PSYCHO-SCIENTIFIC FRONTIERS

Selected publications from a variety of subjects of psycho-scientific research. Editor: Rolf Linnemann (Certificated Engineer) * Steinweg 3b * 32108 Bad Salzuflen * Tel. (05222) 6558

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Protocol extracts from the *Menetekel* of the years 1956 to 1975.

Theme : Psychic ability and mediums

Questioners : Psychic Peace Circle Berlin (MFK)
Type of transmission : Verbal inspiration and automatic writing

Mediums : Uwe Speer (17) und Monika-Manuela Speer (15)

MESSENGERS of LIGHT: ELIAS, ARGUN, AREDOS

The Medialen Friedenskreis Berlin, a Christian/spiritual community, psychically received the text to this theme between 1956 and 1975. These messages form part of the *Menetekel*, a collection of about 4,000 A4 sized pages of protocols, collected over 20 years, which were recently reorganised. These mediumistic messages are complete and were left in their original quality, even when similar questions were repeated. The work of the two mediums, Monika-Manuela Speer and Uwe Speer, began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin, the Menetekel and 21 transmissions from the space brothers are considered the absolute pinnacle of psycho-scientific exploration. Other spiritual circles have tried to copy their work, but its quality was never achieved. The distribution of these recently re-catalogued messages and protocols is *explicitly encouraged* and is not covered by any copyright.

Preface by the publisher

Private initiatives in regards to gaining knowledge about the possible existence of a spiritual realm are numerous. But the general public is not sufficiently enlightened to be able to recognise *the forces* one is experimenting with. There is no shortage of reliable technical literature! The publications by a press that has no specialized knowledge has nothing to do with Christian spiritualism. Most of the time we are dealing with classical spiritism conjoint with absolute negative rituals. The production of purely physical phenomenon has very few positive aspects and is basically pure sensationalism even though these phenomenon do contain a certain amount of evidence in regards to facts. The Church is quite correct when it warns about this, because a world of demons lurks in the shadows. Black magic is only a small step away and it makes any experiment a dangerous proposition. Black magic means: *To*

exercise power over others and there are no positive aspects to be found in this. Crimes are committed and those involved sometimes point their weapons against themselves. Young people and adults participate in equal measure. Many of them end up in clinics for nervous disorders with their nerves in tatters.

But there is more than demonology! This fact is often knowingly kept a secret or distorted. The best protection here is one's personal attitude and one's inner connection with GOD and JESUS CHRIST. GOD'S world is very active, otherwise there would not have been anybody living on Earth for quite some time. But certain positive prerequisites are necessary in order for LIGHT ENTITIES to be able to perform their work. GOD'S HELPERS want to have an educational effect in order to save mankind from falling into the abyss. But people have to be willing to be saved to begin with and they have to learn to ask for help. It is a case of establishing a durable friendship with positive SPIRIT TEACHERS and the questions asked should be, ethically speaking, immaculate.

All religions of the world developed through psychic means. This fact is often forgotten these days. Due to ignorance, spiritualism and spiritism are tarred with the same feather. There are also a lot of work circles who crave for the wrong kind of recognition, also mediums with an overrated sense of importance and they give the whole serious research a bad name and cause a lot of damage to the cause. But apparently man possesses his divinely guaranteed free will and he may do as he pleases here on Earth, but in the final analyses bears the responsibility for his own actions. He, who wants to engage in serious psychic-scientific research, must first create order in this respect. Only *one's own* example has the power of persuasion!

Bad Salzuflen, July 1991

1. Theory and practice (Message from the SPHERES of LIGHT)

Well, in most instances, man has to rely on theoretical advice. But only *practice shows* how far removed from theory practice really is.

There is such a thing as theory and practice also in the humane disciplines, yes, even in *spiritism* and *spiritualism*. In as far as someone has the opportunity to put theory into practice, he is in a fortunate position to correct his opinion. But this opportunity does not always arise.

• This opportunity is a rare event when it comes to researching the hereafter, because most of the time the necessary mediators (*good* mediums) are lacking. But there is no research into this field of knowledge without suitable mediums!

Most people must therefore be content to deal with theory. But this is a very important reason why the necessary dissemination of this TRUTH is lacking.

• *More practice would also generate more interest!*

You should not now assume that these shortcomings only apply to the here and now. The *same* difficulties also exist in the hereafter, because mediums must also make the connection on that side and they are *even rarer* there than on the physical plane. Apart from that, *interfering* influences are very intensive.

The reason why the sciences doubt any communication with the hereafter is mainly due to the fact that there are not enough *reliable* mediums available. But even a reliable medium can be completely useless, if *the conditions* for excellent communications remain *unfulfilled*!

In order for you to understand me correctly I will cite an example that actually took place in Berlin: A number of years ago a spiritist invented a psychic writing machine consisting mainly of glass. It had some similarity to an alphabet-planchette used on a ouija board. The inventor had very positive results when making contact with the hereafter. But he made the mistake of offering this apparatus *for sale*. The courts entered the fray, charged him with fraud and ordered him to appear in front of a terrestrial administration of justice. The constructor was now supposed to *provide proof* in front of experts on superstitions, proof that his apparatus was *not* some kind of deceptive manoeuvre. Therefore a spiritual meeting inside the courtroom was organised. But unfortunately the apparatus didn't move whatsoever. The inventor was found guilty of fraud and the newspapers blasphemed and rejoiced, saying that the "ghosts" had left the clever inventor in the lurch.

My dear friends, that's not how it works!

What kind of negative vibrations do you think are present in a courtroom? From a theoretical point of view, this apparatus *should have* worked, because it always did when the spiritual conditions were *right*. But the actual practice brought completely different results. The conditions in the courtroom were *completely inadequate* to make positive contact with the hereafter.

The same applies to *scientific* experiments, all too often they take a *negative* turn even with the best of mediums. But once the medium returns to *favourable* conditions, everything is as it should be. One now makes the mistake of insisting that the medium can bring about a *deception* much better in its usual and tried environment, whilst it fails a scientifically conducted test.

This is a grave error!

The blame for the failure lies squarely with the *different preconditions*, namely the difference between theory and practice!

2. Psychic ability

Question : Is psychic ability present in *every* human being?

ARGUN: Every human being has psychic ability in *different* areas. I would like to explain the situation in regards to *automatic writing mediums*:

• Once one's psychic ability has been recognised, it should under no circumstances be delved into by oneself!

This embodies a great danger to one's own soul, because ill souls can easily push their way in front of positive souls to then try to push them into the background with the result that the positive souls have to watch helplessly how the healthy soul of the medium is *ruined*. Even a lot of knowledge will not help here either, it makes the actual encounter twice as difficult.

Apart from that, the writing medium has *no way of surveying* what an otherworldly thought bearer actually writes. A "capsule" must envelop the medium and this immediately. This capsule represents PROTECTION. There are psychic entities being TESTED in the hereafter also and they *first have to prove their worth*. They *participate* in the education of a secular medium.

• A circle of about five to six people should be established to begin with, not more and not less.

The medium can also observe how the circle develops. If ever possible, the *same* participants should take part, because their development plays an important part.

Question : Is psychic ability a kind of illness or something completely unnatural?

AREDOS: Psychic ability is something *normal*. It represents a *natural connection* with the spirit world; the secular and the hereafter form one singular sphere - divided into two parts. *Both parts serve the development of the soul.*

In the past, when people were still relatively primitive, they listen with their spiritual ears and allowed themselves to be advised and guided by the hereafter *to a higher degree*. But the devil made good use of this opportunity for communication. Man fell for it and was lied to and misled.

Due to an increase in technology, psychic ability was increasingly pushed into the background, because technology offered many possibilities to replace warnings and the security that was normally received through *psychic* means. People stopped listening to spiritual advice and began to rely on technology. The number of mediums declined and the psychic ability concentrated mainly in witchdoctors. Even these days, psychic ability

is found mainly in primitive, respectively native tribes, which have *less* technical help at their disposal.

Even if civilised mankind laughs about this, the belief in, respectively the knowledge *and the experience* with spirits is such a piece of evidence that nearly every tribesman experiences. One is not able to argue these people out of their experience with spirit entities. But as soon as technology enters their life, their psychic ability to make contact gradually diminishes. What is remarkable though is that all of these psychic people experience the existence of "heaven" and "hell". Good and evil are *verifiable experiences* and they act accordingly.

Question: Has the term "transcendental" justification?

AREDOS: There is something wrong, if a connection with the hereafter is transcendental!

• *Genuine* connection with the hereafter is *provided for* in GOD'S PLAN and may therefore *not* be transcendental. It must exhibit all the signs of *normal*, *logical intelligence* and it must be based on absolute *mutual* respect, friendship and LOVE.

The term "transcendental" is therefore the wrong terminology. A "transcendental" person is *not* transcendental, but spiritually *more connected*. The correct terminology would therefore have to be: *Spiritually connected*, *spirit-conjunctus*.

Question: Why are young people going through puberty more psychic?

AREDOS: Psychic ability has nothing to do with puberty! Older people can also be highly psychic. But young people are easily persuaded to misbehave and to perform all sorts of practical jokes and also sinister acts. Lowly souls like to engage in spooky activity, because it gives them great pleasure to mislead the citizens of planet Earth. Especially young souls seek out young people on Earth in order to experiment with them.

Question: "Inferior" people quite often display pronounced psychic ability. Why is this so?

AREDOS: These people are very useful for *physical* phenomenon, but they are *completely useless* in regards to spiritual contacts and MESSAGES.

Question: Why are there only a small number of people privileged to have the psychic ability to make contact with the hereafter?

AREDOS: Every human being enjoys these kinds of contacts. You have constant telepathic contact with the spiritual realm, but you believe that all of your thoughts originate from you. To crown it all, every sleeping person enters the astral realm. - You call this "dreaming".

Question : Many people shy away from spiritualism, because they have been persuaded that psychic ability was something abnormal. What do you say to that?

AREDOS: Psychic ability is a *natural* gift! Every human being has psychic traits, only *the nature* of the ability *varies*. CHRIST was also highly psychic, but in spite of that, nobody will say that HE was abnormal in this respect. You can see the nonsense that is spread about. Psychic ability takes *different forms* with different people.

• You must remember that there are many otherworldly spectators present during a séance and their level of development varies greatly. There are a lot of candidates being tested and they have to prove their mettle in this "classroom".

Over a period of time, the medium must create a solid aura, an *impenetrable* aura around itself. It may not allow itself to be misused by lower entities. *Most mediums fail* at this point, even though they have excellent psychic abilities. But if the leader of the circle or the participants do not notice this exploitation and if they believe *everything* that is transmitted to them, damage occurs that cannot be reversed. An absolute friendship must develop and be encouraged between the psychic research team and the otherworldly entities. This brings about the trust that is *absolutely vital* for this type of work.

Question : CHRIST was supposed to have said: "Even greater ones will come after me." Was the Nazarene not completely convinced of his perfection?

ELIAS : CHRIST was a *perfect* medium! That CHRIST gave this indication is correct. But one may not misinterpret his words otherwise their meaning is completely lost. CHRIST was of course an exemplar for the whole world. In spite of hiding his light under a bushel out of pure humility, he deserves all the glory. His great LOVE for his fellow man, his LOVE for GOD and his humility and his renouncement of any earthly possessions set CHRIST apart from all the other people. *Genuine* humility is unfortunately lacking not just in politics and theology, but especially in the sciences. These are the reasons why the people on Earth find themselves spiritually underdeveloped. I therefore say to you:

• Only genuine humility will advance your cause, because it clears one's vision for everything higher!

3. Psychic connections

Question: Most people *doubt* the existence of a hereafter, because they ascribe these kinds of contacts to delusions or religious ecstasy. How can one get rid of these preconceptions?

ARGUN: You have to point out that these contacts reveal "heaven" and "hell" in all sorts of ways. *Your* experience suffices to describe these characteristics. We are dealing with a battle between the INTELLIGENCES.

These apparitions are hardly perceptible during laboratory tests, because evil intelligences avoid this battle. But they work with methods that aim at making the whole thing seem ridiculous. These methods have been very successful for them.

Question: Why can the positive INTELLIGENCES not prevent this?

ARGUN: Just like the people on Earth, the lower souls have other means to have their way. These otherworldly souls use *force* and they *do not know* the meaning of the word *consideration*. This gives them the advantage. But they come of second best in the long run.

Question : Can spirit entities make themselves known without the help of a medium?

ELIAS : Only in very exceptional cases, *when the necessary ENERGY is available*. There are no formulas that one could apply here. It is almost always the combined effort of two forces of opposite polarities.

• The whole purpose of the exercise it that a spiritist is supposed to evolve into a *spiritualist*.

Conversations with the "dead" are hardly worthwhile. But the connection with *knowledgeable* INTELLIGENCES is extremely worthwhile for you. Such a connection denotes a *true* spiritualist.

The doctrine of reincarnation is *one attribute* of *true* spiritualism. He, who rejects it, is not a spiritualist by a long shot, even if he deals with making contact with the hereafter!

Question : How can someone on Earth recognise a *genuine* and positive connection?

AREDOS: By the kind of language that is used:

- No threats
- No insults
- Considerateness
- *No betrayal* of people
- A high degree of sympathy is an excellent sign.

Question : You must come to us if we want to talk to you. Is corresponding with us very difficult?

Answer

: I naturally need, that is, we need a fine instrument, therefore a useful medium, in order to correspond with you. Once we have found one, we must first *educate* and *protect* it so that it is not misused by the malevolent side.

- But when we do come to you, we have to make a sacrifice, because we are attacked and this could even endanger our objectivity!
- You cannot imagine all the preparations we have to undertake in order to talk to you! There would be complete chaos without this ORGANISATION.

Many good TEACHERS refuse to visit the earth-sphere. How wants to leave a land where everything is *so much better*?

I know that I would be of little value to you if I wouldn't retreat once in a while, because only the INNER SPHERES can provide the necessary energy for the work I am doing here. Once I am there, I have very little desire to leave, because I belong there. It is a world of unspeakable beauty, where brilliant delights surpass everything as they unfold.

But there is still a lot more to do!

I also have to *inform* myself that there is complete *accord* about the things that have been achieved in a certain direction. I would also like to see those again that have been very close to me in a spiritual sense.

Do not forget me when I'm away and remember that my influence remains with you. I will return to you and I will continue with my *chosen* assignment. I want to be your constant protector, your invisible servant. It is a pleasure to share your life with you.

• It is a privilege to serve you (mankind).

4. Mediums

To the question of why spiritual mediums are often *attacked* and *ridiculed*, the MESSENGER of LIGHT SILBERBIRKE (Silverbirch) gave the following answer to a spiritual work circle in England:

<u>SILBERBIRKE</u>: It is always a good thing if dislike comes from the ones that do *not* love you. This has a *unifying* effect, because it amalgamates all the little ones, all those with the same enemies, together to a *great unified force*. It is impossible to lock up all the GREAT SPIRIT'S instruments or to place everything that serves spreading the TRUTH under lock and key.

One part of your assignment is to keep the flame of FREEDOM burning and to teach everybody how it can be kept burning through assiduousness and enthusiasm, how LOVE can be reunited in regards to independence and how it is renewed and reinforced through the power of the SPIRIT.

Once the mind of people has been set free, they do not want to live in bondage anymore. We have set this liberation in motion. For instance, many people's names were struck from priest's registers through our efforts, others had the handcuffs of theology removed from their wrists and still others were relieved of the skids of a false religious confession. Thousand now have a feeling of not being burdened by any kind of fetters. They now feel *freer* and they feel the air of ordered freedom; they now live in the sunshine of mental detachment.

I can see nothing that could cause alarm.

Our movement will grow stronger and stronger, because *more and more* mediums offer their services to the POWER of the SPIRIT. It is our assignment to bring as many people as possible within the sphere of the SPIRITUAL POWER. This will then have a dual effect: Firstly their *own* spiritual powers are released and secondly they are placed in a position where they can *receive* inspiration from those who love them.

• The LOVE, the wish to serve is based upon, it the greatest LOVE there is throughout the universe. The catchphrase is: "LOVE ACROSS ALL FRONTIERS!"

Whenever your hearts, your spirits and your souls turn towards the GREAT PURPOSE of *improving* the lot of others, you attract a radiant HOST, one that is not interested in beauty and glory, which forms part of their rewards, for as long as millions of people are denied the slightest glimpse of the enormous beauty of planet Earth.

If you could see with the *eyes of the spirit*, you would see the light of bright torches penetrating all spheres. You would understand that *no* entity within your world is abandoned, neglected or disowned, because the band of the SPIRIT holds everything together, from the smallest you are aware of to the highest you presently cannot imagine.

Through individual links, the RADIANT ONES from the HIGHEST SPHERES of existence give their ENERGY until it flows through earthly channels to you. This is a mighty, impelling ENERGY the spirit has control of to a much higher degree that my explanations could ever convey to you.

We have travelled a long way with you, but we are still a *long way* from the end. We have achieved a lot, but a lot more must still be done. More has been achieved than you realise. You cannot clearly determine all the effects of our actions. *Many* are not consciously aware that the breath of the spirit has reached them. But they already feel that a mighty POWER discloses itself to them.

• The fear of dying is pushed further and further into the background. This is the only way man can regain his health in body and soul and understand GOD!

Question : Are the mediums on Earth already prepared in the hereafter for the work they do in the future?

ARGUN: No, it is up to them to decide once they get here.

Depending on how they feel, they can either utilise it or reject it. It is up to them! If they feel called to do so, it is on a *voluntary* basis; they will *never* be forced, not even through hardship.

But we are over the moon to be able to be with you. We can progress together in order to affect a positive outcome in the here and now and the hereafter. This is the great MISSION you aretrying to fulfil, for GOODNESS. This not only helps you, but it also helps us.

Question : Can a medium be active in *various* locations without suffering any damage?

ARGUN : Certainly, a good medium can also be affective in another location, but the affiliated dangers are underestimated most of the time.

- The dangers *increase*, when a medium works *alone*!
- It happens sometimes that that a medium that works alone *only receives 50%* of the TRUTH.

We are *powerless* against this, because we are *not* allowed to use force. Violence and coercion are *ungodly* behaviourisms.

Question : Many people are of the opinion that a good medium must also be absolutely very pious in order to succeed. Is this correct?

AREDOS: Absolutely not! - A medium that is like that is attacked by lower entities to such a degree that it cannot transmit a *genuine* message.

Question: How does a good medium have to behave in order to transmit good messages?

AREDOS: The best mediums in the world are *absolutely normal*. They behave *correctly* and they are *willing to work*. These people lead a conscious and a responsible life; they earn their own money in spite of all the aspersions and mockery. These people are *completely*

aware of their divine assignment, namely that they do not only have to do GOD a valuable service, but all of mankind also. We like and appreciate these character traits. This is why they are the best mediums; we reject sick or psychopathic mediums.

Question: What do you call a bad medium?

AREDOS: I have to explain this in more detail.

• Strictly speaking, every human being is psychic and this to a higher or lesser degree. Accordingly, every human being could act as an instrument in the hands of the otherworldly intelligences. If this isn't the case, we're dealing with inaptness in this regards.

Many people give up their initial trials, because the expected success *isn't* forthcoming right away. They are *too impatient* and blame their nervousness for their impatience. Their mental attitude also plays a part and it *isn't* positive most of the time. Negative people make at best negative mediums.

Question: Which characteristics are negative with these people?

AREDOS: First of all an all too strong "ego". They want to be immediately recognised as *special* people. The otherworldly that approach them are of the *same calibre*, because *equal* attracts equal. The medium now finds out that it is supposed to have been designated to perform a divine mission, namely to spread the received messages. But all of this is purely idle talk in connection with a craving for recognition. But the medium falls for it! The medium feels like an instrument *selected* by GOD and this thought pushes the medium over the edge. The medium is now at the mercy of the lower spirits and they will let loose with the greatest nonsense in the name of all ARCHANGELS and in the name of GOD or CHRIST. The religious fanaticism of *the devotees* takes care of the rest.

The whole situation finally ends up with the complete possession of the medium, something the medium does *not recognise*, but instead hates everybody that does *not* accept this otherworldly nonsense with a vengeance.

- A *positive medium* does *not* possess an iota of craving for recognition. It would immediately feel mortified, if an otherworldly entity would say to it that it was an instrument selected by GOD.
- A positive medium knows that it cannot have any contact at all with either ARCHANGELS or with GOD. As soon as such a name appears, the medium vehemently rejects the connection.
- A *positive medium* is only here to indoctrinate its fellow man. This happens out of LOVE for one's fellow man and out of LOVE for harmony and peace.
- A *good medium* is particularly *satisfied* if it has a good GUIDE, no matter whether the GUIDE'S name is SCHULZE or BENJAMIN. *The name is of no importance at all*!

It is also of no importance whether this GUIDE was once a cobbler or an actor. What is of importance is that this GUIDE *verifies* his intelligence through his messages, his logic and his good will. Concerning this, every GUIDE has to provide proof that he is far superior to anybody on Earth in every respect due to his experience.

• It is not religious gobbledygook that counts here, but spiritual HELP!

Question : Are bad mediums to be accused?

AREDOS: *No*, that would be utterly wrong, because that would have a boomerang effect with these people. But it is important to *enlighten* people about what a useful and what a useless medium is all about, so that people can *decide by themselves*. The necessary steps have never been taken in this respect.

Question : Can one appoint a medium to solve crimes?

AREDOS: *Unfortunately not.* - The negative intelligences are *too much involved* in any crime. They prevent any positive contact. Besides, the positive side of the spiritual realm is *not authorised* to interfere in these kinds of affairs. This is unfortunately one reason why police does *not* believe in spiritualism.

Question : How does the spiritual realm assess those adepts who were plying their trade at various royal palaces in the past?

AREDOS: Upon hearing the term "adept", most people assume that one is talking about an enlightened person. *Most* of these adepts are *quite ordinary human beings*, which happen to have *supernatural* abilities. They are able to perceive the spirit world and they possess spiritual knowledge. That's all. - What they lack in regards to real knowledge, they augment from their *own* knowledge. There are even great artists one could call adepts, even though nobody would ever entertain the thought to describe them as supernatural.

Most adepts are open to "above" and "below" for this reason and one cannot say with any certainty of what is actually going on. The *greatest* care must be applied when these adepts share their doctrines, because they themselves *cannot differentiate* between what is positive and what is negative.

Question : Are there actually enlightened ones, one can give credence to?

AREDOS: There are a few, that is to say, *very few* people that are not only called, but have a calling for this. These people are not adepts, but quite simply chosen ones. One can recognise them by their ordeals.

They usually suffer a painful and terminal illness. But it depends on how they deal with it, on how they bear it. They are close to GOD and ready to place themselves *selflessly* at the service of mankind and in the service of GOD. They are *called upon* like that, that is to say, the spiritual realm installs them in their position.

These *select* few are *completely aware* of their calling, because they have given a vow before GOD. They are subjected to an important test during their astral experience, an INDUCTION that usually takes place during Easter. One can rely on these people, because they are suitably guided.

Question : Mediums are sometimes attacked by the press, by radio or by television. Why is this so?

AREDOS: These instruments of the spirit are attacked everywhere where they face the public. This unfortunately by all the numerous people who have no LOVE in their hearts. But this positive development towards the spiritual is impossible to arrest, no matter how much GOD'S antagonist would like that. Every drop of water eventually ends up in the great ocean. Something like that takes place in regards to mediums that are active as GOD'S instruments. They all end up in the ocean of the spirit and they help fill that ocean.

Question : Does it have any influence on the mediums psychic abilities, if the *medium smokes* drinks alcohol or if it isn't completely honest and sincere?

Answer : Naturally! The medium has to be true in every respect, especially on a mental level. The better the quality of the medium, the better the messages that are transmitted through this living instrument.

Everything that *brutalises* the body and the spirit results in a reaction, in fact it has a negative effect on the spirit. Always remember that spirit, body and soul are connected with one another and that a constant interplay between energies and feelings takes place.

• The world of the spirit and the world of matter are in reality two aspects of one life! They are closely related. One interacts with the other, they reciprocatively intermingle. No strict boundary has been erected between the two.

Once you realise this, you will understand that *everything* that affects the *physical* body also influences the *spiritual*; the same applies to the spirit and the mind. Everything that attacks the temple of the spirit must have a disadvantageous affect on the connection that tries to operate through the instrument. The *perfect* instrument would be ideal and this would give you the *perfect* connection!

In order to guarantee a *good* connection with the spiritual realm, the medium must, if at all possible, have an *objective* attitude towards the spiritual world. Dogmatic and pious mediums create great problems for the spiritual world and they are difficult to repair.

Question: How is it possible that there are people who profess to be great mediums, but then carry out such unbelievable fraud on mankind? What do these people look like on the inside?

ELIAS : They want to appear interesting and utilise all means to achieve this. They do *not* believe it themselves. They are of the opinion that just in case something like that does exist, they

would have some kind of "backup", aren't they trying to help others gain the right knowledge? But they don't think for a moment that they do enormous damage in the process. They are of the opinion that they are doing something good, because they reinforce other people's faith.

Question : Is the medium's health affected by their work within a circle?

Answer : It *shouldn't* really be affected, except in a sense that it would be *beneficial* to the medium; this is the case if the medium is utilised within the known LEGALITIES.

• It is only natural that the medium will suffer if it tries to comply with *too many* requests for sessions.

But if the meetings progress normally, if they are interleaved with *intervals* and if the instrument has been complete developed, an actual *improvement* of the medium's health would take place. The constant stream of spiritual ENERGY into the secular instrument has such an invigorating effect that it exerts a regenerative effect.

If the medium is utilised *judiciously*, it will bring about an *improvement* to its health! But inexperienced practises will cause *damage* and this damage should serve as a disincentive. A lot of mischief is caused by your profane house-spiritism, in all too many cases. - *This layman's work is dangerous!*

Not just because it endangers the physical health of the medium *and the* participants (!), it can also cause mental damage and this has to be taken serious. It always depends on *what kind* of contact is established with the spiritual realm.

• The questions asked must be *ethically immaculate*. They may *not* be based on egotism.

But there are cases where man's *freedom of self-determination is endangered*. This puts the blame squarely with the circle participants; they may ask for instance whether they should but on a green or a red dress tomorrow. If they proceed along these lines, they will *only do* what the spiritual realm recommends. But these spirits belong in a penitentiary. Mundane man sinks into a kind of *lethargic schizophrenia*. This is the evil the Churches warn against!

Question : Is it true that you have been *seen* by psychically gifted people?

Answer : My job has been made a lot easier by my terrestrial friends, because they not only recognise me by my voice or my writing, but also as an individual person. The LOVE I receive from you helps me to continue my WORK.

We always remember those who are sad and cry, those burdened by heartache and distress and those racked by doubt and the fear of death. We know that we cannot rest before we have brought some relief and made their life easier. This is a great endeavour,

one that connects us all and one that constantly encourages us to do our utmost, even bring one's *financial sacrifices* into the equation.

We *cannot* make these financial sacrifices, but we can make *different* SACRIFICES, something you have no concept of and something that would make you shiver. We are engaged in an acrimonious battle against the so-called "hell", which attacks our MISSION with all kinds of unfair means. - We do *our part*, therefore please do *your part this* way too!

When we fulfil our assignments, we demonstrate that we are faithful instruments of the GREAT POWER, which envelops us with all its LOVE. Your world is not controlled from "below", but from "ABOVE"! *Mundane* laws are subject to change and revisions, they can even be abolished.

4.1. Automatic writing mediums

Question : How do you use the hand of the medium when you write with it?

ARGUN: The hand of the medium, respectively the whole arm is *guided by our willpower*. We *also feel on a physical level*, that is to say, like the medium, we have delicacy of touch. It is as if the arm of the medium is *our* arm, the difference being that it is invisible to you. In other words: The arm of the medium is *not* animated by the soul of the medium, meaning that *we* animate it to begin with.

Question: Is the arm of the medium controlled by the brain?

ARGUN: *No*, not in this case. The willpower springs *from us* and *not* from the medium. The impulsive movements originate from one of us.

Question: Why the rapid writing speed, it can hardly be deciphered later on?

ELIAS : I just had to follow the lead of the hand. The medium's hand just dragged me along. But the medium has the impression that its hand was animated so intensely by me. It is as if you moved the accelerator of a car ever so slightly and the car reacts immediately by lurching forwards. This is what takes place today when I write.

Question : Is the hand of the medium guided by your willpower or through your astral body?

ELIAS : The hand of the medium is *guided through my astral body* as if it was my own flesh and blood. The feeling is like - and this cannot be avoided - as if my hand had gone to sleep, it feels a little dull.

Question : What *guarantees* do we have in regards to the writing of the medium?

AREDOS: There are also uncertainties present with automatic writing, but they are a relative *rarity*. If the medium shows *too much* of an interest in the question its subconscious also participates. If the medium *knows* the answer *immediately* during the writing process, it must *realise* what is taking place.

A really good medium is *not* interested in the questions that are asked and it is also not curious about the answers. Apart from that, a good medium does *not* know what its hand is writing. -But this takes *years* of practice.

- A reliable medium may not ask any of its own questions!
- Every medium should not be an active, but a passive mediator!

4.2. Automatic drawing mediums

Question: A very competent automatic writing medium can also draw very well if the spiritual GUIDE is also a good draftsman. Can you explain this process in more detail?

AREDOS: It is very important that the medium is *used* to the process of being guided by the hand. It is not all that important that the lines are straight, what is essential is that one can decipher the writing. But when it comes to an automatic drawing, the lines must be *exact*, *down to the millimetre*.

- According to our opinion, a good automatic drawing medium represents the crowning glory of automatic writing.
- Question: This enormous effort by the medium and the effort by the otherworldly DRAFTSMAN find very little appreciation. This is probably so because most people are unaware that this process actually exists. Is this correct?

AREDOS: It isn't just about appreciating a sketch, but the main effort is naturally the psychic painting. The great artists, especially those that painted inside Churches, have always had support from the otherworldly. This fact becomes apparent when one studies the perspectives and the positioning of the arms in all situations. This alone cannot be effected by any artist.¹

Question: What would you consider to be proof of genuine psychic ability in regards to a psychic drawing?

AREDOS: During the *fully automatic* writing process, the medium does *not* know what the subject is going to be.

¹ See Michelangelo's scenes of the creation of man on the ceiling of the Sistine Chappell in Rome. - These paintings were drawn lying down!

A psychic drawing comes about *without* the pen being lifted from the paper, *one continuous line*. Costumes, hairstyles, jewellery and utensils from the past are sketched and they coincide with historical facts.

The medium and the participants are *not* familiar with these things, they are surprised!

4.3 Voice mediums

Question: Speaking in a *state of trance* was already known during biblical times. But it happens at times that *untruths and mistakes* are spread about by trance mediums. How is this possible, especially if these mediums have a SPIRIT GUIDE of long standing at their disposal?

AREDOS: The communication with a voice medium is very difficult. If the medium is in any way *headstrong*, for instance in strictly adhering to Church dogma, it is *completely impossible* for the otherworldly spirit to make itself known. The ensuing intervals are used by the medium to proclaim its own thoughts.

Question : But isn't there is also a CONTROL SPIRIT functioning here?

AREDOS: The control, in this case, also fails due to the *fanatical obstinacy* of the medium. But if the medium remains *completely passive* and if it *doesn't* interfere with the trance voice, the SPIRIT GUIDE is able to establish contact very well.

4.4. Materialisation mediums

Question: How is it possible that a soul can materialise through the efforts of a medium?

AREDOS: It takes a *lot of preparation*. The souls in the hereafter *borrow* the necessary SUBSTANCE for a materialisation from the medium. The construction of the materialisation, respectively the body, takes place in *time lapse tempo*. Because the hereafter is subject to completely different time and space conditions, a body can be created that would take many years to develop under the creational laws of terrestrial conditions. It can just as quickly dissolve into "nothing", respectively the borrowed SUBSTANCE (ECTOPLASM) returns to its original owner, the medium.

4.5. Direct voice

Question: But the phenomenon of "direct voice" is also a kind of materialisation. You told us not too long ago that you were not very interested in this phenomenon. Can you tell us the reasons for this?

ARGUN: This phenomenon is a part of all the endeavours on behalf of the hereafter to verify a different level of existence. But *sensationalism* takes pride of place in your mundane existence. This doesn't help the other side. Above anything else, it is *our* concern that you find your way to GOD, whereby we do everything that we can to help you with this. There are always exceptions naturally. This is why I always emphasise: Do *not generalise* in regards to any phenomenon!

If this direct voice indicates the way to GOD to you, it is *positive* and it is *accepted*. But if it just says "good morning" and romanticises about something wonderful, it represents a pastime of the otherworldly; they quite often feel very important because they are admired accordingly.

Question: Was the oracle of Delphi a spiritual phenomenon?

AREDOS: *Yes*, the temple in Delphi was constructed in such a way that acoustic amplification was incorporated. Psychic energies enabled contact with the spiritual world. The answers came from the spiritual world via a so-called amplified "direct voice".

Question: We can amplify sound through electronic means nowadays. Would it be possible for us to amplify a materialised voice (direct voice) from the other side in this way?

AREDOS: Yes, that is possible.² - But in such a situation, the *cooperation* of the respective *psychic energies* must be guaranteed. One can expect good results during a positive séance either in darkness or bathed in *infrared* light.

• The spiritual world always needs *some SUBSTANCE* that allows the *conversion* into matter.

Most of this SUBSTANCE can be obtained from a living human being. Plant emanations are also useful, but they are never adequate enough on their own.³ - Conversations with INTELLIGENCES from the spiritual world are made a lot easier with the help automatic writing these days.

² See psycho phone, respectively otherworldly voices recorded on tape.

³ For instance flowers in the meeting room.

5. False messages

Question: Why are even humble mediums lied to by hoaxing spirits?

AREDOS: He, who publicly *asseverates* his humility, is unbelievably *vain* and *craving for recognition*. He wants to be *recognised* and *lauded* by the public. His alleged humility is unfortunately only a small cloak, one that hardly covers his great sin. But the otherworldly world sees everything. It is well known that these apostles of humility are capable of fasting in order to make an even greater impression with their play acting.

The lying spirits know these weaknesses and approach these mediums with flatteries, for instance: "My dear child, chosen by GOD!" - They immediately fall for this kind of approach and end up in hallelujah euphoria and eventually believe the greatest of nonsense, as long as it sounds good and as long as it contains pious phrases. This is why good mediums are a rarity, because:

• A useful medium retains a cool and objective mind.

It is therefore *absolutely imperative* that such a medium has a *good supervisor*, namely an experienced leader of a circle, one that protects the medium from misadventures and one that takes care that it isn't drawn into a circle of mischievous spirits.

• *Genuine messages contain very little piety; but are factual and informative.*

There are unfortunately a lot of people that *only* listen to pious words, whilst practicality annoys them. These people have been programmed by the Church in a way that it is probably better for them to stick with the bible, even if it isn't quite correct. The *worst* are the *wrong concepts of GOD* even the sciences fall prey to.

When talk turns to GOD, you have to re-educate yourselves so that you do *not* regard GOD as a single person who knows and sees everything. For you, GOD represents an unimaginable ORGANISATION of CO-WORKERS ("Holy Spirit"). Mankind on Earth is also part of this; it also represents *a part* of GOD! Therefore, if you direct a prayer at GOD, GOD will *not* hear this prayer, because HE has other, more important ASSIGNMENTS to take care of. But your GUARDIAN ANGEL, that particular ANGEL does hear you, even if we're only dealing with your thoughts. HE can make contact with the other CO-WORKERS in order to discuss what has to happen. But GOD'S antagonist quite often hinders any assistance.

Apart from that, the spiritual world is *not* responsible for material worries, because this sector is part of being a human being here on Earth. - As I said before: Mankind on Earth is also *a part* of GOD and it too has *its* assignments!

You will now say that there are nothing short of antagonistic elements within this divine humanity and they strive for chaos. I will mention here that this *cannot* change the origin

of mankind. Many have fallen by the wayside, some were lead astray, negatively influenced or forced to do wrong, but the way to GOD is *not* obstructed; it is passable for *every* human being, *every* soul! But it is a question of time.

This doesn't matter, because man *often* returns to live on Earth, returns until he has found the *correct* way. You can *shorten* your reincarnation cycle if you want to. But he, who behave in a negative way, and he, who want to keep doing so, will sink deeper; he ends up being incarnated *by force* and will have to restart his education from the beginning. Negative people unfortunately believe that everything comes to an end after their demise. Therefore the proverb: "After me the deluge!"

Question : Can a good medium be used by imperfect spirits so that even greater false messages can be transmitted?

ELIAS : It is certainly possible to bring false transmission through mediums. Negative spirits can for instance lead scientists on a merry dance, because scientists always need evidence. They are able to tell them just how much money they have in their pockets or with whom they are going to meet. The scientist would *then* believe them.

But that is the whole point, because the negative intents: - To strengthen faith and trust *to begin with*, and *then* transmit *false* messages. Scientists with a negative attitude (experts in armament and war), but also mediums can be misused in this way.

• But there are many, many mediums that are unaware of their psychic abilities!

It probably happened to you already that you wanted to say something specific, but then suddenly expressed something entirely different. This could certainly be regarded as a psychic contact. If the FREQUENCY MODULATION within the brain changes, immediate spiritual contact can ensue. This is the case with many patients locked up in lunatic asylums, because they suffer from FREQUENCY DISTURBANCES. (Clairaudience)

- The situation is different with circles, the established PROTECTION and above everything else, the experience amassed over many years play a big part.
- The ethical component must always remain in the foreground.

A guest within the circle naturally represents a *foreign* body to begin with, no matter whether his attitude is positive or negative. This is because every one of you harbours some subconscious mistrust in regards to the guest and therefore emanates DEFENSIVE VIBRATIONS. Only once it has been established that the guest is actually positive can harmony be guaranteed. Negative experiences naturally enhance one's mistrust. We certainly have great difficulties. - But let's not talk about that.

Question: (1963) A medium in England insists that she has constant contact with three UFO-Commanders. Actually past eminent scholars are supposed to meet there also. Is this correct?

AREDOS: No. - This lady actually believes to be in contact with "higher intelligences" but this is based on her craving for recognition bordering on insanity. In regards to the spiritual she is just *a plaything in the hands of the lowest intelligences* within the spiritual realm.

Question: The otherworldly and the UFO people are supposed to have drawn her attention to underwater treasures. The government is supposed to have salvaged these treasures according to her specifications, but in secret, behind the medium's back. Is this correct?

AREDOS: This is the greatest nonsense that I have ever heard. The otherworldly, indicating where treasures can be found, have legitimised their cause sufficiently. Every spiritualist ought to know this!

This medium unknowingly represents cancerous damage to the august psycho-sciences. It will soon be locked up and this to the detriment of all spiritualists. This medium lives in Cardiff and exploits the local democracy by harassing many members of governments throughout the world with this nonsense. It even spread the rumour that the Duke drowned long ago. Blatant proof where fanaticism can lead to.

6. Particularities that can arise

Question : Almost every medium has made the observation that when a spirit comes close, a *cold* sensation is experienced. Why is this so?

AREDOS: Yes, this is correct. But it is *the reverse when contact is made through automatic writing*. The heat is generated by the medium due to the enormous activity the arm and the hand are performing.

This cold sensation develops with *voice mediums* and also during *physical experiments*. Temperatures in the spiritual realm are lower. One could actually say that we exist below freezing point. But we do not feel this coldness.

• Warm waves have an *inhibiting* effect on the extremely fine rays which emanate from the astral body.

But due to its higher sensitivity, it is only the medium that feels this astral coldness. Terrestrial temperatures do not actually change. You can therefore not measure this spiritual coldness.

Question: Every now and then we hear about phenomenon that are supposed to come from *poltergeists*. Scientific analysis has ascertained that one is dealing with a medium here

that is going through puberty and that it releases its aggressions in this way. What has the spiritual realm to say about this?

AREDOS: Nothing surprises us anymore, because these explanations hide the intentions of never to admit that there are spirit entities. The fact that a medium is part of it is correct and puberty can also play a part. But the ENERGIES emanating from the medium are utilised by the otherworldly to accomplish the phenomenon. This has nothing to do with any kind of aggression. It is only natural that a spirit wants to direct one's attention to its existence, respectively to the hereafter.

The scientist simply makes an assertion here by saying: "Let somebody prove the opposite!" And if this would actually happen, they would continue to reject this by saying: "This is a deception, designed to dupe us! We have been aware of this for years."

Question: Why do most of these phenomenon have a *negative* connotation, that is to say, why are senseless things destroyed or why are people duped?

AREDOS: I know that a lot of these "phenomenon" are a practical joke. But we are *powerless* in this regards, because these phenomenon are carried out by *lower* souls and they can manifest *greater* FORCES in the physical world. These souls are not concerned about whether they destroy something, all they want to do is express their anger, because nobody believes them and everything they say it twisted around.

Question: We are always surprised about your instantaneous (fast) answers, which we receive in writing. We therefore ask you whether you can see the physical world very well? Can you recognise us and all objects as well as somebody in a physical existence?

ARGUN: Yes, we can do so very well, actually *even better* than when in a physical body. Our eyes also have optic qualities and they also react to sunlight. But we see spiritual and physical things *equally well*. Beyond that, seeing with a spiritual eye is closely related to feelings and we therefore perceive everything with the soul.

In addition to this, every mundane concept *remains preserved*; this means that we *know* many things, which we bring across to the spiritual realm where they give us mental support. The organisational talents we acquired during our life on Earth are a part of this.

Question : Do you feel *your* corporeality in a similar fashion as you did during your life on Earth?

AREDOS: This feeling is *even more* pronounced in the hereafter, *all the senses* also. One could say that a soul is like a *total amputee*, one with the whole physical body amputated.

Mind you: *Partial amputees* living on Earth still feel their missing limbs as if they were still present. This feeling is so powerful that they feel the scratching by spiritual fingernails.⁴

⁴ Here the medium erroneously speaks about "reflection of consciousness" and about "echo of memory".

Question: Is it correct that blood *emanates OD* (OD being spiritual energy), which *promotes* contact with the hereafter?

AREDOS: Yes, this is one reason why *blood sacrifices* were the order of the day in the past. This OD emanation only lasts as long as the blood is still warm. During the great battles of the last war there were enormous OD emanations present and they led to many materialisations and other occult phenomenon.

Question: Will terrestrial space exploration also lead to important *spiritual* insights?

AREDOS: We heavily count on it. Spiritual potentialities are *better outside* of Earth's gravitational influence and *outside* the Earth's atmosphere.

Question: Parapsychology calls a special kind of clairvoyance "psychometric viewing". How is this rare ability explained?

AREDOS: The consciousness, respectively, the soul with its astral body is *cosmic*, therefore present in the universe in the form of a VIBRATION. It represents a coherent system of *one's own* FREQUENCIES.

The *clairvoyant*, respectively the psychic seer, tries to tune into the FREQUENCY of the *other* soul with the help of *aides of concentration* like photographs, letters or similar items. If he is successful - even if partially so - he *emotionally* grasps what he would like to know.

But this takes great *sensitivity*. Time and space do *not* play a part, because everything UNIVERSAL has sufficient space within the universe and it *remains* deposited there. This makes it possible for the character of a person who has been "dead" for hundreds of years to be comprehended. It always depends whether the aide of concentration has enough aptitude. Old columns covered in hieroglyphics are *very* suitable when it comes to comprehending the character of a nation.

Everything is based on VIBRATION!

7. Carrying out a spiritual meeting

Question: One is told that it is very important that the communicating spirit announces himself with "GREETINGS IN THE NAME OF GOD" at every spiritual meeting, otherwise one is dealing with a lying spirit. Is this correct?

AREDOS: No, I have to contradict this. A hoaxing or lying spirit has no respect for GOD and he is not afraid of punishment, because he believes that the antagonist protects him. An ill or evil spirit is not fazed one little bit when he insists that he comes from GOD. He unscrupulously swears any oath and even swears on the salvation of his soul, which is

already condemned. Unfortunately most mediums and participants fall for prey to these protestations.

• You can therefore set no great store on a "GREETINGS IN THE NAME GOD", it does not guarantee anything!

But in spite of this, this salutation is a spiritual greeting for all the participants of a meeting. The best guarantees are *friendship* and the *common willingness* to render mankind a service.

Question: Many circles conduct a religious cult. These spiritualists believe that their pious ado with its many cultic practices and utensils will bring better results. How do you assess this behaviourism?

AREDOS: Doing so, they only attract *cult-spirits* and *most* of them are *negative*. We reject these kinds of meetings.

• The only things that give us pleasure are flowers and burning candles. You can dispense with everything else!

If we're dealing with festive ornamentation, we are certainly in a position to do that *ourselves* here in the hereafter. We are all about indoctrination, *not* about cult!

Question: Other mediums and circles send us the most unbelievable hoaxes perpetrated by spirit entities and they make all of spiritualism look absurd. These lies are unfortunately *believed* by the members of these circles. We know that these circles have *no* PROTECTION. Please tell us something about this essential PROTECTION.

Answer : Every circle has a DOOR, that is to say, a spiritual ENTRANCE that is *guarded* by a KEEPER.

Question : Does this KEEPER bear responsibility in any way?

Answer : This KEEPER is supposed the *watch* the DOOR so that no unclean or undesirable spirit entities can penetrate the circle. But the question is always whether he is able to do so. The function of this KEEPER is the guard the ENTRANCE. He *cannot* fulfil this function unless he receives the ENERGY *from you* to erect the required obstacles so that he does not have to give access to *those* he wants to keep *outside*.

Do you not understand that this ENERGY must come from you and that this ENERGY must come from all of you? - This is an ENERGY that is *gathered* from *everyone* present here and it is *processed* by the LEADER. The LEADER *combines* your ENERGY with his own, in order for this ENERGY to be used for the purpose of the meeting.

When you open a DOOR and invite *everyone* that walks past to *enter*, they will all come in. Your LIGHT emanates to the outside through this open DOOR and it attracts many

from our world with the result that such a *great number* will turn up that they will *push* the KEEPER at the DOOR *aside*, because he has not enough ENERGY to keep the undesirable elements away.

These things do *not* take place in our circle here, especially as it has done this work for so many years. I only had to interrupt proceedings momentarily on a few rare occasions, because a few interlopers became noticeable.

This does not *necessarily have always been* an evil minded entity; they are all different. Some hope to gain access to your world, some come out of curiosity whilst others have frivolous intentions.

You have such a lot of things you can find pleasure in, because you have been guided from the path of sorrows to the path of knowledge and understanding by LOVE. LOVE directed your steps, it has guided you and LOVE will not abandon you. The invaluable jewel of knowledge that is now yours is an ETERNAL POSSESSION, undiminished, unsullied and pristine; it is yours *forever* and *nothing* can take it away from you. - Up to this day, you have been helped more often than you can comprehend.

The world *cannot* be made a better place with phrases and paroles. Improvement is *only possible* if the *majority* of people can be persuaded to become conscious of the fact that they are *co-workers* within GOD'S PLAN of CREATION and DEVELOPMENT!

8. What entities announce themselves?

Question : Are there spiritual circles that have contact with CHRIST?

AREDOS: CHRIST was an eminent TEACHER on Earth. It doesn't necessarily follow that he must also be an eminent TEACHER in the hereafter. These circles, respectively its members are *very conceited*, they are *not happy* with other TEACHERS and they would like to talk to GOD *directly*- and they sometimes also assert to do so.

- But I can tell you that were are dealing with *otherworldly hoaxes in all of these cases!* Lower spirits make an evil joke of this.
- Genuine humility and the will to execute a MISSION is lacking here. This is very regrettable.
- You can immediately recognise how *negative* these people *react* when you *criticise* them.

Question: It there a way to eliminate these abnegators?

AREDOS: Unfortunately not. But they eliminate themselves of their own accord, because they cannot get to the TRUTH.

Question : Can departed friends and acquaintances make contact through a circle?

AREDOS: There are an infinite number of souls crying bitter tears, because they cannot announce themselves. But *they* are to blame. If these souls *could* make contact, they would only complain or talk about things that have *no* relationship with this subject. We are therefore vigilant that these contacts, if at all possible, do not eventuate. They want to talk about inheritances or we're dealing with accusations of people still alive today. Many feel cheated and they want to vent their anger.

Question: There are a number of circles and mediums that insist that they have personal contact with an ARCHANGEL. Can we take these assertions serious?

ARGUN: No, never! An ARCHANGEL never visit's a medium or a circle, CHRIST even less so, even if the medium is of great stature and very good!

But there are many MESSENGERS of LIGHT, *called* MICHAEL or GABRIEL for instance. When circle participants or mediums hear these names they go into ecstasy and immediately call them ARCHANGELS. They do not display any humility doing so, because they demonstrate that they are not happy with genuine MESSENGERS of LIGHT. All of them would prefer to speak to CHRIST or to GOD -, as many have already professed to have done. There is also a lot of blaspheming done in connection with MARY already.

• ARCHANGELS do not appear! - They have their own AMBASSADORS.

Question: There is a term within spiritism called "FATHER MEDIUM" indicating that such a medium is supposed to have *direct* contact with GOD the FATHER.

AREDOS: There is not one human being that can come in direct contact with GOD, CHRIST in his incarnation as JESUS could not do so either. But it is possible that a human being can make contact with an eminent ANGEL, but that is a rarity. The term "FATHER MEDIUM" is nonsense and it was coined by "house spiritists", which fancied themselves a lot with their "CONTACT with the FATHER". We reject this! I do admit that there are otherworldly who allege to be GOD the FATHER. If people give them credence, they feel fortified.

• GOD does not speak to any human being! But there are eminent ANGELS with the authority to speak in GOD'S NAME. You can recognise whether such a message is genuine with the help of your logic by scrutinising its contents.

Question: How is it possible that there are so many "Christ" who approach individual mediums and only cause mischief and confuse people in the NAME of GOD?

AREDOS: On the one hand we're dealing with *lower* entities with deliberate evil on their mind, because it gives them negative pleasure. They enjoy *freedom of choice* in the hereafter

also, but *they do themselves a lot of damage*, because the result is mental self-mutilation. On the other hand we're dealing with self-delusion.

There are also evangelists in the hereafter who are of the opinion that they have to help CHRIST any way they can. But in order to *be taken serious* by the medium or by circles, they profess to be CHRIST himself. They feel entitled to speak in his name, because they want to do good, but are *not mature enough* to do so. Even their knowledge is very poor, because in their self-aggrandisement they *rebuff* any genuine indoctrination and atonement. They too have their *free will* but they remain stuck on one level within the one sphere.

Question : But the prophets from the bible were *also* mediums and they conversed with ANGELS or with GOD. What is correct?

AREDOS: GOD has never ever talked to prophets! It has always been his HELPERS on their divine MISSION. There is just one single exception here on Earth. Not even Moses talked to GOD; he talked to a person from another planet, here on Earth on a divine MISSION.

• But CHRIST spoke telepathically with GOD! - He did so sometimes, but he wasn't always able to do so.

Question : One of the LORD'S ANGELS was supposed to have *announced* CHRIST. Therefore this ANGEL must have spoken to people?

AREDOS: *No, this wasn't the case either!*

- A MESSENGER of GOD must not necessarily be an ANGEL. ANGELS have *completely different assignments*; they *don't* deal with religion, *nor* do they deal with your indoctrination!
- All I say is that you *should be content* that an otherworldly TEACHER comes to you *at all* to talk to you, no matter in what spiritual way. *The name is completely unimportant!*
- It is equally unimportant whether a SANTINER is called ASHTAR SHERAN or OTHAR SHIIN. What is crucial is whether the SANTINER has an *important* and *instructive* message for you.

The name is only important to the medium or to the circle participants in order for them to know to *which* spirit they are talking to.

9. Scientific analysis

Question: Parapsychology deals intensively with kinetic problems and phenomenon. One is now convinced that human beings can create FORCE FIELDS from within their spirit, which are able to move physical objects even at a distance. What can you tell us about this?

AREDOS: It is true that FORCE FIELDS can be created; but human beings on Earth can never create them on their own. We are dealing with a CO-PRODUCTION between the otherworldly and the secularistic in *all* of these cases. The otherworldly *combine an astral substance from the OD of the medium* and this substance, which comes into being in this way, can then be manipulated. The otherworldly *controls* this SUBSTANCE; the medium is *just the provider* of a SUBSTANCE, but it has *no influence* on the proceedings.

Question: Parapsychology professor Bender said that tensions develop in young mediums and they are then expressed in kinetic activity. Is there a connection there?

AREDOS: That is absolute nonsense and it can only arise if the scientist we're concerned with here is an *animist* who *doesn't* believe that the soul survives. There are of course a lot of disembodied young souls within the spiritual realm that are mentally not mature enough and therefore hang about like so-called "beatniks" instead of striving to better their POSITION. If these souls find a medium, they try to do some mischief. An older person is not prepared to participate in this nonsense. But a person going through puberty has the mental capacity for this and he usually reacts immediately. Older people, engaged in this kind of spook whilst on Earth, eagerly participate also.

• HIGHER SOULS are powerless against this, because they are not capable of using force.

This is why this spook is so idiotic in most cases that one is not apt to believe in the spiritual powers of otherworldly intelligences. Young people going through puberty have always smashed windows here on Earth.

Question: Why does professor Bender display an *animistic* behaviourism?

AREDOS: To begin with, this scientist would like to keep the standing they achieved with the assistance of animists. Their assignment is to prove to spiritualists as best they can that they are in *error* and that they have allowed themselves to be duped.

- The closer a researcher gets to the TRUTH the closer he gets to GOD, that's inevitable. But this is not what the principal's aim is, because GOD should certainly not be verified by any means!
- If the sun *would* constitute absolute proof of GOD'S MIGHT, one would also *disown* the sun or one would invent idiotic explanations for its existence. One can certainly dispute or verbally dissect *everything*, but whether it finds credence is another thing.
- But the craziest definitions that spring from the scientific, respectively from the academic fraternity naturally bear a *seal of approval* that is supposed to support the TRUTH.

Question : Why do so many scientists make things difficult when it comes to accepting supernatural phenomenon?

AREDOS: When atheists and those doubting GOD'S existence want to test such phenomenon or mediums, one can say: The devil ought to give his judgment about the effects of divine POWERS. What can one expect? - Do you ask a murderer's opinion about ANGELS?

Question : Scientists are affronted by the fact that most mediums set great store in having a crucifix or other Christian symbols on display. Are these symbols necessary?

AREDOS: Yes. They are indispensable, if one is in need of protection. *Lower* entities are *swarming* around you and they are constantly on the lookout to wreak great havoc. The reason why spook degenerates into great mischief is because lower spirit entities have *more* control over matter. These Christian symbols keep these kinds of entities *somewhat* at bay. These symbols also indicate that one is dealing with a Christian circle.

Question : It therefore comes as no surprise that most scientific experiments are doomed to fail.

AREDOS: Even if the medium is allowed to pray or to utilise Christian symbols, for instance light candles, these experiments can still fail *in spite of this*, because they are based on *atheistic* principles. The spiritual realm reacts to the *slightest* thought impulse.

Question : Are these failures mainly due to the scientists and not the mediums?

AREDOS: As far as I can assess this, it is mainly due to the fact that scientists are *not* looking for divine TRUTH, but instead look for evidence that they're dealing with a criminal medium or that all of it is mere imagination. *This attitude will bring everything to nought!* With the benefit of hindsight they say that the mediums became *hysterical* and was unable to do anything.

• A Christian circle, working with *positive* thoughts, will *always be successful, even if* the mediums are of average quality.

Question: Many scientists say that spiritualism is a kind of religion, therefore a faith. But faith does not necessarily have to be verified. They therefore say: "What do we care about any religion, this is not our assignment!"

AREDOS: Spiritualism means: Searching, recognising and the ennoblement of the soul!

The soul naturally depends on *spiritual* HELP and indoctrination whilst the physical relies on *medical* artistry.

Question : (1961) Faced with this kind of evidence, why are the sciences still sceptical?

AREDOS: This is because the sciences did not stick to the proper sequence in this case. Their investigations *skip* individual sections of this sequence. In there arrogance, the sciences are not willing to begin their investigation into the spiritual at the one point, where all private people have begun. They want to get their hands on the perfect and completed *immediately, without* having to deal with GOD or with the devil.

Question : Would it be possible to conduct spiritual séances at universities?

AREDOS: The academic researcher, attached to a university, has in most cases only theoretical experience, which does not convince him at all because he is too much of a sceptic. Because he is not a spiritualist with years of *personal* and *practical* experience, his points of view and conclusions lag far behind the actual TRUTH. He places demands on mediums and the spiritual realm that no spiritualist searching for the truth would accept to begin with.

• The academic researcher's inexperience and ignorance demands the impossible or ends up in blasphemy.

Question: What basic opinion of the human soul do these lecturers have?

AREDOS: Most of them abide by *materialistic philosophy* and *mathematics*. They regard the human soul as a collective universal soul, which is present in great volume in the universe. - **This is the greatest error that exists!**

• GOD alone represents this VOLUME, from which all the other souls originate from!

10. Argumentation

Question: Which essential factor unambiguously proves the genuineness of a psychic contact?

AREDOS: Every human beings makes certain mistakes, the same applies to the otherworldly also. An active medium will always make linguistic or orthographic mistakes, something it would do under normal circumstances *also*. An otherworldly entity will also make these kinds of mistakes. During psychic contact, the medium will *only make those mistakes* it *ordinarily* makes anyway, but what *can* happen is that the usual mistakes and idiosyncrasies of the medium *disappear*.

Question ; Must spiritual LAWS be verified in a terrestrial way by necessity?

Answer : I can give you many illustrations in this regards, but it is my intention to explain this in a way that will make it very clear to you.

Let's take *clairvoyance* as an example:

There are many in your world that are clairvoyant, but in spite of this have no real contact with the spiritual world. Their ability in regards to clairvoyance is a part or their inherent psychic equipment; this is why they can comprehend psychic LAWS and see with their psychic eyes. But nobody from the spiritual realm is connected with this demonstration. These clairvoyants can't even see the "dead"; they see scenes; they have perceptions and

receive warnings; they sometimes see the future and sometimes the past. This is pure and simple the natural psychic ability that is clairvoyance. Is this clear? - Spiritual phenomenon *cannot* be explained with *terrestrial laws*. The reason why spiritualism fares so poorly is because the sciences *want it* to be like that. It is a matter of course that the spiritual realm has also many of its own LAWS and they present you with a nearly impossible conundrum.

Many amongst you can *only* exercise the psychic abilities that they have performed on the physical plane. It is simply an extension of their senses; it doesn't affect the spiritual world at all. These people can therefore *not* be denoted spiritual mediums. These people, considered to be occult mediums, *only touch* the physical laws or the psychic *influence* that surround the physical laws and this in a hardly perceptible fashion.

The same way the genuine soothsayer or the legitimate crystal gazer can see and hear without spiritual intervention, the African witchdoctor, trained in the application of his own psychic abilities, can, with the help of certain ceremonies and rituals, produce rain by harmonising and by applying the POWER physical law is *based upon*. - I cannot express it any clearer.

Question : Does this mean that not all occult phenomenon are purely spiritual?

Answer : Yes, that is correct. - There are many Yogis in India that are veritable experts, but in spite of that have *no* contact with the spiritual world. Many of them would be appalled if they would see a spirit.

• Every mediumistic activity represents a co-operation between the spiritual and the physical; the mixture of the respective ENERGIES decides whether a spiritual connection will come about.

The ability to make contact with our world does *not just* depend on the psychic gift of the medium, but is based on the *co-operation* between a spiritual GUIDE or the spiritual CONTROL of the instrument (medium). But there are unfortunately a lot of *uncontrolled* mediums that are then exploited.

Question: If one takes into consideration that all of this evidence unmistakably *affirms* the existence of an otherworldly existence, we find it quite incomprehensible that certain researchers and scientist will *not* accept these facts for what they are. Why is this so?

AREDOS: Many scientists will in fact read what genuine spiritualists have researched, tried and tested, but they have never witnessed a genuine contact. They sit in judgment over something that is asserted by someone else, but it is something they have *not* experienced themselves.

Question : But these people claim to have undertaken experiments with mediums. What conclusions can we draw from this?

AREDOS: Whatever these people *regard to be* a reliable medium is unfortunately a mistake. A reliable medium abides by specific LAWS. But the researchers do *not* abide by the LAWS the medium is supposed to abide by, but act according to their *own imaginations*. This is why everything goes haywire.

Question: Through what means will mankind find the TRUTH?

ELIAS : With the help of technology, because everything else counts for nothing because it can be misrepresented. If somebody claims to have seen a spirit entity, the respond is: "You have only imagined this." But when technology records such an event, it represents something of importance.

Question: Will technology improve contact with the hereafter to such a degree that the help of mediums is no longer required?

ELIAS : It might take thousands of years before the time comes where one can do without mediums.

• The psychic automatic writing represents the best connection with the hereafter there is in the whole world!

Even if it will be possible to receive messages or even fragmented images from the hereafter with the help of technology one day, one very important prerequisite is still missing, namely the *long lasting FRIENDSHIP* between those here and those in the hereafter, born out of the fervent desire to do something positive for mankind!

Question: Do you think that physical and spiritual phenomenon, including materialisations, are especially qualified to verify the existence of the hereafter?

AREDOS: These phenomenon represent *one part of all* otherworldly endeavours. But what use would be in a complete materialisation of an otherworldly soul, if it couldn't express itself? Such a form must be recognised, it must laugh and sing and above all be able to speak, thereby validating that it leads an *individual existence*. This *individuality* is the one thing that verifies an *independent* existence in an OTHER WORLD. In regards to providing proof, intelligence takes up *first place*, otherwise proof of identity is *missing*.

Question: In Lengede, (a town in Germany) miners were cut off from the outside world by an incursion of water. One was very fortunate that the roof of the mine didn't collapse during the rescue operation. Did GOD have HIS HAND in this?

AREDOS: When we are talking about GOD, we're talking about the spiritual realm that has been given the responsibility of dealing with all positive assignments (Holy Ghost) In Lengede, the roof of the mine was *supported* by the POWER of CONCENTRATION of many, many spirits. Most of these spirits were the souls of deceased miners.

Question : A telepath was engaged to pick up the thoughts from these trapped miners. It ended up a fruitless exercise. Were there any survivors left in the pit?

AREDOS: If one had engaged a spiritual medium, one could have achieved something. But as it happened, there were no other miners still alive. Those responsible for the rescue operation do not believe in these kinds of opportunities.

• Faithlessness interrupts every spiritual connection!

11. Contradictory transmissions

Question : Quite often *contradictions* arise within the transmissions from the hereafter. How is this possible?

ARGUN: This is a situation where the medium's subconscious comes into play.

This comes about when the medium has its own convictions based on its *own* insights, gained through the study of certain literature.

If the medium does *not* believe in the transmitted TRUTH, it stands confronted by a solid wall. In spite of all the truthful and genuine communications, a certain conviction develops within the medium.

Question : How can we recognise the genuineness of a psychic communication?

AREDOS:

- GOD speaks with an *intelligible tongue*, understood by the *most simplest* of human beings.
- GOD does *not* speak in symbols and HE does not speak the language of scholars.
- The MESSENGERS of LIGHT also follow HIS example, but simple parables are quite acceptable.

Question: We receive messages from all over the world and they contain a lot of nonsense. Are these messages actually psychic?

AREDOS: Some of these "messages are the product of their own fantasy, originating from their craving for recognition. But there are also psychic messages that are genuine. These messages originate from entities who behave in a bumptious way out of pure boredom. They find themselves in a sphere that cannot furnish them with any enlightenment. If they are successful in establishing contact with a medium, they let fly with their threats and the more they are believed, the more fun they have. This is a very serious situation, because these mediums deal with people who take their nonsense serious and spread it far and wide.

• This is how spiritualism is undermined! No wonder that one becomes distrustful and therefore treats *all genuine* messages from the HIGHER SPHERES with caution.

Question: Is there anything one can do against this horseplay?

AREDOS: One can only draw attention to these mistakes. Every *experienced* spiritualist will find these mistakes. This evil must be demonstrated!

Question: But we cannot attack other circles, because that doesn't fit in with our mission.

AREDOS: You should not attack them, but the readers of these kinds of messages must find out what can never be correct with these messages. Above everything else they must know:

- That GOD never threatens!
- HIS HELPERS also do not threaten.
- Apart from that, GOD never waffles in mundane phrases.
- Any overemphasized piety is nonsense. This piety is better expressed in RESPECT. We do not ask for more.
- The piety demonstrated by the Churches is ludicrous fuss without merit.

Question : Can the service of a good medium be abused?

ELIAS: Yes, a medium that has been good up to now can under certain circumstances be abused! In such a case, the PROTECTION around the medium is breached and malevolent spirits come to word.

Question: *Just how* is this PROTECTION breached?

ELIAS: Negative spirits actually prefer scientists, they love to lead them up the garden path. Because these scientists always demand *drastic evidence*, the questions they ask are so naïve that they have nothing to do with real insights.

- The attitude of the séance participants plays an important role!
- He, who expresses doubt in his mind and constantly looks for negative verification, destroys the PROTECTION and thereby make an incursion possible. It takes a lot of experience to guarantee PROTECTION.

I can give you an example

In times of war, many governments and the military have tried to gain information about possible successes and opportunities to gain the upper hand by making contact with spirits. Almost all of them were duped, because their objectives were not of a DIVINE nature. They received some genuine information to begin with, but then the lies came thick and fast, they eventually came to the conclusion that everything was merely lies, deceptions and delusions. The same applies to espionage these days, genuine information to begin with, followed by misinformation.

12. Verifying and testing transmissions

Question: It could be quite possible that we are also subject to a number of errors, respectively, hoaxes. What guarantee do we have that all the answers we receive from the spiritual realm are actually correct?

AREDOS: The answers that are channelled through our GROUP are never the opinion of an INDIVIDUAL, but the result of a lot of experience and indoctrinations from a HIGHER SPHERE. The odd mistake can creep in sometimes, but that happens only on very rare occasions.

We always endeavour to correct such mistakes unless we're confronted by very strong opinions from your side. But as long as you remain as open minded as you have been so far, every mistake will find its respective amendment.

Question: We often receive enunciations from mediums and circles we find absolutely hair-raising. Why can't the spiritual realm make amendments *in these cases*?

AREDOS: These enunciations represent the evil that adheres to the greatest religion that is universally valid. Remember that there are souls communicating with mediums and circles which are just as fanatical and dumb! We are dealing with a frenzy for recognition by alleged chosen ones here and they overestimate their own self importance to the extreme. They lack the logic of genuine humility!

Question: What does one have to pay attention to in order to receive *first-rate* information?

ELIAS

- The desire to *raise the level of* all of mankind must have priority.
- *Important* and *ethical* questions must be asked.
- If the intentions are good, a FRIENDSHIP between the here and the hereafter can develop.

But is has happened before that participants and also mediums have landed in an asylum due to the *incorrect leadership of a circle*, because they have fallen prey to the abuse of evil spirit entities.

Question : How can we recognise that a communication with the hereafter is *genuine*?

AREDOS: Naturally through your logic! But logic also needs experience and training! You have already learned a lot from us, because you already say that you find some of the communications from *other* sources hair-raising - indicating that you are already in a position to make your own judgment.

Question : Are there any guidelines for less advanced seekers of the TRUTH?

AREDOS: You have to remember the following very well:

- Demons never announce adversity, but act with surprise on their side! *Announced* misfortune is *always* a lie!
- The divine REALM never plans any adversity for mankind and can therefore not announce any either. GOD and HIS REALM *never* punish through catastrophes that harm people. GOD'S PUNISHMENTS are *completely different*: They *redeem* people, even if it hurts mentally.
- If a communication from the spiritual realm contains *one single threat* it is *not* true!
- But if *an admonition* is forthcoming, because people conjure up some self-inflicted calamity through their behaviour, this admonition is *true* if it is send with LOVE.

Question: There are spiritualists that believe that the TRUTH can be gleaned *immediately* once contact with the hereafter has been established. Is this correct?

Answer : Every sphere has spiritual DOORS that are hard to open. It all depends on *which* DOOR one finds oneself knocking. Whether these DOORS will be opened depends on the *level* of development of the circle participants. An extremely good circle leader might not be able to open a certain DOOR, if the *other* members of the circle are *not* alright!⁵ -

Question: Various circles spread the rumour about a DIVINE TRIBUNAL. One points to the end times announced in the bible. What do you say to this?

AREDOS: Even *if* these messages are genuine, they still originated from the *lower* spheres. He, who believes this, doubts GOD'S LOVE and has not learned a lot.

Question : It there a possibility to improve our current contact with the spiritual realm?

ELIAS : Improvement is *only* possible *once* mankind has reached *the maturity* to do so. This maturity is *not yet* present at this stage and this is demonstrated by all the wars and all the different crimes. But there are many positive FORCES at work and there are already a lot of people perfectly able to *distinguish* between good and evil.

• The world will change once an over-saturation of evil has taken place!

Is has already come to a point now, where many people do not want to hear political phrases anymore. The negative can also be over emphasised and this is already taking place. It is quite obvious that you cannot raise *the whole* world to a higher level, but it suffices to begin with if you learn a certain part of it. We can of course bring you a lot more, but you wouldn't understand it. We must therefore progress step by step with our EDUCATIONAL ACTIVITIES.

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⁵ This answer shows just how sensible so-calle "public meetings" should be managed!

If I take all the enormous TRUTHS that have already reached the public into consideration, I would call that a big success. *The brochures* you have published have *attracted a lot of attention*. We can safely say that our co-operation has been successful. But there are still TRUTHS you would *not* understand.

• There are no other MESSAGES that come even close to equalling *this* work (Menetekel).⁶

Question: But we are dealing with a strong opposition. Maybe their *beautifully printed* brochures receive more attention?

ELIAS : Rationally thinking people *know* that it is not the packaging that is of importance, but *the quality of its contents*!

Question: Many are of the opinion that everyone in the hereafter is immediately punished when they are evil or when they lie. What do you say to this?

AREDOS: That is a mistake! In the spheres *close to Earth* - and I'm talking about *your* spheres - everybody can do as they please. But they will *not* progress. The kind of punishment you're familiar with on Earth does not exist in the hereafter! But the soul ends up in situations and spheres that can constitute a lot of agony. We certainly have deprivation of liberty here also.

Question: But there are other circles with good mediums besides us. They would also have to receive excellent messages and indoctrinations?

ELIAS : There are *many* circles and mediums; unfortunately *almost all of them* do not work satisfactorily. Either the experience in communicating with the hereafter or the intellect *to distinguish* between good and evil or to separate TRUTH from mistake is lacking.

Most circle participants lack *endurance* or they display a *very dogmatic* attitude, thereby blocking everything. Only those with the *genuine desire* to furnish the world something positive on behalf of mankind will find the necessary endurance and will be able to cope with the many failures also.

• Only *these seekers* will reap the FRUITS of their labour; they will be rewarded with an *indestructible* FRIENDSHIP and the otherworldly FRIENDS will be there for them at any time of day.

Question: It is quite deplorable that certain mediums spread lies instead of supporting spiritualism. These losers *damage* the cause in an unimaginable way, well, they do damage to GOD and HIS PLANS. Which is to best way to confront this evil?

⁶ The publisher of these compiled protocol extracts has not yet come across other transmissions that have the quality and above all, the volume of the *Menetekel*.

ARGUN: Only by *deliberating more carefully*. - The craving for recognition is to blame for these rumours. A psychic person is not a medium by a long shot, it takes enormous qualities for that, qualities like:

- *Humility*
- Humbleness
- Love of once fellow man
- Logic and a lot more.

Mediums should *not* work by themselves, but display their skills only within a good working circle under a sympathetic and experienced administration.

Any solo effort based on craving for recognition leads to lies!

The hoaxing spirits lie in wait for such mediums and they are ingenious enough to appeal to the medium's interests. In addition to this, most of these "also-mediums" are very *dogmatic* and *fanatical*. All that is GOOD must be *earned* and this takes infinite patience and effort!

Question: Relatively speaking, most supernatural messages are falsified. Our own messages have also been falsified; our psychic drawings also. Why *can't* the spiritual realm exercise *control* over these messages that come to us via these mediums?

AREDOS: Circles are also formed in the spiritual realm. It is very difficult to enter one of these circles. This is why they *cannot* be controlled by a HIGHER AGENCY. In addition, there are terrestrial individual mediums that have no PROTECTION to speak of.

• PROTECTION is always essential, if the MESSAGES are to be of merit! *But establishing such PROTECTION often takes years*. But as far as most mediums are concerned, this takes too long!

13. Specialised publications

Question: In spite of all the many, many books that deal with this field, there is hardly one book one could say that it consists of pure and objective TRUTH. What do you say to that?

ELIAS : This is unfortunately correct. I already mentioned this enormous rubbish. Most books are a mixture of TRUTH and fiction. But what layman can tell the difference? - The negative is unfortunately *spiced up with the TRUTH* in order to make it more plausible. The fare of false faith is seasoned in this way, so that it will be consumed. Imperfect mediums are to blame most of the time.

Question : Books are written and published that assert that any contact with the hereafter constitutes a demonic connection and therefore is a great sin?

AREDOS: It is generally known that there are authors that write perfect nonsense that has *nothing* to do with the TRUTH. The above is generally the opinion of the Churches, respectively the priests and they have no idea about this at all.

Let's take for instance the example of the great TEACHER CHRIST:

- He was an *excellent* medium and his KNOWLEDGE did *not* spring from scriptures, but *from his connection with the spiritual realm*, the way the prophets did. Socrates was also one of them.
- CHRIST was *clairaudient!* He could converse with GUIDING SPIRITS. He was indoctrinated by the hereafter and found out that he had an ASSIGNMENT. But this clairaudience can sometimes be interrupted. When this happened, MASTER CHRIST used *automatic writing* instead: He wrote with his finger in the sand and fetched the answers he could not give himself in this way.

If one would listen to all the baloney these authors write, CHRIST would also have been a disciple of the devil. - By this you can recognise the whole nonsense!

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