



Psychic Working Circle

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The answers to these questions were transmitted by TEACHERS from the SPHERES of LIGHT. Paranormal voices appearing within the protocol were captured on tape and are marked with T.B: (Tonband). Any words that are underlined are authentic with the original transmission. This working circle grew out of a meditation group and commenced its psychic activities on October 25th 1995.

Extracts from	:	Protocols P230 to P242 from the year 2004
Theme	:	T e l e p a t h y
Time of meetings	:	20:30 to 22:00
Questioners	:	Members of the <i>Psychic work circle</i>
Type of transmission	:	Verbal inspiration and automatic writing
SPIRIT TEACHERS	:	ARON, AELIUS, ALBERT, BALTASAR, BARTHOLOMEUS, ELIA, EMANUEL, EUPHENIUS, JOACHIM, LUKAS, LEONHARD, MICHAEL, MAGDALENA, SETHAN, TAI SHIN, TIMOTHY.
Previous guests	:	AMENDON, ELIAS, SEATH, SETUN.

Introductory words:

GREETINGS IN THE NAME OF GOD AND PEACE ACROSS ALL FRONTIERS! We are welcoming all present from the OTHER WORLD very cordially. "Where two or three are assembled in my NAME there I will be right in the middle of them," these CHRISTIAN WORDS shall guide all our meetings. We will do this work in HIS NAME so that it will serve everybody. Only HE is able to send authorized TEACHERS so that we can receive the TRUTH. We ask CHRIST to bless all present here with HIS spiritual PROTECTION so that we won't be a plaything for the antagonist of GOD. We know that we have to make the greatest contribution ourselves. – Our destination is to grow through spiritual TEACHING, then to be able to distribute the TRUTH there where it can fall on fertile ground. We are asking for GUIDANCE so that our mission on Earth will be justified. We cannot reach this destination under our own steam without spiritual HELP. We thank all HELPERS from the OTHER WORLD who support us in this. In this sense we are hoping for a blessed and enlightening evening.

Words from WHITE EAGLE:

Learn evermore to think, live and work within the conscious presence of GOD. This presence is *always* there. Your lower self you find so burdensome, weighs you down and keeps you earthbound. But your HIGHER SELF is at ONE with infinite and eternal life. You may think that you are unimportant, unheeded and far away from ANGELIC BEINGS. But these eminent BEINGS, so caring, so sentimental and so careful in their work for the CREATOR, keep vigil over mankind. You, as an individual, *are known to them*, you are loved and cared for by them.

Instead of *patiently waiting* and listening to the inner VOICE of your HIGHER SELF and your spirit GUIDE, you often interfere with the effects of divine LAWS with your *anxiousness* and your *over-zealousness*. In wise judiciousness steadfastly coach yourself to listen to this VOICE. *Show patience* and allow GOD to take CONTROL of your life's circumstances. You could *save* yourself a lot of anxiety and unrest, if you would ask the SPHERES of the SPIRIT for help. Do not look for advice and guidance from *mundane sources*. Rather look for spiritual CONTACT. Look for the PLACE of TRANQUILLITY and peace and *reinforce* your assuredness that GOD'S POWER is active within you.

The meeting began with an *initial meditation* of 20 minutes and a *materialisation exercise* under the spirit teacher MAGDALENA'S guidance. This was followed by the *inspirational* and *automatic writing* answers given by the spirit teachers SETHAN and LUKAS, to the questions asked.

Welcoming all present and the beginning of the questions.

SETHAN : GREETINGS IN THE NAME OF GOD AND PEACE ACROSS ALL FRONTIERS! This is SETHAN speaking. We greet you with GOD'S LOVE. The whole TEAM welcomes you very cordially to this meeting. We are surrounded by a SEA of LIGHT effected by souls that maintain the PROTECTION here, so that all events at this meeting can take place peacefully, harmoniously and under divine PROTECTION. We are enveloped by a SOURCE of LIGHT that emanates a very powerful FREQUENCY to the outside. You are enclosed in an FIELD of ENERGY that originates from souls that are assembled here to afford you this PROTECTION and they emanate this QUALITY of LIGHT. We hope that you will be able *to sense* its PRESENCE as this evening progresses in order to ascertain just how high the divine ENERGIES assembled here really are. The TEAM is ready to discuss your questions and we hope that the answers will enable you to be more in tune with your own progression, in order to recognise all the chances you are given to achieve something here on Earth. We hope that you show confidence, devotedness and LOVE in your work, so that you can absorb this information to then hand it on to all souls in need of it. We also hope that this indoctrination not only benefits you, but that it serves the overall picture.

It is not just our TEAM that is present here tonight, but there are also a great number of souls here to observe your work in order to keep progressing. They are here to learn to recognise how individual LEVELS operate here with you on Earth. These souls have been removed from their earthbound situation and they have found their way into the divine LIGHT. We are grateful that you represent an island within GOD'S LIGHT here, this gives these souls an opportunity to decide for themselves to enter the divine LIGHT. The work you perform within your circle here doesn't just involve advising souls on your physical plane by handing down information from the spiritual realm, but as a secondary

function, you also help through your LIGHT ENERGIES and with the help of the souls who protect this circle to guide willing souls into the HEREAFTER. We thank you for your divine LIGHT and for all the work you accomplish here within this room and beyond that on the earthbound PLANE on behalf of the spiritual WORLD. We are pleased that what you have formulated in regards to establishing a basis for your work so far progressed to a point where not just the people of this circle gain insights, but that we are able to reach many other people on this planet Earth as well. It is within GOD'S PLAN that you, as human beings, *recognise* that you *are a part of the WHOLE* and that you bear responsibility for your life, for *the meaning* of your life on Earth and that you will be confronted with your earthly existence once you're in the spiritual ARENA. We hope that you utilise all *your opportunities* in order to find your way into the divine.

LUKAS : GREETINGS IN THE NAME OF GOD, this is LUKAS writing. We are also pleased to be able to work with you once again tonight and we are pleasantly surprised to find such a lot of LIGHT assembled within this environment. It is always a great event for all of us, because there are unfortunately not too many points of contact here on Earth with a similar common goal. But good work can also be accomplished with the few contacts point available all over the world. We hope that the new theme will enrich all of you, not just you here, but also all those human souls who are ready to open the window to their soul in order to absorb the truth that is indicating your true reason for being. We have become a somewhat larger TEAM, because I have also called my WRITING TEAM into service and also the SPIRIT TEACHER and his TEAM who will later continue this work with my medium. It can therefore happen that we sometimes include something for pure practice, giving my medium the opportunity to adapt to the change. The new TEACHER will introduce himself.

(Change of type face)

ELIA : My name is ELIA. - I begin today for practise purposes, because I would like to take advantage of the present conditions and the mood the souls around here are in. We have been here for quite some time, but we have restrained ourselves from coming forth, we are here to observe. Our future medium has blocked any of our attempts to write to you every time. It functioned for the first time tonight. We are very happy about that!

(Change of type face)

LUKAS : GREETINGS IN THE NAME OF GOD! - I am back, it's me, LUKAS. Please put your questions now.

Question : Does every SPIRIT TEACHER work with his *own* WRITING TEAM?

(T. B: That's the way it is.)

Lukas : Yes, that's the way it is. We, as SPIRIT TEACHERS need a *cohesive* TEAM to write and also to speak. What we exactly do and what must take place in regards to ENERGY MATTERS is incomprehensible to you and needs visual observation. We are pleased that

ELIA managed to make a CONNECTION to my medium. You always banded another name in your head my friend and that was the cause for your writers block. The name you assumed was wishful imagination and this wishful imagination had to dissolve first before a new name, the right one this time, could come through. I thank you once again in the name of ELIA.

BARTHOLOMEUS: Dear friends, this is BARTHOLOMEUS speaking. As an old soul, one that could only participate on your LEVEL on a limited basis, I am grateful that it has been made possible for me to work with you here in this circle in order to learn and to allow the development of my soul to progress. I am grateful that this is possible with your help and with LOVE and humility I ask that the work you do here may bear many fruits and may enlighten many human souls.

Question : We thank ELIA for his willingness to co-operate with us and we are pleased to hear from BARTHOLOMEUS. But what can an “old” soul learn here in our circle? It is us here that have to be indoctrinated and not “old” souls from the spiritual realm.

SETHAN : What was meant here was that BARTHOLOMEUS has decided to work within the TEAM in a *more intensified* way in order to be able to progress in his own development. He has not been all too active within this physical sphere up to now, because he had to complete certain spiritual assignments first. He has decided to co-operate with this TEAM *more intensely* in order to be able to undertake another assignment within the spiritual realm. We, as “old” souls, also learn a lot through this CONTACT with you. Due to the FORMS of ENERGIES you emanate from here, you give us the opportunity to progress with our own targets. We, as “old” souls, must also continue to work on the CORE of our SOUL in order to go forward, be it to support other souls in an advisory CAPACITY or to become an active SPIRIT GUIDE for another medium. The learning process also includes the opportunity for an ENERGY EQUALISATION in regards to learning how to deal with people and agents (writing pen) and to learn how to reach your souls, your hearts and your divine inner SPARK. It is a learning process that will help us learn how to transform your human ENERGIES so that we can become active TEACHING SOULS for human souls here on Earth.

My friend, it must have been a surprise to you to find that a different SPIRIT ENTITY could announce itself through you and that you will be working with a new WRITING TEAM in the future. The new SPIRIT GUIDE is looking forward to working with you.

Medium : I am also looking forward to this, even though I always enjoyed working with LUKAS very much. Our collaboration was excellent, but it has now sadly come to an end.

SETHAN : Only writing with him has come to an end. The TEAM assembled around LUKAS will continue to be present. The new TEAM will serve as *reinforcement* so that we can continue to progress with the powerful and illuminating work we do here. LUKAS will continue to keep writing with you until the complete changeover can be affected. The fact is that the entity called ELIA intends to make the next step of your psychic development with you. The new TEAM will *always be present* from now on and this on in order to

force the pace of your combined efforts. Our whole TEAM will be enhanced though the presence of other spirit entities and they are offering you a higher LEVEL of LIGHT, which brings with it a *heightening* of the energetic EMANATION to the outside. This means that your CIRCLE of LIGHT *amplifies* and *expands*, so that you will feel *even more* spiritually anchored, because there is a higher divine VIBRATION available. Remember that all the SPIRIT GUIDES that have functioned though your talking-medium are still present here and that they continue to support and advance our work here.

Participant : Thank you. - Now to the first question of our new theme: *Cambridge scientist H. Meyers* coined the now still accepted term “telepathy” in 1882. The word originates from the Greek *téle* “far” and *páthos* “suffering”, “receptiveness”. Telepathy is the transmission of information from one human being to another and this *without any measurable physical interactions*. Telepathy is also called thought transference. The telepathic SENDER can make contact with the RECEIVER by means of the power of thought. This is our interpretation here on Earth. What can you tell us about this?

SETHAN : Telepathy, as this activity is called here on Earth, represents only a portion of *additional LEVELS* that also interact here, that is to say, that your thoughts are directed to ethereal REGIONS via the FREQUENCY ELEMENTS that surround you. We already dedicated a lot of time to the theme “The power of thoughts” in order to explain the ENERGY POTENTIAL connected to it.

- *Your thoughts do not simply dissipate, they are collected and they influence not only you, but also all other human beings. They represent a kind of telepathy, but one that is not consciously put into action. You do this on a subconscious level and you do not consciously utilise it to make contact with other people.*

The ability to entertain this kind of contact with one another is an ability you, as human beings, have been provided with as a divine PRINCIPLE. In regards to your ancestry, you are divine beings and therefore capable of not only sending thought energies between yourselves here on Earth, but also to make contact with ENTITIES who entertain contact with you here on Earth. You have the opportunity to structure your thoughts, to “neutralise” them in such a way that only those ENERGIES are released that *allow the reception of different kinds of thoughts*. But your spirit and your brain are unfortunately filled with such a lot of other thought energies that you have to expend a lot of effort in order to neutralise your thoughts, that is to say, *to push them into the background*. It is very difficult to entertain telepathic contact with other ENTITIES without any preparatory training, be they ENTITIES from spiritual REGIONS or sent thought energies from souls who are energetically connected to you.

Question : Are parts of this huge mountain of thoughts erased at some point in time?

SETHAN : You, as human beings, *not only mould your life* with your thoughts, but *also that of your Earth!* Thoughts are not neutralised, they continue to be present in certain REGIONS associated with planet Earth. This thought-energy is utilised as a culture medium, not just

by the NEGATIVE SIDE, but by the POSITIVE SIDE also. You can *initiate* good or evil with your thought energies. Thoughts represent ENERGY FORMS and they are looking for somewhere to go. Negative ENERGY will also find its way, there where it is supposed to go.

Question : What exactly are “sins” and is there such a thing as the forgiving of sins?

SETHAN : To “sin” means that you, as human beings, are responsible for the negative thoughts that typify *you* when they *trigger* negative actions. You will be presented with these thoughts *after your crossing over* into the spiritual realm and you will then recognise all the damage your thought patterns and all the NEGATIVE ENERGIES you released have caused.

The forgiving of sins can *only then* take place, when you are ready to turn towards the DIVINE and *faithfully* ask to be forgiven for what your sins, as you call them, have done to people and to planet Earth. Your human sins will then be purged and transformed into positive ENERGIES. Divine ENERGY FREQUENCIES will then be your companions so that you can realise your journey within the spiritual realm in such a way that it will enable you to ascend to higher SPHERES.

Question : Does telepathic thought approach people from outside or from inside?

SETHAN : Telepathy comes from within, that is to say, through what you are trying to send telepathically and also from without, through the ENERGY FREQUENCIES sent to you from somewhere else. Your RECEIVER is unfortunately not switch on and this means that these ENERGY FREQUENCIES cannot find a way to a human RECEIVER or SENDER, meaning that you continually *waste* and emit ENERGIES which do not *hit the target*. Your thoughts IMPULSES are freely sent to other people, but they are not able to assimilate theses IMPULSES, these FREQUENCIES. A human being not only represents a SENDER STATION, but also RECEIVER STATION, the problem is that your RADIO SET is out of date and that it has not been adjusted for optimum operation to recognise this.

Question : In spite of quantum physics, a physical explanation for telepathy is presently impossible to expect from physicists. But if there ever was a physical explanation for telepathy, today’s physics would be seen as utterly incomplete. To close such a gap would surely be deserving of winning a Nobel Price. When will this gap be closed?

SETHAN : Mankind has made great strides in many areas. Many have recognised that *new ideas, new information* is available through meditation. They have recognised that they can gain *access* to other SPHERES, which are usually only accessed through the medium of drugs, through the power of their thoughts and by neutralising thoughts. They end up in SPHERES that are still impossible to assess here on Earth.

- *The gap will then close, when mankind is prepared to acknowledge that the spiritual realm exists and that therefore ENTITIES do exist that are willing to go about their*

business here on Earth, not just in the way things happen within this circle, but in other ways as well.

Question : Telepathy is about the direct transmission of mental processes like thoughts, feelings and perceptions to other people and this outside of our known sense organs. Telepathy cannot be switch on like a radio. Most of the time, telepathy takes place spontaneously and not when we want it to happen. What factors are involved that decide whether telepathy will eventuate or not?

SETHAN : Most people employ telepathy on a *subconscious level* at the present time or *without* a specific purpose. Thoughts find their target when the RECEIVER and the SENDER are linked together; thoughts, feelings and information will then reach their target. There must be a strong inner connection to another soul present before a FREQUENCY MODULATION can take place, meaning that souls have to be closely in tune with one another and they have to utilise the same FREQUENCY LEVELS. They send their thoughts on a special FREQUENCY LEVEL, thereby excluding the world of matter from having an influence. This opens a DOOR and it allows you to sense impressions, thoughts or feelings from another person.

Question : To what degree can *deceptions* and *intentional trickery* by spirit entities be *excluded* from telepathy?

SETHAN : This is only then possible, when the one receiving the information tests the results, because there are also negative souls sending negative thoughts.

- *The NEGATIVE SIDE certainly also has an influence on these LEVELS in order to be able to have a mental effect on a person. It continually takes self-testing in order to ascertain whether the received sensation harmonises with one's own feelings.*

It is difficult to explain, because:

- *Telepathy can only be effected within a limited range here on Earth, that is to say, that you are only able to perceive SHORT BURSTS of IMPULSES.*

For those receiving these IMPULSES it is important to ascertain whether they can be accepted and interpreted by them, that is to say, whether the connection *harmonises* with their own feelings and level of consciousness so that the connection *can be recognised as positive* and to ascertain that the MESSAGE was *in fact* from another human soul.

Objection : You told us that we can “only perceive SHORT BURSTS of telepathic IMPULSES”. The ufologist *Hermann Ilg* received all information contained in his booklets via telepathic dictation.

SETHAN : We are dealing with exceptions here. It isn't a situation where mankind on this planet is presently willing *to acknowledge, to accept* and *to utilise* telepathy.

Question : Should one ask the spirit entity one is in telepathic contact with whether it acknowledges CHRIST as the victor over Lucifer?

SETHAN : The cooperation between a spirit entity and a human being takes a long time to prepare, a lot of intimacy and trust. It implies:

1. *That the human soul recognise the fact that he or she is a divine being and that the CREATOR is factual and real, that he acknowledges the CREATOR as the ORIGINAL SOURCE of all life and that he or she is a part of the whole picture.*
2. *That everything here on Earth that constitutes his or her human existence is hallmarked by the LOVE and the LIGHT that GOD implanted in all of us; this entails the acknowledgment of this divine LIGHT and also the acknowledgment of the ENDOWMENT the CREATOR has in mind for them.*

If all of these prerequisites are *in position*, any spiritual CONTACT will be *positive* and you will recognise that the cooperation of spiritual GUIDANCE is a *positive, useful* and a very *benedictory* one for the people on Earth.

Question : Is thought transference basically only possible between two FORCE FIELDS of entities *oscillating* on the same level?

SETHAN : This is presently the *first* prerequisite anyway to be able to recognise an advance in one's telepathic progress. There must be determining factors in place at this point in time in order to have an area of implementation so one can work telepathically in the first place. It benefits no one if you try to make contact with some strangers in a café.

- *The first thing you can do to augment your telepathic LEVELS is to begin to practise in those areas where a great inner connection, an intimate connection and a soul relationship exists.*

Question : Reliable thought transference is therefore dependent on an *analogousness of nature* of both parties?

SETHAN : Not necessarily. You can also make telepathic contact with people occupying a *different* level of awareness. If you think of *mentally handicapped people* for instance, you will find out how easy it is to make contact with them in this regards. They actually switch off their thoughts and the physical awareness completely. They are certainly in a position to guarantee high quality results in these spiritual areas.

Question : Both parties do therefore not have to be on the same level of spiritual development?

SETHAN : This is what is meant by this. The spiritual level of development does comprise the fact that you originate from *the same* SPHERE of EXISTENCE, but that you certainly might come from a different, earth-like planet. This doesn't mean that your mental and spiritual developments are different and that they are not homogeneous in regards to one another. You live on a plane of existence with physically different levels and various levels of

development, but that certainly doesn't mean that you are *any less capable of* entertaining telepathic contact. - These are the finer differences that have to be recognised first in order to find out to what degree telepathic abilities are present.

Question : Magnetism also possesses a long-distance effect without contact. Is this type of long-distance effect comparable to telepathy?

SETHAN : This represents a different structural plane, because a magnet consists of different elements and compositions. It represents the attraction of various types of polar vibrations and has nothing to do with telepathy. Telepathy is a flowing process and it can dock with something *everywhere*. Thought and telepathic alignments can have a *considerably wider influence* and they reach far beyond your country's frontiers. Magnetism comprises a *relatively* limited level and it is always the connection from one pole to the other. It isn't as widely dispensed and targeted. Telepathy has a *far wider effect*.

Question : Electro-magnetic waves lose their intensity to the square of the distance away from the source. One of your psychic messages mentioned that the intensity of telepathic contacts *increases* as the distance increases. How is this possible?

SETHAN : This is difficult to explain. Telepathic ENERGY IMPULSES must break through the physical regions. A THOUGHT IMPULSE is sent in a linear fashion and not fan like. When breaking through the mental FREQUENCY FIELDS that surround you, that surround everybody, and through the ensuing entry into the ethereal REGIONS, the IMPULSE *is amplified* and sent on its way with amplified intensity.

Question : Does the lack of our ability to concentration represent the *actual* weak point that hinders any successful telepathic contact?

SETHAN : One has *to recognise* to begin with that one *possesses this ability in the first place*, that one is quite clear about the fact that one is able to send language, feelings and emotions through one's thoughts, on a verbal level so to speak. This is the first step, to recognise that this opportunity *exists* and that *every* human being possesses this ability.

It also takes *thought control on a regular basis*, namely that one consciously tries to neutralise and to moderate the thought patterns that *exists around us*, that is to say, that one *engages with the divine WORLD from within oneself* and that one has to enter these divine PLANES. This changes one's corporeal-physical level. With the help of one's spirit one can enter the ethereal WORLD and this opens up the opportunity to put telepathy into operation.

- *One has to mentally leave the physical world in order to send one's thoughts in the ethereal WORLD.*

Question : How does one best keep one's own thoughts under control whilst attempting telepathic communication?

SETHAN : It takes training and this entails *a lot of patience and tolerance in regards to oneself* and it also takes a lot of time, effort and energy. One has to rigorously work on oneself to achieve a state of *neutrality in one's head*. One *psychically moves sideways*, one “displaces” oneself so to speak. It is a little like taking one's jacket off, that is to say, a part of one's physical side is relinquished *thereby* giving the ethereal PLANES the opportunity to have a greater *effect*, so that a situation arises where thoughts can be *purposefully* send and also received. It is like having a silhouette standing next to you and you possess a line to other REGIONS in order to transform these FREQUENCIES.

Question : Does one have to leave one's physical body for a short period of time?

SETHAN : No, certainly not. All you do is *utilise* the ethereal WORLD, which happens to be around you anyway.

Question : How sure can we be that none of our *own* thoughts creeps into the proceedings, thereby falsifying the received message?

SETHAN : You will *recognise* the difference between ALIEN ENERGIES and your *own* ENERGIES. This also takes a certain amount of training. You will recognise very swiftly when ALIEN ENERGIES become noticeable and you will be able to ascertain which ENERGIES stem from your own ENERGY SOURCE.

Question : You have mentioned this before: What is the best guarantee for a *dependable*, permanent telepathic connection with the SPHERES of LIGHT?

SETHAN : It is above anything else *the divine LOVE* and *the devotion to the CREATIVE ENERGY*, that is to say, the opening if your CHAKRAS to the ENERGIES the DIVINE sends you.

Question : There are scientists that are convinced that so-called MORPHOGENETIC FIELDS exist in our world and that they invisibly connect everything and everybody. Is such a MORPHOGENETIC FIELD the medium that transmits telepathy?

SETHAN : These FIELDS represent ENERGY-ELEMENTS that are necessary to deal with the ethereal PLANES that exist around your planet. It is the CREATIVE FORCE that sends its IMPULSES to this region in order to sustain this ETHEREALITY around you, so that you don't lose your divinity. The physical is just an outer shell. You are surrounded by ETHEREALITIES and by ZONES in order to exist here at all. These ZONES are necessary to secure your connection with the ethereal PLANES.

Question : English titmice are supposed to have learned to open the tin foil covers of milk bottles and this in a very short time. This trick has been picked up by other titmice so that titmice *on islands far removed from England* now also possess this ability. One assumes that MORPHOGENETIC FIELDS play a part here. Can you confirm this?

SETHAN : Not MORPHOGENETIC FIELDS, but ethereal PLANES, fed by ORIGINAL ENERGIES, that is to say, that the thought power of these birds carried this ability to other parts of England and this through the ethereal ENERGY STREAMS around every creature here on this Earth. This ability was also transported to other areas on Earth and this through the thought energies emitted by these birds.

Question : *Dr. Rupert Sheldrake* carried out a sensational experiment with a parrot and its owner. This bird was able to speak well over 500 words and also complete sentences. This researcher positioned the parrot in one room and its owner *Aimee* two stories lower in another room and this in front of cameras. *Aimee* now opened envelopes with pictures she was not allowed to see beforehand. This produced astonishing results, because this bird seemed to receive the thoughts of its owner. The remarkable thing about this movie is *that we see the parrot telling us what its owner was looking at!* This parrot somehow picked up her thoughts and her observations and uttered them in plain English. This is something very special, because in many other cases of telepathy, for instance with cats and dogs, one can only draw conclusions about their telepathic abilities indirectly, through their behaviour. What do you say to these experiments?

SETHAN : This experiment is real and it is related to the fact that the bird, the parrot possesses a much higher quality of life than other animal species. This parrot disposed over information and thoughts from its owner, *because they had a close association with one another over a long period of time.* These thoughts and telepathic transferences are there due to *training*, this film shows us that something like that is possible. It is bona fide and it represents reality.

Question : The next couple of questions are probably superfluous now: Can the energy a human brain emits influence another human brain a great distance away?

LUKAS : It isn't really the physical brain that plays a part here. The brain does emit certain IMPULSES to the ENERGY FIELD around you that is individually different. The FREQUENCIES directed at the recipient are build upon from this graduated FREQUENCY ENVELOPE. The physical brain is of no great importance here, because this connection also functions *without a brain*, a telepathic connection between SPIRIT ENTITIES would otherwise be impossible.

Question : We would also like to ask you: What is telepathy?

LUKAS : Well, Telepathy is the non-physical connection between two human or animal entities, whereby the *distance* between these entities plays a *subordinate* role.

- *It is important that a harmonious attitude in regards to this activity is established, the UNIVERSAL FIELD, present throughout the universe, can then be utilised as a FREQUENCY TRANSFORMER. Imagine a see-saw: If one side is lifted up the position of the other side changes in synchronisation. A telepathic connection works something like that and it takes place at, for you, an unimaginable tempo.*

Question : Does telepathy only function when both parties possess the same rate of FREQUENCY?

LUKAS : That's the way it is, to begin with, both partners have to be in agreement that the possibility of a telepathic connection actually exists, any attempt would otherwise be futile. It is also important that both partners concentrate on one another. The ability to adequately concentrate is absolutely necessary. It isn't like many a meditation, where one settles down with good intensions, but where one's every day thoughts gradually disturb one's own meditation.

- *He, who does not concentrate on the job in hand, that is to say, he, who cannot HARMONISE with it, will hardly be able to establish a telepathic contact.*

This is particularly important because it usually doesn't function straight away at the beginning and it takes quite a while before contact can be established. People are unfortunately always looking for *quick* results. This is a problem and particularly so for the spiritual WORLD.

Question : Is the individual FREQUENCY FIELD synonymous with one's personal AURA FIELD?

LUKAS : Yes, that's how it is. The staggered, ethereal BODIES that form a part of the AURA are meant here. These ENERGY BODIES, layered like the make up of an onion, in conjunction with the SOUL'S CORE through which everything flows, establish the connection with the UNIVERSAL FIELD of the cosmos.

Question : How can one best develop one's telepathy?

LUKAS : By *training* one's *capacity to concentrate*. Meditation is a good preliminary practice in this regards. Meditation is important, we have mentioned that to you often enough!

Question : If one's AURA FIELD and one's ability to concentrate are so important in order to be telepathically active, should one not also protect one's AURA from damage from alcohol, nicotine and other drugs and avoid vibrations like envy, hatred and immoderate mourning?

LUKAS : The ability to concentrate makes contact with the AURA FIELD possible and thereby also with the SOUL'S CORE. Once this connection has been established the ENERGY FIELD present throughout the universe will be nudged into action by the SOUL'S CORE. The ability to concentrate is *a lot more pronounced* in native tribes, because they do not clutter their spirit with senseless nonsense that foul mental VIBRATIONS. The connection to another member of the tribe is therefore a lot easier to accomplish. You must first empty the vessel that is your brain, before something new can be poured into it. If the AURA is impure, that is to say, overtaxed with negative thoughts or drugs or if a mental affliction exists, telepathic contacts will by necessity also be negative. Birds of a feather...!

Question : If one thinks about another person, are the thoughts that arrive at the door of this other person comparable to telepathy?

LUKAS : If this person is sensitive enough, yes. These thoughts will then arrive without this person having to concentrate. The other party *feels* the connection. This is especially the case with identical twins. They are so closely related that they find this to be something completely natural and they are not aware that they influence one another reciprocally. What identical twins often display on the outside is often amazingly identical. This is an example of excellent HARMONISING and it leads to mutual actions.

Question : Is it *simpler* for a spirit entity to make telepathic contact with another soul?

LUKAS : It is easy for us, as spirit entities, if the human child *believes* that this possibility exists. Only when one believes that something can be accomplished and one makes a concerted effort will it succeed.

Question : Is telepathy an ability every human being has been endowed with?

LUKAS : Yes, every human being without exception, all of you have this ability inside of you. But who is willing to do something about it. Television and computers are often more important.

Question : Do the negative WORLDS dispose over such abilities also and can they employ them just the same?

LUKAS : Naturally, negative ENTITIES would otherwise not be in a position to play with you like marionettes. This mainly happens to people in power, because they possess a markedly higher potential for destruction than others and that makes them *especially interesting* for negative ENTITIES. This is why the spiritual WORLD cannot transmit GOD'S PLANS in their entirety, because the negative WORLD would get wind of it and take counter measures, sometimes in connection with terrible disasters. We always endeavour to tell you the things that you absolutely have to know in order to take your fears about the future away. Telepathy and other mental abilities go hand in hand, that is to say, a suggestive ENERGY is also a telepathic ENERGY, one can't really separate them. You have unfortunately introduced false terminologies but we, your TEACHERS have to use them so that you can understand us at all.

Question : You said that one should clear the head through meditation. Are there *specific* techniques for this?

LUKAS : Yes, that's right. Meditation represents a *very good preliminary practice* and it helps you to let go of your own thoughts thereby removing any barrier that might act as a blockage. You should sit down peacefully for a while and learn to deal with your thoughts, present in so many multifaceted forms. It isn't easy to learn to *not think for a while*. Many people think that this is impossible. But it works! Meditation is one preliminary practice.

- *Only take notice of your breath flowing in and out during your meditation, this will detach you from your thoughts and unfamiliar thoughts can flow into your ready-to-receive spirit.*

Question : Is telepathy one of the senses we have to redevelop for our new, future consciousness?

LUKAS : No, not really. At the moment you relinquish your physical body, telepathy will be your instrument of communication anyway. *Telepathy is the UNIVERSAL LANGUAGE* of the cosmos and the spiritual realm. You are spirit entities endowed with a physical body and not a physical body with a little bit of spirit. That is the difference! You are *born with telepathy*, that's how I would like to express it, whereby the being born bit is meant as follows:

- *As you were created out of GOD'S substance, the ability of telepathy was placed into your spiritual CRADLE. The thing that hinders you from exercising telepathy is matter, the thing that you're surrounded by here in this world.*

Question : Are there any more abilities we have had no access to so far?

LUKAS : Well, you are the best example for this and you should really be aware of it: Your *clairvoyant abilities* will be, if you wish it to happen, developed further and within a time frame of your choice. - It is *telepathy* with our friend here and all it takes it a small IMPULSE initiated by him. His inner drive is presently, unfortunately not as great as it should be. The wish to accomplish something must be enormous, nearly *overwhelming* and *then* something will happen.

Question : Has the so-called third eye something to do with telepathy?

LUKAS : We can reach many people through the third eye. The third eye is primarily used during the cultivation of clairvoyant abilities and in regards to telepathy, not quite as engaged.

Question : What is the connection between telepathy and the so-called "sixth sense"?

LUKAS : Well, you as human beings possess *many more sense*, but they are presently lying fallow. Clairaudience, something some of you have subconsciously developed and something that is present in a rudimentary form, is also part of this. The "sixth sense" covers the projection of the future.

Question : Has telepathy been scientifically researched?

LUKAS : Oh yes, telepathy has been researched scientifically whereby many were of the opinion that they were dealing with their *own* thoughts. Telepathy can also be found in the area of spying, that is to say, the unnoticed acquisition of information. Telepathic experiments were also carried out with animals - and successfully I might add. But negative experiments with animals do not possess *any divine aspects*, especially not when they mainly serve military purposes and to a lesser degree research into the divine spheres.

Question : Is it *important* for us here in the physical to recognise telepathy as an existing ability?

LUKAS : You, as human beings would kill two birds with one stone, as you like to put it: On the one hand, it is the rediscovery of an ancient form of communication in a physical environment. On the other hand, you learn to guide your sometimes chaotic thought sequences along correct lines.

- *He, who mastered telepathy can utilise the help offered by the spiritual realm and this in a form that will stabilise his whole life and also intensify his faith in GOD and HIS REALM. But you, as human beings, must want to do so!*

Question : If telepathy was mastered by *all* people...

LUKAS : There would be no more wars!

Question : ...and all thought processes were pure and clear, would the DARK SIDE no longer have access to mankind?

LUKAS : Provided that the telepathic contact between people *is positive* and aligned with the divine, it would spell the end for the negative SPIRIT REALM on Earth. Don't forget that the OPPOSITION is in command of telepathy and there are a lot people on Earth that *work on behalf of* that SIDE and are *subconsciously* fed negative ideas via telepathy. You would recognise a positive, divinely orientated CONTACT immediately. There would be no doubt at all. This can bring about some excellent messages from our side which exhibit some eminent TRUTH without the medium's influence.

Question : You said that one could establish telepathic contact with animals. Does the same apply to plants?

LUKAS : Animals are able to do this very well. In regards to plants it is more of a *ready-to-receive* situation, one that allows them to react to the VIBRATIONS that flow around them. In contrast to that, contact can be established with animals, especially if man and animal have had an association over many years, it then quite often happens *automatically* without one having to give it a lot of thought. It just happens, without one having to work towards it.

Question : If positive thoughts are the foundation of telepathy, why is it so difficult for us, as human beings, *to keep* our thoughts within a *positive* framework?

LUKAS : Because you are surrounded by a plurality of negative VIBRATIONS and you are all too often hopelessly thwarted by them. You get involved with these types of VIBRATIONS *all too easily* and thereby receive *negative* INSPIRATIONS through them. This is a fatal mistake made by your side! - We sometimes get the impression that mankind on Earth prefers to live in fear and horror than to listen to our recommendations and to incorporate them into their daily life. You are like a ship in a storm, but without a helmsman and

when a helmsman wants to take control over the rudder of your ship, you chase him away.

Question : Is the time here where it becomes necessary to train one's telepathic ability in order to make contact with spirit entities that now show an increased interest in us?

LUKAS : One ought to not just train one's telepathic ability, but one should tackle, research and apply the whole spectrum of psycho-scientific research as soon as possible. Only when you *have recognised* the enormous potential within spiritual work, will you *be prepared* to invest *more* time and thought energy in it. - You live in tragic times, full of confusion and chaos. But it was your choice, all of you, to live at *this point in time* and this *this* country and to *participate* in the spiritual development, without forgetting all about yourself.

Question : Apart from telepathy, what other abilities does man dispose of?

LUKAS : Well, across the whole spectrum. What is meant here is *everything* your brain responds to and *fully* applies. These include: Telepathy, telekinesis, precognition (The ability of projection) etc. All the mental capabilities you know are meant here, everything that assists people to rise above the present situation and helps to bring his confused situation here on Earth back on a divine track.

Question : What is meant with the sixth sense?

LUKAS : Everything beyond you five human senses is a part of it. Everything just mentioned is within this sixth sense. This definition is actually incorrect, because there are *very different* kinds of senses, but they are all related to *one* BASIC ENERGY. Looking at it like that, one can apply the term "sixth sense" only with reservations.

Question : The sixth sense therefore represents a kind of reservoir of various psychic abilities?

LUKAS : Yes, you are right. You have *misnamed* a lot and above all *misappraisal* a lot. It would go beyond the limits of this evening, if we would have to list everything.

Question : Is telepathy *easier* to learn for children and teenagers?

LUKAS : The older a person gets the less likely he is ready to open up to this. This is unfortunately the case most of the time. Children and teenagers are not as interconnected with your world and this makes it easier for them to accomplish a telepathic connection or other spiritual activities. This changes with increasing age and this to a point where the adult asks *for the meaning* of the life lived so far. A turnaround can eventuate, if the adult pursues this important question. But that is not the rule. Most people take their ignorance with them to the spiritual realm.

Question : Do babies utilise telepathic connections?

LUKAS : Absolutely, especially the connection to their ORIGINAL HOME. An expectant mother often makes CONTACT with the child through telepathic means, respectively to the soul that hangs around her waiting to be incarnated. But faith that something like that is possible must be present, otherwise people do not anticipate these fine VIBRATIONS.

Question : Can you point out rules we have to abide by in order to further and secure our telepathic progress?

LUKAS : It takes *self-discipline* in the first place, that is to say, mental contact to our LEVELS ought to be maintained throughout the day if possible. This can also function whilst you go about your daily business. There are only a few individuals within your economy and also in your politics that allow themselves to be guided by this. They hardly make use of any opportunity to publicise this, because they fear ridicule and laughter. Therefore many things that could give your world a great impetus remain secret and in darkness.

Question : Can one influence and control other people through telepathy?

LUKAS : This is not possible through telepathy. But there are suggestive potentials. Apart from that, there are other things being researched that can effect this sort of thing. With this, one tries to silence those that speak out against the destruction of the environment, against wars, against the machinations of your upper echelon. But this is not going to be that easy I can tell you that right now, because these people have not taken the PUBLICAN into consideration, who will present them with their bill at the door when they leave.

Question : The term “telepathy” seems to go out of fashion more and more these days. The denotation of “*remote viewing*”, a kind of perception from a distance, has been banded about for a number of years now. This makes sensitive people try to describe places and objects through concentration and this with sometimes astonishing results. Does telepathy, respectively *remote viewing*, represent one potential instrument in the hands of secret services in our world?

SETHAN : We are dealing with trained souls here and they have discovered this ability especially for themselves in order to apply them for their own needs. They have recognised that information can be transmitted via these special channels and they take advantage of this divine GIFT. But they are not in a position to work *against* GOD’S divine WILL, that is to say, they *can* make telepathic contact with one another, but they cannot be employed to *conjure up* conflicts or wars. They can employ their telepathic abilities to inform themselves about events taking place in other regions of this world. Telepathy is at the disposal of every single human soul on this Earth.

Question : In 1980, Italian terrorists from the “Red Brigade” kidnapped the American *Brigadier General James L. Dozier* from his private estate in Verona. When searching for the general, his location was supposedly ascertained through “remote viewing”. The person applying this remote viewing was able to give detailed information about the surroundings where Dozier was kept captive. He declared that the kidnap victim was held

in a blue tent above a supermarket in Padua. A statement that sounded highly unlikely. They actually did find that Dozier was kept inside a blue tent in the middle of a room during his captivity. The flat was located on the first floor above a supermarket. How does such detailed imagery, with such accuracy come about?

SETHAN : The world powers on this Earth make use of those human souls who possess these telepathic abilities. They are already sought-after at a young age and specifically trained for such situations, that is to say, one utilises their mental abilities to employ them in certain situations. People with these abilities are partially exploited, because they do not employ their abilities of their own accord, their tasks are *stipulated* by the military. Certain areas of their abilities receive special training and this includes Parapsychological abilities, something the scientist dealing with this have recognised and categorised, that is to say, that these mental applications of energy are utilised and that they can be employed on behalf of their own interests. They represent scientific fringe inquiries and they are there to develop this particular area of psycho-science. All of this happens in secret and it is not open to public scrutiny. There is only a small group of scientist involved with researching these phenomena. They know of these abilities and they are absolutely aware that these abilities exist and this is why they are used for these purposes.

Question : How can one protect oneself from unwanted telepathy, respectively from unwanted suggestions?

SETHAN : This only works if you keep yourself pure from negative thoughts. You will then be able *to recognise* when UNWANTED ENERGIES, which are not exactly healthy for you, force their way in. You will *recognise* that something is taking place within your body and your spirit that is identified by you *as a perturbation*, because you dispose over a good SENSOR, over a divine SPARK *that signals to you* when something is *not* in order. You also become aware when illnesses affect your body. You know that there are symptoms that you can locate and perceive absolutely consciously. You would certainly notice any unwanted influence through negative ENERGY STREAMS and you would mentally and subconsciously protect yourself by emanating LIGHT so that these ENERGIES cannot penetrate to you.

Question : There were apparently comprehensive telepathic trials undertaken in the former Soviet Union. One was able to ascertain that is was of no consequence whatsoever just where the person involved in the trials was located. What are the limits when it comes to telepathy?

SETHAN : Telepathy is an *unlimited* ENERGY VIBRATION and it doesn't just encompass this globe, but it also leads across to the spiritual PLANES. These types of ENERGY VIBRATIONS know *no barriers at all* that might hinder their progress. Your telepathic, mental nexuses can take place all around your planet and they even *go beyond this planet*, so that other inhabitants on other planets can receive these telepathic thoughts.

Question : Can telepathically gifted people find out the location of *any* person one is looking for?

SETHAN : A highly developed telepathic soul can certainly be in a position to locate and perceive the whereabouts of people even if their HARMONISING VIBRATIONS are unknown to that soul, but that doesn't mean that the person one is looking for also perceives these VIBRATIONS.

Question : Is it possible to ascertain the locations of chemical and nuclear weapons and also the whereabouts of terrorists with the help of remote viewing?

SETHAN : This is by all means possible and it has already been applied in the past.

Question : There are reports by defectors that the Soviets have tried to influence American government personnel through telepathy and in the worst case, even kill them. Is something like that even remotely possible?

SETHAN : This is *impossible*, because GOD'S WILL controls everything, that is to say, that the NEGATIVE VIBRATIONS send telepathically only have an effect within this power politics when the NEGATIVE WORLD also applies its ENERGIES, that is to say, when *both sides* send their NEGATIVE ENERGIES. It cannot happen that a divine ENTITY is killed by *one* side only, one that is negatively polarised.

Question : What happens when a negatively motivated person and the NEGATIVE WORLD affiliate, can they *then* kill someone against GOD'S WILL?

SETHAN : That's right. These represent PLANES of ENERGY that cannot be regulated by the CREATIVE FORCES, *because man's free will comes into play*.

Question : The former Soviet Union was supposed to have put telepathy into action as a cold war weapon in the sixties. What can you tell us about that?

SETHAN : We can tell you that they actually tried to influence events during the cold war with the help of telepathy. But this was eventually prohibited and it is not encouraged by the divine SIDE. Telepathy ought to be utilised in a divine SENSE.

- *Divine telepathy can only come about when the purity of the CHANNEL and the purity of the divine ENERGIES can be guaranteed.*
- *It is impossible to employ telepathy to influence people in a way that they will kill one another. This is only possible when man's free will is broken and the decision is made to kill someone and when it is then applied with the help of the NEGATIVE WORLD. But it is impossible to influence a divine entity, one unwilling to kill anybody, through telepathy.*

Question : The following experiment can be regarded a standard telepathic attempt: A sensitively gifted test subject sits opposite an examiner. The examiner looks at randomly generated cards or pictures on a monitor only he can see. The telepath must then either indicate

what cards the examiner is looking at or draw the motive of the pictures. There have been quite impressive results every now and then over the last decades. Many tests revealed that some people apparently *actually* possess the ability to read someone else's mind. Just how accurate are these types of tests?

SETHAN : There are undoubtedly investigations verifying that telepathically highly brilliant people possess this ability, that they respect the divine RULES and that they have control of their power of thought to such a degree that they perceive what the one looking at the cards feels inside. The other's thought arrives telepathically at the one who possess the telepathic ability. It is feedback, controlled through the channels of your ethereal PLANES. Barricading the telepath's own thoughts allow the thought energies of the other person to enter the telepath's thought process.

Question : What preparations are necessary before undertaking a telepathic experiment?

SETHAN : It is important that the one with the telepathic ability, and who successfully managed to keep his thought energies under control and neutral, *recognises* that this CHANNEL should remain open in order to receive information. This ability requires one's own, intensive LEVEL of SERENITY, that is to say, that the spirit finds a LEVEL of SERENITY, whereby it will not be disturb or brought into disarray by the environment. This means that the SPHERE the SPIRIT PLANE finds itself changes. You are then in a FIELD of VIBRATION that is subject to other CONTROL ORGANS. Meaning that you will be protected by ENTITIES that accompany you and observe your telepathic abilities in order *to enhance* this divine GIFT. This entails conquering one's own judiciousness. You change the way things access you and you then see through completely different CHANNELS.

Question : What are the prerequisites for a telepathic experiment to be successful?

SETHAN : It is important that you *make contact with yourself* through meditation and inner peace, so you can *regulate* your thoughts and *change* your outlook. There are monks on your Earth that undertake time-travels and experience visual events in other SPHERES by blocking their mental activities. It is the conquering of the spirit and the physical and the telepathic ability represents a subordinate section of this.

Question : The question about the cause of telepathy remains unresolved to this day, that it to say, how telepathy actually works remains unresolved. Can you explain this to us one more time?

SETHAN : Telepathy represents a change within your LEVEL of VIBRATION, that is to say, you will enter an ethereal REGION where you will conquer the physical things that hold you back and this through your mental powers. By switching off your thought energies you have the opportunity, like looking through a telescope, to perceive other LEVELS and to recognise and locate other thoughts and voices. You can adjust your SENDER to a *certain* FREQUENCY so that you can make contact with either a SPIRIT ENTITY or

with other entities on this planet. Distance doesn't play a part in this, because the overall picture changes in the process.

- *You can send your telepathic ENERGIES beyond your planet Earth so that ENTITIES on other planet can also receive them and send you something in return.*

Question : Most unexplained POWERS are better developed in animals than in people. Under normal circumstance, dogs apparently are the most sensitive, followed by cats, horses and parrots, whilst man lags far behind. Why is this so?

SETHAN : You, as human beings, are very closely linked with the whole physical world through your coarseness. You are linked with planes that *hinder* you from putting your supernatural abilities into practise. It is very difficult to explain these ETHEREAL PLANES to you, because it is very difficult for you to perceive these ETHEREAL PLANES with the senses you're equipped with in order to exist here on Earth. You are squashed into a physical body and this makes it difficult for you to interact with this ethereal PLANE of VIBRATION. Dogs, with their enhanced sense of hearing, were deliberately equipped with this enhanced sense of hearing *in order to show you* that there are frequencies imperceptible to the human ear, but that animals are able to perceive these tones. It is an incentive to deal with this on a scientific basis in order to show that you, as human beings, are certainly in a position to go beyond the *limits you set for yourself*, that is to say, that you possess the ability to recognise and to apply the divine LAWS so that DOORS to a completely different WORLD will open for you.

Question : A dog was filmed by a camera, whilst his master was filmed outdoors. The owner of the dog ambled through town whilst being observed when he suddenly decided to return home, to return to his dog. The camera documented that the very moment the owner *made the decision* to return home, the dog stood up and went to the door to wait for its owner's return. Repeating the experiment brought the exact same results. These trials were documented by the BBC. How is this possible, because a dog cannot do anything with the mental vocabulary of its owner in the first place?

SETHAN : This becomes possible through the dog's higher developed sense, senses you as human beings *do not possess*. The dog can locate these perceptions a lot easier and from a greater distance with the help of its sense of smell and hearing than you can with your five senses. Due to its heightened sense of perception the dog enjoys a much greater radius of perception to notice these changes and these VIBRATIONS.

Objection : But acoustic hearing and the sense of smell are limited.

SETHAN : Based on the dog's closeness to a human being and if an inner association has taken place, it is certainly in a position to perceive something like that from an extended radius around him. Cats also find their way back to the one's who have brought them up and this over hundreds of kilometres; an existing CONNECTION that is difficult to understand for you.

Question : These experiments are not always crowned with success. Why is this so?

SETHAN : It always depends on how the animal and the human being are connected to one another. Divine LOVE also exists between a dog and its master and it might continue beyond the grave, that is to say, a connection that is so close, that it even remains intact in the spiritual realm.

Question : Can one apply the term telepathy in regards to animals that sense the return of their master?

SETHAN : This is not telepathy in the sense of it being the same ability you, as human beings, possess. It is a connection that functions through a FREQUENCY that is *not* connected with telepathy. Animals do not recognise that their master approaches, but they recognise *that something familiar is approaching*, something positive and in connection with a person they trust and feel comfortable with. This has nothing to do with telepathy.

Participant : I had an interesting experience today with a dog I mentally signalled something positive to. He immediately pricked up his ears and behaved as if he had perceived something.

LUKAS : Well, you could observe this *a number of times*, couldn't you? It is exactly as we mentioned before: Animals possess special SENSES, allowing them to perceive SIGNALS from human beings. It is a kind of *picture language*, which when *paired with words* can trigger certain VIBRATIONS in animals to which they then react. This also applied in your case and this made this dog react to your concentrated thought waves.

Question : A flock of birds or a school of fish can change their flight path, respectively the direction they swim in, like greased lightning. Does this group-coordination have anything to do with extrasensory perceptions?

SETHAN : These are senses of orientation you, as human beings, only have at your disposal through technical means. You can only fly an aeroplane when you have the appropriate monitors to do so. You need a compass or radar in order to recognise whether there are any objects or bodies in front of you. Birds are equipped with *special senses* so they can perceive from a distance, whether something moves in the air that might not have their interest at heart. Birds often swarm together, like fish do. If you throw a stone amongst a school of fish you will see how the school separates immediately to then reunite into a formation within seconds. Birds use the leading birds as signallers. Their own ability to orient themselves is not diminished because of that, because they orientate themselves on the leading birds.

Question : There are animals that become agitated before an earthquake. Dogs warn their epileptic owners from an approaching attack; during the gulf war, a dog in an Israeli kibbutz sensed an air-raid warning well before the siren sounded and was the first to run into the bomb shelter. How is it possible that animals can sense something like that?

SETHAN : Animals are equipped with *completely different senses* than human beings. You can learn a lot from animals and you have already diverted some of that knowledge to your sciences. Animals are veritable SEISMOGRAPHS for the things the environment forces on you. Animals sense when something in their immediate environment is about to change. They perceive dangers and they recognise when a storm or an earthquake is approaching. They have highly tuned SEISMOGRAPHS within to perceive this. Animals have a completely different relationship with the earth than human beings. They are still a part of nature and they carry that part *within* and they know when Mother Nature launches a counterattack. The relationship between animals and nature is a lot closer than that of human beings.

Question : Does telepathy occur more often with animals than with human beings?

SETHAN : One cannot apply the term telepathy here. These are levels of sensitivity that you, as human beings, have simply lost. It represents a connection with nature's ethereal PLANES of VIBRATIONS, something the animals on your planet still possess. Human beings used to possess these senses; they have now been lost. The senses some animals still possess are still partially present and anchored in native tribes. Native tribes possess telepathic CHANNELS to nature and they recognise when dangers loom. Animals receive these types of VIBRATIONS from completely different PLANES, because they dispose of a completely different ethereal MANTLE than you.

Question : The Russian neurologist and psychiatrist *Professor Wladimir Bechterew* transmitted mental directives (mental suggestion) to dogs - and these animals actually carried out these orders! Is extra-sensory perception a part of man's biological inheritance that connects us to animals?

SETHAN : CREATION also endowed animals with thought planes, that is to say, that they are connected with you, as human beings, across mental PLANES of VIBRATION. These IMPULSES are not just anchored within animals, but also within plants. A law of nature that is easier to explain along these lines. You will notice that when you mentally connect to entities, that they in some way react to this. But it takes a kind of training to transform these thoughts into a CURRENT that will get to the creature, in this case reach a dog. This means that these animals sense a higher sensitiveness. They perceive the things we convey to them. Verbal understanding between man and animals is restricted to a level of commands, that is to say, that a dog only reacts to certain commanding tones. The language used to utter a command cannot be perceived by the dog in its distinctness and its sophistication. This explains that thought energies, that is to say, the unspoken word, also reaches the dog, because these animals dispose of a much higher FREQUENCY LEVEL of the SENSES.

Question : Dogs know when their handler arrives, cats go to the telephone when somebody they're familiar with rings, horses find their way home across unfamiliar territory, cats and snakes predict earthquakes. These remarkable abilities shown by animals have been known for centuries. Many of your contemporaries think that they have to deny these

abilities or at best declare them to be of no consequence; school science often ignores them anyway. How can one progress under these circumstances?

SETHAN : Mankind must finally recognise that one must learn from the most diverse levels. You *don't just* learn from other people, but you *also* learn from the environment the CREATOR has provided you with. You learn from nature, from the biological circumstances within nature and you learn from animals. You must recognise the high grade sense organs animals are endowed with, they react extremely well when dangerous situations arise and they react to the warning signs of the environment accordingly and this a lot sooner than any of your instruments.

- *You, as human beings do not become consciously aware of what the CREATOR practically presented you with on a silver platter, but you disregard it instead. You do not appreciate the creature, the creation of animals and nature and that is why your life here on Earth is so difficult, so full of problems. If you would live in harmony with nature, with the animals around you and with the rest of the human race, living together and the path to GOD would be a lot easier.*

Question : Three hundred years ago, *Descartes* declared that animals and plants were inanimate machines. He also saw the human body as a machine with its soul residing in the pituitary gland. Nineteen century science regarded the soul and the spirit to be the outflow of chemical processes. Since the appearance of quantum physics and universal biology, this physical view of the world is retreating. - A bright spot on the horizon?

SETHAN : There have been great changes in regards to your scientific knowledge over the years. These are areas where *the true* human ESSENCE begins to crystallise and the insight that the physical body does not just serve the purpose of facilitating your existence here on Earth, but that there is a connection within it -, a connection with SPIRITUAL WORLDS, which exist and are real. You, as human beings are endowed with the divine SPARK, the SPIRIT and your HEART, there to perceive the emotional PLANE. You don't just consist of bones, muscles and flesh, but beyond that, you also consist of SUBSTANCES that still represent an enigma to many scientists.

Question : Can animals also mentally stress themselves the way people can?

SETHAN : Not to the same extend as a human being that has to give account of his deeds and actions after their transition to the spiritual realm. Man's soul is a PLANE of existence that is subject to profound RULES. The human soul possesses a connection to GOD that entails an eminent and dignified position. The animal's soul represents a component, a sub-order, that exists within the amalgamation of other soul communities. A dog that bites another dog or kills a human being must occupy a different plane of existence in regards to guilt than a human being with the connection to GOD within. The souls of animals are subject to other LEGALITIES and RULES.

Question : How should this be interpreted? The human soul is connected to its body in the same manner.

SETHAN : An *individual* soul is also connected to *other* souls that live in harmony with one another and to VIBRATIONS, that is to say, souls are connected to other souls of *equal* LEVEL of VIBRATION. Animals are subject to an association, a grouping of souls with a completely different OSCILLATION FREQUENCY. Animals are components of PLANES that cannot be compared with the human soul, because the human soul contains the divine SPARK and the cooperation with the CREATOR'S FORMS of ENERGY. The souls of animals and plants are not subject to these planes. They are not to be found on the PLANE of EXISTENCE where human beings find themselves, eventually turning into SOURCES of LIGHT after absolving various incarnations. Animals are components of your soul's existence here on Earth; they are companions, there to remind you that there are other life forms that are subordinate to you, but demanding protection and life's necessities from you. Human souls are also grouped together and will amalgamate into one, united soul somewhere down the line in order to pass over to other PLANES of EXISTENCE, where only LIGHT and VIBRATIONS of ENERGY exist.

- *When I say "human souls" I mean the divine soul you carry inside of you and that will pass over into the spiritual realm where they will remain on LEVELS where kindred souls wait for them, in order to form a unit later on.*

Question : How does one lose one's "ego", one's personality?

SETHAN : *There is no loss of personality!* It is only in connection with possessing the *same* PLANES of VIBRATION.

Question : Can one generalise and say that animals are allocated group souls? An elephant represents an individual personality, but a fish within a school not necessarily?

SETHAN : A fish also experiences pain and it represents a link within nature's plane. You must bear in mind that animals and plants are a completely different species. They are a link, offering you a plethora of opportunities to study *your own* soul's composition. You, as human beings, are also "group-souls" collated like animals, because you are consolidated into families, into family-souls somewhere down the line. Remember that you possess a dual-soul and that you are group-souls, the way your spirit GUIDE and your personal GUARDIAN ANGEL are souls *who wait for you* to reach their level of development in order to "amalgamate" with you.

Objection : But a human being is an *independent* personality. What has this got to do with group-souls?

SETHAN : You, as human beings exist here as individuals on a *physical* plane. The *mental/spiritual* PLANE is subject to completely different LEGALITIES. When you enter into the LIGHT, you represent a PLANE of LIGHT, which - without suffering a personality loss - will amalgamate with other PLANES of LIGHT. This means that you create harmony through this PLANE, your *own* PLANE of LIGHT that sends out concentrated LIGHT. These ASSOCIATIONS are subject to various LIGHT SOURCES, because new soul

units continue to come along. Animals amalgamate into UNITS and are subject to completely different planes, that is to say, they are not connected to the CREATOR through a divine SPARK.

Question : Do animals not possess a divine spark?

SETHAN : Animals do not have a divine SPARK *in the sense* that you, as human souls, have one. You, as human beings, are *directly* connected to the CREATOR through this divine SPARK. Animals and plants are CREATIVE ENERGIES and this through the CREATOR; they receive their life force through the CREATOR. But it isn't a case where these CREATIVE ENERGIES flow back to the CREATOR to become CAPACITIES of LIGHT, which might later on be active as GUARDIAN ANGELS or other BRILLIANT LIGHT SOURCES.

Question : Can animals also suffer from psychosomatic illnesses?

SETHAN : Animals suffer when they are not *treated according to their species*. Animals suffer mental anguish if they are mistreated, abused and ignored by the human beings they're subordinate to. Animals represent a challenge given to you by the CREATOR in order for you to do *something good* for nature and for all created creatures. Animals are a tool to show you the divine LAWS that govern CREATION in action. Animals are the first step on the road to gain access to other people. Animals are companions and they are suppose to help you realise the divine LAWS within you. The soul of an animal can be hurt just as much as the soul of a human being!

Question : Is animalistic aggression triggered telepathically or has it developed due the absorption of man's inappropriate negative programs?

SETHAN : Through his actions, man spreads this across the animal kingdom. Animals do not arrive here on Earth as vicious creatures. They only begin to get vicious when their life or their community is threatened. Animals react according to the influences of their surroundings or their environment. This means that animals never maim or kill others out of malice. This only happens in the animal kingdom due to hunger or then, when they or their progeny feels threatened. These are divine RULES that you, as human beings, have not yet registered at all.

Question : You said: "Animals do not arrive here on Earth as vicious creatures." How can one explain the fact that dogs do attack and kill little children or even babies?

SETHAN : This has to do with the fact that the normal evolutionary chain has been broken. Every creature has its place within this chain structure and every creature has its directives on how to arrange its sphere. An animal will only kill another animal if it is hungry or if another animal is injured to such a degree that it is easy prey. - Due to interference in their genetic cycle through the encouragement of certain idiosyncrasies through breeding, particularly dogs are completely short-circuited. Their functions were partially programmed through these genetic-biological changes to a degree where they now

contain aggressive behaviours. Their normal biological chain was interrupted through interbreeding with other species, allowing other traits to enter their normal behaviourism. *You have managed to double-cross the CREATIVE PLAN.*

Question : Can one say that: The higher a creature stands in its evolutionary process, the greater are its potentials for communication?

SETHAN : The higher human beings grow in regards to their mental and spiritual prowess, the more PLANES come into play to connect you with the SPIRITUAL WORLD. These PLANES represent BRIDGES, there to bring the SPIRITUAL WORLD closer to you. The more eminent ENTITIES communicate with you, *the sooner* you can achieve these abilities *on other levels also*. The elevated position of entities naturally encompasses the fact that these abilities take them beyond certain limitations, that is to say, that they no longer communicate with one another verbally, but through completely different AVENUES. They are no longer tied to the physical, they are no longer connected to flesh and blood, but are now ENERGIES of LIGHT capable of travelling through space and time. These PLANES of existence are marked by LOVE and by VIBRATIONS you might perceive for a few seconds at a time here on Earth - if at all.

Question : The higher man awakens to the spiritual, the more subtle his communications skills become in regards to animals. Is this correct?

SETHAN : Communication is enhanced through this, making it possible for you to make contact with animals telepathically. You will become aware of the needs of the animals, the plants and the environment around you and you will walk through life with a different OUTLOOK. You will become aware of suffering and recognise just how much divinity is present in every individual creature.

- *The heightening of this ABILITY brings about an awareness of the divine LAWS and your thought energies will be formed in such a way that you will begin to serve the divine; this will be marked by the reduction of unjustness here on Earth.*

Question : If one doesn't get on with a colleague at work for instance, but still sends him positive thoughts, can one's own environment change through this because one establishes new tendencies within one's subconscious?

LUKAS : Oh yes, it isn't just the environment that changes. To begin with, *you change yourselves* and your environment reacts accordingly. Your tendencies can either develop in a positive or a negative direction.

Question : Apart from telepathy, are there any other ethereal forms of communication?

LUKAS : It is the mental OSCILLATIONS that allow a communication to take place in the first place. It is even possible that two mentally aligned people understand one another through a kind of pictorial language, even though they might be from a *different country*. One can certainly learn this and it is already put into practice.

Question : What do you mean by “pictorial language”?

LUKAS : Well, it could be character symbols, it could be landscapes, it could be pictures of buildings and many other things. Even the contents of a document can be transmitted across an unlimited distance in this fashion. It can range from simple symbols to more complex forms.

Question : Is it theoretically possible to make contact with the souls of the departed?

LUKAS : Oh yes, naturally! This is even *easier* to accomplish than contact between two people living here in the physical, because in the here and now, *both* have to overcome the physical barrier. In a connection to the spiritual realm, only the physically encumbered party needs to breach this barrier.

Question : Has the atrophic state of telepathy here on Earth anything to do with the fact that we are anchored in coarseness here or has it more to do with the negative thoughts emitted around us?

LUKAS : Well, I would like to describe this as follows: The physical world you live in does represent *a certain amount of restraint*, but it *is your thoughts* that prevent you from doing so. Many people expect *immediate* results. But it is patience that has to be there first and apart from that the will to hold sway over telepathy. If those *two things* are not there, you have no chance to learn telepathy. You have to get to know yourselves and abide by our instructions and you will be able to reach the HEIGHTS of the SPIRIT.

Question : What role did telepathy play during past high cultural epochs? Was the connection between people and you spirit entities a closer one than today?

LUKAS : The distractions weren't quite as pronounced as they are today. There was no television and there were no computers like these days. But there were spiritual LAWS the people from Atlantis and other races were aware of and also applied. Some of the instructions about how these LAWS must be applied came from HELPERS from space. Your present day hectic lifestyle stops you from dealing with these essential things in life. For one thing, the masses don't believe in it and for another thing, not a lot of people are prepared to sacrifice some time to deal with this, even though there is plenty of time available. Your priorities are unfortunately amiss these days and this is why you shouldn't be surprised about this.

Question : Is there a kind of circle that eventually closes so that as a human being, one has to start from the beginning again?

LUKAS : The souls that live on Earth now are *different* souls than the once from days gone by. Many souls that lived in Atlantis and accepted GOD and HIS REALM have *progressed after* their demise and they are presently active as TEACHERS or as SPIRIT GUIDE here on Earth. Many souls incarnated now are souls that *didn't learn* their set tasks, apart

from that, there are souls here that have *voluntarily* come up from the DEPTHS and they want to progress. These souls have been rescued from the SPHERES of DARKNESS by JESUS CHRIST in order to absolve their first incarnation in the physical world, an important steppingstone. The fact is that once you're on the physical plane you have to decide *which* side you want to serve and this decision will make you advance at the tempo of your choice.

Question : If we have understood this correctly, we do dispose of telepathy in the spiritual realm, but it is taken from us when we incarnate. All of this serves to purpose of finding our way back to GOD by traversing through all of these stages. Is this correct?

LUKAS : No, that is incorrect. Your telepathic ability is certainly not taken away from you! Every soul incarnated on Earth has this ability and it is entirely up to each individual soul to utilise this ability or not. A child, an adolescent would find it easier to advance its GIFTS in this respect, if these young people were guided by GOD'S divine knowledge. But you, as human beings, are unfortunately not advanced enough to practice these things here on Earth.

Question : Why don't the Churches practice this?

LUKAS : Because all denominations, and this without exception, would relinquish some of their powers and they will never allow that to happen. We, your spirit teachers, do *not dictate anything* to you. But we do so in regards to denominations and their beadles. That is the difference!

Comment : To learn telepathy is surely a labour-intensive endeavour, a long passageway to traverse. I don't believe that I can think telepathically.

LUKAS : The rational why you cannot "think telepathically", as you say, lies in the fact that you see now reason to invest any time in it.

Question : The Vatican probably still keeps a lot more information under lock and key. Are there any secret tests on telepathy, clairaudience, clairvoyance and the whole gamut of extra-sensory perceptions still locked up?

LUKAS : Well, the Churches are aware of it and there are also a number of scientists well versed in it. There are various inquests that *verify* telepathy, so that nobody could actually deny its existence. But this knowledge unfortunately does not flow on into doctrines and technical literature and this is why this theme does not exist or is too diffused and incomprehensible to many. This is a problem, because instead of clearing this up once and for all, you only get in each others way.

Question : Does the same apply to clairaudience and clairvoyance?

LUKAS : It's exactly the same, there is no difference there. The whole subject will demand your attention for quite some time yet.

Question : Somebody thinks intensively about an old friend. The telephone rings and this particular person is on the other end. What have these thoughts triggered in the psyche of this friend?

SETHAN : Thought energies arrive directly and concentrated at the location they are sent to. During many an evening, we have liberally explained a lot about the theme of thought energy. You are well aware that no thought energies are ever lost.

- *Thoughts find their intended receiver, even beyond your planet Earth, so that you can not only communicate here within your physical world, but also with us on a spiritual PLANE.*

This means that these ENERGIES do arrive at the respective entities, that they are guided into the other's consciousness so that this friend of yours put thought into action, because he *also felt the need* to make contact with you. These thought energies are *subconsciously* absorbed and forwarded by human souls through the ENERGY BODY that envelops every soul. We are dealing with TRANSCEIVERS here and they are connected in conference mode with one another. Information is forwarded to the brain waves of the other party, which then transforms it into something that can enter the other's consciousness, thereby triggering the appropriate action through their ENERGY.

Question : What chemical processes have been triggered by these thought energies?

SETHAN : These are no chemical processes. These are AREAS of ENERGY that surround individual physical materials. You, as a human being, are enveloped by various ENERGY FREQUENCIES, which are presently invisible to your eyes and which can not yet be classified as energetic IMPULSES. This means that you do possess high grade ENERGY FREQUENCIES that are coupled with one another. They represent integrations that connect every individual soul with every other soul. These are AREAS of ENERGY that are further controlled by your physical body, right up to your brain cells. These are not chemical substances, but AREAS of HIGH FREQUENCIES, which you are presently unable to recognise or verify.

Comment : But for all of that, are there no *measurable* secondary effects?

SETHAN : A secondary effect is the thought of the other person, the one that originally sent the thought in the first place. These thoughts are forwarded on by the consciousness across brain frequencies and across planes, your brain has anchored within. You have not yet recognised all of your brain's potential here on Earth. There are many areas within your brain's plane you have not yet activated and the AREAS covering telepathy, clairaudience and clairvoyance are a part of that. The FREQUENCIES that are not yet activated are *superior* FREQUENCIES of the SENSE. Your brain has not reached its full potential, because you have not yet fully developed your abilities. - GOD endowed you with all of these abilities, but your abilities have *atrophied* here on Earth and they have not yet undergone any further development. A large section of your brain is not yet fully

functional, it lies fallow, *but it can be activated through divine avenues*. It *isn't* a case where the process of activation is coupled with intelligence or with the human thought process.

Question : But the action that triggered the impulse to telephone you came from within your old friend and he was of the opinion that he *himself* was the trigger for it?

SETHAN : This is one explanation many people express, because they do not believe that potent psychic abilities even exist. This is due to the fact that scientific processes have not advanced to a point where this could be anchored as a tried and proven manuscript in the public domain. These are areas many people consider to be fringe elements of religious denominations and not part and parcel of their own life, their own thought processes and feelings.

Question : Telepathy is not as controversial as other para-scientific phenomena. Is this because many people have had intensive personal experiences with telepathy?

SETHAN : Telepathy has become an instrument of your cutting-edge sciences. Scientist have analysed this phenomenon with the intention of wielding power over other people. They try to manipulate people through these avenues. But as far as the CREATOR is concerned, this is impossible and in regards to telepathy, scientists have entered an arena that makes them realise that telepathy represents an opportunity to make contact and therefore is a paranormal science that reaches *beyond* the physical plane.

Question : Some of our contemporaries offer desperate people the chance to bring back missing persons with the help of psychic powers. What is your opinion in regards to these endeavours?

SETHAN : There have been cases where a medium with telepathic and clairvoyant abilities and with great sensitiveness has managed to locate a missing person. All of this has to be calibrated, that is to say, all other considerations like karmic realities or unpreventable calamities have to be part of the equation.

Question : Is telepathy the way we will communicate in the future?

SETHAN : Telepathy is a great asset, once you realise this and proceed to utilise telepathy in a *positive way*, telepathy will be *an enrichment* and a LEVEL of VIBRATION that will cause completely different STREAMS of ENERGY to flow here on Earth. - In order to work with telepathy it is necessary to align one's THOUGHT ENERGIES in a *positive* direction and to work with patience and diligence on behalf to this phenomenon. This means *discipline* and also *the retrieval of one's ego*, that is to say, the convert one's POWER of THOUGHT into CURRENTS of ENERGY. This would mean that a *positive* CURRENT of ENERGY would *prevail* here on Earth, so that NEGATIVE CURRENTS can no longer reign with such prominent validity.

- *Nature would benefit greatly from the positive ENERGY VIBRATIONS of the CREATIVE POWERS and man would recognise the potential positive ENERGY inside of him.*

This would make it possible *to normalise* the damaged you caused nature through your THOUGHT ENERGIES and a *process of renewal* with new abilities would ensue. New areas would open up, areas you have not yet recognised. DOORS would open on various levels so that divine INFORMATION could reach you, INFORMATION as yet shrouded in darkness.

Question : I am sure that any advancements in regards to telepathy will solve a number of problems, but will it also create new ones?

SETHAN : Telepathy will *only* create new problems *if it isn't* utilised in a positive way, but in a negative way. It can be utilised in a negative way when the culture medium, namely the NEGATIVE ENERGIE, is a very potent one. Telepathy can only then be employed when the necessary STREAMS of ENERGY are there to allow it to flow. To do this, the NEGATIVE WORLD would have to open a PORTAL that is presently still closed. We hope that this PORTAL remains closed!

Question : Were those so-called “ESP-Spies” merely a bizarre chapter of the Cold War or are they still employed today?

SETHAN : This type of intrigue between individual nations has always existed and it *still exists even now*. One continues to try to savour and test everything in this particular area of research. The way the insane deliberations took place to create a super race by effecting changes to the genetic make-up during WWII, new insights are continually made especially in regards to the para-sciences. An attempt to manipulate people and to unsettle nations in their dealings with one another through these Cold War practices also takes place here. We're dealing with secret facts here, they are not open to public scrutiny, that is to say, a lot of information does not see the light of day, but is active in secrecy and out of sight. We are dealing with ENERGIES here that one could not exactly describe as positive.

The way secret research takes place and scientific laboratories exist in America that are *not at all known* to scientists working within the parameters of the generally known fields of research, there also exist fields of research in Russia, which are also interested in producing economic gain with the help of para-psychology, that is to say, the *this* particular branch of science enjoys a *high status* amongst many nationalities these days. These are areas where one tries to secure the positions of power of individual nations through extrasensory perceptions.

Question : What must a human being be able to do in order to be successful with telekinesis and telepathy?

SETHAN : It is important to acknowledge that as a human being one is endowed with these abilities in the first place. There aren't just a few individuals that possess these abilities. These are

abilities *that every single one of you has within and can control*. These abilities open a DOOR to another PLANE. These abilities are identified by the fact that they take you *beyond* your normal thought processes. - Thoughts are an important factor and they ought to be ordered and controlled in a way that they can be converted into *positive* FORMS of ENERGY.

- *Thoughts ought not just to be verbally expressed during these exercises; one ought to try to convert them into colour and into LIGHT.*

Through meditation, by reducing one's thought output and by reducing the frequency of one's THOUGHT ENERGIES, you can try to enter a ZONE that is considered NEUTRAL SPACE.

- *The neutrality of this FIELD of VIBRATION is the AGENT you can utilise to send the telepathy of your THOUGHT ENERGIES via STREAMS of ENERGY.*

Question : How can one achieve this as a beginner? When I conjure up colours, I also activate my own thoughts in the process.

SETHAN : This represents a bridge that is supported via the thought processes. You can reach other planes of the senses via this thought bridge. By concentrating your thoughts on a colour you're visually aware of - you know what green or blue looks like - you can mentally control them allowing you to mentally merge with this CHANNEL.

Objection : It was mentioned that one ought to *switch off* one's thoughts during meditation.

SETHAN : Your thoughts are no longer concentrated on a verbal level, but *neutrally* concentrated on a colour spectrum. This colour plane *is a neutral plane*, not marred by one's own influences, that is to say, through external thought energies, respectively something you produced. When you imagine this colour, when you enter this CHANNEL PLANE, your everyday thoughts are externalised and you only concentrate on these colour elements.

Question : How important is one's creative imagination in all of this?

SETHAN : It is not that important. Important is *to deactivate one's thoughts* and not to utilise them verbally, but to try to ENTER an ENERGY FIELD that is based on LEVELS of VIBRATION that operate *without* words. It represents a deactivation of one's thoughts in order to reach a point of tranquillity where one's own thoughts are no longer welcome.

Question : Ought the art of conjuring up these thought images be exercised on a daily basis until any desired image immediately appears on our inner monitor?

SETHAN : This is *one* form of possibility. Every human being has his or her *own way* to reach their goal. The one makes it possible through elements of colour, whilst the other uses his or her visual imagination of an item. It is a training program that everyone has to decipher individually. Everyone accesses their senses differently and everyone has a different

sensitiveness and presence in regards to their senses. Every human being must *find their own KEY*.

Question : Meditation is supposed to be able to give insights in regards to inner ways through symbolic imagery, which are supposed to correspond with a very nifty form of daydreams and which in turn are supposed to be important when practicing telepathy. Is this correct?

SETHAN : You are supposed to enter a LEVEL of TRANQUILLITY during your meditation that enables you to push your thoughts aside *without annoyance* or reduce the intensity of your thoughts through inner suggestion, respectively tone them down a little. You are supposed to hear what your soul, or the ENTITY with you at the time, has to discuss with you. This represents the *first step* in regards to communicating with your soul and with your SPIRIT GUIDE.

Question : How can one ascertain whether one is capable of telepathy? This capability could actually be completely concealed.

SETHAN : Concealment can be explained by the fact that thoughts and ENERGY STREAMS *are not free*, that is to say, that *the will* for telepathic ability *does not play the same role* for every individual person.

Question : How should one proceed to begin with? Ought one to analyse one's own motives in regards to dealing with telepathy to begin with?

SETHAN : What is important is that one *is ready before* the meditation to telepathically engage oneself with the INNER VOICE and the VOICE of the SPIRIT GUIDE and that one *possesses* the desire and the will to learn this ability and to undertake this journey with all its associated obstacles. It is important to bring all of one's thought processes onto a *positive* level, that is to say, to disengage oneself from all the thoughts that captured your attention during the day. One's own thoughts *have to be placed in the background*, so that a space is created where your soul's thoughts find their place.

Question : What exactly happens at the moment, when partners think the same thoughts and one of them utters his thoughts? Can this be compared with telepathy?

LUKAS : Compare yes, but it isn't telepathy as such, but a connectedness of VIBRATION that plays its part here. An adaptation of VIBRATIONS one can observe between people and animals. Mentally coordinated VIBRATIONS participate here, it is the same insight two people advocate and it can happen that an accord takes place on the mental PLANE.

Question : Can it be explained by the fact that great inventions are *often made concurrently* by different researchers in different countries?

SETHAN : This comes about when many eminent spiritual creative elements deal with something concurrently, that is to say, when VIBRATIONS are sent that do not get lost. Remember

that thoughts are *never* lost, that they remain intact as true ELEMENTS and REALITIES of VIBRATIONS. This can bring about an interconnectedness between such thought patterns with the result that step-by-step inventions are produced simultaneously in different countries and nations. These are thought patterns that appear and where an exchange takes place on a completely different PLANE. - To explain this to you would be very difficult at this point in time. Just accept the fact that thoughts are transformed to the one that is *also* dealing with the same process. It represents a reciprocal encouragement and amplification so that thoughts can be converted into action. It is often the case where especially scientists are not aware that they deal with the same problem and this within the same technological field. This will only become apparent once the first elucidations appear in their trade journals.

Question : Wherein lay the differences between telepathy between man to man and man to animal? There would have to be differences?

LUKAS : Yes, that's correct. When someone employs telepathy, there is usually a SENDER and a RECEIVER attuned with one another and they sit down *at a specific point in time* in order to facilitate a connection. But it can eventuate that a telepath wants to convey a message to someone else *at a non-stipulated point in time*. The other case is where synchronization comes about on a particular PLANE of VIBRATION and that this FIELD of VIBRATION produces *such an intimate connectedness* that similar acts are produced or the same words are expressed. This is the case with identical twins, namely where one is not aware of what the other is doing, but both perform the same acts in spite of that. Both express great astonishment when they meet afterwards and find out what they have been up to simultaneously.

Objection : The question was whether there *is a difference* between telepathic contact between man to man or man to animal. This initial questions were not really responded to by LUKAS.

SETHAN : This question was only indirectly answered by LUKAS, that is to say, that ENERGY VIBRATIONS have to be present in order to be able to work telepathically. The PLANE of VIBRATION between human beings is naturally different from the one between man and animal. We are dealing with various SOUL POLARITIES here and they possess completely different ELEMENTS of VIBRATION.

We, your TEACHERS, also possess different PLANES of VIBRATIONS and we have to first carry out an assimilation process, so that we can announce ourselves here and give you these messages. A difference is given here, because in the first instance, due to the coarseness of your physical make-up, telepathy is only possible between people - and communication is a lot easier - between a person and an ethereal SOUL ENTITY than to enter an ARENA where nature's creatures come into play.

- *Telepathy between man and animal is presently impossible on this plane of existence, because your development is not advanced enough to manufacture the necessary COMPENSATION of VIBRATIONS. We are only dealing with IMPULSES and in regards to feelings, with perceptions you are able to observe, when animals transmit*

information to you. This is a completely different form of communication and it has nothing to do with telepathy.

Question : What would be the first practical steps for me to take, if I would like to establish telepathic contact with a stranger? Must I inform my prospective partner or must I meditate first?

LUKAS : Informing the other would become necessary if you want to align yourselves with one another and if you want to arrange an attempt. Both of you will then align yourself with the other. Such a contact brings with it a situation where one is *particularly vigilant* and everything is *paid special attention to*. - But if you want to make contact with a stranger, you'll find that he will think that these are *his own thoughts* and he will *not believe* that you were the one who sent him these thoughts. The discernment and the belief that telepathy is possible are often lacking.

- *Only meditation makes the HARMONISING of your INNER WORLD possible, which in turn allows you to give your INNER WORLD the order to send a thought to a stranger. Practice this and you will be astonished!*

Question : You said that telepathy flows easier between identical twins. Has that anything to do with the genetic make-up of the twins or with a particular mental closeness?

LUKAS : It has something to do *with both* of those things. It is the mental closeness and also the genetic relationship between the two personalities. These cases are rare.

Question : How difficult is it for ethereal ENTITIES to make contact with human beings? You do come from completely differently layered PLANES of VIBRATION and you have to somehow penetrate into our physical conditions. How do you manage this?

LUKAS : You have pin-pointed the problem we encounter at every meeting: You cannot imagine the effort it takes to *assimilate* with the coarseness of your PLANE of VIBRATION. This is why it is *particularly difficult* if you stand far apart from us in regards to your VIBRATIONS, that is to say, *with your inner attitude*. This is why we ask you to meet us at least half way when we meet of an evening, because it will then not be all that difficult to build up the necessary PROTECTION for you. We can only work with you, when the difference between our VIBRATIONS *is not too great*, that is to say, *you must be willing* to work with us. This is the crux of the matter!

When you leave the room after a session and continue to pursue your daily tasks, we already make preparations for the next meeting. It takes an enormous effort to secure a positive, that is to say, a divinely-ordained meeting here on planet Earth, a planet ruled by negativity. Please take this into consideration!

Question : What opportunities does the negative SIDE have to have a *telepathic* impact on positive human beings, no matter what their religious denomination?

LUKAS : The same opportunities they have to attack these meetings here. Assuming that you, as a team, would not see eye to eye in regards to your questions and would begin to fight over them, a change to your spiritual GUIDANCE *could happen immediately*. You would no longer be concentrating on us, but on confrontation! Such a fight would open the DOOR to NEGATIVE ENTITIES and *we would have to yield*. They *continually* try to open this DOOR, but it is impossible for them to open this DOOR when *harmony* reigns.

- *Be wary of the negative WORLD'S intelligence and insidiousness! A telepath can certainly receive his information from the negative SIDE, but it is often seasoned with a little spark of TRUTH so it doesn't attract any attention. The person in question is then in the clutches of the negative POWER and is used and dragged to its DEPTHS because of this.*

Question : Is it true that during the American landing on the moon attempts were made to make telepathic contact between the astronauts and mission control?

LUKAS : Not just during the landing on the moon projects. Telepathic trials were carried out long before then. Telepathic attempts were also made with animals, by killing their offspring to see how the parent, who was some distance away, would react to the killing of their progeny. Telepathic experiments are still carried out even now, because one still tries to find a way to make the masses amenable so that the will of an elitist clique can be enforced on them.

We hope that our information leads to further questions on the subject of “telepathy“, so that this theme can be supplemented with the fact that there are also *points of danger you must be aware of* connected with this, in order for you to find dignified access to the positive ENERGIES.

Question : Can you elucidate this in more detail for us?

SETHAN : This is why this point is so important, because *not only* positive VIBRATIONS exist on planet Earth, but that *also negative* VIBRATIONS have a home here and they represent a *mighty power potential*. This power potential is marked by your thought processes which in turn are still characterised by power structures and dogmatic measures, whereby everyone tries to wield *his* dominion and *his* power *over the others*. This is already encouraged in class at school, where teachers do not gain the desired results together with the children, but where they try to influence them and *provide them* with educational material from a position of authority. It is not a striving for knowledge per say, where every child finds its *own way in school* and where it *can experiment* with its own *individual abilities*. These dogmatic planes continue to affect their occupational and socio-political life ever after. Hierarchical structures even exist within families and they don't necessarily equate with equality and harmony.

You, as human beings, have reached a level where you just now begin to regard those around you as equal human beings. You only just now begin step by step to make sure that the stronger do not gain the upper hand, but now try to gain a closer relationship with

your fellow man from a humanitarian position. The danger lays in the fact that many people try to assert their position in this society by applying the so-called elbow-technique. But it isn't just this one plane that is perceived by the soul's awareness. They also don't recognise that there are more important things afoot, in particularly *why* the reason we exist here on Earth is so important *for every* individual person here. Many people do not recognise the true reason for their being here on planet Earth. They are of the opinion that this earthly existence is their *one and only* life and this is why they try to wield their power and their dogmatic laws over others.

You, as human beings, are now at a cross-road where many souls are *consciously looking* for new INSIGHTS. You can identify this by the feedback your circle receives due to the range of themes you deal with. You recognise through this that these themes not only captivate your interests, but other people's interests also. These themes serve the purpose of activating the third eye, in order to allow other VIBRATIONS access.

Question : Could one say that: When a person is *supposed to hold sway* over telepathy due to predestination, he will be able to master it *without* having absolved any training? The way JESUS only had to touch infirm people and they were instantly healed, that physical contact with one of the LORD'S ANGELS might endow the person concerned to master his telepathic ability immediately?

SETHAN : This statement is correct. These ELEMENTS give man the opportunity to put these abilities into practice. Because you can *only partially* recognise and *only partially* make use of the ethereal PLANES here, you find it difficult to follow suit right from the start and *without* training your thought energies. ANGELIC BEINGS and more eminent ENTITIES can *hand down* these ENERGIES through ENERGY TRANSFERS, so that you are also entitled to these actions.

Question : If a person *doesn't* hold sway over telepathy, shouldn't he just accept this fact and not arduously try to learn to do so? There must surely be a reason why not everybody masters telepathy.

SETHAN : I can categorically say *that every human being carries this idiosyncrasy, this ability within*. Not the physical human being, but *his soul* has this ability deposited within. But the first prerequisite must be present to begin with, namely that a soul-person *must want* telepathy *in the first place!* Meaning that someone would like to assert a claim on this ability with inner devotion and inner divine LOVE, in order to make contact with other soul entities or contact with souls he has a very close relationship with. This ability represents a CREATIVE ENERGY every single soul has been endowed with, exactly the way they received the divine SPARK. - What is important is that a human soul *would like to achieve* this from within and this means that this soul must already have absolved many levels of insights *in order to be able to recognise* that telepathic abilities *are also dormant inside of him*. No human soul would ever consider making contact with another soul of its own accord, unless it possessed prior knowledge about it. It always takes an introduction to and the dealing with the divine LAWS to gain this insight.

Question : According to a survey done by the *Emnid-Institute*, almost 600 from 1,000 people in West-Germany believe that there are people with telepathic and clairvoyant abilities. An astonishing result, don't you think?

SETHAN : The reason why the result is so high is the fact that many people deal with this topic and these abilities in secret, that is to say, within. But afraid of *ridicule and not being taken seriously*, they don't let on. Especially nowadays, many of your newspapers feature articles on the para-normal, on spiritual healing, on nature and all the psychic abilities that exist here on Earth. Proclamations by many healers, seers and also doctors working along spiritual lines have increased tremendously over the last years. This has created a situation where many souls subconsciously deal with this phenomenon and where many are subconsciously convinced that such abilities exist. But most of them are afraid to test *their own* capabilities in this regards and to proceed along this particular path of experience *by themselves*.

Question : How should interested people put telepathy into practice?

SETHAN : This can only take place through an *inner preparedness* and an *inner certitude* that these telepathic ENERGIES are effected by divine ENERGIES. Meaning that their inner preparedness and their training are the prerequisites that enable them to reach this level telepathically at all. You are surrounded by coarse elements *that must be penetrated* and you must possess the candour to achieve this.

Question : What directions should such a training take?

SETHAN : The training can be on a meditative level, so that you concentrate your amplified mental ENERGIES on another soul entity and try to send small sections of sentences in order to facilitate a connection. We are dealing with thought patterns that you are transmitting here. We have created a sound basis for you by already answering all of your questions to the theme of "The power of thought". - The thoughts you send always arrive somewhere. Thoughts are never lost! Telepathy represents a *deliberately* aligned thought form that is supposed to reach specifically *defined* ENTITIES or human souls.

- *The programming must take place in short intervals and ought to be realised approximately seven times within one period of meditation. You should continuously try to send deliberately aligned THOUGHT IMPULSES over a number of days.*
- *It would be beneficial if you would make mental contact with your spiritual FRIENDS, for instance your own GUARDIAN ANGEL or with your SPIRIT GUIDE, because it is a little easier for us to reach you and to absorb your ENERGY VIBRATIONS.*

This is one process that has to be established *gradually* in order to create a FIELD of VIBRATIONS around you that allows thoughts can be carried beyond your physical, material sphere.

Question : Does one have to have a mental image of the person one wants to contact telepathically in one's mind?

SETHAN : There are various potentialities on how you can make contact with the other person; it can be either mentally, pictorially, visually or with the help of colours. Having a mental picture of the person in question in your mind in order to bring the connection closer represents a supportive agent to you.

Question : How does one institute the image that one wishes to send telepathically?

SETHAN : The image can be a visual one, but it can also be in the form of a light or also a representation of colours. It does not have to be of human form. You can also connect with soul entities you can work well with on a meditative level through other elements. We are dealing with a thought process here. The pictures or visions you conjure up derive from thoughts. If your thoughts are positive, they ought to support the visualisation, that is to say, the way you envision the image that appears in front of your THIRD EYE. You can send these FORMS of ENERGY through ENERGY CENTRES like the THIRD EYE.

Question : Does it make sense to employ agents like gemstones to help with telepathic communication?

SETHAN : Agents, be they certain aromas, essences or stone elements, a cross or the picture of Jesus, are support measures that every individual ought *to select of their own choosing*. It is more about an inner attitude, whereby you *mean* and *whereof you are convinced* that they can positively support your THOUGHT ENERGIES.

Question : From which *we mean* that it supports telepathy?

SETHAN : Your individual power of thought is according to your own estimation. You send your thoughts into the divine regions and through this energetic framework, you can employ agents *you are convinced* will support your energetic spheres.

- *There are no special elements that you could also employ. But they provide support if you are of the opinion that they are necessary.*

The POWER of THOUGHT in control of you is a divine POWER of THOUGHT, one that is always at your disposal and this at any time. You, as human beings, are the master over your own thoughts and you are also the destroyers of your own thoughts. Of a decisive nature is always your mental attitude, how you send your thoughts, in what context and LEVEL of VIBRATION.

Question : The SANTINER are supposed to employ telepathic amplifiers as an aide. If this is the case, why doesn't TAI SHIIN utilise this facility in order to further my efforts in regards to telepathy?

SETHAN : The connection you have with TAI SHIIN is a very intimate, a very close one. But it is as if you have not yet found the LIGHT SWITCH. TAI SHIIN is ready and able to make telepathic contact with you. But your ENERGY ELEMENTS do presently not suffice and are therefore not powerful enough to effect a linkup and integration between both of your ENERGIES.

Question : How could I accomplish this?

SETHAN : What is important to begin with is that you *really want to do this* for yourself, namely to establish a telepathic PLANE with TAI SHIIN. The second stage is that you *continuously* and *regularly* try to establish contact with TAI SHIIN through meditation. Your thoughts must then be free of all your everyday thoughts and all such thoughts that interfere when you try to COMMUNICATE. A FIELD of ENERGY must be present where other mental ENERGIES cannot BLEND IN. And *this* is the most difficult, namely to *neutrally align* your thoughts in the direction of only *one* ENTITY or the ENERGY FIELD you want to reach. What happens often in your case is that other ENERGIES, of a mental nature, also intermingle, thereby immediately interrupting these FIELDS of ENERGY.

Participant: I know that I presently lack the impetus to pursue this more intensively. It was a different story with my attempts in the past to record voices on tape, especially when I managed to record the first voices with absolute certainty. This gave me a strong inner impetus to stay with it and to continue.

SETHAN : This gave you the momentum to continue and to do research in that direction. You could see results and you recognised that whatever you could hear on your tapes could *not be from you* or from anybody else in the house. This compelled you to personally deal with this subject scientifically and also professionally. This gave you great pleasure and it resulted in a plethora of new ENERGIES and information, which opened many doors for you on other LEVELS also.

Participant: I lack the drive in regards to telepathy, because my telepathic RECEIVER seems to be deaf.

SETHAN : It is all about *patience*, something we have discussed before and also about TRUST in GOD. Please read these protocol pages once again.

Question : What exercises are suitable to begin with and what exercises are better applied later on?

SETHAN : The first exercises should be an endeavour to disallow any other thoughts during meditation, that is to say, that one tries to reach a neutral space, free of mental intrusions and that one tries to separate oneself meditatively to a degree that no externally created alien thoughts can enter. *This is the basic principle* that will open the CHANNEL in order to transfer telepathic ENERGIES to other PLANES, to other soul relatives.

- *The first step is that one manages to achieve a pure, that is to say, a meditation free from thought.*

Question : Can a human being actually switch off his thoughts?

SETHAN : You will find out that this is possible. This is possible through intensive training and with the TRUST in GOD you have within.

Question : Is a strong, emotional charge a basic aspect for telepathy?

SETHAN : These are feelings you, as human beings, sense through your body's energies. - A true feeling of happiness that brings with it the pure LOVE of DIVINITY, purity and weightlessness, something hardly achievable here on Earth.

Question : Just how can one recognise whether one's own logic, one's own wishful thinking and one's own fantasy participate in telepathically produced messages?

SETHAN : Telepathy will *only then* run within a *divine* framework, if the CHANNEL for it - and this also means the activation of the third eye - is secured on an absolutely *pure level* through your meditation and through your intimate connection with the spiritual WORLD. We are dealing with pure FORMS of ENERGY and they are marked by the fact that these THOUGHT ENERGIES stem *from a completely different locality*. You will then intuitively know, that is to say, your inner feelings will tell you that these thoughts *are not your thoughts*, but that they were created within you by alien ENERGIES.

Question : How does telepathy affect the CHAKRAS, which are actually the body's ENERGY CENTRES?

Lukas : That's a good question. The fact is that these ENERGY CENTRES *must have achieved* a certain level of development. As you know, the THIRD EYE is a part of this. Assuming that somebody has only managed to develop his ROOT CHAKRA and not the other CHAKRAS, his psychic sensitivity will be accordingly minor. What I am trying to say is:

- *If one wants to establish telepathic connections, developed CHAKRAS must come into the equation.*

But it is a basic fact that *every* human being is able to do so. But if confronted by closed CHAKRAS, telepathy is then an impossibility. This is why the development of these ENERGY CENTRES is so important, because everything would *go off a lot easier* if *all* the CHAKRAS were developed.

Question : What effect does *advanced* telepathy have on the THIRD EYE? You mentioned the THIRD EYE, which has not yet developed and which is still closed in our case.

LUKAS : We did not say this. Your THIRD EYE, respectively yours my dear friend, is well on the way. The same applies to the THIRD EYE of our friend here, but he apparently doesn't feel the same inner compulsion to develop his THIRD EYE further. We have often told you how to develop one's THIRD EYE. But I don't mind repeating it:

- *When you meditate you ought to allow the LIGHT that hovers above your head to flow to the THIRD EYE, which is positioned just above the root of your nose. A simple exercise is the coupling of one's own breath with the flow of this LIGHT. If you concentrate on this you also exercise your potential to concentrate at the same time.*

Question : How can one develop one's CHAKRAS further?

LUKAS : All of the chakras possess a basic colour; they have been listed in many of your publications and verified by clairvoyant people.

- *An opportunity to increase the rotational speed of CHAKRAS exists, if you work with physical, coloured LIGHT.*
- *If you do physical exercises, like the so-called "Five Tibetans" (Book: "The Five Tibetans") for instance, it will be another excellent thing in regards to working with CHAKRAS.*
- *Apart from that, simply concentrating on these individual ENERGY CENTRES is a way to allow STREAMS of LIGHT to flow in.*
- *Another way is to utilise the exercises from the SHIELD of LIGHT. There are a few very effective exercises amongst them that can help the development of one's CHAKRAS.*
- *The most important thing though is one's own inner attitude. I have purposely placed this clue at the end in order to draw your special attention to it-, again and again!*

Question : It is very difficult for a human being to recognise just how far his CHAKRAS have developed. Does one get ill or suffer from other problems if one of the CHAKRAS does not work correctly?

LUKAS : Yes, it can happen that illnesses can emerge because of this. It is of course very difficult for you to find out how far your CHAKRAS have developed. There is usually a reason why one wants to know about this. If this happens, it would be better to ask somebody with clairvoyant abilities or consult an ENERGY therapist to ask how the CHAKRAS work, respectively how developed they are. CHAKRAS are *dynamic* ENERGY CENTRES and they can certainly close again, if one's thoughts, that is to say, one's inner resolutions do not allow them to stay open.

Comment : You always return to the thought processes.

LUKAS : You are *spirit within a human body* and not a physical body with a bit of spirit. That's the difference! Spirit entities and ENERGY go hand in hand, but these ENERGIES flow through matter like through a sieve. Try to contain water in a sieve... you know what

happens. The same thing happens to ethereal ENERGIES, they flow through the coarse sieve of your physical body and this is why your sciences cannot measure them. The opinions of many of these people are irrelevant, because they are not interested in ETHEREAL MATTER.

Question : What effect does telepathy have on the biological-chemical processes of the physical body?

LUKAS : To a lesser degree, unless one concentrates telepathically on a human body as in remote healing. But this comparison lacks substance, because remote healing has nothing, or at least very little to do with telepathy. Telepathy doesn't really affect the physical functions of the body very much. It is a different situation with other psychic activities, they can and will affect the physical body sometimes.

Question : Can it happen cells of the physical body are reprogrammed through telepathy?

LUKAS : Only through the telepathic IMPULSE of the CREATOR who can undertake a reprogramming of the cells nucleus, if INFORMATION - HIS INFORMATION - can no longer be received by certain chaotic cells. This type of reprogramming is very rare and it cannot be facilitated by a human telepath.

Question : How can you then explain the fact that a number of very ill people could dissolve confirmed cancerous tumours and heal themselves by making an inner journey?

SETHAN : This only takes place in combination with ENTITIES who have a connection to the CREATOR. These connections come about through a chain of BEARERS of INFORMATION and the support of HEALING ANGELS, which in turn work with the human soul in question. The reprogramming of the cell's nucleus can only take place with the consent of the CREATOR, that is to say, through HIS WILL.

The HEALING ENERGIES you give yourselves are universal ENERGIES provided for you by the CREATOR. These ENERGIES are bundled and connected to GOD through the CREATIVE ENERGY. The healing takes place with the cooperation of HEALING ANGELS and FORMS of ENERGY that intensely affect the cell structures, bringing about a restructuring and a reprogramming of these cells. Sick cells can be reprogrammed and renewed so that the healing process can take place.

But these energetic CONNECTIONS can only be successful with the cooperation of spirit ENTITIES and *have nothing to do with telepathy*. Other FORMS of ENERGY come into play here. LUKAS told you that these FORMS of ENERGY have their origin in the creative realm. There are FORMS of ENERGY that are beyond your present day knowledge and they cannot be perceived by your consciousness. Everything the CREATOR put at your disposal here on Earth contains this LIFE FORCE. It isn't just you alone that is subject to this ENERGY, but *everything of a physical nature* here on planet Earth.

Objection : Genetic manipulations carried out in laboratories all over the world show that many of these manipulations *do not* meet the CREATOR'S approval but are carried out *just the same*.

SETHAN : You have to take into consideration that not everything researched in laboratories these days yields *long term* benefits. These genetic research elements - we have agonised over them for a long time - are areas that are *partially promoted* by the CREATOR and *partially not promoted* by the CREATOR. These are fringe areas where man tries to interfere with the divine PLAN in order to affect changes there. The CREATOR cannot allow this to happen, because souls would then no longer be in a position to be allowed to return to Earth in physical bodies and to reincarnate. You would then be controlled by soulless robots that would not live according to the divine PLAN, that is to say, the CREATOR takes great care in selecting those elements that have a positive ENERGY BENEFIT for you, as soul entities, here on Earth. You will have to deal with food products in the near future, that didn't spring from the soil of divinity, but were genetically manipulated instead. You will have to deal with this topic.

Question : Does telepathy represent *a precursor* that indicates to us that we don't necessarily need a physical body and that man can also exist on other planets besides the spiritual realm?

LUKAS : No, that's not it. One cannot look at it from this perspective. What is the situation like in regards to clairvoyance, clairaudience or healing for instance? These abilities are *aspects of your spiritual live* and they have to be taken into consideration.

- *You, as human beings, are not machines subject to outside determination. You arrange your own life! Apart from a few turning points in your respective lives, which you have wished for before you were born, you have complete freedom of choice. You can do anything you like, but you have to bear complete responsibility for what you do - and this without exceptions!*

Question : Is telepathy an important step in regards to the New Age that is imminent?

LUKAS : Yes, absolutely. This is why GOD'S HIERARCHY has been called upon to help all interested human children to cultivate telepathy.

- *Some day, when you control telepathy - and there is no doubt about this - any kind of misunderstanding will immediately and automatically be impossible, because you get to know your vis-à-vis intimately through your thought waves. Disguises or lies will no longer exist.*

It is all a question of individual discernment and dependent on the priorities every human being individually sets for themselves. You could learn telepathy in one life in order to apply it in another life so that the new life could be organised in a *considerably simpler* fashion. But *how* you arrange your future and *what time frame* you set for yourself is left up to you.

Question : After all the things we have heard from you about the theme of telepathy, it seems that it isn't enough to read about telepathy and to attempt a few experiments. One often hears comments like: "Telepathy? - I have tried that a couple of times, but nothing eventuated. I have my doubts about it." It is apparent that the most important prerequisite for undertaking experimental telepathy is patience, because, as you point out, if *every* human being possesses this gift, it would have to function with everyone. Am I right?

SETHAN : The capacity for telepathy is present within every human soul on Earth. Every human being carries this faculty within and every human being has the opportunity to make contact with this ENERGY and to dispatch it.

- *The problem usually is that you think that after three attempts - it must surely work.*

It takes good preparation to begin with and a good, basic understanding. A lot of factors have to be taken into consideration in order to develop the opportunity for telepathic reception and ability. Basic prerequisites have to be fulfilled in order to reawaken this opportunity and ability inherent within all of you. This means that you don't just need to possess patience and endurance, but that you also *have to work hard to achieve the right conditions*. It takes more than meditation, it also takes the THOUGHT ENERGIES you broadcast.

- *It takes regular and concentrated efforts on your part to attain the ability to receive and to broadcast thoughts. This ability is one of the most extrasensory abilities you can learn here on Earth.*

Next to clairvoyance, clairsaudience and healing, telepathy represents WORKING with ENERGIES that are a part of the HIGHER SPHERES, where ethereality plays a very large part. The interaction with ENTITIES from other regions is necessary to be able to externalise these opportunities at all. Healing, clairvoyance and clairsaudience are also abilities you, as human beings, carry inside of yourselves and are able to externalise. But it demands intensive exercises and studies here also.

- *It demands the inner attitude to serve the divine, to be near GOD and to be able to absorb GOD'S ENERGIES.*

Question : Does one have to have a clear as possible picture in one's mind in order to send one thought?

SETHAN : What is important is that you try *to establish peace and composure around you*, so that you feel that you are surrounded by a vacuum, that is to say, that you try to build up your own CIRCLE of ENERGY around you so that nothing from outside can approach you. The neutrality of this CIRCLE allows you to send thoughts and they will find their TARGET, that is to say, these ENERGIES can be broadcast via your concentrated THOUGHT ENERGIES and the RECEIVER will receive these ENERGIES.

- *You mustn't have any concepts of what the spiritual realm looks like in order to make contact with a SOUL ENTITY that is situated in the spiritual realm, because you only have a vague idea about it at best. There are AREAS of ENERGY present there that help these THOUGHT ENERGIES find their way and they are send on their way via ethereal PLANES that are separate from your physical domain.*

Question : Visualisation is therefore not all that important when it comes to practising successful telepathy?

SETHAN : A visualisation, a vision as to where your THOUGHT ENERGIES are supposed to go to, is not necessary. What is important is that the ENERGIES here in the physical realm are consciously separated so that they can flow into the divine REGIONS.

Question : A little girl with the ability to draw astonishingly accurate shadow outlines of people was asked how she does this. She said: *"I think about it and I then trace a line around my thoughts."* Was a visualised image transferred to paper here?

SETHAN : This is a phenomenon whereby the existing FIELD of LIGHT of a person, namely the aura, becomes visible to this child. This girl is able to draw the outline through the medium of her THIRD EYE. It doesn't take a visual image of the entity she draws. - Children have a completely different allocation level than adults. Children live in a completely different, childish sphere of influence and they are not as exposed to dogmatic and negative thoughts as you are in your world of adults. Children preserve a part of the inherent neutrality in regards to the physical world and this makes accessing their inner ABILITIES a lot easier.

Question : How can one find a good telepathic partner? How can one determine if someone matches someone else telepathically?

SETHAN : This partnership is established when SOURCES of ENERGY begin to move.

- *ENERGIES will reach somebody with the same energetic VIBRATIONS as the one who sends them.*

We are dealing with souls here that already had an inner encapsulation with one another, that is to say, AREAS of ENERGY from past lives, from the respective level of development of the spiritual realm. These ENERGIES will always find one another. They are not lost, but are also marked by human friendship and other human areas that dominate here in your physical world. You here, as part of this circle, also find yourselves in company of souls that carry the same FIELDS of VIBRATION within.

Question : The last time we met, you suggested that we begin telepathic exercises with a SPIRIT ENTITY. Did you mean our personal GUARDIAN ANGEL?

SETHAN : It is always *easier* to begin with to start with what might develop from this, with the help of a SPIRIT ENTITY and then complete the process later on. It will not happen that you

will immediately converse with one another telepathically like champions and this is why *you should begin with making the first little step.*

- *The conditions to make telepathic contact with a spiritual ENTITY are a lot better than trying to do this on a physical level, because you are enveloped and hindered by physical matter into the bargain. Two polarities have to oscillate with the same FREQUENCY, that is to say, the WORLD of SOULS has to control these IMPULSES very accurately.*

When telepathic work is about to be undertaken, another human soul entity here on Earth will simultaneously begin this work also in order to create an ENERGY BRIDGE. But this doesn't automatically mean that this will actually be successful. The first step once again is that you are quite clear about whether you want to *really* achieve telepathic abilities, that is to say, that you possess the inner attitude and the steadfastness to cooperate with GOD, because you're dealing with an eminent and divine LEVEL of ENERGY. The OBJECTIVE of communicating with a SOUL ENTITY is the more simpler one.

Question : Should one approach telepathic experiments with a fixed system in mind? Not just record the actual experiment, but also take *weather conditions, the phases of the moon, atmospheric pressures* and all other conditions that might effect the experiment into consideration, like for instance the *temperature* of the room, any probable *distractions* and also the *physical constitution* of the SENDER, respectively the RECEIVER? Or is it simply a case of sitting down and to "want" it to happen?

SETHAN : The will to do so is the most important prerequisite in all of this! Because you, as human beings, possess your free will within this earthly region, you must by necessity be the ones that ought *to utilise* this free will. Free will always represents a bit of handicap on planet Earth, because through your free will, you can go either left or right, straight ahead or even backwards. To begin with, you must *announce* through your will that you want to acquire this ability. If your inner compulsion tells you that you *really want this*, this ability will surely come to the surface. It *isn't important* to take all the external conditions you listed into consideration. They are only important if you want to undertake an additional scientific dissertation in order to gain an insight into where and when telepathy was easier and where and when it wasn't.

- *Influence by any of the elements you mentioned is impossible, because the divine ENERGIES possess their own PLANES and they have nothing to do with your physical, material solidness.*

Objection : But the phases of the moon do have an influence on psychic meetings.

SETHAN : We experience a full moon tonight, but it is by all means possible to carry out a meeting within this framework *in spite of it*, if you sit here with the required *inner attitude*. We have carried out a lot of meetings during thunderstorms and also under a full moon in the past, but we never had to abandon a meeting or it never happened that any information

from us didn't arrive in its entirety. The phases of the moon can have an influence *when* there are *insecurities present amongst the participants*. This certainly represents one aspect that could allow the scales to tip the other way.

Question : What sort of timeframe should one allow for these telepathic experiments?

SETHAN : Because it is important to neutralise one's own thoughts, you should begin with short units of time. You *shouldn't overtax* yourselves, otherwise you will also have to learn to deal with setbacks and with discontentment.

- *You should begin with a short time unit and then increase it at regular intervals.*

Comment : I have managed to ascertain that I cease to think *when* I concentrate on breathing in and breathing out.

SETHAN : Breathing means life. Thought is one element that is a part of this. The breathing technique is therefore one of the most important prerequisites to create a "thought-free environment" - in inverted commas.

Question : Should one undertake one's telepathic exercises at the *same time* every day?

SETHAN : If you would like to have the support of the spiritual realm in your endeavours to make contact with a spirit ENTITY, it would be beneficial if you *mentally arrange* this with your SPIRIT ENTITY. It isn't necessarily the time of day that is important, but the mental connection to your spirit FRIEND represents the first opportunity to make contact with him. We, as SPIRIT ENTITIES, receive this information at a rapid pace, that is to say, we are always mentally coupled to you. Your thoughts reach us immediately, because we are coupled with you THROUGH your THOUGHT ELEMENTS.

Comment : The personal GUARDIAN ANGEL is always there anyway.

SETHAN : That's right. It is not dependent on a time slot that ought to be adhered to regularly. *The mental connection* to your GUARDIAN ANGEL is important to begin with indicating that you are *now* ready to undertake a telepathic exercise.

Question : It was my understanding that one was supposed to sit down at *the same time* every time.

SETHAN : You have misunderstood this. The time component is not important, *only the mental connection* to the SPIRIT ENTITY is.

Objection : According to our knowledge, psychic meetings ought to come to a close at around 10pm in order to evade negative influences.

SETHAN : The reason for this is the fact that a *psychic meeting* like ours here needs an ENERGY FIELD that must be established *completely differently*. ENERGY STREAMS are necessary to create psychic activity, that is to say, we need an ENERGY EXCHANGE in

order to find a PLANE whereby we can make contact with you. This takes PROTECTION, SELF-PROTECTION for you to give you confidence, so that you can be active within a divine ARENA fully protected. - But telepathy on the other hand correlates with ENERGY ELEMENTS that are mentally projected. You send x amount of thoughts every day and they are autonomous in regards to the time of day. Telepathy needs a *completely different* ENERGY STREAM and a completely different life situation.

- *You can be telepathically active 24 hours a day without being exposed to dangers or conflicts, because your thoughts, which you send out permanently and every second anyway, are FORMS of ENERGY you can also employ telepathically.*

Question : Can it happen that the number of failures multiplies when the experimenter is bored because nothing happens or if he is tired when undertaking telepathic attempts?

SETHAN : This is what I have been talking about and it is in connection with one of your human traits, namely that after a while *impatience* and *discontentedness* enter the picture, because the training exercises *do not bring the desired results*. To give up very quickly is one of your human traits.

- *It is often very little factors that hinder you from making a great breakthrough. You often give up because you are impatient and unsure why these abilities cannot be developed fast enough. Patience is an important virtue!*

We have discussed this before. It is important that all of this harmonises in unison.

Question : Is our assumption that when the telepathic RECEIVER is separated from us *by a great distance* going to have a negative influence on us and are the results of our telepathic endeavours dependent on this?

SETHAN : No.

- *Where the RECEIVER and the SENDER are situated and how great the distance between them is, is unimportant.*

What is important is that the thoughts are coupled and amalgamated together, that is to say, that the CHANNEL that is being established between the two of you to enable you to send thoughts, is amalgamated and “wired” together.

- *This “wiring” will stay in place forever! It is akin to a newly established telephone line.*

But this telephone line must first be *laid* - and you need certain abilities to make this connection to somebody else function in the first place.

Participant : I thought about outwitting one's own subconscious by *imagining* that the RECEIVER is somebody that is *eminently close by* even though they are really many hundreds of kilometres away.

SETHAN : This isn't very practical, because this brings *additional* THOUGHT ENERGIES into the equation preventing you from keeping your thoughts with a NEUTRAL SPACE. These THOUGHT PLANES add new mental ELEMENTS and they will block your own thoughts. You are better off trying to establish a NEUTRAL SPACE, so that you can send your THOUGHT ENERGIES in the direction of your choice.

Question : Is it true that telepathically inclined people are often very sensitive in regards to external circumstances?

SETHAN : All mental abilities, all supernatural abilities you're aware of are *easiest* attained by *sensitive* people. Sensitive people possess an ability that allows them to perceive divine ENERGIES consciously and also subconsciously. They have the opportunity to bond with divine ENERGIES a lot *faster* and they *instinctively* sense when something in their environment emanates negative ENERGIES.

Objection : If this is the case, any *external influences* will represent a constant uncertainty in this field of research, because they can have a negative influence on any attempt.

SETHAN : People who have developed telepathically to a degree where they *can* establish contact with other PLANES or with other people have their ENERGY FORMS disturbed, when *negatively inclined people are around them* who influence them with their negative thoughts. The THOUGHT ENERGIES of these human souls spontaneously approach them. They sense that these DISTURBANCES are *not* of a divine nature, but that they serve the purpose of *causing them damage*. This interrupts their THOUGHT PLANES and it then becomes difficult to re-establish the connection between the human soul and an ENTITY, all because of the presence of NEGATIVE THOUGHTS and the insecurity they bring with it, THOUGHT ENERGIES can no longer flow purely, that is to say, can no longer flow within the divine LIGHT.

Question : What effect has the subconscious on telepathy?

LUKAS : The subconscious often *hinders* a telepathic connection, because it has been imprinted by earthly thoughts and knowledge and by the lack of understanding about supernatural things. Telepathy is absolutely not supernatural, it is *completely natural*, because everything is governed by natural laws, even if you are not yet aware of them. Your subconscious often accepts commonly recognised natural laws as if *there was nothing else beyond them*. But knowledge and development are infinite, because your heavenly FATHER is an ENTITY with infinite ABILITIES in all HIS FACULTIES.

Question : If telepathy represents a new form of communication in the times ahead, the question of whether mankind has progressed enough to realise this arises?

LUKAS : Telepathy is already being carried out these days, this however in laboratories and by consortiums you have no access to. But the opportunity for a general telepathy for all and sundry, wielded like your present day language, will be a long time coming, because your ethereality lags far behind in this respect. That telepathy between man and animal is possible has been scientifically verified pretty definitely, but one holds the opinion that this ability is the prerogative of only a few people, regarded as being not quite normal -, and they are treated accordingly. In a distant future, mankind will have *perfect* control over its telepathic abilities.

Question : Will telepathy only record a break through when people have learned to treat one another more lovingly?

LUKAS : Oh, yes, that is also an issue, but not the only one.

LUKAS : *The ability to employ telepathy will then record a break through when you, as human beings, have adapted character wise to this development and begin to treat every human being as if they were your brother or your sister. Then and only then will - virtually over night - the veil be lifted, because you will then have attuned to all the higher OSCILLATIONS and you will no longer be attuned to your petty and egotistical thoughts and actions.*

Question : What is the situation like with souls that are presently being incarnated and that actually ought to have a higher ethereality?

LUKAS : These souls *possess* a higher ethereality, but they are born into a world that *doesn't want to know* about these things. This is why the first waves of souls that incarnate will have a *particularly difficult time*. We are dealing with children here that are treated similar to your highly gifted children. There are only a few official administrations that have recognised the mental potential inherent in these mental giants. This insight will take its time. These mental giants, like the Indigo Children, are often treated like handicapped people or lepers.

Comment : A difficult incarnation...

LUKAS : But we would like to emphasise, a *voluntary* one!

Question : You said that telepathy represents the conveyance of a specific FORM of ENERGY. We're aware of HEALING ENERGIES; they have already gained a certain amount of recognition and continue to do so. What other FORMS of ENERGY exist beyond those, ENERGIES that we have *not yet* recognised?

LUKAS : I cannot answer this question for you, because there are no suitable words in your language to express this. Look at it like this: GOD possesses infinite knowledge and this also applies to FORMS of ENERGY, which are also infinite. The CREATOR is ENERGY and HIS ENERGY, which is in everything physical, also operates in the world of anti-matter and also in the FABRIC that permeates the spiritual realm. These FORMS

of ENERGY are infinite and their effect is therefore infinite also. We cannot portray this in great detail in just a few sentences. SPIRIT ENTITIES have a different overview in this regards. In stead of words, we utilise imagery and feelings. This type of “language” is *more universal*. We hope that this answer satisfies you.

Question : What is the difference between telepathy and suggestion?

SETHAN : Telepathy represents to *voluntary* sending of ENERGIES that are a part of the positive ENERGY DOMAIN of the divine. Suggestion can be utilised *without respecting the free will of the other party* in order to facilitate a re-programming, suggest ideas and undertake a miss-programming of other people. Free will can be obliterated through suggestion. Character changes of people can be effected through suggestion or through POSSESSION.

Question : Does telepathy always work with a divine framework?

SETHAN : Telepathy is a gift that can naturally also be utilised by the *negative* DOMAIN. This is in regards to people who harbour *negative* thought forms within. But the *negative* WORLD finds it difficult to reach *positively inclined* human souls on this planet Earth through telepathy. It is an *equalization* of divinity, that is to say, if you send positive thoughts, they will *only reach positive* ENTITIES. Negative forms of your thoughts on the other hand will only attract NEGATIVE FORMS. Telepathy is a purely divine ENERGY, one that if send in a *positive* sense, will only produce positive ENERGY.

Question : As is generally known, the phases of the moon have an influence on many people. Is telepathy influenced by these subjective reactions or through atmospheric changes?

SETHAN : We have to say no to this, because this only concerns your biological household. MOON ENERGIES, the phases of the moon you are subjected to, become apparent through *biological* disorders, but they *cannot* change your soul or your divine ENERGY, your divine CORE. They have no effect on your ethereal LEVELS, but only on a coarse, material level, that is to say, that due to its coarseness, your physical body will react to it, because ALIEN ENERGIES are then progressively more activated. Your ethereal LEVELS will not be affected by this. Your aura and your BODY LEVELS, which are ethereally assembled around your physical components, are out of reach for such ENERGIES.

Objection : But biological disturbances can block psychic activities and thereby also block ethereal LEVELS.

SETHAN : Thoughts are not biological elements, but FORMS of ENERGY of a completely different NATURE. They have nothing to do with your biologic and energetic body. They are ethereal WAVES and they penetrate through your coarse, physical body. FORMS of MOON ENERGIES can certainly bring about sleeplessness, fidgetiness and a lack of ease, but these are biological cycles within your body and they have nothing to do with your ethereality.

Question : Are men equally good a TRANSCIVER as women? What part does gender play in regards to telepathy?

SETHAN : Gender *doesn't* play a role in this case. You were once also active as a woman here on Earth and you still possess many elements that comprise the male and female aspects within your cell structures - or what you look upon as separation.

- *Telepathy is autonomous from gender, but it is dependent on the development of your consciousness and your inner attitude. Telepathy has nothing to do with the coarseness that is the mark and the characteristics of gender.*

Question : A telepathic SENDER must also be able to receive. In what regards does the training of a telepathic SENDER differ from that of a telepathic RECEIVER?

SETHAN : Telepathy is always a to and fro. You send and you receive. You are therefore trained as a SENDER and a RECEIVER. What's the good of you sending telepathic thoughts when you don't know whether your thoughts arrive at their destination. You must develop a sense of hearing and a sense of feeling for this, so that you can recognise and filter any acknowledgement. This means that the thoughts that lodge within your head are direct answers to the thoughts you have sent - something you shouldn't look upon as some crazy idea, but as a *given*, as something *real*. This is of great importance in all of this! - Something similar happens when you write with LUKAS: You must be able to read what has been written. Of what use would it be if you couldn't recognise and absorb what you have written. As a telepathic SENDER you receive, but you also emit. It is an art to be able to combine the two. You must learn to perceive ALIEN ENERGIES and you must recognise that these FORMS of ENERGY do not come from you.

Question : When will telepathy begin to emerge from within someone?

SETHAN : Telepathy will then make an appearance from within when *an inner desire* for telepathy is present. An inner attitude, an inner acceptance to recognise telepathy as something enriching to then formulate the wish to learn it. This is the first step in the telepathic learning process. Telepathy is - like everything divine - present within every single human being. Telepathy is *not something special*, but an ability GOD gave you as a GIFT along the way. All of you possess the *ability to recognise* and all of you *also* carry *this* ability within you, that is to say, that the inner positive mental attitude must be present in order to accomplish telepathic work within your physical domain.

Question : Let's assume that the desire to master telepathy *is present*. What methods would furnish the best results?

SETHAN : The best results spring from your inner connectedness with yourself, from your inner balance and your inner peace.

- *You must signal your readiness to the outside in order to encourage a spiritual ENTITY to work with you.*
- *You must mentally make telepathic contact with someone - be this your GUARDIAN ANGEL, your spirit GUIDE or a soul you are very familiar with, a soul that has already passed across to the spiritual realm.*

It is *easier* to strengthen one's telepathic PLANES through the mantle of one's soul, that is to say, through the spiritual realm, than to make telepathic contact with a human being within the coarse, physical arena you are surrounded by. This represents a good training exercise, namely to undertake the first steps within a field of knowledge that brings completely different experiences with it. It is easier to establish contact with a SOUL ENTITY that is willing to work with you.

- *It can start by you asking whilst you meditate who amongst the SOUL BROTHERS and SOULS SISTERS around you is willing to undertake this telepathic work with you.*

You ought to find a PARTNER in the spiritual realm who is willing to cooperate with you in this and you ought to arrange steps with HIM in order to be telepathically trained.

Question : The symbolic propounded by *Charles Bliss* is employed worldwide to educate disabled children. The method is so flexible that it can express the most complicated and abstract thoughts. Whole books can be written using *Bliss Symbols* and they are then understood worldwide. It is suppose to take only a few hours to learn to read and write *Bliss* rapidly and one is supposed to be proficient in it after just a few weeks. - Is this method a perfect key in regards to telepathic trials?

SETHAN : The fact is that this method is particularly qualified for disabled children so they can exchange thoughts with one another. Disabled children do not possess inhibitions in regards to absorbing and sending positive thoughts, because they are focused within and they surround themselves only with positive ENERGY. It is certainly possible for adults to utilise this method, if they are willing to switch off any negative thoughts. But the problem is that this isn't always the case. You are always in danger of sending negative ENERGIES.

Question : The press recently reported that a number of people once again hit the jackpot in the lottery. Has this anything to do with a developed ability for telepathy or precognition?

SETHAN : We are dealing with ENERGIES of CHANCE here and they unearth these types of gambling elements and jackpot results. It has nothing to do with telepathy, but it's simply a random result that takes place in society's gambling arena. It is exactly as if you were trying to restructure negatively polarised people into positive people, because this always entails that the other side is also willing to listen to you and to allow something to happen. People subject to a certain lucky streak possess certain ENERGY ELEMENTS,

because mental and energetic PROCESSES take place here that bring these results. But this has nothing to do with telepathy.

Objection : You mentioned coincidences. But as there are supposed to be no coincidences, there must be a system behind all of this, namely that some people win whilst others don't?

SETHAN : This is why I mentioned at the end that certain LEVELS of ENERGY are present there that favour this, that is to say, that these people carry a kind of "LUCKY" ENERGY within and they can utilise it to achieve these results.

Comment : Not everybody carried this "LUCKY" ENERGY within. Many people rather carry "BAD LUCK" ENERGY within.

SETHAN : That's the way it is. All of this always depends on what you bring with you when you're born and also on what you do with your FORMS of ENERGY.

Question : Does telepathy function better in space than here on Earth?

SETHAN : Due to the fact that you leave the physical environment of the Earth's mantle and enter a *neutral* ENERGY PLANE, telepathy is a *lot easier* to accomplish. You are no longer trapped within by the DISTURBANCES that are a part of your every day life. You are subject to your mental pressures and you are also restricted by your work loads here.

- *In an empty space like the universe, to which you are also physically connected to when you leave the earthly plane, telepathy is a lot easier.*

There could still be a lot more said about this. It would be good if you could direct this question at the SANTINER, because the SANTINER have a lot of experience in regards to the FORMS of ENERGY present in space. The SANTINER are surrounded by a completely different ENERGY NETWORK and this allows them to explain this through words much more clearly.

Participant : We better ask TAI SHIIN to answer this question.

SETHAN : TAI SHIIN would like to do so *in one segment*, when there are a number of questions to be answered. He wouldn't like to bring about a change now, as we are approaching the end of the meeting. It would be better if there were numerous questions to be asked so that TAI SHIIN can report to answer all questions in regards to the SANTINER.

Question : Is it true that telepathic abilities are *ever rarer* within our technological and civilised society?

SETHAN : We can confirm this by saying that you, as human beings, are constantly wrenched out of your ethereal PLANES by the things around you and that you are continuously confronted by new situations. The tranquillity experienced by monks is hardly ever present and your meditations, something you might undertake during the day, only

represents a fraction of what connects you with the coarseness of your physical world. Any connection with us only lasts a fraction of a second, because you are confronted by the events of your environment most of the time.

- *The connection between us and the ENERGIES that are part of the ethereal ELEMENTS represent only a very limited component and this is why telepathy cannot progress in a way the sciences and maybe certain governments wish for.*

Souls are confronted by FORMS of ENERGY that continuously throw their inner peace and their inner equilibrium out of whack. You are not CENTRED and you occupy a very limited area within the divine. You are surrounded by FORMS of ENERGY that are *not beneficial and not positive, most of the time.*

Comment : Native tribes, like the aborigines in Australia, practice telepathy over thousands of kilometres even today. A colleague of mine experienced this recently on a business trip through the outback when their jeep broke down and the driver, an aborigine, sat down about 100 meters from the defect motor vehicle, after a short while he came back and informed them that his brother would soon be here with a replacement vehicle.

SETHAN : It is very easy for native tribes to go quietly within, to isolate themselves and to connect with nature, because they still perceive and recognise nature's ENERGY STREAMS. I assume that you here no longer possess this contact with nature, because you do not listen to the things nature whispers to you. You are aware of the changing seasons, but you don't understand that this has also something to do with you.

Question : What have clairvoyance and clairsaudience to do with telepathy?

(T. B: Little.)

LUKAS : Nothing. All of this is in fact part of a spiritual VIBRATION PATTERN, but they are stored in different ways and require *suitable* people. He, who is clairvoyant does not necessarily also have to be a telepath; he, who can materialise things must not necessarily also be able to master automatic writing. You, as human beings, might all be equipped with the same mental PROCLIVITIES and they include your "supernatural" activities, but these PROCLIVITIES are *individually different* and to a higher or lesser degree lost. This is why it takes the insight to begin with that something like that actually exists. Only then can one, if one's inner attitude allows it, begin the search to find out *which form* of psychic activity suits one best.

- *There are exceptions, that is to say, there are people that can carry out many kinds of mental abilities at the same time. But these people are rare and often special souls, souls with some eminent ASSIGNMENT. Clairvoyance, clairsaudience, telepathy etc. are PROCLIVITIES similar to your occupations here on Earth, but here too there are different levels of abilities and not everyone becomes a master of his trade.*

Question : Where do the ENERGY VIBRATIONS we need to exercise telepathy or also other kinds of psychic activities come from?

LUKAS : The origin of these FORMS of ENERGY lies within the creative ARENA of the spiritual realm, within the AREAS reigned over by ARCHANGELS and GOD'S ALMIGHTINESS, far beyond the ethereal PLANES where physical ENTITIES march towards their PERFECTION. These AREAS are filled with GOD'S POWERFUL RAYS and they emanate from there throughout all of HIS CREATION.

Question : What is the Church's attitude in regards to extrasensory perceptions and telepathy?

LUKAS : They look upon it as the work of the devil to entice souls to his side. All things to do with psychic activity and *outside* the Church's *doctrines* are regarded the "work of the devil" by these institutions. So as not to endanger the existence of these existing institutions, there is no change in sight in regards to their point of view. They would have to admit that a Church service, the way it *should* be held, can be better presented *without* their institutional powers - well, I must say their opposition.

Comment : The Church's attitude is in denial of the fact that JESUS CHRIST was the greatest medium ever!

LUKAS : Not JESUS CHRIST, they wouldn't dare, but they deny HIS *original doctrine*. HIS original doctrine was changed in such a way that it would prejudice their institution now. We don't want to put theologians in the pillories, that is not our agenda. We are talking about an "institutionalised" Church, one whose walls are crumbly and have partially collapsed already.

Question : Did the annihilation of the so-called witches in the Middle Ages serve the purpose of strengthening the dogmatic position of power of the Church?

LUKAS : An order of the institution. A simple theologian could never have accomplished this work of destruction alone. Whole tribes were annihilated, because soldiers carried out the resolutions of the Church. An institution is of course populated by people and these people have a difficult karmic burden to bear. Many of them cry bitterly even now, because they discovered too late what they did.

Question : Why does any extrasensory phenomenon find such varied acceptance on this planet?

LUKAS : Well, *things are improving* and a lot of progress has already been made. It's unfortunate that it doesn't progress at the rate it really should. This is why a time will come when external events will have to move things along a little. The Earth is the only planet within this solar system that still lags way behind the VIBRATIONS of its neighbouring planets. The Earth's history plays an important role when it comes to explaining the varied acceptance of extrasensory phenomena. The spheres of control were too diverse and the insights and obstinacy too diverse also. Think of native tribes and compare *their* spiritual

standing with the spiritual standing of Europe. You will ascertain a marked difference there.

Question : What is meant by “when” external events will have to move things along a little?

SETHAN : This has to do with the fact that many people on planet Earth deal with extrasensory perceptions, that is to say, that these elements become identifiable through various PLANES, either telepathically or also through UFO sightings. This is the reason why people will then be more inclined to accept and to understand this. This will lead to a situation where the sciences *must* also deal with this, because the existence of these phenomena *is irrefutable*. This will be one step that will produce a radical change within the whole scientific and humane arena. The pathological areas will also be looked at from a different perspective and this will make all of you a part of nature again, a link on Earth.

Question : From your point of view, what are the things that we have not yet recognised and taken into consideration that are *also important* in regards to the theme of telepathy?

LUKAS : We don’t want to make a mess of this and be led up the garden path by your questions. It wouldn’t make sense to overtax man’s spirit with information he cannot comprehend. The time will come when you will be able to ask specific questions. Ask yourselves at this point in time whether you are actually prepared to learn telepathy. If you don’t show any willingness in this regards, any more specific questions are really superfluous.

Question : Is every human being able to learn telepathy under our present day conditions?

SETHAN : Ever soul entity here on planet Earth carries the ability to learn telepathy within. But it takes preparation and an exact self-assessment to ascertain whether telepathy should be considered by a human soul. It always takes preparedness and one’s free will to enter this area of the psyche and to relearn this ability. These are areas that have to be *researched anew*. We are dealing with new ENERGY LEVELS that spring into action here and this brings with it a situation where *even more* divine CREATIVE ENERGY flows on this planet. When a telepathic plane between an earth being and the spiritual world is being established, LIGHT and ENERGY FREQUENCIES oscillate from one side to the other, so that this planet is fed LIGHT and CREATIVE ENERGY through this connection.

Question : Must the desire to master telepathy be overwhelmingly powerful or is a positive objective and the wish to do so enough?

SETHAN : A positive attitude is the basic prerequisite and a willingness to invest time and also *regularity* into learning telepathy is also required.

- *It isn’t enough to have a wish to do so and to undertake a telepathic attempt once a month. It takes regularity and continuity and a positive inner attitude towards the CREATOR to make the TRANSFER of these energetic IMPULSES possible in the first place.*

You will not be able to cross the boundary by quarrelling and doubting, because that would make it impossible for the SENDER and the RECEIVER to correspond with one another. It takes genuine inner anchorage and the knowledge that these divine ELEMENTS are stored within you and that they only have to be activated.

Objection : Once a month represents regularity.

SETHAN : But it isn't enough to achieve the continuity between SENDER and RECEIVER so that the required ENERGY FIELD and the energetic STREAM can be build up. It takes a lot of preparatory work in order to couple these ENERGIES together.

- *The ENERGIES you mentally send must couple with the ENERGIES of the ENTITY from the spiritual realm. These FORMS of ENERGY must amalgamate with each other and they must be coupled together. It isn't enough to do this only sporadically, because this energetic FIELD must be established and a PATH that leads from your physical world to the spiritual realm must be found.*

You are aware of the ENERGY that is EXPENDED in order for us to be able to work with you *here*, in order to be able find ENERGETIC harmony with you in the first place. It takes a great deal of time to establish the required SECURITY and the ENERGY EXCHANGE. The same applies to telepathy. It *is not enough to send* a thought form, because it must reach a target and it must be networked, otherwise it will simply disappear in thin air.

Question : What intervals would you suggest?

SETHAN : To establish and interconnect a SENDER-RECEIVER relationship to begin with, it would be good to expend some time *every day* in order to mentally connect with an ANGELIC BEING.

- *This mental track does not have to run for a long time, it suffices to send this mental ENERGY in the right direction for a few minutes during meditation.*

It is important to begin with to find a narrow, restricted structure in order to manage to catch their attention in such a way that these ENTITIES will connect with you. The SPIRITUAL WORLD also needs a certain amount of time to establish the right CONDITIONS for these energetic STRUCTURES.

- *Once the INTEGRATION has taken place, it will never be lost again. This means that this CHANNEL continues to exist and that this CHANNEL will never run dry.*

After telepathic contact has taken place for the first time, it can be re-established *at any time* after that and it will then certainly be possible to introduce *longer* intervals. But the initial contacting requires a *continuous, constant and regular* commitment.

Question : Is a certain command of meditation assumed here?

SETHAN : Of importance is only *the alignment* of the mental ENERGY FORCES within the meditation, that is to say, that the one trying to make telepathic contact with someone in the spiritual realm *nominates this* and sends his ENERGIES on its way to infinity *with this formation* attached, because you cannot imagine how these ENERGIES are collected.

- *These sent ENERGIES ought to be filled with LOVE and with LIGHT and with the CREATIVE ENERGY, that is to say, that it is important to pursue telepathy under the auspices of divine LOVE, in all openness and bathed in the brilliance of the CREATIVE ENERGY you transmit.*
- *Adding to this, visualise a BEAM of LIGHT that you send into infinity and fill this BEAM of LIGHT with a thought impulse. You should repeat this thought impulse at the beginning of every meditation, so that a linkup between the SPIRITUAL WORLD and your physical world can take place.*

Question : You said: “Once the telepathic integration has taken place it will never ever be lost again.” But if one *mastered* telepathy in the spiritual realm, why must one arduously try to relearn this here on Earth, especially if this telepathic channel remains intact, as you say?

SETHAN : This has to do with the fact that your consciousness and your brain’s activity *do not accept and acknowledge* the phenomena of telepathy and extrasensory perceptions. What happens quite often is that people *actually acknowledge* these phenomena *in others*, but *never in respect to their own abilities* or even assert a claim for themselves. Due to the free will imparted to you by the CREATOR, this ability will only be in a position to become active again *once you are ready* to reabsorb the ENERGIES that come to you from the ethereal PLANES of the spiritual realm.

You are very intimately tied to the physical here and you have not yet explored the ethereal PLANES. Only one tenth of your brain is active and utilised. You have many ENERGY CENTRES coupled and connected to your ethereal PLANES, but they have not yet been utilised by you. Your third eye and your other ENERGY CENTRES are *not always* connected to the ethereal PLANES, that is to say, the physical world you live in takes most of your attention and you must *find* the way to the ethereal PLANES again. This CHANNEL must be cleared of any debris and any lower ENERGY ELEMENTS to begin with.

Question : Is this a case where the CHANNEL is on hand, but non-conducting?

SETHAN : That’s right. To begin with, the CHANNEL that represents the connection between you and the spiritual realm must be *newly established* and it must be cleansed with pure divine ENERGY and through energetic STREAMS, be this through clairvoyance, clairsaudience, telepathy or other ethereal PERCEPTIONS, before a connection with the WORLD of spirit comes about.

Objection : This CHANNEL isn't as severely blocked in young people as in adults and if this is the case, *every child* ought to be able to establish telepathic contact.

SETHAN : Children certainly have a telepathic PLANE. They communicate with ANGELIC BEINGS and they communicate and perceive ENTITIES, you as adults, no longer perceive. Children still have good access to this CHANNEL and this in connection with the ethereal PLANES around them. With growing up and with the confrontation of the physical world, this CONNECTION slowly ebbs away.

- *Children have access and they HEAR and SEE ANGELIC BEINGS and they also SEE departed members of the family. It can eventuate that children SEE their deceased grandfather next to them or ANGELIC BEINGS that accompany them. It can also be ENTITIES from a past life, entities they call by the names of former PLAYMATES and denote as "FRIENDS". The CHANNEL you must work so hard to open up in your world of adults is still open in children.*

Question : Does the sound of the voice of the telepathic SENDER resonate in the head of the RECEIVER as loudly as if one was on the phone?

SETHAN : We are dealing with FREQUENCIES here that you perceive *within*, that is to say, you absorb their voices in your mental environment. Whether these voices are perceived within the area of the head or anywhere else within the physical body varies. You absorb mental words, sentences and information and they are perceived through your language sensors. Your own mental plane is not affected, that is to say, that new developments take place within your brain, *developments within the regions that presently still lie fallow*. Cells you have not yet utilised up to now are activated.

Question : Of what sound intensity is a telepathic message?

SETHAN : This varies a lot. It depends on the potency of the connection between SENDER and RECEIVER. You are aware that a SENDER has to find a RECEIVER first! We are dealing with fringe areas, whereby the sound intensity isn't as concentrated as in a *well established* team.

- *In a well established connection and where there is a lot of trust present, you will perceive the mental PLANES much better. You will perceive the voice - or better call it the energetic VIBRATION - more amplified and you will be able to filter it more intensely.*

Question : How can one telepathically transmit a sentence word for word?

SETHAN : By *mentally verbalising* this sentence and by sending it on its way through your personal LIGHT CHANNEL you visually imagine.

Question : What problems can arise during telepathic exercises?

SETHAN : Problem can arise when something disturbs you, for instance your *own* thought energies, that is to say, when you are mentally *not disengaged enough* to concentrate on this short time lapse exercise, *not disengaged enough* to mentally separate yourself from externalities, because your style of meditation isn't trained to a point where your power of thought can be pushed to the outside. You, as human beings, are very severely encapsulated by your environment.

- *The material world around you disturbs your thought energies, because they are influenced by these externalities. The inner peace required for telepathy represents a training ground that requires a bit of time to attain. Your mind must be absolutely empty in order to send the mental message you want to convey to the SPIRITUAL WORLD.*

Participant : The question is how these problems can be rectified. Probably only by trying to actually think of nothing! We have discussed this once before.

SETHAN : That's how it is! And this takes a training phase and this has to be overcome. Remember monks or Tibetan Lamas, they extricate themselves from external thought energies. Due to their inner peace, they can even prevail over physical matter and not just leave their bodies, but also *displace* their body onto a different PLANE. This takes place due to the separation to your physical shell, that is to say, the concentration on the inner CORE, inner harmony is the most important thing here in order to gain this ability at all.

Objection : To gain inner peace here in our western world is well nigh impossible for most people.

SETHAN : This is why it *not only* takes patience and endurance, but *also* an inner acceptance, especially if it *doesn't function immediately*. We are here to support you in this, because we are well aware of how difficult it is for you to find this inner peace in this day and age.

- *Telepathic attempts should only be carried out when your daily grind has come to an end and when you are really ready inside to emit peace. We will absorb your THOUGHT IMPULSES and try to prevent external disturbances from interfering.*

Question : Is telepathy only possible with the help and backing of the SPIRITUAL WORLD?

SETHAN : The SPIRITUAL WORLD supports your wish to learn this ability. It supports your endeavours to increase your mental faculties and abilities. If this wasn't the case, we would not pursue this line of work with you here and no psychically able person would complete his or her training here on planet Earth.

Question : The Great Pyramid of Khufu (Cheops) and the mystical calendar of the Maya place the temporal account of our civilisation abruptly at the year 2012 AD. Would it be beneficial for us to learn telepathy by then?

SETHAN : Telepathy is an ability to converse with the spiritual realm, that is to say, when this ability is expanded and utilised to ask questions concerning the future. You are aware that we cannot give you any timeframes as we don't know what the future holds, because the future is *alterable* and *modifiable*. We, as SOUL ENTITIES, will not cease to accompany you here on this Earth and to support you in your endeavours to grow spiritually. We will try to realise the ASSIGNMENT the CREATOR gave us here on Earth.

We hope that our spiritual messages reach a lot of souls here on Earth so they can recognise the fact that *they also* represent a part of the WHOLE. Every human being bears a *great responsibility* for the things that take place here on planet Earth and also how the history of the Earth develops further. You are a component of what is the here and now. You have participated in creating the history of your planet and you are therefore co-responsible for the things that become apparent here on Earth. Not in regards to the havoc and mischief your governments and the dogmatic and dominating power potentials create, certainly not, but you are completely responsible for your *thoughts* and *your actions*! You are a part of the WHOLE, that is to say, you are responsible for what you do with your soul's endeavours and you are also karmically tied to your own nation here on Earth.

Question : How should telepathically gifted people use their ability?

SETHAN : Telepathy is an ability that opens up completely new ways and completely new areas to you, that is to say, that you gain the opportunity to make direct mental contact with SOULS ENTITIES from completely different REGIONS. You then have direct contact with SPIRIT ENTITIES and you can ask direct questions and communicate with them directly. What is revealed to you represents an enormous wealth, a different kind of wealth than the treasures you obtain from books or from other sources, because you can facilitate a DIRECT CONNECTION with divine ENTITIES, one that you, as a LIVING SOULS, perceive on a *different* PLANE. This is an enrichment that doesn't just serve the purpose of allowing your own mental maturity to progress, but also the mental maturity of other people, because you will then externalise a role model to your fellow man and pave the way so that the divine LAWS can be externally expressed.

Question : How can one learn to distinguish between a normal sensory perception and telepathy?

SETHAN : This is difficult to explain, because one has to give it a try first. You will recognise when mental ENERGIES from the SPIRITUAL WORLD are sent to you, the same way you notice that the psychic type face changes, when another ENTITY announces itself here. You notice that you are not the one that produces the type face on the piece of paper. You, as a human being, will immediately recognise these ethereal ENERGIES and you will learn to differentiate between the various FORMS of ENERGY.

Question : I had an interesting experience this morning: I stood in the kitchen and I heard a voice coming from the hallway calling my name. I thought that it was my husband, but this wasn't the case. Who called me?

SETHAN : The voice came from your grandmother who spends a lot of time with you. This particular soul still has a great responsibility in regards to your soul's journey here on Earth. Your granny is a soul that has very close contact with you. She tries to make contact with you through this PLANE. You have the ability to make mental contact with her, because she is often with you and she tries to assist you in arranging and planning your life's journey here on Earth. She is a GUARDIAN ENTITY and she has made it her mission to remain here in order to protect your life's journey. She has given herself *this* assignment instead of taking on an assignment in the spiritual realm, because she has a very intimate spiritual connection with you. - The soul of your father is also often with you, but not with the same intensity as your granny's. Your father has his existence in the spiritual realm and he has taken on an assignment there. He is undergoing some training there, but he still maintains an intensive contact with your soul and with the soul of your granny. This represents an energetic TRIANGLE, one that is in constant flux and it also represents a condition where contact is never interrupted. Both of these souls have taken this assignment on board, they are here for you and whenever your thoughts are with them, they turn up immediately.

Question : Wherein lay the reasons why telepathy or other psychic phenomena find such a varied acceptance with so many people?

LUKAS : Because they don't know that *they also* possess this ability. How can they accept something they don't know? But the fact is *that this acceptance will grow*. We are certain that your protocols on telepathy will make a considerable contribution in this respect. Many people are merely waiting for instructions so that they can unfold their abilities. This will trigger an avalanche. The time will come when children in school will be made aware of these abilities and there will be appropriate exercises to give every single one the chance to display these abilities permanently and openly on the surface of their spirit. This will bring the necessary acceptance with it.

Question : Neither the Church nor anybody else is in a position to inform you about ANGELIC BEINGS in today's world. Most of them cannot even imagine that ANGELS - no matter how one imagines them - accompany us here. Doesn't it start by making oneself consciously aware that ANGELS do exist?

LUKAS : Everything is in upheaval, religion and the inner connection to GOD and HIS REALM is also in upheaval. GOD'S HELPERS come off second best in your earthly religions. One cannot easily blame the priest for not teaching you this. How would they know? - The institution dictates exactly just what they may teach; otherwise they're barred from the pulpit. These things are also subject to great upheavals. We have already voiced our opinion elsewhere. It is simply a question of time, whereby we cannot make exact predictions, because changes take place on a daily basis and they in turn can trigger situations that were unpredictable and unforeseen. Be patient! GOD knows exactly what HE is doing!

Question : The Church is still actively engaged in exorcisms to drive out the devil. Why does it not respect extrasensory abilities like telepathy or the possibility of contact with the spiritual realm also? Why do these institutions not accept and support the *positive* SIDE?

LUKAS : They are aware of it and this is why they collect all the significant reports they can lay their hands on. But these things do not find their way into Church doctrine in spite of this.

- *One tries to prevent the public from dealing with this field of knowledge. On the one hand because of the deemed position of power regarded as lost and on the other hand because of the hidden dangers that lurk in the shadows.*

We have discussed the last point before and - in this regards - we take sides with the Church and their warning. Exorcism is one phenomenon the Church is aware of. But in spite of this, exorcism is only practiced in the privacy of little chambers and very little information ever sees the light of day. This has always been like that. For as long as these institutions do not do an about turn in their way of thinking, their doctrine will certainly not change either. But we cannot accept this situation! The future, that is to say, the New Age proceeds in an unimaginable tempo. The Tempo will continue to increase and those living in the past will be swept away. The HEAVY GALES of the SPIRIT will cleave their way, there is no doubt about it.

Question : Why do these psychic abilities develop *so differently* here on this globe?

LUKAS : Because personal interests *are so inherently different* and not everybody shares the same - I would like to say “wavelength”. But this is to be accepted, even though everybody - without exception - will undertake this journey one day.

Question : Am I right in saying that this has nothing to do with ENERGY VIBRATIONS, because the English, Australia’s native tribes and others are well advanced of us Germans in regards to spirituality?

LUKAS : A HEIGHTENED VIBRATION is present in this case and it goes hand in hand with this development. There have always been very spiritual people in England and especially in the Scottish Highlands.

Question : Does the fact that spirituality in the Scottish Highlands, in the Andes of South America and the native tribes of Australia and Asia is *especially* high, have anything to do with MORPHOGENETIC FIELDS?

LUKAS : The Earth’s MORPHOGENETIC FIELDS is *present everywhere* and every country *can* utilise this FIELD. This FIELD reacts particularly well to thought vibrations. But this knowledge has to find an echo within the broader social stratum before one can strategically experiment with the MORPHOGENETIC FIELD. *The time to do so is now!*

Question : In regards to clairvoyance and clairsaudience one surely must have reached a certain level of proficiency before one can perceive the ETHEREALITY around us. How does this function?

LUKAS : Well, some perceive ETHEREALITY through their clairvoyant ability, others engage in automatic writing, like being dictated to, whilst others leave their physical body in order to make way for an alien soul - and this makes clairvoyance and clairsaudience nothing more than *additional forms* of abilities on the large palette of the ABILITIES that exists.

- *Once your present brain blockages disappear, you will be able to look inside the spiritual realm at will and you will be able to converse with the so-called "departed" at any time and anywhere and they will also be visible to you.*

But all of this will *only start* when one deals with these things *intensely* and when one keeps one's involvement with externalities *to a minimum*, that is to say, that one allows externalities only to be active to a degree that one can do justice to one's occupation and one's physical existence, *without* neglecting the spiritual PLANE - a fundamentally more important PLANE.

People, who have recognised this, work with telepathy on a daily basis. They perceive ENTITIES and they communicate with them. They hear the VOICES of their spiritual COMPANIONS and they will not publicise this openly, but safeguard these ABILITIES like a treasure. To explain the exact function of this would be futile, you would not understand it. In order to learn to play the piano, one has to sit in front of a piano and not try to learn it from a book. It takes more than that!

Question : Spontaneous telepathic transmissions seem to prefer a state of reduced conscious activity. Is this correct?

SETHAN : What happens is that spontaneous thought transfers occur very fast and in a flash and they confuse you and make you contemplative to begin with. You are then very much affected by this, because you don't know *how* these thought reactions appeared in your head. These thought planes are *then* possible, when you *are free* from inner constraint or mental processes. These are gaps your FACULTY of PROTECTION perceives very rapidly to then manifest these ENERGIES in words within your head. They represent bursts of thought reflexes and they are only possible when you free yourself from your inner constraint that *you have to* make contact with the other WORLD. This means that this is only possible for those that *are willing* to make telepathic contact with us, as ENTITIES of the divine, on this LEVEL. These are attempts to show you that it is possible to perceive thoughts *from outside sources* and *not produced by you*.

Question : Is it possible that expecting *too much* rather hinders instead of furthers one's telepathic development?

SETHAN : These are blockages you manifest through your constrained imagination and expectation. The *more laid-back* and *relaxed* you tackle these exercises, without an expecting mind-

set, *the easier* flow the ENERGY STREAMS between you and the spiritual realm or the SANTINER. Through your thoughts, amplified by saying: “This exercise must *surely* be finally crowned with success“, you block any access to the spiritual realm.

- *An expecting mind-set is always a hindrance in regards to telepathic success or any other extrasensory perception for that matter.*

It is akin to standing under a starry sky and thinking: “Well, I would like to see a UFO or a SANTINER *right now*.” An event like that will only take place at a time when you are *not* thinking about it, *you are then free and receptive* for PLANES that can approach you through ETHEREALITY. You manifest the physical matter around you through your thoughts! The *more devoid of thought* and the *more relaxed* you approach these attempts, *the easier* it will be to create a BRIDGE between the physical and the spiritual realm.

Question : Does telepathy function better at a younger age, for instance with a thirty year old compared to a fifty years old?

SETHAN : No. A lot of your life’s processes have been completed by then, that is to say, you already have accumulated abilities and experiences in this earthly existence. Your biological cycle is completed at age thirty and it is on par with that of a fifty year old. Your ENERGIES and your connection to the spiritual realm begin to ebb away at about age seven in this material world of yours, that is to say, with this cycle; a connection to the spiritual realm can only be accomplished through the renewal of ENERGY ELEMENTS and this only through the newly established spiritual CHANNEL.

Through their world of experience and through the structures adults convey to them, through the regularity and the abilities they have learned, children complete their biological process at age seven. To make contact with spiritual ELEMENTS, namely us as spirit ENTITIES, is very difficult after that. It is easy for a three or four year old child, because they still maintain the connection with ANGELIC BEINGS. But this connection soon ebbs rapidly away and this relegates telepathy back to a learning process that has to be learned anew, like going back to school.

Question : You mentioned that it was important to trust one’s inner answers and to continue to work with them. Does this trust in one’s inner self also lead to a more self confident lifestyle?

SETHAN : Accepting one’s own EGO and one’s own personality not only strengthens one’s soul, but also the image you portray to the outside for your Earth. *As inside so outside*. The readiness to establish contact with ANGELIC BEINGS strengthens your soul, your own inner CORE and your self-image. You will portray a completely different image to the people around you. You will then emanate a different self-assuredness and a different divinity than before.

- *This is where the new level of consciousness develops towards, namely towards a new self-image of all of mankind, a different one from the one that is presently on show. It represent the growth of a new man with a different, more self-assured ego and*

another soul-image becomes externally visible, free from any blemishes imparted by the Church and no longer marked by their dogmatic influence.

Question : One originally assumed that thoughts are a kind of radio wave and are therefore of an electromagnetic nature. But this turned out to be a fallacy. Telepathy also functions inside a “Faraday cage”, which is impervious to electromagnetic waves. At this point in time, we know of no material that is capable of providing a shield against thought energies. Can you mention materials capable of doing so?

SETHAN : We cannot name any materials. Your thoughts flow through all the PLANES of the hierarchical structure of CREATION.

- *Your thoughts are carried beyond your planet and they also return to you, because they represent FORMS of ENERGY that were manifested here.*
- *Your thoughts are the mirror image of your deeds and your actions. You manipulate your whole sphere of existence through your power of thought.*
- *Thoughts also influence your cellular processes, that is to say, if you deal with illnesses in a negative way, you will become ill and your cells will go through a negative and pathological change. If your thoughts are positively aligned with yourself and your environment, you will protect yourself from illnesses through your AURA and you will release positive ENERGIES into your environment, so that your environment can benefit from these positive ENERGIES.*
- *When you direct a prayer at the CREATOR, these thoughts will reach the CREATOR. Through your thoughts and through the already mentioned CHANNEL you are telepathically connected with all the entities within Earth’s domain and within all the ethereal PLANES. The only problem is that you don’t receive any answers, because any communication is presently only sporadically possible. But your thoughts will arrive at their destination in spite of this.*
- *Therefore take care with the way you align your thoughts and with their contents!*

Question : If I have understood this correctly, the range of one’s thoughts is not limited to within our universe, but they go well beyond it. Into other universes also?

SETHAN : That’s how it is. Your thoughts will find the SENDER, respectively the RECEIVER you nominate, wherever they are.

- *When you here on Earth direct your thoughts at the SANTINER, at ANGELIC BEINGS or at departed souls you are intimately connected to, these ENERGIES will arrive there and your thoughts and your feelings will find anchorage there.*

Question : To what degree does the range of thoughts depend on their *intensity* or is the range of thoughts always the same?

SETHAN : *The higher ENTITIES are aligned, the clearer and pronounced they will receive. When you begin to receive thoughts via telepathy, you will find out that it is a faint and sometimes interrupted VOICE at first. This will change during the course of the connection, that is to say, the purer and permeable the CHANNEL becomes. You will realise then that you can perceive the intensity and the clarity of these VOICES very loud and deliberate.*

Question : Can telepathic connections be listened in to by outsiders?

SETHAN : This is *not possible*, because you are surrounded by a PROTECTIVE SHIELD and it connects your individual telepathic PLANES *only with the* ELEMENT you *want* to make contact with. Thought energies are *not scattered*, but flow like a train in the direction of the tracks, respectively the CHANNEL that guides them. Thoughts are protected and they are subject to divine INSTRUCTIONS. They cannot be tapped into, diverted and forwarded on by negative ELEMENTS, *unless* - your ENERGIES are *negatively* charged. You then push open the DOOR for the NEGATIVE WORLD to enter, so that negative ENTITIES can utilise your ENERGIES.

Question : Because they are attracted to it?

SETHAN : You can shackle negative ENTITIES to you through these thought energies. You push open DOORS so that POSSESSIONS can by all means take place. You open the DOOR with your thoughts and negative ENTITIES will gain access.

Question : Are thought energies of a wave-like nature?

SETHAN : If you want to describe it as *if it was* an electro-magnetic line, we can accept that this ENERGY FIELD flows wavelike. But in order to assure a connection between two points, these ENERGIES always seek an endpoint.

Question : If thoughts possess wavelike characteristics, the laws of wave mechanics must apply. Is this correct?

SETHAN : This is impossible with thought energies. Thoughts are sent by a human being, by a soul with a consciousness, via the brain either consciously or subconsciously into the cosmos or into your physical world. What we have always maintained is that: *Pay attention to your thoughts, because they are never lost!* They will return to you even if you sent them to a SENDER and RECEIVER *subconsciously* and *without intent*. Negative thoughts in regards to illnesses, wars or death will always return. Thought energies will *only then* reach the RECEIVER, when one sends them *purposefully*, so that they can reach another soul or a SANTINER. Pay attention to your thoughts and *particularly* read the protocols, those we have formulated with you concerning this matter. This is the most important theme anyway, because you, as human beings, open DOORS wide with the thought energies you emanate and this not just to the positive SIDE, but *also to the negative WORLD*. Pay attention to yourselves and always direct your thoughts at a *specific*

RECEIVER in order to create a BRIDGE between the spiritual WORLD and the physical world.

- *The PHYSICS in regards to the ELEMENTS we're dealing with here and actually everything else we classify as "ENERGY" here, is completely different from what you denote as physics in your scientific arena. It is something we cannot explain and put into words at this point in time, because we are dealing with FORMS of ENERGY that emanate from the CREATOR. These ENERGIES are of such a high intensity and of a configuration that your physics cannot grasp it.*

Question : A lady participated in a chant that consisted of one line only and it was continuously repeated. This brought about a build-up of ENERGY VIBRATIONS she could hardly bear. Can one work more concentrated and more effectively by continuously repeating a sentence, for instance "Peace on Earth"? Would ENERGY VIBRATIONS amplify, if a lot of people would repeat such a sentence a number of times during the day, either in meditation or in prayer?

SETHAN : There are mantras that can be spoken, like the "OM" mantra and others. Some of these mantras have *almost a suggestive effect* and this *isn't always beneficial* to the human soul. Breakdowns can occur or mental collapses can be the result of this and this can rapidly slide into DARK AREAS. Concentrating on a specific focal point on Earth, or on the Earth as a whole in order to send LIGHT there *is just as effective and substantially more harmonious* in its mental progression. But this doesn't mean that mantras should not be utilised or that they are to be regarded as something negative. No, certainly not. It's just that these mantras are not suitable for everybody.

Question : How does the first initial telepathic contact between a SANTINER and a human being take place? Must the SANTINER bear in mind certain things, because he might contravene man's free will by making an appearance?

LUKAS : It functions something like that and the other way round also. You are well aware that a young herdsman in Peru's highlands or a business man in Europe can *suddenly and completely unprepared* experience such a contact. The SANTINER also have to find people on Earth they spiritually resonate with, that is to say, where the spiritual gap *is not too great*. Only then can such contact come about. This fact alone answers the question of why extraterrestrial ENTITIES do not make contact with your national administrations.

- *In regards to their psyche, the SANTINER contactees are almost always simple and open people and due to their VIBRATIONS, approachable, even when we are dealing with a successful businessman. There are certain basic attitudes in regards to life and everything that lives and blossoms and this attitude either makes contact possible or not. We are dealing with a person's character here!*

Question : If a SPIRIT ENTITY or a SANTINER looks for contact with someone here on Earth *of his own volition*, the terrestrial's free will is surely not respected, because the attempt to make contact was then not initiated *by the terrestrial*?

LUKAS : Contact is then not possible, when a human being does not direct its free will towards us or the SANTINER. Not even if a SANTINER is looking for contact with a human being according to his free will. This human being will then be *too far removed* spiritually, that is to say, impossible to reach by the SANTINER.

Question : From what we hear, telepathy is a form of communication that is still mastered by native tribes. Why has this ability been lost in western society in the course of time? Was the connection severed by the spiritual realm?

LUKAS : It has been lost, because your western educational methods have made this ability completely *ineffective*. What answers give parents to a child that speaks of elves and nature spirit at age three or four, when it claims to see them and to communicate with them without the parents being aware of them? - I don't think that I have to answer this. - Up to the age of five or six every child still has contact with HOME. The third eye that must be open to enable contact with GOD'S WORLD of SPIRITS, partially or completely closes only later on. To reverse this later on is extremely difficult and only probable in a very few cases - and only then, when the mind of the young person allows it to happen. - We suggest a new theme: Call it "*Children, teenagers and upbringing*". We can give you some valuable advice in regards to that. We hope to receive a catalogue of questions especially from you dear friend, because we know how important children and their fate are to you and how you mentally arrange your affairs in order to help them wherever you can. You possess a solid basis for this in this circle. Remember: The potential for your future and the future of your planet lies in the hands of today's youth!

Question : Did cultures like the old Mayas, the Incas or also the people from Atlantis master telepathy in order to communicate with the spiritual realm?

LUKAS : The people from Atlantis in particular possessed many of these abilities. They were able to abrogate the Earth's gravity by singing mantras so they could lift huge stones. Something similar takes place in levitation, for instance by yogis in India, they can locally abrogate the Earth's gravity through their power of thought, giving them the ability to remain hovering over the ground. Cultures like the Maya, the old Tibet and others had many GREAT TEACHERS in the past and some of them came from the cosmos to bring them their knowledge. The old Egyptians also received such HELP. This knowledge then disappeared because the Library of Alexandria was deliberately destroyed. This huge fire robbed you of many cultural treasures and reports of a spiritual nature. Those responsible still pay the price even now!

SETHAN : I would like to ask one of our friends here: How are your present telepathic attempts to contact us and the SANTINER progressing?

Participant: (Astonished) - Difficult to say. I sometimes hear a male voice in the background, but I can't associate this voice with anything and I can't understand what is being said.

SETHAN : This VOICE is there and it tries to make contact with you. It endeavours to find access to your world of thought so it can reach a specific LEVEL of ENERGY with you, something that is presently not stable enough. When you hear this voice, your thoughts are adjusted to a degree that you consciously concentrate on this VOICE and you try to perceive the words or whatever is conveyed to you.

- *We would like to ask you not to try and perceive the VOICE in the form of words next time to try to make contact, but that you consciously try to keep the CHANNEL open by mentally concentrating on the ENTITY and not its words.*

Surround yourself with LIGHT and allow your thoughts free reign, that is to say, open up to this FORM of ENERGY. By being tense and by consciously trying to engage this VOICE, *you block* this CHANNEL and it will be difficult for this ENTITY to make contact with you.

Question : Which ENTITY am I dealing with?

SETHAN : We will not tell you this at this point in time, because you should work with this ENTITY on a neutral basis to begin with. This was an important announcement to make to help you with your endeavours, because the efforts made by both sides are at a heightened level.

Question : To what degree are telepathy and spiritual healing related to one another?

SETHAN : Telepathy represents a form of communication between two worlds, that is to say, communication between your earthly, physical world and a spiritual PLANE, one that is ethereally structured. That people telepathically communicate with one another is a rarity. It is often a case where human souls are closely connected to one another and where they absorb inspirational advice. But this *isn't* what you might call *pure* telepathy, like the one we deal with here. Telepathy represents a higher form, whereby your physical matter is partially thinned and made more ethereal, that is to say, you utilise the ethereal PLANES the spiritual world offers you. You are connected with the ethereal WORLD through your soul. It isn't the same as when HEALING PLANES or HEALING PROCESSES are effected through these ENERGY LEVELS. Energetic HEALING PROCESSES utilise completely different ethereal PLANES and HEALING ANGELS are part of that process, because they send the required healing ENERGIES. Telepathy doesn't work through HEALING ANGELS, they are then only - in inverted commas - "TRAVEL COMPANIONS", when dealing with telepathic planes related to health.

Question : Human beings possess ENERGY CENTRES, so-called chakras. I believe that there are seven...

SETHAN : There is a series of chakras. You have seven main chakras. But there are also a lot of minor chakras. Beyond that you are surrounded by chakra fields and they are stored within your earthly garment.

Question : ...through which ENERGY CENTRES do telepathic communications leave the physical body of a human being?

SETHAN : Through the THIRD EYE. This is the PLANE through which the ENERGIES of the communication base, of telepathy, are conducted through. Consciously opening the third eye and activating this chakra, namely the brow chakra, allows these ENERGIES to flow through the ENERGY CENTRES to the HIGHER PLANES. There is imagery here on Earth wherein particularly the third eye is depicted as a shining centre, a very visual centre. Divine ENERGIES, like HEALING ENERGIES, are absorbed through the crown chakra and redirected through other chakras. The telepathic ENERGY between your physical world and the spiritual WORLD runs through the third eye's ability to send and to receive.

Question : Is it always the same ENERGY CENTRE?

SETHAN : The third eye is the PLANE through which the external, ethereal ELEMENTS are absorbed and filtered. The third eye is involved with the absorption and the visual perception of the ethereal PLANES. You can also perceive ENTITIES through the third eye, actual visual perceptions. The third eye accepts the ENERGIES the spiritual realm sends to you.

Question : A person with an awakened solar plexus is often very sensitive and other people find it easy to influence this person. Is such a person also able to effortlessly receive INFORMATION telepathically?

SETHAN : No, you perceive physical sensations through this ARENA, that is to say, *you consciously perceive DISTURBANCES* that approach you from outside, through this ARENA. You perceive the things the physical world sends you through the centre of your navel and it can be negative as well as positive thoughts.

Question : Do we understand this correctly: If one can open up the ENERGY CENTRE between one's eyes, telepathy will then function a lot easier?

SETHAN : It isn't just telepathy that will be easier. Through the opening of the third eye, you, as human beings gain an insight into the spiritual realm. This chakra allows you to *consciously* perceive the PLANES and the STRUCTURES of the ethereality around you:

- *You will then perceive other people's auras and you will also be able to see nature's ENTITIES, that is to say, you can consciously perceive ethereal ELVES and also other NATURE SPIRITS through your third eye.*

You can also train the third eye by intensively activating this chakra.

- *The conscious opening up of the third eye takes place by accepting divine LIGHT within you, by mentally focussing on this chakra and by consciously trying to open this PLANE with divine LIGHT.*

It will begin by seeming unreal and through the impression of colours. But you must continue to train *the chakra* that connects you with the spiritual PLANES of the ethereal WORLD. The *first stage* will have been reached when you can make *elements of colour* on various levels visible through your third eye.

Comment : I have been able to see these colours in front of my closed eyes for years. They are mostly of a light blue colour and they pulsate by contracting and expanding.

SETHAN : Try to form a structure out of these colours. Try to *consciously imagine* an object or an ENTITY *from these colours*.

Participant : I tried to mentally merge into this field of colours, but it immediately reduced in size and disappeared.

SETHAN : Your patience is still lagging behind your good intentions.

Participant : To what degree does a *functioning* telepathic ability affect the other chakras?

SETHAN : The chakra of the third eye is an very eminent, a GREATLY VIBRATING chakra and it is connected to the crown and the neck and throat chakras. But it only represents a connecting element. This means: When you open your seven main chakras, you naturally also open your brow chakra, either consciously or subconsciously. But the brow chakra is not an ENERGY SOURCE that is dependent on the other chakras; it is simply a PASSING-THROUGH PLANE through which ENERGIES flow through. It isn't a case where the third eye consciously sends ENERGIES to the crown chakra or to the throat chakra.

LUKAS : We can reach most people through their third eye and the same applies to telepathy. It is a very important chakra, one when fully developed, will not just enable excellent clairvoyance to flourish, but one that can bring all the other telepathic factors up to scratch. We can only encourage you to deal a lot *more* with your third eye. With a developed third eye you will even be able to discern whether someone is lying to you or not, because every spoken sentence, in its coloured VIBRATIONS, stands either in opposition or in concordance with what is thought of at the time.

Question : Many people insist that intuition is something subjective. Are certain functions of telepathy common place with all human beings?

SETHAN : Functions that include telepathy are *equally* present within everybody. The fact is that every human being can activate and perceive this function for themselves. The function "telepathy" is still anchored within you, because you have kept the third eye consciously active and alive whilst you were infants.

Question : Can dreams be coupled with telepathy?

SETHAN : That's certainly possible and there to show that something like that is possible, to encourage you and to give you hints on how you, as human beings on Earth, can learn and practise telepathy. Telepathic information is by all means forthcoming during one's sleeping state, because you are then less likely to be *too active* mentally. Your thoughts are not as active at night and this makes it often easier to establish contact between SENDER and RECEIVER.

Question : There are people that followed an inner IMPULSE without having thought about it beforehand. Some of them have picked up pencil and paper and wrote a message. Has this behaviourism anything to do with telepathy?

SETHAN : This has nothing to do with telepathy. This information runs through PLANES that are not connected with the third eye and telepathy. We are dealing with suggestions that are mentally manipulated by ENTITIES whereby your thoughts *are utilised*. These are alien ENERGIES and alien thoughts and they try to communicate with you.

Question : But in regards to telepathy, we're also dealing with alien thought carriers that try to communicate. Wherein lays the difference between telepathy and suggestion?

SETHAN : *Suggestion* represents an inner side effect and it is coupled with one's own thought forms. It is an inner preparedness and an inner candour to allow these ENERGIES to flow. This means that anyone sitting down to recite a psychic verse is also closely connected with this ENTITY on this LEVEL. This ENTITY transmits over a mental BRIDGE. It accomplishes this via the thought plane of the brain. The way you work as mediums, function as CHANNELS and the opening a CHANNEL for the things an ENTITY wants to convey to you, is your own motivation.

Telepathy on the other hand functions through completely different FORMS of ENERGY and it also has completely different access. Meaning that you absorb a *completely different* ENERGY QUALITY within you and this actually comprises a *completely different* LEVEL of VIBRATION. We are dealing with two different ethereal PLANES here and they have nothing to do with one another.

Question : Is suggestion a kind of coercion, the remote controlling of a person, to force him to pick up a pencil and to write as if in dictation?

SETHAN : There is your free will; do I want to do this or not? You decide whether you will pick up the pencil or not. It is certainly a fact that suggestion or influence can be practised either positively or negatively and sometimes in a way that suggestions brings with it the manipulation of one's own thoughts and one's own ARENA. This means that a person can be completely changed through suggestion and by *negative* CIRCUMSTANCES. Suggestion not only entails the extraneous control of a person by others, but we're also dealing with FORMS of ENERGY that are connected to your *own* mental potential.

Question : Do you sometimes work with the help of suggestion?

SETHAN : We do not work with this within our divine domain, because we always cooperate in agreement with the particular medium in each case. *The preparedness* of a human being to open a CHANNEL must always be there, because this gives us the opportunity to give you messages and information. This would *not be possible* for us, if your soul would disallow this. It is only possible to do this through an inner willingness and spontaneity. This cannot take place under duress, because it would not be positive, but negative.

Question : When I enter a deep meditation and deal with colours, I feel ENERGY VIBRATIONS and they come and go. What is the meaning of this?

LUKAS : Well, these VIBRATIONS are connected to colourful impressions and they are to be regarded as an adaptation to your COSMOS of VIBRATION. We always endeavour to effect adaptations in regards to VIBRATIONS with all of you and you feel this. The reason for this is that your progressing clairvoyance is coupled to these perceptions. Allow it to happen and observe.

Question : The Christian Churches represent the spiritual power in the western world. Is the positive spiritual realm telepathically linked with the Vatican for instance and is it transmitting messages to the Vatican?

(T. B: Yes, absolutely.)

LUKAS : In the case of a small number of priests this is actually possible. The pope is one of them and he can be approached through his third eye. Only a small number of priests allow this and an even smaller number *recognise* that they are dealing with thoughts from another DIMENSION. The present day pope is unfortunately no longer powerful enough to have a greater effect here.

Question : What part does one's mental development play in regards to telepathy?

LUKAS : The spiritual development and the opening of the third eye go hand in hand. In most cases it goes like this:

- *With a few, limited number of people, the third eye is open from the time they are born and this is why their spiritual development progresses very quickly. These people have a specific ASSIGNMENT and this is why they have been endowed with these talents.*

Most people don't want anything to do with this. We are obliged and we endeavour to respect man's free will.

Question : In regards to one's evolutionary status, do other spiritual talents progress step by step with telepathy?

LUKAS : Well, if the third eye is being developed, the other chakras will also develop, because that respective person will gain INSIGHTS into things thought impossible before. Due to the

fact that the other chakras are also developing, the spiritual development and the experiencing of paranormal phenomena also make strides. That particular person can develop into a *universal medium*.

Question : Is Earth the only planet where this sort of development takes place?

LUKAS : The Earth is the only planet where telepathy plays no role or a completely subordinate role. Unfortunately - I might add!

Question : According to this, telepathy represents an important avenue of communication between the physical and the ethereal plane for you. Is this the reason why it is so important to you, so you can give us such information?

(T. B: You have no idea how important it is!)

LUKAS : Not only. We use telepathy the way you use your verbal speech. We require this form of communication in all the arenas you can ever imagine. *The telepathic language is universal*, it is used in all the WORLDS of the spiritual PLANES and also all the planes of the physical worlds.

- *You continually forget that you are SPIRIT ENTITIES that utilise a physical body and that every SPIRIT ENTITY is endowed with all the faculties the CREATOR also possesses, but in a diminished form. You were created in HIS image! This sentence says it all.*

Comment : Telepathy will bring multilingualism to an end.

(T. B: Yes, quite correct.)

LUKAS : Yes, naturally. This multilingualism doesn't really exist, not from our point of view anyway. But a lot of things are been *regulated* differently on your planet, above all *illogically* and *chaotically* and to make things worse, backed by laws so you don't have to be surprised that hardly anything moves. The ruling classes are able to live a life of luxury and this at your expense! But this will drastically change in the future. A new generation is growing up and it will sweep away the old, incrustated thought structures.

Comment : I am rather of the opinion that the our present day adolescents project a life of *indifference* and *without discipline* and this directed against themselves, their fellow man and against nature. I don't quite see this as positively as you do.

(T. B: Yes, correct.)

LUKAS : Yes, naturally, this dear friend is a protest that has this effect at this point in time. These adolescents believe that by their sometimes refractory behaviourism, they can bring about changes. But all of this will fall into place, naturally fall into place, because their general overview will grow. If these unruly children had been better guided by their parents, if

the circumstances the world finds itself had been intelligently explained to them without taking the age difference between the child and the parent into consideration, you would not have these problems with these adolescents. But they are strong enough to procure their own insights and it is a fact that not all of these children can accomplish their ASSIGNMENT, like so many adults cannot do so either. Due to their SCHEME of LIFE, some of these souls will be lead into situations where they are able to apply their mental potential.

Question : In regards to telepathy, what else do you consider worth mentioning?

LUKAS : This dear friend is your assignment, namely to formulate the appropriate questions. We cannot and will not relieve you of this task. You must learn *to cogitate* about these problems, about this theme and out of this - and only out of this - will the appropriate questions emerge. We will continue with this theme for as long as there are questions and we are willing, only too willing, to answer these questions for you. Remember that you ask these questions on behalf of a lot of people! Many people have many questions. -

Question : We have collected a number of questions for the SANTINER and we would like to ask TAI SHIIN to answer them for us. Is this possible?

SETHAN : The SANTINER are present and this makes it possible for you to ask your series of questions today. I will stand aside so that TAI SHIIN can answer your questions directly.

Question : Thank you. We greet our BROTHER from the STARS very cordially.

TAI SHIIN: GREETINGS IN THE NAME OF GOD AND PEACE ACROSS ALL FRONTIERS! This is TAI SHIIN speaking. I salute you in the name of all the SANTINER present here. It is an honour for me to be able to communicate with all of you here and to answer your questions in the interest of completing your catalogue of questions, my dear BROTHER from the STARS, so that some of the gaps of the overall view can be closed.

Question : Does telepathy function better in space than here on Earth?

TAI SHIIN: There are different ENERGIES of VIBRATIONS present in space and they make it *easy* to establish telepathic PLANES very quickly and very concentrated. Due to your physical circumstances and particularly your thought processes, something that has a hardening effect on the physical reality, it is difficult to telepathically create a BRIDGE between the spiritual world and your physical world.

- *The manifestations of these thought energies are not as set in concrete and it is easier to transform LEVELS of VIBRATIONS from one side to the other.*

Question : An older protocol mentions that a DARK CLOUD of negative human thought energy hovers around this planet. Does this “DARK CLOUD” have a shielding effect when the SANTINER try to establish CONTACT with someone here on Earth?

TAI SHIIN: It is difficult to put this into words, because it is difficult for you, as human beings, to realise just what these FORMS of ENERGY *entail*. Due to the negative ENERGIES you emanate on a daily basis, your planet Earth is surrounded by an ENERGY CHARGE that makes it difficult to transform ENERGIES. It is even *more difficult* for you to penetrate this LAYER. It is *easier* for us to penetrate these ENERGY VIBRATIONS, because we, as ENTITIES, possess telepathic abilities that can facilitate CONTACT with your SOUL'S CORE, your spiritual EYE and your TRUE SELF very quickly. It is as if a SWORD of LIGHT cuts through this ENERGY CLOUD. For you, from your vantage point, it is a *lot harder* and it takes *much focused concentration* to create a CHANNEL of ENERGY so that your thought energies can break through to the outside. The reverse is a lot easier.

Question : How do you communicate with your spaceships and your home planet when you're here close to Earth, many light-years away from home?

TAI SHIIN: We connect to one another very quickly through telepathic PLANES. These ENERGY OSCILLATIONS cannot be measured within the time frame you call seconds. It goes a lot faster! We dispose of constant CONTACT with our home planet or with anybody we want to communicate with. This takes place with lightning speed and cannot be measured at all within your time sequences. It is akin to a permanent ray from the sun to the Earth and it takes place with such concentration, you, even with your present day science, cannot even imagine. We communicate through telepathic planes and this goes very quickly. In spite of the distance involved, we are constantly exchange information with our home planet and with all the entities we would like to stay in contact with.

Question : Do you utilise telepathy exclusively as a means of communication or are there other means of communicating available to you?

TAI SHIIN: It isn't only this form of communication that helps us maintain contact. Due to our ethereality, we can enter PLANES of LIGHT and transform ourselves into LIGHT ENERGIES that help us to alternate very quickly between one place and another. Due to our ethereal PLANES, we are able to change our location and enter other planes very quickly. This makes it possible for us to become active on Earth and to make contact with you. This wouldn't be possible if we didn't have command over these ethereal PLANES. We would otherwise be trapped in a physical body and we could then not deal with these various planes.

Question : Why do you need spaceships if can you change your location so rapidly in your ethereality?

TAI SHIIN: These ships serve the purpose of *emitting* ENERGIES here on Earth.

- *We need these ships for the purpose of procuring an intensive ENERGY EXCHANGE to secure the polar axis of your Earth. We combine into one ENERGY SOURCE in order to maintain the balance of your planet's poles. We need these ships to provide us with an accumulated FORM of ENERGY. We also need these ships to make*

ourselves visible to you. We have the option of physically moving about your planet and to show off our ships, but we can equally well move about in ethereal REGIONS. After the dematerialisation of our ships, we find ourselves in an ethereal REGION and we are no longer physically visible to you.

Question : In spite of all our great efforts we have been unsuccessful in receiving an *intelligent* radio signal from space. Not all races out there in the universe exhibit the same spiritual and technological level of development, but it is still extremely astonishing that nobody utilises radio waves. What is the explanation for this?

TAI SHIIN: *These particular* energy sources can only be applied within a limited range by our side. Due to your equipment, we can only receive fragments of your radio signal's energy, because it isn't concentrated to such a degree that it can reach us *persistently*. On the other hand, we have to make ourselves noticeable in different ways, because your radio frequencies are not able to take the load of our ENERGETIC PLANES. Sending *our* ENERGIES over your radio frequencies would bring about a complete overloading of your electricity supply network and utter chaos would reign here.

Participant : I wasn't particularly thinking of you, the SANTINER, but of other races out there with a similar technological level of development to ours here on Earth. These star communities must surely be advanced enough in regards to radio technology, that we should be able to receive their signals. But this isn't the case, at least not officially.

TAI SHIIN: They are sending! You are presently not in a position to locate them and to analyse them, because they are of a nature your receiving sets are not yet able to perceive.

Comment : But physics doesn't change from planet to planet, so the same physical conditions would therefore have to prevail everywhere.

TAI SHIIN: These entities, you call them races, who are of a lower level of development, will presently not receive the know-how from us, the guardians of your planet, so they can make contact and communicate with you. This shielding *must be done* because your earthly developmental plane is well on the way to stride in the *right* direction. These particular planes, which are also lagging behind in their development, would only unsettle you and this would cause you to take a retrograde step in your development.

Question : How does one deal with telepathy on your home planet?

TAI SHIIN: Telepathy is used and fostered to communicate on our home planet, because due to our level of development, we move about as ENERGY SOURCES there. We are *not* confined to a *physical body* there, but we enjoy ethereality on all its various LEVELS there and we therefore utilise telepathy as our essential form of communication. Any verbal communication in the sense that you conduct a conversation is impossible, because we don't possess these human traits. A larynx and all other organs necessary to express oneself verbally are in a sense no longer there on our home planet.

Objection : But your terrestrial contactees report that verbal exchanges took place.

TAI SHIIN: This was necessary because telepathically speaking, you are not yet developed. We must ADAPT to your human plane of existence and utilise *your* way of communicating. This takes place on a verbal voice level through our materialisation, through our humanizing within the physical, something we can over again accomplish and something we utilise here in this physical world. - We naturally used this type of communication in order to be able to communicate with you; otherwise there would be no communication at all.

Question : Is telepathy infallible?

TAI SHIIN: Telepathy represents a UNIFIED OSCILLATION of souls, of the divine SPARK and the ENERGY ARENA connected with the CREATOR.

- *Pure telepathy will only be possible when your soul has reached a particular level of development and when you have structured your spiritual, optic organ, namely the third eye, to a degree that you can work telepathically. Telepathy utilises a pure SOURCE of ENERGY, one that can never be encumbered by disturbances.*

Question : Does our human development progress in the direction of a race of telepaths?

TAI SHIIN: This is possible if all human beings make use of this and when they prepare themselves for this in a purely divine sense. This naturally takes basic level that *must* be present in order to be able to work telepathically at all.

- *Telepathy represents an expansion of one's consciousness and it takes a lot of effort on one's own behalf before one is given the opportunity to communicate telepathically with another ENTITY.*

Question : Does our human development progress along these tracks *thus* slowly, because equipped with total telepathy, we would soon be ripe for psychiatric treatments?

TAI SHIIN: Everything takes its time and everything needs growth. Mankind on this planet consists of an amalgam of *different* souls. Your spiritual development exhibits *various* grades. There are souls here on Earth that are very young, souls that are a little older and wiser and there are those that presently can't do anything with these types of connections. Mankind on this planet represents a mixture of *very different* developmental histories, so that generally speaking, telepathy isn't possible at this point in time.

Question : What is the "planetary consciousness" all about and can one telepathically communicate with it?

TAI SHIIN: Your planet *is an entity*, one that is *also* able to make telepathic contact with you; otherwise you wouldn't understand that NATURE SPIRITS can also communicate with you and that these ENTITIES of individual plants represent components of this planet *and* the spiritual REGIONS. These are CREATIVE ELEMENTS and they are also in a

position to communicate. You, as human beings, have *forgotten* how to talk with Mother Nature. You don't understand the language of your environment at all and you no longer know what your planet is trying to say to you.

- *Your planet is an entity and it is alive! - We are dealing with FORMS of ENERGY here that are alive and that were provided by the CREATOR. By doing the things you do to the Earth, you destroy one of the LORD'S CREATIONS. This planet possesses PLANES of ENERGY that stand in connection with the CREATOR.*

Question : What personal tips and assistance can you give me so that the telepathy between us functions properly?

TAI SHIIN: I would be very pleased my dear brother, if this was possible and if you would try with an inner calmness to make contact with me, your BROTHER from the STARS. You must extricate yourself from any constraints and from your inner turmoil. Your patience isn't always there. Allow things to flow and you will see that the two of us can make CONTACT with one another very quickly. It is my deepest wish and it is near to my heart, because you have so many questions I would dearly like to answer. We are only talking about minor obstacles and they can certainly be overcome. There was a time when this functioned quite admirably. Just allow things to flow again and enjoy the fact that you can perceive this STREAM, that you're able to switch off your thoughts and that you can absorb and re-emit pure ENERGY.

Participant : We thank you from the bottom of our hearts for your transmissions.

TAI SHIIN: We, the SANTINER, thank you for the opportunity to answer your questions here. We are presently not in a position to play the role here on Earth many earthly souls hope we would play. We are also subject to GOD'S PLAN and we must abide by the RULES! GREETINGS IN THE NAME OF GOD AND PEACE ACROSS ALL FRONTIERS! -

TAI SHIIN.

SETHAN : GREETINGS IN THE NAME OF GOD! This is SETHAN speaking again. We hope that all of us can gain new insights and impulses for further interesting questions. You live in a time when a lot of human souls begin to work and to be active within the LIGHT of GOD. The time is now - and it is an important time - to send insights and new impulses.

Question : We hope for the very same! - Is telepathic contact with nature and with animals easier than with ANGELIC BEINGS in other spheres?

(T. B: Quite so!)

LUKAS : Telepathic exchanges with nature often take place through feelings and images. This is the reason why it is often not difficult to experience nature's suffering through one's feelings here on Earth. The suffering experienced by the flora around one is by all means perceptible. It can happen that someone going for a walk through the forest will suddenly

break out in tears, because something was received on a mental level that brought about this reaction. This gives the mind a hint and it will naturally ask just why did this happen?

Question : Schizophrenic people have a lot of mental DOORS open. Do these people find it easier to make telepathic contact with ENTITIES?

LUKAS : They are often permanently connected with PLANES of the astral WORLD. All they want is one thing, namely *to be left alone and to be freed from this*. Many amongst them are *unknowingly* mediums with what you call open DOORS. These people are unfortunately not diagnosed properly and their psychic abilities are not encouraged by responsible people. This is a problem here on Earth and it has to be rectified. There are naturally also schizophrenic people with a genetic defect affecting the brain. *We are not talking about them*, but we are talking about the majority, over ninety percent, those that through their sensitiveness possess contact to astral PLANES. If they would avail themselves to serve GOD, these people could effectuate a lot here on Earth with their ability. But they would have to be led by other, informed people. They need help! But where are the helpers?

Question : These people are locked away and sedated with medication. They instil a lot of fear in many people, especially when they exhibit character changes and when they seem to have lost contact with the here and now.

LUKAS : Yes, that's how it is. This only confirms that you *lack a healthy basic knowledge*. This is the actual problem and this is why we appreciate any serious terrestrial point of contact, so we can spread our indoctrinations, which are of such unbelievable importance. Many of your planetary brothers, who reside in other worlds and who also had a similarly eminent TEACHER like CHRIST, recognised of their own accord that their TEACHER was right. They then arranged their whole existence, including their legislation, in a way that made a divinely-ordained existence, with all the comforts of a physical existence, possible. These brothers and sisters shake their heads when they see all the ignorance and the "I don't want to believe" attitude on this Earth, even though they enjoy a similar technological standing to yours.

Question : A similar technological standing to ours?

LUKAS : We didn't talk about the SANTINER, but about people on other planets on a similar level of development to yours.

Question : How visible is telepathic ENERGY on your spiritual plane?

LUKAS : No, it isn't visible to us either. Your radio waves are also invisible to you and they exist just the same. You can make such a comparison. Telepathy represents the universal way of communication within the spiritual realm.

Question : Is this the reason why it is so important for us to learn to understand what telepathy is all about at this point in time?

LUKAS : No. Once in the spiritual realm, you will master telepathy immediately, because what you need to apply it, is no longer restricted by anything physical. Telepathy here on Earth has the function of making you learn to realise and believe that there is a life that couldn't be more superlative, and that *every one of you* will return. The question is on what LEVEL? - We would now like to give ELIA the opportunity to make an appearance here to see whether our medium will allow this *without advance notice*.

(Change of type face)

ELIA : Let me salute you dear friends. I would like to use the opportunity to undertake an attempt to practice something here. We are pleased with the fact that it is so easy to take over directly from LUKAS. We will slowly begin to replace your FRIEND LUKAS and force the pace of the work we do here. We are looking forward to cooperating with you and we ask you to show us the same recognition and trust you have shown your dear FRIEND LUKAS. My TEAM and I would like to say good-bye and to wish you continued success here.

GREETINGS IN THE NAME OF GOD!

ELIA.

SETHAN : GREETINGS IN THE NAME OF GOD! This is SETHAN speaking. We realise that it is a little difficult for you to cope with these new FORMS of ENERGY. But we are pleased that it worked so well. The new TEAM, now ready for the writing medium, is grateful that the new, untried ENERGY VIBRATIONS were tolerated and that the new style of writing could be deciphered. Please continue with your questions so that this meeting can come to a close within its intended time frame.

Question : It is said that the SANTINER employ telepathy amplifiers. When do they do so?

SETHAN : These amplifiers are employed when a soul on Earth *intensively* deals with the theme of the SANTINER and with their way of life.

- *The SANTINER receive immediate IMPULSES when a soul here on Earth deals with questions in regards to the SANTINER and their existence, resulting in that an amplified focus is then directed at this particular soul. The SANTINER will then try to make contact with this soul through inspiration and by accompanying this soul. They will then make a concerted effort to make their presence visible.*

Question : *Sigmund Freud* explored the depths of the human soul like nobody before him. For decade he dealt with the problems of what is hidden within the psyche. Why didn't he discover *the apparitions of parapsychology* when telepathy had been experimentally verified repeatedly?

SETHAN : *Sigmund Freud* was a great spirit of the age here on Earth and he was the first to realise that you don't just consist of flesh and bones, skin and organs, but that there *something extra there*, something *not visible* to your human eyes. He was a forerunner, one of the first to deal with this matter and he asked himself a lot of pertinent question before he accomplished this; he realised that the cause of many illnesses had of mental origin. Freud recognised that there was a connection between the physical body and an *invisible ELEMENT*, whereby his colleagues could only shake their heads and declare him insane. Freud was the first spirit of the age to dedicate his time to medicine to gain this insight and to publicise it and to make the connection between the invisible WORLD and your material world. The next small step to parapsychology unfortunately remained out of reach for him, but his eyes were opened in the spiritual realm and he tried from there, through various MEANS, to make other souls more sensitive in this regards.

Question : *Psychometric* telepathy is the ability to give information about the owner of an object. People, through whose hands a particular object has gone, can also be described. Can you explain this process in more detail to us?

SETHAN : This has nothing to do with telepathy, but with the expansion of the third eye. Objects can be made visible through the viewer's soul domain via the spiritual EYE. Objects are also surrounded by various ELEMENTS of VIBRATIONS. Due to physical contact, ENERGY REMNANTS remain behind on these PLANES and they can be perceived by the third eye and become visible to the observer, so that one can draw conclusions about the person who touched a particular object.

Question : *Biologist Professor Doctor Sheldrake*, still being hounded by several of his scientific colleagues, undertook an experiment with a number of school classes. One of these experiments dealt with the feeling of *being looked at from behind*. To everyone's astonishment, almost all pupils felt when class mates stood behind them and stared at them. Is this phenomenon a part of telepathy?

SETHAN : This is not a telepathic phenomenon, but has something to do with *seeing* and *perceiving auras*. Remember that you are surrounded by various aura elements who enclose you with an ethereal BODY. If you really concentrate, you can certainly perceive when somebody moves towards you or if something threatening approaches you from behind. Your sense organs are mobilised and activated through this ethereal PROTECTIVE MANTLE and this explains the results of these experiments. This is more pronounced in native tribes, because they live in an environment where the contact between man and nature is a very close one and the commutation between these PLANES of VIBRATIONS is a lot stronger. Native tribe very accurately perceive where dangers come from and where other creatures can be located. They perceive other people's aura very well.

Question : What are the reasons for *the failure* of many scientific experiments with telepathy and also with other paranormal phenomena?

SETHAN : The reasons lie in the fact that generally speaking, scientists *limit their consciousness*

to their scientific programming. They do not perceive the ETHEREALITY hidden *behind* this. They are not in harmony with their own VIBRATIONS of CONSCIOUSNESS, which *must be higher than* the simple understanding of mathematical formulas. They don't activate their own energetic PROCESSES, but try to control the experiments *via the brain*. An important part is *therefore* missing, one that is a vital prerequisite when it comes to being telepathically active in order to make contact with completely different ENTITY ELEMENTS. The divine PLANES and the activation of one's own ELEMENTS, necessary for this, are not promoted and not utilised; they try to gain access on a *purely scientific* level and they will therefore *never* achieve a breakthrough.

Comment : It was once mentioned that the sciences will receive proof of the existence of a superior WORLD from within their own ranks.

SETHAN : Only in combination, when divinity is taken into the equation, that is to say, that the connection and acceptance of other PLANES must be done in a positive and divinely marked way. *This is why* you don't receive any feedback from space. You try this solely with your head and you forget your heart in the process!

Question : Why can't extrasensory perceptions not be repeated at will?

SETHAN : Because it is a constant process, one that repeats itself and you do not always find yourself in tune with these LEVELS of VIBRATIONS. Due to your physical imprisonment, you don't always find yourself mentally ready to para-psychologically externalise yourself. You too need a certain inner attitude and an inner peace in order to carry this out. Your spirit is unable to switch from one to the other within a matter of minutes. You are surrounded by ENERGY VIBRATIONS that are not always of a positive nature.

Question : How can one change this?

SETHAN : This can only be changed if you try to:

- *Envelop yourself with LIGHT and this a number of times a day and by consciously release and separate these ALIEN ENERGIES from you, that is to say, that you consciously cleanse yourself from these ENERGIES -, either through a prayer or by consciously becoming aware that you're a remotely controlled by external FORMS of ENERGY.*

Question : There are many eminent pundits that doubt the existence of paranormal apparitions and an even greater number that emphatically refute the reality of telepathy. But it wasn't all that long ago that the doctrine of the healing properties of magnetism, from whence hypnotherapy developed, was called a fraud; but hypnosis is now recognised a fact. - If one considers oneself to be a sceptic, should one not doubt *one's own scepticism* once in a while?

SETHAN : It will take some time before opportunities open up here and before scientists from various fields of expertise will gather in order to exchange their experiences and their knowledge in regards to this. *Every nation* tries to do *their own* research in that direction at this point in time, with the aim of being able to *manipulate others*. One tries to control other people by manipulating them with the help of telepathy. For as long as this attitude and for as long as negative valences prevail, this GATE will *not* open and the knowledge required for this will not become available to the scientific community. They are trapped within their headiness for fame and fortune to such a degree that they do not realise that they are treading water. On the contrary - they are trapped within their own system without realising it.

But there are those amongst them who *have recognised that there is a connection* between what is blazing a trail on many levels in regards to the humanness of one's fellow man and major religious traits on this planet Earth. Many have started a journey to secure enrichment and a peaceful coexistence with one another. If this succeeds, *many DOORS will open* and the realisation that not everything is solely geared to master matter, but that there are new planes to something completely different to find, will dominate.

Question : The journal "*Medical Tribune*" reported about a major experiment with cardiac patients in San Francisco. 400 cardiac patients were observed over a number of months. Half of these patients were the recipients of prayers, whilst the other half missed out. Those furnishing the prayers were simply given the name of the patient, nothing else. The result was that the patients receiving the benefit of prayers were a lot less likely to suffer from complications and they needed less medication than the others, those that nobody prayed for! - Is this due to telepathic influences on the physical body of the patient?

SETHAN : It has something to do with powerful, RADIANT prayers. We have discussed the power of prayer and especially about ENERGIES and the power of thought. This is the proof that thoughts, especially *positive* thoughts, can bring about a lot of change within the physical body of a human being, that is to say, that you can bring about conditions of change through the power of thought that do not just alleviate illnesses, but also build bridges between human beings on a mental level. But this has nothing to do with telepathy.

Question : There is an instrument, the plethysmograph, for measuring changes in the volume of blood within an organ or the whole body. Two fingers of two test subjects were connected to this apparatus. Each test subject was in a different room. When one of the two persons began to think about the other intensively, the plethysmograph registered a change within the volume of blood of the other person! Is it really a fact that every thought about another person *basically and always* reaches this person with *absolute* certainty?

SETHAN : Every thought ever sent will reach its target. We have discussed this chapter very widely and with great effectiveness and effort on our behalf. You are aware that the power of thought is one of the most powerful FORMS of ENERGY at your disposal, there to bring

potential changes to yourself and changes to your environment and ultimately changes to your planet Earth. You are a constituent part of many. You have the power and the potential to outsmart and dissolve matter through thought.

Question : The old Greek said: “Gnothi se auton”, meaning: “Recognise yourself”. Will this advice, if followed, lead us on the path to evolving our INNER POWERS?

SETHAN : This insight is the *basis of your bible* and the basis of everything you have received from us here. It is the basis of the Menetekel and many other books, written by wise men here on Earth. It is a part of your own will, you decide whether you *are prepared* to make this journey and it is also your free will to decide in *what* direction you want to go.

Question : In a scientific experiment, *chemical scientist Marcel Vogel* attached a philodendron to an apparatus that measures and records electrical currents on a graph. Whilst sitting opposite the plant and by purposefully directing his thoughts at this plant, sometimes thinking of something beautiful, sometimes of something terrible and sometimes nothing at all, this apparatus recorded the vibrations the plant received from the chemical scientist's thoughts. Every time he thought of something nice for instance, the stylus of the apparatus traced a particularly steep curve on the roll of paper. These examples show that we are connected through more than just our five, known senses. Are there any other, as yet undiscovered, sensory fields we could use to communicate with one another?

SETHAN : One sensory field you could use to communicate would have to be the third eye, it opens a window for you so that you can perceive and get to know the ethereal WORLD around you.

- *You would then be in a position to actually see the aura, an illness and the mental anguish of another person. You would be in a position to perceive a lot of the brilliant ENERGY and also the dark ENERGY around you. This is one part of you that still lies fallow. -*

Furthermore, you are not able to employ the ENERGIES inside of you in a way that they will bring positivism and BRILLIANCE into your life. You *are* equipped with sensory elements, but they have been mislaid. You do not perceive the things nature or fairylike entities have to tell you. This would certainly be possible, if you would activate your other senses. -

- *You are presently gaining a look into the spiritual realm through dreams or astral journeys. But you would have an immediate opportunity to unite and to communicate with your SOUL BROTHERS, if your whole ASTRAL BODY would change. But this is presently, under these conditions, not possible.*

Question : A contemporary, one that already uses telepathy said: “Every one of us knows moments where we suddenly feel very happy without particular reason. Use this frame of mind for as long as it lasts. No matter where you are, even if walking down the street, use this sense of well-being to send a message of LOVE and sympathy. You might want someone

you love and who is far way to profit from this. But you can also present this moment of inner joy to the whole world. Do not waste these precious moments! This is just as much a part of telepathy as if one sits down to send a partner messages or symbols. This is a way to help the WORLD'S OVER-SOUL in its battle against the DARK SIDE of life, which continually tries to tear things down. This will also have an effect on you, the sender, because you will gradually sense that you *experience* this inner joy *more often*. Nothing from what you emanate will be lost. This is the COSMIC LAW of give and take. Those that continually walk around with feelings of sombreness, despondency and pessimism will find that they will eventually only surround themselves with similar thoughts, thoughts they will always fall back on.” - What do you make of this account?

SETHAN : We would just like to say that this has nothing to do with telepathy, but that we're dealing with *positively emanated thoughts* within a region where a soul entity perceives its homogeneity. Meaning that this feeling of elation, something ephemeral and gone within seconds, is not a permanent condition in your case, not something that lasts for hours. It represents short reflexes and the serve the purpose of symbolising to you that you live on a plane of existence here where something like that is also possible. You can mentally redirect this condition to someone you choose, to the cosmos, to ENTITIES or to Mother Earth. Due to this feeling of elation, these positive ENERGIES are of such a high FREQUENCY, that they are akin to fireworks. It is a large stream of ENERGY and it sends positive LIGHT to the dark PLANES and it gives you the opportunity to envelop yourself and others in BRILLIANT LUSTRE.

Question : You indicated in older protocols that a time would come when scientist would approach this circle in order to ask questions in regards to their disciplines. This has taken place. Our circle has caught the attention of a physicist and he would like to ask a few questions. An interesting experiment, one you had given your approval beforehand. Can we put these questions next time, because you wanted to include other spirit entities in the proceedings?

SETHAN : We can try this, you can ask these questions at our next meeting. To what degree this is possible will then become apparent. To accomplish this, we will expand this circle by including two additional TEACHERS well versed in this field of expertise. We hope that it will be possible to answer the question through the means at our disposal, because it is often quite difficult to convey the exact facts of the case as it is more complex than anything you have seen so far.

Participant: Our catalogue of questions has been completed. I would like to ask you to say a few closing words in regards to the theme of telepathy, as we might well imagine some additional questions in this regards.

SETHAN : LUKAS would still like to deal with something and he would like to say a few words in closing this meeting. - We, the TEAM have given you a whole sequence of information in regards to telepathy. We realise that for many human souls this *theme is not such a big issue* that they have to *try it out for themselves*. But telepathy represents an opportunity to *sharpen* your senses and to *enhance* your ENERGY STREAMS. It gives you the

opportunity *to activate* and then externalise your ENERGY BUDGET and it gives you a chance to make *direct contact* with ENTITIES you want to mentally converse with along spiritual lines. If you mentally direct your thoughts towards the spiritual realm, this BRIDGE will be maintained. This entails the establishment of a condition within you that will make this possible. Telepathic incidents are associated with patience and a lot of practice. - Telepathy opens a WINDOW to the spiritual SIDE and it *allows your third eye to become active*. Telepathy also furnished the first step towards opening your third eye. It also represents a good opportunity to awaken your other SENSE ORGANS.

Dear friends, I thank you for suggesting that we deal with this theme, a theme you might not have thought that it could be such a fountain of knowledge to begin with. Many DOORS can be opened through the telepathic CHANNEL enabling you to recognise how you can enhance CONTACT, so that the communication with us, your spiritual friends, can be intensified and amplified. Prayer represents the first avenue for help, followed by meditation and the purity of your thoughts. We hope that you will be successful *in blocking* and then *transforming* negative thoughts into something positive in the near future. Observe your thought processes and you will realise that many thoughts escape you that you might not want to express in the first place. - We salute you in the LIGHT of the divine POWER and may your enlightenment brighten your spirit so that you can successfully go your own way. We hope that you gained enough insight to recognise the POWERS you, as human souls, have been endowed with in order to entertain contact *with one another* and *especially with us*, as spiritual ENTITIES. You don't need your highly modern technology at all, because you have been endowed with enough senses to make them null and void.

We thank you for your questions, because it gave us as TEACHERS the opportunity to give you instructions and a knowledge base that will open the DOOR to the *personal* CHAMBER that exists within your own PLANES. This DOOR is presently still closed, because you have not yet availed yourself of the perceptions of telepathy to a sufficient degree. You have regarded telepathy as a part of an extremely scientific branch up to now. The insight, that all of you dispose of this ability and to then accept telepathy as an instrument that helps you get involved with the divine PLANES, is the first step. We hope that it will be possible for us to make this more comprehensible to you and to explore this PLANE with you.

We thank you for the connection across this PLANE and we hope that these thoughts occupy a *completely different* PLANE, one that reveals to you the knowledge that telepathic connections on a human level and also with the spiritual WORLD open a DOOR to something you have not reaped the full benefits from so far. We are presently connected to you and your souls in thought and it would be nice if we could establish COMMUNICATIONS that flow easily, so that answers can traverse from one side to the other and that the information we give you enriches your lives. You possess this CONNECTION! - It would be nice if these DOORS would open, because it would allow a lot of positive STREAMS of LIGHT to flow down to Earth. We hope that the "marvellous creation called Earth" will present a *completely different image*, namely that not only matter finds expression here, but also many other PLANES connected to the

SPIRITUAL WORLD. We hope that we are successful in providing this option of communication here for you, so you can direct this information at the people that show an interest and that might consider telepathy as something that will present them with an opportunity.

We hope that we may be successful in expanding your knowledge in regards to your true existence here on Earth so that you better understand. We wish you insights and enlightenment in order for you to recognise the abilities you harbour inside. You carry TREASURES inside of you, you have not yet recognised. - We wish you insights and enrichment so that you can go peacefully within in order to stop and to listen to what your INSIDE has to say to you. *This is also* a form of telepathy, telepathy with yourself, with your own INNER SELF.

We close this meeting in the name of GOD and within the LOVE of the CREATOR, which affects *all creatures* here on Earth. We hope that the LIGHT of GOD is carried to the four corners of this planet. This planet needs a lot of LIGHT and a lot of LOVE in order to be able to continue to grow and to flourish. We wish that GOD'S accretion is within you as it is outside of you where you are confronted with it on a daily basis. We hope that you enjoy a harmonious time filled with insights. Allow the divine ENERGIES to flow in a *positive* direction and take *control* of your thoughts when they stray into negative arenas. We enter a BRILLIANT AGE and it isn't just marked by aggressiveness and darkness, but it also possesses a great PRESENCE, one that sends LIGHT and new FORMS of ENERGY to this Earth. We are with you in thought and we accompany you on your earthly journey. We realise that it isn't always easy for you to move within divine PLANES and to *maintain* this in your material world. We salute you in the name of GOD.

SETHAN.

BARTHOLOMEUS: GREETINGS IN THE NAME OF GOD! This is BARTHOLOMEUS speaking. In the name of the divinity that has brought us all together here and in the name of all those that support this meeting with their PROTECTION, their LIGHT and their BRILLIANCE, we thank you, a small group of human beings willing to meet on a regular basis to hear and to learn GOD'S WORD so that other souls may also profit from it. - BARTHOLOMEUS.

LUKAS : GREETINGS IN THE NAME OF GOD AND PEACE ACROSS ALL FRONTIERS! This is LUKAS writing. I would like to apologise to you, because a few irritations in regards to one my transmission developed within you. You unfortunately had a *preconceived idea* about this and *this is why* it was impossible for me to intervene. Please admit all questions in future the way they were admitted in the past and please *meditate more*, it will help you a lot to jump over this hurdle. In addition to this, your telepathic abilities are being trained by us. You must give us the appropriate signals so we know *what you want* and you should never give up, the way we also never give up.

- *If the LORD had given up believing in you, this Earth would have perished long ago!*

This telepathic experiment and your catalogue of questions have come to an end. Not all questions have been put and not all answers have been forthcoming by a long shot. You decide where we go from here and the readers of these messages will also make their contributions.

Within the LIGHT of GOD and within the harmonious VIBRATIONS present in this circle, we bring this meeting to a close. We hope you gained the knowledge that many abilities still repose within you and that many areas you could make use of still lie fallow. These meetings here are not the only opportunity for you to make CONTACT, there are many other, varied PLANES to facilitate CONTACT with us. We hope that a CONNECTION, a RADIANT, energetic CONNECTION between individual people and the spiritual realm will soon eventuate, bringing with it a solidification of the LIGHT ENERGIES between the spiritual realm and the Earth. We hope that all of you sense this LIGHT within you and we wish you a LUMINOUS evening and an equally LUMINOUS week. GREETINGS IN THE NAME OF GOD!

LUKAS.

Participant : Thank you for everything, till the next time we meet.

Giving of thanks and good-byes. A short closing meditation followed to close the chakras.

News clip:

On the occasion of the 100th bestowal of the Nobel Prize, the “Royal Mail” stated that the developments in quantum physics and information technology could lead to the purveyance of explanations about phenomena the conventional sciences did not yet understand. Telepathy was listed as an example. This article was written by Nobel Prize recipient and professor at the university of Cambridge, Brian Josephson. Surprise, surprise - this naturally brought the wrath of other British scientists down on his head.

(Source: “Nature” issue 413, September 27th 2001)