

## Psychic Working Circle

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The answers to these questions were transmitted by TEACHERS from the SPHERES of LIGHT. Paranormal voices appearing within the protocol were captured on tape and are marked with T.B: (Tonband). Any words that are underlined are authentic with the original transmission. This working circle grew out of a meditation group and commenced its psychic activities on October 25th 1995.

Extracts from protocol	:	P 193 o P196 from the year 2002
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Questioners	:	Members of the research circle
Type of transmission	:	Verbal inspiration and automatic writing
SPIRIT TEACHERS	:	ARON, AELIUS, ALBERT, BALTASAR, BARTHOLOMEUS, EMANUEL, EUPHENIUS, JOACHIM, LUKAS, LEONHARD, MICHAEL, MAGDALENA, TIMOTHY.
Previous guests	:	AMENDON, ELIAS, TAI SHIN, SEATH, SETHAN, SETUN.

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### EUPHENIUS: GREETINGS IN THE NAME OF GOD AND PEACE ACROSS ALL FRONTIERS!

This is EUPHENIUS speaking. We salute you in divine HUMILITY and hope that this evening is successful in continuing on from the last meeting. We are protected by a number of souls, which draw a CIRCLE of LIGHT around you to give you this PROTECTION.

We are aware that it has been quite a standstill (summer holidays) and that you have to *find your feet again* for tonight - just the same way we, as spiritual ENTITIES, have to. We know that you have to begin again to intensively contact us on a mental level. We are also aware how difficult it is to find the rhythm of your spiritual VIBRATIONS within the rhythm of your day to day events and to build a foundation to be able to do this intensive and divine work.

We welcome all those who support this circle *mentally* and through *active assistance* and also those souls that are prepared to grant you PROTECTION here. We hope that this evening's meeting we give you further ratification of *why you are doing this work here*. We still have a lot of things deal with between us and there are a great number of souls present that embed this circle in divine LIGHT.

LUKAS : GREETINGS IN THE NAME OF GOD! This is LUKAS writing. We also want to start slowly. Even if the writing seems a little awkward at first, we're pretty sure that it will function o.k. with our medium. Such a long period of time (summer holidays) is not without consequences for us and for the one doing the automatic writing. Contact was made extraordinarily fast and we will see just how it progresses from here. If you are agreeable we would like to write a little longer today, because the automatic

writing bit is the most difficult part. The physical connections between pencil, spirit and us, your TEACHERS, are complicated and the medium is also not as relaxed as we are accustomed from past experience.

The best exercise is to answer questions and we are pleased to see you all together and hope that you have prepared enough questions for us. These questions ought to be put in a way that even people *not involved* here can do something with them. The way you have asked your questions in the past certainly finds our approval. We are happy that we don't have to remind you of this all the time. Everything ought to *serve totality*, the way you have put it in your introduction. You cannot make any mistakes, if you keep this introduction uppermost in your consciousness.

Question : An old proverb states: "Those who sleep do not sin". Is there something in that proverb?

LUKAS : In regards to earthly circumstances I would have to say yes, because in comparison, a visit to the spiritual realm or even just entering into deep sleep represent a time *without sin*. The soul is welcomed by its GUARDIAN ANGEL when it leaves its physical body and the GUARDIAN ANGEL will endeavour, with other HELPERS, to indoctrinate this soul. No sins against the SPIRIT are anticipated during this process. Therefore sleep represents a *neutral field*, respectively, is to be regarded as a *period of learning*. It is a different situation on Earth, because one *continuously* sins against the SPIRIT here, that is to say, GOD'S spiritual WORLD is made fun of. You find the most shameful caricatures of so-called "Ghosts" here on Earth. Is something like that worthy of GOD? Certainly not! But this is the *thanks you give* to the LORD'S WORLD of SPIRITS.

Question : Whilst we're asleep we are accompanied by our GUARDIAN ANGELS and also other ENTITIES that have taken it upon themselves to protect us on our earthly journey. What are the assignments of these ENTITIES whilst their protégé is asleep? Are we, as human beings, subject to different LEGALITIES whilst asleep?

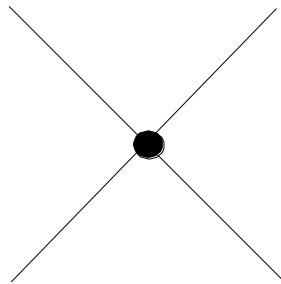
LUKAS : Yes, we are dealing with different LEGALITIES and this in such a way that during the day a complete *integration* of the *external* world within your spirit and within your physical body takes place. The SPIRIT ENTITIES that accompany you do try to appeal to their protégé through their INNER VOICE, their so-called CONSCIENCE - and this quite often to no avail. In the WORLD of the SPIRIT, released from any earthly heaviness, you are defencelessly at the mercy of the spirit POWERS you have opened gate and door to during your day to day work and with your thoughts. You are *tuned into* these OSCILLATIONS and you have *attracted* them, the way you tune to a radio station on your radio.

The SPIRIT ENTITIES that accompany you only gain access to you, to instruct you, in the spiritual world, that is to say, when you are there when you sleep. Once the earthly soul is in the spiritual realm it becomes immediately aware just where its shortcomings are. It wants to go back to *redeem* its mind, its earthly mind received when it was born here on Earth. The mind is a part of what has to be redeemed. Only when the OSCILLATIONS of all the MINDS of all the people have been redeemed after several incarnations, will the Earth be free from negative ENERGIES and dissolve in a sea of LIGHT. *Only then* will this planet of redemption have fulfilled its

purpose. We can only hope that you will preserve your planet and that you don't destroy it through negative inspiration, something you are prone to do.

Question :The human subconscious is a reservoir of experiences from this life and also from past lives. We access this FOUNTAIN of INFORMATION often when we dream. Does this give us a chance to make contact with spirit FRIENDS that can give us INFORMATION so that we can live our life *more consciously* and *more intensively*?

LUKAS :This FOUNTAIN of INFORMATION is *permanently available* to every soul, because the soul actually carries this KNOWLEDGE *within*. But it is unfortunate that you open up this INNER WORLD only when you sleep, because very few people believe in an INNER WORLD, where all the KNOWLEDGE, for instance the construction of the universe you're all involved in, and the many, many lives that make up your existence, is stored. This knowledge is anchored within you and very few people look for it there. In the Far East, on the Tibetan High plateau, there are a few teachers and masters that can gain access to this KNOWLEDGE at any time. They have withdrawn from the mundane world of glitz, because they have realised with all their senses and know what life of every individual person *is all about*. They try to support the Earth with their enormous spiritual POWERS. These people do more for your world than you will ever know! The spiritual alignment of most people goes something like this; I will try to paint you a picture:



The point in the middle represents man, the upper part man's aperture to the external world and the lower part man's aperture to the INNER WORLD. Most people on Earth have *separated* from the lower part and *only live externally*. The experienced masters on the other hand utilise *both parts*. They live in the external and in the INNER WORLD, therefore receiving KNOWLEDGE, POWER and TRUST in GOD for their earthly life in abundance.

Question :Is there a possibility or a method to bring one's dreams back to one's day-conscious in order to gain access to them?

LUKAS :There are certain exercises that will contribute in helping for something like that to take place. But one has to bear in mind that whatever you're *supposed* to bring back into your day-conscious will be transferred from the spirit SIDE to your day-conscious in one way or another anyway. The exercises one has come up with to transfer *everything* reveal the curiosity and the "*I want*" attitude of the human soul and not a "*Father, thy will be done*" attitude. You always want to be men of action and determine everything yourselves and it can therefore happen that you become aware of thing that you should *not yet* have become aware of, because you are still lacking the necessary maturity or understanding for that matter. You certainly do not

have the necessary insight, but you *still* try to blunder about in the divine PLAN, according to the maxim: *I can do this better!* The results are accordingly.

Question : Is curiosity a positive or a negative character trait?

LUKAS : Yes and no. If you wouldn't possess a certain amount of curiosity you wouldn't be sitting at this table here. Apart from that, there wouldn't be any scientific research here on Earth. You will find a positive and a negative side to everything: The one side brings about positive advancement pleasing to the eyes of the LORD and on the other side curiosity creates only negative results. You quite often do not want to admit this.

Question : Why does mankind's behaviour not turn towards the positive, if everybody receives the necessary INFORMATION when they're asleep?

LUKAS : That's quite simple: At the moment you're asleep, your mind, tied to the physical body you only need here on Earth, is *muted*. The soul itself is free and it has immediate contact to its COSMIC CONSCIOUSNESS. Through this the soul gains immediate clarity of just where it went amiss and what didn't go according to its development. The soul is once again instructed and returns to its body fortified. The mind once again gains the upper hand after awakening from sleep, because it controls and often dictates the day's sequence. The soul tries to guide and in the worst cases scenario, ends up psychosomatic as you like to call it. You have to deliberate carefully just what ails you.

It is your assignment *to redeem* your earthly mind, that is to say, to make it clear with the aid of mental logic, *what it is* and *what* the soul's meaning is. These ENERGY FORMS, oscillating in unison, will then return to the spiritual realm *together*. If you are not successful in redeeming this very earthbound mind, this VIBRATION will remain within the morph genetic field of the Earth and influence other people. This process amplifies the negative ENERGY PORTION considerably.

Question : Could one call sleep a kind of "spiritual NOURISHMENT"?

(TB: Yes.)

LUKAS : Yes, definitely. One could call sleep one of the most important NOURISHMENT SUPPLEMENTS on a mental level. But also on the *physical* level, because due to the uncoupling of the earthly mind the physical body can receive ENERGIES that allow it to awaken from sleep revitalised. A very important area are the thoughts that run through the mind. We have always reminded you that should try to maintain mental contact with us on a *daily* basis. Do you recognise why?

Question : What are the reasons that babies need very little sleep these days? In the past, babies were put in their cots and slept nearly 24 hours a day. Babies are alert these days and participate in life.

LUKAS : Babies have a different rhythm and need a lot of sleep *even nowadays*. But "modern" parents - in quotation marks - quite often do not respect the needs of their babies in regards to sleep, if there is a chance that they might miss out on some celebration or other kinds of amusements. Babies are taken into noisy and also disharmonious environments and because, apart from crying, they can't express themselves, they are dis-

advantaged right from the start. Some rethinking is absolutely necessary here, that is to say, a reconsidering of the natural way has to happen because the children might end up with serious problems later on in life - not every child - but quite a number of them anyway. This behavioural pattern fits in very nicely with the present day inconsiderateness and egotism in all areas. One has no idea *why* little babies have a higher need for sleep and that's the tragedy.

Question : What is the meaning of dreams where one flies with one's own body?

LUKAS : They represent wishful thinking on the part of the soul, namely to be finally free from an overwhelming burden. It is not so much the physical body we mean here. It is more a case of certain fears and pressures of work and with children it is caused by what happens at school and other problems also. The soul would like to leave everything behind and escape these problems by flying away quickly. But quite often troubles and fears attack the one flying in a dream and try to hold him back and capture him. This is how a wonderful experience can end up a nightmare.

Question : Is there a reason when dreams suddenly turn into reality?

LUKAS : Well, it could be a case of clairvoyance or intuitiveness. The psychic abilities that arise under severe pressures allow these possibilities to take place. But unfortunately this area has not been sufficiently researched. Psychic stress brings about visions. Many dreams you're not consciously aware of could have become reality without you being conscious of this. But the mental stress would have been of a lesser nature most of the time this happens.

Question : What is your opinion on taking sleeping tablets?

LUKAS : Take little or none at all. If a soul is healthy, its physical body doesn't need any *artificial* dampening. The soul is certainly in a position to turn the light off, to put it in a flippant way. Most of the time we're dealing with external influences preventing sleep, brought about by the fact that you allow it and that you are also not aware that the chemical compounds you imbibe confuse the complicated chemistry of your body. There are adequate ways to deal with this, some of them are very effective home remedies that have a tiring effect on the body so that there is no need to take sleeping tablets. The safest way is to ask why the body, respectively the soul, the controller of the body, won't allow the body to go to sleep, but pills and similar products are swallowed instead.

Question : What do you think of sleep laboratories to alleviate sleeping disorders?

(TB: Only if there is a need for it.)

LUKAS : We are dealing with research facilities that try to find out through scientific means, why sleep is necessary. One would prefer it if people could work all the time. These inquiries are useful in spite of this, because they point scientists in the right direction. Some of the brighter lights amongst them begin to guess that there is more to all that has been handed down through the ages than one is prepared to admit. But nobody wants to take responsibility for this, because it would have global consequences that

would eventually trigger a complete rethinking process. This is something one fears greatly! To answer your question: How can the blind help the blind? You cannot expect any profound help for as long as one denies the existence of the soul. It's a similar situation with your psychiatry: Souls - unfortunate souls - are medicated without anybody realising the *actual* problem. As we said before: You are blind amongst the blind.

Question : One has come to the conclusion that human beings go through different phases of sleep. What triggers these phases?

LUKAS : The soul experiences an up and down whilst in the process of separating from the physical body. This accounts for the sleep phases that occur at intervals. There are places within the spiritual realm the soul wishes it would never have to leave, because these places become visible to the soul and they can immerse themselves there in a state of happiness and relaxation. This explains the deep sleep phases amongst other things. If the soul doesn't reach this phase of contentment or if it even experiences disharmonious places within the spiritual realm, it can express itself in a nightmare from whence the soul awakes with a cold sweat and totally sapped of energy. The measurements taken on the physical body represent only a *secondary effect*. It is not actually the soul, but the *reactions of the soul* to something that surrounds it and that it perceives with its superlative senses.

(TB: Good.)

Question : Are there differences between the dreams of infants and the dreams of adults?

LUKAS : Oh yes, naturally. Infants dream, respectively see the world in a different way. Their secular consciousness, that is to say, the part of the consciousness needed for their earthly existence, is not yet overtaxed as is the case with grownups. Therefore infants sleep very well and do not suffer your kind of sleep disorder problems at all, that is unless they need something and cannot go to sleep because of that. The decisive difference lies in the fact that the souls of infants are healthy and therefore no problems of a psychic nature can arise.

Question : Do the souls of babies stay in the spiritual realm when they sleep?

LUKAS : Yes, naturally, there is no difference between infants and adults in this respect. But the time it takes to get there is considerably longer with adults.

Question : What takes place with patients in a coma in regards to dreams and what kind of information does the soul receive?

LUKAS : If the body is in a coma, the soul has left its physical body and keeps it alive through an energetic CONNECTION only. It feels every change, every bit of pain and any attempts made by the medical staff to save its body. The body is still alive, but a different kind of alive. This cannot be compared to the *healthy* separation between body and soul during sleep. Coma means that an illness is present or an accident has occurred and they do not represent natural, biological processes. We are dealing with traumatic disturbances here and they're certainly not GOD'S doing.

- Question : Does one receive information through one's brainwaves to work something out during sleep?
- LUKAS : Brainwaves represent secondary effects and not the soul itself. One has learned to interpret these waves - *not always* correctly, but one is not far from the truth. These interpretations are generally speaking correct, but the soul remains outside and that's the problem! The motor and its functions are lacking, but *not* the helmsman. The helmsman switches the motor off or undertakes some changes. The helmsman is the soul, because the motor doesn't run by itself!
- Question : What is the situation with people put in an artificially prolonged sleep?
- (TB: Is not good.)
- LUKAS : Similar to a coma. You can apply here whatever was said about the coma.
- Question : Do native tribes have a different sleep pattern than people from European Countries?
- LUKAS : Oh yes, one can certainly say so. Their sleep patterns are decidedly different, because as a rule, native tribes are affected by completely different prerequisites. Sleep is *not a necessary evil* in their eyes, one they would like to see eliminated so that people could be exploited even more. Native tribes *live with the nature* of their environment, their spiritual world and their spirit entities. But the problem is that these native tribes deal with demonic entities most of the time and to a much lesser degree with GOD'S ENVOYS. But I wouldn't like to generalise this either.
- Question : How exactly does nature affect the need for sleep of people and what are the consequences?
- LUKAS : Nature can certainly have an effect, for instance if one sleeps in a bedroom filled with fresh air or if one comes to an arrangement for the night, which usually is made up of eight hours of sleep, through prayers. Those that love nature and their spiritual HELPERS will be protected through walls by them and led to sleep. Success will be apparent next morning. We suggest an experiment to you: As soon as your season allows it, stay overnight in a forest, far away from all chaos - or at least sleep on your balcony. Something astonishing could take place. Just looking at a starlit sky and the quite breathing of nature, intermingled with the natural noises of the forest at night would open up unforeseen emotions for your soul and result in an unbelievable feeling next morning of having had a complete rest. However, prerequisite for this is *true* love towards nature.
- Question : Are there other elements of disorders that could impede sleep?
- LUKAS : Oh yes, of a technical nature. For instance those that have walky-talkies or live wires near their bed, lie within an unnatural field of disturbance. This field can disturb one's mental activities. What happens here is that the interfering energy field disturbs the physical body and it, in turn, will communicate to the soul through its energetic CONNECTION, that it is feeling unwell. This can also take its toll on the soul and it could react psychosomatically.
- Question : Can negative souls also contribute that one's sleep can be disturbed?

LUKAS : Well, that depends on the way the person concerned *thinks*. We have talked about this often enough and it should therefore be quite clear. If one mentally attracts something or forces something to resonate, nightmares can result, which in turn forces the soul to experience disharmony again. This disharmony is forced upon the soul *through your thoughts*. Unfortunately your thought-hygiene is not as pronounced as it should be. This alone would be worth a theme talking about.

Question : Invisible FORCES are at work on one's body and one's soul whilst we're asleep and they affect delicate changes, which can control, guide and even heal one's whole personality. Our consciousness cannot immediately grasp these processes, it can only perceive what has become visible and perceptible as a transformation next day. What are these POWERS that affect this? How must one imagine this process?

LUKAS : This can be brought about by VIBRATIONS that involve themselves on your level or by ENTITIES that accompany you, some of them are HEALING ANGELS, some of them are ENTITIES you know from past lives, it can be a case of the most minute, microscopic changes within your biological household, which carry out healing processes in little dosages for instant. *All of this takes place with the approval of your soul*. Your mind and consciousness are not present within these AREAS of VIBRATIONS. These are ethereal ELEMENTS that enter via the various levels of your ethereal body, to operate there in co-operation with your soul and your divine SPARK. These processes serve the purpose of conducting new ENERGIES and LIFE ENERGIES, in order for your body to receive the necessary elements. This also ties in with the ageing process, which allows your physical body to ebb away. People have various forms of appearances. Have a look at them and you'll recognise that a person's appearance can undergo a lot of change due to problems and worries. This then is the area where sleep cannot be active in regenerating cells, micro-organisms and cell-nuclei. *A disjoining of the soul* takes place and it can't exercise its influence over the proceedings. These connections are stored in individual LEVELS of VIBRATION, something you cannot feel.

Question : Are these the same FORCES that crop up during meditation when one feels as a tingling sensation on one's head?

EUPHENIUS : One cannot compare this, because they *represent perceptible elements that give you a reminder that ENTITIES are present and that they accompany you*. These highly ethereal FRAGMENTS are *imperceptible* to you. The tingling sensation is only a sign that you are watched over and protected so that you can let yourself go and open up for the ENERGIES that are imminent.

Question : How does one perceive negative ENTITIES?

EUPHENIUS : This varies, physical reactions like headaches, nausea or coughing fits can occur after meditation, for instance.

Question : Why am I tired after a meeting?

EUPHENIUS : This is a sign that you have functioned as a very good ENERGY PROVIDER here. But be assured that you will receive these ENERGIES back during the course of the



evening and during the night. Some of you are so charged up with ENERGY that you find it hard to go to sleep.

Question : Our inspiration medium experiences the exact opposite. She isn't tired, but agitated and excitable. Why is this so?

EUPHENIUS: It has to do with the fact that she has to channel a lot of ENERGY from other LEVELS during the meeting. She is a medium that opens up very well; it is even possible for other ENTITIES to give their messages through her without any problems. Her excitability is due to the FLOW of ENERGY and the subsequent crash of these ENERGIES at the end of meeting (the up and down of these ENERGY STREAMS). This is the reason why she finds it hard to settle down after a meeting. Her soul is in turmoil and charged with the pleasant ENERGIES she transmitted. Her soul is in solid contact with the POWER RESERVES of the spiritual realm. This doesn't mean that her soul leaves the body, but that the CONNECTION, the LINK, resembles a broad pipeline to the spiritual realm and this brings with it this hyper-excitability and hyper-sensitivity.

Question : I am quite often tired myself the next day. How can one explain this?

EUPHENIUS: This has to do with the fact that you *don't close yourself sufficiently*. Pay attention after the meeting and make very sure that you secure your ENERGY CENTRES, so that the elemental ENERGIES present are safeguarded. If you continue to discharge ENERGIES, it will become difficult to supply you with new ENERGIES.

Question : Every now and then one hears about people that sleepwalk. What is actually the purpose of sleepwalking?

EUPHENIUS: Sleepwalking is a *mental excitation*, brought about by the fact that the soul hasn't come to rest and the physical body would like to undertake a completely different function. Body and soul are not in harmony here and are subject to different LEGALITIES, for instance STREAMS of ENERGY that could be evoked by a full moon or by inner situations of crisis and this can effect something like that.

Question : One of our past protocols states that sleepwalking people are guided by spirit entities. Can you explain this in more detail?

EUPHENIUS: People are guided in this case, because souls such as these are subjected to some special PROTECTION. You have probably never heard that a sleepwalker hurt himself or exposed himself to a dangerous situation resulting in injuries, death or an acute inner crisis. Sleepwalkers enjoy special PROTECTION, it is there to guard the soul, because body and soul have not been brought closely together.

Question : In an especially terrible case a sleepwalking father killed his child. He was subsequently not condemned, because it could be verified that he actually did sleepwalk and therefore couldn't help it. How can something like that happen?

EUPHENIUS: This takes place when souls partake of certain stimulants. These souls are not souls one could classify under the term of "something that binds soul and body". We are dealing with souls here that are *remote-controlled* to some degree and this can lead to these malfunctions. These are individual cases and cannot be looked upon as typical.

These souls were damaged by external forces, which brought complete confusion to soul, body and spirit. *Genuine* sleepwalkers are protected and will never expose themselves to dangers.

Question : Can a situation arise where somnambulists (sleepwalkers) do not enjoy divine protection and end up a plaything of spirit ENTITIES?

EUPHENIUS: I have mentioned before that soul and body live in competition with one another and that the body's perceptions are different from the soul's. The soul is watched over and protected by ENTITIES that accompany the soul here on Earth. But remember that there are souls that have pledged themselves to the NEGATIVE and therefore have completely different access to other LEVELS and to other VIBRATIONS. Pure and divine souls, be they children or juveniles that sleepwalk under certain circumstance, are divine souls and they are watched over and protected. - Souls that do *not* align their inner mental CORE with DIVINITY, but with the DARK SIDE, are subject to a *different* LEGALITY.

Question : Why would a GUARDIAN ANGEL allow sleepwalking to take place?

EUPHENIUS: Because it is an expression of the soul, allowing itself to move and to give the body the opportunity of freedom. It represents a balancing act for the body and the soul, acting in consultation with one another, allowing these two elements to become a team. The soul has not quite adjusted to the body and the body has taken the liberty of transporting the soul to somewhere else. But this isn't possible if body and soul have synchronized with each other. The souls don't enter the spiritual realm during these sleep phases, but remain attached to the body and try to protect it.

Question : A report from a sleep-laboratory shows a young woman not only sleepwalking but also talking. The sentences uttered during sleep are of a vulgar nature and in complete contrast to the character of this woman. How can something like that be explained?

EUPHENIUS: All the human souls inhabiting this Earth possess a part of the DARK SIDE. You too my dear friend possess dark elements, as does every soul here at this table. You also possess an inner LEVEL that would frighten you, if you could see it. But you also have good within you and the free will to opt for it or not. In this person's case, the DOORS had opened and the SECURITY BLANKET that is usually placed over consciousness and mind was missing. The elements that surfaced could move about freely and this resulted in these utterances. This has nothing to do with any kind of possession by a negative POWER of this person.

Question : Can it happen that negative spirit entities take great pleasure in talking through a sleeping person?

EUPHENIUS: This isn't possible unless somebody enters an arrangement like that and *allows* this to take place through his CHANNELS. The PROTECTION by the ENTITIES around every soul and your free will are the best assets you have. A soul certainly has the chance to fend for itself when these encroachments take place. These are the nightmares you wake up from all horrified and completely confused, not knowing what actually took place.

Question : Other people observed at the sleep laboratory experienced nightmares, they tossed and turned, covered in sweat and woke up absolutely terrified and feeling oppressed. Are we dealing with coming to terms with the past here?

EUPHENIUS: It can certainly be a case where LEVELS were opened up during the deep-sleep phase, which brought some unfinished business to the surface. Some of this is dealt with whilst one is asleep or at least brought back into one's consciousness. But what can also happen is that due to this deep-sleep phase the soul experienced some unrest and this expressed itself in these physical reactions. What happens quite often is that the deep-sleep phases offers the subconscious the opportunity for information and this can bring with it these types of reactions.

Question : What are the actual reasons behind sleepwalking?

EUPHENIUS: The reasons are those I mentioned before, namely that body and soul are not harmonising with one another. There can be ELEMENTS present, which are caused by an inner crisis, by a mental crisis or by super-powerful RADIATIONS, caused by the phases of the moon for instance.

Question : Sleepwalking is a relative rare occurrence. Can sleepwalking affect anyone?

EUPHENIUS: It can happen to anyone. It is the attitude of the soul in regards to just how involved it is prepared to get to feel embedded within the body. A certain LEVEL is necessary to launch such movements. Many souls are not capable of having such a strong influence on the body.

Question : Can somnambulism occur after one has mentally enveloped oneself with spiritual LIGHT?

EUPHENIUS: Somnambulists can protect themselves against it. Those that are not comfortable with it or whose sleepwalking frightens their own soul can, through prayers and PROTECTIVE MEASURES and PROTECTIVE ANCHORING, ask that their physical body may find peace and that soul and body may OSCILLATE in UNISON. But it happens quite often that REMOTE CONTROL AGENTS, like energetic FIELDS, can penetrate this, because the LEVELS of VIBRATIONS are too high and one's own applied ENERGY FIELD is too weak.

Question : Can somnambulism be consequently avoided through prayers?

EUPHENIUS: One can certainly control ENERGIES through prayers in order for the soul to envelop itself in peace. Prayer is one element that affects all ethereal levels of the body, the soul and one's inner LIGHT. Prayers represent the connection to yourself and to the SPIRIT ENTITIES around you, giving you the opportunity to make contact with them. Therefore prayers represent a PROTECTIVE ELEMENT that is important and necessary.

Question : Is somnambulism hereditary?

EUPHENIUS: There are certainly hereditary connections in regards to somnambulism, especially when souls react to external stimuli due to their sensibility and sensitivity. This is

quite often transferred from mother to child and can therefore be regarded as hereditary.

Question : Can somnambulism also be due to karma?

EUPHENIUS: Karmic, in as far as there are ELEMENTS from past lives within the physical body that now in turn emanate these VIBRATIONS. These are unresolved karmic circumstances and they are strongly connected with a passionate identification with past lives. It cannot be explained in earthly terms, it is subject to PROCESSES that are controlled by the KARMIC COUNCIL. There is no opportunity to resist this, one is subject to these ELEMENTS.

Question : What are the circumstances in regards to my little daughter who has sleepwalked in the past?

EUPHENIUS: She sleepwalked for a while due to inner processes. This was based on her inner unrest and on the many trips to the spiritual realm her soul undertook and also on her sensitivity and ethereality creating a field of disturbance so that this soul found it hard to embed here. She is an entity that took a long time to engage herself with the EARTH'S VIBRATIONS and to accept the physical body for what it is. This is the reason why her sleep pattern was so fidgety, because she found it difficult to come to terms with her earthly existence. Now that she's older she is more comfortable with her physical condition, allowing her soul and body to find their way.

Question : Television reported a terrible case of somnambulism. A man sleepwalked and went on long journeys during the night. During the day he had a feeling of not being with his family anymore. Then one night he actually didn't return. The day after, his daughter found a doll in her doll's house she had never seen before and that wasn't there the day before. The doll was the exact image of the father that disappeared. This man was never seen again. How is something like that possible?

EUPHENIUS: Please put this question on the backburner for now, we will make some competent inquiries in regards to it. Ask this question again during the next meeting.

(The answer was given a week later.)

EUPHENIUS: The fact is that this man was, due to VIBRATIONS that became active within him at night, drawn beyond his sleepwalking. These VIBRATIONS were evoked on behalf of other SPHERES. This man succumbed to these powerful LEVELS of ATTRACTION, so that he was able to control his will in this regards to a limited extend only. He foresaw within his consciousness that he soon had to leave his earthly family. What actually happened was that this man had an accident and his physical body was never found. There were no extraterrestrial life forms involved here, but inner IMPULSES were at work driving him on during his sleepwalking. This has nothing to do with being highly moonstruck or with other LEVELS encouraging him to activate his body at night. This is a particular form of somnambulism, one that crops up very seldom and cannot presently be explained clinically by you. But we have to dismiss the fact that a doll of the father's likeness existed. This doesn't comply with the truth.

Question : Why could the body of this man not be found?

EUPHENIUS: The body couldn't be found because the physical body disintegrated and dissolved over a period of time. This event didn't take place in a city environment but out in the country.

Participant : We thank you for your explanations.

Medium : I have a closing question for LUKAS: In the mean time we have received immense spiritual PROTECTION for our circle. Is there an opportunity for me to practice automatic writing *outside* of our allocated times for our meetings?

EUPHENIUS: I will answer this question because it concerns the COMMANDMENTS that maintain this circle. An enormous NUMBER of SOULS have appeared on your behalf today. You are enveloped by a WREATH of LIGHT so that you were able to perform this work with a minimum of members being present. Here you enjoy safe PROTECTION so that negative VIBRATIONS and negative ATTACKS cannot be brought into play. The work you do here in a divine sense will not be impaired by negative, spiritual ENTITIES. This PROTECTION is vital to give you the security so that you can fulfil your divine ASSIGNMENT.

You *wouldn't* be able to furnish this work, if this PROTECTION and this energetic BACKDROP *wasn't available*. You have PROTECTION that looks after you and guides your meditation, even on a smaller scale, when you meditate on your own. Contact with us, your spiritual GUIDES is only possible through *high LEVELS of FREQUENCY VIBRATIONS*. I'm sure that there are mediums that are able, due to their ETHEREALITY and their spiritual enhancement, to perform this assignment with the direct influence of a higher SPIRIT ENTITY.

- *We would like to ask you to do your psychic work only within this circle, this is for your own protection so that you will not become ill and burdened by negative FREQUENCIES and VIBRATIONS.*

Remember this and be assured that you have fulfilled your assignment within this circle very well. You have verified this tonight. - We thank all of you for assembling here and hope that we can continue the next meetings with the same qualitative VIBRATIONS, the way we have ended before this long interval. - *Be patient!* This too is a divine LAW you will encounter every now and then.

For the next week we wish you a lot of insight into your own lives and remember that you are here to act in a divine ASSIGNMENT. We would like to end this session now and we thank all those that accompany this circle, all those that envelop it in LIGHT and support it by carrying the products of these meetings out into the world. There are a lot of people mentally connected with your meetings and who send it ENERGY and LIGHT. We would like to give thanks to all of these souls, because they take the time to mentally connect with all the souls here. It is a great number of souls that latch on to you in regards to your VIBRATIONS in order to give you their protection.

You are also connected with souls that not only accompany you during your meetings, but also helpfully stand by you during the week. *Make use of this!* Mentally connect with them in order for you to advance your own psychic work, so that you recognise that you are connected to ENTITIES you can't actually see with your physical eyes, but sense through your feelings and certainly perceive one way or another. All of you

have the opportunity to clarify all of your questions through inspirational INFORMATION, especially your *personal* questions and this through an *inner* DIALOGUE.

We hope that all of you will develop further and that you may be successful in divulging this great TREASURE you all carry within, to the outside. May GOD - the CREATOR, all of HIS ANGELS and ENTITIES protect this Earth and accompany you through the next week. We bring this meeting to a close in the NAME of GOD.

EUPHENIUS and the TEAM

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