PSYCHO-SCIENTIFIC FRONTIERS

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Protocol extracts from the *Menetekel* brochures of 1956 - 1975

Theme : **The GUARDIAN ANGEL**
Addenda from the Menetekel 1956 – 1975

Questioner : Psychic Peace Circle, Berlin (Medialer Friedenskreis, Berlin)
Mediums : Uwe Speer (17) and Monika-Manuela Speer (15)
MESSENGERS of LIGHT : ELIAS, ARGUN, AREDOS, SILBERBIRKE

The Medialen Friedenskreis Berlin, a Christian/Spiritual community, psychically received the texts to this theme between the years of 1956 to 1975. These transmissions are a part of the *Menetekel*, a collection of 4,500 A4 pages of freshly catalogued protocols, amassed over 20 years. All of these mediumistic messages were left in their original form, even if similar questions were repeated. The work of the two mediums began when they were 15 and respectively 17 years old. The total production of the MFK-Berlin (Medialer Friedenskreis Berlin), the Menetekel and the 21 transmissions from the space-brothers are considered the absolute pinnacle of psycho-scientific research. Other spiritual circles have often tried to copy the work of the MFK, but its quality was never achieved. The reproduction and distribution of these rearranged messages and protocols is *explicitly encouraged* and is not covered by any copyright.

Preface

The GUARDIAN ANGEL is the *most powerful* connection for the reincarnated human soul to the realm of the spirit. It is the constant COMPANION of the protégé in its charge and he shields him or her from INFLUENCES coming from the *lower* ASTRAL REGIONS of the realm of the spirit. The GUARDIAN ANGEL is capable of assessing the emotional world of its protégé and its conscience. He participates in everything and powerfully grasps all feelings of the reincarnated human soul. Human being and GUARDIAN ANGEL learn together during their sojourn on the physical plane. Politicians use *human* consultants to help them in their decision making processes, whilst the invisible part, namely the GUARDIAN ANGEL has a *far greater* oversight. He *knows* all intensions and the backgrounds of the negotiating parties and turns into an important ADVISOR and WARNER in the process. If all the negotiators would listen to their GUARDIAN ANGELS, they could come up with positive decisions. A good relationship always develops when the protégé meets the GUARDIAN ANGEL half way, something that represents a great help in one's daily life.

Due to their *free will*, people can *block* all influences coming from their GUARDIAN ANGEL. This can reach a point where the GUARDIAN ANGEL no longer gains access. One's conscience is like a little wheel with sharp teeth, one that turns and cuts within oneself. But every time it does so, its teeth slightly wear away and are then no longer as sharp. It is quite possible that they become so worn away after a while that they become ineffective. Once these teeth have worn to that degree, people become inaccessible. The GUARDIAN ANGEL is trained and instructed to allow its protégé *to make its own, unencumbered decisions*. The protégé can take its GUARDIAN ANGEL'S advice or it can ignore it. It is usually to their *detriment* if

they do *not* accept the given advice. –The GUARDIAN ANGEL play the role of an advocate for its protégé after the return of the soul to the spiritual realm, but it can also turn into the soul's prosecutor! Conclusion: To learn to *trust* one's personal ADVISOR, one's feelings and one's conscience during one's terrestrial life and to make personal decisions and measures *dependant on initially* received VIBRATIONS, is an extremely important exercise.

Bad Salzuflen, April 2009

Years 1956/57

The MESSENGER of LIGHT ARGUN to the theme of the GUARDIAN ANGEL

My dear friends, your GUARDIAN ANGEL is *a part* of your own personality. He influences all of your deeds and actions. He feels the same pain and also the same joy as his protégé. The GUARDIAN ANGEL however also needs to relax sometimes, this happens at night when the body of his protégé rests. It happens at times that the GUARDIAN ANGEL is *replaced*, because your soul is exposed to lots of dangers.

As the GUARDIAN ANGEL is accurately informed about every detail of your individual ego, he can continue to function, that is to say, he can forward all your questions and wishes. This is however very difficult to do within this circle, because everyone here has a different GUARDIAN ANGEL and there are lots and lots of VISITORS from our REALM, assembled here to gain further knowledge. If you know the name of your GUARDIAN ANGEL and a question irks you, call him by his name, because it can happen that we mix up their names.

Questions and answers

Question : Roughly how many otherworldly GUESTS might be here with us to participate in our meetings of an evening?

ARGUN : Every FRIEND that is here is about the size of an elf. Well, it's like a university here.

(Comment: ARGUN drew an auditorium maximum on a piece of paper and drew special lines pointing in various directions of the compass.)

Question : What is the meaning of these marks?

ARGUN : The word of the LORD radiates like a HALO.

(Comment: ARGUN once again drew the picture of a bell.)

Question : The difficulty why people are so hard to guide consists in the fact that the hardness of one's fight for survival often hinders one's good intensions and one's STRIVING for ASCENSION. I mean cases where *real* hardships prevail.

ARGUN : To stick with and to believe in GOD and to walk a righteous path is easy if there are *no* hardships.

- *But those that have to battle with the difficulties of a hard life are particularly graced by GOD, because they try to deal with these difficulties and, in spite of all hostilities,*

still believe in GOD and help HIM to create a new view of the world.

Every human being ought to try to contribute to the best of their ability in one way or another. It is not a case of which way is best, it is more about *how*. One should listen to the INNER VOICE of one's GUARDIAN ANGEL. The VOICE of the GUARDIAN ANGEL will *always* be a *positive* VOICE!

Question : Do the blind have special GUARDIAN ANGELS?

ARGUN : Yes, they often see more than the rest of you.

- *The blind have three or four GUARDIAN ANGELS.*

Question : Do these GUARDIAN ANGELS also influence their guide dogs?

ARGUN : Yes, absolutely.

ELIAS : My purpose is to discover mistakes, because we strive for the truth and the LIGHT of the LORD. A lot of friends have recognised the truth and also strive for the LIGHT. But immediately next to the LIGHT is a SHADOW, to enter this SHADOW and to lose all of one's insights is a severe, retrograde step. As you humbly follow a lighted candle now, you will see the CANDELABRUM burn in its whole glory and grandeur. I once told you that a lot of you have spiritually progressed and your ascent brought a change of GUARDIAN ANGELS with it for some of you.

April 1958

Question : How can someone untrained in psychic matters establish contact with their GUARDIAN ANGEL?

MARZELLA: By *mentally* asking your GUARDIAN ANGEL to give you advice. You then have to sit quietly and wait to see whether the question you mentally asked will receive an answer.

- *After you mentally asked your GUARDIAN ANGEL a question try not to think of anything. The advice that suddenly enters your mind without your contemplation could very well be from your GUARDIAN ANGEL.*

(Comment: One's INNER VOICE is a very powerful, emotional foreboding about how pertinent circumstances could develop or how they should be assessed. Clairaudience on the other hand is *not* an INNER VOICE, but a spiritually voiced dictation, one that one hears word for word in one's mind – one contemplates and listens at the same time.)

July 1958

Question : Are GUARDIAN ANGELS *always* connected to their protégé?

ARGUN : Yes, they are always around you, *one* is virtually *fused* with you and then also *those* that are around you *to protect* you. You are *never* completely alone! You always have your PROTECTION even when your GUARDIAN ANGEL is tired, something that happens, ANOTHER ANGEL immediately steps up to represent him. People are *never alone* in

times of trouble and they are always understood by empathetic souls.

Question : Where do GUARDIAN ANGELS go when we are in a crowded place?

ARGUN : They shrink to the size of an elf.

(Comment: ARGUN drew the distance of around 15cm.)

Question : What sort of a life do GUARDIAN ANGELS actually lead?

ARGUN : They live with you, but they keep vigil over you. Your GUARDIAN ANGELS are *very sensitive* and this makes them feel everything you feel. If they are exhausted, they are temporarily replaced until they regain their ENERGY. But it also happens that they suffer with you. In as far as a protégé is ill and if the GUARDIAN ANGEL loves his charge dearly, he will also suffer and this to its full degree.

August 1958

Question : We would like to know the spatial distance a GUARDIAN ANGEL keeps to its protégé?

ARGUN : *About 3cm*. He can however, if it becomes necessary, *distance himself to 20 meters.*

Question : Is the GUARDIAN ANGEL guided in his actions through *premonitions*?

ARGUN : No, my dear friend. He waits, he apprehends – and he is sometimes speechless.

Question : Does the GUARDIAN ANGEL presage certain dangers?

ARGUN : Not always. He is also just a soul, one that really has your interest at heart and tries to protect you as best as he can.

Question : Besides visible dangers, what other dangers threaten human beings?

ARGUN : That you *wrongly judge things, misjudge* other human beings, that you pay more attention to their *external* values than their inner values, that you treat people *unfavourably*, that you are *envious* etc. These are the greatest invisible dangers and they can make your soul very ill.

- *You should take pleasure in your fellow human being's good fortunes. You should share their joy, because this will make your character blossom. Your heart will then laugh.*

Question : What is the difference between ANGELS, MESSENGERS of LIGHT and GUARDIAN ANGELS? GUARDIAN ANGELS are sometimes called PATRON SAINTS.

ARGUN : ANGELS actually have wings and they are the PROTECTORS of MESSENGERS of LIGHT and GUARDIAN ANGELS. Their wings have a *symbolic* meaning and indicate their *unrestricted* freedom; they are a *delicate blue*.

Question : Most people say that ANGELS do *not* have wings, that all of this is pure fantasy and

kitsch. What do you say to that?

ARGUN : What I say is the truth.

- *Wings imply freedom within GOD'S realm.*

ANGELS receive their wings because of the LORD'S great LOVE for them, as they serve HIM. You also confer specific honours on people for having performed special assignments or activities.

October 1958

Question : Does the assignment of a personal GUARDIAN ANGEL come to an end when his protégé enter the hereafter and is the soul then left to fend for itself?

ELIAS : No.

- *For as long as it has a spark of decency in it, a soul is never left to its own devices.*

November 1958

Question : What spiritual conditions determine the allocation of a GUARDIAN ANGEL?

ARGUN : Every one of you will surely have entertained the thought every now and then of how it is possible that *you specifically* receive this PROTECTION or why you *can or cannot* sense this ENERGY. Well my friends, it is as follows: Every soul that is reincarnated is *prepared* for its physical existence here in our REALM so that its path is *clearly obvious*. A friendly soul decides to guide the about to be incarnated soul during these preparation – with a few exceptions.

- *I would like to emphasise that this friendship is based on a previous life most of the time.*

A friendly soul is therefore prepared to take on the spiritual support of its protégé *before* the reincarnation takes place. This close and very harmonious friendship is often established in our REALM. The notion of serving a friend faithfully and devotedly and of being responsible for this friend develops from LOVE.

This friendly soul now asks a superior SPIRT – let's call it an ANGEL – to give it the opportunity to serve as a GUARDIAN ANGEL so it can care for its protégé. This is the most beautiful assignment for any GUARDIAN ANGEL, but also the *most dangerous* one and an assignment that can bring *a lot of tears*.

- *The GUARDIAN ANGEL has to march with his protégé through thick and thin, the difference being that its protégé is not aware of the existence of its PROTECTOR most of the time.*

Most people on Earth believe that they walk through life *alone* and that they do not have to account for what they do. The GUARDIAN ANGEL accurately knows every weakness and also all positive endowments of the soul in its trust through this.

- *The most beautiful payback for a GUARDIAN ANGEL is when he JOYFULLY succeeds in promoting all the positive endowments of its protégé.*

The GUARDIAN ANGEL is a soul that literally represents the epicentre or the core. The GUARDIAN ANGEL has also many of his own FRIENDS and these FRIENDS in turn help their own FRIEND as best as they can. The protégé is therefore surrounded by many spirit FRIENDS. When the GUARDIAN ANGEL wants to rest for a while, something that is absolutely necessary once in a while, his many FRIENDS will pay close attention to his protégé.

But my dear friends, I have to emphasise here once again:

- *Every one of you is endowed with their own free will and if you are – in your words – pigheaded, we find it difficult to hinder you, because you are then not prepared to listen and you will make your one grave mistakes.*

Well my dear friends, Is this now clear to you or do you want to ask more questions? I would love to answer them.

Question : How often is a GUARDIAN ANGEL replaced?

ARGUN : This is decided with the accordance of a certain GROUP. One virtually "draws lots".

Question : What kind of dangers is the GUARDIAN ANGEL exposed to?

ARGUN : Namely that their protégé decided to *go his or her own way*. Symbolically something like this: The protégé walks across abridge and decides to jump from it even thou he knows that this is very dangerous. He frivolously falls to his death even thou he was *acutely aware* of the danger.

- *The protégé can however be warned through dreams.*

- *A lot of FRIENDS have a helping hand in direct miracles, but this uses up a lot of ENERGY.*

Question : I would like to know whether I am in company of another ANGEL besides my GUARDIAN ANGEL.

ARGUN : Dear child. Not by ANGELS. ANGELS have different, greater MISSIONS to fulfil that are of great importance for the *whole* world. But you do have many FRIENDS around you and they would like to promote GOODNESS together with you.

August 1960

Question : Are the blind better guided spiritually?

ARGUN : The blind have sufficient spiritual PROTECTION; but they must also *earn* the LIGHT for their otherworldly existence in the hereafter to begin with.

- *What's tragic in the hereafter is the circumstance that the souls there receive their ability to see according to the grade of their LOVE and their INSIGHTS.*

January 1960

Question : A lot of people show an interest in their departed relatives and they would like to know how they fare where they are. Can you please tell us how we can undertake such inquiries?

ARGUN : The *date of birth* interests us in such cases to begin with. When did the soul leave the hereafter in order to operate in the here and now? As you are aware, all of life's memories are carefully stored. These remembrances are also VIBRATIONS and they do not dissolve that easily. The *last used Christian and surnames* are also important. When was the GUARDIAN ANGEL charged with its terrestrial assignment and when did the GUARDIAN ANGEL reconnect with the soul in the hereafter?

- *The GUARDIAN ANGEL is however replaced three times in most cases. The first one looks after the soul from its birth to its 15th birthday. The second from the 16th birthday to …? – Another GUARDIAN ANGEL can receive the assignment the guide the soul from an unknown point onward all the way back to the hereafter. The most times this might take place is five times.*

(Comment: We can also unmistakably recognise the *individuality* of the otherworldly from these prompt answers as they answer from their own experiences. Information about departed souls is very rare and it is only accessible to the participants of the circle.)

March 1960

Question : Lots of people cannot imagine that GOD can hear their prayers. Can you explain this process to us?

ARGUN : All thoughts of the person living physically on Earth run through their personal GUARDIAN ANGEL. He also *reviews* every spoken word and every deed. If thoughts and prayers are in any way *negative*, they will *not* be forwarded. But if the issue or the plea is *justified*, the GUARDIAN ANGEL will pass such prayers onto a HIGHER AUTHORITY where it will be *scrutinised again*. Whether such requests are fulfilled is then left up to a HIGHER AUTHORITY to decide.

- *This HELP is in most cases completely different from the way the petitioner imagined it to be, because the EYES of the divine ORGANISATION can see all the implications.*

September 1961

Question : Can a personal GUARDIAN ANGEL participate in all the pleasures through the terrestrial human being he has to chaperone?

AREDOS : If he has the good fortune and the grace of protecting a *happy* human being, he shares all highs and lows with his protégé, because he lives with him and because he is connected to him on a mental and emotional level. As he is *without a body*, he

predominates his charge in all situations. He does however possess an ASTRAL BODY, but it is capable of penetrating physical matter.

April 1962

Question : Locomotion in the hereafter is different from here in the physical world. What does the GUARDIAN ANGEL do for instance if his charge drives away in a car, as the ASTRAL BODY of the GUARDIAN ANGEL can penetrate physical matter?

ARGUN : This difference between spirit and matter is there and it is at times very considerable. It therefore depends entirely on the reaction and the adaptability of the SPIRIT. This is the reason why GUARDIAN ANGELS absolve special training. Such a MISSION is the most taxing, because we are always dealing with a human life that has to be protected.

August 1962

Question : Can the personal GUARDIAN ANGEL of a terrestrial human being be displaced by an unclean spirit?

ARGUN : *No, that's impossible*. The GUARDIAN ANGEL does not leave his charge for even one minute.

- *But the protégé can completely block all influences of its GUARDIAN ANGEL, so that he no longer has the opportunity to warn or to influence him.*

December 1962

Question : Who is closer to a terrestrial human being, one's SOUL MATE or one's personal GUARDIAN ANGEL?

ARGUN : Naturally the GUARDIAN ANGEL, but one's SOUL MATE can *also* be one's GUARDIAN ANGEL.

- *Claiming to have found one's SOUL MATE here on Earth is usually just based on imagination. Those that claim this believe in their arrogance that they are spiritually more mature than all others.*

Question : Is the SOUL MATE always of the opposite gender?

ARGUN : No, the gender difference plays no role whatsoever. It is a case of pursuing the same goals and of *reciprocal support*. This goal can be within the fields of *science* or *the arts*, but sometimes also a special *search* for a truth.

- *It only depends on the relationship between the souls.*

Question : The otherworldly are supposed to be sensitive to boisterous wind conditions. How does the GUARDIAN ANGEL protect himself when his protégé is exposed to such conditions?

AREDOS : The GUARDIAN ANGEL is *so closely* coupled to his protégé that he is not affected by it. It is this close connection that makes it possible for him to grasp all feelings of his protégé.

March 1963

Question : How does the PROTECTION of the WORLD of SPIRIT *exhibit itself*?

ARGUN : You may always have the certainty that the LOVE of our WORLD surrounds you and PROTECTS you in order to help you with your fight for survival here on Earth. The number of your FRIENDS here is so large that you will hardly be able to estimate it.

- *There is however a LAW here on Earth that states that every human being has to go his own way alone. This LAW must also be respected by us. This imposes the tests life has for you at the same time.*

This is what man's journey through life looks like. *Nobody else* should be blamed for any type of failure, because the LAW dictates everything.

September 1963

Question : Can you tell us what position *Goethe* occupies in your world?

ARGUN : *Goethe* was inspired by his friend *Friedrich Schiller* during his life. He knew a lot about GOOD and EVIL. *Goethe* is presently a SPIRIT TEACHER here in the hereafter, but it was a long journey for him until he achieved this. As you can see, *Goethe* is current and not unmodern even now.

- *His work "Faust" was inspired through his GUARDIAN ANGEL.*

Goethe had to overcome a lot of mental anguish until he completed this works. One's personal GUARDIAN is most of the time also an understanding GUIDE in regards to the protégé's profession or trade. He is connected with his protégé like a mirror image.

- *The GUARDIAN ANGEL does not stand next to you most of the time, but you within him.*

February 1964

Question : One is told to listen to one's INNER VOICE. How can one determine whether one is *actually* dealing with one's INNER VOICE and not with one's own thoughts?

AREDOS : Thought processes *always* take place within the soul. *The part* of the thought process that is *not directly* directed to the brain is the so-called subconscious. The brain is only fed *completed* results.

- *Thoughts are the fasted things throughout the whole universe. They surpass the speed of light a number of times.*

March 1964

Question : Whilst the immortal soul *leaves* its spiritual cache of memory behind when it *incarnates*, should the GUARDIAN SPIRIT, as a *not* incarnated soul, actually be able to access the whole cache of memory of its protégé? Is this correct?

AREDOS : The GUARDIAN SPIRIT does *not* have access to the memory cache of its protégé, but it can *intercept* the protégé's thoughts. All human beings possess their *own individual* FREQUENCY.

- *When a soul is incarnated it loses access to its old FREQUENCY and receives a new one in its place. The cache of memory remains in the cosmos until the soul has the old FREQUENCY at its disposal again after its physical demise and it is then able to remember everything again.*

Question : One gets the impression that the GUARDIAN ANGEL cannot actually give his protégé instructions. What are his actual assignments?

AREDOS : The GUARDIAN ANGEL is the *strongest* connection between terrestrial man and the realm of the spirit. He is the constant COMPANION of his protégé. He strongly participates in everything and he apprehends all feelings and emotions. Besides, there is a common interest involved here: *Both* learn. The GUARDIAN ANGEL, being invisible, has a greater overview, he is advisor and warner at the same time.

- *The protégé can however block the influences of its GUARDIAN ANGEL and this means that he can then not be effective whatsoever.*

A *good* relationship will be the result, if the protégé mentally *meets* the GUARDIAN ANGEL *half way*. The GUARDIAN ANGEL is qualified and instructed to allow his protégé to make any free decision he likes. The protégé either accepts or rejects his advice. Not accepting the advice is usually *to the detriment* of the protégé.

- *If the GUARDIAN ANGEL should become unreliable, he will be replaced.*

It also happens that the GUARDIAN ANGEL is *dragged down* by its protégé. To share the protégé's mental anguish is often a severe test.

The MESSENGER of LIGHT ELIAS to the theme of GUARDIAN ANGEL

The GUARDIAN ANGEL can do *very little* if his protégé has a *negative* attitude and *blocks* all positive admonitions. People have to be *open* in regards to the LAW of GOODNESS. They must also strive for HIGHER and better things *of their own accord*.

- *All spiritual support is in vain if the protégé does not have a conscience.*

- *The GUARDIAN ANGEL appeals to man's conscience. He thereby deals with his charge's positive core.*

If this was different, people would only be good because they have a particularly good GUARDIAN ANGEL or because their contact with their GUARDIAN ANGEL works better. When I say that a protégé does at times have no conscience, I actually mean that their conscience is *not always approachable*.

Questions and answers

Question : Dear ELIAS, the keyword has already been mentioned, namely one's conscience. How can one awaken or better activate people's conscience?

ELIAS : One can only achieve something by very cleverly appealing to somebody's conscience, assuming that he or she has an *approachable* conscience in the first place. There are no time limitations for good and evil, ergo for moral appreciations.

- *The appreciation of decency or goodness can be just as atrophied in a highly educated person as in a less educated person.*

An eminent professor can be *extremely negative* in spite of his enormous knowledge and great proficiency. He does not have to have a good conscience. Neanderthal Man already had a conscience. He was already able to differentiate between good and evil.

Question : Does one's conscience have anything to do with one's genetic inheritance?

ELIAS : There is *no genetically inherited* conscience. One's conscience is there the way one's consciousness or one's instinct for self-preservation is present. There is however *inherited* badness. This is something people find difficult to deal with. If their conscience bothers them, they rue their actions after.

Question : Does one's conscience have anything to do with spiritual development?

ELIAS : Good will is a decisive factor here also.

- *There is no conscience without empathy, remorse is also a part of it.*

Without good will, one's conscience is *completely deactivated*. There are people with a conscience, but they continually *suppress* it by force. Conscience only represents an *uncomfortable ballast* to these people. You can gather from this that even the worst of the worst have a conscience. But whether they listen to their conscience is another matter. Even if suppressed over again, one's conscience announces its presence *over again*.

- *But what do you think will happen when people's conscience prevails for a change? Their torments are worse than hell!*

Question : Dear ELIAS, we ended up dealing with a theme that is a lot bigger than anyone could have imagined. What awaits people after they are dead?

ELIAS : People will be *confronted* with their *conscience* in a most severe way after their physical demise. Without a physical body, people will then be *completely at the mercy* of their conscience.

Question : Does the *suppression* of one's conscience have anything to do with the *rejection* of all knowledge in regards to life after death?

ELIAS : Not necessarily. It is also a question of *distortion*. A lot of people find the doctrine of one's survival after death very uncomfortable, whilst it represents a great comfort to others. Education can also be *distortion*, ergo a distortion of the facts. This is where enormous mistakes is made.

Question : Is there an option to train one's conscience?

ELIAS : Yes, such an option exists. Sport could for instance undergo such training.

- *We don't think much of sports that degenerate into addictions for records.*

  The addiction to produce records would have to be abolished. A *more companionable* atmosphere would have to be created. *Fairness* plays a major role here. People must learn to respect positive rules. Therefore a *mental SPORT* is lacking. I actually mean the SPORT of CONSCIENCE.

- *If every human being would ask themselves every evening just what just or unjust deed they have done during the day, they would train their sense of justice more and more.*

  The discernment to have acted unjust is naturally not enough. The intention to *make restitution* must follow and this intention must be carried through. There is a show on television called: "A word to Sunday". If this show would request people to ask themselves whether they acted good or bad instead of giving a sermon, many a person would contemplate this question. I believe that this would be a good way to go.

Question : Most people do not believe that HELP from the world of spirit exists. Wherein lays the root for this assumption?

ARGUN : The WORLD of the SPIRIT helps on innumerable occasions. This HELP is however arranged so that it *isn't really noticed* most of the time. Contrary to what one expects, it is naturally *not* of a physical nature. Our hands are also tied in some respect. We cannot do magic tricks in order to help you.

July 1965

Question : Can one address one's personal TUTELARY SPIRIT? Does this serve a purpose at all?

ARGUN : Yes, absolutely, if one's conviction *impels one*. Such an appellation is akin to a prayer. You can do this in your mind by saying:

- *"Dear, faithful invisible FRIEND, please shield me from EVIL and from everything that is against me."*

Question : Is it true that those that make a genuine effort to ASCEND spiritually are *particularly* exposed to being attacked by *base* otherworldly BEINGS?

ARGUN : Yes, this is unfortunately the case *most of the time*. In order to deal with these attacks, these people must simply show *more* moral courage.

November 1965

Question : What are the basic parts a human being consists of?

AREDOS : When we are dealing with the major parts of a human being we are dealing with a QUARTET:

1. *The immortal soul.*
2. The astral body.
3. The physical body.
4. The coupled PROTECTING SPIRIT.

The PROTECTING SPIRIT is magnetically and telepathically connected, but man's free will is *inviolable*.

Question : How can the PROTECTING SPIRIT have an effect on its protégé if its free will is "inviolable"?

AREDOS : The about to be incarnated human being temporarily discards its memory cache. The GUARDIAN ANGEL *retains* his memory. This already gives him the advantage over the incarnating human being.

- *The GUARDIAN ANGEL is allowed to make inspired decisions. He can warn, this is something the incarnated human being registers as a "feeling" or an "intuition".*

If the protégé does *no block* things, his thoughts can be *guided* in certain directions. But in most cases people *block* themselves against *positive* inspiration, whilst they are *very much* open to negative inspirations. Atheists *very decisively* block themselves against their personal GUARDIAN ANGEL.

- *Those that believe in GOD or in CHRIST manage to entertain better contact with their GUARDIAN ANGEL and this will only benefit them.*

Question : Why is it that *somnambulists* are quite safe whilst wandering about in their sleep?

ELIAS : This happens because somnambulists have no fear. They feel secure. We are dealing with somnambulism, that is to say, consciousness is *switched off* during sleep and the subconscious *takes over* the main functions. The subconscious is a lot abler than the conscious side of man, because the latter is hemmed by many influences. Somnambulism is a state between sleeping and dreaming.

- *It is the GUARDIAN ANGEL'S assignment to save the somnambulist from taking careless steps, because the somnambulist is a very good medium, even if this isn't necessarily the case whilst in a waking state.*

January 1966

Question : Why is it that a person's GUIDE is sometimes described *differently* by clairvoyant mediums?

Answer : There are *two* explanations for this: The medium is either deficient or the GUIDE shows *different aspects* of his individuality. Remember that we are not *restricted to* one manifestation when we show ourselves in your world. The vision the medium looks at does *not* comply with the *full* reality. It is just an *image*. Various reasons make it sometimes desirable to show different aspects of the individuum. What the medium sees or hears cannot be compared to a photo or a gramophone.

Comment: Psychic writing and psychic drawing, the way we practice them, provide a far better picture of the WORLD of the SPIRIT. Even though it is a lot more complicated, we prefer to give this type of contact precedence.

April 1966

Question : Can SANTINER also act as GUARDIAN ANGELS for terrestrial human beings?

AREDOS : *No*, this isn't possible.

- *Personal GUARDIAN ANGELS are always human beings who also lived on Earth. When they show a positive attitude, they will be trained as GUARDIAN ANGELS in the realm of the spirit. They will then select their protégé most times themselves. The professional training also plays a major role.*

The SANTINER are charged with *completely different* assignments. Besides, they are not spirit beings, but human beings from another star system. They do indeed have a very *ethereal* body, but not *so* ethereal that one could regard them as spirits.

Question : The Catholic Church revers certain Patron Saints. What is the difference between a GUARDIAN ANGEL and a Patron Saint?

AREDOS : Patron Saints are based on a *dogma*. They usually have *no* direct influence on human beings. These Patron Saints usually have *completely different* tasks to perform. The GUARDIAN ANGEL on the other hand has the great responsibility for looking after the *individual* human being he constantly accompanies, every second of the day.

July 1966

Question : We cannot comprehend that there are people who commit abominable crimes *even though* they have a GUARDIAN ANGEL at their side.

ARGUN : We are dealing with *derailed* souls in these cases. The GUARDIAN ANGELS are then *replaced* because their ENERGY is totally exhausted. A drama ensues every time a GUARDIAN ANGEL has to leave his charge because of these specific reason. Man has the eminent assignment *to prove* that there *is* a soul that lives forever. *The spirit does not experience an end to its existence*. Only physical matter is subject to change.

- *In spite of an exchange of GUARDIAN ANGELS taking place, the soul is never without PROTECTION. Another GUARDIAN ANGEL must fulfil this duty.*

When a soul is *very unstable* it is *particularly* exposed to all kinds of animosities and will eventually succumb due to its instability. It is therefore very important for an unstable person *to work on itself* in order to achieve the required solidity of its soul. You call this "strength of character". Once a soul is stable, its path is clearly defined.

Question : Does the possibility exist that a number of GUARDIAN ANGELS from different people can communicate with one another?

ARGUN : *Naturally*. They influence their protégés without them knowing it. If they are not too sure of what they should do, they can also ask one another for advice. But GUARDIAN ANGELS also have access to HIGHER AUTHORITIES and they can receive advice from them.

GUARDIAN ANGELS have a certain influence on the mood of their protégé. People should however never underestimate their personal *ego*. One disequilibrium suffices to destroy the career of a human being.

- *Discontentment is usually the reason for the mental decline of a human being.*

There are two worlds and they closely work together: *The here and now* – your world and the *hereafter* – our REALM. Your own personality is however *too much* in the forefront. This is the reason why so much strife reigns on Earth. The harmony between people, ergo an understanding and an interest in *the ego of another person* is lacking. The insight that human life *never* comes to an end is missing.

- *It is not the body, but the soul that possesses a real grade of relationship.*

Even if our blood and physical makeup are *different*, we are brothers and sisters just the same. Blood alone does *not* indicate kinship. This is what you have to comprehend first!

June 1967

Question : People say that every human being has a *conscience*. Is this correct?

Answer : One's conscience rules and differentiates between right and wrong. *Every* human being has such a conscience.

- *But one's right of free self-determination can ignore one's conscience. But every human being knows whether they act correctly or incorrectly in spite of this.*

It is every individual's own affair, unless they are mentally disturbed or dysfunctional, ergo every *normal* human being own affair. *Everyone* is endowed with infallible admonitions.

Based on my knowledge of spiritual LAWS I can assert that *all* human beings have the infallible ability to assess their own thoughts and actions.

- *One's conscience is an implacable guide for everything a person thinks, says or does – perfectly, independently, instinctively, at every opportunity, whatever the problem might be. Your own thoughts, your conscience, tells you without hesitation whether you act correctly or incorrectly. You would like to thwart it on many occasions, you sometimes try to placate it, but you always know in your heart that you should listen.*

- *But one's conscience can be educated so that it becomes even more effective. We made the education, ergo the training of people's conscience our MISSION.*

- *Spiritualism is an excellent tool for training one's conscience. No university, college or school employs this type of schooling.*

I am a very practical being. I refuse to tread your entangled ways as they are of little use to your world in its present state. I know that fundamental KNOWLEDGE is required, KNOWLEDGE that is capable of renewing all of your systems, so that you can get rid of all filth, disorder, disparity and injustice. All of these unclean things *hinder* the human spirit from expressing itself.

July 1968

Question : We heard from you that POSSESSION SPIRITS exist and that they can enter the aura of a terrestrial human being in order to induce them to think and to act wrong and negative. What does the personal GUARDIAN ANGEL do in such cases? Does the PROTECTING SPIRIT have to inactively see his charge being abused?

ELIAS : This can certainly happen with negative people, particularly if they are *drunk.*

- *Whenever the preconditions are right, possessions can take place.*

Question : What are these prerequisites?

ELIAS : *Negative thoughts.* A *specific event* can bring them to the surface, particularly when they are *suppressed*. POSSESSION SPIRITS find it easy to prevail under such circumstances. There are people who renounced their negative behaviourism and who *consider* themselves to be decent human beings, but a sudden calamity can easily throw them off course. What can happen then is that their *suppressed* negative behaviourism and thoughts, already dormant within their subconscious, can come to the surface.

- *This is the moment when the door to the possession by evil spirits is wide open.*

The actual main reason consists in that people will then *let themselves go*.

- *This is also the way the dangerous running amok comes about.*

The PROTECTING SPIRIT has a particularly difficult time in such cases. But as the PROTECTING SPIRIT is also a "human being", it can be of an ENERGETIC nature to a higher or lesser degree.

- *It can however happen that the PROTECTING SPIRIT becomes completely inoperative, particularly when the spiritual INTERFERENCE from the negative SIDE gains the upper hand.*

The fact that the GUARDIAN ANGEL is then no longer able to have an inspirational effect on its protégé is a sad state of affairs. The danger is *particularly* great in the case of *ungodly* people.

- *This danger also exists with people that are drunk. One maintains that drunks have a GUARDIAN ANGEL. This is however incorrect, because they had one once, but they ousted him.*

- *Drinking alcohol makes morally degenerated people establish a BLOCKING ZONE around themselves and this makes it impossible for any PROTECTIVE SPIRIT to act on behalf of their protégés.*

Question : We are trying to establish what influences and what behaviourism can bring about *the loss* of one's spiritual PROTECTION. Can you help us in this respect?

ELIAS : *Fanaticism* and *egotism* are very dangerous. An *atheistic* attitude will generally speaking also represent a *danger* to human beings in this way. But *drunkenness* must also be emphatically mentioned. We must not necessarily always be dealing with an *absolute* possession, even a *partial* possession through base and unclean spirits is not to be underestimated. It often happens amongst military personnel and political leaders and this without anyone *guessing* just *who* pulls on invisible strings.

- *Terrestrial mankind is influenced by fellow terrestrial human beings one third of the time and telepathically by the WORLD of SPIRIT two thirds of the time.*

Question : What happens in the hereafter if the GUARDIAN ANGEL fails completely?

ELIAS : The GUARDIAN ANGEL is then certainly *replaced* by another. A GUARDIAN ANGEL in not allowed to leave his charge under any circumstances. He is always around. But if the GUARDIAN ANGEL is *ousted* by the superiority of negative SPIRITS, or if he is extremely impaired in his task through the *behaviourism of the protégé*, he will find that this will extenuate the charges against him.

(Comment: GUARDIAN ANGELS are *not* the kind of Patron Saints the Catholic Church promotes. They are *trained souls*, ergo human beings who lived on Earth.)

December 1974

Question : Why is it that I awake on time, even when I'm in a different time-zone?

ELIAS : The most natural explanation is that the personal GUARDIAN ANGEL has a hand in this. He can wake his protégé up.

August 1974

Question : It is said in the vernacular that "drunks have a guardian angel looking after them". Is

this correct?

ELIAS : Drunks do of course have an invisible COMPANION. But what kind of companion? He leads his victim into possession. One should not underestimate the possessions by unclean, base spirit beings. These incidences often arise with *political leaders* or with *military personnel* and this without anybody realising the *real* cause of them. Terrestrial mankind is co-operatively influenced and controlled by spirit beings.

- *The NEGATIVE has unfortunately an easy time here on Earth. The reason for this is that the POSITIVE cannot employ the same weaponry as is the case with the negative, as it utilise coercion and dirty tricks.*

But all human beings, whether good or bad, *all* must return to the realm of the spirit one day and they will find SPHERES there that keep them separated from each other.

The End

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