the influence of the spiritual realm. Besides, phenomena and energies will show up that will verify to people that they have lived in error up to now. Do not forget that another human race from the stars supports GOD and HIS realm.*

An entirely new concept in regards to man's existence will clear away all rubble. All of this is in the not too distant future, but everything has to run along an exact sequence. Aims set by human beings will gradually shift and points within GOD'S PLAN will be realised instead.

Question : Do you have an exact overview of how *our* work is progressing?

ARGUN : Yes, we do have an exact overview. The progress can be equated with the way medication works. We can therefore not say *how long the effect will last* if it isn't administered *over again*. – People are impatient and would like to have *everything immediately*. If things take too long *they soon forget* and they will turn away from all the things that initially thrilled them. This is why we have to continually remind you – and this requires some effort and costs time. When talking about these things, I always talk about the general average.

(Comment: All the numerous letters of acknowledgement verify the high opinion one has of our otherworldly GUIDES.)

Question : Why are there some many different races on Earth if the *soul* plays the *major* role?

ARGUN : We are dealing with *assimilated* levels of development. The *Caucasian* race should however not behave in an arrogant manner. It can only verify that it is more mature and more progressive by behaving completely opposite. This unfortunately only happens on rare occasions. All races have their specific pertinence.

- *All of you are supposed to be tested to see whether physical matter, form or colour matters to you or only the quality of the soul.*

The various races were specifically created for Earth by GOD and do have their own individual beauty, but also their obverse side. You ought to prove how far you appreciate one another as human beings. The races are *gibed* – like us – in lots of cases.

## Conclusions arrived at by the WORLD of SPIRIT

The objective truth has plenty of enemies in the hereafter also. This is *particularly* the case because *everything is superlative* in that dimension. The human spirit in these regions is also *superlative* in all its feelings, in its LOVE – and in its hatred.

- *This is the reason why it is so important that people cleanse themselves from everything negative during their terrestrial life so that these terrible character traits do not superlatively increase in the hereafter, because the soul is not obstructed there.*

Whilst people live in the flesh, their soul is inhibited. But devious people entering the hereafter, will *become much more active* in their addiction to telling lies. The same applies to all mental characteristics. – Human beings, having loved a lot during their life on Earth, will find that their LOVE will further grow from day to day. Large GROUPS assemble in the SPHERES that have close ties to one another, because they have the *same goals*.

One's intelligence can never quite unfold fully during one's terrestrial existence. Man's brain is a connection relay that *prevents* an all too great an escalation of one's mental activities. This brain-relay however falls away in the hereafter and the soul can fully concentrate its whole will on its intelligence.

- *This is why many people on Earth make a great mistake when they believe that all their mental acquisitions, their studies, their talents, their abilities and knowledge find an absolute end when they die. Apart from the physical, which was only temporarily utilised, everything else remains preserved.*

There are absolutely no boundaries set for man's education. A human soul can develop itself right up to becoming a creative ANGEL.

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## Questions and answers

*January 1962*

Question : There are still some extremely *primitive* people on Earth. Are we dealing with a retrograde development here?

ARGUN : These people remained *stationary* in their development. The regrettable thing about this is that they feel *content* in their situation. All of them unfortunately sympathise with everything negative.

- *They believe every derider that comes along and they are not interested in GOD, because they sense that they then would have to strive for a higher level.*

It will take at least 100 years before they change. Completely new generations will have to be recruited.

The landscape will already dramatically change within the next 10 years: The world's rainforest will be reduced to about one third of its present size. The rest must be retained out of the necessity to maintain life. – Bleak deserts will be irrigated in the future.

Nothing could change the world more in a positive way than *real* world peace. The first step towards this would have to be *bona fide* economic deals between competing nations. The blessing of the Gold-Dollar would be reduced. This money would then be used to raise the prosperity prospects of the rest of the world.

This would bring about a so-called *Communal-Dominion*. Which means that all this uncertainty finally comes to an end. You would also soon realise that new legislations would take radical measures. Spiritually and morally fallen people would have to be severely punished in order to make them actually realise the sins they committed. – They still feel that they are in the right *these days*. Even eminent political and theological leaders unfortunately belong to this group of people.

Question : Can you submit a proposal of how we can best tackle this problem?

AREDOS : An *International Court of Law*, similar to the *United Nations*, would have to be established, one that represents GOD'S VOICE here on Earth. Equipped with the right insights in regards to realities, this *International Court of Law* could work hand in hand with the WORLD of SPIRIT.

*February 1962*

Question : Can you tell us something about *animal instincts*?

ARGUN : Every animal has a *spirit*, even a hummingbird. Its size is of no consequence. Insects have an *instinct*, that is to say, *everything that crawls has an instinct*. It represents a *subordinate level* to the spirit. This instinct is an inheritance of originalities that are repeated from generation to generation. They can never be extinguished.

- *Instinct is certainly a precursor to intelligence.*

Question : How can people discern by themselves whether their thoughts are still *logical*?

AREDOS : The word “logic” stems from LOGOS, that is to say, the word GOD or divine. Atheists want to be logical, respectively always appeal to logic, but they are not interested in GOD or in the DIVINE. People must therefore test whether their thoughts *contradict* GOD or the DIVINE. If this is the case, their thoughts are *illogical*. Atheistic thoughts *increasingly* distance themselves from the objective truth.

Question : There are dogmatic people that are hard to deal with. Should one act according to the proverb: *The smarter one gives in*?

Answer : *This proverb is utter nonsense!* – The smarter should *never* engage in an argument with an unteachable person. One should avoid this person, but one should certainly not give up one’s own point of view. One’s point of view must however remain unassailable.

*March 1962*

Question : What effect do *shock* and *fears* have on the baby of an expecting mother?

ARGUN : It has a *mental* effect on the mother. But it has however a *physical* effect on the unborn child. Mutilations are not connected to this. These are more a case of *underdevelopment*. Every embryo develops somewhat differently. The time spans of embryo’s development *vary*, even if the birth takes place at the appointed day. This is where physical deformities sometimes come from. It depends on the constitution and the physicality of the mother. It also depends on whether the genotype is *pure* or *damaged*. Genetic influences caused by poisons remain active for generations.

*April 1962*

Question : Some people refuse to do something good, because they hold the opinion that it could have dire consequences. Why?

ARGUN : To do a good deed is left up to each individually. But all positive acts should be done *out of LOVE* and *not* out of self-interest. It therefore matters not *what* consequences arise from it. A good deed has however *always positive*, even when people fail to accomplish it. The consequences are however *not readily obvious*.

Question : Mountaineers’ daring attracted attention this winter also, they do however not only endanger themselves but others too. What do you say to these mountaineering expeditions?

ARGUN : I would dearly like to put them over my knee. They do not always do this out of idealism

or ambition, but out of their dangerous *craving for recognition* to having been the first or the only one on top of the mountain. *I was the one that accomplished this!* – I personally find mountains a lot more awesome and gigantic from a lower perspective.

Question : Can an antipathy felt against another human being indicate a perceived danger?

ARGUN : We are dealing here with a VIBRATION, a certain FREQUENCY that mutually repels you, so it's best for *you to avoid each other*. Everybody has different views and a different character and they do not always conform to one another.

May 1962

Question : A lot of guys voluntarily subject themselves to severe ordeals in order to prove that they are "macho" – as they assert. Are such exertions necessary?

AREDOS : We are mainly dealing with *self-importance* here, something akin to fighting duels of honour. If these people were to promote the truth, they would miserably fail, because none of them would have the courage to openly acknowledge the existence of the immortal soul.

Question : There are still a number of people here on Earth that are closely linked to the Stone Age. Are we dealing here with a retrograde development?

ARGUN : These people's development simply *stood still*. They are not yet mature. But their time will soon come. These people must also endeavour to further their progress. They are unfortunately completely dissatisfied with themselves and they do not want to advance. These relatively moderately developed people in particular create a lot of problems for us here in the hereafter. They are very obstinate and tend to *sympathise with everything negative*.

Question : Aren't there not also some amongst the more civilised that show a great sympathy for negative things? Have these people stopped in their development for one reason or another?

ARGUN : These people do unfortunately not have their *own* opinion. These are people that are only guided *by the latest fashion* and *by the masses*. They believe all deriders, but do *not* want to show their face to the LORD. These people know that they would otherwise *have to change* in order to reach *another* level. It will take at least another 100 years before this situation changes. *Completely* new generations will have to be raised before. Their upbringing, respectively education, must be revolutionised *from the ground up*, that is to say, these people must be made familiar with *other* points of view.

- *The map of the world will begin to change in the next 10 years anyway. Two thirds of the rainforests will disappear. The rest must remain to maintain the viability of life on Earth. Deserts will be watered bounteously. Oil and controlled atoms will be fully utilised.*

The American president will try everything he can to bring about an accord. World peace will only come about through *clever trade agreements* and through appropriate compromises. A course towards a *unified communal dominion* will be taken underfoot

throughout the whole world. This will help to slowly ease the daunting insecurities life on this Earth offers. Life is presently almost unbearable, because it is marred by the fear and terror the future might bring.

Spiritually and morally fallen people must receive a sensitive penalty so they recognise *that they are sinners*, so they recognise *that they acted wrong* and so that they understand the things they have broken, because they would otherwise still feel that they are in the right.

Question : How is this NEW KNOWLEDGE likely to be distributed?

ARGUN : Spirit TEACHERS will take your fate into their hands – unofficially to begin with.

June 1962

Question : What constitutes *genuine* humility?

AREDOS : It certainly doesn't mean poverty or austerity and also not modesty, but:

- *Genuine humility is the complete submission of one's own person to the benefit of others.*

Question : There are some very beautiful people and one has to assume that they also have a beautiful character and possess a good soul. But it is often a case where *specifically these* people are bad and evil. Why is this so?

ARGUN : In spite of their inherited beauty these people lack *transfiguration*.

- *Transfiguration is the visible sign of a good soul. It is a gift from GOD for eminent services and has nothing to do with the usual, but relative beauty.*

Question : Psycho-science asserts that *the spirit builds its own body*. How does this equate with your explanations?

ARGUN : This does *not* apply in regards to physical matter. The spirit builds its otherworldly body exactly according to the image of the soul.

Question : The concept of “ugly” is also relative. Is there an explanation for this?

ARGUN : Yes that's correct. But denoting something “ugly” is an attack and an attempt to destroy by the negative. As you know, *both* polarities are powerful. Only GOD is *more powerful*, because HE is *positive*. Lucifer however does not leave one stone unturned in order to promote himself. He knows that he is unable to go beyond set boundaries and this is why he would like to smash everything. This specific time now, as developments run rampant, brings the greatest contentions between good and evil.

- *Lucifer is however unable to destroy any of GOD'S planets. He can definitely affect parts of it, but he cannot effect the demise of a planet.*

Question : Are the people on this Earth relatively developed souls?

ARGUN : Earth is a *special* planet of refinement. The human beings that live here have advanced to a specific grade already.

Question : What is the main reason why mankind is *so difficult to educate*?

ARGUN : This is mainly due to the still existing *heaviness of its thought processes*. Most people, what you call “the masses”, prefer to leave the thinking up to *other* people instead of bothering to do so *themselves*.

Question : There is a certain norm for the level of education a nation demands as *general education*. Is this norm the reason for this heaviness within thought processes?

ARGUN : This norm within the educational system is *wrong*. The general education was *not* promoted to the degree the existence and the progress of this world demands it. All people only think along *specific* lines, namely physical lines; the spiritual is either utterly distorted or completely ignored.

*August 1962*

Question : Is it right for us to deal with the far distant future?

- *The future and not the moment or the present are important. But man’s future is not within the terrestrial region, but in the hereafter.*

Question : Superstition is almost always equated with primitiveness. Is this correct?

ARGUN : Primitiveness, *due to its associated filth*, is *more attractive* to everything that is negative. The spirit is pure and so is everybody that tries *to keep their spirit pure*. Cleanliness is a good defence in a clean sphere.

- *A good spirit is the best protection. A good spirit is simultaneously also a positive intelligence.*
- *Superstition is mostly tied to filth and primitiveness. Besides, the intentions and aims of superstition are of a primitive nature. The pure spirit is not related to superstition.*

Question : The erratic jump in births demands some sort of *birth control*. The Churches are still against this. So what is one to do?

ARGUN : The best solution to this problem consists in *the promotion of intelligence*. Primitive people or the proletariat produce the biggest number of progeny. When people have different aims in life and different ideals, they place a *greater* importance in *producing offspring* and are therefore not easily swayed from doing so. Unintelligent people don’t worry one iota about the future of their children.

- *According to divine LAWS, every nascent life must receive a soul. This leads to incarnations of souls that do not possess the required maturity to do so. You should therefore not be surprised when you are disappointed at times.*

September 1962

Question : Can you explain and formulate the meaning of life to us correctly?

ARGUN : Most people are *not* interested in the meaning of life *whatsoever*, because they would then *have to believe* in GOD and in the spiritual realm – and this is something that is much too inconvenient and *disagreeable* to them. They therefore hammer away at life without actually knowing what life is all about – and this without knowing that everything has to be accounted for. They live their life as if blown hither and tither by the wind and try not to miss out on anything in the hope that at the end, the bill of fare will disappear under the table. Every human being is absolutely able to scrutinise their own bill of fare, because nobody is too dumb and too ignorant to do so.

- *The meaning of life is the self-acquired insight that GOD represents ETERNAL LIFE and that human beings stem from this ETERNAL LIFE.*

Question : What other assignments do we have here on Earth apart from fulfilling our refinement?

ARGUN : *To verify* the spiritual augustness in its physical aspect – and to verify that physical matter also *has a purpose* – namely *to serve* mankind and life itself.

- *You are asked to prove that you know how to deal with the solid matter GOD entrusted you with.*

Everything has a deeper meaning – life and death also – and also work, because it is designed *to fulfil* and *to gratify* people and at the same time provide the required nourishment to sustain a physical existence.

Question : Are the aims and rites of the *Freemasons* positive?

ARGUN : *We reject them.* A commentary is superfluous.

Question : Do people's *dream* really have an important denotation?

ARGUN : *Yes, they are important to everybody.* But by becoming civilised, people have lost the ability to extricate dreams' *true* meaning.

- *Dreams are partially an interference into another aura of consciousness – partially the activity of one's own sleep-consciousness – partially one otherworldly test- and partially prophetic glimpses into reality. The personal GUARDIAN ANGEL is often able to convey a tip to its protégé through a dream.*

October 1962

Question : What is life?

ARGUN : There is actually no death, but *only* life! There are however changed living *circumstances*. Everything that moves has life, even a stone has life within itself.

Everything was created through GOD'S LOVE and through HIS WILL. The life of human beings only loses its physicality, they however remain alive just the same.

*November 1962*

Question : The concept *logic* is controversial. Is there actually a standard one can measure logic by?

ARGUN : Spiritual maturity also changes the face of logic.

- *Logic is the rationality of the spirit. It alters according to people's experiences.*

There should be a school that teaches people between the ages of 30 to 40 years logic.

Question : People are less and less interested in a well presented meal. What do you say to that?

ARGUN : A well laid-out meal creates good VIBRATIONS and is therefore a sight to behold for the soul. This includes serviettes, candles, a well prepared meal and a *silent thank you* as well.

*December 1962*

Question : Who brought culture to this planet? – Was it brought here by spirit beings or brothers from the stars?

ARGUN : Culture stems from the universe. But *the will towards negativity* can unfortunately spoil a lot. Terrestrial mankind thereby blocks its path to its highest possible spiritual development. This correct path will *not be missed this time around*, because the *advances in technology* will be at everyone's complete disposal this time.

### **In regards to mankind's development**

The MESSENGER of LIGHT SILBERBIRKE gave the following explanation from the world of spirit in regards to mankind's development

SILBERBIRKE:

You must see development as something that does *not* necessarily run along *straight* lines. A whole series of successes can follow one another, but obstacles can also make an appearance. – People progress but then unfortunately fall back again. They endeavour to get up again to then progress higher than before. The human race develops, ergo evolves in this way. You can point out an epoch in human history and say: "See here, this is a dark period in our development." – But this is not all of it, this is only *one part* of it.

- *You talk about the "Age of Machines", but all of its associated problems arise from the fact that human beings are these machines' slaves and not their masters.*

A lot of work is ahead for those that want to teach the terribly ignorant the most elementary facts. Because they are not even aware that they are *spiritual* beings and that they continue to live after

their so-called “death”. –

How tragic is it to see the great number of people that are blind and deaf in regards to all spiritual realities and that go through life in this darkness. It is those in particular that our endeavours have to be directed at! They must be awakened so they can live their life according to why they received it in the first place.

Your world is not governed from below, but from above. New circumstances will bring new laws into being.

- *The LAWS of the SPIRIT are however unalterable.*

The physical body is given *too much* attention to, whilst the SPIRIT BODY and its requirements are *very much neglected*.

The human spirit develops only slowly. This is the only way it can comprehend the nature of its very being.

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### **From the world of spirit**

The spirit guide SILBERBIRKE, active in England, said the following:

One *cannot* deduce that you are further developed because you are a spiritualist. Your development depends on *the way* you conduct your life and *not* from the hallmark of the community you're a member of. You cannot deceive the LAWS of the GREAT SPIRIT. You can only achieve your development through constant growth and through your unfoldment.

- *Your character is what you made of it.*

Neither occupation, words, business signs, societies, Churches, books count... - All of these are just show ponies. What is of pertinence is only how you *really* are, how you *behave* yourself and what you do with your life. This is authoritative *for* all human beings and *nobody* is excluded from these LAWS of progress.

- *No Church, no sect and no religious community has a special prerogative through any kind of particular form of adoration or compliance with a special religious confession.*
- *Nobody has advantages through their affiliation to a Church.*
- *Advantages can only be gained through the way you conduct your life*

These words of the Native American soul SILBERBIRKE coincide with the statements of our MESSENGERS of LIGHT. All we can do is to teach and to practice what we learnt. *Knowledge in itself is certainly not enough*. We have to put this knowledge *into practise*.

It is also not enough to demand actions *from others* based on our own knowledge. We are obliged, *first and foremost*, to lead by example – and to educate *ourselves*.

But for as long as we fret over the indifference or the sins of others, we clearly show that we do not yet have a spiritual maturity. – Real spiritual maturity is the *expression of the greatest possible tolerance*, the like we see expressed by JESUS CHRIST.

### Questions and answers

*January 1963*

Question : It is said that the Earth is a planet for *fallen* souls. Is this correct?

ARGUN : The Earth is equipped with everything human beings require to live. Apart from this, the earth is also very beautiful. Why all of this for *fallen* souls? – Just think about it for a moment!

*February 1963*

Question : People thinking along non-christian lines say: “This is your duty. You must lead by example.” – Can you tell us something about duty from your point of view?

ARGUN : Duty has nothing to do with one’s confession. We regard duty a law of decency within society. Duty is an attribute. It is either present or it is not.

- *Duty is closely related to brotherly love.*

Duty is a word that any dictionary can do without. There are plenty of other words that express the same. There is however no duty to kill other human beings. Why do the casualties of war end up in a special sphere? – Because they are martyrs of a *false* sense of duty.

Question : Which type of physical matter is easiest to penetrate for you?

ARGUN : The air. Water is somewhat harder to penetrate. But fire and gases are the hardest. Gas is like an impenetrable wall to us.

Question : What about glass and other translucent materials?

ARGUN : These are somewhat better. But glass still represents some difficulties.

*March 1963*

Question : Why do domesticated animals run back into the barn when it is on fire? Why are they bereft of their instinct in such cases?

AREDOS : Fear makes these animals lose their objectivity. They are not aware where the danger comes from and believe that the barn will protect them. They recognise the path of the fire out in the wild and take flight.

Question : Are there *external signs* of the negativity of a person?

ARGUN : A person can be physically well formed but still be poisonous inside. You may not judge

according to externalities! Only their EMANATIONS are authoritative. However those of a higher spiritual development immediately sense this EMANATION. They accurately know whether an EMANATION is good or bad.

Question : To what degree do the divine LAWS affect individual human beings?

Answer : All alive today find themselves in accordance with the divine LAW. Nobody can live outside the divine LAW. This LAW includes all phases of life. It is impossible for a human being to be outside its effect. The realm of the spirit actually has accurate knowledge of every creature, every circumstance, every deed and every thought. The LAW is effective everywhere. – Nobody and no deed is ever forgotten or overlooked. Nobody is neglected and nobody is abandoned. – The truth is the absolute truth in spite of this, even if millions of people are not interested in it or derisively reject it.

The divine truth, which includes the LAW, always remains a truth and a reality, and its effect will endure even if people have no knowledge of it. The divine LAW is equally compelling for the knowledgeable and the ignorant. *It is the sacred duty of the knowledgeable to accurately inform the ignorant.*

April 1963

Question : Do people's the spiritual opportunities for development depend on the kind of brain available to them? Is there a difference between the brain of a Hottentot and that of a European?

ARGUN : Yes, there are differences between brains. An incarnated soul can only utilise its brain to its inherent potential. A virtuoso cannot give a good performance on an out of tune instrument. Who is to blame? Is it the virtuoso or the instrument?

June 1963

Question : You have told us that the heart has to make certain decisions. Can the heart make mistakes when it makes decisions?

ELIAS : The heart does not make any decisions, the mind does. But the heart, the seat of one's feelings, *influences the mind*. Depending on the *force* applied by the heart, the mind can be influenced. The heart's emotions are naturally often powerful enough to work against the mind. This is however amiss.

- *One's feelings should go hand in hand with one's mind. A lot of people unfortunately do not allow their heart to have a say. They are quite often governed by irrationality.*

Question : Can you tell us what we should make of the term *sentimentality*?

ELIAS : We don't see anything wrong with sentimentality. It means *emotionalism* and *sensitivity*. A human being with a sentimental disposition does not necessarily have to be someone that allows itself to be guided by feelings only and without logic.

Question : Is there a danger that one allows oneself to be duped, respectively exploited out of

sentimentality?

ELIAS : This can certainly happen. It happens often enough. But when it comes to important things, people will always have to take risks. It is however far *better* for somebody to be sentimental than unsentimental.

Question : Do human beings have *complete free will*? – There are different opinions about this, some assert that a lot of things are unavoidable *predeterminations*.

ELIAS : This is incorrect! – *Human beings have their free will*. The life of people is indeed preordained before they are born, that is to say, they are incarnated into a *specific* body, into a *specific* family, in a *specific* country, at a *specific* time due to a higher DETERMINATION. This point in time provides very specific *prerequisites for their life on Earth*. People will from then on travel their predetermined path *alone* and they will only be supervised by their individual GUARDIAN ANGEL.

Question : Are there specific influences that can influence a human being's path through life?

ELIAS : Yes, for instance *the stars*. Think of a river you cannot navigate in a straight line when there is a bend in the river. Your life also takes you in different directions. There are bends and corners ahead that one cannot foresee.

- *But people still have their free will in all situations. They themselves can decide what they want to do. Nobody is allowed to hinder them.*

Terrestrial laws can however exert a compulsion on them. But to say that everything is preordained *is nonsense!* On behalf of this conviction, people place themselves above all moral and social laws and traditions. Somebody for instance kills somebody and all he can say is: "I'm not to blame for this, because it was already written in my stars."

*July 1963*

Question : Is it important to teach oneself to not suffer too much from the negative annoyances of one's fellow men?

ARGUN : Yes, one should not be *too* impaired by this.

- *The heart, above everything else, should not suffer from this, because experiencing such pain attacks all physical organs.*

One should however not completely suppress one's empathy for the distress and suffering of one's fellow men.

*August 1963*

Question : Does the spiritual realm offer opportunities to fend off negative attacks on terrestrial human beings?

ARGUN : The realm of the spirit is in a lot of cases powerless. The negative attacks like a storm

and tears everything with it. *But a lot of things will change, the moment the borders of Germany, respectively Europe, open up.* The negative attack on people, which have reached a zenith, will also abate, because the devil discovered some very good instruments that have to be eliminated first.

- *Europe will be without borders at the end of this century.*

Europe is concertedly working towards achieving this already. All the nations there already meet to perform conjoint projects. This is the positive evil creates. GOD instructed his spiritual realm to do everything it can to *integrate* the negative, wherever and however it appears, into the divine PLAN so that it can *bring advantages* instead of destruction. We are very pleased about this development. –

## From the world of spirit

Bear in mind that the soul *must be ready* in order to be able to receive spiritual truths. You would otherwise run up against a solid wall.

- *The moment the soul is touched by grief and sorrow its hard armour disappears. It is replaced by a material that is easier to deal with, that is more receptive, prepared and willing to learn.*

There is help available for the suppressed. You must tune into them and you can then appeal to the HIGHEST that is inside of them. It serves no purpose to appeal to the remnants of their still present animal instincts, they should rather be encouraged to realise that it would be better to not exact justice according to the formula “*an eye for an eye and a tooth for a tooth*”:

- *This formula does not stem from CHRIST, least of all from GOD. It stems from revenge-thirsty priests.*

You must explain to them *that the meaning of life is their salvation.* Their grief makes them *able* and *ready* to take their place in the WORLD of SPIRIT where there is no hatred, no heartlessness, no bitterness, but only the desire to live in conjoint co-operation.

- *It is the prerogative of those with the knowledge to help those that have been led astray.*

Do not allow yourself to be completely blindfolded against the existing eternal spiritual REALITIES by the atmosphere of war. The LAW is *perfect*. – Everybody receives their fair share of compensation and retribution. The GREAT SPIRIT, whose infinite wisdom created the whole universe and conceived immutable LAWS to guide it, provided provisions for all that live in this universe, so that nothing escapes the practices of its natural LAW.

*Do not confuse revenge with retribution!* – You cannot create a world with revenge and hatred, because both *cloud* your judgment and make you *incapable* of making decisions and organising things. – Revenge is Moses’s law and CHRIST chided it (CHRIST warned about human statutes). Retribution is however GOD’S LAW, this means that everybody is requited according to merit.

Question : Should a group of people never punish another group of people?

Answer : I would treat them the way you treat those whose spirit is *unhealthy*. Treat them *mildly* and this might make them see life from the correct point of view. If you have to punish – and I don’t always see an obligation to do so – it must be *the kind* of punishment that

will *help* the soul find itself. It may therefore not be the kind of punishment that produces hatred and hatches *new wars*. *Hatred generate hatred – LOVE however LOVE!* Try not to judge with *prejudice*. This happened often enough in the past and it proved to be a failure.

- *Executing a murderer doesn't mean that you completely solved the problem of murder. The murderer will return often and prompted by his inspiration, will kill others. This means that there are lots of murderers in the spiritual realm that kill people in the here and now.*

When the spirit is ill, one should *nurse* the patient *back to health*. Terrestrial penitentiary institutions also have this task to perform. This is its indentures service to people who actually *acknowledge* GOD'S LAW and therefore work with it. – Life is eternal, there is no end to it and the path of maturing to perfection is also an infinite progression.

September 1963

### **From the world of spirit** (A discourse by the MESSENGER of LIGHT SILBERBIRKE about prayers)

A prayer is neither official nor unofficial. It isn't restricted to specific days or nights. A *genuine* prayer cannot be enforced through something that is found outside one's individuality.

- *There is no value whatsoever in a mechanical prayer (litany).*

Those that only gather together from time to time, because they are *commanded* to do so or because their *health demands it*, to listen to words or read words that are so familiar to them that they no longer leave an impression, *will not get closer to GOD one single step*.

The LORD is aware of all your hardships. He knows the unuttered words in your heart. There is no cause to besiege HIM with appellations like the rest of the masses.

*A genuine prayer* does no consist of words spoken at a public gathering. A genuine prayer does *not require words at all*.

*A genuine prayer* is the *yearning of the soul* that recognises the fact that it is only a fraction of an ENORMOUS WHOLE and that it is trying to connect with it. It tries to get closer and closer to this WHOLE it is a part of.

*A genuine prayer* is completed when the soul *is in its own company*, when the soul yearns to be in harmony with the *rhythm of life* and with the creative ENERGIES it is surrounded by, so that it may be fortified to provide a greater service.

*A genuine prayer* is a *means to introspection* whereby the soul becomes consciously aware of its divinity but also its inadequacies and tries to make its hidden talents useable, so that it can turn into a useful instrument in the hand of the POWER that gave it birth and life.

These things *cannot* be achieved through *official* methods or ceremonies. Worthwhile things, fruitful in their meaning and potentiality, there for all that have a genuine desire to ask *on behalf of all the others* and nothing for themselves, are only born within the stillness of the soul.

Question : Is it therefore wrong to ask GOD for something?

Answer : Yes, unless the request is the yearning of the soul to serve somebody else. GOD knows all your desires. But many have so little knowledge of spiritual LAWS that they're incapable of arranging their thoughts without dressing them up in words. The value of speech is found in the fact that it forces one to crystallise one's thoughts.

- *When you are in control and do not allow your thoughts to roam about, all your needs can be clearly discerned in your thoughts.*

Question : Does the *spoken* prayer *clearly* express one's thoughts?

Answer : Yes, but that's all there is, because there is no inducement for one single sound to pass your lips in a genuine prayer. This intimate contact does not require words that are just a ponderous emulation of thoughts and concepts. A lot of people are unfortunately so undisciplined that they cannot do without the use of language, even though it is only a crude substitute for the world of imagination. – Let us think of the DIVINITY we are all a unit of. Let us strive *to get closer* to this POWER, enormous in its nature, majestic in its good will and flooded with LOVE, COMPASSION and GRACE.

*November 1963*

Question : Do people have an opportunity to have an influence to change their hereditary factors if they are *negative*?

ARGUN : You can definitely fight against them, but this takes a lot of willpower. If this is however atrophied, you will allow yourself to aimlessly drift around.

- *You must try to extricate yourself from your hereditary factors so that you can develop yourself. This is the only way you can achieve your own personality. People are then not negatively or positively predisposed in this way.*

This is the actual goal, one that every human being should strive for, namely to freely develop themselves into a positive personality that managed to shake off all bad hereditary factors. This is the correct development of the soul within physical matter, because a human being is the most eminent creature GOD ever created.

Question : How is it possible for planets to influence people?

ARGUN : VIBRATIONS emanate from them that the *nerves* of human being's react to. It is *not* the soul that is influenced, but the whole nervous system of a physical human being. The nervous system then in turn influences the soul.

*December 1963*

**From the world of spirit** (A discourse by the MESSENGER of LIGHT SILBERBIRKE about the world of spirit)

You were placed on Earth to fulfil an assignment. All of you are eternal pilgrims on an eternal march. You must select your equipment by *using common sense*. A healthy common sense and intelligence guide you. You find parts of your equipment in lots of books and during many lifetimes.

- This is why you should only select the things you are attracted to!
- You should therefore *not* accept something *because* somebody *said*: “This is good, wise and sacred.” Nothing should be revered for the simple reason that it can help you on your terrestrial journey. This is something that I can recommend to you from the bottom of my heart.
- Accept the things that *appeal* to your power of reason, even though you might discard it later when you have gained *more* KNOWLEDGE.
- Do *not* restrict yourself to *one* book, *one* teacher and *one* guide.

I am not a source of infinite wisdom. – I do not have a monopoly on the world of spirit. I am *just one of many* who help your world and I do not assert a claim to being perfect and infallible. I am just as human as you. My vista is *somewhat wider*, because I have *progressed* a few steps further along life’s path and I have returned in order *to share* this horizon with you so you might accept the things I have already found.

It is part of our assignment to bring this KNOWLEDGE to your world. This has entrusted us with two MISSIONS. Many on my level have recognised that there is too much ignorance here on Earth. The *results of your ignorance* are unfortunately all too obvious. They are mirrored in the hardships experienced in your world and they will also reflect on our own affairs.

According to the picture painted by the Church, people that have passed through the gate of death are immediately transformed into radiant beings that are indescribably happy. They are supposed to have left all worries, hardships and fears behind.

*But this is certainly not the case!*

This picture is *far* from the being a *true* depiction of the facts!

Religion was built on the unshakable foundation of *certainty* and *dependability* by spiritualism.<sup>3</sup> People may fight over theological dogmas nobody can verify, but a lot of *satisfactory* evidence about life after death has been and is still forthcoming so that every sensible human being can be convinced.

But this is just the beginning and not the end!

- It is necessary for those that do *not* have these graphic depictions at their disposal to gain the certainty that the foundation of the facts is true and genuine!

The return to your world is *certainly not* something one could class as *enjoyable*. But being conscious of the imposed assignment and help through your LOVE, make me return over again in order to do what I possibly can so that those in need and that that acknowledge this glorious ASSISTANCE will be helped.

*It is the immortal SPIRIT that binds us all together!*

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<sup>3</sup> Please do not confuse it with *spiritism*!

## Questions and answers

*January 1964*

Question : What does the spiritual realm think about a *testament*, particularly one that benefits a religious community or a humane institution?

AREDOS : A testament deals with an estate, because the testator cannot take his assets with him into the hereafter. Nobody would make such a testament if this was possible. It is therefore *not* a sacrifice that will ever be recorded as a good deed in anybody's ledger. There is indeed a positive thought behind it, namely that the estate ends up in good hands, but this is a human duty that does not attract any special remuneration.

The situation is completely different with a sacrifice.

When the testator is already capable and determined to waive a part of his or her estate so it can benefit a positive institution or organisation whilst he or she is still alive here on Earth, it will be rated a deed that will attract attention in the spiritual realm. – But experience tells us that most people renounce their possession *only by necessity after* their demise. This is *why* they make a testament.

*February 1964*

**From the world of spirit** (A discourse by the MESSENGER of LIGHT SILBERBIRKE about Age of Mechanisation)

The road of progress is infinite. There are no boundaries for something that is infinite. Once you on Earth have grasped this, you will realise that there can be no doubt about it. If you *could* achieve a level where your *whole* individuality, not just a small part, could be expressed in a physical body *immediately* – ergo reach immediate perfection, one could no longer call the PLAN of LIFE something sensible.

- *Life is infinite. Human beings constantly strive for perfection. You throw off a fraction of your imperfection at every phase of your progress. This process is an infinite one. It has no end.*

*February 1964*

## Questions and answers

Question : Has the *Age of Mechanisation* assisted our development?

Answer : In the final analysis, yes. You must regard development as something that *doesn't* travel upwards along a *straight* line. A whole series of successes can follow one another, but obstacles can also make an appearance. People progress but then unfortunately fall back again. They endeavour to get up again to then progress higher than before. The human race develops, ergo evolves in this way. - You can point out an epoch in human history and say: "See here, this is a dark period in our development." – But this is not all of it, this is only one *part* of it.

The human spirit develops only gradually. This is the only way it learns to comprehend the nature of its own existence. The more it becomes aware of its own potentialities and the better it knows the plan of its existence, the more it endeavours to adapt to this plan.

Only a small number of people had visions and became conscious of their dreams hundreds of year ago. These visions are now more bounteous, actually in the hundreds and thousands.

- *A nameless number of reformers, pioneers and teachers are at work, because they know how things could be and they have the desire to help it unfold. Considerable advances were made in this respect.*

You talk about the “Age of Machines”. But all associated problems arise from the fact that people are *slaves to these machines and not their master*. Once they are the masters, everything will be at their disposal. They can start an Age of the Arts, enhance their spare time through artistic pleasures, they would then also prefer studying the spirit and the soul and a large number could find pleasure in their possession of INNER ABUNDANCE. The power to do this is inherent in everybody, because everyone is a part of the GREAT SPIRIT.

The GREAT SPIRIT created the universe, the mountains, the stars and the planets. HE give the sun its light and flowers their scent. As you can see, this POWER that conceived and accomplished all of this, *is dormant within you*. When you dedicate yourself to this predominant POWER, you can awaken it into action and unfoldment.

Question : Is it a fact that this POWER that gave flowers their scent also gave snakes their poison?

Answer : The GREAT SPIRIT is not responsible for the things *the devil* brought into being.

- *Every human being is a micro-cosmos. You represent the universe in miniature. Everything is present: The perfection of angels and the evil of a monster. This is why you have your free will, namely to pursue the path of your choice.*

When I look around your world, I find that there are a lot of things that cause you pain. I remind you of wars, adversity, distress and worries. But I also know that the POWER of the spirit is at work.

- *A far better world will be born from all this suffering, however not immediately.*

*March 1964*

Question : Which fur coats can women wear without suffering mental damage?

AREDOS : All furs that are not from cats or other predators are suitable. But mainly furs that come from *vegetarian* animals.

*March 1964*

## From the world of spirit (A discourse by the MESSENGER of LIGHT SILBERBIRKE about freedom)

Question : What does freedom mean to you?

Answer : I look at all questions from within the LIGHT of the unfoldment of the spirit. I see human beings as spirits that endeavour to express themselves through a physical body. But I also see millions whose spirit is being *suppressed, suffocated* and *squelched*. Well, I see many who have to live under other peoples' thumbs and I know that it is not right for the spirit to be incarcerated.

- *The spirit should be free! The spirit should bask in the sunny lustre of knowledge and all noble characteristics should be automatically expressed through it. Genuine freedom is the ideal that depends on the development and unfoldment of individuals.*

For as long as you are not in possession of the KEY that leads to KNOWLEDGE, your conception of freedom is parsimonious. I can also tell you that you do not know what genuine freedom is all about. When you become aware that human beings are spirits, you will also know that everything in your world that *wants to hinder* this spirit from expressing itself is *wrong*. The power of those that try to suppress the spirit must be taken away from them.

True freedom however doesn't mean that everybody can do as they please, that they can get away with every fancy, every caprice or they may gratify all inclinations.

- *Freedom demands a high degree of responsibility and understanding! The reason why every human being is here on Earth must also be acknowledged.*

Your assignment is to be co-operative, to live a life of service and to help and support one another. Those amongst you that developed special gifts should share them with those that do *not* possess them. Those that are *less* happy than you should be helped! All the KNOWLEDGE, wisdom and understanding your unfoldment brought you should be freely offered to those that do not have all of this. This will help them gain the freedom of spirit, mind and body – things that are presently denied them.

The spirit was created *to be free*, because the spirit is a part of the GREAT SPIRIT that created all life and it therefore stands outside all human restrictions. The spirit is only subject to the natural LAWS of the universe, which provide the framework it is allowed to express itself in. There is therefore absolutely no desire for a philosophical dissertation about unrestricted freedom, which would only mean anarchy anyway. What I would like to point out to you is this:

- *KNOWLEDGE does place responsibilities on you, namely that you only understand freedom to mean the things that enable you to live in harmony with the LAWS of NATURE and to help others achieve the same results.*

There is another aspect I would like to touch upon: *The child*. Your world bears a heavy responsibility, because it allows for young, unexperienced minds to be filled with doctrines that are *untrue* and this at an age where children are *not yet capable* of rejecting such things. Their minds are impressed with *distorted images* that keep their *natural* development *at bay*. The mind is *forced* to close itself when it should be open and

receptive. The result is that it will suffer the consequences in later years. When people reach maturity, their views are *clouded* because of the false doctrines they received during their childhood. This leads to *wrong* judgments and they prevent the acceptance of the TRUTH.

*April 1964*

### Questions and answers

Question : Which *genetic inheritance* is particularly damaging to our development?

ELIAS : The SANTINER lack all understanding for *sadism*. It is however part of terrestrial people's inheritance, because if this wasn't true there would be no wars.

Question : What can one do against this?

ELIAS : In order to understand an evil person, one has to be psychologically trained so one can exactly determine their weak point. Once one has recognised what it is, a positive treatment can begin. Most of these negative points are connected in one way or another to *complexes*.

Question : Can one fundamentally change someone's personality?

ELIAS : Yes, this would be possible through an operation on the brain. But even the SANTINER find that such an operation is very risky. It is dangerous! It is akin to repairing an instrument when there is something wrong with it.

Question : Can people produce spiritual PHANTOMS with the thoughts that can then haunt them?

ARGUN : Yes, this is also possible. These are PHANTOMS that are related to their creator. They however only exist in the realm of spirit. These objects can *bear very hard* on people. But they are not viable for very long, because they are controlled by their creator. They are often thought of being the result of *schizophrenia*.

Question : What does the spiritual realm say to the notion of *learning during one's sleep*? The sleeper hears a lesson that is grasp by the subconscious.

AREDOS : The lesson is directed at the soul and *not* at the subconscious during sleep. The soul for instance absorbs a foreign language, but this method is *not* particularly healthy.

*April 1964*

**From the world of spirit** (A discourse by the MESSENGER of LIGHT SILBERBIRKE about the truth)

*The truth remains the truth, eternal in its quality, infinite in its character and reality.*

One cannot proclaim the TRUTH in a way that it is immediately grasped by the masses, because all of them occupy a *different* level of development and souls still undergoing development, react *differently* to the *same* TRUTH.

I have always taught that GOD'S PLAN does *not* foresee the change of a great mass of people *all at once*, because we know that such a method would *not* attain *permanent results*. The masses would be fascinated or astonished *for a while*, but the reaction would inevitably come when the mass-suggestion *wears off* and a lamentable awakening would take place, ergo when they once again feel that they are individuals.

- *Our PLAN is to approach individuals, one after another, in order to establish a common factor in our approach so we can give them the required KNOWLEDGE according to their spiritual level of awareness.*

Most people are taught by their loved ones that reside in *our* world. The spiritual TRUTHS absorbed in this way will continue to exist and neither storm nor adverse circumstances will be able to shake this solid foundation.

- *There is no way to convince a great number of people all at once, certainly not a way that would bring satisfactory results.*

Remember that the soul *has to be prepared* to receive spiritual TRUTHS; you would otherwise hit a brick wall. But the moment the soul is touched by grief and sadness, its *solid armour* disappears to reveal a material that is easy to work with, that is *receptive, ready and willing* to learn.<sup>4</sup>

- *I reject the idea that spiritualism is a religious doctrine. It is concrete knowledge!*

Nobody can control the breath of the wind and the same applies to the growth and spread of KNOWLEDGE. The TRUTH will blossom in its *own way*, it *cannot* be guided along predetermined tracks.

- *The only thing that one can do is to provide the means for making the truth available to people more and more.*

The effect KNOWLEDGE will have *cannot be determined* a priory and rules or designations of how it can be disseminated even less so. All your actions are your own responsibility – ergo fulfilling your duty in the LIGHT of your understanding.

- *You must help where you can, you must pass on your knowledge and allow the consolation of the spirit to follow its own path. Everybody must contribute their best; according to ability.*

## Questions and answers

May 1964

Question : Can people actually influence one another in a positive way?

ELIAS : This is mainly down to good will. Where there is a will, there is also a way.

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<sup>4</sup> What SILBERBIRKE explains here is also pertinent to our mission. ARGUN told us that the WORLD of SPIRIT is not interested in causing a great hullabaloo. The spiritual truth finds those that are *seriously* interested. CHRIST held the same opinion, because he dismissed all those that simply stood around out of curiosity or disinterestedness. He always said: *"Those with ears should listen!"* Using our present day vocabulary: *"Those that are really interested and want to know the TRUTH, listen carefully!"*

Question : Man's will is therefore also very important? How can one give it a real impetus?

ELIAS : One can do this best by *appealing to people's logic* and common sense, their ethical feelings and their sense of responsibility. The difficulty therein consists in finding the weakness everybody has in order to apply pressure there.

Question : Do you believe that every human being possesses a healthy portion of goodwill?

ELIAS : Well, I believe that every halfway normal human being possesses a healthy portion of will, but usually applies it negatively. The way one's will is *applied* is wrong most of the time.

Question : Can the truth enthuse people to work on behalf of goodness.

ELIAS : Those that acknowledge the truth as the truth will also accept it for what it is most of the time. But many that already sense the truth are also *afraid of it* and avoid it, because they are afraid that it could *inconvenience* them.

*June 1964*

Question : Astrologically speaking, this Earth is supposed to go through the Age of Aquarius. This Age has already started and it is supposed to effect a spiritual renewal. Can you please tell us how this renewal is supposed to take place?

ELIAS : The Age of Aquarius is predominantly an *Age of Inventions*, particularly in the field of technology.

- *Via the detour of inventions, a great spiritual revolution will take place.*

Question : Are you telling us that terrestrial mankind will be technically and scientifically inspired?

ELIAS : This human race will gradually find out that there is *no such thing* as impossible. It will become aware that there are *no limits* in regards to inventions. Apart from this, a lot of souls will incarnate during this Age that will bring with them talents for great inventions.

Question : Is there some truth in astrology, namely that the stars really guide us?

ELIAS : The constellations of the stars have indeed an influence on human beings. This influence is *stimulating*.

Question : Does *television* have an influence on the *lethargic thought processes* so often found in people these days?

ELIAS : It all depends on the programs. Television is like a medium, but it is an *unprotected* medium and it is open to the positive as well as the negative. *Thought processes are naturally influenced*. This lethargy can however also develop when television is *exaggerated*.

July 1964

Question : How can one *boost* or *reduce* one's own spiritual VIBRATIONS?

AREDOS: I couldn't imagine why anyone would want to *reduce* their VIBRATIONS. The more somebody reduced their VIBRATIONS, the more negative they become.

- *But when a human being thinks positively and acts accordingly, this human being will automatically boost their PERSONAL VIBRATION.*

Logical thoughts play a special role here. Fanaticism reduces these VIBRATIONS.

- *Those that want to make contact with us must heighten their VIBRATIONS. This happens through devotion, prayers and through a solemn mood. The mood-barometer is indeed dependent on the fine-tuning of the correct MENTAL FREQUENCY. – Joy and open mindedness can effect true miracles.*

### About the hygiene of the spirit

With the help of the TEACHERS of the realm of spirit, we formulated the following insights, but we do not force them onto anyone. Everybody must know by themselves what they regard as correct.

Rhythm and harmony are LAWS the human soul is subordinated to. The human soul is closely related to the rhythm of the cosmos and we must endeavour to remain in contact with this cosmic rhythm. This is impossible these days without objectively targeting this, because we are otherwise simply at the mercy of the ruinous influences of our environment. The materialistic foot-race of our time supplants all mental subtleties that would otherwise bring our harmonious feelings and thought in consonance with the cosmos. The craving for power, craving for recognition and avarice started their triumphal procession through the world and they created a situation for us that provokes constant battles.

People unfortunately and constantly absorb irritants that harm their harmony and it is almost impossible to gain consonance with the COSMIC VIBRATIONS of the universe. But we may not omit to seek this consonance with Mother Nature in spite of this. Nurturing the soul is a subject that is very capacious.

There are the *colours* to begin with:

There are harmonious and disharmonious colours. Bright colours, so-called "screaming" colours, can damage our soul severely. It is important to find out *what* colours have a calming effect. It is also important *to dress* oneself according to these assessments and also *to configure* one's environment accordingly.

*Light ratios* also play a major role:

Brightly lit rooms often cause great damage, but inadequate lighting does just the same. The colour of the light is also of importance. We can observe ourselves *which* type of light damages us, because the soul intimates to us through a certain *feeling* whether we find something agreeable or disagreeable.

And then there are *odours* and *other sensations*:

We can also avoid certain impressions very well if we pay them more attention. We should show *a lot more interest in Mother Nature*. To deal with flowers and animals is important for the harmony of the soul. An aquarium in the house or a flowerpot stand with exotic plants connects us to the harmony of the great creation.

*Sleep* plays a very considerable role:

Let's consider for a moment how much sleep a human being requires to recuperate. It is infinitely more important to have a comfortable sleeping accommodation than to give some piece of furniture preference just to please other people. People also require personal freedom and room to move at night. They have to lie comfortably.

We know all too well that we can never have too much *fresh air*.

One of the greatest evils is however *time*:

It was certainly not GOD'S intention to stick a clock under our noses and this is why we shouldn't count time minute by minute. The misfortunes we can ascribe to the clock are quite incredible. Time has cost a lot of people their life, even one second can be blamed at times. A correct, harmonious time table is as important as one's daily bread.

- *Hustle and bustle is a very dangerous poison for the soul, one that is directed via the nervous system to the heart and from there penetrates to the soul.*

We must deal with time a lot better and not count it in seconds where it isn't necessary. Physicians know very well these days that a lot of illnesses are connected to time. How senselessly people behave in traffic. How often have we seen people waste a lot of time talking to one another, but then try to catch up the time they lost as if their life depended on it? Apart from this, we also lose contact with cosmic processes that connote the natural replenishment of lost energies. Plant and animals clearly display conspicuous changes to their life's processes the moment night falls.

The *beginning of the night*, ergo the loss of sunlight, changes the whole nervous system within the organic body.

- *The night represents the connection to certain cosmic processes that might even be supported by lunar influences.*

We know from accurate observations that somnambulists (sleepwalkers) become particularly active during nights when there is a full Moon. The nightly influences of cosmic VIBRATIONS are specifically directed at our soul's activities. We managed to observe that bright, moonlit nights influence people's dream activities. Nights offer a special opportunity to balance the nervous and mental system of people through natural cosmic ENERGIES.

- *It is unhealthy for the body and the soul, but particularly for one's mental ENERGIES, when the change between day and night is given insufficient attention to.*

The consequences show up in a susceptibility to all kinds of illnesses. One's resistance to diseases is diminished. A reasonable human being should at least give the body, as well as the spirit, some rest at the start of the night once in a while.

The human gait and the movement and deportment that goes with it plays a very important role.

One's gait should be unrestrained, loose and somewhat proud and upright. Is such a gait actually possible with the shoe fashion that prevails these days? – Native tribes give us a good example here. One's gait has a special effect on one's breathing, this in turn on the nervous system and the circulation and also the brain and the soul. It is however not solely about the health of one's feet, but beyond that the *health of the whole body*.

- *An ill, stressed body absolutely influences the soul.*

The nerves of all sense organs represent a conductor to the soul via the brain. They are the last stop for all perceptions and impressions. This is why we have to be careful what we *feed* the soul. A mental overload can lead to one's death, well it can instantly trigger a cardiac spasm.

*Eyes and ears* conduct things very powerfully and these in particular transmit an enormous amount of disharmonious impressions.

We require a certain period of time every day for *inner reflections*, a form of meditation. But this is a time where we have to pay particular attention to our thoughts, because they could easily lose themselves in disharmonious directions. This is why *thought control* is very important. Our thoughts sometimes collect all the rubbish our ears get to hear.

- *Polite language, ergo the measured form of expressing oneself, is the ABC of the soul hygiene and this keeps our soul cosmos clean (The soul cosmos is the memory reservoir in the cosmos).*

There is unfortunately no corresponding therapy available at this time in that direction. We call upon experts to finally deal with the highly important subject of *hygiene of the spirit!*

*Rhythm and harmony* are cosmic LAWS:

They should never be ignored, because damage will otherwise be caused that cannot be eliminated through medical insights unless they are insights of a spiritual nature. The human suffering we're confronted with does not have to be as severe as it is.

- *People trespass against UNIVERSAL LAWS and they have to pay dearly for this with their mental and physical health.*

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## Questions and answers

*August 1964*

Question : Why is it that some men show *feminine attributes*?

ARGUN : This is mainly due to hormones. The reverse is also true. The soul however *allows itself to drift* without offering *any resistance* against these attributes. This is a mistake. The fact is that the soul *intentionally* opens all doors. There is no excuse for this, because the soul can resist the influence of hormones if it truly wants to. These people make the

mistake of *promoting* their idiosyncrasy instead of combatting it.

September 1964

Question : You drew our attention to the *power of suggestion*. Can you tell us more about it?

ELIAS : Suggestion is a powerful ENERGY. It is clearly apparent in *mass suggestion*, particularly in the political arena. I seemed to remember a certain "G". Suggestion is also very prevalent in advertising.

- *However autosuggestion is much, much more powerful. There is not one human being alive today that does not succumb to self-suggestion. This happens on a daily basis.*

Question : What kind of dangers await us in the hereafter if we succumb to self-suggestion?

ELIAS : There is a danger – if one wants to use the term danger – where somebody will imagine in the hereafter that *they actually didn't die*. This explains a great number of ghostly apparitions.

- *Most spooks in the form of poltergeists are cause by children that continue their horseplay in the hereafter.*

Question : Do the otherworldly feel that they still possess a physical, respectively a solid body?

ELIAS : Yes, they do so in the way an amputee still feels that their amputated arm is still there. The amputee feels every finger and can even move them in their mind.

Question : Is it true that these souls, those that *imagine* that they still live on Earth, can only be convinced of their actual situation by terrestrial human beings?

ELIAS : This depends on their character. The fact is that there are those that do not *want to* face the truth. Their self-deception is so powerful due to the power of suggestion that it takes a very long time before the reality sinks in.

Question : Is it true that such an otherworldly rather wants to be instructed by a terrestrial human being than an otherworldly being?

ELIAS : Yes, that's correct. Because only the fact that they can actually *walk through* a physical human being will convince them. They can however *not* walk through another spirit. The LAW "*Where there is a body, no other body can be at the same time*" also applies in the hereafter. This is however only in regards to the corresponding LEVEL of VIBRATIONS. A spirit body cannot penetrate another spirit body, because it virtually feels physical.

Question : Is this the reason why a possession can be triggered when a spirit being penetrates a physical body?

ELIAS : Yes, when a spirit is detained within this body for some reason or another and is incapable of extricating itself from it, respectively when it is detained. A trance state also depends on this, because it represents the *temporary* lingering of a spirit within a

physical body.

Question : But our body accommodates a spirit also, namely our soul. How is it then possible that an otherworldly spirit could get through?

ELIAS : Your soul is in a *different* STATE of VIBRATION during its terrestrial life than in its LIFE in the hereafter. People also change their STATE of VIBRATION when they sleep. This is the reason why their soul moves a lot closer to the WORLD of SPIRIT.

November 1964

Question : What does the world of spirit think of *St. Joan of Arc*, the Virgin of Orleans?

ARGUN : *Joan* was a *clairaudient medium*. Divinity and psychic ability unified within her. But she unfortunately failed, as she worked on behalf of negativity, because she loved to take revenge. There is only one option: Either the way UP or the way down. But every rope will break when too much strain is put on it.

- *These types of cases caused psychology to use the term of split personality (schizophrenia). This split is due to the fact that good and evil simultaneously take possession of the medium. The layman, respectively the none-spiritualist therefore finds it impossible to grasp that divinity is expressed next to the demonic.*

Psychic ability often goes hand in hand with instability. But this instability was supplanted in *Joan* by lust for revenge and lust for prestige. This then led to her downfall.

Question : Doesn't it seem unjust that if suffering *is required* in order to develop one's personality, many people do *not* suffer?

Answer : Who says so? – Suffering isn't always *externally* apparent, ergo visible to all and sundry. Suffering is something that the heart, the senses and the soul feels.

- *Do not try to fathom people by looking at the mask they wear throughout their daily life. The soul feels and suffers. It isn't always the body that has to suffer!*

Question : Why do you emphasise so emphatically that everything has to be done to alleviate suffering, if mental anguish is necessary and important for one's development?

Answer : I do indeed do so. But I am not oafish enough to assume that you live in a world that is devoid of any kind of suffering. Life is closely linked to the signals of pain. I know that life is infinite and individual. You must constantly develop in order to reach *all* levels of progress and this means that you have to gradually bring the things that are *still imperfect* to perfection and this promises to be a painful process.

But I also have to tell you that I recognise a lot of *completely unnecessary* suffering. Namely the suffering that is *self-inflicted* or that you have to bear because of ignorance or stupidity, prejudices or superstitions. I would like to eliminate all this unnecessary suffering. But as human beings are creatures of development, they will always turn to

the LIGHT anyway.

Every process of giving birth is usually a painful affair. One disadvantage many have is the fact that they *feel sorry for themselves*. If they were able to look at their past life dispassionately, if they were able to free themselves from the circumstances *that presently dominate all their thought processes*, they would have to admit that their greatest progress came at a time when everything seemed dark, dim and difficult to them.

- *Insights are only gained during hours of bitterness. If there was no pain, no irritation and no unpleasantness, the soul would hardly become aware of its inner capabilities.*

January 1965

Question : Is it true that man has also turned creator or does he only configure things?

AREDOS : Yes, human beings already accomplish new-creations. They apply investigated laws of nature and really accomplishes new-creations, like for instance *synthetic fibres* as well as *plastic compounds* etc. Human beings mix metals and change matter with the help of complicated procedures. All of this is within the parameters of the overall plan of creation. With the assistance of man's ingenious spirit, GOD receives a hand with the further expansion of the universe. – Man is on the other hand in the process of utilising the laws of nature to bring about the mass destruction of creation and of mankind. This makes man act *against* planned order.

Question : Does the *philosopher Spinoza* bear some of the blame that GOD is disowned in such a fashion all over the world?

AREDOS : *Spinoza* came up with the theory of an *impersonal* GOD within all of creation (pantheism). *Spinoza* had however a completely different concept in mind for his theory than the public's *interpretation*. He was not understood, because he could not contrive to express the things he thought and felt *comprehensively*. He lacked the gift of communication.

Question : Can you tell us what *Spinoza* tried to express? I mean the crux of his theory.

AREDOS : *Spinoza* wanted to emphasise that there was certainly not such a GOD as the Bible, and in particular the Old Testament, depicted him to be. He wanted to put into words that GOD represents a *far higher* INDIVIDUALITY than one assumes. He was actually right in this respect. *Spinoza* knew that there can be *no* order throughout the universe without GOD. He knew that no universe is possible without GOD. This is why he emphasised that the divine principle was at work everywhere. –

He was however *not* aware that consciousness and perception are cosmic functions. This is why he couldn't imagine that GOD has HIS *own* CONSCIOUSNESS and that HE is aware of his own existence.

March 1965

Question : Is the secret doctrine of *Helena Petrovna Blavatzky*, founder of the Theosophical

Society, true?

AREDOS : As with all mediums, just *which* otherworldly they are in contact with is of utmost importance. This is the reason why COMMUNICATIONS from the WORLD of SPIRIT vary a lot.

- *An otherworldly spirits can only convey the things he knows from personal experience. He can therefore only literally report about the spheres he has access to. The medium Blavatzky was therefore only able to collect information about a very specific sphere.*

One therefore has to take into consideration that otherworldly COMMUNICATIONS only pertain to *one* sphere and *never the whole* spiritual realm. These spheres are however so innumerable that insights about them are also very innumerable and never generally applicable.

- *We endeavour to only report things that are best suitable for your development. These doctrines are certainly not suitable for the curious and also not for obstinate fanatics and dogmatics.*

Question : Some yogis recommend the consumption of garlic whilst others say that even though it's natural, it is a dirty food. What is correct?

AREDOS : Garlic is effective against intestinal parasites. It is also effective for one's circulation and the elasticity of blood vessels. But garlic also contains compounds that are not necessarily beneficial to humans.

- *Apart from this, the aroma from garlic attracts base ENTITIES so that garlic eating people are not in the best of spiritual hands.*

ELIAS : We can perceive odours very well. Garlic is however not an odour, but an unpleasant stench. Our senses in the hereafter are better developed and this is why our perceptions are much stronger.

- *If the medium I presently use to write had eaten garlic, it would be impossible for me to continue.*

Question : A Berliner, Miss Barbara P. lives in a cave on Mount Sinai, where Moses fasted for 40 days on bread and water only. Does this make sense?

AREDOS : No. This is *fanaticism*. This Berliner believes that she will be able to talk to GOD like Moses did. But Moses didn't fast in a cave, he was a guest on board a spaceship that had landed on the mountain.

- *Moses did not talk to GOD, but to his MESSENGERS.*

Question : One can hear whales "sing" when they transmigrate. When whales lose one of their own, they also "sing". What can one deduce from that?

AREDOS : Whales possess intelligence and this means that they also have feelings. As they live in communities, they are interested in the welfare of their community. It is therefore only

natural that besides all other physical pain, they also feel *mental anguish*. Their song is a natural expression of their true feelings.

Question : What is the greatest discovery man on Earth ever made?

Answer : You must be clear about the point of view you apply to assess greatness, whether it's *physical, mental or spiritual*. -

- *Man's greatest discovery, according to my opinion, is that he became aware of his own conscience and his own existence. Above everything else the insight that even though he is weak, he still possesses power.*

Also the knowledge of what's happening around him, because it alone led him to other discoveries. The knowledge that he has a mind and an ability to advance led him to all the discoveries made to date. Man's awareness of *his very being* means that he recognised that he is *more* than a body, *more* than a thing, *more* than a physical vessel affected by decay, something that eventually disintegrates into its atomic components. This I believe must be man's greatest discovery.

Question : And what is *your* greatest discovery?

Answer : My greatest discovery was when I found out that there is so much goodwill, affection, comradeship and even LOVE *present* in such a lot of people.

- *When one learns to deal with people correctly one is virtually assured of their unqualified affection. They are accessible to the highest. They are capable of noble feelings, deeds and thoughts and they also allow themselves to be moved by great things. Concepts like idealism, unselfishness and service produce a heartfelt response.*

I remember all the years I have worked in your cold, grey, repulsive and drab world. But I could gradually feel the warmth that began to spread. LOVE blossomed in many a heart since then and I mean in hearts that do not know me, but LOVE me because they believe that I helped them. – I never expected to receive so much LOVE and it is a source of pleasure for me that delights me, but that give me a sense of unworthiness at the same time, because I recognise that I did not do enough to really deserve this affection.

(Comment: We recognise from what the spirit guide SILBERBIRKE says that "HEAVEN" must be *earned*! Beatitude is *not* a gift, but *deserved* remuneration for those that improve themselves and provide a service to mankind at the same time.)

*April 1965*

Question : There is always talk about evolvement. Is it possible for mankind to also evolve in a retrograde way?

ARGUN : As you are aware, terrestrial mankind evolved during the course of millennia. Climatic influences also play a major role here, particularly in regards to the development of various races. When African Negroes for instance leave the southern influences to move

to the North, their spirit also changes. They adopt a different mentality. Their skullcap gets thinner and their whole facial expression also changes. Their physical coarseness abates. I talk here about spirit and soul, that is to say, I separate soul and intelligence.

Question : Do you mean to say that one can equate the spirit with intelligence and that the soul represents feelings?

ARGUN : Retrograded people are reincarnated in areas where they possibly *do not represent a danger*. They are however able to advance their development at any time. All opportunities are there.

Question : Can you give us evidence that the stars actually have an influence on people and on their behaviourism?

AREDOS : The best evidence for this is the Moon:

- *The Moon controls the blood's circulation.*
- *The Moon influences dreams.*
- *The Moon influences the psychic ability of people.*

The Moon acts as a negative magnet that attracts evil. The Moon is cold and repulsive. The Moon can therefore *abet* people's evil intentions, the way you can observe this with *crimes committed under a full Moon*. And besides, the Moon promotes all possessions and all spook. The way the Moon asserts its influence on people, other stars also influence people's behaviourism.

Question : Could one say that astrology is right?

AREDOS : Yes, but not absolutely, *only to a limited degree*. Fate, in the long run, does not run exactly according to the influences of the stars. Human beings have the required power to deal with these influences.

- *The stars do indeed influence people right from birth, but they do not connote their inevitable fate.*

Question : Can one give credence to a well formulated horoscope?

AREDOS : In principle yes, but it depends on how the combinations run. This is where people err most of the time. It is hardly possible to correctly interpret a horoscope, because the spiritual insights to do so do not suffice.

- *Human beings are not just guided by the stars, but also by lots of spirit BEINGS that have a much greater influence on them than the stars. This spiritual horoscope is much more important!*

People must be aware that their *characteristic behaviourism attracts* otherworldly INTELLIGENCES who surround them like a swarm of bees. It entirely depends on whether these ENTITIES are good or evil. These are often akin to dangerous "stars" and they can conjure up people's fate. You will probably not believe me when I say that

*smoking can influence a human being's fate.*

- *Smokers are always surrounded by evil ENTITIES and they can adversely configure their fate.*

Question : What does *intuition* mean?

Answer : Intuition is the means through which the spirit becomes aware of itself. Intuition supersedes the process of normal terrestrial common sense. It shows you the things you can only find out through thorough deliberation and this at lightning speed.

- *Intuition is the process of a sudden insight you could eventually arrive at only after a long period of time or after thorough cogitation.*

May 1965

Question : What does *fate* mean to you?

ARGUN : Fate is *one's own* determination of one's view of life and attitudes.

Question : And what is *providence*?

ARGUN : You can turn providence into fate. It will then be *your own decision*. Every human being's life has an *assignation* and everybody should adhere to it.

- *An assignation is an untouchable divine providence.*

Your *life's journey* has been predetermined, but you can take the reins of your fate into your *own* hands. This is why the actual assignation can no longer be clearly recognised.

One's hour of death is therefore also *providence*?

ARGUN : It *can* be determined by one's fate. It is *often* up to you, but *rarely* due to providence.

Question : Are we also dealing with providence when people are *unable* to avoid certain situations?

ARGUN : *Not* all of it is providence!

- *Providence is when man's lifework harmonises with the divine PLAN. When man's actions correctly integrate. Providence means to open all doors to fulfilment and to not close any of them.*

Life however demands justification and one's fate is therefore never far away. There is no coercion in regards to fate, but there certainly is in regards to assignation. Providence is not a gift. You live here and you should remain here, that's the assignation. But when you resist this assignation and if you tear yourself away from it, you will turn your assignation into a fate that will affect you anyway. – When you start a family, and this with divine HELP, you are dealing with an assignation. But when you abandon this family, your decision will turn into your fate.

Question : Does GOD call upon people at the end of their life?

ARGUN : Everything takes place according to GOD'S LAWS. *Assignment* will call on you at a given time.

Question : Is being able to foretell one's own fate or the fate of others a divine gift and a blessing?

ARGUN : *No, it should not be detected.* But it happens sometimes just the same. It is however difficult to interpret most of the time. Fate can only be interpreted through excellent inspiration.

Question : Most people are supposed to have *astral experiences* when they are asleep. Most people can however not remember them. Why is this so?

ARGUN : *This should also not be so.* All memories of experiences on the astral plane are erased. They would *weigh too much* upon people during their time on Earth. Besides, people are great doubters and they would no longer find the right track.

- *Such memories only remain intact when they are of great importance to the dreamer.*

Question : What do you understand *spirit* and *soul* to mean?

AREDOS : • We understand "*spirit*" to mean consciousness, thoughts and all perceptions and feelings.

- We understand "*soul*" to mean a *summarisation* of the spirit and the astral body, ergo an otherworldly human being endowed with a human form.

Question : Where do you stand in regards to the planning of the physical universe?

Answer : The impetus of perfecting oneself is enormously powerful. LIFE (GOD) has always been and LIFE will always be. Life is however also a constant developmental climb and there are peaks to climb. The moment a peak has been conquered more peaks become visible. These in turn must also be conquered. This continues into all eternity.

- *The more mountain peaks of insight and knowledge you climb, the more your own spiritual values expand.*

People therewith *improve* themselves and develop the divine within, which is then expressed in a greater and richer fashion. The terrestrial clinkers fall off and the pure gold of the spirit begins to shimmer through. This is naturally not a painless process, but *a part* of the UNIVERSAL PLAN, a PLAN where the contrasts put you in a position to find out the truth.

- *If you did not feel pain you would not take care of your health.*

There could be no true perfection without toil. No shadow means no sun and without sun there is no shadow. All make a contribution within GOD'S comprehensive creation wherein everyone moves in rhythm and harmony – ergo as part of a majestic PLAN.

Human beings are *not* helpless pieces of flotsam on the ocean of eternity. They represent

a vital part of eternal creation. Their endeavours, their activities, their own lives contribute to the magnificent, eternal process and help them to align themselves and to form – well even direct it! UNIVERSAL MAN is a part of the divine BREATH, a part of the INFINITE SPIRIT and the eternal cosmos expressed through him. He adds his brilliant glory to the overall PLAN.

Question : We find it difficult to comprehend why a part of so many people’s lives is affected by *painful events* without them receiving an apparent benefit from it in return. This also affects the animal kingdom. What can you tell us about this?

Answer : You look at things as if through a *dark* glass. You *cannot* look at eternity like that. A *very minute period of time* is at your disposal whilst you are on Earth, only a fraction of an enormously huge total dimension. We do not possess all available knowledge, but we know *more* than you, because we were able to observe some of the processes and activities of the LAWS of NATURE in our spheres, the homeland you will one day inhabit.

Based on what we observe ourselves and based on the things OTHERS teach us who are *far more intelligent than we are*, we gain a better picture of the PLAN and the object of UNIVERSAL LIFE. We see this perfect LAW *in action*. This LAW of NATURE is *infallible*. It never errs. It is aware of all aspects of UNIVERSAL LIFE, whether they are large or small. It neglects *nothing and nobody*! This LAW is *omnipotent*. This LAW takes full responsibility for every action.

We admire the perfection of this LAW and are absolutely certain that it *never* errs. Because we were granted this insight, we see a consummate PLAN, palpably expressed through LOVE, WISDOM and BENEFACTION. We assume – and we are fully justified to do so – that the parts we do not understand or have not yet come across, are subject to *the same* inexpressibly huge LAW. This LAW – unsurpassable in its conception and its operation – has taken all apparent injustices into consideration, because it provides for balance and requital. *Indemnification* of all wrongs is exercise in other spheres of existence. Justly *deserved punishment* for all mistakes and thoughtless actions also applies there.

- *The whole idea of JUSTICE is based on what you managed to do with your life.*

I don’t know of one single soul that could genuinely say after years of experience: “The LAW treated me unfavourably and unjust.” – *All admit* that eternal JUSTICE is all inclusive and perfect in its range and its application.

Question : Are not all those *without* an opportunity to participate in an experienced spiritual circle terribly disadvantaged?

Answer : It naturally helps the ones you love when you dedicate some of your time to them in order to reach them so you can *indoctrinate them through us*. But something happens simultaneously within the mental consciousness of those that are unable to participate, (even if it seems that nothing is taking place within their physical consciousness). It is worthwhile for like-minded and commonly interested people, for instance married couples or friends, to quietly sit together without using a table or any other implement.

- *But it is important that you behave inactive and harmonious when you sit together like this. This silence is then filled with the POWER of the SPIRIT.*

This silence indicates that you managed to arrest your own turbulent, materialistic affairs so that you can dedicate this short period of time to nurturing the *fruits of the spirit* and become aware that a spirit BEING is present in your home.

- *Your world does not appreciate the true value of silence. When you are still, calm and inactive, we can get closer to you.*

### **About the hygiene of the spirit**

- *The cleanliness of our environment also requires the cleanliness of our attitude.*

But we will never be able to change our attitude if we do not decide to adopt a certain *humbleness*. “To pretend to be more than one is” occupies first place. We will best manage to achieve an appropriate humbleness when we turn more towards Mother Nature. We observe that the rural population possess healthier nerves and therefore also a healthier soul.

- *Mother Nature is capable of replacing a lot of things from our culture that we should actually sacrifice.*

Today’s cultured people have no inkling of the wonderful characteristics they have already *relinquished* because of civilisation.

- *In order to renew the world and to get out of this global crisis, people have to, first and foremost, re-establish contact with Mother Nature.*

If we endeavour to keep countless disharmonious impressions away from us, if we *really* become aware that we possess an IMMORTAL SOUL the CREATOR has a special assignment in store for, we will gradually set ourselves free from all the odds and ends of this Earth and feel the whole majesty of the divine SOUL ENERGY within us and begin to render a true service to our body.

- *Beauty is an aspired perfection according to GOD’S world plan.*

This expression must be supplemented:

- *True beauty goes hand in hand with harmony, that is to say, above everything else, it tries to get rid of everything satanic.*

The world is greatly alarmed because people have to grapple with GOD’S antagonist.

One *particularly* responsible assignment within the soul’s hygiene is the education of adolescents. Adolescents are guided by the archetype adults provide them with.

- *Offer adolescents the full truth!*

## Question and answers

June 1965

Question : To what degree will it be possible to influence terrestrial mankind's aptness in its development through our work?

ELIAS : Well, not to the degree you would have like to have seen. But the slightest influence by the Menetekel is not to be underestimated. *Very positive* things are happening and the work you do is also part of it. This is why the negative thrashes about so angrily. The ASHTAR brochures will be printed at a later date.

- *These manuscripts, the way you issue them, will remain preserved and reach those places that know how to appreciate them. This truth will one day be generally available.*

Question : Will the broader masses be able to comprehend this truth?

ELIAS : The scales will fall from the eyes of mankind on this planet one day. It will have to acknowledge that people's lives have a *completely different* meaning than one assumes these days. Not only spiritualism will contribute towards this. Other insights will also be added to it. The sciences will also gain supernatural and extra-terrestrial cognitions, even if *unintentionally*.

Question : What do you make of those publications that are penned as if GOD personally talks to terrestrial mankind?

ELIAS : Even though there are some very good publications amongst them, we are not keen on this style. We find it far better if it would say for instance: "GOD wants this" or "GOD does not allow this". It is however best when it says: "We advise you!" - One has to bear this in mind when dealing with GOD'S words. For instance, it is absolutely inappropriate that it should say: "I am GOD and I am merciful". - It must say that *GOD is merciful*. One always has to start with GOD, ergo talk about HIM. GOD is ginormous, HE is everything, HE is the sum total of this incredible creation.

Question : A lot of people hold the opinion that they - if they are supposed to behave *positively* - have to renounce a lot of comforts. What is your opinion in this respect?

ELIAS : A positive life is unfortunately equated with a kind of monastic existence. There is an enormous difference between a positive life and castigation. Positive does *not* mean punishment. - Most people know how to live correctly, but they are unfortunately not interested, because they *prefer* a vicious life.

Question : How do you assess monastic life?

ELIAS : We admire these people. We certainly do not condemn them. But we admire them *with reservations*, because:

- *It is not really GOD'S will that people withdraw from their fellow men and the world to then live a life locked up behind walls.*

Objection : We are of the opinion that by *avoiding* terrestrial difficulties, a lot of people *evade* their intended development.

ELIAS : The world would be a *very joyless* place if all would think like that. Besides, progress would then also be missing. GOD does *not* demand such sacrifices and JESUS CHRIST neither. We are preferentially dealing with fanatical exaggerations with all these sacrifices. One can also render GOD and people a service *outside of* convent walls!

*August 1965*

Question : Can one evaluate people according to their aims?

ARGUN : No, only according to their *inner sentience*, when one catches them during decisive actions against their fellow men.

Question : Are we, terrestrial human beings, constantly surrounded by *base* spirit beings that over again try to negatively influence us?

ARGUN : Yes, I must unfortunately admit that this is *often* the case.

Question : To converse with an atheist about religion represents a test of nerves for a human being with a Christian attitude. What can one do to improve the reciprocal conditions?

ARGUN : *Something will always stick* during all one's conversations with atheists. Such conversations are *never* completely senseless, even if they only fortify one's own convictions and one's own initiative thoughts. The benefits are therefore mainly to one's *own* advantage. What is also interesting is *the kind of arguments* one's opponent brings to the table. One has to cogitate them deeply and learns in the process.

Question : Can divine phenomena be rendered ineffective through *opposing* ENERGIES?

ARGUN : *This is impossible!* Never think for a moment that the divine ENERGY isn't strong enough. The divine ENERGY is so powerful these days that evil on this Earth will have soon served its purpose, even though evil *seems* to triumph now.

Question : One could assume that a veil covers all human thought processes, because how else could one explain all of mankind's negative behaviourism?

ARGUN : No, it is really up to people themselves to first and foremost lift the veil that shrouds their clear, objective and precise thoughts.

Question : Can you show us a way, namely how one can attain this goal?

ARGUN : This is an expansive subject. A natural scientist for instance has to deal with such matters. He must study physical matter. He may not say right from the start: "GOD makes this."

- *Think about the things that hinder people's spiritual progress in a divine sense. This is a very good subject for meditation.*

You could fill many a day doing this. You will then clearly sense *what* veils envelop you:

- The first veil is called *disbelieve*.
- The second veil is called *doubt*.

One would actually have to assume that the progress scientists make would encourage them to believe in GOD more and more and that they would have to comprehend GOD'S LAWS a lot better. But the opposite is true: EVIL bedazzles them and they unfortunately *allow themselves* to be bedazzled.

- *Materialism represents a danger to all of mankind, because it is falsely comprehended. It robs people of their ideals and their faith at the same time. People lack humility - and this is also apparent in the way they deal with creation.*

Even GOD would never assert that HE is perfect. HE constantly learns from his own creations. – Human beings on the other hand become *more arrogant* through the works they accomplish. They utilise their intelligence to create a lot, but their souls are overcome by a *craving for power* at the same time. *Not* their subsumption within the divine PLAN, but their craving for recognition is authoritative to them.

October 1965

Question : What should people do when they are challenged by their fellow men?

ARGUN : Nobody should allow anybody to deprive them of anything. They should however be on guard and *not judge or act rashly* or even raise their voice when involved in arguments.

- *The raising of voices delights the one whose name I better not mention.*

It is best for the disadvantaged to think that he can achieve nothing, that he preferably withdraws and mentally tells GOD about his grief.

Question : From the letters I receive I gather that a lot of people are prevented or suppressed from exercising their good intentions and from ascending, because of their struggle for survival. I mean cases where *real* hardship is experienced. Do you share this opinion?

ARGUN : It is *easy* to side with GOD, to believe in HIM and to walk along the straight and narrow when *no hardships* are experienced.

Objection : But particularly those that are *well off* find it apparently difficult, because they walk along different paths.

ARGUN : But those that have to battle with the difficulties of a hard life are *especially* touched by GOD'S grace when they try to deal with these difficulties and when they believe in

GOD and help HIM to create a better world view *in spite* of all animosities.

Question : How can one best create a new world view?

ARGUN : Every human being should at least try, in one way or another, to make the best possible contribution. It is not a case of what, but a case of *how*.

Question : When talking to somebody who is *well off*, somebody leading a successful life, this person will point out *his* great skill, but will not say one word about the fact that *GOD also* had something to do with his successes. – When talking to somebody who is *struggling*, somebody toilsomely fighting for survival, this person will lay the blame squarely with GOD, because GOD specifically imposed all of this *on him*. He cannot comprehend why *he of all people* has to suffer like that. What do you say to that?

ARGUN : Well, that is the great ingratitude in this world, because people easily forget that GOD the LORD gave them an excellent mind, one that enables them to accomplish things that will also secure their prosperity. However, not only their own mind is involved in these bodacious accomplishments, but *also* the assistance of their spiritual GUARDIAN ANGEL and *a lot of other* otherworldly INTELLIGENCES. There are ethnic groups of people that are well aware of this and therefore *revere* these INTELLIGENCES. But Caucasians, in their European arrogance, think that these veneration are an *unnecessary* and *foolish* superstition.

Question : One often sees people with very *beautiful* bodies, but they have an *evil* spirit and an *inferior* character – and vice versa. It is however said that the spirit forms the body. How does it then end up with such contrasts?

ARGUN : The evil one formed his own body through his bad character, without being able to prevent it. It doesn't matter whether this body is astral or made of flesh and bone. The fact remains that he is an ugly monstrosity, something he can only blame *himself* for. But now, in *this* state, he begrudges the others their beauty. So what is likely to happen? Well he naturally approaches souls with beautiful bodies in order to influence them so they will end up like him. Doesn't he know that GOD gave human beings their *free-will determination*? Doesn't he know that ugly people are not ugly for no specific reason, even if they turn over a new leaf later and endeavour to do their best?

- *GOD recompenses good deeds with a beautiful body as well as the other way around. The impact of this does not take effect in one single lifetime. Whether people are beautiful or ugly, this planet is still one of the most beautiful planets throughout the universe in spite of this. But it is after all a planet of redemption. Your world could be a paradise. It is up to you.*

Question : We know a lot about the spiritual truth because of you. This truth is unfortunately not always accepted as the truth. Why is it that particularly *these* insights are so difficult to comprehend?

Answer : What we have to offer your world is a very simple truth, but it is bodacious and profound in its momentousness, because it tells us:

- *That human beings are SPIRIT beings that express themselves through a physical body.*

All those that faithfully and seriously strive for knowledge find that this truth clarifies many misunderstandings. Once the truth is absolutely comprehended, it will make thousands, well actually millions, *transform* the whole basis of life in your world.

- *This truth is the foundation whereupon permanent systems can be built upon. They will be able to withstand all your terrestrial difficulties. From this bodacious truth, majestic in its content, vital in its importance, all aberrations must flee. This truth will be superior. It will reign one day.*

Some mistakes were actually *sanctified* in the past – mistakes that are exposed as such these days – they are no longer pertinent. Time cannot change one iota on the eternal truth. All misjudgements, all superstitions, all ignorance and all prejudices must one day yield to the truth, namely the truth that human beings are SPIRIT beings.

- *The dissemination of this insight will bring about a time when the sciences, religion, politics and the arts become trusted servants of the human race. They see therein their assignment, namely to teach all the children of the GREAT SPIRIT where they can find the riches they are entitled to. All you can do is to stand by this truth and to trust the knowledge it brings.*

November 1965

Question : A lot of people rely on the power of prayers, but lose their trust in GOD and become retrograde when they are not fulfilled. What do you say to that?

Answer : Everything depends on what you receive in return.

- *If every prayer ever prayed had been answered, your world would be a huge chaos. It is therefore best that your prayers are ignored for as long as you cannot pray correctly.*

Question : Do you have books at your disposal you can learn from?

Answer : I do not quote words from any type of book. I only mention that we have no feudal duty to any Church, only to the GREAT SPIRIT we serve.

Question : What happens to people, suffering and distressed here on Earth, who endeavour in vain to purify their spirit and to improve themselves?

Answer : As you know, man is *eternal*. No changes can naturally take place *instantly*. A path has to be taken that sometimes goes up and sometimes down. Successes will be recorded, but obstacles will also have to be overcome, however progress *always* takes place.

Objection : Most people are completely unapproachable in regards to *spiritual* things. One can surely not talk about progress under these circumstances.

Answer : Taking everything into consideration, some advance has taken place *in spite of this*. Compared to the generations that lived on Earth in the distant past, today's generation

became not only materially richer, but *also* spiritually and mentally. That's the way it has to be. – There is of course a lot of work for you to do to help those that are still terribly ignorant. They will have to be taught the most elementary facts first. They are not even aware that they are SPIRIT beings or that they continue to live after what one calls “death”.

How tragic is it to see the great number of those that look at all spiritual realities with a dumb and blind expression on their faces and who go through life in this DARKNESS. This is a very sad chapter indeed. – Our endeavours must be directed *specifically at them!* They must be awakened and prepared so they can lead the life they came here to live.

Question : Is it true that you were *seen* by psychically gifted people?

Answer : My assignment was made easier through my numerous terrestrial friends that do *not just* recognise me by my VOICE or my WRITING, but also as an *individual PERSON*. The LOVE I receive from you helps me to continue with my work.

We always think of those that are sad and cry, burdened by sorrow and worries and devastated by doubts and the fear of death. We know that we cannot rest until we managed to bring alleviation to their problems so that their lives become easier. This is a huge endeavour and it binds *us all* together and it constantly encourages us all to do our very best, well even make *financial sacrifices* to indoctrinate them.

*We* ourselves *cannot* make these financial sacrifices. But we make *other* sacrifices, sacrifices you cannot even imagine and if you could, they would make *shudder*. We lead an acrimonious battle against so-called “hell”, because it attacks our MISSION with all available, unfair means. We do *our part* – so please *do your part* also!

When we fulfil our tasks, we show that we are *faithful* instruments of the GREAT POWER that envelops us with all its LOVE. Your world is not governed from “below”, it is governed from ”ABOVE”! Terrestrial laws are subject to change and revisions and they can also be annulled.

*December 1965*

Question : We would like to control and indoctrinate in a *positive* way. How can we best combat people's reluctance?

ELIAS : You can only do this with logic – and this in an overt way if possible, like mixing a powder with food. Nobody feels comfortable having something *forced* upon them. Every human beings must find out *for themselves* that it is *more advantageous* to follow a specific path. This path must be indicated to them, but one may *not* hustle them along this path, one has to exchange the signposts. If everything else fails, one has to build a more comfortable road for them.

Question : There are reasonable people and unreasonable people. Should one completely ignore the unreasonable ones?

ELIAS : There is nothing more individual than a human being so they must be treated

accordingly.

Question : Can a soul claim ignorance later in the hereafter or claim that it has been indoctrinated incorrectly?

ELIAS : *No*. The level of development is decisive. When somebody deliberately avoids spiritualism, they *intentionally* avoid the truth most of the time also. All terrestrial human beings have the opportunity to adopt a positive attitude. Just because they avoid spiritualism doesn't mean that they can do the things that are generally forbidden. These souls then say in the hereafter: "I unfortunately didn't know better." But these souls will then receive the answer: "But you *should* have known better, the opportunities to find out *were there*. Ergo: A *disinterest* on their part.

We often hear that people are guided by the sciences. When science accepts something, they will believe it too. If science is *not* in agreement, one also doubts it. This is the reason why life after death is doubted *most of the time*. How do you see this?

ELIAS : The sciences set a pseudo-science against spiritualism, because only those in possession of their *own experiences* are in possession of *real* knowledge. We are dealing with spiritualists here.

Question : What do you make of *graphology*?

ELIAS : A good graphologist *not only* interprets handwriting by its type and writing style, but also intuitively, that is to say, according to feelings, these tell them whether the writer is like this or like that. This is why graphology is *not objective enough*, because who has enough psychic ability to interpret it *intuitively* also? – The graphologist may sense something that does not fit to the type face. What will he do then? – If he suppresses this feeling he might *actually* make a great mistake. Feelings are often of greater importance. Almost everybody can interpret something from a script based on their feelings. Graphologists do *not* use their feeling most of the time, but use what they *learned at the school* they graduated from. Graphology is *circumstantial evidence*, but what constitutes evidence in such cases?

- *It is important to bear in mind that the writing should not be old, because people continuously change.*

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