

PSYCHO-SCIENTIFIC FRONTIERS

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Protocol extracts from the *Menetekel* brochures of 1956 - 1975

Theme : **The Soul**

Addenda from the *Menetekel* 1956 – 1975

The *Medialen Friedenskreis Berlin*, a Christian/Spiritual community, psychically received the texts to this theme between the years of 1956 to 1975. These transmissions are a part of the *Menetekel*, a collection of 4,500 A4 pages of freshly catalogued protocols, amassed over 20 years. All of these mediumistic messages were left in their original form, even if similar questions were repeated. The work of the two mediums began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin (Medialer Friedenskreis Berlin), the *Menetekel* and the 21 transmissions from the space-brothers are considered the absolute pinnacle of psycho-scientific research. Other spiritual circles have often tried to copy the work of the MFK, but its quality was never achieved. The reproduction and distribution of these rearranged messages and protocols is *explicitly encouraged* and is not covered by any copyright.

Preface

The soul is an invisible FLUID endowed with great ENERGY and it is *annexed* by our physical body. This FLUID is akin to electromagnetic waves. The OSCILLATIONS of the SOUL are of a perpetual nature, that is to say, they are of an unbroken duration, expressed with one word: “*eternal*”. The soul continuous to OSCILLATE *after* one’s physical demise, it is divine and therefore *indestructible*.

- *If the soul would dissolve after death, you would find that the same could also happen to GOD. GOD is however eternal and this is why the human soul is eternal also. Human beings were indeed created in HIS image, but this has nothing to do with their physical form.*
- *The soul is the consciousness and it encompasses the mind, the power of thought and all feelings and senses.*

There are strong and weak souls, developed and undeveloped souls. The soul is also sensitive and it can become *ill*, but it can *never* die. The soul is *non-physical* and it is *not* subject to the laws of matter, it cannot be dissolved. Even fire is incapable of harming it.

To know the functions of the soul accurately is important in order to know the assignments the soul has to fulfil in regards to its associated body.

H. V. Speer, leader of the spiritual circle.

Questions and answers

Years 1956 – 1958 (incomplete)

Question : Dear ARGUN, we would like to know whether the soul merges with GOD after it has achieved the highest possible SPHERE.

ARGUN : Nobody merges with GOD *directly*. HE stands *alone*, inconceivably mighty and omnipresent. To *become one with GOD* is *not* man's highest goal.

- *Man's highest goal is a place near GOD'S throne and to serve, to serve and to serve – eternally – joyfully and out of LOVE for GOD. There are indeed an infinite number of assignments.*

I know that thinking about eternity has something depressing about it. You subconsciously believe that you would eventually have to get tired, you think that there must surely be *an end to it* somewhere down the line!

- *This finality does not exist and tiredness is also not a factor, because the soul is free, it is not subject to the weaknesses of the physical body it usually has to depend on here on Earth. It is not sustained by material things, ergo food. It only knows one form of nourishment: COSMIC ENERGY – and this ENERGY is always there – permanently. It comes from GOD.*

You will however never be able to completely comprehend all of this in its overall pertinence. There is a rather long way ahead of you before you will completely comprehend it all.

I will reveal something to you:

- *According to your human calculations – roughly – one single soul or at the most two souls reach GOD'S throne every 100 years. A lot of souls almost reached the top of the long stairs that leads to GOD – but became tired, lacked endurance and fell off.*

Most souls are *not all that interested* in climbing GOD'S STAIRS, ergo the STAIRWAY to HEAVEN. You will hardly believe this – they want to be *reincarnated* – if at all possible on a beautiful planet, endowed with a beautiful body and intellect and favourable living conditions. Well, a lot of them go to great lengths in the hereafter to endear themselves in order to amble about in a good looking figure on another planet. They unanimously say the same: "I will guard against falling prey to sinning and death – I mean the way I die – does not scare me. All I want to do is to live again in the flesh, love physically and go to sleep physically tired".

Question : When does the new soul make contact with the maturing child, ergo during the development of the embryo?

ANASTA: *Approximately five minutes before the exit from the mother's womb.* All prior movements by the baby within the womb are reflex actions. The baby is indeed directly connected with the mother.

Question : Does this mean that killing an embryo within the mother's womb is not murder?

ANASTA: Not quite. When a mother kills a baby within her womb, she causes an incursion into her own soul. *She will only reap the consequences of her action once she is in the hereafter.*

Question : What are the consequences of spiritual servitude?

ARGUN : One can ascribe a lot of consequences to spiritual servitude. To list a comparison:

- *For scientists to believe that they have to reject GOD based on their materialistic philosophy and their knowledge, well even believe that they have to persecute HIM, already constitutes spiritual servitude. This in itself is a strong example of spiritual servitude.*

People could provide their own answers once the last veil is lifted from their materialistic thought processes. Well, it is first and foremost up to people themselves to lift this veil that veils their clear, objective and precise thought processes. The first veil is called *disbelief* and the second veil is called *doubt*.

Question : Is the aura that envelops the physical body the permanent garment of the soul?

ARGUN : Yes my friend, the aura does envelop the soul. It is however *not* a permanent garment, but a kind of halo.

- *One can assess by the size of the aura whether a soul is good or average and one can do this from kilometres away. There are no evil souls, only confused souls.*

Question : Can it happen that the human soul participates in indoctrinations in the hereafter whilst the body is in a deep sleep?

ARGUN : Oh yes, the souls of terrestrial people *often* travel to our SPHERES whilst their body is in a deep sleep, higher or lower SPHERES – but they forget their experiences before they wake up.

- *GOD gives people numerous tests whilst they are deeply asleep.*

Question : Is the spirit immortal?

Answer : My friend, spirit and soul cannot be separated from one another, *they belong together* and this is why *both* are immortal.

- *One only separates these two concepts because one also calls the spirit “intelligence” whilst the soul is called “perception”.*

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Guest : We were told that many occultists hold the opinion that the *daughter of the Tsar* took possession of another body. Is this correct?

ARGUN : Yes, this is correct.

Guest : This must be the reason why our MESSENGERS of LIGHT avoided answering this question in the past. Is this part of blasphemy?

ARGUN : Yes.

Guest : Are there cases where a soul that is already in the hereafter takes possession of another body?

ARGUN : *More often than you imagine!*

Question : This would include *those* that suffer from specific mental disorders, when they can no longer remember the life they lived and therefore do not know who they are?

ARGUN : Yes, this includes somnambulism.

Leader : This could also have happened to me when I sent my ASTRAL BODY, when another soul took possession of my body. (See the protocol “The Great Encounter”) I am now also aware why I was told at the time that my body is *guarded* by an angel.

ARGUN : It is often a case where a soul with a guilty conscience, about to be reincarnated, is afraid of being karmically punished with an *ugly* body – and therefore selects a sensitive person whose body appeals.

Question : Would this not be a case of possession?

ARGUN : They *don't always* intent to use the new body for evil deeds. No, but this *shouldn't happen at all!* GOD'S punishment is however often mild.

- *But woe to those that use somebody else's body for evil deeds to then discard if after the deed is done. Woe to the poor soul that finds its way back to its body after the deed it didn't commit was done. It now has to deal with something another soul committed. There are lots of such cases. But the soul abused in such a manner will be close to GOD after its terrestrial demise.*

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Question : Is there also RACIAL-RADIATION in contrast to a racial-soul?

ARGUN : Yes, this question is rational. There is such a thing called RACIAL-RADIATION, absolutely, but no noble soul in the hereafter would be offended by it.

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Question : We return once again to the case of *Anastasia*, who is supposed to have taken possession of the dying body of *Lorenz*. Who decides about the appearance of the body? Is it the soul or physical matter that is formed into a body? We are talking about the possibility of a VAGABOND SOUL or a lost soul taking possession (walk-in) of a body the astral body temporarily vacated and that the awakening soul must under certain circumstances

atone for what an *alien* soul attached to its body had committed. These are things that worry us deeply when we contemplate them.

ARGUN : After Anastasia was shot, her spirit took possession of the body of *Lorenz* whose soul was *displaced* in the process – but *not one hundred percent*. Something remained behind. *Lorenz* was still fluidly connected to the body GOD gave her when she was born and she tried to permanently utilise her property, her lawful body again. She was *partially* successful. But the soul of the genuine Anastasia was more robust, I would like to say the constitution of her soul was more robust. This is why she could assert herself. This case had additional facets, namely a physical similarity and other prerequisites inherent in *Lorenz* and these benefitted this *replacement of the soul* (walk-in).

You would probably like to know now what happens when the soul *takes possession of its newly born body*. Compare it to a machine that reacts accurately to your thoughts and therefore executes every one of your mentally expressed orders. The machine is still standing still. Everything is at hand; it is technically perfect, but mental commands are still lacking. The moment you press a button the machine is fully switched on – *it soaks up thoughts* and it acts.

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Question : You once told us that you can see and feel like us through your eyes. Is this spiritual SEEING *directed ahead* or is the whole room registered at the same time?

ARGUN : We can register the *whole room*, that is to say, we can if we concentrate sufficiently. We can however also concentrate our spiritual EYES on one single point.

The nature of the soul (Author: H. V. Speer)

Our soul is an invisible FLUID endowed with great ENERGY that *annexed* our physical body. This FLUID is akin to electro-magnetic waves. The OSCILLATIONS of the SOUL are of a perpetual nature, that is to say, they are of an uninterrupted duration; in one word “*eternal*”. The soul continues to OSCILLATE *after* one’s physical demise. It is divine and therefore *indestructible*.

- *If the soul were to dissolve after death, you would find that the same thing could happen to GOD. But GOD is eternal and the human soul is therefore also eternal. Man was indeed created in HIS image, but this is something that has nothing to do with man’s physical form.*
- *The soul is the consciousness and contains rationality, willpower, the power of thought, feelings and all senses.*

There are strong and weak souls, developed and undeveloped souls. The soul is also sensitive and it can become *ill*, but it can *never* die. The soul is *non-material* and is *not* subject to the laws of matter, ergo it cannot be dissolved.

To accurately know the functions of the soul in order to know what assignment the soul has to fulfil in respect to its appositive body is important.

- *In order to highlight the relationship between body and soul it must be mentioned that the body is a physical replica of the soul. Every organ, every appendix of the body correlates*

exactly to the nature of the soul and they are very closely allied with it. This invisible FLUID, the so-called ASTRAL BODY of the soul, permeates and courses through the whole body.

To assume that the seat of the soul is in the brain is an unfortunate mistake. The functions of the brain is akin to a relay and it is the pertinent control and relay station for the whole physical organism. The part of the soul where perceptions are noticed, where our thought processes take place is located in the brain.

People regain full consciousness after their demise relatively quick and they retain *all their senses*; these do however work more or less powerful, always according to one's terrestrial, spiritual preparations.

Very materialistically, egotistically minded people forfeit a lot of the activities of their senses. They are to some extent *sensuously blind*, the way a lot of people here on Earth are dumb of deaf. This sensory restriction is in effect a punishment. It can take a long time before the affected soul is released from this malady. Deafness is also a great malady, one that has a very specific effect on one's life in the hereafter, because astral communication is of great importance. Certain means of communicating we have here on Earth are lacking in the hereafter. Being deaf is the simultaneous disconnection of telepathy.

Highly evolved, selfless people with a sound belief in GOD and with solid character traits are much better off in this respect. The higher and the more advanced the spiritual nature of the soul, the better work the senses, they can actually become *super sharp* and surpass the terrestrial sensory activities by far. There are cases where HIGHER SPIRIT BEINGS in the hereafter can see through physical matter. Others on the other hand are blind as bats. Some of the human beings that dwell amongst us here on Earth would guard against being ungodly, if they knew that DARKNESS (spiritual blindness) awaits them with absolute certainty.

Good spiritualistic circles continue to reveal the terrible calamitousness soul are affected by, those that fumble about and curse the whole universe because they find themselves in such dire circumstances. But they caused their *own* misfortune *themselves*. CHRIST made the blind see here on Earth. Only CHRIST can make the blind see in the hereafter, but they must have *verified* their LOVE for him first.

Questions and answers

ARGUN : I will explain the *relationship between body and soul* to you: Imagine that you possess a car that you haven't driven all that much – but you like it because of the way it looks and particularly because of its performance capabilities. You now drive this car for some time and it begins to show wear and tear. But *you yourself*, who drive this car, *does not*. Would you still be interested in driving a car that is ready for the scrapheap? – Certainly not! If one could get a new car one would soon forget the old one in one's joy over the new car.

Question : Why do some old people become childish again?

ARGUN : You want to make a left turn, but the car drives straight ahead. You blow the horn, but it is hardly audible. You press the gas pedal, but it gets stuck and the brakes don't work either. – The soul, in an old and worn-out garment, would like to explain something to someone else in a comprehensive fashion. It can however only do so via a relay, ergo

the brain and the tool called “mouth”. But what happens when the relay no longer functions and the command coming from the soul is not correctly forwarded? Something completely different from what was originally intended will then eventuate.

Objection : It has happened that people have become completely *compos mentis* immediately prior to their death, even though they suffered from a mental illness. One later ascertained that the brain had already dissolved completely.

ARGUN : This is a case where the soul had distanced itself from the brain-relay to a degree where it is then functioning in an ASTRAL STATE. The dying body was *the medium of its own soul* in this case.

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Question : Our dog was killed walking across conductor rails. What happens to the soul of an animal?

ARGUN : My dear child, the soul of an animal, if it is good, lives in the SPHERES that are full LIGHT and SUNSHINE. You should therefore not be sad my child. There are lots and lots of animals here where we are. They are our friends the way they are your friends where you are. They are also a part of GOD’S REALM.

But the soul of an animal disappears from here after seven years, because *unlike* with human beings, they act on *instincts* and character. Animals have the GOD-GIVEN grace to be able to apprehend great dangers. This is why they are man’s friend, because they love you and risk their own life to keep you safe. All of us here all animal lover, even *more so* than terrestrial people.

The human soul has lots of spiritual doors (Author: H. V. Speer)

The most natural way to live consists in being connected to the cosmos.

Those that separate themselves from cosmic, that is to say, spiritual ENERGIES, *distance themselves* from the divine guiding INTELLIGENCE. Even GUARDIAN ANGELS assigned to aid human beings *cannot become effective*, when terrestrial human beings *slam* the DOORS to their actual EGO *shut* through their mental, respectively spiritual behaviourism. This is how people can barricade themselves against all kinds of cosmic INFLUENCES; they can actually *shut themselves off* to such a degree that even the cosmic (solar) VITAL ENERGY is impeded and the person concerned is *no longer viable*.

The greatest mystery of life lays in this particular behaviourism of the human soul.

If people are for example ill because of this, they will not even recuperate with the help of medical science, if they *barricaded* against COSMIC ENERGY, even though it represents the kind of spiritual medicine that can save their life. –*Open-minded* people can by the same token absorb all available ENERGY and recuperate *very rapidly* in conjunction with a doctor’s medical experience. The fact that enormous, intelligent ENERGIES reign behind or over people has not been given enough credence; they can make the difference between life and death.

- *A good psychiatrist is able to accomplish almost more than high grade medicine. This is where the secret of spiritual healing is to be found, that is to say, spiritual DOORS can be opened to a degree where GOD'S direct help can flow inside.*

To undertake research into *how* all these many spiritual DOORS can be either *opened* or *barricaded* is a very worthwhile task. To fathom this is the actual purpose and meaning of all of psychology.

One sometimes talks about *open-mined* people. These people have *one* or a *number* of spiritual DOORS open that lead directly to their soul. They can allow certain truths or some very specific knowledge or an invisible ENERGY to enter inside of them. But what they do with this knowledge, this truth or this spiritual ENERGY is their own affair. They can process and utilise everything in a positive or also a negative way.

People need a spiritual CABLE from time to time in order to pick up these HEAVENLY ENERGIES. A highly sensitive person (medium, mediator) can represent such a CABLE. All the numerous spiritual healers in England and Brazil *are such spiritual CABLES* and one can connect to them for support, because one's own spiritual DOORS are sometimes difficult to open. But negative, evil ENERGIES can also enter a SOUL SYSTEM in this fashion. The best means to prevent this are faith, knowledge and an apprehension of these divine ENERGIES; eminent respect for these ELEMENTARY ENERGIES is almost an unconditional prerequisite.

- *All human beings are able to receive this pure DIVINE ENERGY and utilise it for their soul and their body when they open their spiritual DOORS during devotional meditations. The ENERGY always remains the same, but how these people utilise it depends entirely on them.*

This is how anybody, well even a good medium, can barricade against the real truth – or it can easily happen that lies find their way through.

- *When a medium has a personal antipathy against a specific spiritual direction, against a theory or against the truth that leads to prejudices, even intelligent otherworldly ENTITIES find it impossible to transmit anything in that direction. The medium remains absolutely blocked in this respect. This even applies to the most powerful and eminent medium and is also possible with other people.*

Question and answers

Question : Can a human soul's spiritual development be recognised by the aura around it?

ARGUN : Yes, this is certainly the case. You can memorise that:

- *MESSENGERS of LIGHT emanate a blue aura, particularly above the head. This aura has a yellow border.*
- *BEARERS of LIGHT shine orange.*
- *Bad, that is to say, ill souls also shine, but without an aura around the head.*

Our medium here for instance has a *dark-blue spot near the heart*, we instantly recognise by this that we are dealing with a *divinely protected medium*.

You, as friends of the spirit, have a *speck of light on your neck* and this too is a positive sign of spiritual awakening.

But one can *never fully* achieve complete objectivity here on Earth. This is only possible in the spirit.

There are *no evil* souls in our realm, because there are only *ill* or *ignorant* or *confused* souls besides those that are already basking in the LIGHT. *Nothing is useless!* It is always worth the effort, even in the worst of cases. We never lose hope and GOD gives us strength in all such situations if we continue to solidly believe in HIM.

Those that enter our REALM will not immediately find their way around and this is why they will have to be helped. We must *guide* them, they will otherwise wander aimlessly around. The situation with those *that cannot see* is however much worse. These are the souls that *did not realise brotherly love* on Earth, but only *loved themselves*.

Leader : I can imagine that all of us here in this circle have only one single question in mind – namely DEVELOPMENT – our own and that of all our fellow human beings.

ARGUN : We concur with that, absolutely!

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Question : What can you tell us about the *mirror of the soul*?

ARGUN : The eyes of terrestrial human beings are the mirrors of the soul. You can ascertain this through an experiment. The required prerequisite is that you have a trained eye and that you are sensitive enough to be able to *correctly* assess this:

- *Take the portrait of an acquaintance or if you like a stranger, look closely at the whole face and ask yourself what it tells you. – Then cover all other details and now only look at the eyes and ask yourself again: What do the eyes tell me? Now cover the eyes and only look at the mouth. If your assessment of the expression of the eyes does not accord with the expression of the mouth you have the portrait of an inharmonious, unbalanced person in front of you. – But be careful with your assessment!*

July 1958

Question : Do you have an explanation for the “*voice of blood*”?

ARGUN : Yes, it is actually a band that connects the soul to the body. Matter cooperates with the soul at this point so that free feelings will become perceptible. This is introduced to a potential set of parents that is, if at all possible, *substantially the same* in all their character traits, when a soul is reincarnated.

Question : Is there a certain relationship between these souls?

ARGUN : Yes, certainly, from past incarnations.

November 1958

Question : Do our otherworldly FRIENDS require nourishment?

ARGUN : No, not anymore, because we lack physical matter here.

Year 1959

Question : Do all people have a DUAL?

ARGUN : Yes my son, but you do not have to find your DUAL here, you can meet up with it in the OTHER WORLD. A lot of people believe to have found it and are then bitterly disappointed later on. But when you sense that you harmonise with another person and that your opinions accord, you can unconcernedly pay attention.

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Question : What influence do electrical shortwaves have on the soul?

ARGUN : Quite a *positive influence* at times. They lighten the soul, free it from some ballast, that is to say, they cleanse it.

- *But foul air has a very bad influence, particularly on the soul. We in the hereafter are very sensitive to odours.*

September 1959

Question : We were asked to present you with the question of how JACK-O'-LANTERNS come into being.

ARGUN : With JACK-O'-LANTERNS we are dealing with *earthbound souls*. You cannot imagine how many of them exist. These souls try to rematerialize themselves and the moors provide the right substance for this. There are however souls that shine brightly in order to show other souls the way. We are sometimes dealing with souls that committed a crime on the moors or fell prey to a crime. These jack-o'-lanterns souls prefer the moors because they are isolated from the rest of the terrestrial sphere there. The sphere of moors is dark and this complies with the souls that live there.

Question : Does the danger exist that terrestrial people can be bailed up by jack-o'-lanterns souls?

ARGUN : Yes, in as far as these people *hold a SPIRITUAL DOOR open*. Those that take pleasure in evil will be attacked.

Question : What are these “spiritual doors”?

AREDOS : They are unfortunate passions and character traits, like for instance *hatred, craving for recognition, envy, egotism, sadism* as well as all *manias, delusions, fanaticisms etc.*

ARGUN : People are *personally* responsible for these negative character traits. They easily attract souls from the hereafter that are not better, but rather *worse*. This is where negative

people are threatened by an invisible misfortune, one that they unfortunately do not forebode nor know about most of the time. These unfortunate character traits are a part of the individuality of the soul and are therefore also punished in our REALM. *No* religious faith will save you from *such* punishment!

January 1960

Question : We know that we sometimes send our soul into the ASTRAL REALM whilst we are in a deep sleep. It is unfortunately only rarely possible to bring this memory back into our waking consciousness. Why is this so?

ARGUN : *It is not meant to be*; because you are then dealing with tests and they are *not* part of your *present* existence. You should be pious, but not brooding. People that brood get lost in their fantasies and cannot distinguish between facts and reverie; they therefore become insecure or are so fanatic that they believe *anything*.

March 1960

Question : Can otherworldly souls generate a kind of electricity that we can perceive?

ARGUN : This is *absolutely possible* when they pool their ENERGIES. They can even initiate an electrical *short circuit*, for instance through the materialisation of water in an electric circuit board. This is how under certain circumstances the life of someone is saved from being electrocuted, if enough time is available. We generate electrical impulses and control them through our will.

Question : Are the souls in the hereafter categorised according to religious confessions?

AREDOS : Neither races nor confessions can assemble in groups. Like-minded people do indeed attract one another, but there is only *one* true religion in the hereafter, *all* other directions have to eventually aim in that direction. Everything is in constant flux.

- *Catholics for instance make it easier for themselves to sin, because they can allegedly alleviate their guilty consciences via the confessional. The Church dogma of confession pulls the wool over people's eyes and this will cause them great difficulties in our REALM. All souls, all human beings, possess their own personality and they are responsible for it. No priest has the power or the authority to change anything in this regards.*

May 1960

Question : How does homesickness develop?

ARGUN : Homesickness is a *mental sensation*, one that is coupled to physical matter. Homesickness mainly consist of memories. It makes an appearance when you are incapable of integrating, because you previously established your environment and your circle of friends and you do not like the idea of being separated from them.

- *To be set in one's ways is a great mistake, because it mars one's development most of the time. Memories in the form of homesickness hinder a person after its physical demise.*

June 1960

Question : Why do people almost always lose the memories of their ASTRAL ADVENTURES whilst they are asleep?

ARGUN : *They would only burden them.* People would find it difficult to deal with them, because they are generally out and out doubters and would then no longer be able to find the right track.

Question : How great is the radius of activity of an ASTRAL BODY that emerges from a sleeping human being?

ARGUN : 1,500 meters at the most, not further than that. The distance is often just 2 meters and that is already relatively far. The norm is a distance from the head to the foot-end of the bed or to the door of the room. The ASTRAL BODY separates in such cases from the physical body. *Tibetans* managed to achieve exceptions, ergo consciously doing so, but only on very rare occasions.

Question : Can the exit of the ASTRAL BODY also be produced under hypnosis?

ARGUN : We reject all such experiments.

Question : Why are hypnotised mediums so obedient under hypnosis?

ARGUN : They are under someone else's influence. Their own thought processes stop under such conditions.

Question : Is there something akin to hypnosis or suggestion in your REALM?

ARGUN : It is *not allowed* and therefore not applied. It would be *possible*, but it is not exercised and this also applies to the lower SPHERES.

September 1960

Question : Can the soul of an animal develop into a human soul or redevelop back again the way Buddhism asserts?

ARGUN : *This is a major aberration!* Something like that is absolutely impossible. Those that assert this must be adepts of the Buddhist faith themselves. There are however people and souls that are animal like at times and this is due to the soul's animalistic attitude in respect to instincts.

Question : Can you tell us something about cerebral damage (damage to the brain)?

ARGUN : There are an incredible number of people with that kind of damage and you say of them that *they are not right in the head*. People might have an ill body in most of these cases,

but a *healthy* soul in spite of this. They have to fight a *dual* battle, namely to keep their body and their soul viable. Dealing with an ill body asserts double the claim on the soul; this does however attack the nerves that have to take on the cerebral functions.

- *Nerves are the ETHEREAL SUBSTANCE of the physical body. This is the reason why nerves fall ill a lot easier than the rest of the coarser body.*

This has however nothing to do with the soul, because it is perfectly independent. An *ill* soul can have a *healthy* body. You can immediately ascertain that the soul is ill.

Question : Are we to gather from this that the nerves take on certain functions when the brain suffers from atrophy?

ARGUN : Yes, this happens. Certain nerves can adopt completely new functions when “miracle healings” take place, activities of the senses for instance. (CHRIST restored the sight of the blind.)

Question : Does damage to the cerebrum make possession by addicted souls possible?

ARGUN : It does happen, because addicted souls would like to have the opportunity to possess a terrestrial body in order to creep into it *when a spiritual DOOR opens*.

Question : Are these spiritual DOORS opened because one is addicted in one form or another or one is manic?

ARGUN : No, this is not decisive. This mainly happens because one allows oneself to be lax, respectively be impelled by one’s senses. A void develops when a soul withdraws into the background and this gives another soul the opportunity to then take control and fill this void.

(Comment: This process would also apply when in the trance-like state.)

Question : Where is the actual seat of the soul to be found in the physical, living body?

ARGUN : *Above the solar plexus, that is to say, exactly next to the physical heart. This is why you place your hand on your chest when you are mentally agitated. This also agitates or affects the solar plexus. A shock or a fright strangulates your airways, because the soul is located in front of the aorta. The souls reacts before the body does.*

Question : Is the soul tied to a specific organ?

ARGUN : *Yes, the brain.* The soul is connected to it through the blood. The brain is simultaneously a sender and a receiver and it is also in contact with the COSMOS. The blood contains blood electrons that are of a highly magnetic nature. This makes blood corpuscles reciprocally repel each other.

(Comment: When the electrical charge escapes, the blood coagulates.)

Question : The difficulties in regards to observing the soul are the fact that *we cannot* see the soul, whilst you can see the soul and physical matter *very well*. What can we imagine the soul

to look like?

ARGUN : The soul is a lot like a thought: It exists! – And like a thought, not visible to you. *Our soul* no longer has to register and control the physical functions of the body. The will of the soul may however not be underestimated in *your* case. The will imposes a compulsion on matter. We enjoy *direct* perceptions, whilst your perceptions are *indirect*.

Question : Does the soul have an individual FREQUENCY, that is to say, a “WAVE RANGE” its thoughts can manifest themselves in?

ARGUN : *Every soul possesses an individual VIBRATION*, the way every person’s fingerprints are different. An individual soul works within a specific RANGE of VIBRATIONS during every incarnation and it shows relatively small deviations. This is why almost all people encounter situations where they think that they *experienced certain situations somewhere in the past before*.

October 1960

Question : Is there a certain level of overpopulation here on Earth in regards to wandering souls?

ARGUN : A lot of souls wander around on Earth, but there is a DIVINE LAW that *also* controls *this* situation.

Question : Are there external, that is to say, physical characteristics we can recognise the type of soul we are dealing with?

ARGUN : Yes. *The eyes are not called the mirrors of the soul for nothing*. The eyes clearly show the positive and also the negative side of a soul and do so without using words. The colour does not play a role, but the way a person *looks* at you does.

Question : Can you explain the difference between feelings and emotions to us?

ARGUN : The things you perceive in *your* realm you perceive with the help of *organic* matter, but *simultaneously* also with the soul. Matter senses something and then directs this feeling to the soul and it in turn *perceives* it. This actually means that the soul is your *inner sense*. It can therefore happen at times that the soul feels something completely different from what matter fulfils, for instance colour blindness, false assessment of hot and cold etc.

You can clearly recognise by this that the soul is something *independent*, because when the body is ill, that is to say, works defectively, the soul is *erroneously instructed* and senses things *differently* from what they actually are. Your emotions do not depend on the soul, because when you abide by your emotions, your assessments come to completely different conclusions. Your soul does *not* deceive, but your body often does.

Question : How can we better conduct ourselves in regards to the cooperation between the body and the soul?

ARGUN : By being consciously aware that *feelings* are on a *spiritual* level, whilst *emotions* are on a *physical* level. You must therefore listen *more* to your feelings than your emotions,

because your emotions can dupe you. An indifferent soul also has indifferent feelings and it therefore knows no LOVE and has no empathy.

AREDOS : Let's look at an example: A physician examines the nerves of a patient and causes the patient some pain in the process. The nerves (matter) feels this pain and direct it on to the soul. The soul does however not restrict itself to just registering this pain, it *feels* this pain and mentally ascertains that: The physician caused the body pain that it, the soul, does not feel, but the tormented body does. This clearly indicates that one's nerves and one's mental perceptions are *two separate* things and that they only cooperate with one another. – A secretary takes a dictation and then reads it back to the boss. This doesn't say that the secretary and the boss are one, all they do is work together sensibly.

(Comment: These statements are very important and they lucidly refute the *Dialectic Materialism* (DIAMAT)).

December 1960

Question : What is the *highest* destination a soul can reach?

ARGUN : *Absolute freedom next to GOD*. – This freedom is unfortunately not strived for on Earth; one rather strives for the complete automation of people instead.

February 1961

Question : What is it that thinks, feels and wants within us?

ARGUN : The thing that feels is the *soul*. – The thing that thinks and wants is *rationality*, and it often turns to *irrationality*. – The *will* is endurance.

March 1961

Question : What helps the soul to gain the most energy?

ARGUN : By not defying the divine ENERGY, but by *turning towards it*, not through long prayers, no, but through an *open heart*.

May 1961

Question : Can human souls adopt a beastly appearance in the hereafter due to their behaviour here?"

ARGUN : This does not exist.

Question : Where is the DIVINE SPARK situated within human beings?

ARGUN : In their appreciation of the divine truth. This SPARK is *anchored in the middle of the soul*.

Question : Can you please tell us how many ETHEREAL BODIES human beings possess?

ARGUN : This number *varies*. It depends on the corresponding development of individual human beings. The FLUIDS are *white*. These FLUID BODIES are however differently

prominent, some are atrophied. This is why some people *lack* positive characteristics.

Question : Do mirrors give *spiritual* reflections so that the SPIRIT can see itself therein?

ARGUN : Glass is matter and it offers the SPIRIT little resistance – because it is translucent. But a mirror does *not* reflect the image of the SPIRIT. This is only possible with materialisations. Borrowed matter is reflected in such cases.

September 1961

Question : Can you tell us something about the DUAL SOUL? How do we encounter it?

ARGUN : Every human being has a DUAL. It is however *not always* the case that terrestrial human beings find their DUAL SOUL here on Earth. They can just as well meet it in the hereafter. There are however lots of souls here on Earth that encounter their DUAL, but do *not recognise* it and heedlessly pass by it. The result when they do meet and recognise one another can only be their *concerted* development and *concerted* striving. Only ONE can be the determinant one. But both of them received the same amount of time for their further development.

- *GOD precautionary created numerous LAWS, but they have not yet come into force for terrestrial human beings.*

October 1961

Question : How far does the personal aura of a human being extend?

ARGUN : There is no hard and fast rule for this, it depends completely on a person's development.

- *The aura extends on average to about 25cm. It only represents a small envelop and the GUARDIAN ANGEL is also present within it.*
- *But as the aura can change its shape, the thinnest part of it can be identified by a PEST and penetrated at that point. (PEST = fallen soul)*

January 1962

Question : What happens to the soul of animals subjected to *vivisection*?

ARGUN : These animals are martyrs in respect to research into health or biology. Their sacrifice will be acknowledged within GOD'S PLAN of JUSTICE. They do however often receive divine ASSISTANCE by having a lot of their pain ameliorated. These victims change into a mystery. I do however not want to generalise this. A lot of animals actually suffer the pain they *like to* inflict on others.

Question : How does the realm of the spirit assess the *dressage* of animals in circuses?

ARGUN : We are dealing here with a *mental connection* between animals and the animal trainer. These animals *sense* the trainer's honest intentions and the LOVE. These animals are however unpredictable just the same, because the base instincts of predators and apes

are *slyness*. The situation with elephants is different, because they are the most intelligent. They are very loyal. They will not take their eyes of somebody when they love somebody. We have no objections to dressage carried out under the banner of LOVE, but we don't believe in kissing animals.

Question : Do human beings enslave animals?

ARGUN : Human beings will not achieve such an enslaving with any animal; because animals feel free *inside* all the same. In contrast to animals – people can and are enslaved and they then *no longer* feel free. Human beings are however *ungrateful* towards the best friends they have amongst the animals. They lay acclaim on all the LOVE, patience and willingness to work of horses for instance, well, they even call the energy output of machines “horsepower”, but send horses to the slaughterhouse *just the same*. These animals are so intelligent and sensitive that they *sense* their impending death and are intensely afraid of it. *This is taking ungratefulness to the limit!* – But people are the same. They are *cold-hearted* when they pursue their aims, but lay all blame with GOD.

Question : What happens to the souls of those that are *Jehovah's Witnesses*?

ARGUN : Even though they have been falsely indoctrinated, all of them have a good heart. They will soon find out what is pertinent once they are in the hereafter.

- *They can be better taught than you assume, because they are of good will.*

You know that we do not condemn anyone. It is simply a case of breaking through their *dogmatic* resistance, the rest is then child's play.

March 1962

Question : What happens to the soul of someone who dies all of a sudden in an accident or in a catastrophe?

ARGUN : A soul can be severely injured, but it will always knit together again and heal. This is why the GUARDIAN ANGEL is always at the soul's side. Such *otherworldly* healing can, according to your calculations, take from 4 months to 3 years.

Question : Why is the stillbirth of an eight months old embryo probable?

ARGUN : Particularly important connections with the soul in question take place during *this* eighth month of the gestation period. This process usually ends up with fatal consequences.

Question : When does the soul take possession of the embryo?

ARGUN : *The soul enters the body parallel to its exit from the mother's physical body. The soul is ready to incarnate between the 4th and the 5th month and is next to the mother's GUARDIAN ANGEL from then on and this without interruptions. This time is used by the soul to prepare itself. The first cry indicates that the soul has taken full possession of the body. Only taking full possession clinches the deal.*

July 1962

Question : Does a soul that had to leave a passionately loved person behind in the here and now suffer in the hereafter?

ARGUN : No, certainly not if genuine LOVE was involved. But if this LOVE was only *one-sided* this condition will indeed have to be healed.

Question : Do all human beings have a DUAL SOUL, that is to say, a soul that compliments their own soul?

ARGUN : This depends on one's spiritual development, whether one yearns for it or whether one can develop of one's own accord.

Question : Does CHRIST have such a DUAL SOUL?

ARGUN : No, he has his BROTHERS from the same SPHERE. – Human beings will always find their DUAL SOUL *in the same SPHERE*. But you will not call it “DUAL”, but one of your best FRIENDS. All FRIENDS in the hereafter are DUALS and like in the here and now, gender will play a role.

August 1962

Question : Can positive souls reside in regions where civilisation has not yet completely gained a foothold?

ARGUN : Positive souls are easily *dislodged*. In New Guinea, the Solomon Islands and in the Indo-Pacific regions, positive souls are *attacked* by undeveloped souls. Tibet is also *not* a place for good spirits. There is however no fixed place for the truth, it can assert itself *everywhere*.

- *The negative WORLD of the SPIRIT on the other hand can attack human beings by spreading and promoting diseases that represent an enigma to you. All kinds of nervous and mental diseases are specifically transmitted.*

Question : There are so-called *infant prodigies*. How is it possible for these children to show these abnormal performances? Where does their ability and their knowledge come from?

ARGUN : People say “genius” because they are afraid of using the word “spirit”. Why should they think about it in the first place?

- *These children are psychic, they are directly guided or inspired.*

As the soul of a child is not *not* inherited from the parents, but actually comes from the realm of the spirit *completed*, the talents are often very diverse. Untalented parents can have talented children or vice versa.

- *The soul is not an attribute, but something established, it does however continue to develop according to its environment and according to its willpower.*

Question : Why do all of these appearances not suffice for people to be able to generally believe in the realm of the spirit?

ARGUN : The moment we verify our existence people will say “*impossible*”. One prefers to regard the things one does not *want to believe* as deceptions or enigmas.

September 1962

Question : Do colours have an effect on our soul?

ARGUN : Yes, absolutely. All *bright* and *delicate* colours have a *harmonious* effect on the soul. One can heal emotionally disturbed people with colours. This possibility has hardly attracted the attention of psychologists.

Guest : Dear ARGUN, I am only a guest of this circle, but can you please tell me whether the appearance of the AURA of people has a specific denotation?

ARGUN : My dear friend, I am pleased about the open minded way you approach me. I am aware that you have not gathered sufficient experience in this field of knowledge. I therefore do not like to answer you about whether an AURA is large or small, blue or red. But endeavour to see everything in the correct light and the correct meaning, you will then be able understand things that are still unclear to you now.

- *Do not blindly believe, but test well and distinguish accurately to see what's logical. Your further development depends on this. If you romanticise you will believe anything and you will lose all objectivity.*

But if you stand *solid* and *trust* your own feelings, you will be able to differentiate between what's good and what's evil. To do so is imperative, because you will otherwise turn into a *drifter* and not be able to reach your goals, because you will encounter too many untruths. I hope on your behalf my son, that all doors will open for you and that you learn to differentiate very well. I will always be your friend ARGUN.

Question : What is the difference between spirit and soul?

ARGUN : *The spirit is the intelligence, the soul is the heart of the spirit* and the *ASTRAL BODY* is also a part of it. This completes the *trinity*.

The *ASTRAL BODY* can be voluntarily discarded once a soul has reached eminent refinement. But hardly a soul does so, because GOD can discard HIS *ASTRAL BODY* also. Every soul knows that they can never compare themselves to GOD – and that to place themselves on par with GOD is extremely arrogant. Humility reigns in GOD'S realm.

October 1962

Question : What is the first impression a soul has when it enters the realm of the spirit?

ARGUN : In as far we are dealing with the disembodiment you call “death”, the soul awakens in a large meadow. There is nothing else to see but a glorious blue and the sound of

harmonious music. This music is designed to give the soul an inner calm and to show it that it has arrived at GOD'S GATE. Once the soul has recuperated enough, it will be guided like an apprentice, but the soul must adapt.

December 1962

Question : What happens when a person is sounded out whilst in a deep sleep, ergo via Schlafbeflüsterung (Edgar Casey springs to mind)?

ARGUN : Only the soul will answer then and not the centre of the brain. The path of thoughts will then remain unclaimed, that is to say, the soul answers in this case without registering anything. The soul will however be severely damaged through such experiments.

November 1963

Question : Does every soul have completely free range in respect to its own development?

ARGUN : *Every soul is completely free. Every soul can develop through its own efforts and it cannot make anybody else responsible for this, only itself.* The soul is of course subjected to all sorts of influences, but it will gain its character through probation and it will also gain maturity.

- *Life on Earth is a higher school for the soul. It must do justice to all demands. It always depends on the willingness of the soul and it must be concentrating on goodness!*

Objection : There are lots of people that do not concern themselves with improving their soul, because they believe that such an endeavour is never remunerated.

ARGUN : This represents an enormous ignorance. The smallest effort is *acknowledged* and also *remunerated*. People that do make an effort quite often earn their remuneration whilst still on Earth. *Nothing* escapes the scrutiny of the realm of the spirit. Besides, the opportunities for remuneration are however a *lot better* there than here on Earth.

- *One will however always have to fight against the UNDERWORLD, but one should not allow oneself to be intimidated, one has to be confident and courageous.*

April 1964

Question : Does upbringing have an influence on the human soul?

ELIAS : Yes, absolutely. But the soul has the opportunity *to distinguish* between good or bad upbringing. It depends to which side one is drawn towards. One's upbringing isn't *only positive*, it can also be *very negative*.

- *When the human soul only hears the truth right from the start, it will develop in a positive fashion.*

It depends entirely on *how* the truth is presented to someone. A *bad* or *false* upbringing produces a *bad* generation. The result is always like a chain reaction. The same applies to a good upbringing, it also work like a chain reaction. But one weak link within the

chain will tear it apart.

Question : What role does genetic inheritance play here?

ELIAS : Let's assume that a depraved terrestrial human being links up with a SANTINER FEMALE, this gives two options: The progeny are either good *or* bad, whilst the probability of the SANTINER producing bad progeny between themselves are only *very small*.

Question : *What* is inherited in the process?

ELIAS : We are mainly dealing with *physical* elements. Starting with the brain, its quality naturally has an influence on the character. The best drivers cannot do much with a clapped-out car.

Question : Does the body represent a danger to the soul under certain circumstances?

ELIAS : Yes. Can you perform excellent work with inferior tools? There are exceptions, but not a lot of people are capable of doing so.

June 1964

Question : Can you explain to us why a soul is best accommodated in the hereafter if it receives an assignment?

ELIAS : An assignment gives the soul the feeling of *not being useless*. Would any soul enjoy the feeling of being useless? Otherworldly souls would otherwise *aimlessly* roam about – and the otherworldly REGIONS are incredibly large. A soul without a task does not know what to do with itself whatsoever.

July 1965

Question : Do *colours* have an influence on the soul?

ARGUN : *Yes, absolutely*. But every soul reacts differently to certain colours. There are harmonious and disharmonious colours in all their compositions.

- *When people are ill they should give preference to blue if at all possible, green is also advantageous.*

It is actually best for you to control the colours that have a favourable or unfavourable effect on you yourselves. There are colours that have a calming effect on you whilst others agitate you. There are even colours that will help you go to sleep. But ascertain *yourselves which* colours promote your intellect. The situation is different for everybody. Blue is however the most favourable colour for all, particularly for the soul.

- *Blue or violet light amplifies one's mental activities. But delicate blue light, not too bright, acts as a sedative.*

Question : What light is best suited for meditation?

ARGUN : *Candlelight* or *blue* light.¹

January 1966

Question : Most people cannot comprehend the fact that people in the hereafter are also clothed. Can you explain this to us?

AREDOS : The realm of the spirit contains everything that is also found on Earth and on other planets. These things only consist, as we do, of a different SUBSTANCE, ergo on a different FREQUENCY. As the souls of people in the hereafter think the same and also have the same desires and interests and as they base them on the experiences of their life on Earth, they work in the same manner. Their spirit will help them to a high degree in their endeavours.

- *The spirit SUBSTANCE obeys their will so that manual activities are hardly required.*

Evil souls create evil and good souls create goodness. But everything happens *within* SPHERES. There is no chaos. When a soul intends to show itself to a relative here on Earth, its will creates a countenance his relative will recognise. Even a pair of glasses will then not be missing. All of this is an EVENT that takes place on a different CHANNEL.

Question : ASHTAR SHERAN tells us in the brochure “No Utopia” that the atom bomb in Japan tore the souls involved completely apart. What conditions do these souls find themselves in?

ELIAS : There are souls that are torn to shreds to such a degree that they sometimes find themselves in a state of nonexistence. This is however *only seemingly* so. This condition can last for a long time, hundreds of years for instance.

- *Only a reincarnation can change this state of being. It is possible for the soul to regain its sense of EGO through reincarnation.*

A soul that has lost its consciousness knows *nothing* about the enormous time gap between the catastrophe that tore it to shreds and its next incarnation.

Guest : I have also read the brochure “No Utopia” and I am devastated about the fact that atom bombs tear the souls of the affected to shreds. I always thought that the human soul was *inviolable*. I cannot comprehend this, isn’t the soul divine? – Wouldn’t it be better for these people to jump into the Elbe River if this is really the case instead of exposing themselves to the effects of an atom bomb?

ELIAS : Souls are inviolable and a spiritual unity can always be achieved again. This state of being torn apart is only *temporary*.

¹ We have been using *blue* light and *a few candles* in our séances for years.

- *Once a soul has come into being, nothing can snub it out. This is why LUCIFER can also not be snubbed out, even though his soul is ever so ill. It is therefore equally impossible to destroy GOD.*

All spiritual damage can be repaired. The soul remains *immortal* in any case.

Question : But a torn apart soul lacks cohesion. Right?

ELIAS : This state of brokenness mainly concerns *consciousness*, the memory that is split into fragments. But reincarnation helps in most cases to *immediately* restore the EGO so that human beings can once again collect memories.

- *Human souls affected by the impact of radiation from atom bombs cannot remember anything.*

Once they have experienced another reincarnation they can at least remember their last terrestrial life, but only after they return to the realm of the spirit. Other people in contrast have a wider range of recollection, one that might include four to five incarnations. You can therefore see what a reincarnation can be good for.

Question : Does it connote a retrograde step, respectively a standstill in the development of a human being when it is completely atomised in a nuclear blast and this to such a degree where even its soul is blown apart, because it has to start to gain experiences and memories anew?

ELIAS : Only souls in the *epicentre of such an explosion* are affected by this, but the character they developed remains intact. I already told you that we are *only* dealing with consciousness, it is interfered with or temporarily extinguished.

Question : Why must such a long time pass before someone that has died in a nuclear blast is born again?

ELIAS : A reincarnation usually takes place *shortly after* in most cases. It only takes longer in exceptional cases.

- *The human soul is only reincarnated in a human body. It has nothing to do with the world of fauna or flora.*

The universe is unimaginably large and this offers sufficient opportunities for a soul to incarnate somewhere.

- *All human beings throughout the universe have something in common: They have a head, two arms and two legs. The only exceptions in the physical world are deformities.*
- *In contrast to the world of fauna and flora, human beings can contemplate Mother Nature. They involuntarily encounter GOD in the process even if they are not prepared to accept their own conclusion.*

- *Every human soul has the opportunity to be born on a distant planet, the way people here on Earth had their home in another star system in the past.*

Question : You explained to us that human beings possess an ASTRAL BODY that represents a parallel to the physical body. How large is this ASTRAL BODY?

ELIAS : The ASTRAL BODY has the same dimensions as the physical body. The ASTRAL BODY can however expand somewhat or reduce its size to that of a milk bottle. This is actually the size it is incarnated in.

Question : Are newly created souls always on the same uniform level?

ELIAS : This level is so far back that any comparison is impossible.

- *Talents can be inherited, but genius develops from individuality. The development of every soul differs.*

Question : Genius can surely also develop from positive inspiration. Can an otherworldly be the genius that utilises a terrestrial human being?

ELIAS : It is always the genius that creates things from within itself. A genius can however be *supported* by the other world, *this* then is inspiration.

Question : Are there geniuses, respectively talented people that know precisely that they are supported by the other side?

ELIAS : Yes, absolutely. But one does not believe them.² – There is *subconscious* and *conscious* inspiration. There is also *verbal dictation*, that is to say, everything down to the last syllable is mentally received. There are geniuses that suddenly act on impulse – they are inspired geniuses. And then there are geniuses that *think of their own accord* by mentally persevering until they systematically achieve what they strive for. They are *self-made* geniuses.

- *Terrestrial geniuses can inspire other terrestrial people once they are in the hereafter, who are then also called geniuses. But every genius on Earth must have one prerequisite, namely a good brain.*

To admit to having been inspired speaks volumes about a person's character. – The word "inspiration" is unfortunately falsely interpreted. Inspiration is *not one's own* brain at work, not a product of *one's own* spirit, but *external psychotropic telepathy* from an otherworldly spirit. Inspiration may not degenerate into megalomania. It must remain modest.

Question : Are young people, enthusiastic about rock and roll, inspired from an inferior SOURCE?

ELIAS : We are obviously dealing with jungle instincts here. These noises have nothing to do with harmony; they can therefore also not be classified as music. It is *not* inspiration but *over excited nerves* that fall prey to this unbearable rhythm, as is the case with Negroes.

² The composer *Haydn* asserted that his works did not stem from him. There are more such cases.

Nothing edifying or positive can arise from this.

- *An endeavour to appeal to the jungle instincts of people can only be a retrograde step. It represents an accordance with cannibalistic morals and customs that are beyond imagination.*

Question : Does every soul possess the same prerequisites in respect to HIGHER DEVELOPMENT?

ELIAS : All souls have the same prerequisites in regards to receptiveness. But their *willingness* is completely free, ergo independent if you like. The determined willingness can go in either direction. It only depends on the path one is walking along. This explains why some souls achieve more than others.

- *Free will is behind the individuality of the soul.*

Most people unfortunately forget that disinterestedness has an effect also. Most people only realise this when they come to us, that is to say, when it is *too late*. Terrestrial people often think that they miss out when they also think of the welfare of other people instead of only their own. *Mistake!* – These people will grow old in the process and eventually miss out *completely*. CHRIST emphatically indicated that this is a mistake. Life *doesn't* end with one's death. This is *where* people have unforeseen opportunities to enjoy their existence in a way no terrestrial human being can begin to imagine.

December 1966

Question : Can the ASTRAL BODY of an ASTRAL CHILD already leave the body? Is it already fully conscious? An ASTRAL CHILD is supposed to have told a spiritual circle: "I have to go back now, because my bottle is waiting for me."

ELIAS : This clearly indicates the kind of circle we are dealing with. – The ASTRAL BODY is at no other time in its life *more* connected to the physical body *than during its infancy*. This makes an exit just about impossible. This condition is *vital*. But infants do remember at times fragments of their past EXISTENCE, particularly in dreams. But the case that you mentioned is a foolish hoax, one that doesn't indicate a good connection. This circle failed.

January 1967

Question : Doesn't it happen at times that an ASTRAL BODY exits its physical host without death being the result of it? Are the spirits wandering about on the ASTRAL PLANE aware of certain dangers? – Are they actually exposed to dangers?

ELIAS : The body they leave behind is exposed to the *danger of being possessed*, that is to say, another soul can take possession of it and usurp the relevant ASTRAL BODY. But the spirit wandering about the ASTRAL PLANE can return to its physical body at lightning speed if it is attacked. The way you can withdraw from very unpleasant dreams by immediately waking up.

Question : Can you shed some light on dreaming?

ELIAS : A lot of the things people dream about spring from their own fantasy. But a lot also stems from their ASTRAL ADVENTURES. Besides, some dreams are reminiscences from past lives.

April 1967

A spiritual observation of the Congress of the “Catholic Academy of Bavaria”.

About 450 attendees from exalted academic circles participated in this important congress. One of the subjects discussed was that it would generally be possible to maintain the viability of an isolated, separated human head. Japanese researchers had apparently successfully carried out such an experiment with the head of a dog. How would this perfection work out in regards to a *human* head? This discussion and the medical research experiments clearly show that atheism is at work in this field of knowledge. The Church astonishingly held back. A sign that its religion is *not equipped* to clarify this question. Do human beings have the right to cross certain boundaries and where are these boundaries? *Professor Peter Röttgen* had the following to say about this:

“The brain is not the seat of the spiritual soul. The brain is in a fashion an organ the soul plays like an organist. The neurosurgeon can remove a number of flues if the organ doesn’t sound right, but he cannot exchange these flues. But us neurosurgeons do not want to touch the organist or, or as it were, the composer.”

The sciences would like to keep the genius viable in the future, even if this means the demise of the body. The genius, the spirit is however COSMIC. The assembled scientists in Munich never ever used the term “ASTRAL BODY”, because the seat of the soul is not just in the brain, it is located throughout the body. The brain is however just a relay wired to the COSMIC CONSCIOUSNESS. CONSCIOUSNESS and the ASTRAL BODY are actually the divine PARTS of human beings. This is the reason why the Churches should be able to give a clear cut answer. - We have to ask the realm of the spirit to give us an answer, if the Church cannot or will not take a stance: The realm of the spirit, ergo the actual home of all human beings, *rejects all such experiment for ethical reasons.*

ELIAS : There are interrelationships between the soul and the brain. The brain, as a “computer” and “relay”, offers the soul the opportunity *to converse* with the brain.

- *This connection is so powerful – for as long as the brain is still functioning – that the soul has the impression of being located within the brain. Exactly the way you feel that you are within your physical body, even though the CENTRE of your soul is located outside of your body.*

Question : What do you mean by the “centre of your soul”?

ELIAS : I mean the CORE of the SOUL. This CORE is your *awareness*, namely your *ego-consciousness*. It is one’s individual consciousness that knows: *I am me and not somebody else*. This CENTRE is not required to be tied to any memories.

Question : Can you explain this to us in more detail?

ELIAS : The ASTRAL BODY is closely tied to the physical body during one’s lifetime. The ASTRAL BODY is however not altogether the soul, but only *a part* of it. The actual soul is the EGO-CONSCIOUSNESS. This part of the soul is however anchored within

the COSMOS.

- *The totality of the soul is the sum of its experiences plus its ASTRAL BODY and EGO-CONSCIOUSNESS. This equates to: The CENTRE.*

The CENTRE *is divine*, because it stems from GOD. This is how man's EGO is connected to GOD and it matters not how individual human beings behave. They cannot completely cut loose from it. They are magnetically attracted *over again*. The functions of the CENTRE are *divinely remote-controlled*. People however do retain their free will. They can think and act independently. The CENTRE in turn is connected to the ASTRAL BODY.

Questions and answers

May 1967

Question : Do otherworldly soul express the wish to be incarnated on Earth?

ELIAS : Yes, this happens *often enough*. There are however also *forced incarnations*. Souls do not want to be incarnated in such cases. But life as a freak is also not intended when an incarnation takes place by force. These are – as I mentioned before - *accidents* that are impossible to foresee.

- *A soul selected for birth is often held back by us. This results in a still-birth. – But it isn't always possible to prevent an unwanted incarnation. The LAW specifies that every viable body has to receive a soul.*

Question : Dear ELIAS, we would like to see this particular question clarified. We are often dealing with nature's derailments. The Churches however promote the viewpoint that GOD is *infallible*. How are such derailments possible if this is the case?

ELIAS : GOD is also bound by his own LAWS. All so-called derailments within nature belong to the field of mutations. Progress within the development of nature would be absolutely impossible without mutations. But *not all* experimental mutations are successful. Direct failures through disorders within nature are however something else. All life on Earth would still be confined to living in water without nature's extravagances. Nature is always looking for new opportunities. Experimenting does however require courage, that is to say, the courage to risk something.

Question : The Churches that endow GOD with infallibility provide atheists with an opening. Atheists are prone to indicate failures within nature's happenings and use this to account for their opinion that there is *no* GOD. What do you say to this?

ELIAS : It is certainly said that GOD is infallible. But GOD has been learning from his own deeds and actions since time immemorial. Without his own experiences, his intangible majesty and augustness would not be possible at all.

- *GOD is the sum of all experiences throughout the universe. His consciousness is an encyclopaedia of all developments from eternity to eternity.*

Derailments are not necessarily there to learn from. But remember, there is one planner

who wants to do things differently from GOD. This *opponent* wants to prevail. This is why he tries to interfere in GOD handicraft. This aspect – apart from derailments – must not be overlooked.

Objection : We recognise a great mistake here, one that is rampant throughout theology: The Churches hold the opinion that GOD, in his great augustness, has been the same and will remain the same for an eternity. You told us that GOD is also *undergoing development* and that his augustness continuously grows through this. Not a lot of people will accept this.

ELIAS : The truth requires time. The whole universe is engaged in development and GOD is also part of it – in number *one* spot. GOD is the GREAT PLANNER and *his LAWS carry out his plans*. Every plan is based on an idea, but one idea is ultimately replaced with another, a better idea. New creations are planned, drafted and carried out. Existing creations are changed, improved or modified.

Everything is in constant flux. Nothing ever stands still. Mistakes that arise are always corrected. But such corrections can also contain flaws and they too have to be remedied.

- *Not everything can be presaged, because an idea transformed into action might not have had a prior example to guide it.*

This transmission is no idle chat, but a divine revelation. Divine revelations are not simply and solely restricted to the Bible. They can also come from different sources.

- *This is why theology commits a blasphemy when it declares that the Bible contains absolute revelations, that is to say, that GOD has spoken his last words on the subject.*

One adheres too much to the written word and overlooks all the numerous contradiction in the process. Where is the logic in this?

Question : What is conspicuous is the fact that the major Churches take a stance *against* the truth instead of acknowledging and promoting it. What does the realm of the spirit have to say about this evil?

Answer : I know that we encounter resistance. But this resistance come especially from those that are called upon to be leaders, namely in the field of what is called “religion”. They take a stance *against us* and declare that all the spiritual doctrines we disseminate come from the devil. But it is the self-same people who cast the world into the worst kind of darkness, because they disseminate *the story of a GOD of revenge, cruelty and envy*, of a *despotic, tyrannical* and extremely *resentful* being. They teach that religious faith is *more important* than all available facts and that divine justice can be ameliorated through testifying a *terrestrially conceived creed*, one that fits into the frame work of the Churches’ aims.

But the time is nearly right. The time wasted by these “pious” people is nearly at an end. Their powers will be broken. They can no longer keep the surfacing feelings of people down. They can no longer lay a claim on the divine birthright *only for themselves*, because this is the GREAT UNIVERSAL SPIRIT’S commandment for *all* his children.

Even though I use harsh words when I talk about these so-called leaders that have indeed failed, my heart stirs with a great compassion for them, because we know what is in store for them. They will never be leaders, that is to say, mankind's angels in the realm of the spirit. I use poignant words because I am particularly interested in having the *truth, knowledge and wisdom* disseminated.

- *Knowledge is a great asset and it must be in our possession. Ignorance creates fears of the unknown and it is a fact that this fear is man's worst enemy.*

Fear considerably tarnishes one's judgment and one's objectivity. Fear robs people of their power of reasoning and it turns them into unstable creatures of moody fancies that *prefer to abide by dogmas than reason.*

- *A fearful person is incapable of enjoying all of life's joys and beauty to be found in this world.*

Question : Would it be appropriate to introduce children to the spiritual truth?

Answer : *Oh yes, that would be a major progress!* – Let us teach them the irrefutable truth right from the start, because today's children are the men and women of tomorrow. This makes it apparent that all upbringing has to represent an adequate preparation for children's lives after their schooling has come to an end. Children must be accordingly equipped to deal with the tasks they have to perform as citizens. This places a very precious and delicate subject into your hands. You help to create impressions that represent a part of the child's view of the world.

- *When you reach the child's subconscious you will find that everything you teach the child will influence its thoughts and actions later in life.*
- *Those that intentionally inculcate false doctrines – for whatever reason – commit a very serious trespass against the future of their race and their nation.*

If the various *aptitudes* of the child are *unknown* to you and if you know *nothing* about spiritual REALITIES, the child taught by you will be handicapped for life, because you are then incapable of intimately introducing the child to the truths of its own nature, its connectivity to the UNIVERSAL SPIRIT and the incredibly huge COSMIC PLAN.

Question : There are people that spend years in a *coma* without ever regaining consciousness. What happens to the souls of these patients?

ELIAS : Such bodies show reflex movements, that is to say, they live a *vegetative* life, but without a soul. Such a soul can already be incarnated in a new body. It might give the impression that one is still dealing with the same person when such a patient wakes up. *But this must not always be the case!* – Another person (soul) might have entered the body, one that has certain similarities in regards to the functions of its consciousness.

- *If the new soul is successful in adapting to the FREQUENCY of the previous soul the consciousness of the previous soul is at its disposal. Difficulties in the switchover can however arise and one then talks about "memory lapses" or "insanity". It is just a*

case of the correct ADAPTATION of CONSCIOUSNESS, because all memories are stored in the COSMOS. One soul can absolutely adopt all the experiences of another soul.

But after some time has passed, the original soul's *own* EGO will eventually break through. This is possible and people do make use of this opportunity.

Such cases are possible! – The soul sometimes separates from the body to give another soul space. This is possible when the body is *alive*. A dead body *cannot* be used again. Life and consciousness are two different factors. Another soul can take possession of the body the very moment a soul leaves, if the body is viable. But in such cases only extremely unstable souls separate from their body.

There are souls that take every opportunity to enter a terrestrial body: They do so *before* a birth and also with *fully grown* bodies. There is such a thing as an escape from the hereafter. Such cases are however paid extreme attention to, because some souls try to enter a body that hopefully offers better opportunities and advantages in its fully grown state.³

Question : Could it also be an exchange of souls in the controversial case of the Tsar's daughter *Anastasia*?

ELIAS : No court of law would entertain such a possibility, one is "*too enlightened*" to do so.

- *An enormous shock suffices to make an exchange of souls possible. A slow wasting-away can also result in a temporary exit or suppression of a soul.*

(Comment: Parapsychological research observed that kind of exchange of souls. It has been verified in accounts and documentation even though this type of evidence is completely ignored by academic science.)

Question : Can it happen that the human souls of people in eminent political positions can be supplanted through such manipulations so that *another* spirit speaks through them?

ELIAS : These people are usually so hardened that they cannot be easily usurped from their body. They do not suffer from psychic trance states. They lack the required sensitivity.

- *But these people make excellent "marionettes"!*

A lot of the major politicians and experts in warfare are in some fashion *remote-controlled* from the realm of the spirit. But this can only happen when their endeavours are *selfish*. *Adolf Hitler* was an exemplar of a remote-controlled politician.

July 1967

Question : Experts prefer to use the word "INTELLIGENCES" for the denotation of "spirits". Is this correct?

³ One was better informed about this in the distant past. One knew about the exchange of souls and one blamed the devil for it. But one no longer believes in this in our "enlightened" age and simply *arrogates everything to superstition*.

ELIAS : No. As I explained to you before, this concept is distensible. It always depends on *which way* one is intelligent. It can also be a negative intelligence. There are *more than enough* examples of this in the realm of the spirit. It would therefore be completely out of place to call an absolutely *negative* spirit an “INTELLIGENCE”. – Beings endowed with common sense are also called “intelligent beings”. There are however enough people around that *abuse* their relatively healthy common sense. – One also talks about intelligences that live on other planets, even though one has *no real concept of these creatures*.

August 1967

Question : What are we to imagine under the concept of “beatitude”?

Question : Beatitude is a feeling of happiness. One can only achieve it if one has *total freedom*. Undeveloped souls live with a restriction of this freedom according to the level of their spiritual development.

- *A HIGHLY EVOLVED SPIRIT will never abuse its freedom, it will always apply it correctly.*

This is unfortunately not the case with base spirits. This is why this freedom has to be *earned* first. One has to show that one is *worthy* of it. But every human being who was *righteous* on Earth has this freedom to a sufficient degree. It connotes beatitude.

October 1967

Question : Wherein consists the deception that caused the sciences to assume that the soul is a product of organic physical matter?

ELIAS : Is it because terrestrial human beings *have the sensation* that their consciousness is within their terrestrial body. But this is not the case, because people’s consciousness is actually *outside* of the body. But the sensation remains *as if* consciousness resides in the human body.

- *The seat of soul is neither in the ASTRAL BODY, invisible to you, nor the physical body. Consciousness is a cosmic, UNIVERSAL PROCESS. Its VIBRATIONS are reflected into the physical body so that the body has contact with the soul.*

To be aware of the divine consciousness, namely to know that one has one’s own EGO, is a feeling that does not require a language, it is simply always there. We say that this individuality, this CORE of consciousness is: The PERSONALITY that is cosmically anchored and that is in a radiant and constant contact with its allocated body, it matters not whether it is ASTRAL or physical.

(Comment: We received a definition here the like we have never seen before. Academic science should carefully acknowledge this depiction.)

Whether GOD is within you or not, human beings are, *due to their consciousness*, of divine origin. The physical body only plays a *subordinate* role, its purpose is to further development. This body is however erroneously *overvalued* by university science. –

This whole subject is relatively complicated in spite of this, *because we lack the appropriate words*. The soul can continue to develop further under its own steam. It *doesn't* die when the physical body dies. The soul can develop in a positive but also in a negative (evil) direction, this is the *individual* affair of each and every soul.

Question : There are those that do not believe in spirits (or ghosts), because they are of the opinion that no dead person has ever returned from the hereafter. What do you say to this view?

AREDOS : These people are correct in some respect: No dead person has actually returned from the hereafter, because this is *impossible*. With dead one actually means the dead body. But the soul can also not return to the here and now. It must remain in the realm of the spirit, even if it entertains contact with you. The soul can only return back to Earth when it is *reincarnated*, but its memory of a previous life lived will be missing. These people, those that speak these words, do *not know* that communication between the here and now and the hereafter *exists*. The spirits do therefore *not return*, all they do is to make themselves known. People who live in other countries can also make themselves known without having to return.

Question : Is *every* soul permitted to make contact if a suitable medium is available?

AREDOS : *No*. There is an infinite number of souls in the realm of the spirit who shed bitter tears because they *cannot* make themselves known in the here and now. The blame squarely lies with them, because due to their *unbelief* they lived a false existence. Only knowledgeable and improved souls can make themselves noticed, because their FREQUENCY coincides with that of the medium. CHRIST also mentioned the impossibility of psychic contact between the here and now and the hereafter. He naturally only meant for *negative* souls. – If I have to make this comprehensible to you with a technical example I would say that you have to imagine that the medium uses “alternating current” whilst the otherworldly use “direct current”. We are dealing with different currents here.

November 1967

Question : Where is the soul's centre of consciousness to be found?

ELIAS : The centre of consciousness is located in the COSMOS, but it is in intimate contact with the brain. This is why people get *the impression* that consciousness is located *in the head*. This is however only a delusion. You may not forget that very powerful interactions between the brain and consciousness exist and that they constantly intermesh with one another.

- *The soul is a part of the CENTRAL CONSCIOUSNESS. This CENTRAL CONSCIOUSNESS is GOD and this is why there is always a divine PART in the soul and this makes it immortal. The soul continuous to develop further.*

Question : We heard from you that INFORMATION (DNA) duplicates itself millions of times. Is the soul's process of duplication similar to that of DNA?

ELIAS : Yes, the soul's process of duplications goes back eons.

- *The way the sum of matter equals the sum of energy, the transformation of energy into matter and the transformation of matter into energy is a continuous process. This keeps the volume in balance.*

The number of souls is also always proportionally correct. One does however have to look at this from a COSMIC point of view and *not* from a *terrestrial* one. There are no distances for the divine soul. To be connected to GOD means neither space nor time, the way thoughts cannot be measured in lightyears. Thoughts are immediately and simultaneously everywhere. This also applies to the ego-consciousness. It matter not how far or how close it is connected to your body. Your brain has *immediate* and *constant* contact with it, as if consciousness *was* within you. This is a very eminent field of knowledge.

(Comment: This also explains the accessible memory cache; it is *not* found in the brain.)

It is also a great mistake for the sciences to assume that all memory and consciousness engrams are located *in the brain*. This theory must finally be discarded. It sorely stands in the way of higher insights. The future will come up with words that will help to better explain many a secret. This is not yet possible these days, because concepts and the right words are still lacking in your languages. An example: A person in the 15th century could not have made anything of the word “electronic”.

Question : Does a thought possess *absolute* velocity in space?

ELIAS : The term velocity cannot be applied at all in regards to thoughts. A thought is *instantly* at an incredibly distant place. It is akin to the beginning of being. GOD was instantly everywhere. A lightning fast birth, if one can put it like that. HE became aware of HIMSELF.

Question : Can you explain this to us in more detail?

ELIAS : No, This is unfortunately impossible. It is as difficult as trying to explain eternity. It is beyond every human concept. Infinity is just as mysterious as GOD himself.

April 1968

Question : Does it happen that an otherworldly soul is send to Earth with a *specific assignment* and that this is the reason for its reincarnation?

Answer : This is undoubtedly so, but it depends entirely on the assignment that has to be carried out. It depends on whether it deals with a small circle or with a mass of people. A few individuals live on your Earth that have to carry out such an assignment.

- *But you mustn't forget that EVIL also sent its instruments to Earth. Such incarnations represent a great danger for all of mankind and for the planet.*

Question : Can all otherworldly understand our language?

Answer : We understand all languages and all dialects perfectly.

- *Every spirit is its own translator. Your language is connected to mental pictures and symbols. You express these in words and we convert them back.*

Question : Is having complete command of a language very important in your region?

Answer : It naturally depends on being able to express one's thoughts as appropriately as possible. This is a *slow* process in your case. – As we think *directly*, ergo *without* the hindrance of a brain relay, this process is performed *considerably faster*.

Question : The activities of the senses are accordingly more pronounced in the realm of the spirit?

AREDOS : Your sensory perceptions here on Earth are *restricted*. You have to depend on *indirect* perceptions. Everything is *direct* where we are. This is the reason why we feel everything *more powerful* and *more intense*. Well, even darkness is felt a lot more powerful and it therefore also influences the mood intensively. I emphasise this assertively, because base souls have to spend a long time in darkness.

There are a lot of people, well actually whole nations that possess knowledge about life after death. But this alone is not enough, because it also depends on knowing that there is JUSTICE in the realm of the spirit. It is an inseparable part of GOD.

- *Every human being must therefore bear the responsibility for their own life and accurately account for it.*

A lot of churchgoers come unfortunately to us that have been *inveigled* and *led astray* by religious dogmas.

- *A lot of them hold the opinion that they no longer have to give account for anything, because CHRIST already atoned for all their sins.*
- *Others rely on the forgiving of all their sin through the act of confession.*

All of this is of no real value! People have either *progressed* or *fallen back* in their development, whilst others simply *stood still*.

- *Each and every one ends up in the SPHERE that complies with their development. Dark entities end up in darkness.*

May 1968

Question : We expect that there are a lot of souls that do not really want to ADVANCE. Is this possible?

ELIAS : Yes, you are not wrong there. Bad habits and a phlegmatic attitude contribute the rest.

Question : Are the souls that live in the lower SPHERES happy with their circumstances?

ELIAS : They naturally suffer from boredom and they will eventually get on EACH OTHER'S "nerves".

June 1968

Question : Must *all* human souls develop spiritually – without exceptions?

Answer : Yes, because *all* souls – without exception – are *immortal*. The soul traverses eons. You already have an enormously long period of time behind you, but you lack the memory of it. We endeavour to explain the realities of life to you and we try to show the world that no durable peace or real happiness can be found in darkness. SHADOWS are evicted through the LIGHT and this LIGHT is the spiritual reality.

We always strive to draw your attention to the enormous FORCES of the universe and to explain the formidable SPIRIT that doesn't just control the whole universe, but also lives as a FRAGMENT in *each* individual. The SPIRIT lives in you so that you can find the rich TREASURE CHESTS where the real TREASURES are collected and so you can receive the strength that sustains you in times of need, supports you when all other means fail, when your so-called friends abandon you and when it seems that you are lonely and abandoned. *This is the time* when you can be assured that the warmth, the fellowship and the LOVE of ENTITIES from ANOTHER WORLD are around you.

January 1969

Question : Closely monitored tests verified that thought transference between people exists. Why doesn't one take one step further and also admit that the soul exits and that it is immortal?

AREDOS : That the sciences have acknowledged telepathy is true. But *national interests oppose* anything in regards to the immortality of the soul. Every reasonable human being would have to say that telepathy cannot work if people's consciousness is only present in their brain.

- *Telepathy provides the best evidence that man's consciousness is not tied to physical matter.*

This unambiguously refutes the nonsense bandied about by the Soviet Russian's *Dialectic Materialism*. Even famous scientists can at times not pursue their contemplations consequently enough. Their knowledge is only competent within a *specific* sector.

- *Besides, telepathy doesn't just work from one person to another, telepathy also works between people and animals.*
- *Furthermore, thought transference also works between souls living in the hereafter and souls living in the here and now. There is even a direct transference of will and it can lead to possession.*

One will have researched everything to such a degree over the next 50 years that doubts and ignorance in this respect will no longer exist. This will introduce mankind to an age *that will change the whole world*. When the paths of spiritual insights are then hopefully pursued, the *inactive half* of the human brain will probably be *activated* in the process. Human beings are presently *not* fully developed, on the contrary – they have actually *worked against* their own development!

- *Major vices, like smoking for instance, do not only have a physical effect, they also cause spiritual damage.*

February 1969

Question : Does the doctrine of the *immortality of the soul* not harbour a certain danger, namely that the partner left behind still feels so connected to the departed soul that mental complications and feelings of disloyalty can arise?

Answer : No, a life will always be lived *better* when the sceptre of *truth* reigns. Ignorance is as much of an enemy as prejudice or superstition. It is imperative to banish ignorance, because it springs from DARKNESS. It is however your destiny to become *children of the LIGHT*. Once you possess the knowledge you can live your life in *the light of knowledge*. DARKNESS on the other hand cannot give you support.

- *Knowledge and common sense were selected to lead and to guide you. If you possess knowledge and if you allow your common sense to speak, you will be capable of aligning your life with the HIGHEST so that your pilgrimage on Earth was worth the effort.*

This is the reason why the *doctrine of immortality* harbours no dangers whatsoever. A divinely developed human being does not give his LOVE to one single partner, but loves mankind as a whole, because he is an irremediable part of it.

- *Those that isolate themselves from the community lose their claim on GOD'S inheritance.*

June 1969

The perception of one's own soul

Even if one is not prepared to believe in the independent existence of the soul one finds that there are sufficient cases in spite of this where people were able *to accurately observe* the exit of their own soul, respectively their ASTRAL BODY. Literature has sufficient examples at hand.

During operations carried out under sedation, patients were sometimes able to watch their own operation with closed eyes. They observed every phase of the operation and they clearly understood every exchange of words. Their own soul stood at times next to their sedated body and at times floated up to the ceiling.

These facts should actually already suffice to serve as evidence that the soul can be consciously disembodied. But as the connection to the body was *not completely dissolved*, the patient was able to re-establish its enmeshment with the body.

There are also cases where the soul can temporarily leave the body *without* sedation.

What is important for the researcher is that this exit happens *consciously*. The disembodied soul sees its own body, which is in a state of stiffness, with absolute clarity. Such cases are *protocolled* in technical literature. Researchers of immaculate standing have dealt with this. The well-known researcher *Dr. Emil Mattiesen* amongst them writes:

“Protocol 41a:

This experience repeated itself two weeks ago. I was reading a cheerful book in bed the other evening and the follies in it made me laugh. I suddenly had the sensation of leaving my body. I saw my body with the book in its hands lying there whilst I felt myself floating in the air, very content and with a feeling of inner peace.”

Question and answers

December 1969

Question : Does the soul actually develop further, even though it cannot review itself?

ELIAS : A soul can fall back a considerable distance if its negative will orientates it *ever more negatively* over a number of reincarnations.

- *Eternal damnation, the way the Church teaches it, does not exist, but a temporary damnation is possible.*

Question : Do new-incarnations exist, ergo those that have never lived on any planet?

ELIAS : Yes, they existed, but this is eons ago. Nothing stands still within the universe, development continues constantly. The human soul is divine and GOD does not stagnate.

February 1970

Question : One could not see sense in a short life on Earth, if the human soul did not possess divine immortality. Why go to all this effort if everything is eventually destroyed anyway? Is this so?

AREDOS : Because of the immortality of the human soul, the LAW of CAUSALITY has an effect way beyond death.

- *The effect of a cause enacted in a terrestrial existence often comes to the fore after one's demise. – Everything mental gained by human beings is fully retained – and it can be utilised in the hereafter, at least if it is positive.*

One life on Earth never suffices to bring human beings to the present level of development here on Earth. This requires innumerable reincarnations. All human beings possess a plethora of intuitive memory fragment that allow them to find their way in today's world. This would be impossible without prior development.

September 1970

Question : Does the soul have anything to do with race?

AREDOS : *No, absolutely nothing.* Race only concerns the *physical* body. The soul does however bring memory fragment from past lives with it. These fragments are present in the subconscious and they surface under certain situations. A Christian can for instance be born a Jew or a Hindu. This is why the whole racial politics is utter nonsense.

- *A physical body can develop or change completely different than a soul. All souls are the same within the PLAN of CREATION. This applies to the whole universe. But each individual soul occupies a very specific level of development.*

October 1970

Question : Can one utilise dreams or sleep to develop oneself spiritually?

ELIAS : There are moments in people's sleep state when they are *absolutely* asleep, ergo not just the body, but the soul *also*. This sleep is necessary. We, who no longer have a physical body, also require moments now and then where we sleep deeply and soundly. These are moments where *all* perceptions are absolutely switched off. It is then the assignment of the GUARDIAN ANGEL to watch over us.

- *Sleep with its dreams represents human being's second form of existence during their life on Earth.*

The spirit can naturally be indoctrinated unless it bars against it.

- *The more positive human beings behave, the better their dreams can assist in their development.*

People can at times enter certain SPHERES when they sleep in order to make contact with mutual FRIENDS.

Question : Do animals also have a soul?

ARGUN : *Naturally*. But every animal soul has a very specific level of development. With plants we are dealing with a very specific nerve centre.

- *Animals have a consciousness; but plants do not.*

April 1971

Question : Technology takes amateur radio operators serious because they make a great contribution in respect to radio technology. Why is *spiritualism* not taken serious also, because it actually formulated the basic concepts of research into the hereafter?

ELIAS : Let's take the SANTINER as an example. They are capable of sending their ASTRAL BODY to other places. This process is rather more comprehensible these days. But the fact that a completely bodiless soul can exist and is able to express itself, is still incomprehensible to most.

Question : It is our assignment to make this fact comprehensible to people. How can we improve what we do?

ELIAS : People always look for a *physical* point of reference. One can indeed imagine a thought sent from a viable brain, but not from a soul that is isolated from a brain, one that no longer has a relationship with anything physical.

Question : Because human beings in a physical world imagine everything from a *physical* angle, they also seek GOD in in the physical. Is this why one turned CHRIST into GOD or at least into his son?

ELIAS : Yes, this correct. (ELIAS underlined these words to emphasise them.) It is difficult to imagine something that thinks on a purely mental and autonomous level. Telepathy, telekinesis and teleportation in regards to living human beings is conceivable. But the reality is complete the reverse.

- *Organic life can only function correctly through the autonomous, bodiless existence of the EGO.*
- *Meaningful physical actions are impossible if the autonomous spirit does not control the body with its consciousness. The spirit can indeed exist very well without the body, but no physical body can exist without the spirit.*

It is imperative that this basic rule is acknowledged by the sciences. One can also not *endow* GOD with a body HE doesn't need at all!

Question : Will it be possible one day to detect the soul with the help of technology?

ELIAS : I find that this could absolutely be possible, because technology already makes advances into the microcosm. But one will still not be able to ascertain *what substance* it is made of in spite of this. One will also never be able to elicit *what particles* thoughts consist of. – Human beings, when they live in Earth, consist of a FUSION. This concept is absolutely correct. To assume that matter *produces* the spirit is a *great mistake*. The barrier that erected itself here is called: *Church dogma*.

Question : How can these barriers be cleared away?

ELIAS : When one intends to get rid of aberrations one initially thinks of fables, fairytales and myths. But to renounce these superseded convictions doesn't mean the renunciation of GOD, religiousness and the belief in the divine. Even when taking the false passages in the Bible into consideration you will find that this book contains a *genuine* core.

The Bible is an ancient history book with *ancient* opinions and depictions. To read it in this age of eminent knowledge and insights with an *ancient* pair of glasses that interpret everything according to *ancient* points of view must invariably bring a completely *false* picture. One must naturally assess this book according to today's points of view also. This is where the mistake the Churches make is to be found.

Question : The Churches pay attention to all progress, observe everything, even politics, and the fight for material progress, but they do *not* acknowledge that progress must also be made in the field of the spirit. What do you say to this behaviourism?

ELIAS : The Bible is for the Church the "great taboo". If Church representatives would only find the courage one day to explain to its flock the concept of the "soul" from a *technological* point of view, one would understand them a lot better.

- *The smaller the particles, the more effective they can be. The same also applies to the soul.*

Consider for a moment what takes place in the brain of a bee or an ant. The human soul in its functions is however *unique*. This insight alone should suffice to show *more* respect for human beings and to *not* send them to battle fields. The fact that this is happening shows that there are people out there that do *not* regard anything as sacred and they have no respect for any miracles. Human beings *are* however a great miracle in themselves.

May 1971

Question : Does every soul find its complement in a DUAL?

ARGUN : The soul finds the DUAL in the SPHERES, specifically in a community. This connection then produces the creation of new souls. Harmony plays an important role here.

Question : Are these new creations particularly precious?

ARGUN : Yes, that is so. There is a however a huge difference between a new creation and the reincarnation of an old soul.

- *Only when a soul spiritually regresses will it be in danger of being incarnated on a planet of redemption. – The realm of the spirit is full of miracles; all of them are unknown to you.*

November 1972

Question : Can otherworldly souls generate a kind of electric current we can perceive? – It has happened that electrical door chimes have sounded during a spook.

ARGUN : This is possible with pooled energies. We can manipulate electric current even better through condensed water for instance. This can result in a short circuit. A human life can be saved under certain circumstance in this way.

April 1973

Question : When does the soul make contact with the unborn child?

ANASTA: Contact, respectively the connection with the body takes place *about five minutes before the baby is born*. All movements prior to that are only of a reflexive nature. The baby is indeed tied to its mother, but the contact with the soul is made at *lightning speed*.

March 1974

Question : Are fallen souls indoctrinated in the hereafter?

ELIAS : The way the SPHERES are arranged makes this difficult. The deeper a soul falls, the more difficult it will be for it to gain access to indoctrinations. There are *no excuses* for

a soul if it rejects an insight because of *disinterestedness* or a *negative will*. I have mentioned this before, but I do have to emphasise this over again.

- *Those that fail to learn instructions will hardly have an opportunity to catch up later. Such further development is only possible in the HIGHER SPHERES.*

The physical world would for instance not have to exist at all if reincarnation was not a factor.

- *Only reincarnation gives the physical world meaning.*

Those that live a bad and evil life have no goal to strive for. If people act negative they will be born again in the flesh; if they do however act in a positive manner, positive opportunities will be at their disposal in the realm of the spirit. But when KARMA is applied it can happen that a bad person is incarnated into terrible conditions and this can even be on an undeveloped planet under certain circumstances.

A temporary stay in the realm of the spirit can naturally end up a *permanent stay*. Those that got to know the various systems of development during various lives – and they can only do so if they lived *positive* lives – will one day enter GOD’S realm without the necessity for further reincarnations. If this is the case, they will have passed all examinations. Human souls are then wise and divine and they can then be entrusted with eminent assignments.

All good people can become angels one day. All the others will have more or less displeasing breaks in the realm of the spirit. Breaks that are followed by a re-embodiment. Such a re-embodiment will be guided by the spiritual development of the soul. Everything according to regulations.

December 1974

Question : Is the human soul vulnerable?

ELIAS : Yes, it is sensitive and therefore also vulnerable. The soul, due to its immortality, can however *never be completely* extinguished. The fragments of a rent soul will slowly reassemble over a period of years. But spiritual damage can remain for years.

(Comment: By coincidence we had contact with an acquaintance who was killed by a grenade splinter to the head during the Second World War. The communication was very bad and showed signs of a slight *madness* even though he identified himself very well. We therefore assume that the violent death through damage to the brain also affected the soul.)

June 1975

Question : Can an otherworldly soul walk through a large fire unharmed, respectively can it remain in the fire?

AREDOS : Yes it can do so without suffering any damage. But to come into contact with fire is a very uncomfortable feeling and it is therefore avoided.

July 1975

Question : A lot of people believe that the otherworldly are omniscient. What do you say to that?

AREDOS : Most spirit beings in the hereafter are just as dumb as their cousins on Earth. Where should they get their knowledge from? – Only a small number of them are *willing* to further educate themselves. One will however only receive this education if one accepts missions.

Question : What kind of missions are they?

AREDOS : They always deal with providing a service to people. GUARDIAN ANGELS must be trained. Ideas must be inspired. There is absolute co-operation between the here and now and the hereafter. This does require a lot of effort and also demands responsibility. Most people avoid these assignments and therefore remain dumb until the day they die.

Question : Are these missions remunerated?

AREDOS : Naturally, but not the way you imagine. Providing a service in itself is remuneration, because one's experience grows. Besides, service to one's fellow men increases one's knowledge of GOD. One can behave akin to the angels.

October 1975

Question : Do all souls have the same prerequisites for higher development?

ELIAS : Every soul has the same opportunities in respect to their capacity to absorb things. But *wanting to do something is completely voluntary*. A *determined* wanting to do something can go in this or in that direction and it only depends on the *correct* path one walks upon. This explains why one soul accomplishes *more* than another.

- *The soul's free will gives it its individuality.*

Most people unfortunately forget that disinterestedness is also remunerated. Most people only recognise this when they arrive here and when it is too late. Terrestrial people always believe that *they miss out here on Earth* if they only think of others instead of themselves and they grow old in the process and eventually miss out altogether. – Mistake!

- *Death doesn't mean the end of life by a long shot. This is where human beings still have unforeseen opportunities to enjoy life the way no terrestrial human being can ever imagine.*

December 1975

Question : There are certain places where spook phenomena are specifically pronounced. Is there no salvation for these souls we call "ghosts"?

ARGUN : Every soul has the opportunity for salvation. It is only a question of time, because GOD is neither resentful nor vindictive. But one's salvation depends on one's own will.

- *A soul cannot be redeemed if it doesn't want to be redeemed.*

All human beings, that is to say, all souls must work on behalf of their own development in the here and now and the hereafter. Their salvation is supposed to start already here on Earth. *Most* of these spooking spirits do *not want to* work on themselves, they prefer to have their *fun* frightening their fellow men. This is why they appear in white sheets and grotesque grimaces. They are well aware that such an appearance never fails its effect.

- The End -

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